

2023

Meeting Minutes

IPF General Assembly

**Intercontinental Hotel
St. Julians, Malta**

**Wednesday, 14 June 2023
1000 hrs.**



**2023 IPF General Assembly
Intercontinental Hotel
St. Julians, Malta
Wednesday, 14 June 2023
The General Assembly shall start at 10:00 hrs.**

AGENDA

- 1) Welcome Message**
- 2) Roll call of nations, and delegates, presentation of credentials for each nation**
Certification of Delegates
- 3) Minutes of the last General Assembly**
- 4) President's report and approval**
- 5) Vice-President's report and approval**
- 6) Treasurer's report and approval**
To examine the accounts of the previous year
To approve the budget for the forthcoming year
Fees (if requested)
- 7) Budget and Approval**
- 8) Auditors' (Internal and External) Report and Approval**
- 9) Secretary General's Report and Approval**
- 10) Commission Reports and Approval**

a) Technical Commission	g) Entourage Commission	m) Court of Appeal
b) Women's Commission	h) Medical Commission	n) Ethics Commission
c) Athlete's Commission	i) Law/Legislation Commission	o) Anti-doping Commission
d) Coach Commission	j) Rules Group	p) Doping Hearing Panel
e) Youth Commission	k) Membership Commission	q) Media Team
f) Sports for All Commission	l) Court of Justice	r) Championship Secretary
- 11) Regional Reports and Approval**

a) Region 1 (Europe)	d) Region 4 (North America)
b) Region 2 (Africa)	e) Region 5 (South America)
c) Region 3 (Asia)	f) Region 6 (Oceania)
- 12) Action on Proposed Amendments**
- 13) Elections**
- 14) New Member Applications**
- 15) Action on Delinquent Nations**
- 16) Hall of Fame**
- 17) Any Other Business**
- 18) Future Championships**
- 19) Adjournment**

1) Welcome Message

Gaston Parage, President of the IPF, welcomed everyone to the 2023 IPF General Assembly. Emanuel Scheiber led the General Assembly and requested from everyone to show respect to one another during the meeting. Emanuel also requested for everyone to turn off their cellular telephones'. Emanuel introduced Mauro Gasan, the championship director, who welcomed everyone to Malta for the event.

2) Roll call of Nations and Delegates, presentation of credentials

The General Assembly started at 1008 hrs. Mr. Emanuel Scheiber, the General Manager of the IPF, directed the assembly. As this was the first **Hybrid General Assembly** ever held -- Two roll calls were conducted. The first roll call was for those member federations that were present including the EC members. The second roll call list contains all the authorized members with voting rights.

The following roll-call was conducted with all member federations, and participants, both on-line and in attendance, at the General Assembly.

Africa (5)

Algeria
Cape Verde Islands
Egypt
Libya
South Africa

Asia (16)

Australia
China
Chinese Taipei
Hong Kong
India
Iran
Iraq
Japan
Kazakhstan
Kyrgyz Republic
Malaysia
Philippines
Saudi Arabia
Singapore
UAE
Vietnam

Europe (29)

Austria
Azerbaijan
Belgium
Croatia
Cyprus
Czech Republic
Denmark
Finland
France
Georgia
Germany
Great Britain
Greece
Hungary
Iceland
Italy
Luxembourg
Malta
Netherlands
Norway
Poland
Romania
Serbia
Slovenia
Spain

Europe (Continue)

Sweden
Switzerland
Turkey
Ukraine

North America (7)

Belize
Cayman Islands
Costa Rica
Puerto Rico
Trinidad and Tobago
USA
US Virgin Islands

Oceania (2)

New Zealand
Samoa

South America (5)

Argentina
Brazil
Chile
Ecuador
Uruguay

EC Board Members (12)

Gaston Parage
Sigurjon Petursson
Dietmar Wolf
Robert Keller
Hannie Smith
Heather Leighton
Arnulf Wahlstroem
Tetyana Melnyk
Pjotr van den Hoek
Farshid Soltani
Nadezhda Churilova (on-line)
Dr. Josephine Ip

The following member federations with **voting rights** were present at the General Assembly.

