

INTERNATIONAL POWERLIFTING FEDERATION
World Women's Juniors and Sub-Juniors Equipped Championships, St. Paul's Bay (Malta), 28.08-08.09.2024

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
Sub-Juniors																					
-43kg																					
1	Idczak Karolina	01.01.0	POL	42.60	0.2369	3	425.0	125.0	127.5	1	50.0	55.0	60.0	1	120.0	430.0	430.0	1	302.5	71.65	12
-47kg																					
1	Gu Dong-Le	15.11.0	TPE	46.55	0.2207	6	110.0	120.0	125.0	1	65.0	70.0	72.5	1	115.0	125.0	127.5	1	325.0	71.74	12
2	Crutcher Camille	12.07.0	USA	46.05	0.2226	7	115.0	422.5	422.5	2	52.5	60.0	65.0	2	445.0	115.0	117.5	2	297.5	66.21	9
3	Perdon Eliza	01.01.0	POL	46.65	0.2204	10	110.0	445.0	115.0	3	50.0	55.0	60.0	3	105.0	110.0	447.5	3	280.0	61.70	8
4	Oproiu Ana Maria	20.10.0	ROU	46.85	0.2196	8	80.0	90.0	95.0	4	50.0	52.5	52.5	4	75.0	80.0	87.5	4	217.5	47.77	7
—	Znojek Zuzanna	01.01.0	POL	46.95	0.2193	9	405.0	405.0	405.0	—	X	X	X	—	X	X	X	—	DSQ	—	—
-52kg																					
1	Olentyr Anastasiia	28.04.0	UKR	51.65	0.2046	8	165.0	470.0	470.0	2	90.0	97.5	97.5	1	130.0	137.5	145.0	4	407.5	83.38	12
2	Quishpe Natahly	06.08.0	ECU	50.85	0.2069	6	460.0	465.0	165.0	1	70.0	70.0	77.5	4	130.0	140.0	145.0	3	387.5	80.16	9
3	Milatova Karolina	07.04.0	SVK	51.55	0.2049	5	437.5	140.0	447.5	3	80.0	85.0	87.5	3	155.0	465.0	473.5	1	375.0	76.83	8
4	Launey Adeline	22.08.0	USA	51.00	0.2064	7	430.0	130.0	437.5	4	72.5	77.5	82.5	2	137.5	145.0	147.5	2	360.0	74.31	7
-57kg																					
1	Shuford Khandi	28.05.0	USA	55.70	0.1945	19	137.5	145.0	150.0	5	77.5	85.0	90.0	2	137.5	150.0	157.5	1	397.5	77.32	12
2	Cooper Lila	16.02.0	USA	56.85	0.1920	21	137.5	145.0	152.5	3	85.0	92.5	97.5	1	140.0	147.5	452.5	3	397.5	76.32	9
3	Honkonen Emma	09.10.0	FIN	56.45	0.1929	22	135.0	150.0	155.0	2	85.0	85.0	87.5	4	135.0	142.5	147.5	2	390.0	75.22	8
4	Dziedzok Sandra	01.01.0	POL	56.40	0.1930	20	145.0	152.5	157.5	1	82.5	87.5	92.5	3	137.5	142.5	447.5	4	387.5	74.78	7
5	Hrynewich Calla	13.07.0	CAN	55.65	0.1946	18	135.0	142.5	147.5	6	80.0	85.0	87.5	5	122.5	430.0	430.0	6	355.0	69.10	6
6	Chen Syue-En	26.11.0	TPE	53.25	0.2004	24	110.0	130.0	150.0	4	70.0	70.0	80.0	6	120.0	440.0	442.5	7	340.0	68.13	5
7	Zwierzyczka Aleksandra	01.01.0	POL	56.30	0.1932	23	420.0	120.0	425.0	7	55.0	60.0	62.5	7	120.0	130.0	435.0	5	312.5	60.37	4
-63kg																					
1	Zbandut Mariia	18.11.0	UKR	62.65	0.1811	9	185.0	492.5	X	1	100.0	407.5	440.0	2	135.0	142.5	447.5	2	427.5	77.42	12
2	Kopola Ninni	08.05.0	FIN	62.55	0.1813	10	457.5	157.5	467.5	2	100.0	107.5	110.0	1	120.0	130.0	442.5	3	397.5	72.06	9
3	Majewska Zuzanna	01.01.0	POL	62.30	0.1817	7	135.0	145.0	455.0	3	60.0	65.0	67.5	4	130.0	140.0	145.0	1	357.5	64.95	8
4	Ueda Ayane	10.01.0	JPN	59.65	0.1864	8	420.0	120.0	425.0	4	72.5	80.0	82.5	3	110.0	120.0	432.5	4	322.5	60.11	7
-69kg																					
1	Godinez Celeste	15.04.0	USA	69.00	0.1719	19	170.0	477.5	477.5	2	92.5	100.0	107.5	2	137.5	150.0	155.0	2	432.5	74.35	12
2	Qiu Zi-En	02.02.0	TPE	67.10	0.1744	18	170.0	180.0	187.5	1	70.0	80.0	87.5	4	135.0	145.0	152.5	3	427.5	74.56	9
3	Narva Essi	10.11.0	FIN	68.00	0.1732	16	130.0	140.0	150.0	3	95.0	102.5	107.5	1	150.0	157.5	470.0	1	415.0	71.88	8
—	Mulder Chante	14.11.0	RSA	68.50	0.1725	17	450.0	450.0	450.0	—	87.5	87.5	95.0	3	137.5	142.5	447.5	4	DSQ	—	—
-76kg																					
1	Holinei Ivanna	16.01.0	UKR	75.65	0.1644	30	180.0	195.0	205.0	2	120.0	425.0	425.0	2	155.0	165.0	470.0	2	480.0	78.92	12
2	Robin Kaylee	04.01.0	USA	73.95	0.1662	28	160.0	175.0	485.0	4	425.0	125.0	135.0	1	122.5	135.0	145.0	4	455.0	75.60	9
3	Kliestikova Julia	28.06.0	SVK	75.15	0.1649	29	170.0	180.0	195.0	1	85.0	90.0	95.0	4	135.0	145.0	152.5	3	442.5	72.98	8
4	Santos Sabina Mae	16.01.0	PHI	75.30	0.1648	31	480.0	180.0	495.0	3	87.5	95.0	97.5	3	155.0	165.0	470.0	1	442.5	72.91	7
-84kg																					
1	Batiste Brylee	04.04.0	USA	83.40	0.1577	8	197.5	242.5	212.5	2	95.0	105.0	110.0	2	182.5	200.0	212.5	1	535.0	84.38	12
2	Wells Mackenzie	10.02.0	USA	82.15	0.1587	9	195.0	205.0	215.0	1	105.0	110.0	115.0	1	187.5	197.5	202.5	2	532.5	84.50	9
3	Tatum Katie	01.04.0	GBR	81.20	0.1594	7	150.0	160.0	165.0	3	97.5	405.0	105.0	3	125.0	135.0	142.5	3	412.5	65.77	8

