



## Approved list of Personal apparel and equipment for use at IPF sanctioned competitions

**Valid from: 1<sup>st</sup> January 2023 until 31<sup>st</sup> December 2026**

**Update: 05.11.2024**

Approved Personal supportive equipment:

Only costumes, support shirts, wraps, belts, knee sleeves and singlets from commercial manufacturers officially registered and approved by the IPF Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to Worlds.

All equipment marked with an Asterix (\*) is provisionally approved. This equipment is under production and not on the market yet. After a final inspection/approval by the IPF, the Asterix will be removed and the manufacturer is allowed to launch it officially on the market.

### SBD

SBD Singlets IPF ID: 231; 232; 233 Equipped & Classic	SBD Wrist Wraps IPF ID: 238; 239; 245;246 Equipped & Classic	SBD Weightlifting Knee Sleeves IPF ID: 244 Equipped & Classic
SBD Powerlifting Singlets IPF ID: 234; 235 Equipped & Classic	SBD Knee Wraps IPF ID: 240; 241 Equipped	SBD Powerlifting Knee Sleeves IPF ID: 247 Equipped & Classic
SBD Belts IPF ID: 236; 237 Equipped & Classic	SBD Knee Sleeves IPF ID: 242; 243, 248 Equipped & Classic	SBD Long Sleeve Singlet IPF IPF ID: 233/1 Equipped & Classic

### ELEIKO

ELEIKO Singlet IPF ID: 115 Equipped & Classic	ELEIKO Knee Sleeves 7mm IPF ID: 216 Equipped & Classic	ELEIKO PL Wrist Wraps Stiff Strong Blue 50cm, 70cm IPF ID: 220 Equipped & Classic
ELEIKO PL Singlet IPF ID: 328 Equipped & Classic	ELEIKO WL Knee Sleeves 7mm IPF ID: 217 Equipped & Classic	ELEIKO WL Wrist Wraps Soft Strong Blue 50cm IPF ID: 329 Equipped & Classic
ELEIKO PL Knee Wraps Strong Blue 200cm IPF ID: 213 Equipped	ELEIKO WL Knee Sleeves 5mm IPF ID: 218 Equipped & Classic	
ELEIKO Quick Release Belt 13mm IPF ID: 214 Equipped & Classic	ELEIKO PL Wrist Wraps Strong Blue 50cm, 70cm IPF ID: 219 Equipped & Classic	

### Rogue

Rogue 7MM Knee Sleeve IPF ID: 184 Equipped & Classic	Rogue 13mm Lever Belt IPF ID: 181 Equipped & Classic
Rogue 13mm Power lifting Belt IPF ID:182 Equipped & Classic	Ohio 3" Lifting Belt IPF ID: 183 Equipped & Classic



