

INTERNATIONAL POWERLIFTING FEDERATION
World Masters Men's Equipped Championships 2024, Sun City (South Africa), 05-13.10.2024
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
Masters 1																					
-66kg																					
1.	Ishikawa Takuya	1979	JPN	65,25	0,1350	1	100,0	180,0	192,5	1	80,0	140,0	160,0	1	140,0	165,0	175,0	1	495,0	66,85	12
-74kg																					
1.	Hopen Yngve	1984	NOR	72,20	0,1259	3	270,0	280,0	290,0	1	135,0	142,5	147,5	1	270,0	280,0	280,0	1	697,5	87,84	12
2.	Vojacek Roy	1977	NOR	73,10	0,1249	6	240,0	250,0	250,0	2	135,0	137,5	140,0	2	210,0	220,0	225,0	4	600,0	74,95	9
3.	Otgonsuren Batbileg	1977	MGL	71,80	0,1264	7	215,0	225,0	230,0	3	122,5	127,5	132,5	3	220,0	230,0	237,5	3	592,5	74,89	8
4.	Hunter Nash	1979	GBR	72,75	0,1253	4	195,0	207,5	210,0	6	115,0	125,0	127,5	5	235,0	245,0	245,0	2	567,5	71,11	7
5.	Serfaty Ruben	1975	ARG	72,50	0,1256	2	190,0	190,0	207,5	5	115,0	120,0	120,0	6	200,0	215,0	225,0	5	542,5	68,14	6
6.	Fletcher Kevin	1979	GBR	73,65	0,1243	5	215,0	220,0	220,0	4	125,0	132,5	132,5	4	185,0	195,0	200,0	6	542,5	67,44	5
-83kg																					
1.	Rodrigue Patrick	1978	CAN	81,95	0,1163	9	222,5	237,5	242,5	2	145,0	150,0	155,0	1	240,0	255,0	265,0	1	652,5	75,91	12
2.	Kienast Sebastian	1981	GER	78,75	0,1192	8	235,0	245,0	250,0	1	120,0	127,5	132,5	2	210,0	227,5	232,5	2	615,0	73,29	9
-93kg																					
1.	Abrahamsen Maeland Sturla	1980	NOR	92,50	0,1088	12	292,5	292,5	300,0	1	212,5	220,0	225,0	1	205,0	245,0	282,5	1	770,0	83,74	12
-105kg																					
1.	Kropf Norbert	1978	GER	103,20	0,1030	15	240,0	250,0	250,0	2	195,0	205,0	210,0	1	200,0	215,0	225,0	3	670,0	69,03	12
2.	Oproiu Cristian	1978	ROU	104,10	0,1026	13	255,0	260,0	260,0	1	170,0	170,0	172,5	2	217,5	232,5	242,5	2	662,5	67,98	9
3.	Al Barni Sami	1982	SYR	98,75	0,1052	14	160,0	190,0	200,0	3	130,0	145,0	152,5	3	220,0	240,0	242,5	1	585,0	61,55	8
-120kg																					
1.	Darin Weerasinghe	1983	SRI	119,50	0,0968	18	240,0	252,5	260,0	1	180,0	187,5	197,5	2	245,0	257,5	272,5	1	720,0	69,70	12
2.	Khorshid Amer	1979	SYR	113,55	0,0988	16	230,0	230,0	230,0	2	210,0	220,0	227,5	1	250,0	260,0	267,5	2	717,5	70,89	9
120+kg																					
1.	Macdonald John	1983	CAN	132,20	0,0933	20	240,0	305,0	325,0	1	260,0	275,0	280,0	1	225,0	250,0	277,5	2	882,5	82,37	12
2.	Jean Sr. Michael	1979	USA	160,90	0,0882	21	235,0	245,0	270,0	3	210,0	230,0	230,0	2	270,0	290,0	305,0	1	785,0	69,26	9
3.	Hakala Janne	1979	FIN	123,75	0,0955	19	255,0	270,0	277,5	2	100,0	175,0	185,0	3	230,0	252,5	265,0	3	705,0	67,35	8
Team (points)																					
1.	Norway					33	[12+12+9]		246,53	IPF GL											
2.	Canada					24	[12+12]		158,29	IPF GL											
3.	Germany					21	[12+9]		142,32	IPF GL											
4.	Syria					17	[9+8]		132,44	IPF GL											
5.	Sri Lanka					12	[12]		69,70	IPF GL											
6.	Japan					12	[12]		66,85	IPF GL											
7.	Great Britain					12	[7+5]		138,55	IPF GL											
8.	U.S.America					9	[9]		69,26	IPF GL											
9.	Romania					9	[9]		67,98	IPF GL											
10.	Mongolia					8	[8]		74,89	IPF GL											
11.	Finland					8	[8]		67,35	IPF GL											
12.	Argentina					6	[6]		68,14	IPF GL											
Best Lifters of Masters 1 by IPF GL Formula																					
Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk															
1.	Hopen Yngve	Norway	72.20	697,5	87,8431	1															
2.	Abrahamsen Maeland Sturla	Norway	92.50	770,0	83,7398	1															
3.	Macdonald John	Canada	132.20	882,5	82,3734	1															
Masters 2																					
-59kg																					
1.	Kupperstein Eric	1966	USA	58,45	0,1467	2	175,0	195,0	205,0	1	50,0	55,0	57,5	2	175,0	195,0	215,0	1	435,0	63,80	12
2.	Ghazi Mohamad	1972	SYR	58,00	0,1475	1	90,0	110,0	127,5	2	70,0	80,0	87,5	1	100,0	130,0	150,0	2	357,5	52,75	9
-66kg																					
1.	Verbel Eric	1965	USA	65,45	0,1347	4	170,0	185,0	195,0	1	75,0	112,5	112,5	1	175,0	187,5	200,0	1	460,0	61,98	12
-74kg																					
1.	Sanduijav Enkhbat	1974	MGL	72,70	0,1254	6	245,0	255,0	265,0	1	145,0	152,5	157,5	1	220,0	230,0	245,0	2	667,5	83,68	12
2.	Pardue Travis	1971	USA	74,00	0,1239	5	195,0	205,0	215,0	2	130,0	137,5	140,0	2	227,5	245,0	247,5	1	590,0	73,12	9

