

INTERNATIONAL POWERLIFTING FEDERATION
World Masters Women's Equipped Championships, St. John's (Canada), 08-15.10.2022

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
Masters 1																					
-47kg																					
1.	Barry Elisabeth	1973	RSA	46,72	0,2201	2	90,0	95,0	100,0	2	42,5	45,0	47,5	2	100,0	110,0	112,5	1	260,0	57,23	12
2.	Ronkainen Katja	1973	FIN	46,50	0,2209	1	85,0	92,5	100,0	1	45,0	47,5	50,0	1	90,0	100,0	107,5	2	257,5	56,88	9
-52kg																					
1.	Edwards Louise	1978	GBR	51,36	0,2054	3	120,0	X	122,5	1	60,0	65,0	67,5	1	130,0	140,0	150,0	1	337,5	69,33	12
-57kg																					
1.	Brown Janel	1973	ISV	56,38	0,1930	5	155,0	160,0	170,0	1	70,0	75,0	80,0	2	142,5	145,0	155,0	2	395,0	76,24	12
2.	Rose Joanne	1973	CAN	56,48	0,1928	6	125,0	125,0	132,5	2	77,5	82,5	82,5	3	140,0	147,5	157,5	1	367,5	70,85	9
3.	Shuttleworth Maura	1976	USA	56,36	0,1931	4	107,5	112,5	120,0	3	110,0	117,5	122,5	1	110,0	117,5	122,5	3	352,5	68,05	8
-63kg																					
1.	Compagnie Kathleen	1980	BEL	62,62	0,1812	9	157,5	157,5	162,5	1	105,0	110,0	110,0	1	150,0	157,5	162,5	2	425,0	76,99	12
2.	O'Brien Merinda	1980	AUS	62,08	0,1821	8	137,5	150,0	150,0	2	85,0	90,0	95,0	2	157,5	172,5	185,0	1	412,5	75,10	9
3.	Erin Denton-O'Neill	1973	CAN	60,58	0,1847	7	125,0	130,0	135,0	3	77,5	82,5	87,5	3	110,0	117,5	135,0	3	357,5	66,02	8
-69kg																					
1.	Tavares Cicera	1976	BRA	68,52	0,1725	17	215,0	225,0	235,0	1	115,0	122,5	127,5	1	205,0	220,0	225,0	1	587,5	101,35	12
2.	Rehagel Verena	1980	GER	68,20	0,1729	16	157,5	160,0	167,5	3	85,0	90,0	92,5	2	155,0	162,5	167,5	3	417,5	72,20	9
—	Szuch Shantelle	1979	CAN	65,22	0,1771	18	167,5	175,0	182,5	2	95,0	95,0	95,0	—	177,5	185,0	192,5	2	DSQ	—	—
-76kg																					
1.	Costa Zolyome Iolanda	1977	BRA	75,22	0,1649	20	200,0	225,0	225,0	1	125,0	135,0	135,0	1	185,0	195,0	200,0	1	535,0	88,20	12
2.	Hauss Manuela	1980	GER	73,38	0,1668	21	150,0	157,5	162,5	2	75,0	90,0	90,0	3	150,0	167,5	175,0	2	407,5	67,96	9
—	Gomez Amber	1978	ISV	75,02	0,1651	19	145,0	145,0	145,0	—	87,5	90,0	95,0	2	140,0	160,0	162,5	3	DSQ	—	—
-84kg																					
1.	Unsworth Heather	1976	CAN	82,50	0,1584	11	170,0	180,0	192,5	1	95,0	100,0	107,5	1	165,0	180,0	192,5	1	467,5	74,05	12
2.	Brown Glenda	1973	CAN	76,76	0,1633	10	130,0	135,0	140,0	2	85,0	90,0	92,5	2	145,0	152,5	162,5	2	385,0	62,89	9
84+kg																					
1.	Todd Kamilah	1980	ISV	113,06	0,1432	12	217,5	217,5	230,0	1	130,0	137,5	145,0	1	170,0	185,0	195,0	1	547,5	78,42	12
2.	Fowler Heidi	1980	CAN	90,78	0,1528	15	157,5	157,5	165,0	4	122,5	130,0	135,0	2	145,0	155,0	160,0	4	460,0	70,28	9
3.	Rehnberg Helena	1979	FIN	128,26	0,1395	13	150,0	160,0	167,5	3	105,0	110,0	112,5	3	150,0	165,0	185,0	2	442,5	61,73	8
4.	Taylor-Hood Vicky	1975	CAN	89,68	0,1534	14	165,0	175,0	182,5	2	65,0	70,0	75,0	4	160,0	175,0	175,0	3	417,5	64,06	7

