

# 2026 Amendments to the IPF By-Laws



## EXECUTIVE SUMMARY

This document lists all respective [IPF By-Laws](#) Amendments submitted by the IPF Executive Committee (Section One), IPF Commissions/Committees (Section Two), and IPF Member Nations (Section Three)

This document contains proposed amendments to the [IPF By-Laws](#) for consideration by the 2026 IPF General Assembly.

The proposals contained herein have been submitted by the IPF Executive Committee, IPF Commissions, and/or IPF Member Nations in accordance with the applicable provisions of the IPF Constitution and By-Laws.

The purpose of this cover note is to assist Member Nations in reviewing the amendment package and to provide clarification regarding amendment classifications, voting requirements, and temporary numbering conventions used within this document.

## Amendment Categories:

For organizational and procedural clarity, amendment proposals within this package are generally categorized as follows:

### a) Addition

The introduction of a completely new Article, By-Law, subsection, paragraph, or provision.

### b) Deletion

The removal of an existing provision in whole or in part.

### c) Partial Amendment

A proposal which modifies, replaces, deletes, or supplements limited portions of an existing provision while retaining the overall structure of the original Article or By-Law.

### d) Full Replacement and Restructuring

A proposal which substantially rewrites, restructures, or reorganizes the majority of an existing Article or By-Law while maintaining the same general subject matter or regulatory area.

### e) Consequential or Administrative Amendment

A proposal intended to improve consistency, formatting, numbering, terminology, cross-references, or administrative clarity without materially altering the substantive effect of the provision.

## **Voting Thresholds:**

Unless otherwise provided within the IPF Constitution, amendments shall be considered and voted upon by the General Assembly in accordance with the applicable constitutional voting requirements.

Generally:

### **Constitution Amendments**

Amendments to the IPF Constitution require the approval threshold specified under the IPF Constitution governing constitutional amendments.

### **By-Law Amendments**

Amendments to the IPF By-Laws shall require approval in accordance with the applicable voting provisions governing By-Law amendments under the IPF Constitution.

## **Temporary Numbering Conventions:**

Certain proposals within this amendment package utilize temporary placeholder numbering (including but not limited to references such as “X”, “A”, or similar identifiers).

These temporary references are used solely for drafting and circulation purposes in order to:

- avoid conflicts between multiple proposed amendments,
- preserve internal consistency during the amendment process,
- facilitate General Assembly review and debate prior to final adoption.

If adopted by the General Assembly, all temporary numbering references shall be renumbered and harmonized within the official consolidated version of the IPF Constitution and By-Laws following the conclusion of the General Assembly.

Such renumbering shall not affect the substance, interpretation, validity, or effective date of any approved amendment.

## **Interpretation:**

The headings, explanatory notes, reasons, and formatting contained within this amendment package are included for reference and organizational purposes only and shall not independently modify or override the official text adopted by the General Assembly.

In the event of any inconsistency between explanatory material and the adopted amendment text, the adopted amendment text shall prevail.

# Section One – IPF Executive Committee By-Law Amendments

## 1) IPF BY-LAW 2.1 – EXECUTIVE COMMITTEE OFFICERS - President

- Submitted by: IPF EXECUTIVE COMMITTEE
- Rule Identification: By-Law 2.1 – Executive Committee Officers, Section: President, Page 5
- Action to be Taken
  - Amendment - Partial Amendment
  - Delete the existing allowance provision and replace with the following text in red:

### Current Text

#### IPF By-Law 2.1 President

He convenes meetings of the IPF as provided in the Constitution and presides at all meetings of the IPF and General Assembly.

He has the right to exercise all the duties pertaining to his office in accordance with the Constitution.

He is an ex officio member of all Commissions, except the Anti-Doping Commission, Doping Hearing Panel, Court of Justice, Court of Appeals, and the Ethics Commission.

The President provides leadership in the long-term and day-to-day activities of the IPF, delegating responsibility for completion of tasks, and making necessary contact with outside agencies to conduct IPF business.

An expense allowance associated with his duties covering e.g., taxi when he travels to the Events, telephone costs, invitations for dinner, gifts to partners or federations etc. is € 1200 per month. An amount of allowance is to be decided by the General Assembly in which the election of officers takes place. An allowance specified in this item does not cover the actual cost of travel and accommodation. The President must sign all contracts performed in the name of the IPF when the majority of the Executive Committee has accepted such contracts to be signed. A copy of the contracts must be given to all EC members if it is requested.

### Proposed Text

#### IPF By-Law 2.1 President

He convenes meetings of the IPF as provided in the Constitution and presides at all meetings of the IPF and General Assembly.

He has the right to exercise all the duties pertaining to his office in accordance with the Constitution.

He is an ex officio member of all Commissions, except the Anti-Doping Commission, Doping Hearing Panel, Court of Justice, Court of Appeals, and the Ethics Commission.

The President provides leadership in the long-term and day-to-day activities of the IPF, delegating responsibility for completion of tasks, and making necessary contact with outside agencies to conduct IPF business.

An expense allowance associated with the duties of the President, including but not limited to local transportation, communication costs, official hosting, and protocol-related expenses, shall be determined in accordance with this Article.

The IPF General Assembly may approve a maximum monthly allowance of up to €2,000. Within this approved ceiling, the IPF Executive Committee shall determine the actual monthly amount, taking into account the responsibilities, workload, and role of the officer.

The amount determined and applied shall be reported to the IPF General Assembly as part of the IPF's financial reporting and governance transparency obligations.

The allowance specified in this item does not cover actual costs of travel and accommodation, which shall be reimbursed separately in accordance with applicable IPF governance protocols. The President must sign all contracts performed in the name of the IPF when the majority of the Executive Committee has accepted such contracts to be signed. A copy of the contracts must be given to all EC members if it is requested.

○ **Reason:**

- This amendment modernizes the current allowance framework to better reflect the high operational burden, evolving governance, operational, and administrative responsibilities of the President, while maintaining full financial oversight by the General Assembly. The proposed structure establishes a clear and responsible ceiling, ensuring that any allowance remains proportionate and subject to budgetary control, while allowing the Executive Committee the necessary flexibility to align compensation with actual workload and responsibilities. Importantly, the amendment strengthens transparency by requiring formal reporting to the General Assembly, consistent with good governance principles recognized by the International Olympic Committee. This approach does not create an automatic entitlement but rather provides a controlled mechanism to support effective governance as the IPF continues to grow in scale and complexity.

## 2) IPF BY-LAW 2.2 – EXECUTIVE COMMITTEE OFFICERS – Vice President

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 2.2 – Executive Committee Officers, Section: Vice President, Page 6
- **Action to be Taken**
  - **Amendment - Partial Amendment**
  - Delete the existing allowance provision and replace with the following text in red:

### **Current Text**

#### **IPF By-Law 2.2 Vice President**

He has such duties as assigned to him by the President and has all the power to perform the duties of the President in the absence or inability of the latter to attend.

An expense allowance associated with his duties covering e.g., taxi when he travels to the championships, and telephone costs, invitations for dinner, gifts to partners or federations etc. is € 1200 per month. An amount of allowance is to be decided by the General Assembly in which the election of officers takes place. An allowance specified in this item does not cover the actual cost of travel and accommodation.

### **Proposed Text**

#### **IPF By-Law 2.2 Vice President**

He has such duties as assigned to him by the President and has all the power to perform the duties of the President in the absence or inability of the latter to attend.

An expense allowance associated with the duties of the Vice President, including but not limited to local transportation, communication costs, official hosting, and protocol-related expenses, shall be determined in accordance with this Article.

The IPF General Assembly may approve a maximum monthly allowance of up to €2,000. Within this approved ceiling, the IPF Executive Committee shall determine the actual monthly amount, taking into account the responsibilities, workload, and role of the officer.

The amount determined and applied shall be reported to the IPF General Assembly as part of the IPF's financial reporting and governance transparency obligations.

The allowance specified in this item does not cover actual costs of travel and accommodation, which shall be reimbursed separately in accordance with applicable IPF

○ **Reason:**

- This amendment modernizes the current allowance framework to better reflect the high operational burden, evolving governance, operational, and administrative responsibilities of the Vice President, while maintaining full financial oversight by the General Assembly. The proposed structure establishes a clear and responsible ceiling, ensuring that any allowance remains proportionate and subject to budgetary control, while allowing the Executive Committee the necessary flexibility to align compensation with actual workload and responsibilities. Importantly, the amendment strengthens transparency by requiring formal reporting to the General Assembly, consistent with good governance principles recognized by the International Olympic Committee. This approach does not create an automatic entitlement but rather provides a controlled mechanism to support effective governance as the IPF continues to grow in scale and complexity.

### 3) IPF BY-LAW 2.3 – EXECUTIVE COMMITTEE OFFICERS – Secretary-General

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 2.3 – Executive Committee Officers, Section: Secretary-General, Page 6
- **Action to be Taken**
  - **Amendment - Partial Amendment**
  - Delete the existing allowance provision and replace with the following text in red:

#### **Current Text**

##### **IPF By-Law 2.3 Secretary-General**

The Secretary-General makes arrangements for keeping the records of the IPF and the General Assembly. Issues all official notices of all GA meetings.

Serves as Secretary of the General Assembly and at any special meetings of the IPF.

Certifies as a "Provisional Member" any applying nation that submits the proper fees and documents, until such time as the General Assembly shall deliberate such membership.

Delegates any of the duties to an "assistant secretary" appointed by the Executive Committee or to such assistants as may be provided by the IPF By-Laws to perform it.

An expense allowance associated with his duties covering e.g., taxi when he travels to the championships, and telephone costs, invitations for dinner, gifts to partners or federations etc. is € 1200 per month. An amount of allowance is to be decided by the General Assembly in which the election of officers takes place. An allowance specified in this item does not cover the actual cost of travel and accommodation.

The Executive Committee may appoint an Assistant Secretary-General to assist the Secretary General with day-to-day work assignments. Compensation to be determined by the Executive Committee.

#### **Proposed Text**

### **IPF By-Law 2.3 Secretary-General**

The Secretary-General makes arrangements for keeping the records of the IPF and the General Assembly. Issues all official notices of all GA meetings.

Serves as Secretary of the General Assembly and at any special meetings of the IPF.

Certifies as a "Provisional Member" any applying nation that submits the proper fees and documents, until such time as the General Assembly shall deliberate such membership.

Delegates any of the duties to an "assistant secretary" appointed by the Executive Committee or to such assistants as may be provided by the IPF By-Laws to perform it.

The Executive Committee may appoint an Assistant Secretary-General to assist the Secretary General with day-to-day work assignments. Compensation to be determined by the Executive Committee.

An expense allowance associated with the duties of the Secretary-General and Assistant Secretary-General, including but not limited to local transportation, communication costs, official hosting, and protocol-related expenses, shall be determined in accordance with this Article.

The IPF General Assembly may approve a maximum monthly allowance of up to €2,000. Within this approved ceiling, the IPF Executive Committee shall determine the actual monthly amount, taking into account the responsibilities, workload, and role of the officer.

The amount determined and applied shall be reported to the IPF General Assembly as part of the IPF's financial reporting and governance transparency obligations.

The allowance specified in this item does not cover actual costs of travel and accommodation, which shall be reimbursed separately in accordance with applicable IPF

#### ▪ Reason

- This amendment modernizes the current allowance framework to better reflect the high operational burden, evolving governance, operational, and administrative responsibilities of the Secretary-General and Assistant Secretary-General, while maintaining full financial oversight by the General Assembly. The proposed structure establishes a clear and responsible ceiling, ensuring that any allowance remains proportionate and subject to budgetary control, while allowing the Executive Committee the necessary flexibility to align compensation with actual workload and responsibilities. Importantly, the amendment strengthens transparency by requiring formal reporting to the General Assembly, consistent with good governance principles recognized by the International Olympic Committee. This approach does not create an automatic entitlement but rather provides a controlled mechanism to support effective governance as the IPF continues to grow in scale and complexity.

## **4) IPF BY-LAW 2.4 – EXECUTIVE COMMITTEE OFFICERS – Treasurer**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 2.4 – Executive Committee Officers, Section: Treasurer, Page 6-7
- **Action to be Taken**
  - **Amendment - Partial Amendment**
  - Delete the existing allowance provision and replace with the following text in red:

**Current Text**

#### **IPF By-Law 2.4 Treasurer**

The Treasurer is responsible for the overseeing of the financial assets of the federation, to supervise the bookkeeping, to ensure proper books of accounts, and to supervise the preparation of the annual budget.

Reviews all deposits into the accounts of the IPF.

Signs all cheques, notes, and drafts together with one other signature as provided by the IPF By- Laws for sums greater than Euro 2.500.

Pays all bills approved by the duly authorised officer or by the General Assembly provided it is within the authorised current budget of the IPF.

When requested, hands over to the Auditors, all accounts, books, papers, vouchers, and records pertaining to his office.

Presents an audited financial report to the annual General Assembly.

Is responsible for collecting all fees, penalties etc. due to the IPF.

Is responsible for issuing invoices and collecting any penalties.

An expense allowance associated with his duties covering e.g., the taxi when he travels to the championships, and telephone costs, invitations for dinner, gifts to partners or federations etc. is € 1200 per month. An amount of allowance is to be decided by the General Assembly in which the election of officers takes place. An allowance specified in this item does not cover the actual cost of travel and accommodation

#### **Proposed Text**

#### **IPF By-Law 2.4 Treasurer**

The Treasurer is responsible for the overseeing of the financial assets of the federation, to supervise the bookkeeping, to ensure proper books of accounts, and to supervise the preparation of the annual budget.

Reviews all deposits into the accounts of the IPF.

~~Signs all cheques, notes, and drafts together with one other signature as provided by the IPF By- Laws for sums greater than Euro 2500.~~

Pays all bills approved by the duly **authorized** officer or by the General Assembly provided it is within the **authorized** current budget of the IPF.

When requested, hands over to the Auditors, all accounts, books, papers, vouchers, and records pertaining to his office.

Presents an audited financial report to the annual General Assembly.

Is responsible for collecting all fees, penalties etc. due to the IPF.

Is responsible for issuing invoices and collecting any penalties.

**An expense allowance associated with the duties of the Treasurer, including but not limited to local transportation, communication costs, official hosting, and protocol-related expenses, shall be determined in accordance with this Article.**

**The IPF General Assembly may approve a maximum monthly allowance of up to €2,000. Within this approved ceiling, the IPF Executive Committee shall determine the actual monthly amount, taking into account the responsibilities, workload, and role of the officer.**

The amount determined and applied shall be reported to the IPF General Assembly as part of the IPF's financial reporting and governance transparency obligations.

The allowance specified in this item does not cover actual costs of travel and accommodation, which shall be reimbursed separately in accordance with applicable IPF

▪ **Reason**

- This amendment modernizes the current allowance framework to better reflect the high operational burden, evolving governance, operational, and administrative responsibilities of the Treasurer, while maintaining full financial oversight by the General Assembly. The proposed structure establishes a clear and responsible ceiling, ensuring that any allowance remains proportionate and subject to budgetary control, while allowing the Executive Committee the necessary flexibility to align compensation with actual workload and responsibilities. Importantly, the amendment strengthens transparency by requiring formal reporting to the General Assembly, consistent with good governance principles recognized by the International Olympic Committee. This approach does not create an automatic entitlement but rather provides a controlled mechanism to support effective governance as the IPF continues to grow in scale and complexity.

## 5) IPF BY-LAW 3.4 – CHAMPIONSHIP SECRETARY

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 3.4 Championship Secretary Paragraph 7
- **Action to be Taken**
  - **Amendment - Partial Amendment**
  - Delete the existing allowance provision and replace with the following text in red:

### Current Text

#### IPF By-Law 3.4, Paragraph 7

Nomination forms for International Events must provide columns for the following information:

- Athlete's family name as well as maiden name if married.
- Athlete's first name
- Athlete's best total performed within the preceding twelve months at national or international level.
- Athlete's year of birth
- Athlete's picture
- Athlete's Profile Form
- Athlete's Adel certificate

The Championship Secretary shall collect all team nomination forms and ensure that they are fully and properly completed. He shall then prepare a full list of athletes nominated for the Event.

Before a sanction for an Event is granted, he must ensure that the applicant has the capacity for successfully promoting the Event and the ability to comply with all the requirements of the IPF.

The Executive Committee may appoint an Assistant Championship Secretary to assist the Championship Secretary with his/her duties. Compensation to be determined by the Executive Committee.

### Proposed Text

Nomination forms for International Events must provide columns for the following information:

- Athlete's family name as well as maiden name if married.
- Athlete's first name
- Athlete's best total performed within the preceding 18 months at a national ~~level~~ ~~international level~~ or IPF Calendar event, e.g. World Championship or IPF Regional Federation Championship (Note: The qualifying total must be achieved prior to the preliminary nomination deadline for the respective championship in which the athlete is seeking to participate.
  - If a lifter is nominated in a lower weight class without having achieved a total in that weight class (within the preceding 18 months at a national championship or an IPF calendar event), they should be nominated using a 25kg-25kg-25kg-75kg (Squat-Bench-Deadlift-Total). For example, if a lifter competed in the 120+kg class throughout the past 18 months and is now nominated in the 105kg class, they should use a 25kg-25kg-25kg-75kg (Squat-Bench-Deadlift-Total)
- Athlete's year of birth
- Athlete's picture
- Athlete's Profile Form
- Athlete's **WADA ADEL** certificate
- Athlete's email address
- Athlete's [IPF Safeguarding Acknowledgment Form](#) (Sub-Junior athletes only)
- Head Coach's "Coaches of High Performance Education Program" **WADA ADEL** certificate
- [Head Coach - IPF Level II Coach Certification](#)

The Championship Secretary shall collect all team nomination forms and ensure that they are fully and properly completed. He shall then prepare a full list of athletes nominated for the Event.

Before a sanction for an Event is granted, he must ensure that the applicant has the capacity for successfully promoting the Event and the ability to comply with all the requirements of the IPF.

The Executive Committee may appoint an Assistant Championship Secretary to assist the Championship Secretary with his/her duties. Compensation to be determined by the Executive Committee.

An expense allowance associated with the duties of the Championship Secretary and Assistant Championship Secretary, including but not limited to local transportation, communication costs, official hosting, and protocol-related expenses, shall be determined in accordance with this Article.

The IPF General Assembly may approve a maximum monthly allowance of up to €2,000. Within this approved ceiling, the IPF Executive Committee shall determine the actual monthly amount, taking into account the responsibilities, workload, and role of the officer.

The amount determined and applied shall be reported to the IPF General Assembly as part of the IPF's financial reporting and governance transparency obligations.

The allowance specified in this item does not cover actual costs of travel and accommodation, which shall be reimbursed separately in accordance with applicable IPF governance protocols.

