

**INTERNATIONAL POWERLIFTING FEDERATION**  
**World Masters Women's Equipped Championships 2023, Ulaanbaatar (Mongolia), 08-15.10.2023**

**DETAILED SCORESHEET**

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press				All Deadlift			Total	IPF GL	Pts		
<b>Masters 1</b>																					
<b>-47kg</b>																					
1.	Tskhay Natalya	1975	KAZ	44,90	0,2270	2 85,0	90,0	95,0	1	55,0	57,5	60,0	1	100,0	X	X	1	255,0	57,89	12	
<b>-52kg</b>																					
1.	Chuluun Ganchimeg	1974	MGL	51,55	0,2049	6 140,0	<del>150,0</del>	<del>150,0</del>	1	50,0	57,5	<del>60,0</del>	2	120,0	140,0	<del>147,5</del>	1	330,0	67,61	12	
2.	Kale Archana	1979	IND	51,15	0,2060	7 70,0	80,0	<del>90,0</del>	2	30,0	35,0	<del>37,5</del>	3	90,0	100,0	<del>107,5</del>	3	215,0	44,29	9	
—	Badam Altansuvd	1975	MGL	51,95	0,2038	5 <del>135,0</del>	<del>135,0</del>	<del>135,0</del>	—	95,0	<del>97,5</del>	X	1	135,0	140,0	<del>145,0</del>	2	DSQ	—	—	
<b>-57kg</b>																					
1.	Inamdar Dr Sharvari	1983	IND	54,25	0,1979	12 135,0	140,0	145,0	1	85,0	<del>90,0</del>	<del>90,0</del>	1	145,0	157,5	165,0	1	395,0	78,17	12	
2.	Melo Guzman Norma Elena	1977	PER	55,50	0,1950	11 120,0	132,5	<del>140,0</del>	2	65,0	67,5	72,5	2	130,0	142,5	152,5	2	357,5	69,70	9	
3.	Dashzevge Oyunjargal	1977	MGL	54,95	0,1962	13 70,0	<del>80,0</del>	X	3	45,0	55,0	<del>65,0</del>	3	80,0	90,0	X	3	215,0	42,19	8	
<b>-63kg</b>																					
1.	Zorig Munkhzaya	1983	MGL	60,90	0,1841	15 110,0	130,0	140,0	1	60,0	70,0	75,0	1	115,0	130,0	<del>140,0</del>	2	345,0	63,52	12	
2.	Makinen Nina	1983	FIN	62,05	0,1821	16 115,0	125,0	130,0	2	62,5	65,0	<del>67,5</del>	2	122,5	132,5	<del>140,0</del>	1	327,5	59,64	9	
<b>-69kg</b>																					
1.	Andersen Lena Kruuse	1981	DEN	67,80	0,1735	31 150,0	160,0	<del>165,0</del>	1	80,0	85,0	87,5	3	155,0	165,0	<del>167,5</del>	1	412,5	71,55	12	
2.	Suganthi B Amudha	1982	IND	64,95	0,1775	30 <del>135,0</del>	135,0	145,0	2	77,5	85,0	87,5	2	<del>142,5</del>	145,0	157,5	2	390,0	69,22	9	
3.	Salma Shaikh	1978	IND	67,85	0,1734	32 130,0	140,0	145,0	3	70,0	77,5	82,5	4	147,5	157,5	<del>165,0</del>	3	385,0	66,76	8	
4.	Ishii Maki	1977	JPN	64,55	0,1781	29 115,0	137,5	<del>150,0</del>	4	90,0	<del>95,0</del>	95,0	1	140,0	150,0	<del>155,0</del>	4	382,5	68,12	7	
<b>-76kg</b>																					
1.	Costa Zolyome Iolanda	1977	BRA	74,45	0,1656	38 155,0	165,0	<del>170,0</del>	1	125,0	130,0	<del>135,0</del>	1	160,0	170,0	177,5	1	472,5	78,26	12	
2.	Tumurbaatar Sarnai	1981	MGL	73,15	0,1670	36 130,0	140,0	155,0	2	85,0	92,5	<del>97,5</del>	3	110,0	<del>122,5</del>	<del>122,5</del>	3	357,5	59,71	9	
—	Stine Boysen	1983	DEN	72,80	0,1674	37 <del>132,5</del>	<del>132,5</del>	<del>132,5</del>	—	87,5	92,5	<del>97,5</del>	2	130,0	140,0	147,5	2	DSQ	—	—	
<b>-84kg</b>																					
1.	Sodnomdorj Munkhzul	1981	MGL	80,00	0,1604	19 175,0	<del>190,0</del>	192,5	1	85,0	95,0	<del>105,0</del>	2	160,0	170,0	182,5	2	470,0	75,40	12	
2.	Nyamsuren Bayarjargal	1981	MGL	80,60	0,1599	20 <del>180,0</del>	180,0	<del>192,5</del>	2	87,5	97,5	<del>107,5</del>	1	155,0	165,0	<del>180,0</del>	3	442,5	70,77	9	
3.	Tyagi Kiran	1980	IND	80,80	0,1598	18 <del>145,0</del>	145,0	165,0	3	75,0	<del>85,0</del>	<del>85,0</del>	3	160,0	180,0	185,0	1	425,0	67,90	8	
<b>84+kg</b>																					
1.	Sukhee Oyun	1983	MGL	103,30	0,1466	24 140,0	160,0	175,0	1	60,0	62,5	95,0	1	130,0	150,0	170,0	1	440,0	64,53	12	
2.	G Nataraj Latha	1978	IND	85,30	0,1563	23 100,0	<del>102,5</del>	<del>105,0</del>	2	40,0	<del>50,0</del>	<del>50,0</del>	2	110,0	120,0	125,0	2	265,0	41,43	9	

