

Approved list of Personal apparel and equipment for use at IPF sanctioned competitions

Valid from: 1st January 2019 until 31st December 2022

Updated: 16.11.2018

Approved Personal supportive equipment:

Only costumes, support shirts, wraps, belts, knee sleeves and singlets from commercial manufacturers officially registered and approved by the IPF Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to Worlds.

All equipment marked with an Asterix (*) is provisionally approved. This equipment is under production and not on the market yet. After a final inspection/approval by the IPF, the Asterix will be removed and the manufacturer is allowed to bring it officially on the market.

SBD

SBD Singlets Equipped & Classic	SBD Wrist Wraps Equipped & Classic	SBD Knee Wraps Equipped
SBD lifting Singlet 2019 Equipped & Classic	SBD Flexible Wrist Wraps 2019 Equipped & Classic	SBD Knee Sleeves Equipped & Classic
SBD Powerlifting Singlet Men's 2019 Equipped & Classic	SBD Stiff Wrist Wraps 2019 Equipped & Classic	SBD Dynamic Knee Sleeves 2019 Equipped & Classic
SBD Powerlifting Singlet Women's 2019 Equipped & Classic	SBD Knee Wraps Competition 2019 Equipped	SBD Knee Sleeves 2019 Equipped & Classic
SBD Belts Equipped & Classic	SBD Knee Wraps Training 2019 Equipped	

ELEIKO

ELEIKO Singlet Equipped & Classic	ELEIKO Knee Sleeves 5mm Equipped & Classic	ELEIKO Wrist Wraps Equipped & Classic
ELEIKO Knee Wraps Equipped	ELEIKO Knee Sleeves 7mm Equipped & Classic	

Rogue

Ohio 3" Lifting Belt Equipped & Classic	Rogue 13mm Lever Belt Equipped & Classic	Rogue 13mm Power lifting Belt Equipped & Classic
Rogue 7MM Knee Sleeves Equipped & Classic		

A7

A7 CONE Knee Sleeves – Black Equipped & Classic	A7 55 Medium Wrist Wraps – 55mm Equipped & Classic	A7 Lever Belt – 10mm Equipped & Classic
A7 CONE Knee Sleeves – Americana Equipped & Classic	A7 77 Medium Wrist Wraps – 77mm Equipped & Classic	A7 Lever Belt – 13mm Equipped & Classic
A7 Singlet – Black Equipped & Classic	A7 99 Medium Wrist Wraps – 99mm Equipped & Classic	A7 Pioneer Cut Prong Belt – 10mm Equipped & Classic
A7 55 Flex Wrist Wraps – 55cm Equipped & Classic	A7 55 Stiff Wrist Wraps – 55mm Equipped & Classic	A7 Pioneer Cut Prong Belt – 13mm Equipped & Classic
A7 77 Flex Wrist Wraps – 77mm Equipped & Classic	A7 77 Stiff Wrist Wraps – 77mm Equipped & Classic	
A7 99 Flex Wrist Wraps – 99cm Equipped & Classic	A7 99 Stiff Wrist Wraps – 99mm Equipped & Classic	

Unbroken Designs

Rhino Power Belt 10mm – Single Prong leather Belt Equipped & Classic	Block Party Knee Sleeves Equipped & Classic	Tropical Explosion Knee Sleeves Equipped & Classic
Stars & Stripes Singlet Equipped & Classic	Lioness Squared Knee Sleeves Equipped & Classic	Ahoy Knee Sleeves Equipped & Classic
Leopard and Lace Singlet Equipped & Classic	Purple Ombre Knee Sleeves Equipped & Classic	Paradise City Knee Sleeves Equipped & Classic
Dia de los Muertos Knee Sleeves Equipped & Classic	Sea Lilies Knee Sleeves Equipped & Classic	2018 Apalooza Tie Dye Knee Sleeves Equipped & Classic
Stars and Stripes Knee Sleeves Equipped & Classic	Paradise Pink Knee Sleeves Equipped & Classic	2018 Apalooza Flag Knee Sleeves Equipped & Classic
Night Swim Knee Sleeves Equipped & Classic	White Snake Knee Sleeves Equipped & Classic	Lioness Knee Sleeves Equipped & Classic
Swirls for Girls Knee Sleeves Equipped & Classic	Silver Tron Knee Sleeves Equipped & Classic	

Lift.Net (Stoic)

Stoic Wrist Wraps Equipped & Classic	Stoic Knee Sleeves Equipped & Classic	Stoic Lever Belt Equipped & Classic
Stoic Singlet Equipped & Classic	Stoic Single Prong Belt Equipped & Classic	