Africa (5)

Algeria
Cape Verde Islands
Egypt
Libya
South Africa

Europe (Continued)

Sweden
Switzerland
Turkey
Ukraine

Asia (12)

Australia
Chinese Taipei
Hong Kong
India
Iran
Iraq
Japan
Kazakhstan
Philippines
Singapore
UAE
Vietnam

North America (6)

Belize
Cayman Islands
Costa Rica
Puerto Rico
Trinidad and Tobago
USVI

Oceania (1)

New Zealand

South America (4)

Argentina
Brazil
Chile
Uruguay

Europe (28)

Austria
Belgium
Croatia
Cyprus
Czech Republic
Denmark
Finland
France
Georgia
Germany
Great Britain
Greece
Hungary
Iceland
Italy
Luxembourg
Malta
Netherlands
Norway
Poland
Romania
Serbia
Slovenia
Spain

Member Federations present with Voting Rights: 56

3) Approve Minutes - 2022 General Assembly

The 2022 General Assembly was held on 5 June 2022, at 1400hrs., in Warriors Hall of the Sun City Convention Centre, Sun City, South Africa. The minutes for the 2022 General Assembly can be found here: <https://www.powerlifting.sport/federation/general-assembly>

The Minutes from the General Assembly from 2022 were accepted:

Vote: Yes 49 | No 0 | Abstention: 5

4) President's Address

Dear Delegates, Members, and Friends,

On behalf of the IPF Executive Committee I welcome you here in Malta for our annual General Assembly.

I want to thank the Maltese Powerlifting Federation for hosting this year's IPF Classic World Powerlifting Championship and the 2023 IPF Congress. It is the first time in IPF history that we have organized a World Championship here in Malta. It is also the first time in history that we have been able to invite members to participate, virtually, at an IPF General Assembly.

Virtual participation at this year's General Assembly is yet another important new step we have created for those members who are not able to attend in person. We also rescheduled the Congress Meeting to Wednesday during the Championship instead of the historical day before the start of competition. This change was made to allow even more nations to be present at the meeting, as this is the day of the competition that the most nations are physically present. All these initiatives have the effect of making this the most democratically organized General Assembly in IPF history.

2022 was another very busy year in the IPF, and we were proud that all our World Championships were very well organized and that we a large number of athletes participating in our events.

Unfortunately, we could not hold our first FISU World CUP organized under FISU as planned, as it was withdrawn from Moscow for reasons we all know. However, even given the short notice, we were able to secure another location in Turkey. They were ready to organize this event under the IPF, with the patronage of FISU, as a "Plan B", given there were no other University's with a budget with such short notice.

At our last meeting with FISU, we received very positive feedback from them as they praised our exceptional work, and they like the priority we are giving to University-based sport. Beside the FISU World University Championships, on alternate years, they agreed to allow the IPF to hold a World University CUP, organized by the IPF with the patronage of FISU, so we can continue to develop this important program. This CUP will still be organized with Universities as we have done the past. So, once more, I request the member federations to make sure you work with the universities in your countries as this will be for the benefit of the athletes, so they receive support from their universities to attend these events. The IPF Executives continually works to open the door for these opportunities for lifters; however, the member nations, must take advantage of these opportunities for their athletes.

I can assure you that the IPF financial situation is very healthy! The relationships that we have established with our sponsors, and VIP Partners, both small and large, have paved the way toward our financial success. The payments of approved equipment fees, are ensuring our financial growth and stability over the longer term. During 2022, the IPF signed off on a new list of Approved Equipment. We are very thankful for the strong interest shown from various brands to get their equipment approved by the IPF. I want to stress that a brand being granted as IPF Approved Equipment is not all about the money (as it appears some people like to say

on Instagram), it is to ensure the quality of the products being produced and to ensure the safety of our lifters. The IPF did not accept all companies who applied for approval, because we know that it is counterproductive to lifters, and everyone concerned, to have some companies approved, only for them to turn around and disappear after a year or so. Therefore, the IPF believes it is important that we only approve businesses that have proved to be trustworthy for many years, to ensure that lifters do not suffer every time a company cannot continue its association with the IPF or withdraws from the approval list after only one or two years.

Important, the IPF's two big partners Eleiko and SBD have entered into long-term contracts to ensure that the IPF can plan and implement the best future possible.

On behalf of all of us in the IPF, I sincerely thank both of them for their continuing strong interest in our objectives and for supporting us financially. I believe that their confidence in us continues to grow, as they see that their financial support is channelled back into developing our regions and sport overall. I also acknowledge and thank ALL of our sponsors as well as those who pay the various yearly fees.