**Team (points)**

1.	Mongolia	57	[12+12+12+12+9]	341,83	IPF GL
2.	India	47	[12+9+9+9+8]	301,01	IPF GL
3.	Brazil	12	[12]	78,26	IPF GL
4.	Denmark	12	[12]	71,55	IPF GL
5.	Kazakhstan	12	[12]	57,89	IPF GL
6.	Peru	9	[9]	69,70	IPF GL
7.	Finland	9	[9]	59,64	IPF GL
8.	Japan	7	[7]	68,12	IPF GL

**Best Lifters of Masters 1 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Costa Zolyome Iolanda	Brazil	74.45	472,5	78,2644	1
2.	Inamdar Dr Sharvari	India	54.25	395,0	78,1725	1
3.	Sodnomdorj Munkhzul	Mongolia	80.00	470,0	75,4044	1

**Masters 2**

<b>-47kg</b>																					
1.	Yamamoto Yuki	1973	JPN	46,50	0,2209	1 70,0	80,0	<del>90,0</del>	1	50,0	60,0	62,5	1	90,0	100,0	105,0	1	245,0	54,12	12	
<b>-52kg</b>																					
1.	Buxbom Eva	1969	DEN	51,65	0,2046	4 <del>150,0</del>	150,0	<del>152,5</del>	1	50,0	67,5	<del>72,5</del>	1	145,0	<del>155,0</del>	155,0	1	372,5	76,22	12	
2.	Yanagisawa Yukiko	1967	JPN	51,35	0,2054	3 95,0	95,0	<del>110,0</del>	2	50,0	55,0	<del>57,5</del>	2	95,0	<del>110,0</del>	110,0	2	260,0	53,41	9	
<b>-57kg</b>																					
1.	Honka Nina	1972	FIN	55,95	0,1940	10 145,0	<del>150,0</del>	150,0	2	82,5	85,0	<del>87,5</del>	1	155,0	<del>160,0</del>	160,0	1	395,0	76,61	12	
2.	Brown Janel	1973	ISV	56,75	0,1922	9 165,0	<del>175,0</del>	<del>175,0</del>	1	70,0	<del>77,5</del>	<del>77,5</del>	2	140,0	152,5	160,0	2	395,0	75,92	9	

**-69kg**

1. Stavik Anita	1965	NOR	63,40	0,1799	28	155,0	160,0	165,0	1	67,5	67,5	70,0	3	145,0	152,5	157,5	1	385,0	69,26	12
2. Leccese Florence	1969	FRA	64,95	0,1775	27	127,5	135,0	145,0	2	85,0	87,5	90,0	1	110,0	115,0	117,5	2	340,0	60,35	9
3. Nagata Claudia	1968	USA	64,25	0,1786	26	105,0	115,0	122,5	3	75,0	80,0	85,0	2	100,0	110,0	115,0	3	310,0	55,35	8