- **Reason:**
  - This amendment clarifies the eligibility language by replacing the general reference to “national or international level events” with the more precise terms National Championships or IPF Calendar Events, which are the competitions formally recognized within the IPF competition structure.
  - Extending the qualifying period from 12 to 18 months ensure greater flexibility and fairness by accommodating varied national competition schedules while preserving a valid and representative stands of athlete performance for IPF calendar even participation.
    - This amendment establishes a clear and consistent rule that when a lifter is nominated in a lower weight class without having achieved a qualifying total in that category within the preceding 18 months, a default total of 25kg–25kg–25kg–75kg must be used. This ensures the integrity of the qualification system, maintains fairness among competitors, and prevents strategic manipulation of weight class changes without demonstrated performance. It also provides administrative clarity and uniformity across all Member Nations while supporting responsible athlete preparation and welfare.
  - It also standardizes the capitalization of ADEL, reflecting the official name of the WADA Anti-Doping eLearning platform, and updates the education and licensing requirements to include Coach ADEL certification and the IPF Coach License Certificate, which are now mandatory for coaches participating in IPF-sanctioned events.
  - This proposal introduces the collection of a minimal and necessary data point—an athlete’s email address—within the IPF nomination process solely for competition administration, safeguarding, anti-doping communication, and athlete governance engagement. It aligns with international federation best practices and IOC-aligned principles of transparency, proportionality, and athlete protection, while avoiding any excessive or unrelated data collection. Importantly, the measure includes clear purpose limitation, restricted access, and consent provisions, with additional safeguards for Sub-Junior athletes through parent or guardian oversight. This is not a data expansion exercise—it is a governance and athlete protection measure that ensures the IPF can communicate directly, efficiently, and responsibly with its athletes in matters that affect their participation, safety, and rights.
  - These changes ensure the By-Law accurately reflects the current IPF competition, anti-doping education, and coach licensing requirements.
  - This amendment modernizes the current allowance framework to better reflect the high operational burden, evolving governance, operational, and administrative responsibilities of the Championship Secretary and Assistant Championship Secretary, while maintaining full financial oversight by the General Assembly. The proposed structure establishes a clear and responsible ceiling, ensuring that any allowance remains proportionate and subject to budgetary control, while allowing the Executive Committee the necessary flexibility to align compensation with actual workload and responsibilities. Importantly, the amendment strengthens transparency by requiring formal reporting to the General Assembly, consistent with good governance principles recognized by the International Olympic Committee. This approach does not create an automatic entitlement but rather provides a controlled mechanism to support effective governance as the IPF continues to grow in scale and complexity.

## 6) IPF BY-LAW 4 – COMMISSIONS

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** IPF By-Law 4 – COMMISSIONS – Paragraph 1
- **Action to be Taken**
  - **Amendment - Partial Amendment**
  - Delete the existing allowance provision and replace with the following text in red:

## **Current Text**

### **Article 4**

The Commissions act as consultative bodies to the Executive Committee. In carrying out their functions each Commission shall respect eventual rules decided by the Executive Committee. The Chair of each Commission shall co-ordinate the proper running of activities and write reports on those activities to the Executive Committee.

## **Proposed Text**

### **Article 4**

The Commissions act as consultative bodies to the Executive Committee.

~~In carrying out their functions each Commission shall respect eventual rules decided by the Executive Committee. The Chair of each Commission shall co-ordinate the proper running of activities and write reports on those activities to the Executive Committee.~~ The International Powerlifting Federation (IPF) shall establish Commissions to support the development, governance, and technical functions of the Federation. Each Commission shall act as consultative bodies to the Executive Committee, operate in accordance with its defined scope, responsibilities, and reporting obligations as determined by the IPF Executive Committee.

## **Appointment and Composition**

- a) The members of each Commission shall be appointed by the IPF Executive Committee unless otherwise specified in the IPF Constitution or By-Laws.
- b) Each Commission shall consist of individuals possessing relevant expertise, experience, and qualifications appropriate to its mandate.
- c) The IPF Executive Committee shall ensure that Commission composition reflects, as far as reasonably practicable, diversity, geographic balance, and gender representation.

## ▪ **Reason:**

- The amendment establishes a clear, transparent, and competency-based framework for the creation and composition of IPF Commissions, ensuring that the Federation is supported by specialized expertise across its governance, technical, and operational functions. It confirms the authority of the IPF Executive Committee to establish and appoint Commissions, while acknowledging that certain positions may be elected by the General Assembly, thereby preserving the appropriate balance between democratic oversight and operational efficiency. By requiring that Commission members possess relevant qualifications and reflect diversity, geographic balance, and gender representation, the provisions align the IPF with internationally recognized standards of good governance promoted by the International Olympic Committee. This approach enhances accountability, improves the quality of decision-making, and ensures that Commission outputs are both technically robust and representative of the global powerlifting community, while maintaining the flexibility needed to adapt governance structures to evolving strategic priorities.

## **7) IPF BY-LAW 4.1 – TECHNICAL COMMISSION**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 4.1 – Technical Commission, Section: Goals and Objectives, Page 10
- **Action to be Taken**
  - **Amendment - Partial Amendment**
  - Delete the existing allowance provision and replace with the following text in red:

## Current Text

### Article 4.1 Technical Commission

#### Goals and Objectives

- Is responsible for testing and publishing minimum standards for all equipment to be approved by the IPF.
- Approves equipment used at International and Regional Events that conforms with the specific detailed requirements of the IPF.
- Organizes briefings before the start of each session at events.
- The Commission can propose that the Executive Committee withdraw a referee's International Card and terminate his/her appointment if it deems such action necessary.
- The Commission may, subject to the approval of the Executive Committee, publish material of a technical nature, which deals with methods of performance of the powerlifting disciplines. Such material shall be sent to all National Member Federations.

The Chair of the Technical Commission is a member of the Executive Committee and shall receive a stipend of 500 Euros per month.

## Proposed Text

### Article 4.1 Technical Commission

#### Goals and Objectives

- Is responsible for testing and publishing minimum standards for all equipment to be approved by the IPF.
- Approves equipment used at International and Regional Events that conforms with the specific detailed requirements of the IPF.
- Organizes briefings before the start of each session at events.
- The Commission can propose that the Executive Committee withdraw a referee's International Card and terminate his/her appointment if it deems such action necessary.
- The Commission may, subject to the approval of the Executive Committee, publish material of a technical nature, which deals with methods of performance of the powerlifting disciplines. Such material shall be sent to all National Member Federations.

~~The Chair of the Technical Commission is a member of the Executive Committee and shall receive a stipend of 500 Euros per month.~~

An expense allowance associated with the duties of the Chair of the Technical Commission, including but not limited to local transportation, communication costs, official hosting, and protocol-related expenses, shall be determined in accordance with this Article.

The IPF General Assembly may approve a maximum monthly allowance of up to €2,000. Within this approved ceiling, the IPF Executive Committee shall determine the actual monthly amount, taking into account the responsibilities, workload, and role of the officer.

The amount determined and applied shall be reported to the IPF General Assembly as part of the IPF's financial reporting and governance transparency obligations.

The allowance specified in this item does not cover actual costs of travel and accommodation, which shall be reimbursed separately in accordance with applicable IPF governance protocols.

- This amendment modernizes the current allowance framework to better reflect the high operational burden, evolving governance, operational, and administrative responsibilities of the Chair of the Technical Commission, while maintaining full financial oversight by the General Assembly. The proposed structure establishes a clear and responsible ceiling, ensuring that any allowance remains proportionate and subject to budgetary control, while allowing the Executive Committee the necessary flexibility to align compensation with actual workload and responsibilities. Importantly, the amendment strengthens transparency by requiring formal reporting to the General Assembly, consistent with good governance principles recognized by the International Olympic Committee. This approach does not create an automatic entitlement but rather provides a controlled mechanism to support effective governance as the IPF continues to grow in scale and complexity.

## 8) IPF BY-LAW ARTICLE 4.3 – ATHLETES’ COMMISSION

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** IPF By-Law 4.3 – Athlete’s Commission
- **Action to be Taken**
  - **Amendment – Replacement**
  - Replace the existing text in full of the following text in red:

### Current Text:

~~The Athletes’ Commission represents the interests of the athletes.~~

### ~~Goals and Objectives~~

- ~~• To represent the athletes in the decision-making bodies of the IPF.~~
  - ~~• To act as mediator between active athletes and the IPF.~~
  - ~~• To represent the athletes in the meetings of the Technical Commission and in the Medical Commission if invited by the Chair.~~
  - ~~• To form the official opinion of the athletes concerning actual issues and to pass resolutions of the athletes.~~
  - ~~• To work for the athletes’ representation in the National Member Federations.~~
  - ~~• To represent the athletes during the IPF Events as a spokesman/spokeswoman.~~

~~The election and operations of the Athletes’ Commission shall follow the IOC guidelines relating to the creation of an IF Athletes’ Commission. To be eligible an athlete must be internationally ranked in the last two seasons before the elections.~~

~~Two members of the Athletes’ Commission, a male and a female, one being the Chair of the Commission, shall be members of the Executive Committee.~~

- **Proposed Text:**

### IPF By-Law 4.3 – Athletes’ Commission

#### ▪ **4.3.1 - Establishment and Purpose**

The IPF Athletes’ Commission is established as a permanent body within the IPF governance structure to represent the rights, interests, and perspectives of athletes in all matters relating to the sport of powerlifting.

The Commission shall:

- act as the official voice of athletes within the IPF

- Represent the interests and perspectives of athletes within the decision-making structures of the IPF.
- Serve as a formal channel of communication between active athletes and the IPF, ensuring that athlete views are effectively conveyed and considered.
- Participate in the work of relevant IPF bodies, including the Technical Commission and Medical Commission when invited, to contribute athlete-focused input on technical and health-related matters.
- Formulate and express the collective position of athletes on key issues affecting the sport and adopt resolutions reflecting athlete priorities and concerns.
- Promote and support athlete representation within IPF Member Nations, encouraging the development of athlete commissions at the national level.
- Act as the official voice of athletes during IPF events, representing athlete interests and providing a visible and accessible point of contact.
- serve as an advisory body to the IPF Executive Committee and shall promote athlete welfare, fair competition, integrity, and inclusion across all IPF activities,
- operate in alignment with the principles of the International Olympic Committee Athlete Commission framework.

#### ▪ 4.3.2 - Composition

The Athlete Commission shall consist of:

- Two (2) Athlete Representatives who are also members of the IPF Executive Committee:
  - One (1) Male Athlete Representative (“Athlete Speaker – Male”).
  - One (1) Female Athlete Representative (“Athlete Speaker – Female”); and
- Additional Athlete Commission Members, as determined by the IPF Executive Committee, ensuring gender balance and global representation
- One (1) Chair, elected from among the Athlete Commission Members.

#### ▪ 4.3.3 – Eligibility

##### • 4.3.3.1 Candidate Eligibility

To be eligible for election as an Athlete Representative or Athlete Commission Member, an individual must:

- Be at least eighteen (18) years of age by the final day of the IPF World Championships at which the election is conducted.
- Have competed in at least one (1) IPF World Championship or IPF-sanctioned international event within the two (2) years preceding the election.
- Be in good standing with the IPF and their National Federation, including compliance with the World Anti-Doping Agency Code and the IPF Code of Ethics.
- Not be subject to any active sanction, suspension, or investigation under IPF rules at the time of nomination or election.
- Not hold a position creating a conflict of interest with independent athlete representation.

##### • 4.3.3.2 Voter Eligibility

- Athlete Representatives (Male and Female) and Athlete Commission Members shall be elected by eligible athletes of IPF Member Nations in accordance with procedures established by the IOC guidelines relating to the creation of an International Federation’s Athlete’s Commission.

- Only athletes accredited and competing at the relevant IPF World Championships may vote.
- Each eligible athlete shall have one (1) vote.
- Voting shall be gender-aligned for Athlete Representatives.
- Eligibility shall be verified through the IPF Athlete Register and accreditation system.
- Ineligible or sanctioned athletes may not vote.
- **4.3.4 – Election of Athlete Representatives**
  - **4.3.4.1 Principles**
    - Elections shall ensure:
      - Athlete-led voting
      - Democratic legitimacy
      - Transparency and fairness
      - Equal opportunity
  - **4.3.4.2 Procedure**
    - Elections shall be held every four (4) years during the IPF World Championships at which Elections for IPF Executive Committee members are conducted.
    - Voting shall be conducted by secret ballot.
    - Voting may be conducted electronically or through an approved secure system.
    - The IPF shall ensure independent oversight or verification of the voting process where appropriate
    - Voting shall be secure and auditable.
    - An independent Election Oversight Panel shall supervise.
    - Results shall be certified and published.
  - **4.3.4.3 Governance Oversight**
    - The IPF Executive Committee approves procedures without interfering in independence.
    - The Athlete Commission shall be consulted.
  - **4.3.4.4 Term**
    - The Athlete Male Representative and Athlete Female Representative shall serve a four-year term as established by the IPF, with eligibility for re-election by the IPF General Assembly subject to applicable rules.
    - Additional Athlete Commission members shall be elected by the IPF General Assembly and/or appointed by the IPF Executive Committee for four-year terms, with eligibility for re-election or re-appointment, as applicable.
    - In alignment with internationally recognized governance principles, including those reflected by the International Olympic Committee the composition of the Athlete Commission shall ensure that a majority of its members are elected representatives.
- **4.3.5 – Athlete Register & Election Integrity Framework**
  - **4.3.5.1 Athlete Register**
    - The IPF shall maintain an official Athlete Register to:
      - Verify voters
      - Verify candidates
      - Support governance transparency
    -
  - **4.3.5.2 Member Nation Requirements**

Each IPF Member Nation shall submit a certified register of eligible athletes as of 1 January of the applicable election year.

- Member Nations shall submit:
  - Verified athlete lists
    - Minimum Information Requirements

The register shall include:

- a) Athlete name or unique identifier (where required by applicable law).
- b) Age division classification.
- c) Confirmation of good standing; and
- d) A valid email address for voting purposes,

- Certification of eligibility
  - The register must be certified by the President or Secretary-General of the Member Federation.
  - No modifications shall be permitted after the submission deadline without authorization from the IPF Executive Committee.
- Election-year submissions

- **4.3.5.3 Aggregated Data Reporting**

- Purpose
  - To support evidence-based governance and development planning, Member Nations shall provide annual aggregated, non-personal athlete data.
- Submission Requirement
  - Each Member Nation shall submit an annual report in a format prescribed by the IPF.
- Minimum Reporting Categories

The report shall include:

- a) Total number of registered athletes.
- b) Distribution by age division (Sub-Junior, Junior, Open, Masters).
- c) Gender distribution; and
- d) Year-over-year growth or change in athlete membership.

- Data Protection

All data shall be:

- a) Aggregated and anonymized.
- b) Free from personally identifiable information; and
- c) Used solely for statistical, governance, and development purposes.

- **4.3.5.4 Data Protection**

- Data Protection and Use Limitation

All data collected shall:

- a) Be used solely for the administration of Athlete Representative elections.

b) Be processed in accordance with applicable data protection laws; and

c) Not be retained longer than necessary for the stated purpose.

d) Be stored securely

- Alternative Voting Mechanism

Where data protection laws restrict sharing of personal data, Member Federations may administer ballot distribution, subject to IPF approval, provided that confidentiality, integrity, and equal access are ensured.

- **4.3.5.5 Compliance and Enforcement**

- Failure to comply with this Article may result in:

- a) Exclusion from Athlete Representative elections; and/or

- b) Review and corrective measures under IPF By-Law 12.3 – Governance Compliance Review.

- **4.3.5.6 Audit & Verification**

- The IPF may:

- Audit submissions

- Request supporting documents

- Impose corrective measures, including suspension of voting rights or referral to disciplinary bodies

- **4.3.5.7 Election Integrity**

- Only verified athletes may vote

- Elections shall be independently monitored

- Manipulation constitutes a governance violation

- **4.3.5.8 Implementation Tools**

- The IPF shall provide procedural guidance to support consistent implementation across all Member Nations.

- The IPF Governance Toolkit shall include:

- Athlete Register Certification Form

- Voting Eligibility Declaration

- Aggregated Data Template

- Data Protection Guidelines

- **Reason:**

- This Article establishes a comprehensive and modern framework for athlete representation within the IPF by formalizing the structure, election process, and data mechanisms necessary to ensure fair, transparent, and globally consistent participation of athletes in governance. It aligns with principles promoted by the International Olympic Committee particularly in strengthening athlete voice, democratic legitimacy, and accountability, while incorporating proportionate data protection safeguards to respect diverse legal environments across Member Nations. By combining election integrity with non-personal, aggregated reporting for strategic planning, the provision enhances both governance quality and the IPF's ability to support the sustainable development of the sport worldwide, without imposing unnecessary administrative or regulatory burden.

## 9) IPF BY-LAW ARTICLE 4.10 – RULES GROUP

- **Submitted by:** IPF EXECUTIVE COMMITTEE

- **Rule Identification:** IPF By-Law Article 4.10 – Rules Group

- **Action to be Taken**

- **Amendment – Partial Amendment**

- Insert the following text after the sentence – “The Rules Group is composed of members of the Executive Committee, the members of the Technical Commission, and one representative from each of the following Commissions: Athletes’, Coach, Medical,

Women's and Youth. The Chair of the Technical Commission is the Chair of the Rules Group.”

