

World Masters 4 Women's Equipped Records

Last update: 13 Feb 2020, 21:21 UTC

w.class name	nation	born	bwt	result	date	location	state
SQUAT							
-47kg Elwyn Susan	U.S.America	1947	46.85	92.5	08.08.2019	San Jose / Costa Rica	
-52kg Elwyn Susan	U.S.America	1947	47.30	100.0	02.10.2018	Ulaanbaatar / Mongolia	
-57kg Lin A Yan	Chinese Taipei	1945	54.55	115.0	22.07.2015	Hong Kong / China	
-63kg Fomina Tatyana	Russia	1946	60.35	115.5	02.10.2018	Ulaanbaatar / Mongolia	
-72kg Moore Gail	U.S.America	1947	70.26	135.0	03.10.2017	Sundsvall / Sweden	
-84kg World Standard				130.0	01.01.2012		
84+kg World Standard				140.0	01.01.2012		
BENCH PRESS							
-47kg World Standard				55.0	01.01.2012		
-52kg World Standard				60.0	01.01.2012		
-57kg Lin A Yan	Chinese Taipei	1945	54.55	65.5	22.07.2015	Hong Kong / China	
-63kg Hykova Adina	Czechia	1943	60.47	72.5	12.07.2016	Pilsen / Czechia	
-72kg Moore Gail	U.S.America	1947	70.26	87.5	03.10.2017	Sundsvall / Sweden	
-84kg World Standard				90.0	01.01.2012		
84+kg World Standard				95.0	01.01.2012		
DEADLIFT							
-47kg Elwyn Susan	U.S.America	1947	46.85	125.0	08.08.2019	San Jose / Costa Rica	
-52kg Elwyn Susan	U.S.America	1947	47.30	130.0	02.10.2018	Ulaanbaatar / Mongolia	
-57kg Lin A Yan	Chinese Taipei	1945	54.55	132.5	22.07.2015	Hong Kong / China	
-63kg Fomina Tatyana	Russia	1946	61.72	132.5	03.10.2016	Tallinn / Estonia	
-72kg Moore Gail	U.S.America	1947	71.40	142.5	02.10.2018	Ulaanbaatar / Mongolia	
-84kg World Standard				135.0	01.01.2012		
84+kg World Standard				145.0	01.01.2012		
TOTAL							
-47kg Elwyn Susan	U.S.America	1947	46.85	262.5	08.08.2019	San Jose / Costa Rica	
-52kg Elwyn Susan	U.S.America	1947	47.30	275.0	02.10.2018	Ulaanbaatar / Mongolia	
-57kg Lin A Yan	Chinese Taipei	1945	54.55	313.0	22.07.2015	Hong Kong / China	
-63kg Fomina Tatyana	Russia	1946	61.72	300.0	03.10.2016	Tallinn / Estonia	
-72kg Moore Gail	U.S.America	1947	70.26	362.5	03.10.2017	Sundsvall / Sweden	
-84kg World Standard				330.0	01.01.2012		
84+kg World Standard				355.0	01.01.2012		
BENCH PRESS (SINGLE LIFT)							
-47kg World Standard				55.0	01.01.2012		
-52kg Heligon Francoise	France	1943	51.26	64.5	11.10.2017	La Manga / Spain	
-57kg Heligon Francoise	France	1943	55.07	71.0	16.10.2019	Tampere / Finland	
-63kg Hykova Adina	Czechia	1943	62.40	78.0	15.10.2015	Tallinn / Estonia	
-72kg Moore Gail	U.S.America	1947	70.26	87.5	03.10.2017	Sundsvall / Sweden	
-84kg Sawa Chiyomi	Japan	1949	80.74	115.0	22.05.2019	Tokyo / Japan	
84+kg World Standard				95.0	01.01.2012		

Abbreviation: * – Pending Approval