The IPF's financial situation has tremendously rebounded from COVID, and now provides us with many more opportunities to organize high standard World Championships by supporting organizers with equipment, medals and so on. The improved financial situation supports the IPF development fund, making it possible to hire Dietmar Wolf as the responsible coach, to create and conduct the IPF Coach Clinics, both Levels I and II in the future. We have already started our Basic IPF Coach Course. We held the Level 1 and 2 course at the Eleiko Centre, in Halmstad, where we certified 20 coaches. A strong financial position enables us to fulfil our strategic plan and make our sport more and more popular. Televising our sport on Eurosport has enabled us to raise the popularity even more so.

Concerning the fight against doping, point blank, CCES is doing a great job and the current process is working very well! I remind those who want to make comments, as a reminder, CCES is an independent WADA approved agency providing professional services for the IPF. No longer are we involved in the selection process of athletes.

Where, how and who is tested belongs ONLY to the NADOs, CCES and WADA. I want to also thank Maia Blackman and Sigurjon Petursson, who have contributed a lot by having regular meetings with the CCES regarding the steps the IPF needs to do and the questions from WADA which need to be answered. I also acknowledge and thank Ms. Janie Soubliere and the CCES staff. The IPF received a letter from WADA and conveyed to us they're very happy with all the questions that were answered by the above-mentioned persons and they confirmed that we have retained our Tier 1 Compliance Level. This is obviously very good for our sport and something we can all be proud of as another strength sport was expelled by WADA.

I have also been very happy to witness how well our sport is growing all over the world. Recently at the Asian Regional Championships in Dubai there were more than 400 lifters from 29 Nations taking part. I attended their 2022 Congress Meeting and discussed the future steps with the Asian Executive Committee members. Tatiana Romanova was elected as Asian Regional Secretary General and Christina Chamley as the Asian Media Officer. I am confident this will bring Asia forward as both are excellent administrators.

At the European Regional Championships there were around 577 lifters from 30 member federations. At the NAPF Championships, I was also present to witness new countries taking part. They had 250 athletes from 16 countries. They are working very well with Special Olympics and will hold their 2nd University Cup during 2023. Overall, the NAPF administration is working exceptionally well and following all of the IPF rules and guidelines, which is what we want to see.

At the NAPF General Assembly, one change was decided – As we want to encourage more lifters to participate, so they're going to now give individual medals and/or participation medals

to all the lifters that enter the competition. The same should be now done in all region, because lifters enjoy and deserve these medals at Regional Level Championships. The European Powerlifting Federation also decided to present individual medals at the Western European Championships from 2023 on. All this is helpful to bring our sport forward and so we should make sure that this is done in all the regions.

Unfortunately, the African Championships in Morocco was not very successful. This is one of the reasons the IPF EC rejected the creation of a separate Arab Federation, as a sub-regional organization, because this would adversely affect participation in both the African and Asian Regions. However, the IPF has for the first time, approved an Arab CUP and we will observe if this has any negative effect on participation in the African and Asian Region Championships, because if it does, such a CUP will not be permitted again. I had a meeting with the Arab Nations who were in Dubai, and they agreed with me on this and most of them were not in favour of an Arab Federation.

A lot of nations can't afford membership fees and a sub-regional Federation would only be another other Federation with fees they would have to pay. The IPF vision is to ensure all our Regions are working because this is mandatory for the IOC recognition, and this needs be the priority for all our Regions and member nations. The IPF EC are working to streamline what is needed to be done, and thus the member nations must follow suit. Let us all remember that the IPF is not the Executive Committee, but all our member nations together, so let's work hard all together to reach this goal that we deserve.

All in all, participation around the world was very successful after the covid19 restrictions were lowered.

Our 50th Anniversary banquet in Alabama last year was very well organized and a lot of members from the IWGA and AIMS took part. Mr. Jose Perurena, the President of the IWGA, informed us that he will support our IOC recognition process. We had also an excellent meeting in Lausanne with the IWGA concerning the next World Games to be held in China. Special acknowledgement and congratulations go out to Rhaea Stinn from Canada for being selected to the IWGA Athletes Committee.

The IPF proposed that both Equipped and Classic formats be contested at the next World Games. We put in a very convincing proposal, and we are confident that they will support the idea. So, we wait and see. We confirmed to them that the World Games are a priority for us, as it is the most important multi-sport games event for the IPF, next to the Olympic Games. The IPF also had a meeting with the Masters Games with our priority here to take part at the World Masters Games in Chinese Taipei. Ms. Chao Chen-Yeh is working with us on this to make it possible and we thank her for her assistance.