**-76kg**

1. Stavheim Gro-Berit	1964	NOR	71,80	0,1685	35	145,0	150,0	155,0	1	67,5	70,0	72,5	1	140,0	147,5	152,5	1	370,0	62,35	12
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**84+kg**

1. Harris Michal	1970	USA	86,70	0,1554	22	85,0	100,0	110,0	1	47,5	65,0	72,5	1	130,0	142,5	150,0	1	315,0	48,94	12
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**Team (points)**

1. Norway	24	[12+12]	131,61	IPF GL
2. Japan	21	[12+9]	107,54	IPF GL
3. U.S.America	20	[12+8]	104,29	IPF GL
4. Finland	12	[12]	76,61	IPF GL
5. Denmark	12	[12]	76,22	IPF GL
6. US Virgin Islands	9	[9]	75,92	IPF GL
7. France	9	[9]	60,35	IPF GL

**Best Lifters of Masters 2 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Honka Nina	Finland	55.95	395,0	76,6146	1
2.	Buxbom Eva	Denmark	51.65	372,5	76,2169	1
3.	Brown Janel	US Virgin Islands	56.75	395,0	75,9241	2

**Masters 3****-63kg**

1. Tachibana Hayashi Kazumi	1963	JPN	62,75	0,1809	14	120,0	130,0	135,0	1	87,5	92,5	95,0-w3	1	120,0	130,0	140,0	1	370,0 -w3	66,95	12
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**-69kg**

1. Reeni Tharakan	1960	IND	67,00	0,1745	25	40,0	50,0	60,0	1	30,0	35,0	37,5	1	80,0	100,0	112,5	1	185,0	32,29	12
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**-76kg**

1. Morrell Dawn	1960	GBR	74,60	0,1655	33	90,0	95,0	105,0	1	60,0	65,0	67,5	1	115,0	120,0	125,0	1	297,5	49,23	12
2. Vasant Bharde Dr Purna	1958	IND	69,90	0,1708	34	40,0	45,0	50,0	2	25,0	30,0	35,0	2	50,0	60,0	65,0	2	150,0	25,62	9

**84+kg**

1. Blasbery Jacqueline	1963	GBR	97,60	0,1491	21	110,0	120,0	130,0	1	92,5	102,5	110,0	1	150,0	170,0	185,0	1	410,0	61,15	12
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**Team (points)**

1. Great Britain	24	[12+12]	110,38	IPF GL
2. India	21	[12+9]	57,91	IPF GL
3. Japan	12	[12]	66,95	IPF GL

**Best Lifters of Masters 3 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Tachibana Hayashi Kazumi	Japan	62.75	370,0	66,9489	1
2.	Blasbery Jacqueline	Great Britain	97.60	410,0	61,1507	1
3.	Morrell Dawn	Great Britain	74.60	297,5	49,2315	1

**Masters 4****-57kg**

1. Omori Seiko	1951	JPN	56,40	0,1930	8	120,0	120,0-w4	127,5-w4	1	60,0	65,0	65,0	1	105,0	112,5	120,0	1	307,5	59,34	12
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**-84kg**

1. Rousseau Linda	1953	CAN	77,75	0,1624	17	95,0	105,0	115,0	1	62,5	67,5	70,0	1	100,0	110,0	115,0	1	295,0	47,91	12
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**Team (points)**

1. Japan	12	[12]	59,34	IPF GL
2. Canada	12	[12]	47,91	IPF GL

**Best Lifters of Masters 4 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Omori Seiko	Japan	56.40	307,5	59,3383	1
2.	Rousseau Linda	Canada	77.75	295,0	47,9142	1

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**Abbreviations:**

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

BRA = Brazil  
CAN = Canada  
DEN = Denmark  
FIN = Finland  
FRA = France

GBR = Great Britain  
IND = India  
ISV = US Virgin Islands  
JPN = Japan  
KAZ = Kazakhstan

MGL = Mongolia  
NOR = Norway  
PER = Peru  
USA = U.S.America