

IPF
2026

Meeting Agenda

IPF General Assembly

Grand Spa Hotel Grand Spa Hotel Conference Center
V. Kudirkos st. 3, Druskininkai, Lithuania LT-66120

Friday, June 12, 2026 | Meeting Start Time: 10:00 AM



2026 IPF General Assembly

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Lithuania LT-66120
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AGENDA

- 1) **Welcome Message**
- 2) **Roll call of nations, and delegates, presentation of credentials for each nation**
Certification of Delegates
- 3) **Minutes of the last General Assembly**
- 4) **President's report and approval**
- 5) **Vice-President's report and approval**
- 6) **Treasurer's report and approval**
To examine the accounts of the previous year
To approve the budget for the forthcoming year
Fees (if requested)
- 7) **Budget and Approval**
- 8) **Auditors' (Internal and External) Report and Approval**
- 9) **Secretary General's Report and Approval**
- 10) **Commission Reports and Approval**
 - a) Technical Commission
 - b) Women's Commission
 - c) Athlete's Commission
 - d) Coach Commission
 - e) Youth Commission
 - f) Sports for All Commission
 - g) Entourage Commission
 - h) Medical Commission
 - i) Law/Legislation Commission
 - j) Rules Group
 - k) Membership Commission
 - l) Court of Justice
 - m) Court of Appeal
 - n) Ethics Commission
 - o) Anti-Doping Commission
 - p) Doping Hearing Panel
 - q) Media Team
- 11) **Regional Reports and Approval**
 - a) Region 1 (Europe)
 - b) Region 2 (Africa)
 - c) Region 3 (Asia)
 - d) Region 4 (North America)
 - e) Region 5 (South America)
 - f) Region 6 (Oceania)
- 12) **Action on Proposed Amendments**
- 13) **Elections**
- 14) **New Member Applications**
- 15) **Action on Delinquent Nations**
- 16) **Hall of Fame**
- 17) **Any Other Business**
- 18) **Future Championships and Championship Secretary Report**
- 19) **Adjournment**

1) Welcome Message

2) Roll call of Nations and Delegates, presentation of credentials

3) Approve Minutes - 2025 General Assembly

The 2025 IPF General Assembly was held on Wednesday, 11 June, 2025, at the LUXOR Chemnitz Congress Hall, in Chemnitz, Germany. The minutes for the 2025 General Assembly can be found here: <https://www.powerlifting.sport/federation/general-assembly>

Also, there were two Extraordinary General Assembly (EGA) meetings held during 2025. The first EGA was held on June 11, 2025, and the second EGA was held on September 22, 2025.

The meeting minutes for both EGA Meetings can be found here:

<https://www.powerlifting.sport/federation/general-assembly>

4) President's Address

Dear ladies and gentlemen, dear powerlifting friends.

It is a great pleasure for me to report to you on activities in 2025/2026. The work these last 12 months as in the previous years while I served as vice president have been filled with a lot of exciting and rewarding challenges but there have also been, as in life in general, some disappointments.

At the Extraordinary General Assembly (EGA) 11 June 2025, I was elected president for a term ending at the General Assembly (GA) to be held a year from now. At the same time and for the same term Mr Dietmar Wolf was elected vice-president and Mr Detlev Albrings was elected Treasurer. I, Dietmar and Detlev have worked closely together. Thank you Detlev, thank you Dietmar for our excellent cooperation.

Thanks for the trust put in me by the member nations and our Executive Committee (EC) team.

Last year before elections I said in my speech that the sport is growing quickly, and it is time for change.

We need to "Walk the Talk" with respect to our ideals of good governance, democracy, transparency, accountability, ethical and integrity standards, conflict of interest issues, anti-corruption, safeguarding, the fight against manipulation of competitions and athletes' rights and responsibilities. "Listen to the Lifters"

We must raise the professionalism and composition of IPF bodies by calling on all nations to nominate for positions in the IPF. We need many more young people and more women on the commissions and in the EC to continue our upward trajectory. Now 1/3 of EC members are female, i.e. 6 of 18. Because of a special effort beginning last year, we now have 39 females versus 45 males on our commissions. Not equal but getting there. A big change.

Now we send out a call for candidates for commissions and other roles to be filled to all nations, so all members get a chance to participate and contribute.

Now we send out a call for bids for organizing events to all nations so all get an equal chance to send in bids.

We have increased communication and information flow par ex. using WhatsApp groups to provide real time updates before events etc.

Now after each event a survey is sent out to all participating lifters and coaches to "listen to the lifters" in an objective way as to what was done well and what can be improved in event organisation.

We have invested heavily in increased professionalism in coaching by giving the IPF Basic and IPF Coach Level II courses worldwide.

My phone and email are open for all to contact me.

Last year we held one GA and three EGAs so in that respect it was a busy year. One election EGA 11 June in Chemnitz before the GA and then two in the fall for constitution alignments proposed by National Member Nations (NFs) and to align with new Luxembourg law on non-profit associations. First 22.8 in which we did not reach quorum and could therefore not pass constitutional amendments and then a second on 22.9.2025.

The Executive Committee has held 10 meetings since June 2025 and a subgroup of the EC, i.e. the Inner Circle as we call it working on day-to-day operations between EC meetings has held 26 meetings. Thank you EC members for the cooperation and your tremendous work.

New Technical Rules and approval process

New Technical Rules took effect 1.3.2026. A new more science-based testing and approval process for knee sleeves is in place and being implemented. We have two disciplines in Powerlifting, i.e. classic and equipped. We must protect the classic discipline and refrain from equipment influencing results in classic. Dietmar Wolf has led this project. Thank you Dietmar.

Partners

We have improved the relationship with our partners. Our two biggest partners are Eleiko and SBD. The contract with Eurosport has been extended.

We thank all our partners and sponsors for their support. Without them we would have a different IPF to say the very least. Mr Eric Rupp who leads out Media Team has taken on the relationship with the sponsors. Thank you Eric.

A new nomination and scoring system

A new nomination and scoring system has been created by Mr Karthik Ramasubbu to replace the Goodlift system that has served very well for many years. The start of phase 1 of the implementation is the World Classic and Equipped Masters Powerlifting Championship to be held in Reno, Nevada, USA in October. The new system has a lot of added functionality and will in due time be migrated to regions and nations. Thanks to Karthik and his team.

Umbrella organizations

Cultivating a good relationship with our international umbrella sports organizations is important for our IOC recognition. I attended in Lausanne, Switzerland the general assembly of AIMS and the SportAccord IF forum. Other international IFs we have been cooperating with are FISU, IWGA, AIMS, Masters, FICS, Special Olympics, and Paralympics. A special thanks to Mr Stephan Fox the president of AIMS for his support to IPF.

Transgender

The International Olympic Committee (IOC) elected a new president, Kirsty Coventry, last year and we met in Lausanne, Switzerland at the SportAccord IF forum. One of the first changes to be announced under the new IOC leadership regards transgender, i.e. IOC Policy on the Protection of the Female Category (Women's) in Olympic Sport and Guiding Considerations for International Federations and Sports Governing Bodies. In the next months we will work on a revision of our policy on this matter.

Financial Situation

The financial situation shows 2025 results are close to zero when considering outstanding cash balances that have now been paid to the IPF. We are not making a profit. The budget for 2027 does

not show a profit but a slight loss. We have tried to economize. Decreased the amount of travel and workloads have been transferred from the office in Luxembourg to EC members resulting in decreasing the staff expenses by letting Alessio Pizzutilo go. We now have one part time employee in our office in Luxembourg, i.e. Sonja Hoffman who has been with us for many years. Thanks Sonja. Detlev Albrings our treasurer has implemented a new computer based on-line accounting system which is saving a lot of work.

Our income is much too much reliant on sponsor revenue. This is a strategic weakness. Only 40% of our revenue comes from within the IPF, i.e. participation fees, membership fees etc. To have the sport grow and have top level events more income must come from the nations.

International Para Powerlifting Committee

We have been working with the IPC on our application for bringing the Para Powerlifting under the umbrella of IPF. Unfortunately, this did not prove feasible due to financial and organizational conditions. We have a very good cooperation with the Special Olympics and are in the process of signing a new MOU with them.

Events - Our main product/value

Our events are our main activity and value creating product both for lifters and sponsors. Lifters improve by training for events and competing against each other and sponsors get value from selling their products and by being visible on streaming, Olympic Channel/YouTube, Eurovision and social media.

Last year was a World Games year. The WG were held in Chengdu, China. The IPF has been in the World Games from the beginning, but this year was special as this was the first time we had both classic and equipped in the games. 128 athletes in total participated. The Chinese organization was unbelievable. Next World Games will be held in Germany 2029, and we have already established a project group preparing for Germany.

The Sheffield event was held by SBD last January. It was amazing. 2.400 tickets sold and another Sheffield event will be held in a bigger arena next November. This event really promotes our sport. Mr Pjotr van den Hoek took on the role as Championship Secretary last year and he has done a super job with all our events. Thank you Pjotr. Also, a big thanks to Nadezhda Churilova Assistant Championship Secretary.

Education

In line with our call for more professionalism Dietmar Wolf and Pjotr van den Hoek have given 10 IPF Basic and IPF Coach Level II courses worldwide.

The number of days they have been away from their homes on this is close to 100. Anti-doping education is very important. Now all athletes are required to finish WADA ADEL courses before being nominated for international and regional events.

Anti-doping

In the fall of 2024 WADA performed an audit on the IPF anti-doping program. Several very good and constructive Corrective Actions were implemented following the audit and after finishing those WADA reconfirmed IPF's full compliance as a Tier1 organization. For several years Sports Integrity Canada, the Canadian National Anti-Doping Agency (NADO) formerly known as CCES has been running the IPF's anti-doping program and will continue to do so. Thank you Billy and Matthew from Sports Integrity Canada (CCES). Thank you Dr. Blackman chair of IPF Anti-doping Commission. Thank you Detlev Albrings for your work in anti-doping.

Closing Remarks

A special thanks also goes to our partners, ELEIKO and SBD, who continuously support us on our journey forward. Without their involvement and sponsorship, we would not be where we are today. Their contribution is greatly valued and essential to our success. A big thanks goes to the media

team and everyone who contributes to our championships, including our speakers, commentators, and computer secretaries managing the results, among others.

A big thanks goes also to our secretary Sonja Hoffmann on her excellent work in our office. I want to thank all our member federations for their support and trust in me to elect me at the last congress.

Finally, I also want to say special thanks to Mr Robert Keller our Secretary General and Ms Kimberly Walford Assistant General Secretary for the time we have spent working together. Tremendous contribution.

I wish everyone a successful General Assembly.

Reykjavík, Iceland
April 25, 2026
Sigurjón Pétursson
IPF President

5) Vice-President's Report

Dear Member Federations,

Transition of Financial Management

Until my election as Vice President of the IPF on June 11, 2025, I served as the Federation's Treasurer. My responsibilities included full bookkeeping, oversight of all cash flows (Luxembourg bank accounts and PayPal), invoicing, and the processing of disbursements. During this period, the 2026 budget was finalized, and the "Development Fund" for the IPF regions was successfully implemented.

Following the election of Detlev Albrings as the new Treasurer and Sigurjón Pétursson as the new IPF President, a comprehensive re-registration of the Federation and bank mandates in Luxembourg was required. To ensure a seamless transition, I continued with the Treasurer's duties in an interim capacity until formal registration in the Luxembourgish registry and the bank access for the new Treasurer were completed. In parallel, I conducted the required handover to Detlev Albrings, who fully assumed the role of Treasurer on September 1, 2026.

Reorganization of Executive Board Duties.

The Executive Board has decided to centralize future organizational responsibilities within the Vice President's remit. The objective of this structural reform is to maintain continuity in workflows and to distribute responsibilities efficiently.

Sigurjón Pétursson, who previously managed the Anti-Doping department as Vice President and played a key role in drafting the By-Laws and the Constitution, will continue to lead these areas. This also encompasses all other daily duties typically overseen by a Federation President. Operational Support and Process Optimization.

The year 2025 was marked by numerous personnel changes across various areas of responsibility and the IPF Office. A key focus of my role involved providing organizational guidance to the IPF Committees and coordinating with the respective officials to ensure operational continuity. However, this transition also highlighted certain structural challenges. Coordination was at times hampered by the fact that data or necessary documentation from previous terms was not always readily available or sufficiently detailed. The current reorganization has already led to a measurable improvement in internal information flows. Therefore, the further refinement of these communication structures remains a primary objective for the board.

As Vice President, I can confirm that the Inner Circle, including the President, Vice President, Secretary General, Assistant Secretary General, and Treasurer works closely and respectfully with the rest of the IPF Executive Board. This spirit of collaboration is evident in our constructive discussions, which consistently result in practical and effective outcomes for the IPF. I look forward to maintaining this positive teamwork in the future.

Approval Process for Personal Equipment and Hardware

The new approval process for personal equipment and hardware combo (racks, bars, plates, and platforms) will start in 2026. This initiative for this process began in late November 2025 and is now underway, the completion of the approval process is expected by the end of 2026.

I would like to thank all affiliated member nations, my EC colleges, IPF committees, lifters, and all other people in the IPF for their good cooperation and support during the year 2025.

I wish the whole IPF family a successful and healthy remaining year and hopefully we will meet each other again soon.

Best wishes,
Dietmar Wolf
Vice President - IPF
Stange - Norway, 15.1.26

6) Treasurer's Report

January 1st, 2025, to December 31st, 2025

Dear Sporting Colleagues,

The fiscal year 2025 (January 1st to December 31st) was challenging due the higher unexpected expenses.

Expenses Overview:

The fiscal year 2025 experienced higher expenses than initially projected. These higher costs are due to:

1. IPF VAT payment for fiscal year 2024 to the tax authorities in Luxembourg.
2. Extra legal costs.
3. Increased legal costs related to Anti-Doping efforts.
4. Extra travel expenses (e.g. World Games).
5. Extra costs for computer secretary work, as Mr. O. Kopayev could not attend international championships due to the war in Ukraine.
6. Lesser income from the partners.

Financial Summary:

- IPF Bank Balance (Spuerkeess (BCEE) & PayPal) December 31st, 2024: 536 219,65 Euros (as per GA Report 2024).
- IPF Bank Balance (Spuerkeess (BCEE) & PayPal) December 31st, 2025: 289.016,29 Euros
- The budget year 2025 and the IPF bank accounts (Spuerkeess (BCEE) & PayPal) ended with a deficit of -247.203,36 on December 31st, 2025.

Credit Card Balances, December 31st,2025:

- Spuerkeess (BCEE): Visa Card account: -7.300,34 Euros

At the closing of the fiscal year, certain financial obligations were still outstanding. The outstanding payments total 213.289,24 Euros on December 31st, 2025. After subtracting these obligations, the fiscal year ended with a deficit of 33.914,12 Euros.

The financial status in 2025 supports the ongoing development of powerlifting. The IPF acknowledges the need to build larger financial reserves to address increasing obligations in the future.

The IPF would like to express their honest thanks to our Presenting Partners ELEIKO and SBD who supported the IPF during the year 2025.

Gratitude also goes to our partners/vendors/manufacturers for their financial contribution according to their contracts during the fiscal year 2025.

The IPF received income in 2025 from sponsorships, equipment fees, competition fees, and other fees, which facilitated the management of expenses. The financial report confirms that the IPF maintained a comfortable bank balance during this period.

At the General Assembly in Chemnitz / Germany in June 2025 Detlev Albrings was elected as new Treasurer. Due the registration process in Luxembourg of the new IPF leadership Detlev Albrings take over the duties as IPF Treasurer on 1st of September 2025.

Due some circumstances (mainly lesser income of partners) we present and propose an updated Budget for 2026.

Finally, we both want to thank all affiliated member nations, my EC colleagues, IPF committees, lifters, and everyone involved in the IPF for their cooperation and support throughout 2025. I look forward to another successful and healthy year for the IPF family.

