

INTERNATIONAL POWERLIFTING FEDERATION
World Masters Women's Equipped Championships 2024, Sun City (South Africa), 05-13.10.2024

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat				All Bench Press				All Deadlift			Total	IPF GL	Pts	
Masters 1																					
-57kg																					
1.	Salter Gemma	1983	GBR	56,50	0,1928	4	140,0	147,5	152,5	2	80,0	85,0	85,0	2	150,0	155,0	155,0	1	387,5	74,69	12
2.	Hughes Amanda	1979	GBR	55,75	0,1944	2	130,0	137,5	142,5	3	90,0	90,0	95,0	1	130,0	140,0	142,5	3	377,5	73,39	9
3.	Hussey Danielle	1976	CAN	56,10	0,1936	3	145,0	152,5	152,5	1	77,5	82,5	85,0	3	132,5	142,5	147,5	2	377,5	73,09	8
-63kg																					
1.	Berge Hege	1982	NOR	62,20	0,1819	5	175,0	182,5	190,0	1	105,0	107,5	110,0	1	165,0	165,0	175,0	1	475,0	86,38	12
2.	Hinchelwood Amber	1978	GBR	60,25	0,1853	6	110,0	115,0	125,0	2	55,0	60,0	67,5	2	107,5	120,0	125,0	2	317,5	58,83	9
-69kg																					
1.	Andersen Lena Kruuse Skovby	1981	DEN	67,30	0,1741	11	170,0	180,0	180,0	1	90,0	95,0	95,0	1	170,0	177,5	177,5	1	442,5	77,06	12
2.	Makinen Nina	1983	FIN	64,95	0,1775	10	125,0	135,0	140,0	2	65,0	70,0	75,0	2	130,0	140,0	X	2	355,0	63,01	9
-76kg																					
1.	Costa Zolyome Iolanda	1977	BRA	75,75	0,1643	13	210,0	230,0	235,0	1	120,0	130,0	137,5	1	180,0	185,0	187,5	1	547,5	89,97	12
-84kg																					
1.	Jensen Nora Bjerregaard	1982	DEN	77,70	0,1625	7	185,0	195,0	195,0	1	80,0	85,0	87,5	1	125,0	140,0	140,0	1	395,0	64,17	12
84+kg																					
1.	Rees Jacqui	1980	RSA	90,85	0,1527	9	190,0	200,0	200,0	1	120,0	125,0	130,0	1	165,0	175,0	185,0	2	490,0	74,84	12
2.	Parkin Joanne	1975	GBR	122,00	0,1409	8	125,0	140,0	150,0	2	75,0	85,0	95,0	2	165,0	175,0	187,5	1	412,5	58,10	9
Team (points)																					
1.	Great Britain					39	[12+9+9+9]				265,01	IPF GL									
2.	Denmark					24	[12+12]				141,23	IPF GL									
3.	Brazil					12	[12]				89,97	IPF GL									
4.	Norway					12	[12]				86,38	IPF GL									
5.	South Africa					12	[12]				74,84	IPF GL									
6.	Finland					9	[9]				63,01	IPF GL									
7.	Canada					8	[8]				73,09	IPF GL									
Best Lifters of Masters 1 by IPF GL Formula																					
Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk															
1.	Costa Zolyome Iolanda	Brazil	75.75	547,5	89,9679	1															
2.	Berge Hege	Norway	62.20	475,0	86,3821	1															
3.	Andersen Lena Kruuse Skovby	Denmark	67.30	442,5	77,0556	1															
Masters 2																					
-47kg																					
1.	Yanagisawa Yukiko	1967	JPN	46,75	0,2200	1	65,0	75,0	85,0	1	40,0	42,5	45,0	1	75,0	85,0	90,0	1	220,0	48,40	12
-52kg																					
1.	Buxbom Eva	1969	DEN	51,70	0,2045	2	150,0	157,5	163,0-w2	1	72,5	72,5	75,0	1	145,0	145,0	155,0	1	380,5	77,80	12
2.	Anthony Carol	1966	RSA	51,50	0,2050	3	95,0	105,0	110,0	2	47,5	52,5	52,5	2	110,0	120,0	125,0	2	282,5	57,92	9
-57kg																					
1.	Izindre Annelie	1972	SWE	55,25	0,1955	4	115,0	122,5	127,5	1	85,0	90,0	92,5	1	120,0	130,0	135,0	1	352,5	68,93	12
2.	Rodney Allison	1966	GBR	56,75	0,1922	5	100,0	110,0	120,0	2	70,0	70,0	77,5	2	110,0	120,0	130,0	2	317,5	61,03	9
-63kg																					
1.	Colorado Merci	1971	ECU	59,95	0,1858	6	150,0	160,0	170,0	1	75,0	80,0	80,0	2	160,0	170,0	170,0	1	420,0	78,05	12
2.	Shergold Rita	1965	GBR	62,05	0,1821	8	132,5	142,5	142,5	3	87,5	95,0	100,0	1	125,0	135,0	140,0	3	382,5	69,66	9
3.	Stavik Anita	1965	NOR	62,50	0,1814	7	155,0	160,0	165,0	2	65,0	67,5	70,0	4	147,5	152,5	155,0	2	382,5	69,37	8
4.	van Linge Marieke	1972	RSA	61,50	0,1831	10	105,0	117,5	122,5	5	55,0	57,5	60,0	5	120,0	127,5	135,0	4	312,5	57,20	7
5.	Treharne Yvonne	1966	GBR	62,25	0,1818	9	112,5	120,0	120,0	4	62,5	67,5	72,5	3	95,0	105,0	110,0	5	302,5	54,99	6
-69kg																					
1.	de Wet Laura	1974	RSA	67,50	0,1739	16	170,0	180,0	185,0	1	85,0	85,0	90,0	2	160,0	175,0	190,0	1	465,0	80,85	12
2.	Rose Joanne	1973	CAN	67,65	0,1737	15	135,0	140,0	145,0	2	87,5	92,5	97,5	1	145,0	155,0	157,5	2	397,5	69,03	9
3.	Veedfald Linda	1973	DEN	67,85	0,1734	14	125,0	135,0	135,0	3	62,5	62,5	67,5	3	127,5	135,0	142,5	3	335,0	58,09	8
-76kg																					
1.	Johansson Ulrika	1972	SWE	74,40	0,1657	19	160,0	170,0	175,0	1	100,0	110,0	117,5	1	140,0	160,0	170,0	1	440,0	72,90	12
2.	Leccese Florence	1969	FRA	69,75	0,1710	18	140,0	147,5	152,5	2	92,5	95,0	100,0	2	115,0	125,0	135,0	2	372,5	63,68	9

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

BRA = Brazil
CAN = Canada
DEN = Denmark
ECU = Ecuador
FIN = Finland

FRA = France
GBR = Great Britain
ISL = Iceland
JPN = Japan
NOR = Norway

RSA = South Africa
SWE = Sweden