

2026 Amendments to the IPF Constitution



EXECUTIVE SUMMARY

This document sets out the proposed amendments to the [IPF Constitution](#) submitted by the IPF Executive Committee (Section One), IPF Commissions/Committees (Section Two), and IPF Member Nations (Section Three) for consideration by the General Assembly.

The proposed amendments are intended to:

- Improve governance efficiency and responsiveness.
- Clarify the division between constitutional principles and operational regulations.
- Align the structure of the IPF’s governing documents with best practices in international sport governance.

Section One – IPF Executive Committee Constitution Amendments

• IPF CONSTITUTION ARTICLE 6.2.14 – IPF GENERAL ASSEMBLY POWERS

- **Submitted by:** IPF Executive Committee
- **Rule Identification:** IPF Constitution Article 6.2.14
- **Action to be Taken**
 - **Amendment – Deletion**
 - **Delete the following paragraph:**
 - ~~“To determine the creation, deletion, and modifications of the By-Laws.”~~
 - **Reason:**
 - Transferring the operational authority to adopt, amend, or repeal the IPF By-Laws from the General Assembly to the Executive Committee enhances the efficiency and responsiveness of the federation’s governance while preserving the General Assembly’s role as the supreme governing authority. The General Assembly meets periodically, whereas operational matters—such as administrative procedures, event management, digital systems, safeguarding policies, and compliance with evolving international sport governance standards—often require timely updates between meetings. This amendment establishes a structured delegation of authority to the Executive Committee to manage such matters on an interim basis.
 - Transparency and accountability are maintained through mandatory communication to Member Nations, quarterly reporting, and the presentation of all changes to the General Assembly. Importantly, the General Assembly retains ultimate authority over the governance framework of the IPF and may confirm, modify, or repeal any By-Law adopted by the Executive Committee. This approach reflects governance practices adopted by international sport federations, where executive bodies are entrusted with operational rule management subject to appropriate oversight, ensuring both effective administration and the protection of Member Nation rights.

• NEW IPF CONSTITUTION ARTICLE 7.4.21 – POWERS OF THE EXECUTIVE COMMITTEE

- **Submitted by:** IPF Executive Committee
- **Rule Identification:** IPF Constitution Article 7.4.21
- **Action to be Taken**

- **Amendment – Replacement in Entirety**
- **Current Text:**

~~**Executive Orders** The IPF Executive Committee shall have the authority to issue Executive Orders that temporarily breach or override existing provisions of the IPF By-Laws. Executive Orders can be issued exclusively in circumstances where a provision of the IPF By-Laws is found to be in direct conflict with the IPF Constitution, any binding external legal requirements, or official documents and regulations issued by the International Olympic Committee (IOC) or other governing bodies to which the IPF is obligated to adhere.~~

~~The issuance of an Executive Order shall require the unanimous approval of all members of the Executive Committee.~~

~~Each Executive Order must be accompanied by a clear and detailed written justification at the time of its publication, including an explanation of the specific conflict identified and the rationale for the action taken. Furthermore, the Executive Committee is required to propose corresponding amendments to the relevant section(s) of the IPF By-Laws for consideration at the next scheduled General Assembly.~~

~~Executive Orders shall remain in effect only until the next General Assembly, at which time their validity must be reviewed. All Executive Orders shall be subject to retrospective approval by the General Assembly. Failure to obtain such approval shall result in the immediate nullification of the Executive Order.~~

- **Proposed Text:**

The Executive Committee shall have the authority to adopt, amend, or repeal the IPF By-Laws as necessary for the effective administration and governance of the federation. Any such changes adopted by the Executive Committee shall be communicated to all IPF National Member Federations.

The Executive Committee shall provide the National Member Federations with a quarterly report explaining any additions, amendments, or deletions to the IPF By-Laws adopted during that period.

All changes to the By-Laws adopted by the Executive Committee shall also be presented to the next meeting of the General Assembly for information. The General Assembly retains the ultimate authority over the governance framework of the IPF and may confirm, modify, or repeal any By-Law adopted by the Executive Committee.

Any amendment adopted by the Executive Committee shall take immediate effect unless otherwise specified, subject to review by the General Assembly.

- **Reason:**
 - This amendment enables the IPF to respond efficiently to operational, administrative, and regulatory needs arising between General Assembly meetings. Matters such as anti-doping compliance, safeguarding, event operations, and digital systems often require timely updates that cannot wait for annual review cycles.

- The amendment preserves the authority of the General Assembly as the supreme governing body while introducing a structured system of transparency and accountability through reporting and oversight. This approach reflects governance practices adopted by many international sport federations.

● **IPF CONSTITUTION ARTICLE 15 – PARTICIPATION IN NON-COMPLIANT ANTI-DOPING EVENTS**

- **Submitted by:** IPF Executive Committee
- **Rule Identification:** IPF Constitution Article 15
- **Action to be Taken**
 - **Amendment – Deletion and Relocation to IPF By-Law 15.8**
 - **Current Text**

~~Any athlete, coach, referee or official who competes or participates in an International Powerlifting or Bench Press event not organised, sanctioned, or approved by the IPF~~

~~shall not be permitted to take part in any IPF international, regional or national event for a period of 12 months from the date of that non-approved event.~~

~~Any athlete, coach, referee or official that participates in any competition or Event which is organized by a Sporting Body, Federation or Organisation that has not received recognition from the World Anti-Doping Agency and is thus non-compliant with the Code and International Standards shall be automatically rendered ineligible and shall not be permitted to take part in an authorized National or International Powerlifting or Bench Press Event for a period of 12 months from the date of the last non-compliant Event. Should the athlete, coach, referee or official participate in an unauthorized Powerlifting or Bench Press Event prior to the lapse of the 12 months, he/she may be sanctioned with a period of ineligibility of an additional 12 months from the date of the noncompliant Event. In the case of a second infringement for such participation, the period of ineligibility may be a maximum of 24 months. The decision to extend the period of ineligibility will be at the sole discretion of the Anti-Doping Commission.~~

- **Proposed Text:**
Deleted from the Constitution and relocated to IPF By-Law 15.8 without substantive amendment.

● **Reason:**

- This amendment improves the structural clarity of the IPF's governing framework by relocating operational eligibility and disciplinary provisions from the Constitution to the By-Laws.
- The Constitution is intended to establish high-level governance principles and institutional structure, while detailed regulatory provisions—particularly those relating to anti-doping compliance and eligibility—are more appropriately maintained within the By-Laws.
- This change does not alter the substance or enforcement of the rule but aligns the IPF's regulatory framework with best practices in international sport governance.

Section Two – IPF Commissions/Committees Constitution Amendments

- **None.**

Section Three – IPF Member Nation Constitution Amendments

- **None.**