Best wishes,

Dietmar Wolf / Detlev Albrings

Treasurer - IPF

Stange-Norway / Windach-Germany, 18. March 2026

Balance Sheet and Bank Account

INCOMES, January 1st - December 31st, 2025		EXPENSES, January, 1st - December 31st, 2025	
01.1 MEMBERSHIP FEE	€ 49.364,56	01.2 PARTICIPATION FEE/ORGANIZER/T-SHIRT	€ 153.121,20
01.2 - 01.3 PARTICIPATION FEES	€ 229.399,75	01.5 MEMBERSHIP FEE UMBRELLA ORG.	€ 4.271,99
01.4 SANCTION FEE	€ 2.000,00	02.3 REFEREE TIES/BADGES/SCARFS/MATERIAL	€ 6.018,68
02.1 - 2.3 REFEREE FEES/FINES/TIES/BADGES	€ 16.994,11	03.4 SPONSORS	€ 4.471,23
03.1 SPONSORS	€ 866.000,00	0.4 ADMINISTRATION	€ 792.549,87
03.2 APPROVAL&LICENSE FEE	€ 585.736,57	0.5.1 - 0.5.2 TRAVEL	€ 156.905,87
03.3 LOGO FEE	€ 1.464,40	05.3 - 0.5.4 WG	€ 86.045,19
05.3 WG	€ 53.358,68	0.6 DEVELOPMENT OF SPORT	€ 213.564,46
0.6 DEVELOPMENT OF SPORT	€ 99.377,24	0.6.4 DEVELOPMENT REGIONS	€ 152.557,05
07.1 ANTI DOPING FEES IPF/REGIONS	€ 589.507,14	0.7 ANTI DOPING	€ 426.295,98
0.8 MARKETING/PHOTOGRAFER/EUROSPORT	€ 9.992,50	0.8 MARKETING&EUROSPORT	€ 742.200,34
09.1 OTHERS	€ 71.148,63	09.2 OTHERS	€ 56.729,11
0.10 CASH		0.10 CASH	
Incomes: €	2.574.343,57	Expenses: €	2.794.730,97
Incomes 1.1.25 - 31.12.25	€ 2.574.343,57		
Expenses 1.1.25 - 31.12.25	€ -2.794.730,97		
Budget minus 2025	€ -220.387,40		

Financial Report: 1 January 2025 to 31 December 2025

PayPal: net profit January - December 2025	€ -174.255,88	Outstanding: Partners	€ 180.541,68
Spuerkeess: net profit January - December 2025	€ -72.947,48	Cash	€ 8.047,56
Budget plus 2025	€ -247.203,36	TUE	€ 400,00
IPF BANK ACCOUNT		Referee	€ 400,00
Spuerkeess: daily account 29.12.24	€ 344.293,08	Administraton fee	€ 23.900,00
Spuerkeess: daily account 31.12.25	€ 271.345,60	Total outstanding amount	€ 213.289,24
Net profit January - December 2024	€ -72.947,48		
IPF BANK CARDS			
Spuerkeess: Master Card account 31.12.25			
Spuerkeess: Visa Card account 31.12.25			
PAYPAL ACCOUNT			
PayPal: daily account 31.12.24	€ -191.926,57		
PayPal: daily account 31.12.25	€ 17.670,69		
Net profit January - December 2024	€ -174.255,88		
IPF BANK ACCOUNT&IPF PAYPAL ACCOUNT			
Spuerkeess: daily account 31.12.25	€ 271.345,60		
PayPal: daily account 29.12.25	€ 17.670,69		
IPF bank balance on 31.12.25	€ 289.016,29		
31.12.24	€ -536.219,65		
31.12.25	€ 289.016,29		
	€ -247.203,36		

7) Amended Budget for 2026, the Budget for 2027, and Approval

Updated Budget 2026	Budget	Budget
	Incomes	Expenses
01. Fees		
01.1 Membership fees	50,000.00	
01.2 Participation fees / Organizer compensation T-Shirt, Light System	200,000.00	170,000.00
01.3 Participation fees Trainers	40,000.00	
01.4 Sanction fees	7,500.00	
01.5 Membership fees - Umbrella organizations		5,500.00
	297,500.00	175,500.00
02. Referee fee		
02.1 Examination	4,000.00	
02.2 Card renewal/fines	2,000.00	
02.3.Tie's, boks, etc.	5,000.00	2,000.00
	11,000.00	2,000.00
03. Partners		
03.1 Sponsor	1,050,000.00	
03.2 Approval / License fee	600,000.00	
03.3 Logo fee	1,500.00	
03.4 Sponsor		10,000.00
	1,651,500.00	10,000.00
04. Administration		
04.1 Telecommunication		1,000.00
04.2 Account fees, VAT		220,000.00
04.3 Internet costs – Homepages regions		10,000.00
04.4 Awards, Certificates etc.		1,500.00
04.5 Office Supplies		6,000.00
04.6 Organiser compensation (cancellation refer to 01.2)		
04.7 Spotters		40,000.00
04.8 Medals		50,000.00
04.9 Computer Secretary		30,000.00
04.10 Employees / Offices expenses		250,000.00
04.11 Lawyers / CAS / Court / etc.		30,000.00
	0.00	638,500.00
05. Travel		
05.1 Championships / Meal expenses		180,000.00
05.2 Intern.Congress / IOC / IWGA / Sportaccord		10,000.00
05.3 World Games		0.00
05.4 World Games Operational Costs		0.00
	0.00	190,000.00
06. Development of Sport		
06.1 Travel		25,000.00
06.2 Equipment / other activities		100,000.00
06.3 Trainer Education, Level 2&Level 1	100,000.00	100,000.00
06.4 Basic Trainer Education		10,000.00
06.5 Regions ELEIKO / SBD		147,000.00
	100,000.00	382,000.00
07. Anti-Doping		
07.1 Anti-Doping fees	600,000.00	
07.2 Fines Nation	15,000.00	
07.3 Laboratory analysis and other laboratories		200,000.00
07.4 SportIntegrity: Testing costs (e.g. NADOs etc.) / Administration		350,000.00
07.5 Travel Symposium		6,000.00
07.6 CAS / DHP		60,000.00
	615,000.00	616,000.00
08. Marketing & Media		
08.1 Travel / monthly allowance / daily allowance		120,000.00
08.2 World Games		
08.3 TV / Internet streaming		220,000.00
08.4 Eurosport	116,667.00	550,000.00
08.5 Promotion		5,000.00
08.6 Photographer	8,000.00	
	124,667.00	895,000.00
09. Other		
09.1 Additional income	50,000.00	
09.2 Additional expenditure		20,000.00
	50,000.00	20,000.00
	2,799,667.00	2,929,000.00
	-129,333.00	

Budget 2027 and approval	Budget Incomes	Budget Expenses
01. Fees		
01.1 Membership fees	50,000.00	
01.2 Participation fees / Organizer compensation T-Shirt, Light System	200,000.00	170,000.00
01.3 Participation fees Trainers	40,000.00	
01.4 Sanction fees	7,500.00	
01.5 Membership fees - Umbrella organizations		5,500.00
	297,500.00	175,500.00
02. Referee fee		
02.1 Examination	4,000.00	
02.2 Card renewal / fines	2,000.00	
02.3 Tie's, boks, etc.	5,000.00	2,000.00
	11,000.00	2,000.00
03. Partners		
03.1 Sponsor	870,000.00	
03.2 Approval fee / License fee*	850,000.00	
03.3 Logo fee	1,500.00	
03.4 Sponsor		10,000.00
	1,721,500.00	10,000.00
04. Administration		
04.1 Telecommunication		1,000.00
04.2 Account fees, VAT		200,000.00
04.3 Internet costs – Homepages regions		10,000.00
04.4 Awards, Certificates etc.		1,500.00
04.5 Office Supplies		6,000.00
04.6 Organiser compensation (cancellation, refer to 01.2)		
04.7 Spotters		40,000.00
04.8 Medals		50,000.00
04.9 Computer Secretary		30,000.00
04.10 Employees / Office expenses		250,000.00
04.11 Lawyers etc.		30,000.00
	0.00	618,500.00
05. Travel		
05.1 Championships / Meal expenses		180,000.00
05.2 Intern.Congress / IOC / IWGA / Sportaccord		10,000.00
05.3 World Games		0.00
05.4 World Games Operational Costs		0.00
	0.00	190,000.00
06. Development of Sport		
06.1 Travel		25,000.00
06.2 Equipment / other activities		100,000.00
06.3 Trainer Education, Level 2&Level 1	50,000.00	50,000.00
06.4 Basic Trainer Education		35,000.00
06.5 Regions ELEIKO / SBD		147,000.00
	50,000.00	357,000.00
07. Anti-Doping		
07.1 Anti-Doping fees	600,000.00	
07.2 Fines Nation	15,000.00	
07.3 Laboratory analysis and other laboratories		200,000.00
07.4 SportIntegrity: Testing costs (e.g. NADOs etc.) / Administration		350,000.00
07.5 Travel Symposium		6,000.00
07.6 CAS / DHP		60,000.00
	615,000.00	616,000.00
08. Marketing & Media		
08.1 Travel / monthly allowance / daily allowance		120,000.00
08.2 World Games		
08.3 TV / Internet streaming		220,000.00
08.4 Eurosport	116,667.00	550,000.00
08.5 Promotion		5,000.00
08.6 Photographer	8,000.00	
	124,667.00	895,000.00
09. Other		
09.1 Additional income	50,000.00	
09.2 Additional expenditure		20,000.00
	50,000.00	20,000.00
	2,819,667.00	2,884,000.00
	-64,333.00	

* Comment: Please note that the license fee is paid in advance for 2 years

8) Auditors Report



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Auditor report IPF 1.1.25 - 31.12.25

The bank account control and the verification of the bank account documents of the IPF were carried out on the 9th of April 2026 in Luxembourg. The audit period encompasses January 1st, 2025, to December 31st, 2025.

Nedim Görel from A&NG SARL-S (LUX) the auditor Xavier de Puytorac (FRA) and the former Treasurer of the IPF, Dietmar Wolf and new Treasurer of the IPF, Detlev Albrings were present.

No discrepancies were found in the bank accounts and account documents. The invoice and income expense documents are well organized with individual document lists. The treasurer's bookkeeping processes have been verified as correct, and discharge will be granted.

The total incomes in 2025 is Euro 2.574.343,57. The total expenses in 2025 is Euro 2.794.730,97. The official deficit is Euro 220.387,40.

On December 31st, 2024, the IPF had a positive bank credit balance of 536.219,65 Euros (BCEE & PayPal – refer to GA Report June 2025). During the fiscal year, the financial situation decreased to a bank credit balance of 289.016,29 Euros (BCEE & PayPal), leading to a budget minus of 247.203,36 Euros.

After deducting the outstanding financial amount not received in 2025 of 213.289,24 Euros, the fiscal year ended with a deficit of 33.914,12 Euros as of December 31st, 2025.

Luxembourg, 09.04.2026

Nedim Görel
A&NG SARL-S

Xavier De Puytorac
Auditor IPF

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9) Report from the Secretary General

Dear Friends:

Dear Colleagues:

I trust this message finds everyone well and in good health! Once more, we had another extremely busy and productive year. Each day, as the organization grows, so do the responsibilities of the Executive Committee. I continue to be extremely busy with my day-to-day work and appreciate your patience when having to send a response. Meetings are held nearly each day with various stakeholders, to include most weekends. **The members of the EC are no longer volunteers – our positions are nearly full time in nature.**

Important, the work of the Secretary General is challenging, and combined with the many conflicts increasing world-wide makes the job quite difficult sometimes. As I mentioned last year, War has profound and far-reaching effects on athletes and sports organizations, disrupting careers, competitions, infrastructure, and the global sporting community. These conflicts have effect not only the athletes, but our national, and regional federations, and the IPF, as whole. Despite this, the athletes seem to suffer most of the time from actions they're not involved with or even support! Paramount and important to the IPF is the safety and security of our member federation athletes, coaches, officials, and referees. Overall, the sport of Powerlifting transcends our unique differences and allows us to bond on one neutral platform.

I would like to begin this year's report by welcoming everyone to the General Assembly. This event is an opportunity for National and Regional Federations to make their voice heard. Once again, last year's General Assembly was held virtually. Special thanks go out to Eric Rupp and John Caprez for their work in assisting me in the direction of the IPF General Assembly – Well done! All IPF member federations were able to dial in from around the globe to be present for the business meeting. However, once again, well over 60 member federations did not attend the assembly. I cannot emphasize enough, one of the core responsibilities of a President or Secretary General of a National Federation is to participate in the annual IPF General Assembly – both your voice and vote make a difference!

Member federations that have paid their membership fees will be allowed to vote at the General Assembly. However, if your member fees have not been paid, you may attend, with no vote.

Last year, the IPF had one member federation excluded for non-payment of their Membership Fees. In short, they were not active, and had not paid over a period of 3 years. This year, we have 6 member federations on the list to be excluded from the IPF for Indebtedness. This is an unacceptable situation, and the IPF EC, in accordance with the IPF Constitution and By-Laws are required to act. Once more, this situation is a significant disappointment, to say the least. However, I must say, it is not fair to the member federations that pay their fees, each year, on time. I thank the regional federations for their active work to contact the national federations and ensure payments are made on time. Well done and thank you.

Knee Sleeve Approval

As of May 2026, the IPF EC reversed our 2025 decision to ban several popular "stiff" knee sleeves. Major brands previously removed from the approved list, such as Inzer, Titan, A7, and Strength Shop, are now permitted for use in all IPF-sanctioned competitions through the end of 2026.

Key points on the Knee Sleeve Issue -The Reversal: Following rather lively national federation athlete-coach discussions regarding the sudden ban on stiff 7mm sleeves (alleging they were not purely neoprene), the IPF EC reversed the ban in May 2025. Approved Status: Stiff sleeves like the

INZER ErgoPro, Titan, TKS 7mm, A7 Hourglass, and Strength Shop Inferno PRO are allowed until December 31, 2026.

Initial Concern: The original issue was a sudden determination that these stiff, high-compression sleeves did not adhere to the rule of being "constructed entirely of a single ply of neoprene," which prompted many lifters to need new equipment. Current Situation: All previously banned, high-stiffness "approved" sleeves are safe to use for competition prep through 2026.

The Future: The IPF has now created a set of in-depth engineered technical standards on the construction of Knee Sleeves to be used in the IPF starting in 2027. The new technical standards were sent to the manufacturers during May 2026, for their review – we await their response.

Constitution Article 4.1.1

As a reminder, the National Member Federations affiliated to the IPF are independent inside their own countries, i.e., must not accept any political or other interference from persons or institutions from outside of the National Member Federation.

In short, National Member Federations are autonomous and independent within their own countries and possess the right to self-regulation to enable them to manage their own internal affairs, policies, guidelines, structures, and athlete selections without external interference. So as long as the National Federations are following the IPF Constitution, By-Laws, Technical Rules, and Anti-Doping Rules, there is no reason for outside interference. The national member federations should be protected from external political agendas and influence at all times. The IPF EC shall ensure this takes place.

AIMS

The IPF is a full member of Alliance of Independent Recognized Members of Sport (AIMS). AIMS is an IOC recognized member organization. AIMS is listed in the "Olympic Movement Directory" and proudly supports and promotes the vision and mission of the Olympic Movement by sustaining and developing non-recognized international federations to become recognized by the IOC.

Last fall, in Lausanne I was re-elected to the AIMS executive board for another 4 year term, after serving from 2015 to 2021. I'm deeply honored with this appointment.

One of my major projects this past year was the collection of the IOC Questionnaire from each member federation in order to prepare our application to the IOC. As of the preparation of this report, we have received nearly 90 responses. Roughly some 35 member federations still have not responded. My objective is to have this project complete by the end of June 2026.

On June 24-25, 2026, at the IOC General Assembly, to be held in Lausanne, we anticipate the approval and release of the new procedures for the IOC application. My colleagues on the Executive Committee are committed to successful completion of our application. We remain steadfast in our goal to achieve IOC recognition. My colleagues deserve your continued praise. Thank you!