-83kg

1. Qaband Ali	1972	SYR	82,15	0,1162	9	170,0	195,0	205,0	3	140,0	150,0	155,0	1	190,0	215,0	220,0	2	580,0	67,38	12
2. Vidasic Bystrik	1974	SVK	81,20	0,1170	8	205,0	215,0	215,0	1	130,0	135,0	135,0	2	217,5	230,0	230,0	3	562,5	65,80	9
3. Demchak John	1967	USA	82,25	0,1161	7	195,0	205,0	210,0	2	102,5	110,0	110,0	3	230,0	242,5	252,5	1	555,0	64,43	8

-93kg

1. Butt Jeff	1970	CAN	92,25	0,1089	19	260,0	270,0	277,5	2	167,5	175,0	180,0	3	270,0	277,5	280,0	1	737,5	80,32	12
2. Adnanes Ole Andreas	1972	NOR	90,90	0,1098	11	260,0	272,5	277,5	1	185,0	192,5	197,5	1	235,0	242,5	260,0	3	735,0	80,67	9
3. Nousiainen Petteri	1971	FIN	91,65	0,1093	10	255,0	265,0	272,5	3	175,0	180,0	180,0	4	240,0	247,5	262,5	2	710,0	77,59	8
4. Ogawa Mitsuhsisa	1971	JPN	92,20	0,1089	12	225,0	245,0	265,0	4	175,0	185,0	197,5	2	210,0	220,0	230,0	4	662,5	72,17	7

