

INTERNATIONAL POWERLIFTING FEDERATION NEWSLETTER



IPF POWERLIFTING

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IPF PRESIDENTS MESSAGE—GASTON PARAGE

Dear Athletes and Officials,

I would like to begin my wishing everyone a very happy and prosperous new year!

In this newsletter, I am very proud to announce the initial selections have been made for the 2013 World Games in Cali, Columbia. I am sure everyone will appreciate the importance of this event, not only to the individual, but also to the IPF and its members. I am confident each athlete and official selected will feel honored and privileged to have been selected for these World Games. The eyes of the sporting world will be upon us, so it is extremely important we fully comply with the WADA Code of Practice. It is essential all our lifters are clean and beyond controversy. The IPF will be proactive in this area and will carry out "Out of Competition Tests" at various times prior to the World Games. In the unlikely event there is a positive report from OCT, that particular athlete will be withdrawn and not replaced by a reserve lifter from that country. Those who test positive at the Games, will be sanctioned and that country will have a one year suspension enforced. I have to tell you the IPF considers these Games as an important part of our application process for IOC recognition, therefore we will not look kindly on anyone who hinders this process. The World Games test event was successful and well organized and I am confident this will be a good competition. I understand special emphasis will be given to Powerlifting, with 2 hours of TV Broadcasting each competition day on the national broadcasting network. I wish all those athletes and officials good luck in their preparation for this prestigious event.

On a final note let me wish all our Lifters, Officials and IPF membership countries a Happy and Productive 2013.

My Best Regards, Gaston Parage, IPF President



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FINAL WORLD GAMES MEETING — CALI, COLOMBIA



Pictured above L to R—IWGA CEO Joachim Gossow; IWGA President Ron Froehlich and IPF Secretary General Emanuel Scheiber.

The IPF Secretary General and Technical Delegate for Powerlifting at the World Games 2013, Emanuel Scheiber, attended the final Sport Managers Meeting in Cali/Colombia from 25—28 November 2012.

At this meeting all important items regarding the powerlifting event at the World Games were finalized to include the following:

1. Accommodation
2. Transport
3. Schedule
4. Equipment
5. Media
6. Anti Doping

For the first time in the World Games history the powerlifting event will be hosted on 3 days (instead of 2 days in the past). This gives the IPF the opportunity to split a once very "crowded" Schedule and it now makes the whole competition run a bit more relaxed, as in the past there was always pressure for us to hurry to complete the different weight categories on time.

All the facilities and equipment meets the IPF requirements and the World Games Organizers Committee (CLOC) are very committed to the quality that powerlifting event and that it will be one of the most impressive of the 31 participating sports. The conclusion from Emanuel Scheiber is that Cali is ready for the World Games and the powerlifting event will provide to you a great Games 2013!

2013 WORLD GAMES — OFFICIAL SCHEDULE OF EVENTS & MEDIA

2013 World Games Official Schedule of Events

Arrival of Athletes, Coaches and Officials: 27 and 28 July 2013

- a) Arrival of Athletes, Coaches and Officials from North and South America shall be 28 July 2013.
- b) Arrival of Athletes, Coaches and Officials from all other countries, the arrival day shall be 27 July 2013. The 28th of July 2013 will serve as a rest day to overcome Jet Lag.

Training Day and Technical Meeting: 29 July 2013

- a) On this day , there is a possibility for training in the venue.
- b) At 16:00hrs, the Technical meeting will be held at the official hotel.
- c) Directly after the Technical meeting the Judges/Referees meeting will be held at the official hotel.

Competition Days: 30 July to 01 August 2013

- a) See Competition Schedule (page 4 of this document)
- b) Opening ceremony will be on 30th July at 10:30 in the venue
- c) At 20:00hrs, on August 01, the IPF will organize a banquet in the official hotel and will recognize the best male and female lifters for the World Games 2013.

Departure: August 02, 2013

- a) On this day all delegations will depart.
- b) If someone would like to stay longer, or arrive earlier, please take a look under “Tourist information”!

2013 World Games Television Broadcast and Live Internet Stream



The Powerlifting Events will be broadcast live for two hours each competition day by the Colombian National Broadcasting Company. Of course, the IPF will also provide live streaming for all weight classes at the games. The IPF will keep you informed about all detailed information and where you will be able to find the link to the live webcast. Please be sure that you share with family and friends. Stay tuned!