IPF Leadership Change

Gaston Parage for personal and professional reasons resigned as president of the International Powerlifting Federation (IPF) on March 11, 2025, after serving for over 13 years. Gaston's departure marked the end of one of the longest presidential terms in federation history. Following Gaston's resignation, an Extraordinary General Assembly (EGA) was held on June 11, 2025, to fill Gaston's vacancy: Sigurjon Petursson was elected as President, Dietmar Wolf was selected as Vice-President and Detlev Albrings was elected as Treasurer. The next set of elections will be held in 2027. Overall, Gaston Parage's tenure was marked by significant growth and development within the

IPF, including efforts toward IOC recognition and the expansion of global competitions. Once more, the entire IPF EC wishes Gaston Parage much success in his future endeavors.

Each day, I speak to Sigurjon daily. This is to ensure our responsibilities are fulfilled and to address many of the complex issues presented to us. Overall, our goal is to continue to advance the federation forward and to reach our goal of IOC recognition. Sigurjon Petursson, ensures our ship is sound, steady, and balanced. Also, Sigurjon has gone above and beyond the call of duty handling sometimes very difficult and sensitive matters for us to remain a Tier 1 recognized WADA organization. The WADA audit was masterfully handled by Sigurjon and Dr. Blakckman this past year, with the IPF receiving high marks. Well done, and thank you.

Detlev Albrings is now overseeing the finances and is performing an amazing job! Through Detlev's work we now have a new accounting system in place. Mr. Dietmar Wolf is overseeing the new approval process -- his work will be challenging to say the least. His methodical and detailed nature will get the job done. Eric Rupp has been hired to take on the responsibilities of Alessio Pizzutillo. Alessio has stepped down from his position as the office assistant in Strassen, Luxembourg. We thank him for his years of service to the organization, and I wish him much success to in the future.

This past year, I continue to communicate and work with IBSA, SOI, UTS, and the IMGA. My Sport for All Commission report details what we have done with these organizations. Most recently, the EC approved the establishment of a Masters Committee within the IPF. This commission will represent the interests of the masters athletes within the IPF. Now the masters commission has been established, we shall now apply to the IMGA for full recognition. Once full recognition is achieved, this will grant the IPF full voting rights at the IMGA General Assembly.

One of my major projects this past year was the collection of the IOC Questionnaire from each member federation in order to prepare our application to the IOC. As of the preparation of this report, we have received nearly 90 responses. Unfortunately, 35 member federations still have not responded. My objective is to have this project complete by the end of June 2026. On June 24-25, 2026, at the IOC General Assembly, to be held in Lausanne, we anticipate the release of the new procedures for IOC application.

In collaboration with Ms. Tetyana Melnyk, I have created a championship event survey questionnaire that will be deployed after each IPF World Championship. Your constructive feedback is most important, and we look forward to hearing from you. Your comments will allow the championship committee members to direct increasing better events.

This past year I had a full and busy schedule of conferences and events. I attended nearly all the IPF World Championships, and even two NAPF Regional Championships, where I served as the NAPF Championship Secretary. I attended as both an official and referee representing the IPF.

1. Sheffield Pro Powerlifting – Sheffield, England
 2. IPF World Bench Press Championships – Drammand, Norway, USA
 3. The World Games – Chengdu, China
 4. IPF World Sub-Junior and Junior Powerlifting Championships – San Jose, Costa Rica
 5. IPF World Classic Open Classic Powerlifting Championships – Chemnitz, Germany
 6. IF Forum – Lausanne, Switzerland
 7. NAPF North American Regional Powerlifting Championships – Grand Cayman, Cayman Islands
 8. NAPF North American Regional Bench Press Championships – Panama City, Panama
- All our World and Regional Championships that I attended this past year, were very well directed, and it was a pleasure to see and work with everyone to make the events enjoyable, and competitive for all our member federation athletes. The inclusion of Eurosport has upped our Game.

Last year's Sheffield Powerlifting Championship in the UK was amazing and took our sport to an entirely another level. The best athletes on the platform attempting World Records with prize money reaching 300,000+ Euros – Amazing. My compliments to Mr. Banks, and his entire team at SBD for an extremely memorable event.

By-Law Changes

My colleagues on this EC and I worked quite a few hours on the updates to the Constitution and By-laws during 2025/26. We have re-submitted the motion for the IPF EC to have oversight of the IPF By-laws. I cannot stress the importance of the executive committee having oversight of the by-laws. This is to ensure legal compliance, to maintain operational efficiency, and act quickly on governance issues between General Assembly meetings. The EC, overall, has the knowledge and experience, and are positioned much better to monitor the alignment between practices and legal requirements, preventing, or responding swiftly to, potential liability issues or outdated procedures.

The past 10 years, our legal cases were a huge distraction for the executive. These cases have cost us hundreds of thousands of euros. I would also like to recognize the work of Mr. Nicolas Zbinden our legal counsel in Switzerland, and Mr. Marc Theisen, our legal counsel in Luxembourg. Due to their efforts, we've achieved successful outcomes with our legal cases. However, I want to stress, our efforts have come at a major expense in time, as well as us monetary resources that should have been much better directed toward both our application to the IOC, and to the development of our organization, and most importantly to our athletes.

Once again, during January 2026, I attended the Sheffield Powerlifting competition. It was very well organized by the representatives of SBD. The audience was larger than last year, and the show graphics were impressive. Most important, the performances by the athletes were exceptional and I want to send to all of the lifters that participated in the event, my sincere congratulations. Lastly, I want to also congratulate SBD for yet another outstanding event. We look forward to next year!

Before I close this report, I want state for the record, my work as the Secretary General has been extremely rewarding. There are some weeks, I work in excess of 40 hours as a volunteer, with no compensation. This must change! We cannot expect volunteers to work this amount of hours, per week, with little to no compensation. Nonetheless, as I have made a commitment to the organization, I will fulfil my duties, as I still can make an impact on our sport and improve it for future generations to come. I want to sincerely thank my colleagues on the executive, the committees, the commission members, the member federations as well as the athletes, coaches, and referees. I look forward to our continued work together.

Respectfully,

Robert Keller
Secretary General
International Powerlifting Federation
Orlando, Florida, USA
May 01, 2026

10) Commission Reports

a) Technical Commission Report from the Technical Committee

I attend the following Championships during 2025:

World Classic & Equipped Open, Sub/Jun, Jun & Masters Bench Press Championships were held in Drammen Norway from 18 May 2025 – 24 May 2025. Very well-organized championship. 512 Men's Classic, 308 Men's Equipped, 332 Women Classic & 210 Women Equipped from 56 Nations competed in this event.

World Open Classic Powerlifting Championships were held in Chemnitz, Germany from 08 -15 June 2025 with 209 Men and 178 Women from 56 Nations competed.

World Games Classic & Equipped I Chengdu China. 48 Classic & 48 Equipped lifters competed.

World Classic & Equipped Junior and Sub-Juniors Powerlifting Championships were held in San Jose, Costa Rica from 25/08 -5/09/2025 with 197 Women compete Classic & 92 Women compete Equipped. 296 Men compete Classic & 97 Men compete Equipped from 52 Nations

World Masters Classic & Equipped Powerlifting Championships we held in Cape Town South Africa from 5-13/10/2025 with 151 Women compete Classic & 67 Women compete in Equipped; 199 Men compete Classic & 82 Men compete Equipped. From 44 Nations.

FISU University Powerlifting Cup were held in Turkey from 23-27/07/2025. 57 Women & 88 Men competed from 66 Universities.

World Equipped Open Powerlifting Championships were held in Cluj-Napoca Romania from 10 - 16/11/2025. 80 Women, 96 Men & 21 Special Olympic athletes competed from 31 Nations

Africa Powerlifting & Bench Press Championships 2025 in were held in Tunis Tunisia.

Congratulations to the 57 Referees who passed their Cat 1 & Cat 2 referee examinations.

Thank you to all the Meet Directors who hosted the championships. To all the referees who attend the championships, thank you for your time and effort, and hope to see you all again this year in good health.

Major changes were made in the technical rules see updated technical rules on the IPF webpage.

Johan Smith
Chairman
IPF Technical Committee

b) Women's Commission Report from the Women's Commission

Dear Ladies and Gentlemen,

The 2025 competition year has come to an end, bringing several significant changes to the IPF structure, rules, and guidelines. At the beginning of the year, the entire female powerlifting community was delighted to receive an update from the IPF Technical Committee regarding the

approval of wearing knee sleeves over long-legged singlets. This was an important milestone that we had been working towards for several years.

During the year, we also received important feedback from athletes from different countries, which influenced several rule proposals submitted in 2025. For example, an update in the IPF Technical Rules Book (page 26) was approved: “In competitions in which both sexes are competitors, the weigh-in procedure **must be arranged** to ensure that lifters are weighed by officials of their own sex.”

This change was introduced after information was received that male officials conducted weigh-ins for female athletes in one National Federation.

The following additional changes to the IPF Technical Rules Book were also approved:

- It is no longer necessary to wear deadlift socks over long-legged singlets.
- I had the opportunity to improve the overall look and design of the Technical Rules Book and the female images are updated as well for better representation.
- I requested that IPF Member Nations provide information regarding the gender of referees (Category 1 and Category 2) to better understand the current situation with gender equality within the federation.

-

Another important step toward promoting gender equality was the first Asian Gender Equality Seminar in history, which I organized in Japan in July 2025. I am grateful to my colleagues from the IPF and APF for their support and for the meaningful discussions that took place during the seminar.

However, according to the survey conducted across Asia during my work as APF Secretary General, we are still far from achieving gender equality. The results revealed that only 24% of national-level athletes in Asia are women. Similarly, women represent just 23% of national-level referees, 20% of IPF Category 2 referees, and only 16% of IPF Category 1 referees in Asia. These numbers are not encouraging. It will likely be necessary to collect data from all National Federations worldwide in order to fully understand the global situation.

Another concerning fact is that there are still National Federations that do not have female teams, female referees, or female coaches. Addressing this issue will be the next step for the IPF Women’s Commission. In 2026, I plan to finalize the development of a Gender Equality Policy aimed at supporting, protecting, and promoting women in powerlifting worldwide.

There were different opportunities to compete provided to the lifters in all regions and these international tournaments were organized together with World and Regional Championships:

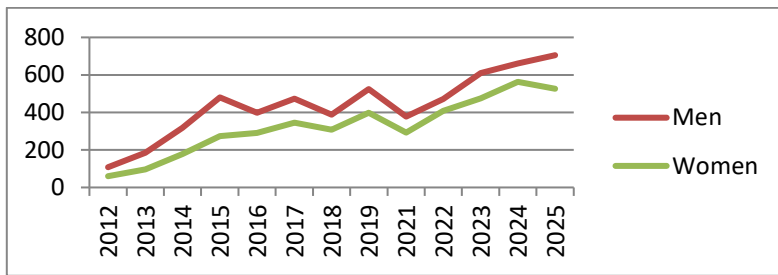
- Sheffield 2025
- The World Games (Classic & Equipped)
- 2025 Girl Power (France)
- World University Cup

It’s important to note that mentioned above Championship “Girl Power” started few years ago opened the doors to the other countries such as Malaysia & Singapore, who organized female tournaments with incredible Media Coverage.

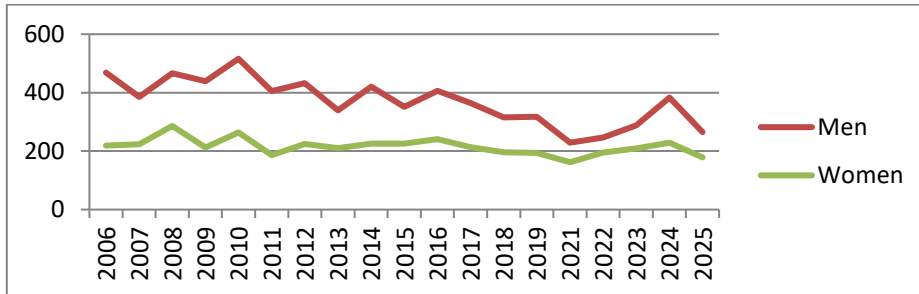
Annual Statistics in Female representation on the World platform is below:

Regarding the numbers in Classic Powerlifting female participation decreased -6.6% comparing last year (563 in 2024 and 526 in 2025) however there was an increase in numbers among OPEN age class =30.9% (136 in 2024 and 178 in 2025).

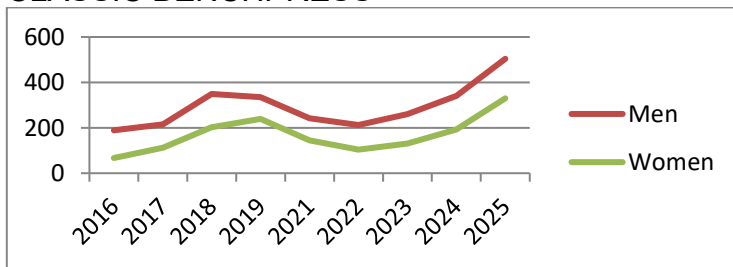
CLASSIC POWERLIFTING



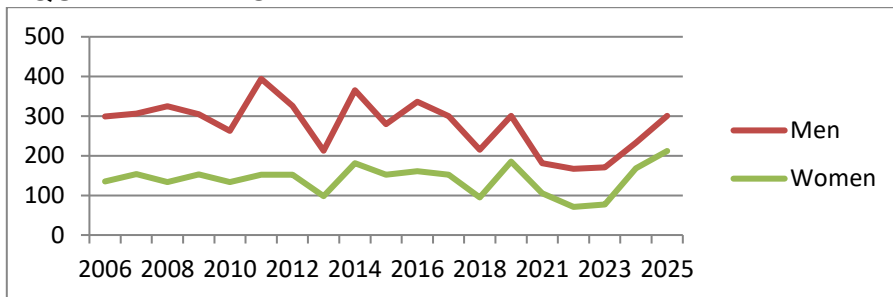
EQUIPPED POWERLIFTING



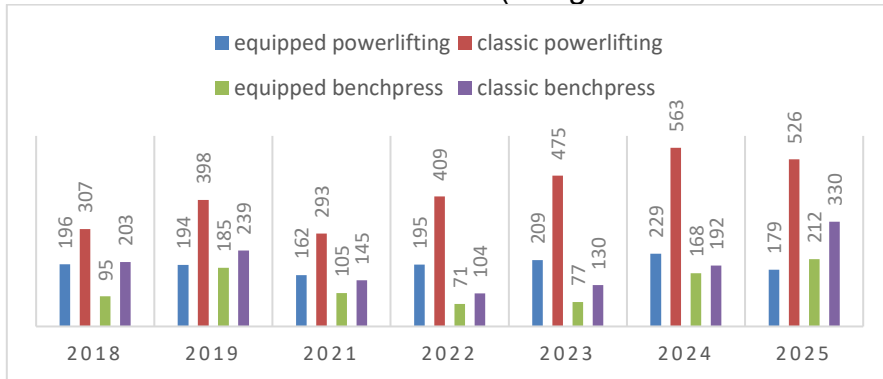
CLASSIC BENCHPRESS



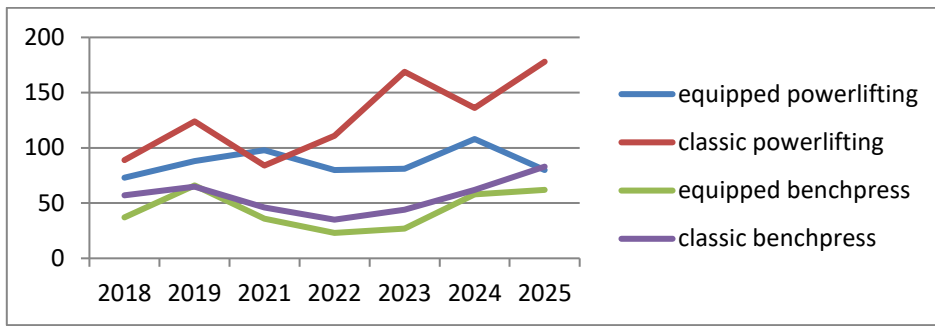
EQUIPPED BENCHPRESS



DYNAMICS IN ALL DISCIPLINES (all age classes from 2018 till 2025)



DYNAMICS IN ALL DISCIPLINES (OPEN WOMEN from 2018 till 2025)



The percentage of female athletes at all 2025 World Championships:

43% (-3%) in Classic Powerlifting,
40% (+3%) in Equipped Powerlifting,
41% (-1%) in Equipped Bench press,
40% (+4%) in Classic Bench press.