-105kg

1. Bak Sune	1974	DEN	104,50	0,1024	14	285,0	295,0	305,0	2	215,0	222,5	227,5	1	275,0	285,0	295,0	1	822,5	84,25	12
2. Rada Karel	1973	CZE	104,05	0,1026	17	285,0	300,0	310,0	3	185,0	190,0	190,0	4	250,0	265,0	270,0	3	760,0	78,01	9
3. Luvsanchultem Ariunjargal	1971	MGL	101,40	0,1039	16	285,0	295,0	305,0	1	150,0	150,0	160,0	5	270,0	280,0	295,0	2	745,0	77,39	8
4. Hasecic Vladan	1970	SRB	103,70	0,1028	15	275,0	290,0	300,0	4	190,0	195,0	200,0	3	240,0	255,0	257,5	4	730,0	75,04	7
5. Nakamura Toshio	1970	JPN	98,25	0,1055	18	225,0	237,5	252,5	5	180,0	192,5	202,5	2	180,0	202,5	210,0	5	642,5	67,77	6

-120kg

1. Koehn Travis	1973	USA	119,45	0,0968	22	290,0	305,0	317,5	1	220,0	225,0	225,0	1	262,5	275,0	280,0	2	822,5	79,63	12
2. Kalter Michael	1972	USA	115,40	0,0981	21	290,0	300,0	310,0	2	200,0	207,5	207,5	2	285,0	285,0	312,5	1	795,0	78,03	9
3. de Beer Hermanus	1970	RSA	114,00	0,0986	20	185,0	200,0	215,0	4	155,0	165,0	170,0	4	245,0	260,0	265,0	3	650,0	64,11	8
4. Rasmussen Joergen Michael	1973	DEN	112,55	0,0992	23	235,0	235,0	250,0	3	170,0	170,0	175,0	3	205,0	210,0	225,0	4	645,0	63,96	7

120+kg

1. Cazacu Sorin	1973	ROU	122,05	0,0960	24	265,0	280,0	292,5	1	235,0	245,0	X	1	205,0	217,5	220,0	2	745,0	71,54	12
2. Jaeger Robert Nyborg	1972	DEN	130,65	0,0937	25	180,0	200,0	215,0	2	155,0	165,0	170,0	3	220,0	240,0	250,0	1	625,0	58,57	9
— Tsolmon Uurtsaikh	1974	MGL	120,35	0,0965	26	260,0	260,0	260,0	—	185,0	185,0	200,0	2	200,0	215,0	215,0	3	DSQ	—	—

Team (points)

1. U.S.America	54	[12+12+12+9+9]	356,55	IPF GL
2. Denmark	28	[12+9+7]	206,78	IPF GL
3. Syria	21	[12+9]	120,13	IPF GL
4. Mongolia	20	[12+8]	161,08	IPF GL
5. Japan	13	[7+6]	139,94	IPF GL
6. Canada	12	[12]	80,32	IPF GL
7. Romania	12	[12]	71,54	IPF GL
8. Norway	9	[9]	80,67	IPF GL
9. Czechia	9	[9]	78,01	IPF GL
10. Slovakia	9	[9]	65,80	IPF GL
11. Finland	8	[8]	77,59	IPF GL
12. South Africa	8	[8]	64,11	IPF GL
13. Serbia	7	[7]	75,04	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Bak Sune	Denmark	104.50	822,5	84,2536	1
2.	Sanduijav Enkhbat	Mongolia	72.70	667,5	83,6831	1
3.	Adnanes Ole Andreas	Norway	90.90	735,0	80,6743	2

Masters 3**-59kg**

1. Kolsovsky Stefan	1961	SVK	58,00	0,1475	1	155,0	165,0	X	1	120,0	127,5	132,5	1	130,0	140,0	145,0	1	442,5	65,29	12
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-66kg

1. Yabu Shunsuke	1962	JPN	65,15	0,1352	3	185,0	185,0	185,0	1	85,0	92,5	95,0	1	160,0	180,0	190,0	1	460,0	62,19	12
2. Hrynkow David	1964	CAN	65,20	0,1351	2	137,5	145,0	150,0	2	82,5	92,5	92,5	2	180,0	190,0	190,0	2	412,5	55,74	9