84+kg																					
1	Forsythe Mikayla	20.09.0	USA	101.40	0.1474	18	180.0	192.5	202.5	2	135.0	147.5	147.5	1	175.0	187.5	192.5	1	542.5	79.98	12
2	Gu Sin-Wei	20.06.0	TPE	121.55	0.1410	20	240.0	260.0	268.0	1	90.0	100.0	105.0	2	160.0	172.5	177.5	3	542.5	76.47	9
3	Laurinaviciute Reda	23.09.0	LTU	87.55	0.1548	19	140.0	150.0	155.0	3	72.5	77.5	80.0	3	160.0	172.5	180.0	2	410.0	63.46	8

Team (points)

1	U.S.America	57	[12+12+12+12+9]	400.52	IPF GL
2	Poland	39	[12+8+8+7+4]	333.45	IPF GL
3	Ukraine	36	[12+12+12]	239.73	IPF GL
4	Chinese Taipei	35	[12+9+9+5]	290.90	IPF GL
5	Finland	25	[9+8+8]	219.15	IPF GL
6	Slovakia	16	[8+8]	149.81	IPF GL
7	Ecuador	9	[9]	80.16	IPF GL
8	Great Britain	8	[8]	65.77	IPF GL
9	Lithuania	8	[8]	63.46	IPF GL
10	Philippines	7	[7]	72.91	IPF GL
11	Japan	7	[7]	60.11	IPF GL
12	Romania	7	[7]	47.77	IPF GL
13	Canada	6	[6]	69.10	IPF GL
—	South Africa	—	—	—	—