## **Current Text**

### **IPF By-Law 4.10, Paragraph 2**

#### **Goals and Objectives**

- To revise and update the IPF Technical Rules. Changes to the IPF Technical Rules take place when needed.
- The Rules Group is composed of members of the Executive Committee, the members of the Technical Commission, and one representative from each of the following Commissions: Athletes', Coach, Medical, Women's and Youth.
- The Chair of the Technical Commission is the Chair of the Rules Group

## **Proposed Text**

### **IPF By-Law 4.10, Paragraph 2**

#### **Goals and Objectives**

- To revise and update the IPF Technical Rules. Changes to the IPF Technical Rules take place when needed.
  - The Rules Group is composed of members of the Executive Committee, the members of the Technical Commission, and one representative from each of the following Commissions: Athletes', Coach, **Entourage**, Medical, Women's and Youth. The Chair of the Technical Commission is the Chair of the Rules Group. To revise and update the IPF Technical Rules. Changes to the IPF Technical Rules take place when needed. The Rules Group is composed of members of the Executive Committee, the members of the Technical Commission, and one representative from each of the following Commissions: Athletes', Coach, Medical, Women's and Youth. The Chair of the Technical Commission is the Chair of the Rules Group.
  - **To support a structured and transparent amendment process, the IPF shall maintain an official [IPF Technical Rulebook Amendment Form](#), through which IPF Member Nations, IPF Commissions/Committees, and relevant stakeholders may submit proposed amendments, clarifications, or technical inquiries.**
  - **All submissions shall be reviewed by the Rules Group in accordance with established procedures and may be incorporated into periodic Technical Rulebook updates or presented to the appropriate IPF body for consideration.**
  - **The official submission link to the [IPF Technical Rulebook Amendment Form](#) shall be maintained and published on the [IPF Technical Rules](#) to ensure accessibility and transparency.**
- **Reason:**
- Requiring all IPF Technical Rulebook amendment submissions to be made through the official IPF Technical Rulebook Amendment Form ensures a structured, transparent, and standardized process for the collection, review, and tracking of proposed changes. By centralizing submissions from Member Nations, Commissions, Committees, and other stakeholders, the IPF can maintain a clear audit trail, promote consistency in the format and content of proposals, and facilitate an efficient and objective review by the Rules Group in accordance with established procedures. Publishing and maintaining the official submission link on the IPF Technical Rules webpage further enhance accessibility, ensures equal opportunity for stakeholder participation, and reinforces good governance principles by providing a transparent and accountable mechanism for the continuous development and refinement of the Technical Rulebook

## 10) IPF BY- LAW 4.11 – IPF Master’s Commission

- Submitted by: IPF EXECUTIVE COMMITTEE
- Rule Identification: New IPF By-Law 4.11 – Masters Commission
- Action to be Taken
  - Addition – New By-Law
  - Add a new By-Law as follows:
    - **4.11.1 Establishment**
      - The International Powerlifting Federation (IPF) shall establish a Masters Commission to address matters relating to Masters athletes and divisions within the IPF.
    - **4.11.2 Purpose**
      - The purpose of the Masters Commission is to represent and advance the interests of Masters athletes and to promote fair competition, participation, and development across all Masters age divisions within the IPF.
    - **4.11.3 Composition**
      - The Masters Commission shall consist of six (6) members, appointed by the IPF Executive Committee, including:
        - (a) one (1) Chair.
        - (b) one (1) representative from each of the following Masters age divisions: Masters I, Masters II, Masters III, and Masters IV; and
        - (c) one (1) additional member, appointed to support the work of the Commission.
      - Members of the Masters Commission shall have relevant experience in Masters powerlifting and demonstrate the ability to contribute to the development and promotion of Masters athletes within the IPF.
    - **4.11.4 Duties and Responsibilities**
      - The Masters Commission shall:
        - (a) promote participation and retention of Masters athletes across all age divisions at national, regional, and international levels.
        - (b) provide recommendations to the IPF Executive Committee on matters relating to Masters competition structure, categories, and applicable rules.
        - (c) monitor and evaluate participation trends and competitive standards within Masters divisions to support informed and data-driven decision-making.
        - (d) advocate for fair and equitable opportunities for Masters athletes within IPF events, programs, and policies.
        - (e) support IPF Member Nations in the development and organization of Masters programs and competitions; and
        - (f) collaborate with other IPF Commissions and relevant bodies to ensure alignment on technical matters, safeguarding considerations, and athlete welfare relating to Masters athletes.
    - **4.11.5 Reporting Obligations**
      - The Masters Commission shall report to the IPF Executive Committee through its Chair.
      - The Commission shall provide:
        - (a) an annual written report outlining its activities, recommendations, and key developments relating to Masters powerlifting; and
        - (b) such additional reports or updates as may be requested by the IPF Executive Committee.
        - The Chair of the Masters Commission may be invited to present reports and recommendations at meetings of the IPF Executive Committee and the General Assembly, as appropriate.
    - **4.11.6 Advisory Role**
      - The Masters Commission shall act in an advisory capacity only.



- The gender composition of elected and appointed bodies.
- b) Such information shall be included in the IPF’s annual governance and compliance reporting.
- **4.12.6 Non-Compliance**
  - a) Failure to submit a required Gender Representation Declaration may result in:
    - Rejection or suspension of incomplete nomination submissions.
    - A request for corrective documentation prior to validation of the nomination.
  - b) Persistent or material non-compliance may be reported to the IPF Executive Committee for further consideration and potential action in accordance with the IPF Constitution and By-Laws.
- **Reason:**
  - The proposed IPF By-Law 4.4 establishes a practical and balanced framework to strengthen transparency and good governance in elections and nominations, while fully preserving the sovereign right of Member Nations to determine their own representatives through vote. Importantly, this Article does not introduce quotas, does not alter election outcomes, and does not impose structural requirements on Member Nations; rather, it ensures that nomination processes are open, fair, and properly documented. By requiring only that gender balance be considered—and not mandated—and by introducing simple reporting and declaration mechanisms, the provision aligns the IPF with internationally recognized governance standards of the International Olympic Committee without creating administrative or political burden. This approach protects the integrity and credibility of IPF elections, supports broader athlete representation, and strengthens the Federation’s global standing, while respecting the diversity of Member Nations and maintaining flexibility in how they implement these principles within their own structures.

## 12) IPF BY-LAW 5 – COURT OF JUSTICE

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 5 – Court of Justice, Section: 5.1.1 Hearing Procedure, Paragraph 4
- **Action to be Taken**
  - **Amendment – Partial Amendment**
  - Replace “1000” with “500”, replace “favour” with “favor”

### Current Text

#### IPF By-Law 5

A fee of Euro 1000 must be paid for each complaint brought before the Court of Justice. The fee shall be refunded if the complaint is upheld, or the case decided in favour of the party bringing the case to the Court. Nothing will be done with the complaint, or no case be accepted until the Treasurer confirms receipt of payment in full.

### Proposed Text

#### IPF By-Law 5

A fee of Euro ~~1000~~ 500 must be paid for each complaint brought before the Court of Justice. The fee shall be refunded if the complaint is upheld, or the case decided in favor of the party bringing the case to the Court. Nothing will be done with the complaint, or no case be accepted until the Treasurer confirms receipt of payment in full.

- **Reason:**
  - The proposed reduction in the cost of filing a complaint with the IPF Court of Justice is intended to promote fair and equitable access to the federation’s judicial mechanisms for all IPF Member Nations and participants. The current filing cost may present a financial barrier for some federations and individuals whose resources differ across the global membership of the IPF. By adjusting the filing cost, the IPF reinforces its commitment to transparency, accountability, and equal access to justice within the federation. This amendment supports internationally recognized principles of good governance in sport by ensuring that all members have a reasonable opportunity to seek resolution through the IPF’s established judicial processes.

### **13) IPF BY-LAW 10.1 – Anti-Doping Commission (ADC)**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** IPF By-Law 10.1 – Anti-Doping Commission, Subsection 10.1 Responsibilities, Subsection 10.1.2 Scope of Activities, and new Subsection 10.1.3 Composition
- **Action to be Taken**
  - **Amendment – Partial Amendment**  
Amend By-Law 10.1 as follows:

#### **Current Text**

#### **IPF By-Law 10.1**

#### **Anti-Doping Commission (ADC)**

The ADC is responsible for the IPF’s and its National Member Federations' proper implementation of the IPF Anti-Doping Rules as well as the administration of the IPF's entire anti-doping program to ensure its full compliance and conformity with the World Anti-Doping Code and all applicable International Standards.

The ADC's responsibilities include but are not limited to management, oversight, and administration of all IPF's activities related to anti-doping such as testing, analysis of samples, therapeutic use exemptions, investigations, education, results management, and disciplinary procedures.

#### **Proposed Text**

#### **IPF By-Law 10.1**

#### **Anti-Doping Commission (ADC)**

##### **10.1.1 Responsibilities**

The ADC is responsible for the IPF’s and its National Member Federations' proper implementation of the IPF Anti-Doping Rules as well as the administration of the IPF's entire anti-doping program to ensure its full compliance and conformity with the World Anti-Doping Code and all applicable International Standards.

##### **10.1.2 Scope of Activities**

The ADC's responsibilities include but are not limited to management, oversight, and administration of all IPF's activities related to anti-doping such as testing, analysis of samples, therapeutic use exemptions, investigations, education, results management, and disciplinary procedures.

##### **10.1.3 Composition**

The Anti-Doping Commission shall consist of a Chair and no fewer than four (4) additional members, with a maximum total composition of six (6) members, all possessing relevant experience and expertise in anti-doping matters.

- **Reason:**

- Establishing a defined structure and minimum membership requirement for the Anti-Doping Commission ensures that the IPF maintains sufficient expertise and capacity to effectively oversee anti-doping matters in accordance with international sport governance standards. Requiring members to have experience in anti-doping supports the integrity and technical competence of the commission.

#### 14) IPF BY- LAW 12.2 – National Member Federations’ Registry

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 12.2 – National Member Federations’ Registry
- **Action to be Taken**
  - **Amendment – Replacement**
  - Replace the existing text with the following text:

##### **Current Text**

##### **IPF By-Law 12.2**

##### **National Member Federations’ Registry**

All listings, in the Registry of the IPF National Member Federations shall include the name of the national federation, the names and addresses of officers and relevant organisational data such as email addresses, website etc.

##### **Proposed Text**

##### **IPF By-Law 12.2**

##### **National Member Federations’ Registry**

~~All listings, in the Registry of the IPF National Member Federations shall include the name of the national federation, the names and addresses of officers and relevant **organizational** data such as email addresses, website etc.~~

All listings in the [Registry of the IPF National Member Federations](#) shall include the following information:

##### **12.2.1 Public Registry Information**

The publicly accessible registry shall include:

- a) the name and official physical address of the National Member Federation.
- b) the names, official email addresses, and official phone numbers of the National Member Federation’s President and Secretary- General.
- c) the National Member Federation’s official webpage

##### **12.2.2 Internal Governance Records**

The IPF shall maintain internal governance records, which may include:

a) The names, official email addresses, and official phone numbers of all Executive Committee officers of the National Member Federation;

b) Additional organizational data and contact information necessary for governance, administration, and communication purposes.

### 12.2.3 Accuracy and Maintenance

National Member Federations shall ensure that all submitted information is accurate and kept up to date. Any changes shall be reported to the IPF Secretary-General, Assistant Secretary-General, and IPF office email via within a reasonable period.

### 12.2.4 Data Protection

All personal data collected and maintained under this provision shall be processed in accordance with applicable data protection laws and IPF policies.

○ **Reason:**

- This amendment updates the registry requirements to ensure that the IPF National Member Federations' Registry contains complete and accurate governance contact information, including the name, address, email address, and phone number of IPF Executive Committee members, in addition to relevant federation **organizational** data. The update improves transparency, communication, and administrative coordination between the IPF, its Executive Committee, and Member Federations.

## 15) IPF BY- LAW 12.3 – APPLICATION FOR NATIONAL AFFILIATION

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 12.3 – Application for National Affiliation
- **Action to be Taken**
  - **Amendment – Full Replacement and Restructuring**
  - **Amend the paragraph as follows:**
    - **12.3.1 – Submission of Application for National Affiliation**
      - All **new applications for national affiliation** should be forwarded and/or received by the Secretary General, **cc Assistant Secretary-General, and IPF office (office@powerlifting.sport).**
    - **12.3.2 Required Documentation**
      - Once the **application for national affiliation** is received, the Secretary General shall request that the federation submit the following documents **(English translation only)** via the **IPF Application for National Affiliation (New Member Nation Federation) form** desiring to join the IPF.
        - a. Governance Documents**
          - National Federation Constitution\*
          - National Federation By-Laws (or equivalent constitutional instrument governing internal operations) \*\*
            - The IPF recognizes that domestic law may permit the registration of a powerlifting national federation without bylaws. However, if an IPF Member Nation's Constitution does not contain the following components it must submit By-Laws (or an equivalent constitutional instrument governing internal operations) to the IPF Law and Legislation Commission for review and approval as a Member Nation governance document:

- **Democratic decision-making structures**, including a General Assembly with clearly defined authority over the federation's governance.
- **Clearly defined roles, powers, and responsibilities** of governing bodies, including the Executive Committee and any other statutory bodies.
- **Transparent and fair electoral procedures**, including nomination procedures, voting processes, and defined election cycles.
- **Conflict-of-interest safeguards**, including procedures for disclosure, management, and resolution of potential conflicts.
- **Disciplinary procedures**, including provisions ensuring athlete and member due process.
- **Internal appeal mechanisms** allowing decisions to be reviewed through an independent or designated appeals process.
- **Predictable and non-arbitrary governance**, ensuring that decisions are made in accordance with written rules and procedures.
- **Regulation of the day-to-day operations of the federation**, including administrative, financial, and organizational procedures necessary for the effective management of a national sport federation.
- **Compliance with the IPF Constitution, By-Laws, and applicable international sport regulations**, including anti-doping obligations and safeguarding standards where applicable.

#### **b. Organizational and Operational Documentation**

- [Member Data Form](#)
- Competition Results

#### **c. Legal Recognition**

- Letter of recognition from either the Ministry of Sport or the National Olympic Committee. If the National Federation is not recognized by the Ministry of Sport and/or the National Olympic Committee, the Association/Federation **MUST** be registered in the applying nation's government public registry website as a non-profit organization.
- ~~General Assembly Meeting Minutes containing the annual report, the financial statements, balance sheet, P/L Statement, as well as an Auditor's Report.~~

#### **d. Financial and Governance Accountability**

- General Assembly Minutes confirming the presentation and approval of the federation's Annual Report and audited Financial Statements, including the Statement of Financial Position (Balance Sheet), Statement of Income and Expenditure (Profit and Loss Statement), and Cash Flow Statement, together with the Independent Auditor's Report or certified financial review, where applicable.
- Calendar of Annual Events (including one classic & equipped national championship per year)

- National Federation Anti-Doping Rules and Anti-Doping Officer Contact Information.

- **12.3.3 Governance Review IPF By-Law and Legislation Commission**
  - Upon receipt of a complete application for national affiliation, the Secretary-General shall forward the application to the IPF Law and Legislation Commission.
  - The Commission shall:
    - Conduct a formal governance compliance review
    - Verify alignment with:
      - IPF Constitution
      - IPF By-Laws
      - Applicable international sport governance standards
  - The review shall include a structured governance checklist assessment, identifying:
    - Compliance
    - Partial compliance
    - Non-compliance
    - Required corrective actions (if applicable)
- **12.3.4 Commission Assessment and Recommendation**
  - Following review, the IPF Law and Legislation Commission shall submit to the IPF Executive Committee:
    - Copies of all governance documents submitted with the member nation's application for national affiliation in line with IPF By-Law Article 12.3.2
    - A written governance assessment report
    - A clear recommendation, which may include:
      - Approval
      - Conditional approval (subject to corrective actions)
      - Deferral pending further information
      - Rejection
- **12.3.5 Executive Committee Review and Decision**
  - The IPF Executive Committee shall review the application and the Commission's assessment prior to voting on the application.
  - The Executive Committee may:
    - Approve membership
    - Approve membership subject to conditions
    - Defer the application
    - Reject the application
- **Amend the following text of IPF By-Law 12.3, Paragraph two as follows:**
- **12.3.6 Post- Membership Governance Compliance and Monitoring**

Once the applying nation federation becomes an IPF member nation, the IPF may request ~~the following documents~~ copies of a Member Federation's governing documents and supporting information (**English translations only**) at any time in order to verify compliance with these governance standards.

~~Failure to provide the documents and reports, the IPF EC may elect to suspend National Federation on a temporary basis.~~ Failure to maintain governance structures consistent with these requirements may constitute grounds for corrective measures or disciplinary action in accordance with the IPF Constitution and By-Laws, to include an IPF By-Law 12.3 IPF Member Nation Governance Review, the IPF Executive Committee may elect to temporary suspend a National Federation.

- National Federation Constitution
- Competition Results
- ~~Annual General Assembly Meeting Minutes containing the annual report, the financial statements, balance sheet, P/L Statement, as well as an Auditor's Report.~~  
Annual General Assembly confirming the presentation and approval of the federation's Annual Report and audited Financial Statements, including the Statement of Financial Position (Balance Sheet), Statement of Income and Expenditure (Profit and Loss Statement), and Cash Flow Statement, together with the Independent Auditor's Report or certified financial review, where applicable.
- Calendar of annual Events (including one classic & equipped national championship per year)
- Member Nation Website
- National Federation Anti-Doping Rules and Anti-Doping Officer Contact Information
- Any other relevant information requested by the IPF.

○ **Amend the following text of IPF By-Law 12.3, Paragraph three as follows:**

~~The National Member Federations affiliated to the IPF shall not be affiliated to any other organization with similar objectives to those of the IPF and not to any organization purporting to be, or seeking to become, a worldwide governing body for powerlifting. This restriction shall be explicitly set out in the Constitution of the affiliated National Member Federation. A National Member Federation which joins a competing international association, or a body declared as such by the IPF Executive Committee shall be suspended if it refuses to respect the recommendations served hereto by the Executive Committee.~~

▪ **12.3.7 Independence and Recognition of National Member Federations**

National Member Federations affiliated with the IPF must be independent powerlifting federations whose primary purpose is the governance and administration of the sport of powerlifting within their respective country.

Applications for IPF membership shall be submitted only by a national powerlifting federation. Applications from joint federations, multi-sport strength organizations, or bodies representing multiple strength disciplines shall not be accepted unless powerlifting is governed through a clearly independent organizational structure within the federation.

National Member Federations affiliated with the IPF shall not be affiliated with any other organization having objectives similar to those of the IPF, nor with any organization purporting to be, or seeking to become, a worldwide governing body for powerlifting. This restriction shall be explicitly set out in the Constitution of the affiliated National Member Federation.

A National Member Federation that joins or maintains affiliation with a competing international association, or a body declared as such by the IPF Executive Committee, may be suspended if it refuses to comply with the recommendations or directives issued by the IPF Executive Committee.

○ **Amend the following text of IPF By-Law 12.3, Paragraph four as follows:**

The member National Federation shall post all reports and minutes of the General Assembly on their website for transparency and good governance.

- 12.3.8 Member Nation Website

Each IPF Member Federation shall maintain an official and publicly accessible website that provides accurate and up-to-date information regarding the federation's governance, administration, and sporting activities. The official website shall serve as the primary public source of information regarding the federation's governance, regulations, and national sporting activities.

The official website of each Member Federation shall include, at minimum, the following information:

1. The name and contact information of the federation, including an official physical address, official email address, and official phone number.
2. The names, official positions, and official email address of all members of the federation's Executive Committee or governing body. Phone numbers are optional.
3. The federation's constitution, statutes, and by-laws or equivalent document (where member nation Constitution does not include components listed in IPF By-Law 12.3 paragraph 1), and a summary of its governance structure.
4. All annual General Assembly and Extraordinary General Assemblies (where applicable) meeting minutes and reports as well as the presentation and approval of the federation's Annual Report and audited Financial Statements, including the Statement of Financial Position (Balance Sheet), Statement of Income and Expenditure (Profit and Loss Statement), and Cash Flow Statement, together with the Independent Auditor's Report or certified financial review, where applicable.
5. The annual calendar of national events, including at minimum one Classic (Raw) National Championship and one Equipped National Championship conducted each year.
6. Information regarding athlete eligibility, membership requirements, and national team selection procedures, where applicable.
7. Reference to the federation's compliance with the IPF Constitution, By-Laws, Technical Rules, and anti-doping obligations, including adherence to the World Anti-Doping Code.

Member Federations shall ensure that the information published on their official website is kept current and accessible to athletes, officials, and the public. At a minimum, Member Federations shall maintain up-to-date information regarding their governance structure, Executive Committee members, applicable governance documents (Constitution, Statutes, By-Laws or equivalent document) rules, policies, and official contact channels. Compliance with this requirement shall form part of periodic governance reviews conducted by the IPF.'

- **Add the following paragraph under IPF By-Law 12.3, Paragraph four as follows:**

- 12.3.9 Governance Compliance Review

- **12.3.9.1 Purpose**

- The purpose of this Article is to establish a structured, transparent, and uniform process for reviewing the governance documents and statutory compliance of Regional Federations and Member Nations.