I can also tell you that I was elected to the AIMS Council. As you can imagine, I will do my best there to make sure they give us the necessary support for the IOC recognition that we have deserved for so long now.

We are looking forward to our first Sheffield invitational and with SBD as host, we are sure it will be a big success. The IPF EC decided that only lifters who take part at the IPF Classic World Championship will qualify to compete besides the Wild Cards nominated from SBD. It is important that all lifters at these types of events also take part at our World Championships because this demonstrates legitimate IPF participation on their part and not just entering events with prize money.

Finally, I want to say thanks to all the IPF Executive Committee members for their continued contribution to bring our sport forward. A special thanks to our daily working group consisting

of Robert Keller, Sigurjon Petursson, Dietmar Wolf, Sonja Hoffmann (IPF office secretary) and Emanuel Scheiber (General Manager). A great thanks to the Coach Commission and especially Dietmar Wolf and Pjotr van den Hoek who prepared the Coach Clinics (basic course but also level II and level I). A big thanks also goes to Hannie Smith who does a great job as the Technical Commission Chair and who is always at every World Championship and many Regional Championships helping out and conducting the Referee Exams with other colleagues from the TC at the Regional Championships.

A big thanks to all the IPF Media Team the tremendous job they do and not forgetting also Sasha and Alex and others who help out with the results management at our competitions. Also, a huge thanks to all the Referees, without them it would not be possible to organize events.

But the biggest thanks go to those we are there for, and that's our lifters who do great fights setting a lot of personal, regional or World Records. Thanks for the fantastic show, as you have made our sport great and the numbers of views on our social medias and TV say more than enough.

Thanks to all our National Member Federations for the good cooperation and the trust you are giving us in the work that we are doing to bring our sport forward. As always, I am looking forward to working with you and I hope we the EC members get your votes to make sure we continue to go forward in the right direction.

I wish everyone a successful General Assembly.

Respectfully,

Gaston Parage
President
International Powerlifting Federation

Report Accepted:
Vote: Yes 51 | No 0 | Abstention: 3

5) Vice-President's Report

Dear ladies and gentlemen, dear friends, and officials,

It is great pleasure for me to report to you on my activities in 2022. First, let me thank you all once again for your trust by electing me to the position of Vice President in 2015. The work this year as in the previous years has been filled with a lot of exciting and rewarding challenges but there have also been, as in life in general, some disappointments. This year there have been very few disappointments.

As in previous years a lot of my time has been spent on various matters related to legal and anti-doping issues as well as general administrative issues.

Various legal issues have had to be tackled especially relating to Anti-Doping. As we all know a new World Anti-Doping Code (Code) as well as several revised and new International Standards went into effect January 1, 2021. As a result, several internal changes and National member federations' compliance issues have had to be solved. I want to reiterate it is very important that all member nations start working with the local National Anti-Doping Organisations (NADOs) or IPF to establish a solid fully compliant anti-doping system at the national level.

As a result, we will be asking each national federation to send in a letter from the respective NADO confirming its services. If such an arrangement is not in place, then a delegation agreement will need to be signed with IPF/CCES regarding testing in that country. We must increase the number of anti-doping tests at the national level. *Several nations already have such an arrangement through a delegation agreement in place with us and these arrangements have proved to be very successful.*

I and Dr. Maia Blackman chair of the IPF Anti-Doping Commission (ADC) have worked a lot on our cooperation with the Canadian National Anti-Doping Organisation CCES (The Canadian Centre for Ethics in Sport). On August 1st, 2020, CCES took over managing all IPF anti-doping activities except Education and TUE processing. With this move most of IPF's anti-doping activities are now run by an independent organisation outside of IPF i.e., we now have an Independent Testing Authority planning and executing our anti-doping efforts. I am pleased to say that the CCES team Billy Gannon, Scott Grant, and Dan-Thanh Tran as well as others at CCES have done an excellent professional job. I want to thank you, Maia for your cooperation and contribution.

In addition to increasing the testing at the national level through the local NADO or through IPF/CCES a big push should be started in Anti-doping EDUCATION. Already athletes and coaches must finish Adel courses and send in Adel certificates before being nominated for international and regional events. In addition to that we need to start and strengthen the education efforts at the national level. It is not enough to take an Adel course just before taking part in an international event. National federations must start educating their members from the time they become members. They must change the culture.