The 2025 percentage of Open, Sub-juniors and Juniors Female athletes among all athletes:

	CL PL	EQ PL	CL BP	EQ BP
OPEN	45% (-2%)	45% (-4%)	44% (+1%)	44% (-1%)
SUB-JUNIORS	40% (-6%)	49% (+2%)	33% (-11%)	40% (+2%)
JUNIORS	39% (-4%)	38% (-7%)	41% (+14%)	45% (0%)

To close on behalf of IPF Women Commission I would like to wish to all Female Sport Community the consistent growth, confidence and fighting spirit in 2026!

Tatiana Romanova
 IPF Women Commission Chair
 IPF Executive Committee Member
 APF Secretary General

c) Athletes Commission Report from the Athlete's Commission

Active members: Marte Elverum, Pjotr van den Hoek, Tetiana Melnyk, Joyce Gail T Reboton.
 Speaker/IPF board Member Pjotr van den Hoek.
 Female Speaker/IPF board Member Tetiana Melnyk

Dear Colleagues,

During 2025, the Commission continued its work with a clear focus on communication, inclusion, and athlete support. Throughout the year, Commission members maintained regular contact with athletes during international competitions and remained available to address questions, concerns, and suggestions. Both Athletes' Commission Speakers took part in all IPF Executive Committee meetings. During these meetings, we shared athlete feedback and contributed to discussions on competition standards, athlete welfare, and development matters. Our participation ensures that the athlete perspective remains part of the decision-making process.

Commission members attended numerous IPF championships in 2025. These visits allowed for direct conversations with athletes and helped build trust and cooperation within the international powerlifting community. In addition, the Commission Speakers served as referees, demonstrating continued engagement with the sport both on and off the platform. Inclusivity remains a core principle of the Athletes' Commission. We continue to support all athletes equally, regardless of gender, age,

nationality, or physical ability. Creating a respectful and fair environment for everyone remains a priority.

The participation of Special Olympics athletes at IPF events continues to be inspiring. Their dedication and positive spirit remind us of the deeper meaning of sport and strengthen the sense of unity within our community. Furthermore, Pjotr van den Hoek continued delivering lectures at the IPF Trainer Courses. These educational sessions contribute to higher coaching standards and better support for athletes worldwide.

We remain committed to representing athletes' interests and supporting the continued growth of powerlifting globally.

IPF Athletes' Commission
Pjotr van den Hoek
Tetiana Melnyk

d) Coach Commission

Report from the Coach Commission

Through different discussions we decided to extend the amount of coach commission members. The coach commission wishes to work in a larger group with experienced coaches to get a higher quality and wide-ranging inputs.

- A. Conditions to become member of the IPF Coach Commission.
1. Member of the IPF Executive Committee
 2. IPF Trainer Education Course Level II

Current members of the IPF Coach Commission

- Alain Hammang, Chairman IPF Coach Commission
- Dietmar Wolf, member of Executive Committee IPF
- Hannie Smith, member of Executive Committee & Technical chairman
- Dr Josephine Wing-Yuk IP, member of Executive Committee IPF

Our members in the IPF Coach Commission 31.12.2024:

- Cyrille Vaillant Physio, IPF Trainer Education Course Level II,
- Bjarte Vik Larsen, IPF Trainer Education Course Level II,
- David Coimbra, IPF Trainer Education Course Level II,
- Znojek Arkadiusz, IPF Trainer Education Course Level II,
- Ryan Stinn, IPF Trainer Education Course Level II,

B. My general comments

As IPF Trainer Education Level II, our principal duty is that we must fulfill specific and high responsibilities in relation with Powerlifting. We must assure our high standards of our sport by the high established professional rules, we will no more accept any negatively impact to the athletes and their performances.

One measure the IPF must take is to enhance the quality and control of the warm-up room by ensuring staff is present to supervise activities in the warm-up area.

It is clear that powerlifting is a high-level sport including his distinct attributes and issues, we cannot compare powerlifting to other sports.

The IPF coach commission has work closely with other IPF commissions to establish the IPF New Rules book 2026 in interest of all concerned parties.

We must assure the safety of our athletes and to bring and promote Powerlifting forward to a higher level.

Chairman IPF Coach Commission
A. Hammang
31.03.2026

e) Youth Commission

Report from the Youth Commission

Dear ladies and gentlemen, friends and officials!

I would like to highlight that the past year was a significant milestone in the development of our movement. We successfully carried out several key events that substantially increased youth engagement.

World Games 2025

2025 was a particularly eventful year, highlighted by the World Games held in China. It was especially encouraging to see two junior athletes (Peyraud Clara and o'Brien Bessie) among the participants — this reflects the strength and promise of our youth, who competed on equal footing with adults.



This is important because involving young athletes at such a high-level fosters talent development, ensures generational continuity, and helps build a sustainable sports environment. It provides invaluable experience, motivates further achievements, and enhances our country's competitiveness on the international stage.

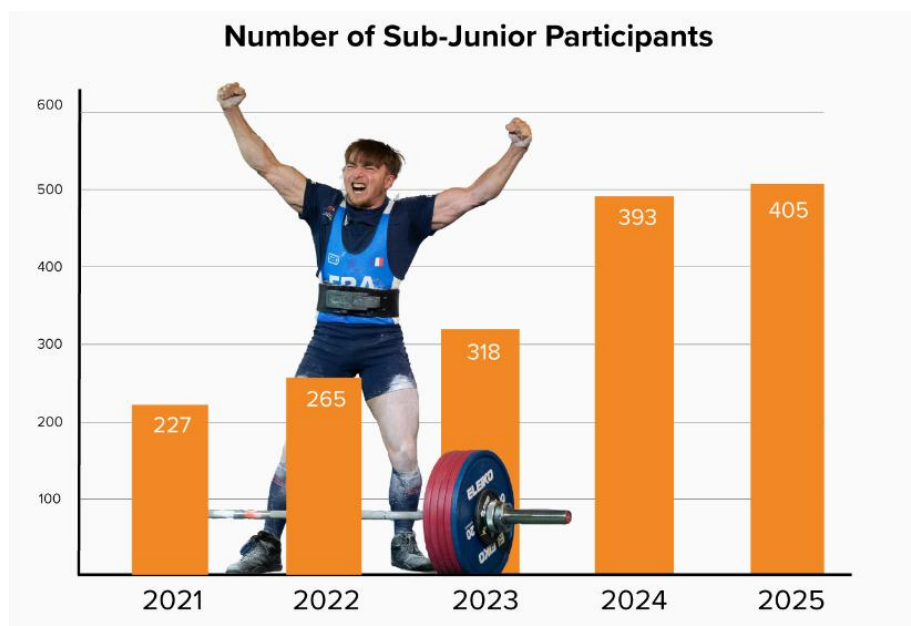
International Youth Festival

One of the standout events of 2025 was the International Youth Festival held in Malaysia, which gathered over 10,000 young participants. The IPF traditionally takes part in this event, representing the youth of our country. Our four young athletes from Malaysia participated in the educational forum, where young people discussed pressing issues affecting their daily lives, with a special focus on bullying. The forum also emphasized the role of sports as a powerful platform for positive change, enabling youth to turn their passions into goals and achieve self-realization.



Key Events of the International Powerlifting Federation — World Championships

One of the main indicators of progress and development is the analysis of participant statistics. In 2025, the total number of sub-junior participants increased from 393 to 405 compared to the previous year, representing a growth of approximately 3.07% $((405 - 393) / 393 \times 100)$. Compared to 2021, when there were 227 participants, the increase is about 78.85% $((405 - 227) / 227 \times 100)$.



By disciplines, in 2025 there is a slight decrease in participants in equipped and classic powerlifting, but a significant increase in both equipped and classic bench press. This indicates a shift of interest towards specific disciplines.

The most important outcome is the consistent positive growth trend in overall participation, reflecting the ongoing development and rising popularity of powerlifting on the international stage.

In 2025, the total number of junior participants increased from 547 to 583, representing a growth of approximately 6.58% $((583 - 547) / 547 \times 100)$. Compared to 2021, when there were 338 participants, the increase was significant at about 72.49% $((583 - 338) / 338 \times 100)$.



These figures indicate a steady rise in interest and engagement among young athletes in powerlifting competitions. The growing number of juniors demonstrates successful development and promising prospects for further expansion of this category, driven by the increasing popularity of sport among younger generations.

Regarding the youth commission itself, it is an efficient and active body. Upon receiving appeals and issues related to youth within the federation, the committee promptly initiates discussions and expresses its position on each specific matter.

In closing this report, I would like to thank my colleagues from the executive committee and the youth commission for their fruitful cooperation and joint work, as well as the president of the IPF — Sigurjón Pétursson — for his support and leadership.

With respect and gratitude,
 Nadezhda Churilova
 Chairwoman of the IPF Youth Commission

f) Sports For All Commission

Report from the Sports for All Commission

As mentioned in my Secretary General Report, currently, I serve as the Chairman for the IPF Sports for all Commission. As I have cited in the past, our federation's work in the area of Sports for All, centers primarily on the Special Olympics International Program, both at the National and International level. Each year, we invite Special Olympic Athletes to take part in the World Open Equipped Championship and in the majority of our Regional Championships.

Last year, at the World Open Equipped Championships held in Cluj Napoca, Romania, we had 12 Men and 9 Women nominated for the Special Olympics Competition. This was the best turnout ever for Special Olympic Athletes at one of our IPF World Championships. The Special Olympics event was very well received by the audience, athletes, and coaches attending this event. Special Olympic involvement continues to grow nationally, regionally and internationally. Thank you to everyone who volunteers their time and efforts with this worthwhile cause. Special thanks to the Romanian Federation for their assistance.

This past year, in Grand Cayman, Cayman Islands, at the 22nd NAPF North American Regional Powerlifting Championships we witnessed the largest turnout of Special Olympic athletes ever at an IPF Championship with 12 participants. Unfortunately, Colombia withdrew several days prior to the event. They were supposed to bring to the Cayman Islands with 10 athletes. Overall, the event was well directed by Tony McInerney, the President of the Cayman Islands Powerlifting Association. The success of this event was attributed to the hard work by the following volunteers: Alex Alvarado, Gabriella Cigaran, Bill Keel, Craig Pippert, Todd Youngblood, and Frazier and most importantly Miryam Elm who organized the brunt of the work to make this event a success.

At the 18th NAPF North America Regional Bench Press Championships, we included Para-powerlifters, Special Olympic, and youth athletes. My compliments to Nils Nils Leonart and Gabriela Cigaran for their exceptional work on the event. The competition was very well directed – well done.

Key and important, Special Olympics, Inc. owns and strictly controls numerous registered trademarks—including the "Special Olympics" name, logo, and "Flame of Hope"—to ensure brand consistency, primarily prohibiting unauthorized use. Unfortunately, there are associations/federations, not affiliated with the IPF that have attempted to use the Special Olympics tradework without their permission.

As an organization, we were communicating with the IPC for the past two years. Earlier this year, after several lengthy discussions with the IPC, the IPF EC determined the venture of taking on the IPC program was not financially feasible nor in the best interest for the IPF. As a consolation, we're always welcome to sign an MOU to assist the IPC with Coach Education, Anti-doping, etc.

During November 2025, the UTS Sports for All Festival was held in Malaysia.



The United Through Sports (UTS) World Youth Festival 2025 was a major international event held in Kuala Lumpur, Malaysia, from November 20–24, 2025. The festival brought together over 10,000 young people, focusing on unity, inclusivity, and sports, featuring a mix of traditional games, urban sports, esports, and educational forums. The IPF Sports for All Commission in partnership with the Malaysia Powerlifting Association (MPA) made sure were present at the event with athletes.

Overall, UTS focuses on the inclusion of athletes, in athletics, regardless of their abilities. The Malaysian event celebrated diversity and inclusion, with participants of all abilities, including para-athletes and special needs youth, culminating in an inclusive sports day. The event was hosted at the Mercure Living Hotel and various locations in Kuala Lumpur, the event was backed by the Malaysian Ministry of Youth and Sports, the IOC, IPC, and Special Olympics. Activities included Muaythai, basketball, skateboarding, dragon boat racing, table soccer, and esports. The festival highlighted Malaysian culture through food, traditional games, and youth from various nations, fostering a sense of community and partnership. Congratulations to UTS for directing such an amazing event.

We continue to try and reconnect with IBSA Powerlifting to reestablish our MOU with them.

To close this year's report, as I have mentioned in previous reports, the Committee's work will play an important an active role in reaching our goal of IOC recognition. Finally, the success of this committee belongs to my hardworking colleagues Alex Mathieson (Great Britain), Anett Langva (Sweden Matteo Secchi (Germany), Lara Bogy Finnbogadottir (Iceland) and our President Sigurjon Petursson (Iceland).

Robert Keller
Chairman,
Sport for all Commission

g) Entourage Commission

Report from the Entourage Commission

Dear Members of the IPF Community,

The IPF Entourage Commission continues to support the International Powerlifting Federation's commitment to athlete welfare, safeguarding, and professional standards for all individuals who support athletes within the sport. The Commission works to ensure that coaches, team officials, medical personnel, and other members of the athlete entourage operate in accordance with the IPF Constitution, By-Laws, Code of Ethics, and internationally recognized sport governance standards.

During the reporting period, the Commission focused on strengthening governance frameworks, improving safeguarding protections, and supporting initiatives that enhance the experience and protection of athletes and their entourages at IPF competitions.

A key priority of the Commission remains the protection and well-being of athletes, particularly minors and sub-junior athletes participating in IPF competitions. The Commission contributed to the development and review of safeguarding provisions related to appropriate supervision and accommodation protocols for minor athletes, clarification of the definition and role of a legal guardian when minors travel to international competitions, and the responsibilities of coaches, team officials, and delegation leaders regarding athlete welfare. These efforts support the IPF's commitment to maintaining a safe and supportive environment for athletes and align safeguarding practices with international sport governance standards.

The Commission also assisted athletes, coaches, and Member Nations with inquiries related to IPF operational procedures, including guidance on the IPF Athlete Transfer Form process, clarification regarding participation fees for IPF calendar events, and questions concerning delegation responsibilities at IPF competitions. In addition, the Commission addressed inquiries related to Member Nation governance documentation and governance compliance, supporting alignment with the IPF Constitution, By-Laws, and Code of Ethics.

The Commission further contributed to governance initiatives aimed at strengthening the IPF's operational framework, including providing input on relevant IPF By-Laws related to entourage roles and responsibilities and coordinating with other IPF Commissions and the Executive Committee on matters affecting athletes and team officials.

The Entourage Commission also supports the continued professionalization of coaching and athlete support roles within the IPF. This includes supporting the implementation of the IPF Coach License Certificate requirement and the integration of Coach ADeL anti-doping education modules as part of the coach certification pathway, while reinforcing adherence to the IPF Code of Ethics and safeguarding standards.

Looking ahead, the Commission will continue focusing on safeguarding protocols, particularly for minors, supporting coach education and certification standards, and contributing to governance initiatives that enhance athlete welfare and the responsibilities of entourage members at IPF competitions.

The Entourage Commission thanks the IPF Executive Committee, Member Nations, and fellow IPF Commissions for their continued cooperation and support.