- The Governance Compliance Review shall be conducted in accordance with the IPF Governance Compliance Review Policy adopted by the Executive Committee.

## **12.3.9.2 Periodic Review Cycle**

### 12.3.9.2.1

A comprehensive governance compliance review shall be conducted every four (4) years, aligned with the Olympic cycle (Periodic Review).

### 12.3.9.2.2

The Periodic Review shall assess constitutional alignment, democratic processes, election procedures, judicial independence, conflict-of-interest safeguards, and other governance standards required under IPF regulations.

## **12.3.9.3 Annual Governance Confirmation**

### 12.3.9.3.1

Except for the year in which a Periodic Review is conducted, each Regional Federation and Member Nation shall annually confirm in writing via the IPF's Annual Governance Confirmation Form:

- a) That its Constitution and By-Laws remain unchanged;
- b) Submit redlined Constitution and By-Laws amendments if modifications have been adopted.
- c) Confirm, by way of written statement, whether documentation evidencing its legal and/or sport governance standing exists within its national framework and remains valid (as further described under Article 12.3.9.3.3). Such confirmation shall be made in good faith and shall be deemed a formal representation to the IPF.

### 12.3.9.3.2

The annual confirmation shall include the date of the most recent General Assembly and confirmation of democratic election compliance.

### 12.3.9.3.3

#### **External Recognition Documentation (Upon Request)**

Each Regional Federation and Member Nation shall, upon request by the IPF Executive Committee, provide documentation confirming its legal or sport governance standing, where such documentation exists or would reasonably be expected to exist within its national framework.

Such documentation may include:

- a) A certificate or letter of good standing issued by the relevant governmental authority responsible for legal entity registration; confirming that the federation is duly registered and remains in good standing as a non-profit organization.
- b) Confirmation of recognition or affiliation from the National Olympic Committee or national sports authority;
- c) Proof of registration in an official national registry of sports organizations.

Failure to provide such documentation without reasonable justification may be subject to review and potential action under IPF governance and compliance provisions.

#### **12.3.9.4 Trigger-Based Review**

The IPF may request documentation under Article 12.3.9.3.3 where such a request is reasonably necessary and proportionate, including but not limited to the following circumstances:

- a. IPF Membership applications
- b. Adoption of a new Constitution or By-Laws
- c. Receipt of a formal complaint supported by a reasonable factual basis and alleging a specific violation of the [IPF Constitution](#), [IPF By-Laws](#), and/or the [IPF Code of Ethics](#);
- d. Allegations of non-democratic elections
- e. Failure to comply with governance submission requirements
- f. Periodic Review (every four years)
- g. Referral by the IPF Executive Committee, IPF Court of Justice, IPF Court of Appeal, or IPF Ethics Commission.
- h. Significant governance concerns affecting IPF integrity, legitimacy, or recognition
- i. Any matters arising from the Annual Governance Confirmation Form.

#### **12.3.9.5 Reporting**

The IPF Executive Committee will refer all relevant information to the Law & Legislation Commission for a governance compliance review. The Law & Legislation Commission shall submit a written compliance Report and any non-binding recommendations to the IPF Executive Committee following each governance compliance review.

The IPF Executive Committee shall consider such Report and recommendations and determine appropriate action, which shall be proportionate and consistent with the findings of the Report, with reasons provided where any recommendations are not adopted.

#### **12.3.9.6 Notice and Cure Period**

##### **12.3.9.6.1 – Principle**

Where a Regional Federation or Member Nation is found to be non-compliant with the IPF Constitution, By-Laws, or applicable governance standards, the Regional Federation or Member Nation shall be notified in writing. The IPF will provide a defined period (“Cure Period”) to remedy the identified deficiency prior to the imposition of further measures.

##### **12.3.9.6.2 – Determination of Cure Period**

The duration of the Cure Period shall be reasonable and proportionate to

the nature, severity, and complexity of the matter, taking into account the need to ensure fairness, due process, and the integrity of the sport.

Unless otherwise specified, the following indicative timeframes shall apply:

- a) **Minor administrative or documentation deficiencies:** 14–30 days
- b) **Moderate governance or procedural deficiencies:** 30–60 days
- c) **Serious governance breaches or structural non-compliance:** 60–90 days
- d) **Urgent matters affecting athlete eligibility for competition (international, regional, & national), athlete safety, safeguarding, anti-doping, or integrity:** Immediate action or a shortened Cure Period of up to 14 days, which may be accompanied by interim protective measures.

#### **12.3.9.6.3 – Notice Requirements**

Any Cure Period shall be communicated in writing and shall include:

- a) A clear description of the identified deficiency;
- b) The specific corrective actions required;
- c) The applicable deadline(s);
- d) The potential consequences of failure to comply within the Cure Period.

#### **12.3.9.6.4 – Monitoring and Interim Measures**

Where appropriate, the IPF may:

- a) Require progress updates during the Cure Period;
- b) Impose interim measures to safeguard governance, athlete welfare, or the integrity of the sport;
- c) Provide guidance or support to facilitate compliance.

#### **12.3.9.6.5 – Failure to Cure (Corrective Measures)**

Failure to remedy the identified deficiency within the prescribed Cure Period may result in the imposition of measures, including but not limited to:

- a) Formal warning or reprimand;
- b) Suspension of certain membership rights;
- c) Restrictions on participation in IPF activities or events;
- d) Referral to the Executive Committee, Ethics Commission or Court of Justice for further action.

#### **12.3.9.6.6 – Extension of Cure Period**

An extension of the Cure Period may be granted upon written request, where the Member Federation demonstrates good faith efforts toward compliance and provides reasonable justification for the extension.

#### **12.3.9.7 Facilitated General Assembly**

Where a Regional Federation or Member Nation is unable or unwilling to properly convene and conduct a General Assembly in accordance with its governing documents and IPF requirements, the IPF Executive Committee may, as a measure of last resort, facilitate or administer the General Assembly process.

Such intervention may be invoked where there is a reasonable and substantiated basis, including but not limited to:

- a) Expiration, invalidity, or dispute concerning the mandate of the Executive Committee;
- b) Failure to hold elections within prescribed timeframes;
- c) Material procedural irregularities affecting prior or proposed General Assemblies;
- d) Governance paralysis or external interference; or
- e) Any circumstance materially compromising governance integrity.

In such cases, the IPF shall act solely as a neutral and independent facilitator, with its role limited to ensuring that:

- i) Proper notice is issued;
- ii) A verified list of eligible members and voters is established;
- iii) The agenda complies with applicable constitutional requirements;
- iv) Quorum requirements are met;
- v) Voting procedures are conducted fairly and transparently; and
- vi) Proceedings are properly recorded.

Under no circumstances shall the IPF determine or influence the outcome of any vote, election, or decision.

#### **12.3.9.7.1 Principles of Intervention**

All actions taken under this Article shall be:

- a) Temporary and limited to what is necessary to restore lawful governance;
- b) Proportionate to the identified governance deficiency;
- c) Respectful of the autonomy of the Member Nation or Regional Federation; and
- d) Conducted in accordance with principles of transparency, fairness, and good governance.

Upon completion of the corrective process, full governance authority shall revert to the duly constituted governing body.

#### **12.3.9.7.2 Record keeping /Final Documentation**

The IPF shall maintain a written record of all governance compliance reviews and interventions, including:

- a) The basis for review or intervention;
- b) Actions taken; and
- c) Confirmation of resolution.

Such documentation shall form part of the official IPF governance records.

○ **Reason:**

- **cc Assistant Secretary-General, and IPF office (office@powerlifting.sport)** to assist Secretary-General with processing of new application for national affiliation. This amendment clarifies the administrative submission process for new Member Federation applications by specifying that all application requests must be forwarded to the IPF Secretary-General, with copies to the Assistant Secretary-General and the IPF Office. This ensures that applications are properly recorded, acknowledged, and processed through the IPF's official administrative channels. The update improves transparency, institutional record keeping, and continuity of governance, while ensuring that multiple IPF officials and the central office maintain oversight of incoming membership applications.
- \*The IPF recognizes that domestic law may permit the registration of a powerlifting national federation without bylaws. However, if a powerlifting federation's Constitution does not contain the following components \*\*It must submit National Federation By-Laws (or equivalent constitutional instrument governing internal operations):
  - **Democratic decision-making structures**, including a General Assembly with clearly defined authority over the federation's governance.
  - **Clearly defined roles, powers, and responsibilities** of governing bodies, including the Executive Committee and any other statutory bodies.
  - **Transparent and fair electoral procedures**, including nomination procedures, voting processes, and defined election cycles.
  - **Conflict-of-interest safeguards**, including procedures for disclosure, management, and resolution of potential conflicts.
  - **Disciplinary procedures**, including provisions ensuring athlete and member due process.
  - **Internal appeal mechanisms** allowing decisions to be reviewed through an independent or designated appeals process.
  - **Predictable and non-arbitrary governance**, ensuring that decisions are made in accordance with written rules and procedures.
  - **Regulation of the day-to-day operations of the federation**, including administrative, financial, and organizational procedures necessary for the effective management of a national sport federation.
  - **Compliance with the IPF Constitution, By-Laws, and applicable international sport regulations**, including anti-doping obligations and safeguarding standards where applicable.
    - This provision establishes minimum governance standards for IPF Member Federations to ensure alignment with the IPF Constitution, international sports governance principles, and recognized standards of transparency and due process. The amendment clarifies the essential governance elements that must be reflected in a Member Federation's constitution or by-laws in order to maintain compliance and promote consistent, accountable administration of powerlifting worldwide.
- **Member Data Form** – provided link to form because process was streamlined via creating this form to collect all requested information for a new application for national affiliation.
- **Annual General Assembly Meeting Minutes** confirming the presentation and approval of the federation's Annual Report and audited Financial Statements, including the Statement of Financial Position (Balance Sheet), Statement of Income and Expenditure (Profit and Loss Statement), and Cash Flow Statement, together with the Independent Auditor's Report or certified financial review, where applicable. This clarifies the exact financial documents expected in most international sport governance frameworks:
  1. Annual Report
  2. Balance Sheet / Statement of Financial Position
  3. Income & Expenditure / Profit & Loss Statement
  4. Cash Flow Statement
  5. Independent Auditor Report or Financial Review

This also aligns with IOC good governance financial transparency standards.

- **Calendar of annual events (including one classic & equipped national championship per year)** provides confirmation that the federation conducts at least one Classic and one Equipped National Championship each year. Thus, providing a qualifying for national federation members to qualify for IPF Calendar Events – Classic & Equipped. These requirements support the IPF’s responsibility to ensure that Member Federations maintain regular national-level sporting activity. The provision ensures that Member Federations demonstrate both organizational accountability through ongoing development of the sport through the organization of recognized national championships.
- **Member Nation Website** - This amendment introduces a requirement that each IPF Member Federation maintain an official website containing basic organizational and sporting information. An official website ensures that federations provide transparent, publicly accessible information regarding their governance structure, contact details, national championship events, rules, and athlete participation requirements. This requirement supports the IPF’s commitment to transparency, accountability, and effective communication, while also enabling athletes, coaches, and stakeholders to access accurate information about national federation activities.
- **National Member Federations affiliated with the IPF must be independent....”** - This amendment clarifies that applications for IPF membership must be submitted by a dedicated national powerlifting federation, rather than by joint or multi-sport strength federations representing multiple disciplines. The update reinforces the IPF’s role as the international governing body for the sport of powerlifting and ensures that Member Federations maintain a clear governance structure focused on the development and administration of powerlifting within their respective countries. The amendment also maintains the existing restriction preventing affiliation with competing international powerlifting organizations.
- **Official website of IPF Member Nation** - This amendment introduces a requirement that each IPF Member Federation maintain an official website containing essential governance and sporting information. Providing publicly accessible information regarding federation leadership, rules, national championships, and athlete participation requirements promotes transparency, accountability, and effective communication within the sport. The requirement also helps ensure that Member Federations demonstrate active governance structures and regular sporting activity, consistent with good governance standards commonly applied across international sport federations.
- **IPF Governance Compliance Review** – This amendment establishes a structured and transparent process for periodically reviewing the governance documents and statutory compliance of IPF Regional Federations and Member Nations. Implementing a regular governance compliance review aligned with the Olympic cycle promotes consistency with the IPF Constitution, By-Laws, and internationally recognized principles of good governance in sport, including those supported by the Olympic Movement. The review framework supports transparency, democratic governance, and institutional accountability while providing federations with a fair opportunity to address any identified issues through a reasonable cure period before further action is considered. This measure strengthens the integrity and stability of the IPF governance structure while ensuring that all affiliated organizations operate under clear and consistent governance standards.
- **12.3.9.3.3 External Recognition Documentation (Upon Request)** - This amendment strengthens the IPF’s governance framework by introducing a proportionate, request-based mechanism allowing the IPF to verify the legal status and national recognition of Member Nations where such documentation exists. It does not impose an annual burden but enables targeted verification in situations such as membership applications, governance concerns, or compliance reviews, thereby safeguarding the integrity, legitimacy, and transparency of the Federation. At the same time, it respects national autonomy by accounting for differences in legal and sport governance systems and permitting alternative declarations where formal documentation is not available,

- aligning with internationally recognized good governance principles while supporting athlete confidence in properly constituted national bodies.
- **12.3.9.6 Notice and Cure Period** – This amendment establishes a clear, structured, and proportionate framework for addressing governance and compliance deficiencies across Member Federations, aligned with principles of fairness, due process, and integrity recognized by the International Olympic Committee and consistent with CAS jurisprudence. By defining indicative cure periods, notice requirements, and escalation mechanisms, the provision enhances transparency, ensures equal treatment of Member Nations, and strengthens the IPF’s ability to enforce governance standards in a consistent and legally defensible manner.
  - **12.3.9.7 – Facilitated General Assembly** - This amendment establishes a clear, transparent, and legally defensible mechanism for the IPF to intervene, in exceptional circumstances, where governance failures prevent a Member Federation or Regional Federation from lawfully conducting a General Assembly. It is narrowly tailored to safeguard democratic processes, protect member rights and athlete interests, and ensure compliance with IPF governance standards, while strictly limiting the IPF’s role to neutral procedural facilitation. In doing so, it preserves federation autonomy while ensuring governance integrity, aligns with IOC-recognized principles of good governance, and is structured to withstand external scrutiny, including review before the Court of Arbitration for Sport (CAS).

## 16) IPF BY- LAW 12 – PROCEDURES

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 12.5 – Permitted Expenses by Officers
- **Action to be Taken**
  - **Amendment – Replace IPF By-Law 12.5 – Permitted Expenses by Officers in its entirety**
  - **Delete the current heading and text of:**
    - **12.5 Permitted Expenses by Officers**
      - ~~The permitted expenses of all officers of the IPF shall be decided by the President and Treasurer and contained in the budget proposals. If necessary, the Executive Committee may by two-thirds majority vary payments approved in the budget. A daily meal allowance of €50 to cover additional food and other living expenses is paid to the committee members when traveling to Events. The daily meal allowance shall include ALL travel days as well as the event days. An amount of allowance is to be decided by the General Assembly in which the election of board members takes place. The allowance does not cover the actual cost of travel and accommodation. This daily allowance of €50 shall be granted also to other IPF officers, who oversee any duty.”~~
- **Proposed Text:**
  - **12.5 Executive Committee Expenses and Financial Administration**
    - **12.5.1 Permitted Expenses by Officers**
      - The permitted expenses of all officers of the IPF shall be determined by the IPF Executive Committee and included within the annual budget proposals presented to the General Assembly. If necessary, the Executive Committee may, by a two-thirds majority vote, vary payments approved in the budget. In accordance with the duties and workload associated with their positions, IPF Executive Committee officers may receive a monthly expense allowance as determined by the Executive Committee and reflected in the approved budget.
    - **12.5.2 Daily Allowance for the IPF Executive Officers at the IPF Events**

- A daily meal allowance, as determined by the IPF Executive Committee, may be provided to Executive Committee members to cover reasonable meal and incidental expenses incurred while traveling to and attending IPF Events in an official capacity. The daily allowance shall apply to both travel days and event days.
- **12.5.3 Travel and Accommodation Costs for the IPF Executive Officers**
  - Travel, accommodation, and other expenses incurred by Executive Committee members while performing authorized duties may be reimbursed by the IPF in accordance with the approved IPF budget and financial policies.
- **12.5.4 Compensation for Other IPF Officials**
  - Other IPF officials may receive compensation for services performed on behalf of the IPF. Such compensation may be provided on a per-event, daily, monthly, or annual basis, as determined by the Executive Committee and in accordance with the approved IPF budget. All such compensation shall be administered through the Treasurer and included in the annual financial report presented to the General Assembly.
- **12.5.5 Expense Authorization and Financial Oversight**
  - All expense claims must be submitted to the Treasurer and supported by appropriate documentation. Reimbursements shall be approved and processed in accordance with the IPF financial procedures and the approved annual budget.
- **Reason:**
  - This amendment consolidates the existing provisions governing Executive Committee expenses and officer allowances into a clearly structured financial administration section. The current rules are dispersed across multiple provisions within Section 12, which can create ambiguity regarding expense authorization and reimbursement procedures. The proposed restructuring improves governance clarity and aligns the IPF By-Laws with widely recognized governance practices for international sport federations.

## 17) IPF BY- LAW 12.7 – Membership Fees

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 12.7 – Membership Fees, Paragraph 2, IPF Membership fees, Event sanctions
- **Action to be Taken**
  - **Amendment – partial deletion**
  - **Amend the paragraph as follows:**

Annual National Membership Affiliation Fee	Euro	<del>500</del> 400
Referee Examination Fee (Exams are free of charge for women)	Euro	50
Event Participation Fee for each athlete	Euro	<del>100-60</del>
Referee Card Renewal Fee (Men and women)	Euro	50
IPF Referee tie and Scarf	Euro	30
IPF Referee Badge (if lost)	Euro	15
Event Sanction Fee World Championships	Euro	<del>1000</del> 1500
<del>Regional</del> /World Championship Capitation Fee for each nominated Coach	Euro	50
Event Sanction Fee Combined World Championships (Equipped/Classic)	Euro	<del>1500</del> 2000
Referee Team Fine		<del>2000</del>

- **Reason:**
  - The proposed adjustment to the annual National Federation membership fee, event participation fees, and event sanction fees for World Championships and combined events reflects the increasing operational, administrative, and compliance costs associated with managing international powerlifting in accordance with modern sport governance standards. Updating these fees ensures the financial sustainability of the federation, enables continued delivery of high-quality World Championships and IPF-sanctioned events, and supports the growing administrative and regulatory responsibilities required to maintain the integrity, credibility, and global development of the sport.

