



IPF POWERLIFTING

VOLUME VIII: ISSUE I

SEPTEMBER 2020

Official Publication of the International Powerlifting Federation

IPF PRESIDENTS MESSAGE—GASTON PARAGE

Dear Members, Dear Officials,

I trust this message finds everyone well, safe and in good health!

As you have been previously informed, the International Powerlifting Federation has cancelled all our World Championships as well as our annual General Assembly for 2020, due to the existing Pandemic. Once more, the decision was made to ensure the safety of the athletes, coaches, officials, referees, and spectators.

In lieu of not having the General Assembly, Luxembourg Law requires us to send the federation’s annual reports to you by email. Once the reports are complete and sent to you, we shall plan an Extraordinary General Assembly, as soon as we’re permitted to do so, next year, here in Luxembourg.

Please find attached a summary of the Technical Rule changes, approved by the Rules Group that shall go into effect January 1, 2021. The most important revision to the IPF Technical Rules, includes the addition of one Women’s Weight Class.

I have also attached a notice from Dr. Maia Blackman, Chairwoman of the Anti-doping Commission, as well as a summary of the IPF Anti-Doping Rules. The revised IPF Anti-doping Rules have been approved by both WADA and the IPF Executive Committee and shall go into effect on January 1, 2021.

We shall be posting, shortly, the revised IPF Technical Rules and Anti-Doping Rules on the IPF website.

Lastly, we’re currently revising the Constitution and By-Laws. The two documents will be presented to you, next year, well in advance of the Extraordinary General Assembly.

Thank you for your continued confidence in our work to achieve IOC recognition!

Gaston Parage—President, International Powerlifting Federation



Gaston Parage—The IPF President has successfully navigated us through a very difficult time, one of the toughest we’ve experienced in 48 years!



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**INTERNATIONAL POWERLIFTING
FEDERATION NEWSLETTER**

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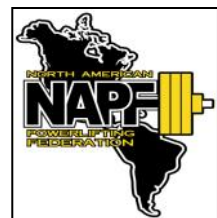
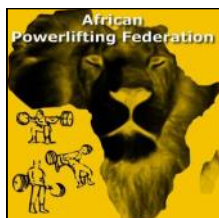
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**INTERNATIONAL POWERLIFTING
FEDERATION**
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International Powerlifting Federation

The **International Powerlifting Federation (IPF)** is the governing body of Powerlifting internationally. The **IPF** is comprised of member federations from 125 countries on six continents. The **IPF** is responsible for fostering international competition by sanctioning regional and world championship events. The **IPF** is a member of the Global Association of International Sports Federations (GAISF), the International University Sports Federation (FISU) and the Alliance of Independent Recognized Member of Sport (AIMS). The **IPF** has also established agreements with both the Federation of International Chiropractic for Sport (FISC) and Special Olympics International (SOI). The **IPF** is a WADA recognized and fully compliant Tier I organization. The **IPF** is also responsible for coordinating powerlifting's participation in the World Games. The World Games is an International multi-sports event hosted by the International World Games Association (IWGA), under the patronage of the International Olympic Committee (IOC). The event consists of official sports and demonstration sports selected from those not included in the Olympic Games. The Games are held every fourth year, following the year of the Summer Olympics.

IPF REGIONAL FEDERATIONS



NEW DATES!!

THE WORLD GAMES

2021 BIRMINGHAM, USA

7-17 JULY 2022

#RoadtoBHM

~~15-25 July 2021~~

The New dates for the World Games are 7-17 July 2022 — Birmingham, Alabama, USA