EXECUTIVE SUMMARY

INTERNATIONAL POWERLIFTING FEDERATION

2026 Extraordinary General Assembly | 8 November 2026

Integrity and Good Governance Unit (IGGU) — Consolidated Reform Packet

This document brings together the proposal of the IPF Executive Committee and the proposed IPF Integrity and Good Governance Unit (IGGU) governing instruments for consideration by Member Nations ahead of the 8 November 2026 IPF Extraordinary General Assembly. It is intended for advance review of the full interdependent reform and preparation for a proposed IPF Extraordinary General Assembly block vote, subject to the governing IPF voting procedures.

The package contains the 1 October 2026 draft Constitution and By-Laws with their original redline / sideline markings, followed by the complete supporting Code, Rules, Policy and Regulations. The explanatory proposal and the Terms of Reference appear together in Section 1. Nothing in this cover or index replaces, accepts or rejects any amendment shown in the attached source documents.

Circulation status and action requested

Submitted by: IPF Executive Committee

Meeting: IPF Extraordinary General Assembly — 8 November 2026

Action to be taken: Consider approval of the coordinated IGGU reform as a package, subject to constitutional requirements.

Document status: v1 IPF EC approved, pending General Assembly review and approval

Amendment categories and interpretive notes

Addition: Introduction of the new IGGU system, including its independent adjudicatory bodies and instruments.

Partial amendment / replacement: Changes in the redlined Constitution and By-Laws redirect jurisdiction or replace references to existing Ethics and Court of Justice structures.

Consequential amendment: Terminology, cross-references and numbering changes necessary to make the new instruments function together.

The source redlines are included for reference and must be read directly. A descriptive section heading or this cover note does not amend the legal text. Text deleted in the redline is not automatically approved merely because the draft appears in this packet.

Voting requirements

The Executive Committee rationale recommends adoption as a single coordinated package to avoid internal contradictions. The EGA Chair and Executive Committee must nevertheless confirm the legal availability of a block vote and apply the required approval threshold for each class of amendment under the IPF Constitution and By-Laws. No voting threshold is independently asserted by this circulation cover.

Proposed effective date

The 1 October 2026 rationale proposes immediate effect following EGA approval on 8 November 2026, with pending cases transferring at their existing procedural stage. The uploaded IGGU Terms of Reference instead refers to introduction from December 2026. The authoritative commencement and transitional wording must be reconciled before EC approval and the vote.

PACKET CONTENTS

All ten sections are included in the order requested. Printed page ranges refer to this consolidated packet; existing internal page numbering in original source documents has been left untouched. The electronic PDF also includes bookmarks for each section and source document.

No.	DOCUMENT / SECTION	PACKET PAGES
1	Proposal from the IPF Executive Committee to the EGA - New IGGU	3–8
2	IPF Integrity Code	9–23
3	IPF Integrity and Good Governance Unit Dispute Resolution Rules	24–44
4	IPF Good Governance Tribunal Rules	45–53
5	IPF Conflict of Interest Regulations	54–65
6	IPF Constitution - Redlined / Sideline Amendments	66–85
7	IPF By-Laws - Redlined Amendments	86–151
8	IPF Safeguard and Protection Policy	152–158
9	IPF Safeguarding Regulations	159–173
10	IPF Prevention of Competition Manipulation Regulations	174–185

Constitution amendment identification

The earlier IGGU Constitution proposal package identifies ten related provisions: Articles 4.1.3, 4.1.5, 5, 7.2, 7.4.6, 7.4.15, 7.5.3, 7.5.4, 13 and 14. The redlined Constitution also contains at least one separate non-IGGU-related change (Article 1.2.12). The Executive Committee must certify the precise text that is intended to be covered by the proposed vote.

Pre-circulation verification items — not part of the voting motion

- Confirm the final amendment scope, including whether the entire redlined By-Laws and Constitution drafts are being submitted, or only IGGU-related marked provisions.
- Harmonize the effective date: immediately on 8 November 2026 in the 1 October rationale versus December 2026 in the IGGU Terms of Reference.
- Check consistency in the naming and composition of the IGGU, the role of the Safeguarding Officer, cross-references and tribunal appeals.
- Resolve remaining tracked changes in the Integrity Code and Word review comments in the IGGU Dispute Resolution Rules before final Member Nation circulation.
- Confirm that all ten components have received EC approval and whether a single block vote is procedurally permissible; if not, identify the required separate ballots.
- Finalize clean, publication-ready versions after the vote while retaining the approved historical redline record.