Team (points)

1.	Canada	47	[12+9+9+9+8]	344,09	IPF GL
2.	Brazil	24	[12+12]	189,55	IPF GL
3.	US Virgin Islands	24	[12+12]	154,66	IPF GL
4.	Germany	18	[9+9]	140,16	IPF GL
5.	Finland	17	[9+8]	118,61	IPF GL
6.	Belgium	12	[12]	76,99	IPF GL
7.	Great Britain	12	[12]	69,33	IPF GL
8.	South Africa	12	[12]	57,23	IPF GL
9.	Australia	9	[9]	75,10	IPF GL
10.	U.S.America	8	[8]	68,05	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Tavares Cicera	Brazil	68.52	587,5	101,3526	1
2.	Costa Zolyome Iolanda	Brazil	75.22	535,0	88,1964	1
3.	Todd Kamilah	US Virgin Islands	113.06	547,5	78,4234	1

Masters 2

-52kg																					
1.	Buxbom Eva	1969	DEN	51,36	0,2054	2	145,0	156,0-w2	160,0-w2	1	75,0	77,5	80,0	1	155,0	166,0-w2	173,0	1	403,5 -w2	82,88	12
2.	Anthony Carol	1966	RSA	51,50	0,2050	3	107,5	117,5	122,5	2	47,5	52,5	55,0	3	115,0	120,0	125,0	2	297,5	60,99	9
3.	Yau-Vandenburg Angel	1972	CAN	51,10	0,2061	1	107,5	112,5	115,0	3	60,0	65,0	67,5	2	102,5	110,0	115,0	3	295,0	60,81	8

-57kg

1. Honka Nina	1972	FIN	56,36	0,1931	4	135,0	145,0	152,5	1	72,5	77,5	80,0	1	145,0	155,0	162,5	1	395,0	76,26	12
2. Connors Kim	1969	CAN	55,20	0,1957	5	95,0	97,5	102,5	2	52,5	52,5	52,5	2	105,0	115,0	120,0	2	270,0	52,83	9

-63kg

1. Stavik Anita	1965	NOR	61,94	0,1823	8	155,0	160,0	165,0	1	67,5	72,5	72,5	2	150,0	155,0	155,0	1	377,5	68,82	12
2. Gordon Maureen	1964	GBR	61,38	0,1833	7	117,5	125,0	125,0	2	92,5	97,5	100,0	1	132,5	137,5	142,5	2	367,5	67,35	9
3. Treharne Yvonne	1966	GBR	60,98	0,1840	6	107,5	115,0	122,5	3	55,0	60,0	65,0	3	97,5	105,0	110,0	3	280,0	51,51	8

-69kg

1. Leccese Florence	1969	FRA	63,60	0,1796	15	127,5	137,5	142,5	1	77,5	82,5	87,5	1	110,0	122,5	132,5	2	352,5	63,30	12
— Wilson Kim	1968	ISV	65,50	0,1767	16	125,0	137,5	142,5	2	77,5	77,5	77,5	—	155,0	165,0	175,0	1	DSQ	—	—

-76kg

1. Johansson Ulrika	1972	SWE	73,22	0,1669	19	155,0	165,0	175,0	1	65,0	95,0	105,0	1	147,5	155,0	160,0	1	430,0	71,78	12
2. Stavheim Gro-Berit	1964	NOR	72,80	0,1674	18	145,0	152,5	160,0	2	65,0	70,0	72,5	4	145,0	152,5	157,5	2	382,5	64,03	9
3. Thurner Andrea	1966	AUT	69,62	0,1711	22	130,0	140,0	145,0	4	72,5	77,5	80,0	2	140,0	150,0	155,0	3	380,0	65,03	8
4. Hampel Sybille	1967	GER	75,46	0,1646	20	142,5	142,5	147,5	3	70,0	77,5	82,5	3	130,0	142,5	155,0	4	367,5	60,50	7
5. Wall Melissa	1966	GBR	73,54	0,1666	21	100,0	107,5	110,0	5	70,0	75,0	75,0	5	130,0	135,0	137,5	5	315,0	52,48	6

-84kg

1. Frost Joanne	1971	GBR	77,42	0,1627	10	150,0	150,0	155,0	1	85,0	90,0	90,0	1	135,0	145,0	150,0	1	395,0	64,28	12
2. McCarthy Sharon	1965	CAN	83,70	0,1575	11	140,0	140,0	147,5	2	60,0	67,5	70,0	2	130,0	137,5	145,0	2	355,0	55,91	9