2013 WORLD GAMES — SCHEDULE OF EVENTS

Sport	Discipline	Category	Venue	Events	Day	Schedule			Cour
Power lifting	Various Weight classes		Mariano Ramos Combat Coliseum		29.07.13				training day
				OFFICIAL OPENING	30.07.13	10:30	-	11:00	Official Opening
		Women		Lightweight - Women	30.07.13	09:00	-	10:30	weigh in
		Women		Lightweight - Women		11:00	-	13:30	competition
		Women		Lightweight - Women		13:45	-	14:00	Medal Ceremony
		Men		Lightweight - Men		12:00	-	13:30	weigh in
		Men		Lightweight - Men		14:00	-	16:30	competition
		Men		Lightweight - Men		16:45	-	17:00	Medal Ceremony
		Women		Middleweight - Women		15:00	-	16:30	weigh in
		Women		Middleweight - Women		17:00	-	19:30	competition
		Women		Middleweight - Women		19:45			Medal Ceremony
		Men		Middleweight - Men	31.07.13	09:00	-	10:30	weigh in
		Men		Middleweight - Men		11:00	-	13:30	competition
		Men		Middleweight - Men		13:45	-	14:00	Medal Ceremony
		Women		Heavyweight - Women		12:00	-	13:30	weigh in
		Women		Heavyweight - Women		14:00	-	16:30	competition
		Women		Heavyweight - Women		16:45	-	17:00	Medal Ceremony
		Men		Heavyweight - Men		15:00	-	16:30	weigh in
		Men		Heavyweight - Men		17:00	-	19:30	competition
		Men		Heavyweight - Men		19:45			medal ceremony
		Women		Super Heavyweight - Women	01.08.13	10:00	-	11:30	weigh in
		Women		Super Heavyweight - Women		12:00	-	14:30	competition
		Women		Super Heavyweight - Women		14:45	-	15:00	Medal Ceremony
		Men		Super Heavyweight - Men		13:00	-	14:30	weigh in
		Men		Super Heavyweight - Men		15:00	-	17:30	competition
		Men		Super Heavyweight - Men		17:45	-		medal ceremony



2013 WORLD GAMES — TOURISM INFORMATION

Tourism Information

The World Games Organizing Committee (CLOC) has a cooperation with an agency, which will organize traveling to the World Games for tourists, fans, etc.

VIP Sportstravel – Exclusive World Games Travel Partner

As Exclusive Travel Partner, VIP Sportstravel will propose and provide travel services/ packages to the following attendants of this event :

- Friends & family of international and national sports federations
- Friends & family of athletes
- nt. sponsors and partners of the World Games
- Sponsors and partners of the federations
- Media, official broadcasters, journalists...etc.
- International fans, clubs...etc.

Travel & Event Services for The World Games 2013 Cali

VIP Sportstravel will create tailor-made travel packages according to our clients' requirements leaving no wishes unattended to:

- Accommodation Management
- Flight management (international flights, domestic flights, charter flights)
- Transportation Logistics (vans, coaches etc.)
- Tours & Activities (restaurants, excursions etc.)
- Side-Events (conferences, meetings, hospitality area etc.)
- Staff / Hostess Management

Booking Procedure

Requests of the attendants mentioned earlier should be submitted to VIP Sportstravel by email to the following address remy.briffot@vip-sportstravel.com Please mention the following details when submitting a request:

- Amount of participants and names (if known)
- Travel dates & flight requirements (e.g. Business/eco class & departure airport)
- Accommodation requirements (e.g. hotel category, apartment) & single or double occupancy
- Special requirements (restaurants, activities etc.)
- Competition sessions already purchased or ticket needs
- Every request will be treated individually and depending on its complexity, will take approx. 3-4 working days to create
- Once the package is defined and accepted by client a booking confirmation has to be signed upon which an invoice is issued

Contact:VIP Sportstravel AG

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2013 WORLD GAMES — ATHLETE SELECTIONS / LIGHTWEIGHT MEN



Sergey Fedosienko (Russia) leads the pack of lightweight lifters for Cali and is the holder of the highest Wilks Score of all-time. He will be tough to defeat in this division at the World Games this year!