Kimberly C. Walford
Chair, IPF Entourage Commission

h) Medical Commission

Report from the Medical Commission

IPF Medical Committee mission to look after the wellbeing of individuals involved in the sports. Owing to shortage of specialist level doctors, the medical doctors mainly looked after TUE application in 2025. If there is TUE that requires special opinion, specialists of relevant discipline will be invited to be ad hoc additional member.

TUEC

The TUE procedures of TUEC are all along compliant with WADA requirement. The TUEC is compliant with the service target of WADA. In 2025, there were 43 TUE submissions from 13 countries. Out of the 43 cases, 4 were recognition cases only.

There were no retroactive TUE applications in 2025. The recognition process is expedited in WADA by auto-recognition without the need for separate application to IPF. Despite that, the number of TUE application was similar to that of 2024.

Owing to funding issue, on site doctor-on-duty at international level championships was stopped in 2025. First aiders are expected to be present to assist if there is any urgent need. Chiropractors service continues in 2026.

Transgender policy

The Medical Committee has laid down the policy for transgender male and female since 2022. There are 4 transgender male approved to compete in male category since the policy started. Up till now, there is no transgender female approved to compete in female category so far.

The IPF MC is stringent in the medical assessment of the medical condition of sex dysphoria and works according to international standard. The IOC policy will be referred from time to time to update IPF Policy

New initiatives

MC will try to recruit medical doctors and other medical professionals to provide more essential services to lifters and people involved in the sports. Any medical professionals who are willing to help are welcomed.

Dr. Joseph IP
Chairwoman, IPF Medical Committee

i) Law & Legislation Commission

Report form the Law and Legislation Committee

The Law and Legislation Commission primarily works on reviewing documents sent to us by new applicant federations desiring to join the IPF. Recently, over the past several years, we have been tasked to begin reviewing the Regional Federation Constitutions. This year we reviewed a number of current National Federation Constitutions as well.

Overall, the Commission is extremely active. It is a pleasure to work with the following the following committee members: Mr. Sandro Rossi (Italy), Mr. Mohammed Marie (Egypt), Mr. Keith Tam (Hong Kong), Veronica Manning (New Zealand), Ms. Lydia Hernandez-Walford (USVI) and Amanda Lai (Hong Kong).

Once more, the primary responsibility of the commission is to review and approve the Constitutions for the new Provisional Member Federations requesting to join the IPF. The Commission carefully reviews these documents and offers constructive feedback to ensure the documents are in compliance with the IPF Constitution and By-Laws. When necessary the commission members also review the Membership Data Forms, Championship Results, Letters of recognition from either the Ministry of Sport and/or National Olympic Committee and to ensure the association/federation is registered in the Public Registry of their country. Overall, the documents are heavily scrutinized to ensure the NEW member federations accept and adopt the IPF Technical Rules, IPF Anti-Doping Rules, the IPF Constitution and By-laws, and our related polices and guidelines.

This year, as well as last year, we reviewed the proposed Constitution and By-Laws foir the General Assembly. All proposals were found to be in order and in complaince.

The following associations/federations must be approved by the General Assembly for provisional recognition. Each Federation fully qualifies to join the IPF as a provisional member.

- Bermuda (North America)
- Ghana (Africa)
- Mali (Africa)
- Sierra Leone (Africa)

The following provisional associations/federations are applying for full recognition. Each federation meets the criteria to join the federation as a full member.

- Nigeria (Africa)
- Macau (Asia)
- Portugal (Europe)
- South Korea (Asia)

During the course of this past year, the commission reviewed existing member federation constitutions, and registration documents for Barbados, Ghana, Mali, and Sierra Leone.

The Committee has also taken time to rewrite an update the template constitution we provide to new federations.

Lastly, the Law and Legislation Commission reviewed the following constitutions and by-laws for our existing national member federations and regional federations.

- American Samoa
- Puerto Rico
- North American Regional Federation

It is my honor and pleasure to serve and work on this commission.

Thank you,
Robert Keller
Chairman
Law and Legislation Commission

j) Rules Group

Report from the Rules Commission

Dear Colleagues:

The Goals and Objectives of the Rules Group are to revise and update the IPF Technical Rules. The Rules Working Group is composed of members of the Executive Committee, the members of the Technical Commission, and one representative from the Athlete and Coach Commissions

This year and last year we revised a number of new Technical Rules. They're currently highlighted in red in the current Technical Rule Book. We've also revised the formatting of the Rulebook. Special thanks to my colleagues for their assistance in performing this work.

Overall, the work performed by the streamlined Rules Group to establish to the new/revised technical rules and reformatting of the Technical Rules was extremely well done. My sincere thanks go to the group for their exceptional work.

Thank you,
Hannie Smith
Chairman, IPF Rules Commission

k) Membership Commission

Report from the Membership Commission

The Committee is no longer active. The Commission work is a duplication of the responsibilities performed by the IPF Secretary General, and the Regional Secretary Generals. I have proposed to the IPF EC / IC for this commission to be closed.

This committee was originally started as a working group. The primary objectives of this commission are to develop and encourage active powerlifting federations not yet members to join the IPF. Overall, the primary mission of the committee is recruit Powerlifting Associations/Federations in countries that are not represented in the IPF.

Potential new associations/federations the IPF has contact with over the past two years:

- Honduras (NAPF)
- St. Kitts and Nevis (NAPF)
- Venezuela (South America)
- Jordan (Asia)
- Turkmenistan (Asia)
- Moldova (Europe)
- Faroe Islands (Europe)
- Albania (Europe)
- Palau (Oceania)
- Cook Islands (Oceania)
- Wallase and Futuna (Oceania)

Thank you to our six (6) regional Committee Members:

- Africa (Robert Pozzacchio)
- Asia (Tatyana Romanova)
- Europe (Philippe Parage)
- North America (Alex Alvarado)
- Oceania (Gordon Thorogood)
- South America (Shirley Chavez)

Thank you,
Robert Keller
Chairman, IPF Membership Commission

I) Court of Justice (Formally the Ethics & Disciplinary Committee) Report from the Court of Justice

Covering the period: January 1, 2025 to December 31, 2025.

The Court of Justice (CoJ) currently comprises the following members:

Richard Parker (Great Britain) - Chairman
Gennadii Khodosevich (Russia)
Pavol Muller (Slovakia)
Andre Smith (South Africa)
Rahul Farnan Menon (Malaysia)
Vicky Taylor-Hood (Canada)
Tzari Saunders (Jamaica)
Nana Lui (Hong Kong)

The Court of Justice (CoJ) examines and decides on disciplinary cases within the IPF and determines penalties, except on doping related cases. In order to ensure objectivity and to prevent partiality, if a case involves a national of one of the countries from which a member of the CoJ belongs, the said member recuses themselves and is not involved in processing of the case.

The CoJ deals with non-doping and non-ethics related complaints received through the IPF Secretary General from the Executive, Regions, Nations or individuals. It should be noted that

anonymous complaints are not accepted as it must be possible to directly question any complainant; this is accordance with By--Law 5.1.1.

- a. IPF Executive
- i) Mr Gaston Parage

A complaint was received from Mr Parage regarding rejection of his candidacy for the office of President, alleging non-compliance with Article 7.5.3 of the IPF Statutes. Following several rounds of discussion, the complaint was withdrawn by mutual consent.

- ii) Greece (HPF)

A complaint was received alleging governance irregularities. There followed extensive dialogue with the HPF, which unfortunately did not reach a satisfactory conclusion. The provision of IPF compliant governance documents remained an outstanding issue. The Court of Justice ruled that the HPF's IPF membership be downgraded to Provisional until compliant governance documents have been submitted and accepted.

- iii) Puerto Rico (FPPR)

A complaint was received alleging governance irregularities:

1. Non-compliance with IPF By Law 12.3 and Constitution Article 4.1.1
2. Transparency of General Assembly Minutes (IPF BY Law 12.3)

The FPPR acknowledged the deficiencies and confirmed their full commitment to the principles of good governance, transparency and accountability as required by the IPF Constitution and By-Laws. They are actively taking steps to remedy any shortcomings in their procedures, which will be monitored by the IPF Executive.

- b. Regions – none.

- c. Nations:

- i) Russia

1. That the published European Powerlifting Federation “Policy on the Participation of Russian and Belarusian Athletes and Officials” should be reviewed “in the spirit of observing the Rule of Law, Sports Ethics and the respect of International Standards”.
2. That Ms Tetiana Melnyk used her position as a member of the IPF Executive Committee, “as the official representative of athletes does not maintain her neutrality and does not support athletes regardless of their nationality and that her actions are in favour of her own country’s interests.”
3. That Mr Sirazhutdin Bazaiev, President of the Ukraine Powerlifting Federation “publicly supports military action and spreads hostility; and that such behaviour is incompatible with his status as the President of a Sports Federation.”

A Court of Justice Hearing Panel carefully considered all the evidence and found that:

1. The EPF Policy on the Participation of Russian and Belarusian Athletes and Officials did not contravene IPF policy and is therefore valid. However, the Hearing Panel recommended that a reference to the IPF policy is included.
2. The accusations against Ms Tetiana Melnik were found unproven.

3. Both matters were therefore dismissed.
4. A decision concerning Mr Sirazhutdin Bazaiev's case to be made in due course.

My thanks to all Court of Justice members for their participation and valuable help throughout 2025.

Richard Parker
Chairman
Court of Justice Commission

n) Ethics Commission

Report from the Ethics Commission

The Ethics Commission began operation in January of 2025, and Garmez Parks was appointed Chairperson by the International Powerlifting Federation (IPF) Executive Committee (EC). At that time there were three other members of the Committee listed on the IPF website. The Commission had several cases before it, from National Federations, IPF members, and anonymous individuals. This Commission began to operate and gather evidence on the cases.

A couple of months before the 2025 IPF General Assembly, it was discovered that the construction of the Ethics Commission was not proper, based on the Ethics Code of 2018. The Commission should be composed of no more than six members, with three being elected by the GA and three members appointed by the IPF EC.

The Ethics Commission was then shut down, and then over the last part of the year, the Commission was reconstructed, to fit the 2018 Ethics Code of requirements. During an Extraordinary General Assembly, three members of the IPF were elected to the Ethics Commission via General Assembly votes. The elected members were Shantelle Szuch (Canada), Felipe Antonio Pizzaro Arroyo (Chile), and Ruben Hernandez (Spain).

In 2026 the IPF EC appointed another member to the Commission: Alexis Tompazis (Greece). The Commission currently has five members, with a spot open for the IPF EC to appoint another member.

The Commission began operation in late January 2026, as we began to look at cases that were on hold and new cases that came in this year.

The Commission has the goal of establishing its proper place in the operation of the IPF, with the goal of holding all our members to the standards of ethics set by the Code, the IPF Constitution, and Bylaws. We want our members to understand that the Code of Ethics is as important as the WADA code. Just as we demand the highest standards from our athletes in relation to our antidoping rules, we should have the same standards in relation to our members and officers with regards to ethics.

We encourage all members, to go to the IPF website, and review the IPF Code of Ethics [IPF Code of Ethics](#) It is vital in understanding the goals of the IPF, and the type of governance and atmosphere that should be created in the daily operation of the IPF and the powerlifting community. Get familiar with the sanctions that the committee can levy, as well as understanding the rulings can only be appealed to Court of Arbitration and Sport (CAS).

The IPF Code of Ethics is patterned after the International Olympic Committee (IOC) Code of Ethics, as is the Ethics Committee. The Commission is an independent body within the IPF, that will oversee the application of the Code to all members of the IPF. In line with the IOC Ethics

Committee, we take evidence from anonymous sources and there is no fee to file a case of allegations.

It is critical that there be no fee for the filing of an ethics complaint the IPF should ensure maximum accessibility for reporting the integrity of breaches, promote transparency, and uphold the “not-for-profit” status of the organization. The IPF should not have any financial barriers to ensure all covered by the code are being held to the standards of its code of ethics.

It is important to understand that the Ethics Commission is independent of the IPF Executive Committee, but not the IPF, or the General Assembly. This can be viewed as an important, and much needed, check and balance in the IPF governance and operations.

The goals of the Ethics Commission for the coming year:

- Establish a clear operational framework that ensures fair and equal for all members
- Develop consistent and transparent investigations processes
- Increase awareness among IPF members regarding the role and responsibilities of the Ethics Committee
- Create a public system for recording and referencing sanctions issued by the Ethics Committee
- Improve accessibility for members wishing to communicate with the Commission.
- Work with the IPF officers, members, and others covered by the Code, to clarify standards of conflicts of interest.
- Issue fair, reasoned, and well documented decisions in the matters brought before the Committee.

The members of the Ethics Commission are committed to contributing to the continued development of strong governance practices within the IPF. As the Commission continues to establish its procedures and role within the organization, it remains dedicated to supporting the high ethical standards, that should be fundamental to the integrity of powerlifting worldwide.

Submitted for the IPF Ethics Commission by:
Garmez Parks, USVIPF
Chairperson, IPF Ethics Commission

o) Anti-Doping Commission

Report from the Anti-Doping Commission

General

The ADC continues to deliver on its Anti-Doping mandate with the support of Sport Integrity Canada (formerly known as CCES). Billy Gannon continues to manage this work on behalf of the IPF and the ADC. The ADC would like to thank Sport Integrity Canada and Billy for their valuable contribution to our program. As she has for almost twenty (20) years Janie Soublière continues to provide legal consultancy services to IPF for not only matters related to anti-doping, but also wider integrity issues. A huge thanks to them is extended as we continue with a gold standard of antidoping in the sport

WADA Audit

The ADC is happy to note that in early January 2026, IPF received formal confirmation from WADA that all Corrective Actions issued from the WADA Audit in 2024 were signed off on by WADA. This signalled that the IPF Anti-Doping Program remained fully compliant with the World Anti-Doping Code and various International Standards, as required of a Code Signatory.

2025 Testing

In 2025, a total of 588 unique athletes from 69 different Nations were tested by IPF. A total of 966 samples were collected, which included urine, blood and dry blood spot samples. IPF partnered with 18 different Sample Collection Authorities to conduct doping control at over 40 events.

Below is the breakdown of Total Tests and confirmed Anti-Doping Rule Violations by Region for 2025.

Region	Tests Total ¹	ADRVs
Africa	29	3
Asia	170	5
Europe	410	5
North America	138	0
Oceania	45	0
South America	56	2

¹ Tests are defined as any number of samples collected on an athlete during a single test session.

Anti-Doping Initiatives related to Education

The ADC is continuing to build on anti-doping education for athletes and athlete support personnel. ADEL certificates continue to be mandatory for all athletes and coaches to be nominated for events on the IPF Calendar and the ADC is striving for more opportunities for in person and face-to-face education.

If any of you are interested in getting involved with these initiatives, please let us know. We notably need volunteers to help with the Athlete Outreach activities at events.

Investigations

IPF regularly gets tips from various sources on possible anti-doping rule violations as well as other ethical violations. Janie Soublière who is a trained and trauma informed investigator who conducts these types of investigations world-wide and is assisting IPF with these investigations (as well as other integrity violations) in a confidential and professional manner.

Results Management

Our team (Janie and Billy) work very hard to ensure that all processes related to Results Management are Code Compliant. The team is also committed to providing guidance and clarifications to the ADC, as well as athletes and administrators throughout these processes. The team consistently ensures the rights of all parties are met, while upholding the integrity of the process. By doing so, IPF has again avoided decisions issued by the ADC or the IPF Doping Hearing Panel being appealed to the Cour of Arbitration in Sport.

In 2025 the ADC issued 15 Anti-Doping Rule Violations, including violations for Use and/or Presence of a Prohibited Substance, Breach of Period of Ineligibility, Whereabouts Failures, and Refusing or Failing to Submit to Sample Collection by an Athlete.

Final words

The ADC is proud of the Code compliant work it consistently accomplishes for IPF and all its Stakeholders and shall continue to do so in 2026.

Respectfully,
Dr. Maia Blackman
Chairwoman, IPF Anti-doping Commission

p) Doping Hearing Panel **Report from the Doping Hearing Panel**

Dear Colleagues,

During 2025, the DHP was not called to review any cases. Other than this, there is not much else to report for this year for the DHP.