Rehband

2 Panel Design – Rehband Blue Line Knee Sleeves 7mm #7084 Equipped & Classic	V-Shape Design – Rehband Original Knee Sleeves 7mm #7051 Equipped & Classic	4-Panel Design – Rehband Knee Sleeves RX 7mm – All Sleeves starting #1054 – same design, different colours Equipped & Classic
*2-Panel Design with reinforced seams – Rehband RX Knee Sleeves MAX 7mm – All Sleeves starting #1055 – same design, different colours Equipped & Classic		

Titan Support Systems

Titan Singlets – various colour combinations allowed Equipped & Classic	Signature Gold Wrist Wraps Equipped & Classic	Titan Spartan Suit Equipped
Titan Knee Sleeves Equipped & Classic	Wrist Wraps T.H.P. (with lettering or yellow stripes) Equipped & Classic	Titan Super Suit Equipped
Titan Knee Sleeves Yellow Jacket Equipped & Classic	Knee Wraps T.H.P. (with lettering or yellow stripes) Equipped	Titan Fury Bench Shirt Equipped
Titan Velocity Deadlift Suit Equipped	Knee Wraps RPM (black with green, pink or orange stripes) Equipped	Titan Fury NXG+ SHP Bench Shirt Equipped
Titan Lever Belts Equipped & Classic	Titanium Knee Wraps Equipped	Titan F6 Tornado Bench Shirt Equipped
Titan Quick Release Belts Equipped & Classic	Red Devil Knee Wraps Equipped	Titan Katana + Super Katana Bench Shirt Equipped
Titan Belts with Single or Double Prong Equipped & Classic	Signature Gold Knee Wraps Equipped	Titan Super Katana low cut Bench Shirt Equipped
Wrist Wraps MAX RPM (black with green, pink or orange stripes) Equipped & Classic	Titan Squat Suit Equipped	Titan Super Katana low cut Collar Shirt Equipped
Titanium Wrist Wraps Equipped & Classic	Titan Centurion Suit Equipped	Vortex Shirt Equipped
Red Devil Wrist Wraps Equipped & Classic	Titan Super Centurion Suit Equipped	

Inzer

INZER Singlets – various colour combinations allowed Equipped & Classic	Z-Suit Equipped	Iron Knee Wraps Z Equipped
* <i>IAD Singlet</i> Equipped & Classic	Erector Shirt Equipped	W30 Knee Wraps (Red Line) Equipped
INZER Knee Sleeves Equipped & Classic	Heavy Duty Erector Shirt Equipped	W40 Knee Wraps (True Black) Equipped
* <i>IAD Knee Sleeves</i> Equipped & Classic	Heavy Duty Blast Shirt Equipped	W50 Knee Wraps (Gripper) Equipped
INZER Belt with prongs Equipped & Classic	High Performance Heavy Duty Blast Shirt (HPHD) Equipped	W60 Knee Wraps Equipped
INZER Lever Belts Equipped & Classic	Extra High Performance Heavy Duty Blast Shirt (EHPHD) Equipped	W70 Knee Wraps (Black Beauty) Equipped
PR Belt (Power Raget) Equipped & Classic	Blast Shirt Equipped	W80 Knee Wraps (4x4) Equipped
* <i>IAD Belt</i> Equipped & Classic	The Wrath Bench Shirt Equipped	W30 Wrist Wraps (Red Line) Equipped & Classic
Champion Suit Equipped	The Rage Bench Shirt Equipped	W40 Wrist Wraps (True Black) Equipped & Classic



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Hard Core Suit Equipped	The Rage-X Bench Shirt Equipped	W50 Wrist Wraps (Gripper) Equipped & Classic
TRX Squat Suit Equipped	XB Bench Shirt Equipped	W60 Wrist Wraps Equipped & Classic
Megathrust Squat Suit Equipped	Phenom Bench Shirt Equipped	W70 Wrist Wraps (Black Beauty) Equipped & Classic
MAX DL Deadlift Suit Equipped	Bolt Bench Shirt Equipped	W80 Wrist Wraps (4x4) Equipped & Classic
Fusion Deadlift Suit Equipped	CB Bench Shirt Equipped	
XDL Deadlift Suit Equipped	Iron Wrist Wraps Z Equipped & Classic	

Iron Tanks

Iron Tanks Singlet Equipped & Classic	Iron Tanks Lever Belt Equipped & Classic
Iron Tanks Knee Sleeves Equipped & Classic	Iron Tanks Single Prong Belt 10mm; 13mm Equipped & Classic
Iron Tanks Super Heavy Wrist Wraps (18", 24", 36") Equipped & Classic	