## 18) IPF BY- LAW 12.7 – Membership Fees

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Laws 12.7 – Membership Fees, Paragraph 4 – Participation Fees
- **Action to be Taken**
  - **Amendment – partial deletion**
  - **Amend the paragraph as follows:**

The participating National Member Federations shall pay to the IPF an anti-doping fee of Euro 75 for each athlete entered and declared on the final entry form for all World Championships, other International Events and Regional Events. Anti-doping fees shall be clearly earmarked strictly for anti-doping purposes only. In addition to an anti-doping fee, the National Member Federation shall pay a participation fee of Euro ~~100~~ ~~60~~ for each athlete entered all International Events. Euro ~~40~~ ~~30~~ of the participation fee shall be paid to the organizer.

- **Reason:**
  - The proposed increase in athlete participation fees and the revised portion allocated to meet organizers reflects the rising costs associated with hosting IPF-sanctioned events, including venues, equipment, logistics, officiating, technology, and compliance requirements such as anti-doping. This adjustment ensures the continued financial sustainability of IPF competitions while providing meet organizers with appropriate support to deliver well-organized, high-quality events for athletes and officials.

## 19) IPF BY- LAW 12.7 – Membership Fees

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 12.7 – Membership Fees, Paragraph 2, Complaints to the Court of Justice
- **Action to be Taken**
  - **Amendment – partial deletion**
  - **Amend the paragraph as follows:**

Complaints to the Court of Justice	Euro	<del>1000</del> 500
Appeal to the Court of Appeals	Euro	500

- **Reason:**
  - The proposed reduction in the cost of filing a complaint with the IPF Court of Justice is intended to promote fair and equitable access to the federation's judicial mechanisms for all IPF Member Nations and participants. The current filing cost may present a financial barrier for some federations and individuals whose resources differ across the global membership of the IPF. By adjusting the filing cost, the IPF reinforces its commitment to transparency, accountability, and equal access to justice within the federation. This amendment supports internationally recognized principles of good

## 20) IPF BY- LAW 13.5 – Hall of Fame

- Submitted by: IPF EXECUTIVE COMMITTEE
- Rule Identification: By-Law 13.5 – Hall of Fame, Paragraph three
- Action to be Taken
  - Amendment – replace IPF By-Law 13.5 – Hall of Fame in its entirety

### Current Text

#### IPF By-Law 13.5

##### Hall of Fame

There shall be an honorary body titled the "IPF Hall of Fame". Its purpose shall be to honour members **and organizational partners** who have made an outstanding contribution either by way of lifting achievement or service in general to the sport of powerlifting internationally. A maximum of three athletes and two officials, male and female, **and partner**, may be elected to the Hall of Fame each year but with the added provision that not more than three from each gender may be elected in the same year.

A certificate of achievement will be awarded. No one who has served a period of ineligibility for a doping offence involving a non-specified substance, or who has committed multiple Anti-Doping Rule Violations or who has been established as having associated with an individual on the WADA Prohibited Association List shall not be nominated to Hall of Fame. Any athlete or official previously awarded Hall of Fame will lose this distinction if suspended or brings the sport of powerlifting into disrepute or for doping or any other Legal Code violations. The decision for removal shall be made by the Executive Committee.

The Executive decides prior to the General Assembly, after having received the bids from National Member Federations, to whom will be awarded Hall of Fame. The appointed persons will be honoured at the General Assembly.

### Proposed Text

#### IPF By-Law 13.5

##### 13.5.1 – Hall of Fame Nomination, Selection, and Induction Procedure

The IPF Executive Committee shall decide prior to the General Assembly which individuals and official IPF partners will be awarded induction into the IPF Hall of Fame, based on nominations submitted by National Member Federations or IPF Executive Committee. Nominations must be submitted through the official IPF Hall of Fame Nomination Form available on the [IPF Hall of Fame website](#) and the form must be completed and submitted by a member of the Executive Committee of the respective IPF National Member Federation or member of the IPF Executive Committee. The individuals selected for induction shall be honored during the General Assembly.

##### 13.5.2 – Integrity-Based Eligibility Restriction

An individual shall not be eligible for nomination or induction into the IPF Hall of Fame while they are:

a) serving or has served a period of ineligibility for a doping offense involving. Non-specified substance, or who has committed multiple Anti-Doping Rule Violations or who has been established as having associated with an individual on the WADA Prohibited Association

b) subject to an active investigation by the IPF Court of Justice or IPF Ethics Commission; or

c) serving a sanction imposed by the IPF Court of Justice or under the IPF Code of Ethics; or

d) a party to ongoing proceedings before the IPF Court of Justice or IPF Ethics Commission, whether at first instance or on appeal.\

Any nomination submitted during such period shall be deferred and held in abeyance until final resolution of the matter.

Upon conclusion of the matter, the nomination may:

- proceed (if no violation is found), or
- be reassessed in light of any sanction or findings issued.

### 13.5.3 – Post- Sanction Eligibility

An individual who has previously been sanctioned under the IPF Court of Justice or IPF Code of Ethics may be considered for nomination only after:

a) full completion of the sanction; and

b) a minimum period of two (2) years following the conclusion of the sanction.

In such cases, the IPF Executive Committee shall assess:

- the nature and severity of the violation,
- the individual's conduct following the sanction, and
- the overall impact on the integrity and reputation of the IPF.

### 13.5.4 - Dual Category Selection (Athlete and Official)

In the event that a nominee receives sufficient votes to qualify for induction in both the Athlete and Official categories within the same nomination cycle, the following procedure shall apply:

a) The nominee shall be inducted in only one (1) category during that cycle; dual-category induction in the same year is not permitted.

b) The category of induction shall be determined based on the category in which the nominee received the higher number of valid votes.

c) Where the nominee receives an equal number of valid votes in both categories, the IPF Executive Committee shall determine the category of induction by simple majority vote, in accordance with Article 6.5 of the IPF Constitution.

d) The nominee shall remain eligible for nomination and potential induction in the alternate category in future nomination cycles, subject to the standard nomination and selection procedures.

e) Where a nominee qualifies for induction in both the Athlete and Official categories but is inducted in only one (1) category in accordance with this Article, such dual qualification shall not result in the automatic elevation or substitution of any other nominee in the alternate category. Any remaining induction position in that category shall be determined solely based on the original voting results and applicable selection criteria, unless otherwise decided by the IPF Executive Committee in accordance with established procedures.

#### 13.5.5 Tie-Breaking Procedure for Hall of Fame Selection

In the event of a tie in the final vote for induction in either the Athlete or Official category, and where the tie affects the determination of the inductee(s), the following procedure shall apply:

- a) A tie-breaking vote shall be conducted by the IPF Executive Committee.
- b) Each member of the IPF Executive Committee shall be entitled to one (1) vote.
- c) The decision shall be determined by a simple majority of valid votes cast. Abstentions shall not be counted as valid votes.
- d) In the event of a further tie within the Executive Committee vote, the IPF President shall exercise a casting vote.
- e) Any Executive Committee member with a declared conflict of interest in relation to a nominee shall abstain from the tie-breaking vote.

#### 13.5.6 Protection of Integrity of Awards

The IPF Executive Committee retains the authority to defer or decline induction where credible integrity concerns exist that could materially affect the reputation of the IPF, provided that such decisions are:

- reasoned,
- proportionate, and
- consistent with the IPF Code of Ethics and principles of procedural fairness.

#### ○ Reason:

- Establishing an official online Hall of Fame nomination form ensures a transparent, standardized, and accessible process for submitting nominations to the IPF Hall of Fame. Creating an IPF Hall of Fame nomination form allows all Member Nations to follow the same submission procedure, improves record keeping, and ensures that nominations are received in a consistent format for review by the IPF Executive Committee. Requiring that nominations be submitted by a member of a National Federation's Executive Committee ensures that each nomination has been formally reviewed and endorsed at the national level, maintaining the credibility, integrity, and significance of the IPF Hall of Fame recognition.
- This amendment strengthens the integrity, clarity, and fairness of the IPF Hall of Fame selection process by establishing a transparent and objective mechanism for resolving dual-category qualifications and tied voting outcomes. By ensuring that nominees are inducted in a single category per cycle while preserving future eligibility, and by assigning tie-breaking authority to the IPF Executive Committee in accordance with established constitutional voting procedures, the amendment eliminates ambiguity, prevents procedural disputes, and aligns the Hall of Fame process with principles of good governance, accountability, and consistency expected under international federation standards.

## 21) IPF BY-LAW 14.4 – Invitation and Accommodation

- Submitted by: IPF EXECUTIVE COMMITTEE
- Rule Identification: By-Law 14.4 – Invitation and Accommodation, Paragraphs 1 and 3
- Action to be Taken
  - Amendment – replace verbiage in paragraphs 1 and 3.
  - Amend the paragraph as follows:

### Current Text

#### IPF By-Law 14.4

The official invitations and details of International Events must be received by National Member Federations at least six months prior to the Event. Details shall include the date of the General Assembly, Event date, names and addresses of hotels and the rates to be charged.

Accommodation rates charged by the organizer must not exceed the normal rack rate charged by the establishment providing the accommodation.

At all International Events the accommodation fees shall be payable by bank transfer or credit card as follows (Exceptions may be granted by the IPF EC):

- By bank transfer as specified by the organizer in the invitation for each International Event at the latest 14 days prior to the competition.
- By credit card.

### Proposed Text

#### IPF By-Law 14.4

The official invitations and details of ~~International Events~~ IPF Calendar Events (International) must be received by National Member Federations at least six months prior to the Event. Details shall include the ~~date of the General Assembly~~ Event date, names and addresses of hotels and the rates to be charged. For IPF Calendar Events (International) associated with a General Assemblies (IPF General Assembly and Regional General Assembly), the details shall also include the date of the General Assembly.

Accommodation rates charged by the organizer must not exceed the normal rack rate charged by the establishment providing the accommodation.

At all International Events the accommodation fees shall be payable by bank transfer, credit card, or cash (in the accepted currency of the host country), as follows (Exceptions may be granted by the IPF Executive Committee):

- By bank transfer as specified by the organizer in the invitation for each International Event at the latest 14 days prior to the competition.
- By credit card or in cash at check in

- Reason:

- This amendment seeks to modernize and clarify administrative requirements relating to invitations and accommodation arrangements for IPF Calendar Events (International). The proposal improves drafting consistency by distinguishing between general international events and those specifically connected to an IPF or

Regional General Assembly, ensuring that Member Federations receive all relevant governance-related scheduling information in a clear and standardized manner.

The amendment also introduces additional flexibility regarding accommodation payment methods by permitting cash payments in the accepted currency of the host country at check-in. This reflects the practical realities faced by some Member Federations, athletes, and officials who may encounter international banking limitations, credit card restrictions, or currency transfer challenges. The proposal supports accessibility, operational efficiency, and practical event administration while maintaining existing financial oversight provisions and Executive Committee discretion where appropriate.

## 22) **IPF BY- LAW 14.5 – Nomination of Athletes and Coaches to IPF Calendar Events**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 14.5 – Nomination of Athletes and Coaches to IPF Calendar Events, Paragraph 1
- **Action to be Taken**
  - **Amendment – replace verbiage in paragraph 2**
  - **Amend the paragraph as follows:**

### **Current Text**

#### **IPF By-Law 14.5**

#### **Nomination of Athletes and Coaches to IPF Calendar Events**

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination.

### **Proposed Text**

#### **IPF By-Law 14.5**

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than **30** ~~21~~ days prior to an International Event, must be made from those nominated in the preliminary nomination.

- **Reason:**
  - Participation at IPF World and Regional Championships continues to increase, resulting in high accommodation and logistical demands for organizers. All accredited athletes, coaches, officials, and referees nominated by their national federation for a World/Regional championship event must stay in the official hotel(s) designated by the organizer. All rooms must be booked at the latest by the deadline for the preliminary nomination. Because organizers are often required to guarantee or pre-pay hotel rooms up to 21 days in advance, extending the final nomination deadline from 21 to 30 days

allows more accurate booking and reduces financial risk. The additional time also improves operational planning and preparation for event organizers, IPF, and Regional Federations.

## 23) IPF BY- LAW 14.5 – Nomination of Athletes and Coaches [to IPF Calendar Events](#)

- Submitted by: IPF EXECUTIVE COMMITTEE
- Rule Identification: By-Law 14.5 – Nomination of Athletes and Coaches to IPF Calendar Events, add bullet point 3-4
- Action to be Taken
  - Amendment – partial deletion
  - Amend the paragraph as follows:

### Current Text

#### IPF By-Law 14.5

#### Nomination of Athletes and Coaches [to IPF Calendar Events](#)

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination.

### Proposed Text

#### IPF By-Law 14.5

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than **30** ~~21~~ days prior to an International Event, must be made from those nominated in the preliminary nomination.
- **At open championships, both classic and equipped, each nation may only nominate a maximum of 4 official representatives.**
- **At combined Sub-junior - Junior powerlifting championship, both classic and equipped, combined Master's powerlifting championships, classic and equipped, and combined bench press championships, both classic and equipped, all age groups, each nation may only nominate a maximum of 6 official representatives.**

- Reason:
  - The proposed amendment to IPF By-Law 14.5 and 14.5.1 introduces a reasonable limit on the number of official representatives that each National Member Federation may nominate to IPF Calendar Events. The purpose of this amendment is to ensure that individuals accredited as official representatives are genuinely performing a functional role on behalf of their federation at the championship, such as coaching, team management, medical support, or other designated team duties.

In recent years, IPF Championships have experienced an increasing number of individuals being nominated as “official representatives” despite not performing any

official responsibilities during the event. In some cases, this practice has been used primarily to obtain event accreditation and avoid paying athlete entry or spectator fees. This creates administrative challenges for Local Organizing Committees, increases pressure on venue capacity and security management, and undermines the integrity of the accreditation system.

By establishing clear limits on the number of official representatives per federation, the IPF promotes fairness and transparency among all Member Nations. The limits still allow sufficient personnel to properly support national teams while ensuring that accreditation privileges are reserved for individuals who are actively contributing to the operation and representation of their federation during the championship. This amendment therefore supports efficient championship management, responsible use of event resources, and equitable treatment of all participating nations.

## 24) IPF BY- LAW 14.5.1 – Nomination of Athletes and Coaches [to IPF Calendar Events](#)

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 14.5 – Nomination of Athletes and Coaches to IPF Calendar Events, add new provision following the final existing bullet point
- **Action to be Taken**
  - **Amendment – add new provision following the final existing bullet point**

### **Current Text**

#### **IPF By-Law 14.5.1**

A precondition for acceptance of a Preliminary nomination is that the nominating National Member Federation has successfully entered without exception the following information into the Goodlift System:

- Each nominated athlete, head coach, coach, and assistant coach.
  - For each IPF calendar event, every participating member nation must nominate a head coach who is required to be present and actively participate in the event for which they are nominated.
- A duly executed and signed Consent Form for each nominated athlete.
- Effective from January 1st, 2027, all coaches from IPF-affiliated member nations must hold an “IPF Basic Course” certificate.
- Effective from January 1st, 2026, all head coaches from IPF-affiliated member nations must hold an “IPF Coach Level II” certificate to be nominated for international, world, and regional championships and cups.

### **Proposed Text**

#### **IPF By-Law 14.5.1**

A precondition for acceptance of a Preliminary nomination is that the nominating National Member Federation has successfully entered without exception the following information into the Goodlift System:

- Each nominated athlete, head coach, coach, and assistant coach.
  - For each IPF calendar event, every participating member nation must nominate a head coach who is required to be present and actively participate in the event for which they are nominated.

- For each IPF calendar event, every participating member nation must nominate an athlete's best total performed within the preceding 18 months at a national championship or IPF Calendar event, e.g. World Championship or IPF Regional Federation Championship (Note: The qualifying total must be achieved prior to the preliminary nomination deadline for the respective championship in which the athlete is seeking to participate.
  - If a lifter is nominated in a lower weight class without having achieved a total in that weight class (within the preceding 18 months at a national championship or an IPF calendar event), they should be nominated using a 25kg-25kg-25kg-75kg (Squat-Bench-Deadlift-Total). For example, if a lifter competed in the 120+kg class throughout the past 18 months and is now nominated in the 105kg class, they should use a 25kg-25kg-25kg-75kg (Squat-Bench-Deadlift-Total)
- A duly executed and signed Consent Form for each nominated athlete.
- Effective from January 1st, 2029, all coaches from IPF-affiliated member nations must hold an "IPF Basic Course" certificate.
- Effective from January 1st, 2026, all head coaches from IPF-affiliated member nations must hold an "IPF Coach Level II" certificate to be nominated for international, world, and regional championships and cups. **Member nations must attend the first occurrence of the IPF Coach Level II in their region in 2026.**
- **All head coaches from IPF-affiliated member nations must successfully complete the High-Performance Coaches' Education Program course through [WADA ADEL](#) to be nominated for international, world, and regional championships and cups.**

○ **Reason:**

- This amendment requires that all head coaches nominated by IPF-affiliated Member Nations for international, world, and regional championships successfully complete the High-Performance Coaches' Education Program through ADEL. The requirement supports the IPF's commitment to maintaining high professional standards within the sport and ensures that coaches representing their national teams at international events are familiar with key principles related to anti-doping, athlete welfare, safeguarding, and ethical conduct in sport. Requiring completion of the ADEL education program also aligns the IPF with internationally recognized sport governance and education practices promoted by the World Anti-Doping Agency and the broader Olympic Movement. This measure strengthens the professional development of coaches, promotes consistent standards across all Member Nations, and contributes to the protection and support of athletes participating in IPF competitions.

This amendment establishes a clear and consistent rule that when a lifter is nominated in a lower weight class without having achieved a qualifying total in that category within the preceding 18 months, a default total of 25kg–25kg–25kg–75kg must be used. This ensures the integrity of the qualification system, maintains fairness among competitors, and prevents strategic manipulation of weight class changes without demonstrated performance. It also provides administrative clarity and uniformity across all Member Nations while supporting responsible athlete preparation and welfare.

## 25) IPF BY- LAW 14.5.4 – Nomination of Athletes and Coaches [to IPF Calendar Events](#)

- Submitted by: IPF EXECUTIVE COMMITTEE

- **Rule Identification:** By-Law 14.5.4
- **Action to be Taken**
  - **Amendment – Add new provision**

**Current Text**

**IPF By-Law 14.5.4**

Only accredited athletes, coaches, support personnel, officials, and referees are allowed in the performance, preparation, and warmup area. At no time, for health and safety reasons, are infants and children allowed in these areas.

**Proposed Text**

**IPF By-Law 14.5.4**

- Only accredited athletes, coaches, support personnel, officials, and referees are allowed in the performance, preparation, and warmup area. At no time, for health and safety reasons, are infants and children allowed in these areas. **Official representatives shall be individuals nominated by the National Member Federation who are serving an official function for the national team during the championship. These may include coaches, team managers, medical personnel, or other designated support staff approved by the federation. Individuals nominated as official representatives must be actively performing duties on behalf of their federation during the event and shall not be accredited solely for the purpose of obtaining access to the competition venue.**
- **Reason:**
  - The addition of IPF By-Law 14.5.4 clarifies the definition of “official representatives” nominated by National Member Federations to IPF Calendar Events to ensure consistency and integrity in the accreditation process. This amendment confirms that individuals listed as official representatives must be actively performing a legitimate role in support of their national team, such as coaches, team managers, medical personnel, or other designated support staff. Providing this clarification helps prevent the misuse of official accreditation for individuals who are not serving a functional role at the championship, while supporting fair access, efficient event management, and transparent governance of IPF competitions.