## A7

A7 CONE Knee Sleeves – Regular IPF ID: 195 Equipped & Classic	A7 55 Medium Wrist Wraps – 55mm IPF ID: 200 Equipped & Classic	A7 Lever Belt – 10/13mm IPF ID: 197 Equipped & Classic
A7 CONE Knee Sleeves – Stiff IPF ID: 196 Equipped & Classic	A7 77 Medium Wrist Wraps – 77mm IPF ID: 200 Equipped & Classic	A7 Pioneer Cut Prong Belt – 10/13mm IPF ID: 198 Equipped & Classic
A7 Singlet – (various colors) IPF ID: 202 Equipped & Classic	A7 99 Medium Wrist Wraps – 99mm IPF ID: 200 Equipped & Classic	A7 Zebra Wrist Wraps Flexi (various colors) IPF ID: 52,53,54 Equipped & Classic
A7 55 Flex Wrist Wraps – 55cm IPF ID: 199 Equipped & Classic	A7 55 Stiff Wrist Wraps – 55mm IPF ID: 201 Equipped & Classic	A7 Zebra Wrist Wraps Mids (various colors) IPF ID: 43,44,45 Equipped & Classic
A7 77 Flex Wrist Wraps – 77mm IPF ID: 199 Equipped & Classic	A7 77 Stiff Wrist Wraps – 77mm IPF ID: 201 Equipped & Classic	A7 Zebra Wrist Wraps Stiff (various colors) IPF ID: 46,47,48 Equipped & Classic
A7 99 Flex Wrist Wraps – 99cm IPF ID: 199 Equipped & Classic	A7 99 Stiff Wrist Wraps – 99mm IPF ID: 201 Equipped & Classic	A7 Zebra Wrist Wraps Rigor Mortis (various colors) IPF ID: 49,50,51 Equipped & Classic
A7 Luno Singlets (various colors) IPF ID: 185 Equipped & Classic	A7 10/13mm PAL Lever 4-inch Belt (various colors) IPF ID: 55 Equipped & Classic	A7 Hourglass Knee Sleeves Flexi (various colors) IPF ID: 101 Equipped & Classic
A7 Hourglass Knee Sleeves Stiff (various colors) IPF ID: 102 Equipped & Classic	* A7 Single Prong Belt 10/13mm 4-inch (various colors) IPF ID: 191 Equipped & Classic	* A7 ADMM Lever Belt 10/13mm 4-inch (various colors) IPF ID: 192 Equipped & Classic
A7 Spiritus Singlets (various colors) IPF ID: 193 Equipped & Classic	A7 Invictus Singlets (various colors) IPF ID: 193/1 Equipped & Classic	A7 Invictus Long Leg Singlets (various colors) IPF ID: 337 Equipped & Classic
A7 Spiritus Long Leg Singlets (various colors) IPF ID: 338 Equipped & Classic		

## Gymreapers

Gymreapers Singlet IPF ID: 1 Equipped & Classic	Gymreapers Wrist Wraps IPF ID: 3 Equipped & Classic	Gymreapers Soft Lever Belt 10mm and 13mm IPF ID: 5 Equipped & Classic
Gymreapers Knee Sleeves IPF ID: 2 Equipped & Classic	Gymreapers Hard Lever Belt 10mm and 13mm IPF ID: 4 Equipped & Classic	Gymreapers Single Prong Belt 10mm and 13mm IPF ID: 6 Equipped & Classic

## Lift.Net (Stoic)

Stoic Wrist Wraps IPF ID: 208 Equipped & Classic	Stoic Knee Sleeves IPF ID: 210 Equipped & Classic	Stoic Lever Belt IPF ID: 212 Equipped & Classic
Stoic Singlet IPF ID: 209 Equipped & Classic	Stoic Single Prong Belt IPF ID: 211 Equipped & Classic	

## Fortex

Fortex Adjustable Lever Belts 10/13mm Various colours IPF ID: 203 Equipped & Classic	Fortex Knee Sleeve Regular Various colours IPF ID: 204 Equipped & Classic	Fortex Wrist Wraps IPF ID: 206 Equipped & Classic
-----------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------	---------------------------------------------------------



## Iron Tanks

Iron Tanks Singlets IPF ID: 122 Equipped & Classic	Iron Tanks Lever Belts 10mm & 13mm IPF ID: 124 & 125 Equipped & Classic
Iron Tanks Knee Sleeves IPF ID: 120 Equipped & Classic	Iron Tanks Quick Release Belt 10mm & 13mm IPF ID: 327 Equipped & Classic
Iron Tanks Ironclad Wrist Wraps IPF ID: 121 Equipped & Classic	Iron Tanks Single Prong Belts 10mm & 13mm IPF ID: 123 & 126 Equipped & Classic
Iron Tanks Bolster Wrist Wraps IPF ID: 326 Equipped & Classic	

## Lifting Large

Singlets "Basics" IPF ID: 168 Equipped & Classic	Lever Belts "Economy" IPF ID: 167 Equipped & Classic
Singlets "Economy" IPF ID: 169 Equipped & Classic	Lever Belts "Competition" IPF ID: 163 Equipped & Classic
Double Prong Belts "Economy" IPF ID: 162 Equipped & Classic	Single Prong Belts "Economy" IPF ID: 166 Equipped & Classic
Double Prong Belts "Competition" IPF ID: 165 Equipped & Classic	Single Prong Belts "Competition" IPF ID: 164 Equipped & Classic
Singlets "Competition" IPF ID: 169/1 Equipped & Classic	