Lifting Large

Singlets "Basics" Equipped & Classic	Lever Belts "Economy" Equipped & Classic
Singlets "Economy" Equipped & Classic	Lever Belts "Competition" Equipped & Classic
Lever Belts Equipped & Classic	Single Prong Belts "Economy" Equipped & Classic
Double Prong Belts Equipped & Classic	Single Prong Belts "Competition" Equipped & Classic

Metal

Metal Singlets (various colour combinations allowed) Equipped & Classic	Metal Knee Sleeves (various colour combinations allowed) Equipped & Classic
Metal Belts (various colour combinations allowed) Equipped & Classic	Metal Wrist Wraps (various colour combinations allowed) Equipped & Classic

ONI Ltd. (Bukiya)

Oni Singlet Equipped & Classic	GLFIT Wrist Wraps Equipped & Classic
Oni Knee Sleeves Equipped & Classic	Oni Bench Press Shirt Equipped
Oni Knee Sleeves XX Equipped & Classic	Oni Lever Belt Action Equipped & Classic
Oni Wrist Wraps Equipped & Classic	Oni Quick Release Belt Equipped & Classic
Oni Wrist Wraps XX Equipped & Classic	Oni Single Prong Belt Equipped & Classic



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Strength Shop

Strength Shop Singlets Equipped & Classic	Strength Shop Lever Belts 2", 2.5", 3", 4" Equipped & Classic
Strength Shop Inferno Knee Sleeves Equipped & Classic	Strength Shop Single/Double Prong Buckle Belts Equipped & Classic
Strength Shop Zeus Medium Wrist Wraps Equipped & Classic	Strength Shop Single/Double Prong Buckle Belts with Front logo Equipped & Classic
Strength Shop Thor Heavy Wrist Wraps Equipped & Classic	Strength Shop Single/Double Prong Buckle Belts with Grip Equipped & Classic

Super Training Products/Sling Shot

Black Singlet Equipped & Classic	Multipurpose Wrist Wraps Equipped & Classic	Sling Shot Knee Wraps 2m Equipped
Signature Singlet Equipped & Classic	Gansta Wrist Wraps Equipped & Classic	World Record Knee Wraps 2m Equipped
Performance Singlet Equipped & Classic	Strong Wrist Wraps Equipped & Classic	Strong Knee Wraps Equipped
Classic Singlet Equipped & Classic	Stretchy Wrist Wraps Equipped & Classic	Gansta Knee Wraps Equipped
Sling Shot Knee Sleeves 2.0 Equipped & Classic	Power Wrist Wraps Equipped & Classic	Strong Belt Equipped & Classic
Strong Knee Sleeves Equipped & Classic	Gansta Flex Wrist Wraps Equipped & Classic	Lever Belt Equipped & Classic
Sport Knee Sleeves Equipped & Classic		

Wahlanders

Belts with Prongs Equipped & Classic

Beast Genetics

Singlets Equipped & Classic	Belts with Single or Double Prong Equipped & Classic	Lever Belts Equipped & Classic
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Only bars and plates, squat racks, bench racks and benches from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in World, Regional and Continental Championships. The setting of World Records must be made with Bars and Discs featured on this list.

Approved bars, plates and racks:

ELEIKO	Bench/Squat Racks, PL Bars and discs
ER EQUIPMENT	Bench/Squat Racks
IVANKO	PL Bars and Discs
LEOKO	PL Bars and Discs
PALLINI	Bench/Squat Racks, PL Bars and Discs
ROGUE	Bench/Squat Racks, PL Bar and Discs
UESAKA	PL Bars and Discs
TITEX	PL Bars and Discs
ZAOBA BULL	PL Bench/Squat Racks, PL Bar and Discs

Approved logos:

- MAXREP
- German Powerlifting Distr.
- Kappi
- Progressive Rehab
- RTS
- Athletic Alliance Sport
- Barbell Medicine
- Quest Nutrition
- LVD Fitness
- LFT Performance Nutrition and Apparel, Inc.
- CardiraMD
- TOR Equipment
- APLYFT
- Dedicated Sports

(The amount of the logo fee Euro 500,- per year)

The user of this powerlifting equipment for himself and his heirs, release the IPF, its representatives, agents, and affiliates from any and all liability arising from the use of this equipment. Further, the user agrees to use this equipment as recommended. Failure to do so voids all responsibility and liability of the IPF, its agents, and affiliates, and the manufacturer of this equipment. Use of this equipment constitutes an agreement to these conditions.

Courtesy of: [Johan Smith](#), Chairman of IPF Technical Committee and [Dietmar Wolf](#), IPF Treasurer