**26) IPF BY- LAW 14.5.5 – Nomination of Athletes and Coaches [to IPF Calendar Events](#)**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 14.5.5 – Coach Eligibility and Inter-Federation Coaching Assistance
- **Action to be Taken**
  - **Amendment – Partial Amendment**

**Amend the Article as follow**

**Current Text**

**IPF By-Law 14.5.5**

**Each national federation has the autonomy to establish their own rules and procedures when selecting their national team coaches and lifters. Coaches and lifters shall be nominated from the federation where they're a member in good standing.**

**Proposed Text**

**IPF By-Law 14.5.5**

Each national federation has the autonomy to establish their own rules and procedures when selecting their national team coaches and lifters. Coaches and lifters shall be nominated from the federation where they're a member in good standing.

The IPF recognizes that collaboration between Member Federations may occur in the interest of athlete support and development. Therefore:

- a) A coach who is properly nominated by their own Member Federation may assist or handle athletes from another Member Federation;
- b) Such assistance is permitted only where:
  - i. The coach has been duly nominated by their home Member Federation; and
  - ii. Both the coach's home Member Federation and the athlete's Member Federation have provided prior concurrence for this arrangement.
- c) This provision shall not affect the requirement that all coaches must be nominated in accordance with this By-Law and remain members in good standing of their nominating federation.

○ **Reason:**

- This amendment clarifies IPF By-Law 14.5.5 by formally recognizing and regulating inter-federation coaching collaboration that already occurs in practice. It preserves the core requirement that coaches must be nominated by and be members in good standing of their own federation, while introducing a clear and controlled framework allowing them to assist athletes from another federation. By requiring prior concurrence from both Member Federations, the provision ensures that such arrangements are transparent, authorized, and consistent with IPF governance standards.

From a governance and sporting perspective, this proposal strengthens accountability, reduces the risk of disputes or unauthorized participation, and enhances operational clarity at international competitions. At the same time, it supports athlete welfare and performance by allowing access to established coaching relationships where appropriate. The amendment aligns with IOC governance principles of transparency, fairness, and athlete-centered decision-making, while maintaining federation autonomy and the integrity of the nomination system.

## 27) IPF BY- LAW 14.5.6 – Nomination of Athletes and Coaches [to IPF Calendar Events](#)

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 14.5.6 – Coach Nomination Limits
- **Action to be Taken**
  - **Amendment – Partial Amendment**
  - **Replace the relevant sentence as follows:**

### **Current Text**

#### **IPF By-Law 14.5**

#### **Nomination of Athletes and Coaches [to IPF Calendar Events](#)**

At all age group combined bench press championship, both classic & equipped, each nation may only nominate a maximum of 20 coaches.

### **Proposed Text**

#### **IPF By-Law 14.5**

At open championships, both classic and equipped, each nation may only nominate a maximum of 12 coaches.

At youth and junior combined powerlifting championship, both classic and equipped, each nation may only nominate a maximum of 12 coaches.

At Master's combined powerlifting championships, both classic & equipped, each nation may only nominate a maximum of 16 coaches.

At all age group combined bench press championship, both classic & equipped, each nation may only nominate a maximum of **20 24** coaches. **This rule is effective 01 January 2027.**

○ **Reason:**

- This amendment reflects the continued growth and increasing operational demands of IPF age group combined Bench Press Championships across both Classic and Equipped divisions. With large athlete participation spanning multiple age categories and, in many cases, simultaneous platforms, the current limit of 20 coaches per nation has proven restrictive for larger delegations. Increasing the cap to 24 coaches enables Member Federations to provide adequate athlete support, ensure proper warm-up management, and maintain a high standard of performance and safety throughout the competition.

The proposed increase is modest, targeted specifically to these high-density championships, and maintains appropriate governance control while enhancing event efficiency and athlete welfare. The implementation date of 1 January 2027 allows sufficient time for planning and operational adjustments, ensuring a smooth transition for organizers and Member Federations.

**28) IPF BY- LAW 14.5.X.1 – Nomination of Athletes and Coaches [to IPF Calendar Events](#) IPF BY- LAW 14.5.X.1 – Nomination of Athletes and Coaches [to IPF Calendar Events](#)**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** New By-Law 14.5.X – Submission of Annual National Championship Results
- **Action to be Taken**
  - **Amendment – add new provision Proposed Text**

**IPF By-Law 14.5.X.1**

Each IPF National Member Federation shall submit the official results (English) of its annual National Championship to the IPF Nomination and Scoring System for record keeping and verification purposes. If a National Member Federation is unable to upload the results directly to the IPF Nomination and Scoring System due to technical limitations, the federation shall submit the official results to the IPF Championship Secretary, IPF Nomination and Scoring System administrator, and the IPF Office in the desired format requested by the IPF Championship Secretary within the timeframe established by the IPF.

The submitted results shall serve as the official record confirming that the National Championship has been conducted and may be used by the IPF to verify athlete eligibility and nominations for IPF Calendar Events. Failure to submit the official National Championship results may result in the rejection of nominations submitted by

the National Member Federation until the required documentation has been received by the IPF.

**This requirement shall become mandatory effective 1 January 2027. During the 2026 calendar year, submission of National Championship results through the IPF Nomination and Scoring System will be optional to allow National Member Federations time to transition to the new system.**

○ **Reason:**

- This addition establishes a standardized requirement for IPF National Member Federations to submit the official results of their annual National Championships to the IPF Nomination and Scoring System, improving transparency, record keeping, and the IPF's ability to verify athlete eligibility for nominations to IPF Calendar Events. The phased implementation allows Member Nations to become familiar with the new system during 2026 before the requirement becomes mandatory in 2027, ensuring a smooth transition while maintaining consistent and verifiable records of national championship results across all federations.

## **29) IPF BY- LAW 14.5.X2 – Athlete Qualification and Nomination Transparency**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** New By-Law 14.5.X2 – Athlete Qualification and Nomination Transparency
- **Action to be Taken**
  - **Addition – New Sub-Article**
  - **Add new Article oils 14.5.X2**

### **Proposed Text Article 14.5.X2**

#### **14.5.X2– Athlete Qualification and Nomination Transparency**

##### **14.5.X2.1 – Principle**

Eligibility to represent a National Member Federation in IPF-sanctioned competitions shall be determined through a clearly defined, transparent, and documented qualification and nomination process, established by the respective Member Nation.

##### **14.5.X2.2 – Written Policy Requirement**

Each National Member Federation shall maintain a written athlete qualification and nomination policy, which shall include at minimum:

- a) Qualification criteria (e.g., results, rankings, standards).
- b) Selection criteria and decision-making framework.
- c) Any discretionary provisions, including the conditions under which discretion may be exercised.
- d) Nomination procedures, timelines, and deadlines.

##### **14.5.X2.3 – Publication and Accessibility**

The policy shall be:

- a) Publicly accessible to all athletes.
- b) Published in advance of the applicable competition cycle.
- c) Communicated in a manner that allows athletes to reasonably understand the pathway to eligibility and selection.

#### **14.5.X2.4 – Application and Consistency**

National Member Federations shall apply their policies:

- a) Consistently and objectively.
- b) Without arbitrary deviation.
- c) In a manner that upholds fairness and equal opportunity.

#### **14.5.X2.5 – Governance Oversight**

Where the IPF receives credible information that:

- No written or publicly accessible policy exists; or
- The policy is not applied in a transparent, consistent, or fair manner.

the IPF may:

- a) Request submission of the policy.
- b) Request supporting documentation related to selection decisions.
- c) Conduct a governance review.
- d) Issue guidance or require corrective measures.

#### **14.5.X2.6 – Compliance**

Failure to comply with this Article may constitute a breach of IPF governance standards and may result in:

- a) Formal review under IPF procedures.
- b) Referral to the appropriate IPF body, including the Ethics Commission or Court of Justice.

- **Reason:**

- This amendment establishes a minimum governance standard requiring all National Member Federations to adopt and publish clear, written athlete qualification and nomination policies. It does not interfere with federation autonomy; rather, it ensures that each federation defines its own criteria in a transparent and structured manner. By requiring documented processes, publication, and consistent application, the Article protects athletes from uncertainty, inconsistent decision-making, and perceived or actual arbitrariness, while preserving each federation's authority to determine its own selection framework.

The proposal aligns with internationally recognized governance principles, including those of the Olympic Movement, which emphasize transparency, fairness, and equal opportunity in athlete selection. It further strengthens the IPF's ability to ensure integrity across all member nations by introducing proportionate oversight mechanisms only where credible concerns arise. This is not a prescriptive selection rule, but a

governance safeguard—designed to enhance trust, reduce disputes, and provide a clear, defensible standard for athlete nominations consistent with good governance and CAS principles.

### 30) **IPF BY- LAW 14.5.X3 – Nomination of Athletes and Coaches to IPF Calendar Events**

- Submitted by: IPF EXECUTIVE COMMITTEE
- Rule Identification: New By-Law 14.5.X3 – Eligibility, Presumption of Nomination, and Athlete Protection
- Amendment – Full Restructure and Addition of New Sub-Articles
- Action to be Taken
  - Amendment –Add New SubArticle 14.5.X3

#### **Proposed Text**

#### **Article 14.5.X3**

#### **14.5.X3– Eligibility and Presumption of Nomination**

##### **14.5.X3.1 – Federation Autonomy**

Member Federations retain full authority to establish and administer their own qualification and nomination procedures for participation in IPF Calendar Events, including the determination of selection criteria, performance standards, timelines, and team composition.

##### **14.5.X3.2 – Transparency Requirement**

All such procedures shall be clearly defined, formally adopted, and publicly accessible to athletes in advance of the relevant nomination period, in accordance with principles of transparency, fairness, and accountability.

##### **14.5.X3.3 – Minimum Eligibility Standard**

An athlete shall be deemed eligible for nomination consideration where the athlete:

- a) Is in good standing with their Member Federation, with no pending administrative, disciplinary, anti-doping, or financial restrictions; and
- b) Has achieved a qualifying total at a recognized National or International competition in accordance with IPF Technical Rules and any applicable event-specific standards.

##### **14.5.X3.4 – Presumption of Nomination**

Where an athlete satisfies the eligibility criteria set out in Article 14.5.X.3, there shall be a rebuttable presumption that the athlete will be nominated for participation in the relevant IPF Calendar Event.

##### **14.5.X3.5 – Rebuttal of Presumption**

A Member Federation may decline to nominate an eligible athlete only where the decision:

- a) Is based on pre-established, objective, and sport-related selection criteria, including but not limited to ranking, performance standards, team size limitations, or strategic selection considerations;
- b) Has been applied consistently and non-discriminatorily across all athletes; and
- c) Relies on criteria that were published and accessible in advance of the nomination process.

#### **14.5.X3.6 – Written Justification**

Where an eligible athlete is not nominated, the Member Federation shall, upon reasonable request, provide a written explanation outlining the objective basis for the decision, with reference to the applicable selection criteria.

#### **14.5.X3.7 – Procedural Fairness**

Member Federations shall ensure that athletes have access to a timely, fair, and impartial internal review or appeal mechanism in relation to nomination decisions, consistent with principles of natural justice.

#### **14.5.X3.8 – Governance and Compliance**

Failure to comply with the principles set out in this Article, including obligations relating to transparency, consistency, and procedural fairness, may be subject to review under applicable IPF governance, ethics, or judicial procedures.

▪ **Reason:**

- This amendment introduces a measured and balanced governance safeguard designed to protect athletes while fully preserving the autonomy of Member Federations.

It does not mandate selection outcomes, nor does it interfere with national qualification systems. Instead, it establishes a minimum standard of transparency, fairness, and accountability in the nomination process.

The proposal:

- Reinforces that Member Federations retain full control over how athletes are selected, including team size and performance prioritization;
- Introduces a rebuttable presumption of nomination for athletes who are objectively eligible, reducing the risk of arbitrary or unexplained exclusion;
- Ensures that any decision not to nominate an eligible athlete is based on pre-established, publicly available, and consistently applied criteria;
- Provides athletes with basic procedural safeguards, including access to explanation and internal review;
- Aligns with internationally recognized governance principles promoted by bodies such as the International Olympic Committee, particularly in relation to transparency, fairness, and athlete rights;
- Reduces the likelihood of disputes escalating to the Court of Arbitration for Sport by ensuring that clear internal processes are in place.

Overall, this amendment strengthens confidence in the integrity of the IPF nomination system while maintaining respect for the diversity and independence of Member Federations.

### 31) **IPF BY- LAW 14.5.X4 – Nomination of Athletes and Coaches to IPF Calendar Events**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** New By-Law 14.5.X4 – Financial Constraints and Athlete Self-Funding for IPF Calendar Events
- **Amendment – Full Restructure and Addition of New Sub-Articles**
- **Action to be Taken**
  - **Amendment –Add New SubArticle 14.5.X4**

#### **Proposed Text Article 14.5.X4**

A Member Federation shall not decline to nominate an otherwise eligible athlete solely on the basis of financial constraints where:

- a) The athlete voluntarily agrees, in writing, to assume responsibility for all costs associated with participation in the relevant IPF Calendar Event, including but not limited to travel, accommodation, and related participation expenses; and
- b) The athlete further agrees to comply with all applicable anti-doping requirements and, where permitted under applicable regulations, accepts financial responsibility for doping control costs and any consequences arising from an anti-doping rule violation, without limitation to sanctions imposed under the IPF Anti-Doping Rules.
- c) Such self-funding arrangement does not impose any financial, legal, or operational liability on the Member Federation or the IPF.

#### ▪ **Reason:**

- This provision addresses a practical barrier to athlete participation by ensuring that financial constraints alone do not prevent otherwise eligible athletes from being nominated. It does not impose any financial obligation on Member Federations but instead provides a voluntary mechanism for athletes to self-fund their participation. At the same time, it fully protects federations and the IPF by confirming that such arrangements create no financial, legal, or operational liability. The provision also maintains the integrity of the anti-doping framework by requiring full compliance with all applicable rules, consistent with standards set by the World Anti-Doping Agency.
- Importantly, this amendment preserves the autonomy of Member Federations to determine selection criteria and team composition, applying only where financial constraints are the sole reason for non-nomination. It ensures that participation remains voluntary, transparent, and properly documented, while aligning with governance principles promoted by the International Olympic Committee, particularly in relation to fairness and athlete opportunity. Overall, it strengthens athlete access to competition in a balanced and enforceable manner without disrupting existing national systems.

### 32) **IPF BY- LAW 14.9 – Eligibility to Represent an IPF National Member Federation**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** New By-Law 14.9 – Eligibility to Represent an IPF National Member Federation. **Amendment –**

- Action to be Taken
- Amendment – Full Replacement and Restructuring

## Current Text

### Article 14.9

All athletes taking part in International Events representing a National Member Federation must be either a resident or passport holder of the country of the National Member Federation entering or sanctioning the participation of those athletes.

An athlete who is a resident or passport holder of two or more countries at the same time may represent either one of them, as he or she may elect. However, after obtaining membership in one National Member Federation and the athlete chooses to obtain membership in another National Member Federation, they must first initiate the IPF Transfer to Another IPF Federation Process via their current National Member Federation. Pending final approval of that request by the IPF Executive Committee and acceptance of the membership eligibility by the new National Member Federation; The athlete's transfer will be valid. An athlete **cannot hold membership in two National Member Federations at the same time**. can only be a member of one national powerlifting federation to prevent instances of conflict of interest and to ensure the principles of anti-doping are followed in accordance with the WADA Code. Additionally, after having represented one country in an International Event, he or she may not represent another country unless he or she meets the conditions outlined in paragraphs three through five.

An athlete who has represented one National Member Federation in an International Event and decides to change either their residency or passport to another National Member Federation country may participate in International Events as a representative of his or her new National Member Federation country provided that at least six months have passed since the athlete last represented their former National Member Federation country. The six months period may only be reduced with the agreement of both National Member Federations and with the final approval of the Executive Committee or in exceptional cases as defined by the Executive Committee with unilateral Executive Committee approval. A National Member Federation may only decline that an athlete moves from one National Member Federation to another National Member Federation country for justified reasons, to the satisfaction and sole discretion of the Executive Committee.

If an athlete moves from one National Member Federation country to another and does not have the passport for their new National Member Federation's country, the residency of the athlete must be verified (e.g., school documents, employment contract, etc.) to the satisfaction and sole discretion of the Executive Committee. The athlete must have resided in the country for at least six months before being able to start representing the new National Member Federation.

All cases related to the determination of the National Member Federation which an athlete may represent in an international event, shall be resolved by the Executive Committee at its sole discretion. In resolving such matters, the Executive Committee may make all decisions of a general or individual nature to ensure that the athlete is treated fairly. The Executive Committee will consider national legislation when taking decisions. The athlete may not change federations if he/she has been charged with an Anti-Doping Rule Violation or if the athlete is subject to disciplinary action.

## Proposed Text

### Article 14.9

#### 14.9.1 – General Eligibility

All athletes taking part in International Events representing a National Member Federation must be either:

- a) A passport holder of that country; or
- b) A verified resident of that country

#### **14.9.2. Dual Nationality**

An athlete who is a resident or passport holder of two or more countries at the same time may represent either one of them, as he or she may elect. However, after obtaining membership in one National Member Federation and the athlete chooses to obtain membership in another National Member Federation, they must first initiate the [IPF Transfer to Another IPF Federation Process](#) via their current National Member Federation. Pending final approval of that request by the IPF Executive Committee and acceptance of the membership eligibility by the new National Member Federation; The athlete's transfer will be valid.

#### **14.9.3 – Single Federation Membership**

An athlete cannot hold membership in two National Member Federations at the same time. can only be a member of one national powerlifting federation to prevent instances of conflict of interest and to ensure the principles of anti-doping are followed in accordance with the WADA Code.

#### **14.9.4 – Change of Representation After International Participation**

An athlete who has represented one National Member Federation in an international competition may not represent another National Member Federation unless the conditions set out in this Article are satisfied.

#### **14.9.5 – Transfer of Athlete Eligibility and Membership**

An athlete transferring from one National Member Federation to another must:

- a) Initiate the transfer through the [IPF Transfer Form process](#) via their current National Member Federation.
- b) Obtain acceptance from the new National Member Federation via the [IPF Transfer Form process](#);
- c) Receive final approval from the IPF Executive Committee.

The transfer shall only be valid upon completion of all required approvals.

#### **14.9.6 – Waiting Period**

Where an athlete changes nationality or residency and seeks to represent a new National Member Federation:

- a) A minimum period of six (6) months must have elapsed since the athlete last represented their former National Member Federation.
- b) This period may be reduced:
  - With the agreement of both National Member Federations; and
  - Subject to approval by the IPF Executive Committee.
- c) In exceptional cases, the IPF Executive Committee may approve a reduction at its sole discretion.