## Titan Support Systems

Titan Singlets – various color combinations allowed IPF ID: 128, 129, 131 Equipped & Classic	Signature Gold Wrist Wraps IPF ID: 144 Equipped & Classic	Titan Spartan Suit IPF ID: 136 Equipped
Titan Super Centurion Suit IPF ID: 133 Equipped	Wrist Wraps T.H.P. (with lettering or yellow stripes) IPF ID: 143 Equipped & Classic	Titan Fury Bench Shirt IPF ID: 141 Equipped
Titan Knee Sleeves Yellow Jacket IPF ID: 130 Equipped & Classic	Knee Wraps T.H.P. (with lettering or yellow stripes) IPF ID: 148 Equipped	Titan F6 Tornado Bench Shirt IPF ID: 126 Equipped
Titan Velocity Deadlift Suit IPF ID: 134 Equipped	Knee Wraps RPM (black with green, pink or orange stripes) IPF ID: 147 Equipped	Titan Katana + Super Katana Bench Shirt IPF ID: 139 Equipped
Titan Lever Belts IPF ID: 152, 154, 155, 156, 158, 159 Equipped & Classic	Titanium Knee Wraps IPF ID: 149 Equipped	Titan Super Katana low cut Bench Shirt IPF ID: 140 Equipped
Titan Quick Release Belts IPF ID: 161 Equipped & Classic	Red Devil Knee Wraps IPF ID: 185 Equipped	Titan Super Katana low cut Collar Shirt IPF ID: 138 Equipped
Titan Belts with Single or Double Prong IPF ID: 151, 153, 157, 160 Equipped & Classic	Signature Gold Knee Wraps IPF ID: 150 Equipped	Vortex Shirt IPF ID: 186 Equipped
Wrist Wraps MAX RPM (black with green, pink or orange stripes) IPF ID: 142 Equipped & Classic	Titan Superior Suit IPF ID: 132 Equipped	Titan Long Leg Singlet IPF ID: 334 Equipped & Classic
Titanium Wrist Wraps IPF ID: 146 Equipped & Classic	Titan Centurion Suit IPF ID: 135 Equipped	Titan Long Leg Disabled Singlet IPF ID: 335 Equipped & Classic
Red Devil Wrist Wraps IPF ID: 145 Equipped & Classic		