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Wells Mackenzie	U.S.America	82.15	532.5	84.4960	2
2.	Batiste Brylee	U.S.America	83.40	535.0	84.3770	1
3.	Olentyr Anastasiia	Ukraine	51.65	407.5	83.3782	1

Juniors

-43kg																					
1	Sukhodieieva Oksana	18.08.0	UKR	41.90	0.2401	2	120.0	125.0	125.0	1	65.0	70.0	75.0	1	90.0	100.0	110.0	1	310.0	74.45	12
2	Barlow Jasmine	26.07.0	USA	41.60	0.2416	1	77.5	77.5	77.5	2	47.5	52.5	52.5	2	75.0	80.0	82.5	2	210.0	50.74	9
-47kg																					
1	Polianska Mariia	18.09.0	UKR	46.55	0.2207	4	150.0	160.0	X	1	80.0	90.0	90.0	1	155.0	167.5	175.5	1	405.0	89.39	12
-52kg																					
1	Tabuan Jessa Mae	31.12.0	PHI	50.40	0.2082	1	150.0	160.0	167.5	2	82.5	87.5	95.0	1	155.0	160.0	165.0	1	427.5	88.99	12
2	Santhosh K C Ashika	28.01.0	IND	50.40	0.2082	2	150.0	160.0	170.0	1	70.0	75.0	75.0	2	145.0	152.5	155.0	2	397.5	82.74	9
3	Bialecka Paulina	01.01.0	POL	52.00	0.2037	4	115.0	120.0	120.0	3	57.5	60.0	65.0	3	115.0	122.5	127.5	4	307.5	62.62	8
4	Alves Nathielly	01.01.0	BRA	51.45	0.2052	3	105.0	105.0	112.5	4	45.0	50.0	52.5	4	130.0	135.0	142.5	3	300.0	61.55	7
-57kg																					
1	Almas Shaik Sadiya	27.10.0	IND	56.70	0.1923	10	170.0	182.5	190.0	1	90.0	95.0	97.5	5	165.0	175.0	182.5	2	462.5	88.95	12
2	Erasmu Jane	22.04.0	PHI	55.65	0.1946	17	160.0	170.0	170.0	4	100.0	105.0	110.0-cj	2	150.0	162.5	177.5	3	442.5	86.13	9
3	Palosaari Eerika	14.04.0	FIN	56.95	0.1918	9	145.0	155.0	160.0	6	105.0	110.0	115.0	1	140.0	150.0	160.0	5	435.0	83.43	8
4	Maha Nataliia	12.06.0	UKR	57.00	0.1917	11	160.0	165.0	167.5	5	95.0	100.0	102.5	3	150.0	160.0	170.0	6	427.5	81.94	7
5	Lovato Melany	26.12.0	ECU	56.65	0.1924	15	155.0	165.0	175.0	3	87.5	95.0	97.5	4	142.5	150.0	157.5	8	422.5	81.30	6
6	Hasell Nicole	06.03.0	RSA	56.35	0.1931	13	140.0	140.0	150.0	7	80.0	90.0	90.0	6	140.0	152.5	160.0	4	400.0	77.23	5
7	Weydert Emma	01.01.0	LUX	56.60	0.1925	12	127.5	135.0	140.0	8	72.5	77.5	82.5	7	145.0	145.0	155.0	7	377.5	72.68	4