Where an athlete changes nationality or residency and seeks to represent a new National Member Federation:

a) A minimum period of six (6) months must have elapsed since the athlete last represented their former National Member Federation.

b) This period may be reduced:

- With the agreement of both National Member Federations; and
- Subject to approval by the IPF Executive Committee.

c) In exceptional cases, the IPF Executive Committee may approve a reduction at its sole discretion.

#### **14.9.7 – Residency Verification**

Where an athlete does not hold a passport of the new country:

a) Residency must be verified through appropriate documentation (e.g., employment, education, or other official records).

b) The athlete must have resided in the country for a minimum of six (6) months prior to eligibility.

c) Verification shall be subject to the satisfaction of the IPF Executive Committee.

Where an athlete does not hold a passport of the new country:

a) Residency must be verified through appropriate documentation (e.g., employment, education, or other official records).

b) The athlete must have resided in the country for a minimum of six (6) months prior to eligibility.

c) Verification shall be subject to the satisfaction of the IPF Executive Committee.

#### **14.9.8 – Executive Committee Authority**

All matters relating to the determination of athlete eligibility and national representation shall be resolved by the IPF Executive Committee.

In making such determinations, the Executive Committee shall:

a) Ensure that the athlete is treated fairly.

b) Consider applicable national legislation.

c) Exercise its discretion in both general and individual cases.

#### **14.9.9 – Restrictions**

An athlete may not transfer or change National Member Federation representation if:

a) The athlete is subject to an Anti-Doping Rule Violation; or

b) The athlete is currently subject to disciplinary proceedings or sanctions.

- **Reason:**

- This amendment modernizes Article 14.9 by:
  - Structuring eligibility rules clearly and consistently.
  - Removing ambiguity that may create disputes.
  - Strengthening legal defensibility.
- The addition of Article 14.9.8 introduces minimum transparency standards without limiting Member Nation autonomy.

It ensures that:

- Athlete eligibility pathways are clear and predictable.
  - Selection processes are fair and transparent.
  - Governance practices align with internationally recognized standards, including those of the International Olympic Committee.
- This amendment modernizes Article 14.9 by:
    - Structuring eligibility rules clearly and consistently.
    - Removing ambiguity that may create disputes.
    - Strengthening legal defensibility.
  - The addition of Article 14.9.8 introduces minimum transparency standards without limiting Member Nation autonomy.
  - It ensures that:
    - Athlete eligibility pathways are clear and predictable.
    - Selection processes are fair and transparent.
    - Governance practices align with internationally recognized standards, including those of the International Olympic Committee.

### **33) IPF BY- LAW 14.15 – Including a Referee in National Teams, Fine, Restrictions**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** By-Law 14.15 – Including a Referee in National Teams, Fine, Restrictions, Paragraphs 1-3
- **Action to be Taken**
  - **Amendment – Replacement**
- **Current Text:**

Any National Member Federation, being a member of the IPF for more than 5 years and participating with more than 4 athletes in the IPF Events, should include international referee(s) among its team officials available for refereeing or being a member of the Jury at least for two days. The host federation can nominate six referees. A federation participating with more than 4 athletes, as stated in the preliminary nomination, is obliged to nominate at least one referee and a National Member Federation with more than 14 athletes, as stated in the preliminary nomination, is obliged to nominate at least two referees.

No nominated referees may be currently serving periods of ineligibility because of an Anti-Doping Rule Violation. It is the nominating National Member Federation's obligation to

ensure that none of the referees it nominates are currently subject to disciplinary action of any kind under any IPF rule. Each referee assigned to an International Event is required to know and understand the IPF Anti-Doping Rules.

In combined Events (men and women) the 4 athletes and the 14 athletes include the total number of athletes from one National Member Federation. If a referee(s) from that National Member Federation is not present, or if present, but is not available to act in the capacity of either a referee or a member of the Jury for at least two days during the Event, the athletes are allowed to take part, but a fine of Euro 2000 must be paid by the National Member Federation for each missing referee. The Treasurer must receive such payment before the athletes from that National Member Federation can take part in any further IPF International Events.

Each National Member Federation must specify on the nomination form the weight categories in which their referees are available for refereeing. After the final nomination date, the Technical Commission Chair issues a Referee duty list for the whole Event. Any changes of a Referee's duty may be reported to the Technical Commission's Chair until 14 days prior to the Event. After that date, the referees cannot expect to officiate in other duties than specified on the Referee duty list.

For combined championships, the Member Federations must send a referee for each competition (Sub-Junior/Junior, master's and Open) or have one referee for the entire time a minimum of two sessions.

Referee duties, specified by the Technical Commission Chair, are mandatory 14 days prior to the Technical Meeting. However, National Member Federations may allocate duties between their own referees before the Technical Meeting upon agreement with the appointed Technical Commission member. Any changes, withdrawals, or no show up by a referee regarding the allocated duty after the Technical Meeting, may lead to a warning or Euro 100 fine depending on the rationale as decided by the Jury in cooperation with the appointed Technical Commission member.

- **Proposed Text:**
- Any National Member Federation that has been affiliated with the IPF for more than five years and nominates more than 4 (four) athletes for an IPF Event must include qualified international referees among its team officials. These referees must be available to officiate on the platform or serve on the Jury for a minimum of 2 full days. In case a referee needs an exception on one of these days for a certain session, for example, because of coach duty(s), the country must nominate that referee for a minimum of 3 days.
- For the World Open Classic and World Student Cup:
  - The number of mandatory referees is based on the number of lifters in the final nominations
  - 5–9 athletes — minimum 1 int. referee
  - 10–14 athletes — minimum 2 int. referees
  - More than 14 athletes — minimum 3 int. referees
- For the combined Championships:
  - World Bench Press for both the equipped and classic part, the National Member Federation must supply referees. If there are more athletes than the referee threshold for both events.
  - World Classic Sub-Junior/Juniors, for both the sub juniors and juniors, the National Member Federation must supply referees. If there are more athletes than the referee threshold for both events
  - World Masters Equipped and Classic, for both the equipped and classic parts, the National Member Federation must supply referees if there are more athletes than the referee

- threshold for both Championships.
- For the World Sub-Junior/Junior and Open Equipped Championships for both the Sub-Junior/Junior and the Open part, the National Member Federation must supply referees. If there are more athletes than the referee threshold for both events.
  - The number of mandatory referees is based on the number of athletes in the Final nomination for both events.
    - 5–9 athletes — minimum 1 int. referee
    - 10–14 athletes — minimum 2 int. referees
    - More than 14 athletes — minimum 3 int. referees
  - A Member Nation may nominate one referee in place of several requested referees, provided that he or she officiates the required number of days corresponding to those requests.
  - If a referee(s) from that National Member Federation is not present, or if present, but is not available to act in the capacity of either a referee or a member of the Jury for at least two days during the Event, the athletes are allowed to take part, but a fine of Euro 1000 must be paid by the National Member Federation for each missing referee. The Treasurer must receive such payment before the athletes from that National Member Federation can take part in any further IPF International Events.
  - Each National Member Federation must specify on the nomination form the weight categories in which their referees are available for refereeing. After the final nomination date, the Technical Commission Chair issues a Referee duty list for the whole Event. Any changes of a Referee's duty may be reported to the Technical Commission's Chair until 14 days prior to the Event. After that date, the referees cannot expect to officiate in other duties than specified on the Referee duty list.
  - ~~○ Referee nominations shall be submitted only for available time slots as displayed in the system at the time of submission.~~

~~Once a time slot has reached its maximum capacity and is marked as full, no further nominations for that slot shall be accepted.~~

~~In case a selected time slot is full, the Member Nation shall nominate the referee for another available open slot.~~

~~A Member Nation may nominate one referee in place of several requested referees, provided that he or she officiates the required number of sessions corresponding to those requests.~~

~~In a situation when a nation is required to send more referees than the number of available time slots, no fines will be imposed.~~
  - ~~○ For combined championships, the Member Federations must send a referee for each competition (Sub-Junior/Junior, Master's and Open) or have one referee for the entire time a minimum of two sessions.~~
  - Referee duties, specified by the Technical Commission Chair, are mandatory 14 days prior to the Technical Meeting. However, National Member Federations may allocate duties between their own referees before the Technical Meeting upon agreement with the appointed Technical Commission member. Any changes, withdrawals, or no show up by a referee regarding the allocated duty after the Technical Meeting, may lead to a warning or Euro 100 fine depending on the rationale as decided by the Jury in cooperation with the appointed Technical Commission member.
  - However, if a referee is not able to fulfil his duties, he or his national federation must determine a substitute and inform the appointed Technical Commission member.

- **Reason:**

- The amendment to IPF By-Law 14.15 clarifies the requirements for National Member Federations to nominate international referees when participating in IPF events by introducing a clearer structure based on the number of athletes entered and the type of championship. The updated wording provides a table that distinguishes between single and combined championships, ensuring that member nations clearly understand their referee obligations and how they apply across multiple competitions within the same event. This change improves transparency, supports the availability of qualified referees for officiating and jury duties, and helps ensure the efficient and fair administration of IPF international competitions while maintaining existing compliance requirements related to anti-doping eligibility and disciplinary standing.

### **34) IPF BY-LAW ARTICLE 15.8 – PARTICIPATION IN NON-COMPLIANT ANTI-DOPING EVENTS**

- **Submitted by:** IPF EXECUTIVE COMMITTEE
- **Rule Identification:** IPF By-Law Article 15.8 – Participation in Non-IPF Events
- **Action to be Taken**
  - **Amendment – change title of IPF By-Law Article 15.8**
    - **Current Title** – Participating in Non-IPF Events
    - **New Title** – Eligibility Consequences for Competing or Participating in Non-Approved Events
  - **Amendment – Full Replacement and Restructuring**
    - ~~○ I. The Current Article 15 in the IPF Con. reads as follows:~~
    - ~~○ 14. PARTICIPATION IN NON-COMPLIANT ANTI-DOPING EVENTS~~
    - ~~○ Any athlete, coach, referee or official who competes or participates in an International Powerlifting or Bench Press event not organised, sanctioned, or approved by the IPF shall not be permitted to take part in any IPF international OR regional or national event for a period of 12 months from the date of that non-approved event.~~
    - ~~○ ADDITIONALLY, any athlete, coach, referee or official that participates in AN INTERNATIONAL POWERLIFTING any Competition or Event which is organized by a Sporting Body, Federation or Organisation that has not received recognition from the World Anti-Doping Agency and is thus non-compliant with the Code and International Standards shall be automatically rendered ineligible and shall not be permitted to take part in an authorized National or International Powerlifting or Bench Press Event for a period of 12 months from the date of the last non-compliant Event. THIS EXCLUDES SPORTING BODIES WITH A CURRENT MEMORANDUM OF UNDERSTANDING OR AGREEMENT WITH THE IPF.~~
    - ~~○ Should the athlete, coach, referee or official participate in an unauthorized Powerlifting or Bench Press Event prior to the lapse of the 12 months, he/she may be sanctioned with a period of ineligibility of an additional 12 months from the date of the non-compliant Event. In the case of a second infringement for such participation, the period of ineligibility may be a maximum of 24 months. The decision to extend the period of ineligibility will be at the sole discretion of the Anti-Doping Commission.~~
  - **Amendment – amend the by-laws as follows by adding the following verbiage under IPF By-Law Article 15.8**

#### **15.8 ELIGIBILITY CONSEQUENCES FOR COMPETING OR PARTICIPATING IN NON-APPROVED EVENTS**

Any athlete, coach, referee, or official who

- (i) competes or participates in an International Powerlifting or Bench Press event not organized, sanctioned, or approved by the IPF (by way of

memorandum of understanding or other agreement), together understood to be a “non-approved event,” or

(ii) competes or participates in a national level event not subject to anti-doping testing and results management conducted by a World Anti-Doping Code Signatory,

shall not be eligible to take part in an International, Regional, Invitational Powerlifting or Bench Press championship or event listed on the Calendar - International Powerlifting Federation IPF for a period of 12 months from the start date of the last non-approved event in which they competed or participated.

The decision of non-eligibility shall be imposed by the Anti-Doping Commission.

- **Reason:**

- III. Succinct rationale for amendments to IPF Article 15 (formerly IPF Constitution Article 14):

- There has been much discussion surrounding the application of IPF Constitution Article 15 (formerly IPF Constitution Article 14) in the last months. This stems from the unclear drafting and purpose of (the old) IPF Constitution Article 14 (currently IPF Constitution Article 15).

- This is an eligibility issue. It should be defined and titled as such.

- There are two ways in which the objective criteria render an individual ineligible to compete in IPF events listed on the IPF Calendar for 12 months:

- i. Competition or participation in “non-approved events”

- The events in question are now defined as “non-approved events” and include International Powerlifting or Bench Press event not organized, sanctioned, or approved by the IPF (by way of memorandum of understanding or other agreement).

- This term “non-approved event” captures everything IPF was trying to accomplish (in the old Article 14 in the IPF Con.) but simplifies it.

- ii. Competition in National events not subject to anti-doping testing and results management conducted by a World Anti-Doping Code Signatory

- This allows national level athletes to compete in events national events organized by other organizations so long as testing and results management are conducted by World Anti-Doping Code Signatories.

- IPF has worked very hard, notably since CCES has started helping with its anti-doping program, to break away and clean up the vestiges of the time when national federations conducted their own testing, often by way of service providers whose processes did not comply with the World Anti-Doping Code.

- As a result of these non-Code compliant national level testing practices, IPF’s compliance status with WADA was put in serious jeopardy. IPF should do and is doing everything it can not to jeopardize its status as a Code Signatory again.

o IPF has a responsibility to ensure that its athletes are competing on an even playing field, are being subject to the same quality of testing world-wide and are being given the same procedural rights through all results management processes arising from positive tests – Harmonization of rules protects athletes and protects the IPF. This new Article 15 (formerly IPF Constitution Article 14) in now ensures that this will effectively always be the case.

o In direct response to the motion put forward- the way the proposed Article 15 (formerly IPF Constitution Article 14) is written allows and grants more flexibility for national federations to have their athletes compete in other events, so long as they are subject to World Anti-Doping Code-compliant processes, as this is imperative to IPF maintaining Code compliance.

- All events on the “IPF CALENDAR” are now captured to avoid confusion and legal issues

- o The 12 months ineligibility will be for all events on the IPF Calendar as posted on the IPF website.

- o Referring to events on the IPF Calendar ensures that all Regional, International and special events - like for example Sheffield - are captured.

- o As the Calendar is regularly updated yearly, this will always be an accurate list.

- Calculation of when the 12 month starts

- o The ineligibility period be 12 months from participation which is counted on the first day of the non-approved event.

- o Exact dates could become as issue in the future so expressly stating the day when the ineligibility starts running will resolve potential issues.

- The ineligibility decision is to be imposed by ADC based on an objective criterion.

- o the non-eligibility because of breach of one of the 2 disqualifying criteria should be 12 months from the last event competed regardless of the number of breaches.

- o the discretionary element has been excluded as it opened the door to appeals.

- o The way Article 14 (Currently, IPF Constitution Article 15) used to read on this point was convoluted and too discretionary and lead to legal interpretation issues. Keep it simple.

- The whole section on the Code and International Standards is no longer needed.

- o Because events organized by Code compliant bodies or organizations are IPF approved – the others are de facto “non-approved events” and therefore already captured.

- o Participation in national events that are not subject to testing and results management from a Code Signatory are now also a disqualifying criterion but that is already said in sub para (ii)

## Section Two – IPF Commission/Committee By-Law Amendments

### 35) IPF BY-LAW 7 – Ethics Commission By-Law Amendment

- Submitted by: IPF ETHICS COMMISSION
- Rule Identification: By-Law 7 – Ethics Commission
- Action to be Taken
  - Amendment – Full Replacement and Restructuring
  - Delete the current text of IPF By-Law 7:

#### a. Current Text

##### ETHICS COMMISSION

An Ethics Commission shall be established and maintained by the IPF to hear and decide all breaches of the Code of Ethics in accordance with the Rules as set out in the Constitution and ByLaws.

The Ethics Commission shall operate independently of the IPF in accordance with the Constitution, By-Laws, and applicable Rules.

The Executive Committee shall appoint an independent and impartial Ethics Commission composed of 3 members who are legally qualified persons and who shall serve for the quadrennium. One shall be appointed Chair of the Commission.

Upon receiving a written request from the Ethics Commission, the concerned party against whom a complaint has been made shall provide such further information or documentation within such a period as may be reasonably required. The Ethics Commission will give the said party a reasonable opportunity to make representations in writing, in person or using a duly appointed counsel or representative in connection with the said complaint before making any final decision thereon.

The Ethics Commission shall be entitled to impose appropriate sanction including, without limitation: the following:

- a warning or reprimand.
- a suspension for a fixed period of up to 4 years from holding office or other position held by an Official and/or until a specified set of conditions have been met to the IPF

Ethics Commission's satisfaction return of any IPF award.

- a ban for a fixed period of up to a lifetime from taking part in any Powerlifting related activity.
- a recommendation to the IPF Executive Committee of the notification of the matter to the appropriate law enforcement authorities.

Decisions made by the Ethics Commission may exclusively be appealed to CAS. The time limit for appeal shall be twenty-one days from the receipt of the decision appealed against.

**b. Insert New Text:**

**i. ETHICS COMMISSION**

An Ethics Commission shall be established and maintained by the IPF to hear and decide all breaches of the Code of Ethics in accordance with the Rules as set out in the Constitution and By-Laws

The Ethics Commission shall operate independently in accordance with the Constitution, By-Laws and applicable Rules.

The [IPF Code of Ethics](#), as adopted and amended by the IPF General Assembly from time to time, shall be made publicly available on the official IPF website under the “Codes and Guidances” section.

**• Reason:**

This amendment modernizes and clarifies the constitutional framework governing the IPF Ethics Commission while maintaining consistency with the existing IPF Code of Ethics and broader IPF governance structure. The proposed text expressly recognizes the Ethics Commission’s independent adjudicative role in hearing and deciding alleged breaches of the Code of Ethics in accordance with the IPF Constitution, By-Laws, and applicable Rules. The amendment also improves institutional clarity by directly referencing the IPF Code of Ethics as adopted by the General Assembly and publicly available on the official IPF website under the “Codes and Guidances” section.

Compared to the previous version, this proposal removes unnecessary procedural and operational detail from the By-Laws while preserving the Ethics Commission’s authority and independence. This streamlined approach provides greater flexibility for future updates to the IPF Code of Ethics and related procedures without requiring repeated By-Laws amendments. The amendment further supports transparency, accessibility, and alignment with modern international sports governance standards and principles of natural justice.

