

World Open Women's Equipped Records

Last update: 18 Apr 2020, 19:31 UTC

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-47kg	Chen Wei-Ling	Chinese Taipei	1982	46.75	210.0	15.11.2016	Orlando / U.S.America	
-52kg	Ochoa Vargas Vilma	Ecuador	1980	51.88	220.0	18.11.2019	Dubai / United Arab Emirates	
-57kg	Hartati Sri	Indonesia	1984	56.15	225.0	06.11.2018	Halmstad / Sweden	
-63kg	Soloviova Larysa	Ukraine	1978	62.50	241.5	20.11.2019	Dubai / United Arab Emirates	
-72kg	McCarthy Kelsey	U.S.America	1992	70.10	265.5	08.11.2018	Halmstad / Sweden	
-84kg	Hanson Natalie	U.S.America	1990	83.53	273.5	17.11.2017	Pilsen / Czechia	
84+kg	Brown Bonica	U.S.America	1988	132.51	318.5	23.11.2019	Dubai / United Arab Emirates	
BENCH PRESS								
-47kg	Widari Widari	Indonesia	1991	46.55	141.0	05.11.2018	Halmstad / Sweden	
-52kg	Sitdikova Aigul	Russia	1989	51.22	160.5	18.11.2019	Dubai / United Arab Emirates	
-57kg	Bueno Erica	Brazil	1980	56.38	155.5	19.11.2019	Dubai / United Arab Emirates	
-63kg	Soloviova Larysa	Ukraine	1978	62.50	181.5	20.11.2019	Dubai / United Arab Emirates	
-72kg	Stinn Rhaea	Canada	1988	70.95	186.0	08.11.2018	Halmstad / Sweden	
-84kg	Stinn Rhaea	Canada	1988	78.77	212.5	22.11.2019	Dubai / United Arab Emirates	
84+kg	Hugdall Hildeborg	Norway	1983	128.94	227.0	07.11.2014	Aurora / U.S.America	
DEADLIFT								
-47kg	Chen Wei-Ling	Chinese Taipei	1982	45.60	186.0	04.11.2014	Aurora / U.S.America	
-52kg	Najera Juanita	U.S.America	1981	51.46	195.0	08.08.2019	San Jose / Costa Rica	
-57kg	Hung Hsiu-Ching	Chinese Taipei	1995	56.50	210.5	19.11.2019	Dubai / United Arab Emirates	
-63kg	Soloviova Larysa	Ukraine	1978	62.67	245.0	09.11.2011	Pilsen / Czechia	
-72kg	Elverum Marte	Norway	1990	71.79	249.5	21.11.2019	Dubai / United Arab Emirates	
-84kg	Kensenhuis Iris	Netherlands	1983	83.59	251.0	22.11.2019	Dubai / United Arab Emirates	
84+kg	Gemaletdinova Olga	Russia	1986	120.95	270.5	08.11.2013	Stavanger / Norway	
TOTAL								
-47kg	Chen Wei-Ling	Chinese Taipei	1982	46.75	500.0	15.11.2016	Orlando / U.S.America	
-52kg	Salnikova Natalia	Russia	1986	51.36	530.0	04.11.2014	Aurora / U.S.America	
-57kg	Hartati Sri	Indonesia	1984	56.15	565.0	06.11.2018	Halmstad / Sweden	
-63kg	Soloviova Larysa	Ukraine	1978	62.50	645.5	20.11.2019	Dubai / United Arab Emirates	
-72kg	Castellain Ana	Brazil	1985	69.90	661.0	21.09.2019	Piriapolis / Uruguay	
-84kg	Stinn Rhaea	Canada	1988	78.77	685.0	22.11.2019	Dubai / United Arab Emirates	
84+kg	Brown Bonica	U.S.America	1988	132.51	791.0	23.11.2019	Dubai / United Arab Emirates	
BENCH PRESS (SINGLE LIFT)								
-47kg	Widari Widari	Indonesia	1991	46.55	141.0	05.11.2018	Halmstad / Sweden	
-52kg	Sitdikova Aigul	Russia	1989	51.22	160.5	18.11.2019	Dubai / United Arab Emirates	
-57kg	Kotkova Larisa	Russia	1974	56.40	165.5	27.04.2018	Potchefstroom / South Africa	
-63kg	Birzhevaia Anna	Russia	1992	62.32	185.0	24.05.2019	Tokyo / Japan	
-72kg	Stinn Rhaea	Canada	1988	71.76	191.0	24.05.2019	Tokyo / Japan	
-84kg	Stinn Rhaea	Canada	1988	78.77	212.5	22.11.2019	Dubai / United Arab Emirates	
84+kg	Lonn Sandra	Sweden	1974	109.72	235.0	22.05.2015	Sundsvall / Sweden	

Abbreviation: * – Pending Approval