—	Cheramie Lola	07.06.0	USA	53.95	0.1986	16	165.0	175.0	180.0	2	92.5	92.5	92.5	—	167.5	175.0	182.5	1	DSQ	—	—
—	Cazacu Alexandra	17.11.0	ROU	56.55	0.1926	14	170.0	170.0	170.0	—	55.0	X	X	8	130.0	140.0	145.0	9	DSQ	—	—
-63kg																					
1	Raiha Sofia	05.04.0	FIN	62.80	0.1809	1	185.0	190.0	195.0	1	120.0	125.0	125.0	2	175.0	180.0	185.0	2	500.0	90.43	12
2	Karimova Amina	01.11.0	KAZ	62.35	0.1816	2	190.0	195.0	195.0	2	117.5	122.5	125.0	1	165.0	170.0	180.0	4	485.0	88.08	9
3	Aas Emma Elise	13.08.0	NOR	62.45	0.1814	5	172.5	180.0	180.0	4	87.5	92.5	100.0	4	182.5	192.5	195.0	1	475.0	86.18	8
4	Makwana Sejal	01.10.0	IND	62.45	0.1814	3	172.5	182.5	185.0	3	105.0	110.0	115.0	3	155.0	167.5	172.5	3	472.5	85.73	7
5	Shields Lydia	25.07.0	USA	60.30	0.1852	4	145.0	155.0	162.5	5	90.0	97.5	105.0	5	137.5	147.5	152.5	6	407.5	75.46	6
—	Kao Yu-Chen	28.12.0	TPE	62.15	0.1819	6	205.0	205.0	205.0	—	80.0	85.0	90.0	6	160.0	160.0	170.0	5	DSQ	—	—
-69kg																					
1	Havnen Yasmina Juliette	26.03.0	NOR	68.45	0.1726	12	205.0	217.5	222.5	2	135.0	140.0	145.0	1	185.0	192.5	200.0	1	560.0	96.66	12
2	Salazar Droege Laura Isat	19.06.0	AUT	68.35	0.1727	15	222.5	222.5	230.0	1	125.0	132.5	132.5	3	180.0	190.0	197.5	2	552.5	95.44	9
3	Bordiu Veronika	17.05.0	UKR	66.35	0.1755	13	220.0	230.0	230.0	3	122.5	130.0	135.0	2	175.0	185.0	192.5	3	540.0	94.75	8
4	York Savannah	20.10.0	USA	66.65	0.1750	14	190.0	200.0	210.0	4	115.0	130.0	132.5	4	160.0	175.0	180.0	4	500.0	87.52	7
5	Ravikant Salvi Prerana	31.08.0	IND	68.20	0.1729	11	180.0	180.0	192.5	5	100.0	107.5	115.0	5	165.0	172.5	187.5	5	480.0	83.01	6
-76kg																					
1	Slettnes Juliane	01.01.0	NOR	74.65	0.1654	21	220.0	230.0	240.0	1	137.5	147.5	155.0	1	160.0	175.0	197.5	6	562.5	93.06	12
2	Orozco Celine	20.10.0	USA	72.55	0.1677	22	215.0	225.0	232.5	2	120.0	125.0	130.0	4	170.0	180.0	190.0	3	547.5	91.80	9
3	Borshch Oleksandra	29.06.0	UKR	71.25	0.1692	24	215.0	225.0	230.0	3	102.5	107.5	110.0	6	187.5	197.5	207.5	1	537.5	90.92	8
4	Nitz Paula	14.12.0	AUT	75.15	0.1649	26	212.5	220.0	220.0	4	75.0	122.5	127.5	3	170.0	182.5	182.5	4	522.5	86.17	7
5	Schoepf Desiree	11.06.0	AUT	71.65	0.1687	23	185.0	192.5	197.5	6	117.5	122.5	125.0	5	170.0	180.0	190.0	2	505.0	85.19	6
6	Dominique Briones	09.08.0	ECU	73.40	0.1667	27	187.5	197.5	205.0	5	92.5	102.5	110.0	7	160.0	170.0	177.5	5	485.0	80.87	5
7	Cargill Katherine	25.03.0	USA	74.70	0.1654	25	190.0	190.0	190.0	7	120.0	120.0	127.5	2	152.5	162.5	167.5	7	485.0	80.21	4
-84kg																					
1	Mikomagi Eliise	10.03.0	EST	77.85	0.1623	3	200.0	210.0	217.5	2	115.0	125.0	127.5	2	212.5	222.5	232.5	1	577.5	93.74	12
2	Muliar Kateryna	14.07.0	UKR	79.20	0.1611	2	225.0	232.5	237.5	1	120.0	127.5	132.5	3	192.5	202.5	212.5	2	577.5	93.05	9
3	Joselyn Garcia	14.03.0	ECU	82.65	0.1583	1	205.0	215.0	225.0	3	120.0	125.0	127.5	4	170.0	177.5	182.5	4	522.5	82.70	8
4	Shergold Emily	08.10.0	GBR	83.70	0.1575	6	187.5	200.0	212.5	5	117.5	125.0	130.0	5	140.0	160.0	170.0	5	485.0	76.38	7
5	Reeves Mena	18.04.0	USA	81.75	0.1590	4	175.0	185.0	195.0	6	105.0	112.5	112.5	6	165.0	175.0	182.5	3	480.0	76.32	6
6	Haspel Klara	22.03.0	GER	78.90	0.1614	5	202.5	212.5	217.5	4	122.5	130.0	132.5	1	100.0	X	X	6	445.0	71.82	5
84+kg																					
1	Lierhagen Tuva	01.01.0	NOR	103.50	0.1466	14	245.0	255.0	270.0	2	165.0	172.5	180.0	1	175.0	190.0	202.5	1	637.5	93.44	12
2	Lee Abigail	07.01.0	USA	140.85	0.1374	17	250.0	250.0	270.0	1	132.5	145.0	155.0	4	177.5	190.0	202.5	5	615.0	84.49	9
3	Hinz Lara	26.01.0	GER	108.60	0.1447	16	230.0	240.0	245.0	4	165.0	170.0	172.5	2	180.0	190.0	192.5	4	602.5	87.17	8
4	Chserbina Polina	03.03.0	KAZ	108.85	0.1446	10	240.0	255.0	255.0	3	150.0	160.0	170.0	3	150.0	165.0	190.0	7	580.0	83.86	7
5	Bernadotte Maria Vitoria	01.01.0	BRA	100.95	0.1476	11	220.0	220.0	230.0	5	127.5	135.0	142.5	5	170.0	182.5	192.5	3	547.5	80.83	6
6	Li Hsin-Ying	07.08.0	TPE	107.55	0.1450	12	200.0	220.0	220.0	6	110.0	122.5	130.0	8	175.0	187.5	195.0	2	537.5	77.96	5
7	Slizova Patricia	22.05.0	SVK	90.00	0.1532	15	190.0	210.0	217.5	7	120.0	130.0	130.0	6	140.0	160.0	167.5	6	515.0	78.92	4
8	Guidry Tayler	02.11.0	USA	100.20	0.1480	13	185.0	197.5	207.5	8	122.5	127.5	130.0	7	130.0	145.0	145.0	8	472.5	69.91	3