-74kg

1. Burgos Carlos	1964	ARG	72,75	0,1253	5	190,0	190,0	200,0	3	125,0	130,0	135,0	3	241,0	257,5	260,0-w3	1	595,0	74,56	12
2. Mihok Anton	1957	SVK	72,70	0,1254	7	195,0	205,0	205,0	2	155,0	162,5	167,5-w3	1	195,0	205,0	210,0	2	577,5	72,40	9
3. Ottolangui Allen	1960	GBR	73,80	0,1241	8	205,0	215,0	220,0	1	115,0	120,0	122,5	4	190,0	200,0	210,0	4	542,5	67,35	8
4. Birkirsson Hordur	1958	ISL	73,20	0,1248	6	170,0	170,0	170,0	4	110,0	115,0	120,0	5	180,0	202,5	202,5	5	470,0	58,66	7
— Taniguchi Koichi	1960	JPN	73,15	0,1249	4	195,0	195,0	195,0	—	135,0	135,0	140,0	2	125,0	175,0	200,0	3	DSQ	—	—

-83kg

1. Boillot Christopher	1963	USA	80,85	0,1173	11	220,0	230,0	240,0	2	140,0	150,0	155,0	3	205,0	215,0	225,0	2	600,0	70,37	12
2. King Stephen	1962	NZL	82,40	0,1160	10	202,5	222,5	232,5	1	100,0	107,5	112,5	5	185,0	200,0	217,5	3	545,0	63,20	9
3. Huovinen Rami	1964	FIN	82,55	0,1158	13	180,0	210,0	210,0	3	120,0	127,5	127,5	4	205,0	217,5	227,5	1	517,5	59,95	8
4. de Nysschen Tommie	1963	RSA	82,65	0,1158	9	140,0	155,0	167,5	5	150,0	162,5	162,5	2	152,5	162,5	172,5	5	502,5	58,17	7
5. Ring Tomas	1960	SWE	82,80	0,1156	14	160,0	170,0	182,5	4	185,0	185,0	190,0	1	75,0	90,0	100,0	6	460,0	53,19	6
6. Alessio Roberto	1958	ARG	81,95	0,1163	12	150,0	150,0	150,0	6	55,0	65,0	X	6	190,0	202,5	202,5	4	405,0	47,12	5

-93kg

1. Valentinsen Sigve	1960	NOR	88,00	0,1117	20	235,0	245,0	245,0	1	160,0	170,0	180,0	2	200,0	215,0	225,0	2	650,0	72,61	12
2. Hagfors Harri	1961	FIN	92,00	0,1091	19	210,0	220,0	225,0	2	135,0	135,0	140,0	3	225,0	237,5	242,5	1	607,5	66,26	9
3. Cencich Thomas	1960	USA	91,45	0,1094	17	175,0	195,0	195,0	4	190,0	203,5-w3	208,0	1	185,0	202,5	207,5	4	606,0	66,30	8
4. Dally Gerard	1960	USA	89,95	0,1104	18	180,0	192,5	202,5	3	105,0	112,5	120,0	4	187,5	205,0	207,5	3	530,0	58,50	7

-105kg

1. Gidney Paul	1963	CAN	103,35	0,1030	25	230,0	235,0	240,0	3	165,0	165,0	170,0	3	276,5	280,5-w3	285,5	1	685,5	70,58	12
2. Hoglander Lars	1964	SWE	95,70	0,1069	23	250,0	255,0	265,0	1	170,0	175,0	175,0	1	232,5	240,0	245,0	2	670,0	71,60	9
3. Kilpatrick Ronald	1959	CAN	103,00	0,1031	26	240,0	250,0	250,0	2	170,0	175,0	175,0	2	230,0	237,5	252,5	3	657,5	67,80	8
4. Johnson Richard	1963	USA	96,65	0,1063	22	210,0	235,0	235,0	4	117,5	122,5	125,0	5	210,0	225,0	225,0	4	560,0	59,55	7
5. Taylor Keith	1956	USA	96,20	0,1066	24	182,5	182,5	195,0	5	110,0	150,0	160,0	4	185,0	195,0	205,0	5	547,5	58,36	6

-120kg

1. Andersen Ronny	1964	NOR	119,30	0,0969	29	240,0	250,0	252,5	1	220,0	227,5	227,5	2	230,0	240,0	250,0	1	727,5	70,47	12
2. Pordel Abbas	1961	AUS	117,10	0,0976	27	165,0	180,0	190,0	2	205,0	222,5	232,5	1	185,0	210,0	220,0	2	642,5	62,69	9
3. Akiyama Katsumi	1962	JPN	107,35	0,1012	28	100,0	170,0	190,0	3	100,0	165,0	175,0	3	125,0	155,0	175,0	3	520,0	52,63	8