Thank you,
James Cirincione
Chairman, Doping Hearing Panel

q) Media Team **Report from the Media Officer**

The year 2025 marked the most successful media performance in our history across all broadcast and digital platforms, including YouTube and Eurosport.

At the World Open Classic Championships in Chemnitz, Germany, coverage on Eurosport 1, Eurosport 2, and Eurosport Asia delivered a total of 24 hours and 12 minutes of airtime, reaching 5.2 million viewers across Europe.

This success was further surpassed at the World Equipped Championships in Cluj, Romania, which achieved the largest reported Eurosport audience to date. With 26 hours and 25 minutes of airtime across Eurosport 1, Eurosport 2, and Eurosport Asia, the event reached 6.6 million viewers in Europe, demonstrating broad international distribution and strong audience engagement. In addition, CBS Sports provided a total of 18 hours of coverage throughout the year, further expanding global visibility.

Digital performance also reached new milestones. The IPF YouTube channel recorded a new all-time record of 5.6 million views in 2025. During the World Sub-Junior & Junior Powerlifting Championships in Costa Rica, the channel also surpassed the significant milestone of 100,000 subscribers.

Furthermore, a new cooperation with Eurovision Sport was launched, enabling additional live streaming and digital distribution on their platform. This partnership has already shown promising results and is set to be expanded in 2026.

Social Media

In 2025, we adapted our Meta platform strategy to reflect changing user behaviour. Facebook is now primarily used for informational content and to drive traffic back to the website wherever possible. Instagram and Linktr.ee also carry informational content, with the addition of more promotional material to strengthen engagement and event visibility.

Growth of the Instagram account has slowed compared to previous years; however, positive development continues. The account currently stands at 228,849 followers, representing a 6.4% increase year-on-year.

Competition coverage on social media continues to improve significantly. During the Junior World Championships in Costa Rica, Instagram generated 24 million views over a 30-day period and reached more than 2 million accounts.

Overall, 2025 stands out as a landmark year, delivering record audiences, increased broadcast exposure, and major digital growth across all media channels.

Thank you.
Eric Rupp
IPF Media Officer

11) Regional Federation Reports



a) Europe

Report from the President of the European Powerlifting Federation

Report from the President of the European Powerlifting Federation

Over the past year, the European Powerlifting Federation has continued to strengthen its position as a modern, athlete-focused and forward-looking organisation, guided by the EPF Strategic Plan and a clear commitment to sustainable growth. Throughout the year, we worked to deliver high-quality championships, develop our structures, strengthen cooperation, and advance the strategic direction of the EPF.

On the shadow side we have the Russian war against Ukraine. This throws a black shadow over Europe and harm the sport, people, and the economy. Therefore, the Belarusian and Russian federations are restricted from participation in European Championships. However, we remain hopeful for a just and lasting solution to the situation in Ukraine.

Governing the EPF/Administration

The workload for EPF officials has increased significantly in the past couple of years, necessitating swift resolutions in our digital environment to ensure seamless operations. Contracts have been prepared and dispatched to event organizers, and preparations for the 2026 and 2027 season are progressing satisfactorily.

But the daily workload to run EPF are increased beyond what is possible to have as a voluntary duty. In our way to become a more professional sport organisation we must continue go from voluntary to employment work for a part of the administration.

According to Norwegian Law the board of EPF operates as a single entity, meaning any decision is deemed to be made by the entire board. As an EC member we are all solidaric, collective accountable for the board's decisions and actions. This principle dictates that once a decision is reached, all EC members must support it, regardless of their personal, private views.

Partners

The support from EPF's partners in 2025, including SBD Apparel Limited, Maniak Fitness, Visit Malta, and ESN have been instrumental in enhancing the quality of our championships and providing high-quality streaming services. This collaboration has enabled the EPF to support event organizers with equipment, medals funded by the EPF for all championships, and additional financial assistance.

European Championships 2025

All scheduled European championships were organized, and participation levels is rising annually. A total of 2,453 athletes competed in 2025, reflecting an increase of over nine percent compared to 2024 and close to twenty percent increase relative to 2022. For 2026, we anticipate a slight increase in athlete participation.

At the European championship in Classic powerlifting for junior we had an unexpectedly high number of participants. While this required extending the duration of the event and posed organisational challenges, it was a strong sign that EPF competitions are becoming increasingly attractive to young athletes.

To protect athlete welfare, maintain event quality, and ensure reasonable competition schedules, the EPF Executive Committee decided to split the European Sub-Junior & Junior Classic Championships starting from 2027. Sub-Junior Championships will be organised in April, and Junior Championships in December.

European Championships 2022 –2025 number of lifters attended the championship.

CHAMPIONSHIPS	NUMBER OF LIFTERS			
	2022	2023	2024	2025
European Masters Classic Powerlifting	207	349	370	325
European Masters, Equipped Powerlifting	128	164	127	155
European Open, Classic Powerlifting	234	198	210	252
European Open, Equipped Powerlifting	128	109	121	106
European Sub Junior, Equipped Powerlifting	40	25	57	55
European Sub Junior, Classic Powerlifting	119	136	169	190
European Junior, Equipped Powerlifting	57	52	63	67
European Junior, Classic Powerlifting and SOI	205	204	205	289
European University Cup, Classic Powerlifting	109	115	107	144
European Classic Bench Press	414	433	438	475
European Equipped Bench Press	250	257	270	260
Western Euro Open Equipped Powerlifting	28	34	25	36
Western European Classic Powerlifting	99	66	78	99
Danube Cup, Equipped & Classic Powerlifting	23			
TOTAL NUMBER OF LIFTERS	2041	2142	2240	2453

Source: Goodlift

Awards 2025 – best lifters

Each year, the EPF recognizes the top European powerlifters based on their performance by the IPF GL points. To be a candidate athletes required to have competed in both the World Open and the European Open championships.

The European Powerlifters of the Year for 2025:

Name	Discipline	Male/Female	Nation
Radostina Lulova	Equipped	Female	Bulgaria
Serhii Bilyi	Equipped	Male	Ukraine
Sonita Muluh	Classic	Female	Belgium
Ade Omisakin	Classic	Male	Great Britain

European University Sports Association

In 2024, the EPF successfully established a partnership with the European University Sports Association (EUSA). A Memorandum of Understanding between the EPF and EUSA was signed at the EUSA Executive Committee meeting in Portugal in April 2024.

This strategic direction was reflected early in the year through an official meeting held in February with the EUSA President, Mr Adam Roczek. The discussion focused on the future development of

students' sport, the planned launch of official EUSA Powerlifting Championships in 2027, and the potential inclusion of powerlifting in the EUSA Students' Games. These talks opened important opportunities for long-term development, increased visibility among young athletes, and stronger institutional recognition of powerlifting within the European university sport system.

The EPF highly values our relationship with EUSA and looks forward to continuing this fruitful cooperation under the leadership of Mr. Pavletic.

Sport for All

In line with the EPF Strategic Plan, the Sport for All Commission was formally created, with five members appointed to ensure broad expertise and representation. Dr Scott Simon (GB) was appointed as Chair, bringing valuable experience in high-performance sport, governance, and inclusive development. The Commission has already begun work to develop SOI inclusion as a meaningful and sustainable part of EPF activities, providing clear frameworks that support athletes, National Federations, and organisers.

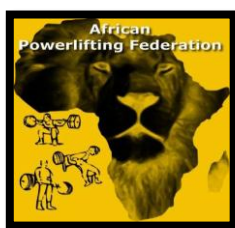
A visible result of this work was the successful SOI session held in Lithuania during the European Sub-Junior & Junior Classic Powerlifting Championships 2025. The session received very positive feedback and clearly demonstrated that inclusion can be integrated into major EPF championships in a professional and respectful way.

Bjørn Astad

President

European Powerlifting Federation

IPF Executive Board Member – Europe



b) Africa

Report from the IPF EC Member for Africa

Dear Colleagues,

2025 was a busy and successful year for Powerlifting in Africa, with our largest African Championships to date being held in Tunisia in November, where we had entrants from 9 countries participating. Just before that in October, South Africa hosted the World Classic and Equipped Masters Powerlifting Championships in Cape Town. Thirty-three countries participated, with 474 competitors taking part.

We congratulate the following African lifters who won world championship titles during 2025 :

- Haikal Haka (EGY) – Subjunior World Champion Classic Powerlifting (57kg)
- Antoinette Kriel (RSA) – Master 2 World Champion Classic Powerlifting (57kg)
- Marlon Daniels (RSA) – Master 2 World Champion Classic Powerlifting (74kg)
- Abdalla Elmaghrebi (LBA) – Master 4 World Champions Classic Powerlifting (105kg)
- Carol Anthony (RSA) – Master 2 World Champion Equipped Powerlifting (63kg)
- Laura de Wet (RSA) – Master 2 World Champion Equipped Powerlifting (69kg)

Three African lifters participated in the 2025 World Games in Chengdu, and achieved a 5th, 7th and an 8th place. Unfortunately, the IPF was unable to accommodate the fourth regional qualifier from Africa as per the published criteria after flight sizes were reduced to accommodate the Classic powerlifting events. We trust that this oversight will be corrected going forward to ensure participation from all global regions in each World Games event.

At the General Assembly of the AFPP held in Tunisia, it was agreed to schedule a sub-regional championship in 2025 in the Central African Zone, as an extra event in addition to the regional African Championships, which will remain the premier regional championship. With the first sub-regional event to be hosted by Cameroon in 2026, these are expected to bring the following benefits:

- to give other African member nations experience of hosting international-level competitions
- to attract interest from other neighbouring countries
- to have the opportunity to have referee and coaching clinics
- to allow international participation for lifters who find it difficult to travel extensively to other international events

There is good news on the coaching front, as the IPF held a Level II Coaching course in Tunisia before the African Championships, at which 16 African coaches achieved their certification. This will further advance the standard of powerlifting in Africa, as will the new Category I and Category II referees from Africa who received their certification in 2025.

African Powerlifting Federation President Kamel Nedjah continues to work tirelessly to bring new nations into the AFPP, and discussions are in progress with several African nations who wish to join the IPF. We are pleased to have Nigeria return as provisional members in 2025 and look forward to their participation in future events. President Nedjah and the AFPP ExCo also oversee the allocation of the Development Fund received from the IPF, for which we are extremely grateful. Appropriate use of these funds will greatly increase our members' ability to have international-standard powerlifting events in Africa, and also to send well-prepared and well-coached lifters to international events.

We are encouraged by the number and standard of female lifters from Africa and remain committed to ensuring that all barriers to women competing in powerlifting events are removed. We will work towards ensuring that all AFPP members comply with the good governance requirements to remain in good standing with the IPF and AFPP.

The AFPP Executive continues to meet via Zoom meetings and will continue to update the AFPP Constitution to be in line with the IPF Constitution. I wish to extend my thanks to my hardworking colleagues on the AFPP executive for another successful year, and I believe 2026 will be an exciting year for African Powerlifting.

Heather Leighton
IPF Executive Board Member – Africa



c) Asia

Report from the President of Asia Powerlifting Federation

Dear Colleagues,

As I have always believed, fostering a friendly environment and encouraging teamwork have been among my core principles in managing the Asian Powerlifting Federation. I extend my sincere appreciation to all colleagues in the APF and IPF for their continued support, cooperation, and dedication toward the development of Powerlifting in Asia.

This report is based on the collective reports and contributions of the APF Executive Committee, including the Vice President, Secretary General, Treasurer, Technical Committee Officer, and Competition Organizing Officer. Some of the activities outlined were initiated during 2025 and are continuing into 2026.

The past year has demonstrated significant progress in the areas of governance, education, technical development, regional expansion, sponsorship, gender equality, and international cooperation. At the same time, it has highlighted the importance of stronger collaboration among all member nations in order to achieve the strategic goals of the Federation.

SECTION I – DEVELOPMENT AND EDUCATIONAL ACTIVITIES

Programs for Special Athletes and Visually Impaired Athletes

The APF continued prioritizing programs focused on Special Athletes and visually impaired athletes throughout the region. Efforts have been made to encourage member nations to establish cooperation with Special Olympics organizations, Blind Federations, and national disability sport bodies.

Although progress has been made, the APF regional survey confirmed that only a limited number of nations currently maintain active cooperation with these organizations. Expanding participation opportunities for all athletes remains one of our major objectives for the coming years.

International Educational Courses

Educational activities continued to expand significantly across Asia.

International referee and coaching courses, previously concentrated mainly in Hong Kong and the United Arab Emirates, were successfully extended to Qatar and Japan. These educational programs have been conducted in alignment with international standards and IPF regulations.

The APF intends to further expand educational activities into South Asia and developing regions in order to strengthen technical knowledge, referee standards, and coaching quality throughout the continent.

Gender Equality Promotion

Gender equality remains one of the most important priorities for international sport organizations and for the APF.

The continental survey conducted this year clearly demonstrated that Asia remains significantly behind global standards in female participation and leadership within Powerlifting.

Current indicators show:

- 26% female coaches
- 23% female national referees
- 20% female IPF Category 2 referees
- 16% female IPF Category 1 referees

These indicators are critical for future participation in major continental and international multi-sport events.

To address this issue, the APF organized the First Asian Gender Equality Seminar during the Asian African Pacific Championships in Japan.

The seminar was highly successful and received strong support from participants across the region.

SECTION II – COMPETITIONS AND HOSTING

Championship Development

The APF experienced substantial progress in organizing and distributing championships across the continent.

Championships are now organized across five Asian regions under a structured hosting system approved by the General Assembly. This model has improved organizational stability, increased participation opportunities, and strengthened regional cooperation.

In 2025, the championship structure was successfully expanded into three major events:

- Asian Sub-Junior & Junior Championships and University Powerlifting Cup in India
- Asian/Oceania/Africa Powerlifting & Bench Press Championships in Japan
- Asian Bench Press Championships in Hong Kong

I would like to congratulate all organizing committees, volunteers, referees, coaches, and athletes for their outstanding efforts in delivering highly successful championships.

Venue Inspections and Organizational Support

Many APF member nations have expressed strong interest in hosting Asian Championships. To support developing organizers and improve event quality, several official operational documents were created, including:

- Host Country Application Form
- Promoter Contract
- APF Organizational Checklist

Venue inspections were personally conducted in:

- Hainan Province
- Istanbul

Meetings were held with local organizers to review venues, competition infrastructure, technical requirements, and organizational preparations.

Subregional Events Regulation Process

In 2025, the APF initiated a new structured system for governing and organizing Subregional Championships throughout Asia.

A comprehensive regulation document was created and approved by the Executive Committee with the goal of promoting Powerlifting development opportunities for beginner and developing athletes.

Key Provisions Include:

- Full compliance with IPF rules and regulations
- Eligibility restrictions for elite medalists and Best Lifters
- Special exceptions for Masters, Sub-Juniors, and inactive athletes
- No Asian or World records permitted
- National record recognition remains under national federation authority
- APF-standard medals and awards

The first West Asian Subregional Cup was successfully organized, while the East Asia & Southeast Asia Championships are currently under preparation for 2026.

SECTION III – INTEGRATION INTO ASIAN MULTI-SPORT STRUCTURES

Asian University Sports Federation (AUSF)

The APF continues negotiations and development efforts regarding integration into the Asian University Sports structure.

Member nations have been requested to:

- Coordinate with their national university sports authorities
- Provide statistical participation reports
- Support continental development documentation

These materials are essential for ongoing discussions with AUSF leadership.

Asian Games Development

The APF also continued strategic efforts toward future participation in the Asian Games structure.

Further progress requires:

- Stronger cooperation with National Olympic Committees
- Improved national reporting systems
- Strategic communication with the Olympic Council of Asia (OCA)

- Coordinated diplomatic support among member nations

Several important meetings were conducted with representatives of:

- Olympic Council of Asia
- National Olympic Committees of Iran and Qatar
- Emirates Bodybuilding and Powerlifting Federation

SECTION IV – MEDIA, SPONSORSHIP, AND TECHNICAL OPERATIONS

Sponsorship Development

The APF successfully secured several new sponsorship agreements during the reporting period.