**36) IPF BY-LAW 14.5.8 - Nomination of Athletes and Coaches [to IPF Calendar Events](#)**

- Submitted by: IPF ENTOURAGE COMMISSION
- Rule Identification: New By-Law 14.5.8
- Action to be Taken
  - Amendment – Delete:
    - ~~Coaches and sub-junior athletes of the same or opposite sex are not authorized to be assigned to same hotel room at International or regional Championships unless the coach is a parent or legal guardian.~~
  - Amendment – Addition: amend the by-laws verbiage as follows:
    - **Safeguarding & Accommodation of Sub-Junior Athletes**
    - **14.5.8.1 - Section 1 – Scope & Definitions**
      - 1.1 This Article shall apply to all Sub-Junior athletes (under 18 years of age) participating in any IPF-sanctioned competition, meeting, camp, or official activity. This Article shall be read in conjunction with, and is supported by, the [IPF Minor Protection Accommodation Policy](#).
      - 1.2 For purposes of this Article, a “Legal Guardian” shall mean a person who:
        - (a) Holds parental authority under applicable civil law; or
        - (b) Has been formally appointed as guardian by a competent judicial authority.
      - 1.3 Legal Guardian status shall not arise from nomination, accreditation, delegation appointment, travel authorization, or supervision arrangement.
      - 1.4 As a condition of participation, all Sub-Junior athletes shall complete and submit an [IPF Safeguarding Acknowledgment Form](#) within the IPF nomination

and scoring system as part of the preliminary nomination process for any IPF-sanctioned event listed on the IPF Calendar.

- **14.5.8.2 - Section 2 – Mandatory Accommodation Standards**
  - 2.1 A Sub-Junior athlete shall not share accommodation with:
    - (a) An unrelated adult.
    - (b) A coach, team official, or delegation representative.
    - (c) Any adult who is not their parent or legally recognized guardian.
  - 2.2 Sub-Junior athletes may be accommodated only:
    - (a) With their parent or Legal Guardian.
    - (b) With another Sub-Junior athlete of the same sex; or
    - (c) Other arrangement approved in advance by the IPF Safeguarding Officer pursuant to a documented Minor Protection Accommodation Plan
  - 2.3 Member Federations shall ensure that appropriate safeguarding measures are implemented for Sub-Junior athletes, including
    - (a) safe and appropriate accommodation arrangements.
    - (b) proper supervision by accredited officials; and
    - (c) compliance with all applicable safeguarding requirements established by the IPF.
  - 2.4 All accredited coaches, officials, and entourage members shall adhere to safeguarding principles and shall not engage in any conduct that may compromise the safety, welfare, or integrity of a Sub-Junior athlete.
  -
- **14.5.8.3 - Section 3 – Non-Delegable Duty of Care**
  - 3.1 The IPF and its Member Federations retain a non-delegable duty of care toward minor athletes.
  - 3.2 Delegation of supervision, coaching authority, or travel responsibility does not transfer legal guardianship.
- **14.5.8.4 - Section 4 – Event Safeguarding Oversight**
  - 4.1 Each IPF event shall designate an accredited Event Safeguarding Officer.
  - 4.2 Any accommodation exception must be:
    - (a) Documented in writing.
    - (b) Supported by parental consent documentation.
    - (c) Approved in advance by the Event Safeguarding Officer.
    - (d) Reported to the IPF Secretary-General and Assistant Secretary-General.
- **14.5.8.5 - Section 5 – Enforcement and Eligibility**
  - 5.1 Compliance with this Article shall be a mandatory condition of participation for all Sub-Junior athletes and their respective Member Federations.
  - 5.2 Any Sub-Junior athlete who fails to comply with § 14.5.8.1.4 shall be deemed ineligible for nomination and participation in any IPF-sanctioned event listed on the IPF Calendar.
  - 5.3 Member Federations shall be responsible for ensuring full compliance with all safeguarding requirements under this Article. Failure to comply may result in:
    - (a) rejection of athlete nominations.
    - (b) withdrawal of accreditation; or
    - (c) other corrective measures as determined by the IPF Executive Committee.
  - The IPF reserves the right to verify compliance at any stage of the nomination, accreditation, or competition process and to deny or withdraw participation status where safeguarding requirements have not been fulfilled.
- **14.5.8.6 – Section 6 – Sanctions and Disciplinary Measures**
  - 6.1 Any breach of this Article may result in disciplinary action in accordance with the IPF Constitution, By-Laws, and Code of Ethics.
  - 6.2 Sanctions may include, but are not limited to:
    - (a) removal of accreditation.
    - (b) disqualification from participation.
    - (c) suspension of the individual(s) involved.
    - (d) disciplinary action against the Member Federation; and/or
    - (e) referral to the IPF Ethics Commission or IPF Court of Justice, where appropriate.

- 6.3 In cases involving potential safeguarding violations or misconduct toward a Sub-Junior athlete, the matter shall be treated with priority and may be subject to immediate provisional measures to protect the athlete.

- **Reason:** The introduction of IPF By-Law 14.5.8 establishes a clear, enforceable safeguarding framework for the accommodation of Sub-Junior athletes, ensuring the IPF meets internationally recognized standards for the protection of minors in sport, including those reflected in the International Olympic Committee safeguarding principles. This amendment addresses a critical risk area by explicitly prohibiting room sharing between minors and unrelated adults—including coaches and officials—thereby reducing the potential for abuse, misconduct, and conflicts of interest while reinforcing appropriate boundaries within athlete support personnel relationships. By defining legal guardianship, clarifying non-delegable duty of care, and requiring formal oversight through an Event Safeguarding Officer, the provision eliminates ambiguity that has historically exposed federations to legal and reputational risk. The inclusion of controlled, documented exceptions ensures operational flexibility without compromising athlete welfare. Overall, this amendment strengthens the IPF’s duty of care, aligns with global sport governance expectations, and provides Member Nations with a clear, uniform standard that prioritizes the safety, dignity, and protection of all Sub-Junior athletes.

## Section Three – IPF Member Nation By-Law Amendments

### 37) IPF BY-LAW ARTICLE 14.4 – Invitation and Accommodation

- **Submitted by:** New Zealand Powerlifting Federation
- **Rule Identification:** IPF By-Law Article 14.4 – Invitation and Accommodation
- **Action to be Taken**

## Motion to the IPF to amend championship hotel requirement for coaches, officials, and referees

Clear identification of the rule:

IPF By-Laws, paragraph 14.4, Invitation and Accommodation

*"All athletes, coaches, officials, and referees nominated by their national federation for an IPF Calendar championship event are required to stay in the designated championship hotel for the duration of their official participation in the event. The stay must include a minimum of two consecutive nights in the designated championship hotel. **The accreditation badge issued corresponds to the number of days the individual is officially participating in the event. If a nominated athlete, coach, official, or referee does not stay in the designated championship hotel, they will not be issued an accreditation badge and will also be excluded from participating in the event.**"*

Action to be taken:

The IPF is asked to amend By-Law 14.4 so that **coaches, officials, and referees are required to stay a minimum of two consecutive nights in the designated championship hotel; while their accreditation remains valid for the duration of the competition.**

For example:

"If a nominated coach, official, or referee does not stay in the designated championship hotel for a minimum of two consecutive nights, they will not be issued an accreditation badge."

This proposal **does not seek to amend the accommodation requirement for athletes.**

An alternative option for consideration would be removal of the accommodation requirement entirely for coaches, officials and referees.

Rationale:

### **Impact on Volunteer Officials**

Referees are already required to contribute a minimum of two days of officiating under By-Law 14.15 (Referee Capitation). However, the current accommodation rule discourages referees from staying beyond those minimum days because each additional day must be spent in the designated championship hotel at the fixed tariff.

In practice, this means referees must balance the cost of accommodation against their ability to contribute additional days of officiating. For volunteers funding their own travel, the rule

unintentionally discourages longer participation and reduces the number of referees available across the full duration of the championship.

### **Impact on Coaches**

In smaller federations, coaches often attend championships to support multiple athletes across several competition days. As a result, coaches frequently remain at the event longer than individual athletes. Under the current rule, they must therefore bear significantly higher accommodation costs, even though they attend in a supporting role rather than as competitors.

### **Impact on Smaller and Distant Federations**

The financial impact of the rule is amplified for federations located further from the host region of IPF events. These federations already face higher travel costs due to long-distance international flights and exchange rate differences.

**Annex A** illustrates the travel distances to recent IPF World Championship events from major airline hubs in North America, Europe, Oceania and South America. These figures demonstrate the substantial travel distance faced by federations in regions such as Oceania, Africa, South America, and parts of Asia when attending IPF championships.

For federations already facing high travel costs, additional mandatory accommodation costs for volunteer officials can become a meaningful barrier to participation.

### **Accommodation Cost Considerations**

Official championship hotels are often priced above comparable accommodation options in the same area. Even where the difference appears modest, a difference of €40–€50 per night can become significant across a multi-day championship when considering the exchange rate.

This financial impact is particularly relevant for volunteer referees and coaches who pay their own way to attend international competitions.

Requiring all participants to stay exclusively in the designated hotel also restricts the ability to take advantage of early bookings or nearby accommodation options that may offer similar standards at a lower cost.

Examples comparing official hotel tariffs with alternative accommodation options are provided in **Annex B**.

### **Impact on Team Participation**

In some federations, athletes can only participate in international championships if their federation is able to nominate appropriate coaches and referees. If those volunteers cannot afford to attend, it can directly affect the ability of athletes to compete.

The current rule therefore risks creating an unintended barrier to international participation, particularly for smaller federations with limited financial resources.

### **Maintaining Support for Event Organisers**

This proposal preserves the requirement for a minimum stay in the championship hotel, ensuring that organisers continue to benefit from official accommodation agreements and associated room allocations.

At the same time, it recognises the voluntary contribution of referees and coaches and allows them greater flexibility in managing their own travel costs.

### **Conclusion**

This amendment maintains the principle of official accommodation while recognising the voluntary contribution of referees and coaches to IPF championship events.

By reducing unnecessary financial barriers, the amendment would support greater participation of officials and coaches, improve the sustainability of international teams, and promote participation and representation from more IPF member nations.

Submitted by  
Evie Corrigan  
Secretary  
On behalf of the New Zealand Powerlifting Federation

## Annex A: Relative distances to IPF World Championships

This table catalogues the distance (in kilometres) from major commercial airline hubs in North America (Chicago, USA), Europe (Frankfurt, DEU), Oceania (Auckland, NZL) and South America (Sao Paulo, BRA) for the World Bench Press, Masters, Sub-Junior/Junior and Open Championships for the past four years.

It demonstrates the substantial distance penalty imposed on Oceania (and likely also African and Asian) Federations to attend IPF World Championship events - from which it can also be inferred that transportation costs are proportionally higher.

Year	Event	City	Distance from Chicago	Distance from Frankfurt	Distance from Auckland	Distance from Sao Paulo
2025	World Bench	Drammen, NOR	6500	1150	17000	10700
	World Masters	Cape Town, RSA	14000	8700	12200	6350
	World SJ/J	San Juan, CRI	3600	9400	11600	5550
	World Open	Chemnitz, DEU	7000	310	18000	9900
2024	World Bench	Austin TX USA	1575	8500	11750	8100
	World Masters	Johannesberg, RSA	14000	8700	12200	7450
	World SJ/J	St Julian's Bay, MLT	8300	1650	18250	9220
	World Open	Druskininkai, LTU	7600	1250	17000	11500
2023	World Bench	Johannesberg, RSA	14000	8700	12200	7450
	World Masters	Ulan Bataar, MGL	9950	6700	17100	16500
	World SJ/J	Cluj Napoca, ROU	9800	2890	19100	10528
	World Open	St John's Bay, MLT	8300	1650	18250	9220
2022	World Bench	Almaty, KAZ	14900	9550	17750	14450
	World Masters	St Johns, CAN	7200	8800	20400	7950
	World SJ/J	Istanbul, TUR	11285	4325	19500	7931
	World Open	Johannesberg, RSA	14000	8700	12200	7450

## Annex B: Comparison of hotel tariffs.

The table below shows the prices for two 2026 IPF calendar events (World Bench Press Championships in Warsaw, Poland, and World Open Championships in Fujairah), the only two events for which designated hotels were known at the time of writing. On Saturday 28 February 2028 we checked pricing on [Booking.com](https://www.booking.com) and the designated hotels' own websites. Care was taken to ensure rates included breakfast, and to match room standards where possible.

<b>World Bench Press Championships</b>		Invitation Rate (EUR)	Booking.Com (EUR)	Hotel website (EUR)
Arche Krakowska	Single	120	111	85
	Double	160	160	80
Arche Poloneza	Single	120	69	
	Double	160	73	75
<b>World Open Championships</b>		Invitation rate (USD)	<a href="https://www.booking.com">Booking.Com</a> (USD)	Hotel website (USD)
Al Bahar Hotel & Resort	Single room	130	115	238
	Twin room	180	116	261
	Triple room	220		
Royal M Hotel	Single room	130	137	
	Twin room	180	154	184
	Triple room	220		

The second table shows a sampling of broadly equivalent hotels (price for a two-person room in a four-star hotel within 500m of the Al Bahar Hotel & Resort in Fujairah for 20-21 June, free cancellation and breakfast included) also in USD, sampled on [Booking.Com](https://www.booking.com) and the hotel's own website on Tuesday 3rd March.

Hotel name	Room type	Booking. Com	Hotel website
------------	-----------	--------------	---------------

Doubletree by Hilton	King Guest or Double room	187	158
Noor Arjaan Fujairah	Studio room or Suite King	215	257
Fortis Hotel Fujairah	Standard double or twin	197	142
Time Moonstone Apartments	One bedroom apt	139	103

The third table shows a sampling of broadly equivalent hotels (price for a two-person room in a four-star hotel within 500m approximately of the Arche Krakowska Hotel in Warsaw on 27-27 May 2026, free cancellation and breakfast included) in Euro, sampled on [Booking.Com](https://www.booking.com) and the hotel's own website on Tuesday 3rd March.

Hotel name	Room type	Booking.Com	Hotel website
Golden Tulip Warsaw Airport	Superior King	€127	€105
Four Points by Sheraton	Classic twin	€150	€101
Warsaw Plaza	Standard room	€145	€155
Mercure Warszawa	Standard double	€141	€115

By allowing greater flexibility, coaches and referees can choose options suitable to their budget, and book early and/or with third-party sites for greater affordability, saving them money for the minimum stay, and potentially allowing them to stay longer, and support their Federation, and the event, for longer.

### 38) BY-LAW ARTICLE 4.10 - Rules Group, BY-LAW ARTICLE 18 – Rules Amendment, New Appendix 19 – Amendments to the IPF Technical Rules

- Submitted by: Powerlifting zveza Slovenije
- Rule Identification: IPF By-Law Article 4.10 – Rules Group, IPF By-Law Article 18 – Rule Amendment, New Appendix 19 – Amendments to the IPF Technical Rules

○ **Action to be Take**

Slovenian Powerlifting Federation proposes the following amendments to the IPF By-laws:

**PROPOSAL #1:**

**Goal:**

To establish a clear procedure of the IPF Technical Rules amendments.

**Reason:**

Amendments to the IPF Technical Rules should be clearly presented and accompanied by a statement explaining the reasons for the proposed change. The procedure for rule book amendments should be transparent and predictable.

Changes to the rules must also be communicated sufficiently in advance so that athletes, coaches, referees, and member federations have adequate time to understand the amendments and adjust accordingly.

**Proposed changes:**

**IPF By-laws, Article 4.10, 19:**

1. Replace "Changes to the IPF Technical Rules take place when needed." with "*The IPF Technical Rules can be amended once per calendar year. All amendments to the IPF Technical Rules shall follow the procedure set out in Article 19 – Appendix: Amendments to the IPF Technical Rules.*"
2. Add Article 19.

**Amended Articles 4.10 and 19 should read as follows:**

**4.10 Rules Group**

**Goals and Objectives**

To revise and update the IPF Technical Rules.

*The IPF Technical Rules can be amended once per calendar year. All amendments to the IPF Technical Rules shall follow the procedure set out in Section 19 – Appendix: IPF Technical Rule Book Amendments.*

The Rules Group is composed of members of the Executive Committee, the members of the Technical Commission, and one representative from each of the following Commissions: Athletes', Coach, Medical, Women's and Youth.

The Chair of the Technical Commission is the Chair of the Rules Group.

**19 Appendix: Amendments to the IPF Technical Rules**

The IPF Technical Rules may be amended following proposals submitted by:

- the Executive Committee
- the Technical Commission
- the Rules Group
- IPF Member Nations

The procedure to amend the IPF Technical Rules shall be as follows:

**1. Submission of proposals**

Proposals written in accordance with Section 18 – Appendix: Rule Amendments shall be submitted to the Rules Group by 1 April of the respective year.

**2. Review and publication of proposals**

The Rules Group shall review the submissions and present the accepted proposals to the IPF Member Nations no later than 1 July of the respective year.

**3. Consultation period**

Following publication of the proposals, IPF Member Nations shall have 30 days to submit feedback to the Rules Group.

**4. Consideration of feedback**

The Rules Group shall consider the feedback submitted by the IPF Member Nations when finalizing the amendments.

**5. Publication of amended rules**

The Rules Group shall publish the finalised IPF Technical Rules no later than 1 October of the respective year.

**6. Effective date**

All amendments to the IPF Technical Rules shall take effect on 1 January of the following calendar year.

Each publication of amendments at any stage of the above-outlined procedure shall include:

- the IPF Technical Rules Book with all amendments clearly marked in red
- a separate document listing all amendments, written in accordance with Section 18 – Appendix: Rule Amendments

Amendments to the IPF Technical Rules may also be made outside of this timeline if recommended by the Rules Group and approved by a majority vote of the General Assembly. Such recommendations must be published and sent to the IPF Member Nations at least 30 days before the General Assembly meeting.

**PROPOSAL #2:**

**Reason:**

Every proposed amendment to a fundamental document of the Federation must include a clear statement of the reasons supporting the change. Therefore, the statement of reasons shall be obligatory and not optional.

**Proposed changes:**

**IPF By-laws, 18 APPENDIX - RULE AMENDMENTS:**

Delete word "Optional"

**Amended Article 18 APPENDIX - RULE AMENDMENTS should read as follows:**

Proposals to amend the IPF Constitution, By-Laws, Technical Rules and/or Appendices, hereinafter referred to as rule(s), shall be set out as follows:

- A. Clear identification of the exact rule(s) or portion thereof concerned. For example: "Constitution, 12.7..." or "Technical Rules page 24, Errors in loading 14, second paragraph, third sentence after the word 'appeal'."
- B. Action to be taken:
  - o Deletion, or
  - o Addition, or
  - o Amendment, delete ... and insert (or replace with). Text involved and (109.2.3) above. Exact identification of the text to be deleted. Note: Paragraphs and sections may be referred to by numbers, sentences and words should be quoted in full and (109.2.3) above. The text of the addition or insertion accompanied in the former case by the proposed rule No. or location.
- C. ~~Optional~~: A brief statement of the reasons(s) for the proposal: This will form part of the formal proposal but is merely for the guidance of the General Assembly. It shall appear on a new line separate from the proposal proper and headed 'Reasons(s)'.

Note: Any proposal, which would cause the rules to become contradictory, shall be ruled out of order. That is, it is the responsibility of the proposer to ensure that the amendments in his proposal are comprehensively framed and all the rules, which would be affected, have been consistently dealt with by the proposal. Renumbering: It may be desirable to renumber a rule or rules to bring them into a more logical order. In such cases the proposal shall clearly indicate by number if available, which rules are to be renumbered and their intended new location, with new numbers(s) if available.