Team (points)

1. U.S.America	40	[12+8+7+7+6]	313,08	IPF GL
2. Canada	29	[12+9+8]	194,12	IPF GL
3. Norway	24	[12+12]	143,08	IPF GL
4. Slovakia	21	[12+9]	137,69	IPF GL
5. Japan	20	[12+8]	114,81	IPF GL
6. Argentina	17	[12+5]	121,68	IPF GL
7. Finland	17	[9+8]	126,21	IPF GL
8. Sweden	15	[9+6]	124,80	IPF GL
9. New Zealand	9	[9]	63,20	IPF GL
10. Australia	9	[9]	62,69	IPF GL
11. Great Britain	8	[8]	67,35	IPF GL
12. Iceland	7	[7]	58,66	IPF GL
13. South Africa	7	[7]	58,17	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Burgos Carlos	Argentina	72.75	595,0	74,5606	1
2.	Valentinsen Sigve	Norway	88.00	650,0	72,6102	1
3.	Mihok Anton	Slovakia	72.70	577,5	72,4000	2

Masters 4**-66kg**

1. Shagdar Perenlei	1951	MGL	65,35	0,1349	1	110,0	130,0	150,0	1	65,0	70,0	75,0	1	135,0	155,0	167,5	1	375,0	50,59	12
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-74kg

1. Terragni John	1947	DEN	72,20	0,1259	2	175,0	185,0	190,0	1	120,0	120,0	125,0	1	170,0	182,5	195,0	1	492,5	62,03	12
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-83kg

1. Juntunen Antero	1954	FIN	82,70	0,1157	4	175,0	180,0	190,0	1	85,0	90,0	95,0	3	190,0	205,0	215,0	1	495,0	57,28	12
2. Oppenheim Dan	1945	RSA	79,75	0,1183	3	140,0	155,0	165,0	2	90,0	105,0	110,0	2	150,0	150,0	X	3	425,0	50,26	9
— Gudmundsson Saemundur	1952	ISL	81,15	0,1170	5	160,0	160,0	160,0	—	115,0	120,0	X	1	190,0	200,0	200,0	2	DSQ	—	—

-93kg

1. Clayton William	1953	USA	83,50	0,1151	6	125,0	130,0	137,5	1	90,0	97,5	102,5	1	150,0	X	X	1	385,0	44,30	12
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-105kg

1. Jonsson Flosi	1954	ISL	100,40	0,1044	7	125,0	140,0	155,0	1	125,0	150,0	167,5	1	160,0	180,0	195,0	1	460,0	48,01	12
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-120kg

1. Salter Brad	1954	USA	112,45	0,0992	8	140,0	155,0	165,0	1	92,5	92,5	102,5	1	150,0	170,0	180,0	1	447,5	44,39	12
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Team (points)

1. U.S.America	24	[12+12]	88,70	IPF GL
2. Denmark	12	[12]	62,03	IPF GL
3. Finland	12	[12]	57,28	IPF GL
4. Mongolia	12	[12]	50,59	IPF GL
5. Iceland	12	[12]	48,01	IPF GL
6. South Africa	9	[9]	50,26	IPF GL

Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Terragni John	Denmark	72.20	492,5	62,0254	1
2.	Juntunen Antero	Finland	82.70	495,0	57,2824	1
3.	Shagdar Perenlei	Mongolia	65.35	375,0	50,5856	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

ARG = Argentina
 AUS = Australia
 CAN = Canada
 CZE = Czechia
 DEN = Denmark
 FIN = Finland
 GBR = Great Britain
 GER = Germany

ISL = Iceland
 JPN = Japan
 MGL = Mongolia
 NOR = Norway
 NZL = New Zealand
 PAK = Pakistan
 ROU = Romania
 RSA = South Africa

SRB = Serbia
 SRI = Sri Lanka
 SVK = Slovakia
 SWE = Sweden
 SYR = Syria
 USA = U.S.America