Light Weight	First Name	Last Name	Country	Qual. Mode	Category
1	Sergey	Fedosienko	RUS	1. Place World's	59
2	Carlos	Garcia	VEN	2. Place World's	59
3	Dariusz	Wszola	POL	3. Place World's	59
4	Sergey	Gladkikh	RUS	1. Place World's	66
5	Hassan	El Belghitti	FRANCE	2. Place World's	66
6	Konstantin	Danilov	RUS	3. Place World's	66
7	Lenin	La Rosa	VEN	Wilks WC-PUR	66
8	Franklin	Leon	ECU	Wilks WC-PUR	59
9	Tsung-Ting	Hsieh	TPE	Wilks WC-PUR	66
10	Pawel	Osmialowski	POL	Wilks WC-PUR	59
R1	Etienne	Lited	FRANCE	Wilks WC-PUR	59
R2	Yoshihiro	Sato	JAP	Wilks WC-PUR	66
R3	Patrik	Constantine	GBR	Wilks WC-PUR	59
R4	Ming-Hui	Lin	TPE	Wilks WC-PUR	66
R5	Jean-Sebastian	Rheume	CAN	Wilks WC-PUR	66

2013 WORLD GAMES — ATHLETE SELECTIONS / MIDDLEWEIGHT MEN



Recent IPF Hall of Fame inductee, Jaroslaw Olech (Poland) will be looking to repeat his Gold Medal performance from the 2009 World Games.

Middleweight	First Name	Last Name	Country	Qual. Mode	Category
1	Jaroslaw	Olech	POL	2. Place World's	74
2	Maliek	Derstine	USA	3. Place World's	74
3	Eugeniy	Vasyukov	RUS	1. Place World's	83
4	Andriy	Naniev	UKR	2. Place World's	83
5	Volodymyr	Rysiyev	UKR	3. Place World's	83
6	Lung-Hsin	Huang	TPE	Wildcard Asia	74
7	Kjell	Bakkelund	NOR	Wildcard EPF	83
8	Jose	Castillo	ECU	Wilks WC-PUR	83
9	Alexey	Sorokin	RUS	Wilks WC-PUR	83
10	Robert	Palmer	GBR	Wilks WC-PUR	83
R1	Randolph	Morgan	GUY	Wilks WC-PUR	83
R2	Knute	Douglas	USA	Wilks WC-PUR	83
R3	Eriek	Nickson	USA	Wilks WC-PUR	74
R4	Kim-Raino	Roelvaag	NOR	Wilks WC-PUR	74
R5	Masahiro	Mori	JAP	Wilks WC-PUR	83

2013 WORLD GAMES—ATHLETE SELECTIONS / HEAVYWEIGHT MEN



Rematch! Anibal Coimbra (Luxembourg) vs. Konstantin Lebedko (Russia) at the 2013 World Games in Cali! Anibal and Konstantin will go head to head, once more, to determine, most likely, the Gold Medal. Anibal has won the two previous meetings by the slimmest of margins. This will be a great competition. Don't miss it!

Heavyweight	First Name	Last Name	Country	Qual. Mode	Category
1	Mikhaylo	Bulanyy	UKR	1. Place World's	93
2	Sergii	Bilyi	UKR	2. Place World's	93
3	Anibal	Coimbra	LUX	1. Place World's	105
4	Konstantin	Lebedko	RUS	2. Place World's	105
5	Vadym	Dovganyuk	UKR	3. Place World's	105
6	Johann	Smith	RSA	Wildcard Africa	105
7	Richard	Hozjan	AUS	Wildcard Oceania	105
8	Patrik	Turesson	SWE	Wilks WC-PUR	93
9	Jan	Weigeira	POL	Wilks WC-PUR	93
10	Jose	Mencias	VEN	Wilks WC-PUR	105
R1	Jan	Bast	GER	Wilks WC-PUR	93
R2	Stian	Walgermo	NOR	Wilks WC-PUR	105
R3	David	Ricks	USA	Wilks WC-PUR	93
R4	David	Coimbra	BRA	Wilks WC-PUR	93
R5	Tomas	Sarik	CZE	Wilks WC-PUR	105

2013 WORLD GAMES—ATHLETE SELECTIONS /SUPERHEAVYWEIGHT MEN



Former IPF World Record holder in the squat in the 120.00+ weight class, Carl Yngvar Christensen (Norway) will make his debut at the World Games in Cali.