84+kg

1. Whiteley Joanne	1970	GBR	125,52	0,1401	13	165,0	175,0	180,0	1	152,5-c2	158,0	158,0	1	172,5	177,5	187,5	1	520,0 -c2	72,83	12
2. Cutler Alisa	1969	CAN	131,20	0,1389	12	125,0	125,0	130,0	3	100,0	105,0	110,0	2	172,5	177,5	195,0	2	412,5	57,31	9
3. Grasdal Gwendelyn	1966	CAN	125,64	0,1400	14	145,0	145,0	145,0	2	85,0	87,5	90,0	3	120,0	127,5	132,5	3	365,0	51,11	8

Team (points)

1. Great Britain	47	[12+12+9+8+6]	308,44	IPF GL
2. Canada	43	[9+9+9+8+8]	277,98	IPF GL
3. Norway	21	[12+9]	132,85	IPF GL
4. Denmark	12	[12]	82,88	IPF GL
5. Finland	12	[12]	76,26	IPF GL
6. Sweden	12	[12]	71,78	IPF GL
7. France	12	[12]	63,30	IPF GL
8. South Africa	9	[9]	60,99	IPF GL
9. Austria	8	[8]	65,03	IPF GL
10. Germany	7	[7]	60,50	IPF GL
— US Virgin Islands	—			

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Buxbom Eva	Denmark	51.36	403,5	82,8841	1
2.	Honka Nina	Finland	56.36	395,0	76,2575	1
3.	Whiteley Joanne	Great Britain	125.52	520,0	72,8322	1

Masters 3**-47kg**

1. Spencer Marnel	1962	CAN	45,88	0,2232	1	112,5	116,0-w3	118,0-w3	2	60,0	62,5	65,0	2	117,5	122,5	127,5	1	310,5	69,30	12
2. Takizawa Yoshie	1957	JPN	45,62	0,2242	2	102,5	102,5	120,0-w3	1	60,0	60,0	65,0	1	102,5	112,5	125,0	2	297,5	66,70	9

-63kg

1. Perez Socorro	1959	MEX	60,02	0,1857	5	92,5	102,5	102,5	1	85,0	90,0	95,0	1	115,0	125,0	130,0	1	317,5	58,96	12
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-69kg

1. Marts Donna	1960	USA	68,00	0,1732	9	135,0	145,0	145,0	1	90,0	95,0	95,0-w3	1	160,0-w3	172,5-w2	177,5	1	412,5 -w3	71,44	12
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-76kg

1. Brydges Mava	1957	CAN	75,32	0,1648	10	125,0	132,5	137,5	1	77,5	82,5	85,0	1	130,0	137,5	147,5	1	370,0	60,96	12
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Team (points)

1. Canada	24	[12+12]	130,26	IPF GL
2. U.S.America	12	[12]	71,44	IPF GL
3. Mexico	12	[12]	58,96	IPF GL
4. Japan	9	[9]	66,70	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Marts Donna	U.S.America	68.00	412,5	71,4438	1
2.	Spencer Marnel	Canada	45.88	310,5	69,3048	1
3.	Takizawa Yoshie	Japan	45.62	297,5	66,6968	2

Masters 4**-52kg**

1.	Elwyn Susan	1947	ISV	48,14	0,2152	3	85,0	85,0	100,5	1	37,5	42,5	45,0	1	110,0	122,5	130,5-w4	1	260,5	56,06	12
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-69kg

1.	Brady Carol	1950	CAN	66,14	0,1758	8	85,0	90,0	95,0	1	62,5	65,0	65,0	1	80,0	90,0	100,0	1	257,5	45,26	12
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-84kg

1.	Haywood Susan	1949	CAN	80,30	0,1602	6	77,5	77,5	82,5	1	35,0	52,5	57,5	1	80,0	87,5	95,0	1	235,0	37,64	12
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84+kg

1.	Koritarov Ruby	1948	CAN	101,58	0,1474	7	75,0	82,5	87,5	1	55,0	60,0	65,0	1	105,0	112,5	117,5	1	270,0	39,79	12
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Team (points)

1.	Canada	36	[12+12+12]	122,69	IPF GL
2.	US Virgin Islands	12	[12]	56,06	IPF GL

Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Elwyn Susan	US Virgin Islands	48.14	260,5	56,0632	1
2.	Brady Carol	Canada	66.14	257,5	45,2564	1
3.	Koritarov Ruby	Canada	101.58	270,0	39,7867	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUS = Australia
 AUT = Austria
 BEL = Belgium
 BRA = Brazil
 CAN = Canada
 DEN = Denmark

FIN = Finland
 FRA = France
 GBR = Great Britain
 GER = Germany
 ISV = US Virgin Islands
 JPN = Japan

MEX = Mexico
 NOR = Norway
 RSA = South Africa
 SWE = Sweden
 USA = U.S.America