Team (points)

1	Ukraine	49	[12+12+9+8+8]	442.56	IPF GL
2	Norway	44	[12+12+12+8]	369.34	IPF GL
3	U.S.America	40	[9+9+9+7+6]	390.87	IPF GL
4	India	34	[12+9+7+6]	340.43	IPF GL
5	Austria	22	[9+7+6]	266.80	IPF GL

6	Philippines	21	[12+9]	175.11	IPF GL
7	Finland	20	[12+8]	173.86	IPF GL
8	Ecuador	19	[8+6+5]	244.88	IPF GL
9	Kazakhstan	16	[9+7]	171.94	IPF GL
10	Germany	13	[8+5]	158.98	IPF GL
11	Brazil	13	[7+6]	142.37	IPF GL
12	Estonia	12	[12]	93.74	IPF GL
13	Poland	8	[8]	62.62	IPF GL
14	Great Britain	7	[7]	76.38	IPF GL
15	Chinese Taipei	5	[5]	77.96	IPF GL
16	South Africa	5	[5]	77.23	IPF GL
17	Slovakia	4	[4]	78.92	IPF GL
18	Luxembourg	4	[4]	72.68	IPF GL
—	Romania	—	—	—	—

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Havnen Yasmina Juliette	Norway	68.45	560.0	96.6594	1
2.	Salazar Droege Laura Isat	Austria	68.35	552.5	95.4372	2
3.	Bordiuh Veronika	Ukraine	66.35	540.0	94.7457	3

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUT = Austria

BRA = Brazil

CAN = Canada

ECU = Ecuador

EST = Estonia

FIN = Finland

GBR = Great Britain

GER = Germany

IND = India

JPN = Japan

KAZ = Kazakhstan

LTU = Lithuania

LUX = Luxembourg

NOR = Norway

PHI = Philippines

POL = Poland

ROU = Romania

RSA = South Africa

SVK = Slovakia

TPE = Chinese Taipei

UKR = Ukraine

USA = U.S.America