Super Heavyweight	First Name	Last Name	Country	Qual. Mode	Category
1	Maxim	Barkhatov	RUS	1. Place World's	120
2	Ivaylo	Hristov	BUL	2. Place World's	120
3	Valeriy	Karpov	UKR	3. Place World's	120
4	Viktor	Testsov	UKR	1. Place World's	120+
5	Andrey	Konovalov	RUS	2. Place World's	120+
6	Carl Yngvar	Christensen	NOR	3. Place World's	120+
7	Mohammed	Bouafia	ALG	Wildcard Afrika	120
8	Nick	Weite	USA	Wildcard NAPF	120
9	Libardo Hernan	Vargas Velez	COL	Wildcard Host C.	120
10	Volodymyr	Svistunov	UKR	Wilks WC-PUR	120+
R1	Kenneth	Sandvik	FIN	Wilks WC-PUR	120+
R2	Milan	Spingl	CZE	Wilks WC-PUR	120+
R3	Tor Herman	Omland	NOR	Wilks WC-PUR	120
R4	Audunn	Jonsson	ICE	Wilks WC-PUR	120+
R5	Jorgen	Hansen	NOR	Wilks WC-PUR	120

2013 WORLD GAMES—ATHLETE SELECTIONS / LIGHTWEIGHT WOMEN



Wei-Ling Chen (Taiwan) multi-time IPF World Champion and World Record holder was the 2009 World Games Gold Medalist in the Lightweight Category. She is also the proud recipient of the Bronze Medal in Weightlifting at the 2008 Olympic Games , Beijing, China. Arguably, one of the best lifters ever!

Light Weight	First Name	Last Name	Country	Qual. Mode	Category
1	Wei-Ling	Chen	TPE	1. Place World's	47
2	Yukako	Fukushima	JAP	2. Place World's	47
3	Raija	Jurkko	FIN	3. Place World's	47
4	Natalia	Salnikova	RUS	1. Place World's	52
5	Vilma	Ochoa Vargas	ECU	2. Place World's	52
6	Anastasiya	Derevyanko	UKR	3. Place World's	52
7	Benedicte	Le Panse	FRANCE	Wildcard EPF	47
8	Sandra Milena	Parra Prada	COL	Wildcard Host C.	52
9	Mailebis	Oquendo	VEN	Wilks WC-PUR	52
10	Maria Luisa	Vasques	PUR	Wilks WC-PUR	47
R1	Yi-Ju	Chou	TPE	Wilks WC-PUR	52
R2	Irani	Barbosa	BRA	Wilks WC-PUR	52
R3	Suzanne	Hartwig-Gary	USA	Wilks WC-PUR	52
R4	Sanna	Apuli	FIN	Wilks WC-PUR	52
R5	Miia	Liimatainen	SWE	Wilks WC-PUR	52

2013 WORLD GAMES—ATHLETE SELECTIONS / MIDDLEWEIGHT WOMEN



Larysa Soloviova (Ukraine) has recorded the highest ever Wilks in powerlifting!

Middleweight	First Name	Last Name	Country	Qual. Mode	Category
1	Hartani	Sri	INA	1. Place World's	57
2	Hui-Chun	Wu	TPE	2. Place World's	57
3	Mervi	Rantamaki	FIN	3. Place World's	57
4	Larysa	Soloviova	UKR	1. Place World's	63
5	Noviana	Sari	INA	2. Place World's	63
6	Irina	Poletaeva	RUS	3. Place World's	63
7	Mayumi	Kitamura	JAP	Wildcard Asia	63
8	Alyssa	Hitchcock	USA	Wildcard NAPF	63
9	Annymaryuth	Amaya	VEN	Wildcard FESUPO	63
10	Tetyana	Akhmamyetyeva	UKR	Wilks WC-PUR	63
R1	Tetyana	Prymenchuk	UKR	Wilks WC-PUR	57
R2	Adriana	Cuta	VEN	Wilks WC-PUR	57
R3	Cicera	Tavares	BRA	Wilks WC-PUR	63
R4	Sara	Gutierrez	PER	Wilks WC-PUR	57
R5	Chien-Yu	Chou	TPE	Wilks WC-PUR	57

2013 WORLD GAMES—ATHLETE SELECTIONS / HEAVYWEIGHT WOMEN



Multi-time World Champion and Record holder, Priscilla Ribic (USA) will make her third appearance at the World Games in Cali. She will, of course, be ready for another World Record Deadlift!