From October 2025 until December 2028, ONI Ltd. will serve as the Platinum Sponsor of the APF.

This partnership provides important opportunities for future development projects and technical support across Asia.

Benefits for Member Nations

Beginning January 1, 2026, all host nations signing the official Promoter Contract for Asian Championships or Cups will receive a full set of ONI equipment free of charge.

This initiative provides member nations with valuable access to high-quality IPF-approved competition equipment and significantly supports hosting capabilities throughout the region.

Additional media partnerships were also secured, including:

- Samurai Media
- White Lights Media

Live Broadcast Quality

Broadcast quality has improved significantly since 2019. However, further investment remains necessary in order to reach higher international production standards.

Future upgrades will require:

- Additional sponsorship support
- Expanded IPF cooperation
- Improved technical infrastructure

Technical Standardization

One of the major technical challenges identified across Asia remains the lack of unified competition software and reporting systems.

This inconsistency creates difficulties in:

- Competition management
- Results reporting
- Referee coordination

- Statistical accuracy

The APF will continue prioritizing technical standardization and alignment with international systems and regulations.

SECTION V – GOVERNANCE AND STRUCTURAL DEVELOPMENT

APF Constitution and By-Laws Update

The original APF Constitution and By-Laws were created in 2014. Over the years, numerous amendments approved by General Assemblies were never formally incorporated into the official governing document.

These included updates regarding:

- Duties and responsibilities
- Membership fees
- APF address and administrative matters
- Governance structures

During this reporting period, all historical amendments were collected, consolidated, and incorporated into a fully updated constitutional document.

This work represents an essential step toward transparent, modern, and effective governance within the Federation.

New Non-Executive Commissions

To strengthen development opportunities and increase participation within APF activities, several new non-executive commissions were established:

- Law & Legislation Commission
- Ethics Commission
- Education Commission
- Sport Development Commission

These commissions provide broader opportunities for member nations and specialists to contribute positively to the development of Powerlifting in Asia.

SECTION VI – TECHNICAL COMMITTEE AND REFEREE DEVELOPMENT

Congratulations to all individuals who successfully passed examinations to become International Referees.

The APF places strong emphasis on increasing the number of qualified referees throughout Asia, particularly female referees.

Without referees, international championships cannot be successfully conducted.

Important Reminders:

- National federations must specify practical examination availability within Goodlift nominations.
- Referees must remain available for a minimum of two competition days.

- Athlete weigh-ins may only be conducted with a coach or manager of the same gender.
- Any changes regarding referee duties must be reported directly to the Chairman of the Technical Committee.

Coach Dress Code Reminder

At all international competitions, coaches are required to wear:

- National team uniform
- Shirt or IPF-approved T-shirt
- Athletic shorts or approved team uniform

The following are prohibited within the coaching area:

- Hats
- Unauthorized photography
- Unauthorized video recording

Failure to comply may result in removal from the coaching area by decision of the Technical Committee.

Hall of Fame Nominations

Male Official:

Farshid Soltani – Iran

Male Athlete:

Okiura Katsuji – Japan

Nomination Presented By:

Chen Yeh Chao

FUTURE CHAMPIONSHIPS

2026 Calendar (Final)

- March 26–30 – East Asia & Southeast Asia Subregional Combined Powerlifting & Bench Press Championships – Hainan Province
- May – Asian Sub-Junior & Junior Classic and Equipped Powerlifting Championships and University Cup – Hainan Province
- July – Asian African Pacific Powerlifting & Bench Press Championships – Potchefstroom
- September 21–28 – Asian Classic & Equipped Bench Press Championships – Istanbul, Türkiye
- December 1–10 – Asian Open & Masters Classic and Equipped Powerlifting Championships – Ulaanbaatar

2027 Calendar (Preliminary)

- May – Asian Sub-Junior & Junior Championships and University Cup – Bid: Iran
- July – Asian African Pacific Championships – Bid: Astana
- September – Asian Bench Press Championships – Bids: Hong Kong / Beirut
- December – Asian Open & Masters Championships – Bids: Tashkent / Beirut

CONCLUSION

The Asian Powerlifting Federation has made substantial progress during the reporting period in governance, education, technical operations, sponsorship, championship development, and international cooperation.

At the same time, important strategic goals—including integration into major multi-sport structures, gender equality improvements, technical standardization, and athlete development—require stronger commitment and collaboration from all member nations.

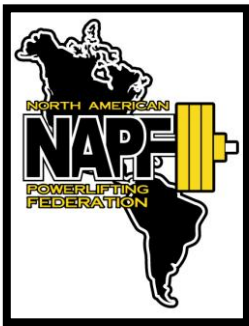
I would like to express my sincere gratitude to all APF member federations, Executive Committee members, referees, coaches, volunteers, athletes, and the International Powerlifting Federation for their continued support and cooperation.

Together, through unity, professionalism, and shared commitment, we can continue strengthening and advancing Powerlifting throughout Asia.

Once again, thank all my colleagues in the APF Executive Committee, including the Vice President, Secretary General, Treasurer, Technical Committee Officer, and Championship Secretary Officer.

Respectfully submitted, and special thanks to my dear colleagues, for all of your support and friendship.

Farshid Soltani
President, Asian Powerlifting Federation
IPF Executive Board Member – Asia



d) North America **Report from the President of the North American Powerlifting Federation**

Dear Colleagues,

It has been a busy year (2025), which has been time-consuming for myself and my fellow colleagues in the EC, who have worked extremely hard in the new NAPF Constitution and Bylaws, to update to this modern time. This will be discussed and voted on in due time.

NAPF Regional Championships:

Last year, we had 2 major championships, with over 452 athletes combined, I would like to thank all the people that supported us to hold these top-level championships: referees, coaches, spotters, media team, record and scoring team, sponsors (among them ELEIKO and SBD), and of course, the athletes. Also, the organizers of the events, my sincere thanks to Tony McInerney (Cayman Islands) and Nils Leonart (Panama) for accomplishing a fantastic job to bring forward these events, that required

lots of time, great effort, tough negotiating, and personal money (no to say the least). I know, how this is like, after organizing several NAPF championships myself; and above all, the positive involvement of their sports ministry, Olympic committees, and government representatives for the acknowledgment of our lovely sport in their countries. I congratulate them on their great job.

The results are:

NAPF Powerlifting Championship, Cayman Islands

Group	Female	Male
Classic	94	119
Equipped	11	26
Special Olympics	2	10
University Cup	6	12

With the participation of 9/16 members: USA (108), Canada (77), Mexico (29), Trinidad & Tobago (24), Jamaica (20), Cayman Islands (12), Panama (4), Costa Rica (2), Belize (2), and USVI (2).

NAPF Bench Press Championship, Panama City, Panama.

Group	Female	Male
Classic	50	78
Equipped	17	17
Youth	2	4

With the participation of 7/16 members: USA (67), Mexico (29), Canada (24), Panama (22), Trinidad & Tobago (11), Costa Rica (7), Puerto Rico (5), Belize (2), and Guatemala (1).

At one time, NAPF had up to 21 members; unfortunately, some of them have been withdrawn from the IPF due to financial situation (non-payment of IPF annual fees).

I understand that the global world situation is not the best currently, but still, if we volunteer to work for the sport and for the athletes, it is our responsibility as national powerlifting representative to seek financial support from their government (sport ministry) or private sponsors for our athletes to represent their nations in regional or world championships, otherwise their organization is headed to failure and with financial burden due to lack of payment of their obligations to the IPF.

I am pointing this out because there are some federations that haven't been participating in our regional championships: Aruba, Dominican Republic, Nicaragua and Barbados. Also, the participation has been very low for: USVI and Guatemala. Their federations will need to work more in sending athletes to NAPF Regional Championships.

In the case of Belize, they are newcomers and doing a lot of effort to get government support to organize this year NAPF Regional Bench Press Championship

As far as Costa Rica, the number of lifters were low since most of their financial support was destined to last year (2025) IPF World Classic and Equipped Sub-junior and Junior Championships, with the participation of over 600 lifters worldwide, and did an amazing job in organizing it.

I am proud to say that more NAPF athletes are participating in all the Worlds Championships held in 2025, with an average of 70 NAPF athletes per championship. Not only that, but also 50% of these athletes have obtained a medal, which shows the great interest of the public, mainly young lifters, in powerlifting in our region.

On a positive note, there has been more participation in NAPF Youth Program championships and urge all NAPF members federations to implement and support the Youth Guidelines in their powerlifting national programs

IPF Referees

The NAPF has been working on increasing more referees for the region. There is still a lot of work left.

Country	Cat. I	Cat. II	Total
Belize	0	2	2
Canada	17	9	26
Cayman Islands	0	1	1
Costa Rica	3	4	7
Dominican Republic	0	3	3
Jamaica	0	2	2
Mexico	0	6	6
Panama	1	2	3
Puerto Rico	3	3	6
Trinidad Tobago	1	2	3
USA	12	16	27
USVI	3	1	3
Total	40	51	91

We have added 9 more referees to the region since last year, but still, we require that the members federations send their IPF- certified referees to be more involved in our regional championships. It isn't fair for our Chief Referee to try to fix a schedule when there are many unjustified no-shows after the final deadline of the referee's nomination. It puts a lot of burden to those who come to work overtime in a 7–10-day championship. I consider this unfair and a lack of respect for the rest of our fellow referees. I will be enforcing the NAPF Referee Team Fine in these cases and will propose even to increase the fine for the no-shows.

IPF Trainer Education Course

Last year it was scheduled two (2) IPF Trainer Education Course, Level II: in Austin Texas (USA) and in San Jose (Costa Rica). It was a great success. So far, we have:

	Basic Trainer Course	IPF Coach Level II
Canada	-	9
Cayman Islands	1	-
Costa Rica	10	6
Guatemala	-	1
Jamaica	12	-
Mexico	1	7
Nicaragua	1	-
Panama	1	5
Puerto Rico	1	5
Trinidad & Tobago	-	2
United States	-	12
Total	27	47

There have been arrangements with Dietmar Wolf and Pjotr Van Den Hoek, to schedule a Level II Course for the Caribbean subregion in the middle of the year. It is very important that the NAPF members federations have their coaches certified.

IPF By-Laws 1.2.2025, Chapter 14.5.1: Effective January 1, 2026, all Head Coaches must provide IPF Coach License Level II certifying they're a licensed powerlifting coach. From 2026 onwards, a Head Coach must possess an IPF Coach License Level II certificate to be eligible for nomination by any nation for the 2026 international championships.

IPF Member Nation Coach Eligibility for IPF Coaching Certification Courses:

- Head Coaches - required to take IPF Trainer, Level 2 (IPF Coach Level II).
- All Coaches - can take the IPF Course Register Basic Trainer or IPF Trainer, Level 2 (IPF Coach Level II).
- All coaches who have completed IPF Trainer, Level 2 (IPF Coach Level II) can then apply to take the IPF Trainer Education Course, Level 1.

Antidoping

I am glad to inform you that in the past two (2) years we haven't had a single case of Anti-Doping Rule Violations (ADRV's)

On a personal note, the past year (2025) has been extremely hard for me with the loss of my lovely wife, who supported me 100%, and still longing for her, and the passing of my mother this past December. I have tried my best to endure these blows, and to have a clear head to have the job done as president of the NAPF.

I have given the IPF/NAPF my best because I love the sport that have practiced for the past 50 years, back in Houston, when I started in High School (1976). When younger, I competed as an athlete in AAU and later as USPF in Texas, both United States Powerlifting Organizations, before the creation of the USAPL.

After creating the Costa Rica Powerlifting Association (ADELEPO-CR), and affiliating it with the IPF (2005), I have worked to make Powerlifting a renowned sport, back when nobody outside the USA knew what it was about, confusing it with Weightlifting.

I have contributed in the development of the powerlifting in the region as Central American representative, traveling by myself to Nicaragua, Honduras and El Salvador and helping them to organize themselves as a sport and in their competitions.; in the Antidoping Hearing Panel in enforcing WADA; in the Medical Committee help to create the TUE Committee when there was none; working with Special Olympic back in 2009 and helping them include it in their sports; insisting and promoting Raw/Classic championship in 2012 with an one-on-one conversation with the past IPF President when the IPF only did Equipped lifting, considering unfair for less privilege countries; and many other things that would take a book to write from all the things I have lived thru.

I am glad and grateful to have met wonderful people, that I consider friends, sorry ... my family. I have been in the NAPF and IPF Executive in the past 12 years, and I think it is time for me to pass the torch to next willing and capable person / leader.

Therefore, I will not seek reelection as President or IPF EC North American Representative. Still, I will support the NAPF, in any other position in the EC, if needed.

I want to thank you all for your confidence these years and God bless you,

Dr. Hugo Velasquez
NAPF President
IPF Executive Board Member - North America



e) South America

Report from the IPF EC Board Member for South America

Dear IPF colleagues,

We have completed another year of hard work.

In addition to working to add more member countries, within a spectrum limited by the small number of nations on our continent, we have worked to increase the number of representatives from member nations within the FESUPO board of directors.

Today, we have a total of 10 active member countries. Argentina, Bolivia, Brazil, Colombia, Chile, Ecuador, Guyana, Peru, Suriname and Uruguay.

We are now planning goals for the next 4 years, where we will prioritize the quantitative and qualitative growth of competitions and greater participation of nations at a global level.

We have taken great strides to definitively and early close the 2026-2027 calendar. Last year, we had our regional event in the city of Porto Belo, Brazil.

A high-level event, which was attended by our distinguished Mr. Dietmar Wolf and Mr. Pjotr Van Der Hoek. For one more time in South America, we had the opportunity to host the Level 2 coach training course.

It was a period of intense work and immersion. We are very grateful to Mr. Wolf and Mr. Van Der Hoek for their work, dedication, and patience with everyone!

We were able to train more than 20 coaches! This will be vital for the growth of the sport on our continent. Given the success of the aforementioned event, we have already scheduled another edition in Chile in September. It will be an opportunity for more coaches to have the opportunity to reach another technical level.

The 2026 event will take place in the city of Santiago, Chile, where the best South American athletes will parade in a setting never seen before! Get ready to see a beautiful town, friendly people and excellent cuisine.

And the best part, an event with infrastructure never seen before in South America!! We are working hard to increase the broadcast via internet to the international level that the IPF asks of us.

We are grateful for the immense support provided by IPF to make all this happen and become a reality in practice. In this way, we have consolidated our know-how with many achievements that demonstrate our evolution.

Of course, none of this could have happened without the great work and effort of all the directors. I believe that South America has been making progress and will continue to do so with great strides.

We will soon rival other more famous regions!!

Julio Conrado
FEMEPO President
IPF Executive Board Member – South America



f) Oceania

Report from the Oceania Regional Powerlifting Federation

A warm Oceania greeting to ALL the members of the IPF family.

It is with great honour that I present the 2025 President's Report of the Oceania Regional Powerlifting Federation (ORPF). This year has been one of growth, renewal, and consolidation. We continue to build on the strong foundations of governance, development, and unity that define the Oceania region within the International Powerlifting Federation (IPF).

The past twelve months have shown that our collective commitment to progress, fairness, and inclusivity is stronger than ever. Despite geographic distances and resource challenges, our federations have demonstrated outstanding resilience and collaboration. We have seen athletes, coaches, and officials rise to new levels of excellence and professionalism.

ADMINISTRATION

The ORPF Executive maintained strong coordination and commitment in its operations. Our key priorities have been strengthening communication between our member federations with ORPF and IPF. That these member federations comply with IPF rules, anti-doping requirements and very importantly good governance practices. We continue to facilitate efficient nomination and registration processes through digital platforms and provide timely support and advice to developing federations.

We acknowledge that governance is not only about regulation — it is about stewardship, fairness, and serving our member nations with integrity. The ORPF has worked diligently to uphold these values, ensuring decisions are made collectively, transparently, and in the best interests of the region.