## Inzer

INZER Singlets – (various colors) IPF ID: 267 Equipped & Classic	Sleeveless Erector Shirt IPF ID: 284 Equipped	Iron Knee Wraps A IPF ID: 300 Equipped
IAD Singlet IPF ID: 268 Equipped & Classic	Heavy Duty Erector Shirt IPF ID: 285 Equipped	True Black Wrist Wraps IPF ID: 301 Equipped & Classic
INZER Knee Sleeves IPF ID: 269 Equipped & Classic	Sleeveless Heavy Duty Erector Shirt IPF ID: 286 Equipped	True Black Knee Wraps IPF ID: 302 Equipped
Iron Wrist Wraps A IPF ID: 299 Equipped & Classic	Heavy Duty Blast Shirt IPF ID: 287 Equipped	W30 Knee Wraps (Rock) IPF ID: 303 Equipped
INZER Belt with prongs IPF ID: 271 Equipped & Classic	High Performance Heavy Duty Blast Shirt (HPHD) IPF ID: 288 Equipped	W40 Knee Wraps (Atomic) IPF ID: 177 Equipped
INZER Lever Belts IPF ID: 272 Equipped & Classic	Extra High Performance Heavy Duty Blast Shirt (EHPHD) IPF ID: 289 Equipped	W50 Knee Wraps (Gripper) IPF ID: 304 Equipped
PR Belt (Power Ratchet) IPF ID: 273 Equipped & Classic	Blast Shirt IPF ID: 290 Equipped	W60 Knee Wraps IPF ID: 305 Equipped
IAD Always Belt IPF ID: 274 Equipped & Classic	WR Bench Shirt IPF ID: 291 Equipped	W70 Knee Wraps (Black Beauty) IPF ID: 306 Equipped
Champion Suit IPF ID: 275 Equipped	The Rage Bench Shirt IPF ID: 292 Equipped	W80 Knee Wraps IPF ID: 307 Equipped
Hard Core Suit IPF ID: 276 Equipped	Rage-X Bench Shirt IPF ID: 293 Equipped	W30 Wrist Wraps (Rock) IPF ID: 308 Equipped & Classic
TRX Squat Suit IPF ID: 277 Equipped	XB Bench Shirt IPF ID: 294 Equipped	W40 Wrist Wraps (Atomic) IPF ID: 309 Equipped & Classic
Megathrust Squat Suit IPF ID: 278 Equipped	Phenom Bench Shirt IPF ID: 295 Equipped	W50 Wrist Wraps (Gripper) IPF ID: 310 Equipped & Classic
MAX DL Deadlift Suit IPF ID: 279 Equipped	Bolt Bench Shirt IPF ID: 178 Equipped	W60 Wrist Wraps IPF ID: 311 Equipped & Classic
FusionDL Deadlift Suit IPF ID: 280 Equipped	CB Bench Shirt IPF ID: 296 Equipped	W70 Wrist Wraps (Black Beauty) IPF ID: 312 Equipped & Classic
XDL Deadlift Suit IPF ID: 281 Equipped	Iron Wrist Wraps Z IPF ID: 297 Equipped & Classic	W80 Wrist Wraps IPF ID: 313 Equipped & Classic
Z-Suit IPF ID: 282 Equipped	Iron Knee Wraps Z IPF ID: 298 Equipped	Prong Belt with multiple prong holes IPF ID: 179 Equipped & Classic
Erector Shirt IPF ID: 283 Equipped		

## Iron Bull Strength

Unleash Wrist Wraps - 24" (5+ color variations) IPF ID: 38 Equipped & Classic	Pink Wrist Wraps - 24" IPF ID: 34 Equipped & Classic	Pro Wrist Wraps - 20" IPF ID: 37 Equipped & Classic
----------------------------------------------------------------------------------	------------------------------------------------------------	-----------------------------------------------------------



Pro Wrist Wraps - 28" IPF ID: 36 Equipped & Classic	Pro Wrist Wraps - 36" IPF ID: 35 Equipped & Classic	Premium Wrist Wraps - 20" IPF ID: 111 Equipped & Classic
Premium Wrist Wraps - 28" IPF ID: 111 Equipped & Classic	Premium Wrist Wraps - 36" IPF ID: 111 Equipped & Classic	Unleash Knee Wraps 2m IPF ID: 31 Equipped
Pink Knee Wraps 2m IPF ID: 32 Equipped	Pro Knee Wraps 2m IPF ID: 33 Equipped	Premium Knee Wraps 2m IPF ID: 30 Equipped
7mm Knee Sleeves (8+ Color Variations) IPF ID: 109 Equipped & Classic	7mm Pro Knee Sleeves IPF ID: 110 Equipped & Classic	7mm Premium Knee Sleeves IPF ID: 29 Equipped & Classic
Unleash - 7mm- Tapered - Double Prong Leather Belt (5+ color variations) IPF ID: 14 Equipped & Classic	10mm - 4" - Double Prong Belt (8+ color variations) IPF ID: 24 Equipped & Classic	10mm - 4" - Lever Belt (8+ color variations) IPF ID: 26 Equipped & Classic
PRO - 10mm - 3" - Lever Belt IPF ID: 23 Equipped & Classic	PRO - 10mm - 4" - Double Prong Belt IPF ID: 25 Equipped & Classic	PRO - 10mm - 4" - Lever Belt IPF ID: 27 Equipped & Classic
PRO - 13mm - 4" - Lever Belt IPF ID: 28 Equipped & Classic	PREMIUM - 10mm - 3" - Double Prong Belt IPF ID: 15 Equipped & Classic	PREMIUM - 10mm - 3" - Lever Belt IPF ID: 17 Equipped & Classic
PREMIUM - 10mm - 4" - Hook Belt IPF ID: 18 Equipped & Classic	PREMIUM - 10mm - 4" - Single Prong IPF ID: 19 Equipped & Classic	PREMIUM - 10mm - 4" - Lever Belt IPF ID: 16 Equipped & Classic
PREMIUM - 10mm - Tapered - Single Prong Belt IPF ID: 21 Equipped & Classic	PREMIUM - 13mm - 4" - Single Prong Belt IPF ID: 22 Equipped & Classic	PREMIUM - 13mm - 4" - Lever Belt IPF ID: 20 Equipped & Classic
Pink - 7mm - 3" - Double Prong Belt IPF ID: 12 Equipped & Classic	Pink - 10mm - 3" - Lever Belt IPF ID: 13 Equipped & Classic	Pink - 10mm - 4" - Single Prong IPF ID: 11 Equipped & Classic
Pink - 10mm - 4" - Lever Belt IPF ID: 10 Equipped & Classic	Pink - 10mm - Tapered - Single Prong Belt IPF ID: 112 Equipped & Classic	