Heavyweight	First Name	Last Name	Country	Qal. Mode	Category
1	Yulia	Medvedeva	RUS	1. Place World's	72
2	Ana	Castillo	BRA	2. Place World's	72
3	Priscilla	Ribic	USA	3. Place World's	72
4	Antonietta	Orsini	ITA	Wildcard EPF	72
5	Mahriban	Zhumaniyazova	TKM	Wildcard Asia	72
6	Rhaea	Fowler Stinn	CAN	Wildcard NAPF	72
7	Yosleiny	Vernandez	VEN	Wildcard FESUPO	72
8	Galina	Potselueva	RUS	Wilks WC-PUR	72
9	Yelyzaveta	Byruk	UKR	Wilks WC-PUR	72
10	Inger	Blikra	NOR	Wilks WC-PUR	72
R1	Annette	Pedersen	DEN	Wilks WC-PUR	72
R2	Ankie	Timmers	NED	Wilks WC-PUR	72
R3	Nicolle	Steger	GER	Wilks WC-PUR	72
R4	Veronica	Opdal	NOR	Wilks WC-PUR	72
R5	Ladys	Burgos	PUR	Wilks WC-PUR	72

2013 WORLD GAMES—ATHLETE SELECTIONS / SUPER HEAVYWEIGHT WOMEN



Olena Kozlova (Ukraine) will make her second appearance at the World Games. Olena was the Women's World Champion this year at 84.00kgs in Puerto Rico.

Super Heavyweight	Name	Last Name	Country	Qal. Mode	Category
1	Olena	Kozlova	UKR	1. Place World's	84
2	Ielja	Strik	NED	2. Place World's	84
3	Liane	Blyn	USA	3. Place World's	84
4	Ya-Wen	Chang	TPE	1. Place World's	84+
5	Inna	Orobets	UKR	2. Place World's	84+
6	Brenda	Van der Muelen	NED	3. Place World's	84+
7	Sonia	Manaena	NZL	Wildcard Oceania	84+
8	Svetlana	Tsvetkova	RUS	Wilks WC-PUR	84
9	Hille Heidi	Arnesen	NOR	Wilks WC-PUR	84
10	Karol	Jimenez	VEN	Wilks WC-PUR	84
R1	Agnes	Szabo	HUN	Wilks WC-PUR	84+
R2	Elisabeth	West	USA	Wilks WC-PUR	84+
R3	Giselle	Costas Delgado	PUR	Wilks WC-PUR	84+
R4	Judith	Reitmann	URU	Wilks WC-PUR	84
R5	Charlotte	Shotton-Gale	GBR	Wilks WC-PUR	84



INTERNATIONAL POWERLIFTING FEDERATION NEWSLETTER

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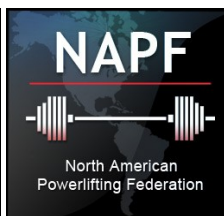
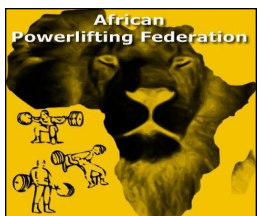
International Powerlifting Federation

The **International Powerlifting Federation (IPF)** is the governing body of Powerlifting internationally. The **IPF** is comprised of member federations from 90 countries on six continents.

The **IPF** is responsible for fostering international competition by sanctioning regional and world championship events. Each year, top competitors from around the world compete in six **IPF** World Championships - the World Men's and Women's Powerlifting Championships, World Junior and Sub-Junior Powerlifting Championships, World Master's Powerlifting Championships, the World Bench Press Championships, and World Master's Bench Press Championships.

The **IPF** is also responsible for coordinating power lifting's participation in the World Games. The World Games is an international multi-sports event hosted by the International World Games Association (IWGA), under the patronage of the International Olympic Committee (IOC). The event consists of official sports and demonstration sports selected from those not included in the Olympic Games. The Games are held every fourth year, following the year of the Summer Olympics.

IPF REGIONAL FEDERATIONS



The Alison McWeeny Courage and Inspiration Award

In hopes of honoring the athletes in our daily lives and those who should be recognized as inspirations to others, this year, presented to Jennifer "J-Rey" Gaudreau, for her tremendous courage during the fight of her life with Cervical Cancer and through her recovery.

Jennifer has Inspired several lives since receiving the news about her cervical cancer. She stopped lifting long enough to get treated, but never stopped contributing to the USAPL and her own Rocky Mountain Lifting Club. Jennifer was back competing on the National and World levels 3 weeks after finishing chemo & radiation treatments! Jennifer continues to amaze us all with her courage, hard work and dedication to continue powerlifting and her normal life style. You are truly an inspiration to us all!

Pictured in this photo above are Jennifer and her husband multi-time World Champion and Record Holder, Dan Gaudreau. Together, they will be directing the 2014 IPF Open World Powerlifting Championships in Aurora (Denver), Colorado.