DEVELOPMENTS

A cornerstone of our long-term strategy is the upskilling of coaches and technical officials. Prior to the 2025 Championship, IPF conducted a 2-day Coaching level 2 Course from 14–16 November. This initiative, supported by the IPF Education Committee was attended by participants from several member nations and proved highly valuable in advancing technical knowledge, training methodology, and athlete safety.

Our referees and technical controllers also continued to play a vital role in ensuring that competitions maintain fairness and consistency across all platforms. The ORPF remains committed to providing ongoing education and certification opportunities for referees, meet directors, and administrators across the region. A total of 7 referees sat their Cat 2 Referees exam. These referees are developed to assist with the coordination of the next Oceania Championship in Fiji and the Pacific Games in Tahiti in 2027.

MEMBER FEDERATION DEVELOPMENT

The strength of the ORPF lies in its diversity. Each member federation has contributed to the growth of the Oceania region in unique ways. Australia, New Zealand and Nauru continue to set high performance standards and remains powerhouses in strength and results, with lifters who continue to perform exceptionally on the world stage. Kiribati, Tuvalu, Solomon Islands, Papua New Guinea and Samoa have demonstrated inspiring commitment to development despite challenges, emphasizing the true spirit of Pacific perseverance. Niue and Fiji have made steady progress in developing local lifters and officials, ensuring continuity for the next generation. Tahiti, American Samoa, New Caledonia and Tonga have rejoined the regional circuit with renewed enthusiasm and participation.

We celebrate these collective achievements as evidence that Oceania Powerlifting is alive, active, and expanding its reach across the Pacific.

THE 2025 OCEANIA REGIONAL CHAMPIONSHIPS

The highlight of our 2025 calendar is the Oceania Regional Classic Powerlifting and Bench Press Championships, hosted in Christchurch, New Zealand. This event marks a return to New Zealand after several years, and it brings together lifters from across the Pacific — from 13 of our affiliated member federations.

I hope that the spirit of camaraderie and sportsmanship that defines Oceania Powerlifting will be evident throughout this competition. Each nation, regardless of size or experience, contributed to the vibrant and inclusive atmosphere that our region is known for.

The 2025 Championships also served as a reminder of how far we have come — from small regional gatherings to well-organized, professionally managed events that align with IPF international standards.

Special thanks are extended to the New Zealand Powerlifting Federation for their tireless work in hosting the 2025 event, to all technical officials, referees and volunteers for your professionalism, and to those whose behind-the-scenes dedication ensures the smooth running of every session.

INTERNATIONAL REPRESENTATION

Oceania lifters continue to make their mark on the world stage — achieving medals, records, and recognition at the IPF World Championships and other international events. Our referees and officials are also increasingly visible in global competitions, reflecting the growing respect for Oceania's professionalism.

The ORPF extends congratulations to all those who represented our region internationally in 2025, carrying both their national pride and our regional identity with honour.

Our partnership with the IPF Executive and regional federations remains strong, grounded in mutual respect and a shared vision for growth.

ACHIEVEMENTS – 2025 CHAMPIONSHIPS

Woman's – 99 Oceania Records set

Men's – 55 Oceania Records set

Women & Men – 17 World Records set

15 Certified Level 2 Coaches

9 x CAT2 & CAT1 certified referees

STRATEGIC PRIORITIES FOR 2026

As we look ahead, our strategic objectives for 2026 includes:

1. Supporting emerging island nations through equipment grants and coaching exchanges.
2. Strengthening opportunities for education pathways for coaches, referees, and administrators.
3. Enhance transparency and accountability in national and regional structures.
4. Streamlining competition management systems and communications.
5. Support the review, development, and implementation of governance frameworks within national federations to ensure transparency, accountability, and sound management practices. These initiatives will form the backbone of our continued success and sustainability.

ACKNOWLEDGEMENTS

I would like to extend my sincere gratitude to:

- The IPF Executive Committee, for its continued trust and partnership but more so for the continues support through the development funding to ensure that the sport is developed in Oceania.
- The Oceania Executive Officers, for their commitment and support for the powerlifting sports in Oceania.
- All member federations, for their cooperation and unity.
- Our referees, coaches, athletes, and volunteers, who embody the true spirit of Oceania Powerlifting.
- The host federation, NZPF, for hosting the 2025 Championship.

Without your dedication and teamwork, none of this would be possible.

CONCLUSION

As we close another year, I am reminded that powerlifting in Oceania is more than a sport — it is a community built on respect, hard work, and shared purpose. Every nation, every lifter, and every official plays a vital role in shaping our collective identity.

We lift not only for records or medals, but for pride, unity, and progress. Together, we will continue to raise the standard of excellence for Oceania and ensure that the next generation inherits a federation built on strength, integrity, and opportunity.

Fakaue Lahi.

Tony Edwards

President, Oceania Regional Powerlifting Federation

IPF Board Executive Board Member – Oceania

12) Action on Proposed Amendments

Please see attached proposed Constitutional Amendments

Please see attached proposed By-Law Amendments

13) Elections / Confirmations

Elections shall be conducted at the 2027 IPF General Assembly scheduled for Ribeirão Preto, Brazil.

14) New Member Applicants

Current members seeking provisional recognition:

The following associations/federations must be approved by the General Assembly for provisional recognition:

- Bermuda (North America)
- Ghana (Africa)
- Mali (Africa)
- Sierra Leone (Africa)

New members to be confirmed to be confirmed as full members:

The following provisional associations/federations are applying for full recognition:

- Nigeria (Africa)
- Macau (Asia)
- Portugal (Europe)
- South Korea (Asia)

Pending Applications

The following associations/federations are currently preparing their applications to become members of the IPF. All remain pending.

- Honduras (NAPF)
- St. Kitts and Nevis (NAPF)
- Venezuela (South America)
- Jordan (Asia)
- Turkmenistan (Asia)
- Moldova (Europe)
- Faroe Islands (Europe)
- Albania (Europe)
- Palau (Oceania)
- Cook Islands (Oceania)
- Wallace and Futuna (Oceania)
- Northern Mariana Islands (Oceania)

15) Action on Delinquent Nations

- Aruba (Indebtedness)
- Bolivia (Indebtedness)
- Namibia (Indebtedness)
- Nicaragua (Indebtedness)
- Pakistan (Indebtedness)
- Tonga (Indebtedness)

16) Hall of Fame

- Hall of Fame Awards to be announced at IPF General Assembly

17) Any Other Business

18) Future Championships

2026				
09. - 11. January	Trainer Education Course, Level II	IPF	Sydney	Australia
16. - 18. January	Basic Trainer Education Course	IPF	Sydney	Australia
31. January	SBD Sheffield - Classic Powerlifting	IPF	Sheffield	United Kingdom
07. - 15. February	European Classic Master Powerlifting Championships	EPF	Place Oulu	Finland
17. - 20. February	European University Cup Classic Powerlifting	EPF	Merignac	France
26. February - 01. March	Trainer Education Course, Level II	IPF	Halmstad	Sweden
15. - 22. March	European Open Classic Powerlifting Championship	EPF	Valetta	Malta
18. - 20. March	Trainer Education Course, Level II	IPF	Kerala	India
21. - 22. March	Basic Trainer Education Course	IPF	Kerala	India
26. - 30. March	East Asia & Southeast Asia Sub-regional Combined Powerlifting & Bench Press Championships	APF	Hainan Province	China
17. - 19. April	Trainer Education Course, Level II	IPF	Halmstad	Sweden
01. - 10. May	European Open, Junior, Sub-Junior, and Masters Equipped Powerlifting Championships	EPF	Pilsen	Czech Republic
10. - 15. May	Asian Sub-Juniors & Juniors Classic and Equipped Powerlifting Championships and University Cup	APF	Hainan Province	China
23. May - 31. May	World Classic & Equipped Bench Press Championship	IPF	Warsaw	Poland
12. June	IPF General Assembly	IPF	Druskininkai	Lithuania
13. - 21. June	World Classic Open Powerlifting Championships	IPF	Druskininkai	Lithuania
26. - 28. June	Trainer Education Course, Level II	IPF	Istanbul	Turkiye
03. - 12. July	Asian African Pacific Powerlifting & Bench Press Championships (Classic & Equipped)	APF	Potchefstroom	South Africa
02. August	23 rd North American Powerlifting Federation General Assembly	NAPF	St. John's	Canada
03. - 08. August	23 rd Annual NAPF North American Regional Powerlifting Championships	NAPF	St. John's	Canada
03. - 09. August	European Open, Sub-Junior, Junior & Masters Classic & Equipped Bench Press Championships	EPF	Druskininkai	Lithuania
06. - 09. August	South & Central Asia Combined Powerlifting and Benchpress Championships (Classic & Equipped)	APF	Tashkent	Uzbekistan
18. - 29. August	World Classic & Equipped Sub-Junior & Junior Powerlifting Championships	IPF	Sun City	South Africa
17. - 20. September	Western European Equipped & Classic Powerlifting Championships	EPF/PWFL	Hamm	Luxembourg
20. - 27. September	South American Powerlifting & Bench Press Championships (Classic and Equipped) University Classic de Powerlifting	FESUPO	Santiago de Chile	Chile
17. - 27. September	Commonwealth Championships	CPF	Winnipeg	Canada
21. - 28. September	Asian Classic and Equipped Benchpress Championships	APF	Istanbul	Turkiye
09. - 11. October	Trainer Education Course, Level II	IPF	Santo Domingo	Dominican Republic
14. - 25. October	World Classic & Equipped Masters Powerlifting Championships	IPF	Reno, Nevada	USA
28. - 31. October (pending)	11 th Pan-American Regional Bench Press / 20 th Annual North American Regional Bench Press Championships	NAPF	Belize City	Belize
30. October - 1. November	Trainer Education Course, Level II	IPF	Halmstad	Sweden
30. October - 4. November	African Classic & Equipped Powerlifting & Bench Press Championships	AFPF	Potchefstroom	South Africa
09. - 15. November	World Open Equipped Powerlifting Championships	IPF	Istanbul	Turkiye
TBC 21. November	SBD Sheffield - Classic Powerlifting	IPF	Sheffield	United Kingdom
26. - 30. November	FSU World Championships Powerlifting	IPF	Sharjah	UAE
01. - 10. December	Asian Open & Masters Classic and Equipped Powerlifting Championships	APF	Ulaanbaatar	Mongolia
06. - 13. December	European Sub-Junior & Junior Classic Powerlifting Championships	EPF	Krajnska Gora	Slovenia

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06. - 14. February	European Masters Classic Powerlifting Championship	EPF	TBD	Bid - Malta
07. -14. March	European Open Classic Powerlifting Championships	EPF	Bid - Istanbul	Bid - Turkiye
14. - 19. April	European Sub-Junior & SOI Classic Powerlifting Championship	EPF	TBD	TBD
01. - 09. May	European Sub-Junior, Junior, Open & Masters Equipped Powerlifting Championships	EPF	Bid-Haugesund	Bid-Norway
13. - 23. May	World Classic & Equipped Bench Press Championship	IPF	Istanbul	Turkiye
05. - 11. May	Asian SubJuniors & Juniors Classic and Equipped Powerlifting Championships and University Cup	APF	Hong Kong	Hong Kong
19. - 27. June	World Classic Open Powerlifting Championships	IPF	Ribeirão Preto	Brazil
05. - 13. July	Asian African Pacific Powerlifting & Bench Press Championships (Classic & Equipped)	APF	Astana	Kazakhstan
24. - 27. July	EUSA Classic Powerlifting Championship	EPF	Split	Croatia
TBD August - September	World Classic Sub-Junior & Junior Powerlifting Championships	IPF	Haining	China
18. - 26. September	European Sub-Junior, Junior, Open, Masters, and SOI Equipped and Classic Bench Press Championships	EPF	Batumi	Georgia
21. - 28. September	Asian Classic and Equipped Benchpress Championships	APF	Tehran	Iran
TBD September	South American Powerlifting & Bench Press Championships (Classic and Equipped) University Classic de Powerlifting	FESUPO	Valledupar	Bid - Colombia
TBD October	World Classic & Equipped Masters Powerlifting Championships	IPF	St. John's	Canada
TBD October - November	World University Cup	IPF	Potchefstroom	South Africa
TBD November	World Sub-Junior & Junior & Open Equipped Powerlifting Championships	IPF	Kitakyushu	Japan
TBC 20. November	SBD Sheffield - Classic Powerlifting	IPF	Sheffield	United Kingdom
06. - 12. December	European Junior Classic Powerlifting Championships	EPF	Bid - Druskininkai	Bid - Lithuania

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TBD May	World Classic & Equipped Bench Press Championship	IPF	Bid - St Paul's Bay Bid - Antalya Bid - Cape Town Bid - San Jose	Bid - Malta Bid - Turkiye Bid - South Africa Bid - Costa Rica
TBD June	World Classic Open Powerlifting Championships	IPF	Bid - Fujarah	Bid - UAE
TBD July - August	FSU World Championships Powerlifting	IPF	TBD	TBD
TBD August	World Classic Sub-Junior & Junior Powerlifting Championships	IPF	Bid - Istanbul	Bid - Turkiye
TBD October	World Classic & Equipped Masters Powerlifting Championships	IPF	Bid - Istanbul	Bid - Turkiye
TBD November	World Sub-Junior & Junior & Open Equipped Powerlifting Championships	IPF	Bid - Cluj-Napoca Bid - Kerala Bid - Durban	Bid - Romania Bid - India Bid - South Africa

Championship Secretary Report

Dear Colleagues,

This was my first year serving as IPF Championship Secretary, and it has been a rewarding experience. The year began with the World Bench Press Championships in Drammen, Norway. This was our largest Bench Press Championships to date and presented a few operational challenges. However, the collaboration between the Organising Committee and the IPF was excellent, and together we successfully resolved all issues that arose throughout the event.

We then moved to Chemnitz, Germany, for the Open Classic World Championships. Once again, the Organising Committee delivered an excellent event. We were also able to secure a suitable external venue nearby for the IPF General Assembly. The championship concluded with a successful banquet and an important transition in IPF leadership.

Our next event was the Student World Cup in Istanbul, Türkiye. This competition proved to be a very enjoyable and successful event for our student athletes and was very well organised by the hosts.

Following this, the Sub-Junior and Junior World Championships were held in San José, Costa Rica, where the world's best young athletes demonstrated exceptional performances. Participation numbers again exceeded expectations, creating additional logistical and scheduling challenges. With the strong cooperation of the organisers, these challenges were successfully managed. Due to the continued growth of Junior participation, beginning in 2027 the Equipped and Classic Junior Championships will be separated into different competitions to better accommodate future development.

The Masters World Championships then took place in Cape Town, South Africa. This championship provided not only excellent competition but also a memorable experience for athletes and officials, who greatly enjoyed the hospitality and scenery South Africa had to offer.

Our final championship of the year was the Open Equipped World Championships in Cluj-Napoca, Romania. Regretfully, due to prior commitments, I was unable to attend this event personally. However, I entrusted my responsibilities to Tetiana Melnyk, who, together with the organisers, ensured the successful delivery of an outstanding championship.

In parallel with these events, significant work has also been undertaken to improve the transparency and long-term planning of the IPF championship bidding process. This includes establishing clearer timelines for bid submissions, bidding deadlines, and publication of awarded championships. The objective is to operate a minimum of two years in advance, allowing regional and national federations greater certainty for calendar planning and event preparation. While additional work remains, important progress has already been made toward achieving this goal.

Throughout the year, I also travelled to countries awarded future championships in order to inspect venues and hotels to ensure that required IPF standards are met. By continuing to work closely together with organisers, we aim to improve each championship experience for athletes, coaches, officials, and spectators alike.

I would like to thank all Organising Committees, volunteers, officials, and IPF members for their cooperation and support throughout the year. I look forward to continuing this work, receiving future championship bids, and further strengthening the quality and reputation of IPF competitions worldwide.

Take care
IPF Championship Secretary
Pjotr van den Hoek

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