### ONI Ltd. (former Bukiya)

Oni Singlet IPF ID: 314 Equipped & Classic	GLFIT Wrist Wraps IPF ID: 320 Equipped & Classic
Oni Knee Sleeves IPF ID: 315 Equipped & Classic	Oni Bench Press Shirt IPF ID: 321 Equipped
Oni Knee Sleeves XX IPF ID: 316 Equipped & Classic	Oni Lever Belt Action IPF ID: 322 Equipped & Classic
Oni Wrist Wraps IPF ID: 317 Equipped & Classic	Oni Quick Release Belt IPF ID: 323 Equipped & Classic
Oni Wrist Wraps XX IPF ID: 318 Equipped & Classic	Oni Single Prong Belt IPF ID: 324 Equipped & Classic
Oni Long Leg Singlet: IPF ID: 336 Equipped & Classic	Oni Lever Action Belt NX IPF ID: 114 Equipped & Classic
*Oni Lever Action Belt Pro IPF ID: 319 Equipped & Classic	

### Strength Shop

Strength Shop Black Singlet Unisex + Inferno Unisex IPF ID: 68 Equipped & Classic	Strength Shop Single/Double Prong Belts 13mm IPF ID: 226 Equipped & Classic
Strength Shop Women's Singlet Black IPF ID: 67 Equipped & Classic	Strength Shop Lever Belts 10mm (various colors) IPF ID: 222 Equipped & Classic



Strength Shop 7mm Inferno Knee Sleeves (various colors) IPF ID: 221 Equipped & Classic	Strength Shop Riot Lever Belt 13mm IPF ID: 223 Equipped & Classic
Strength Shop Thor Heavy Wrist Wraps 30/60/90cj (various colors) IPF ID: 228 Equipped & Classic	Strength Shop Lever Belts 13mm (various colors) IPF ID: 223-1 Equipped & Classic
Strength Shop Zeus Medium Wrist Wraps 30/60/90cm (various colors) IPF ID: 227 Equipped & Classic	Strength Shop Inferno Lever Belt 13mm IPF ID: 224 Equipped & Classic
Strength Shop Odin Wrist Wraps Grey/Black IPF ID: 230 Equipped & Classic	Strength Shop Single/Double Prong Buckle Belts 10mm IPF ID: 225 Equipped & Classic
Strength Shop Riot Extra Thick Wrist Wraps Black/White IPF ID: 229 Equipped & Classic	

### Super Training Products/Sling Shot

Classic Singlet IPF ID: 249 Equipped & Classic	Sling Shot Wrist Wraps IPF ID: 255 Equipped & Classic	World Record Knee Wraps IPF ID: 262 Equipped
Signature Singlet IPF ID: 250 Equipped & Classic	Gangsta Wrist Wraps IPF ID: 256 Equipped & Classic	Strong Knee Wraps IPF ID: 263 Equipped
Sling Shot Knee Sleeves IPF ID: 251 Equipped & Classic	Strong Wrist Wraps IPF ID: 257 Equipped & Classic	Gangsta Knee Wraps IPF ID: 264 Equipped
Strong Knee Sleeves IPF ID: 252 Equipped & Classic	Stretchy Wrist Wraps IPF ID: 258 Equipped & Classic	Strong Belt IPF ID: 265 Equipped & Classic
Sport Knee Sleeves IPF ID: 253 Equipped & Classic	Power Wrist Wraps IPF ID: 259 Equipped & Classic	Lever Belt IPF ID: 266 Equipped & Classic
Extreme "X" Knee Sleeves IPF ID: 254 Equipped & Classic	Gansta Flex Wrist Wraps IPF ID: 260 Equipped & Classic	Strong Lever Belt IPF ID: 180 Equipped & Classic
	Sling Shot Knee Wraps IPF ID: 261 Equipped	

### Wahlanders

Quick Release Belts (various colors) IPF ID: 119 Equipped & Classic
---------------------------------------------------------------------------

### Gymshark

Gymshark Singlet IPF ID: 9 Equipped & Classic
--------------------------------------------------

### Powerlifting Motivation

PM Singlet IPF ID: 333 Equipped & Classic
----------------------------------------------



## Approved bars, plates and racks

Only bars and plates, squat racks, bench racks and benches from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in World, Regional and Continental Championships. The setting of World and Regional Records must be made with Bars and Discs featured on this list.

<a href="#"><u>ELEIKO</u></a>	<b>Bench/Squat Racks IPF ID: HW 1</b> <b>PL Bars and Discs IPF ID: HW 2</b> <b>Lifting Platform IPF ID: HW 3</b>
<a href="#"><u>MANIAK FITNESS</u></a>	<b>PL Bars and Discs IPF ID: HW 4</b> <b>Bench/Squat Racks IPF ID: HW 20</b> <b>Lifting Platform IPF ID: HW 21</b>
<a href="#"><u>STRENGTH SHOP</u></a>	<b>PL Bars and Discs IPF ID: HW 5</b> (Bastard Bar Black, Bastard Bar Stainless)
<a href="#"><u>ATX</u></a>	<b>*ATX Combo Rack IPF ID: HW 8</b> <b>*PL Bars and Discs IPF ID: HW 9</b> ATX Ram Bar II; ATX Warrior Bar; ATX Powerlifting Bar, ATX Competition Collars-Star; ATX Competition Collars; ATX Chromed Calibrated Steel Discs; ATX Calibrated Discs
<a href="#"><u>ROGUE</u></a>	<b>Bench/Squat Racks IPF ID: HW 11</b> <b>PL Bars IPF ID: HW 12</b> <b>Discs IPF ID: HW 13</b> <b>Lifting Platform IPF ID: HW 14</b>
<a href="#"><u>ONI</u></a>	<b>Bench/Squat Racks IPF ID: HW 15</b> <b>PL Bars and Discs IPF ID: HW 16</b>
<a href="#"><u>ZAOBA BULL</u></a>	<b>PL Bench/Squat Racks IPF ID: HW 17</b> <b>PL Bar and Discs IPF ID: HW 18</b> <b>Lifting Platform IPF ID: HW 19</b>

For the following companies is a transition time until 31.12.2023 to be allowed for use on official IPF sanctioned events: Rehband, ER Equipment, LEOKO, UESAKA, IVANKO, TITEX, Pallini. With the date of 01.01.2024 the equipment from these companies is not any longer allowed to be used on IPF sanctioned events (lifting platform and warming up)!



## Approved Logos

- Barbellmedicine
- EVERLIFT "Push The Envelope"
- Powerlifting Motivation
- CULTA AGROBIOLÓGICOS
- CFI.Trade

The amount of the logo fee is Euro 500,- per calendar year

The user of this powerlifting equipment for himself and his heirs, release the IPF, its representatives, agents, and affiliates from all liability arising from the use of this equipment. Further, the user agrees to use this equipment as recommended. Failure to do so voids all responsibility and liability of the IPF, its agents, and affiliates, and the manufacturer of this equipment. Use of this equipment constitutes an agreement to these conditions.

**Courtesy of:** [Johan Smith](#), Chairman of IPF Technical Committee and [Dietmar Wolf](#), IPF Treasurer