I've of course as before worked very closely with our president Gaston Parage, our Secretary General Robert Keller, Treasurer Dietmar Wolf as well as other members of the EC and Sonja Hoffman IPF Secretary, as well as Emanuel Scheiber and want to express my thanks and gratitude to all of them. The passion, time, and effort these people contribute to the sport of powerlifting is huge and should be appreciated by all of us. We sometimes forget to say thank you to our volunteers and focus instead on negative things. Actually, because of the IPF having grown as much as it has, doubling in size over a short period of time, the workload by now on some people is overload as these individuals besides working for the IPF do have a living to make, i.e., jobs, family responsibilities, and other duties to perform as well. These are the pains that come with growth, and these will have to be dealt with in the very near future if we want to retain good people and prevent burnout. We also need to show these and others full respect and gratitude.

Again, I thank you for the trust. I hope that my contribution has helped the sport. We need to invest more time and money in our methods and systems most importantly in Anti-Doping to become a more professional World Class Sport.

Finally, I want to thank Mr. Gaston Parage for the cooperation. I and Gaston sometimes have different opinions and we do have a different temperament. Sometimes it takes energy, time, and dialog to reach a conclusion but in the end we always do. The time and passion he contributes to our sport is second to none. Tremendous, Gaston! I also want to say special thanks to Mr. Robert Keller our Secretary General for the time we have spent working together. Robert as well contributes much more time than you can imagine. Thanks Robert! Dietmar Wolf our treasurer is always the voice of reason and fairness.

May we all have a successful Annual General Assembly.

Reykjavík, Iceland
February 10, 2023
Sigurjón Pétursson
IPF Vice President

Report Accepted:

Vote: Yes 49 | No 0 | Abstention: 5

6) **Treasure's Report** **January 1st 2022 to December 31st 2022**

In the financial year 2022 - the budget period from January 1st to December 31st, 2022, has developed very positively, one of the reasons was that all championships and tournaments could be fully organized again in 2022 after the difficult Corona period. So, for the last budget year 2022, the IPF could again fully generate income from the participation-, and antidoping fees and from the sponsor-, and license fees!

Another reason why the last budget year was so positive is the reason that the approval period for new equipment from producers and vendors of lifting equipment was due again in 2022.

Financial situation:

- As in the last years, the IPF handled the finances very carefully also in 2022. The IPF had some financial constraints until early autumn of the year since we still had financial commitments from the financial year 2021, and because of that, our financial reserves from 2021 were not very large.
- On December 31st, 2021, the IPF bank accounts (Spuerkeess & PayPal) had a positive bank balance of 161 777,04 euros (GS Report 2021).
- On December 31st, 2022, the IPF bank accounts (Spuerkeess & PayPal) show a positive bank balance of 818 315,96 euros. The ongoing incomes and expenses from January 1st, 2022, to December 31st, 2022, gave a financial surplus of 656 538,92 euros.

However, this high financial surplus is already the approval fee of new equipment and partly two years of annual license fees included from the manufacturer and vendors, which means that the equivalent of less money in license fees is taken in annually in the forthcoming years. And despite this huge profit, we must be aware that to the amount of 656,538.92 euros, financial obligations of a total amount of 101.100,00 euros from 2022 are still attached:

But we can offset against the outstanding financial obligations from the year 2022 the still outstanding incomes of a total amount of 100.00,00 euros from the year 2022 which the IPF not yet have received by end of the year 2022 because there were delays:

If you offset the outstanding amounts and the amounts which still must be collected from 2022, we more or less come back nearly to the same amount (-1.100,00 euros) regarding the IPF bank balance from December 31st, 2022.

This achieved financial surplus was very beneficial for the financial year 2023 and 2024 which allows us to develop the powerlifting sport further in the IPF and that we reach the set goals according to the strategic plan by the end of 2024! And this larger financial surplus allows the IPF to provide larger financial reserves in the future.

The larger additional expenses January to December 2022 are linked to:

1. Higher tax payments to the tax authorities in Luxembourg.
2. CCES Anti-Doping Agency from Canada, Antidoping Laboratory in Cologne/Germany, and lawyer costs – J. Soublière from Canada.
3. Legal Fees: higher legal fees continued to be incurred here. The costs are still allocated in relation to the case of R. Wilks/region Oceania, and to a CAS case in Lausanne.
4. Eurosport - outside broadcast van.
5. Additional computer secretary costs because O. Kopayev could not participate in all championships due to the war in Ukraine.

The IPF would like to express ~~my~~ its honest thanks to our Presenting partners ELEIKO and SBD who supported us during the year 2022.

We also are very thankful to our Silver (Rogue Fitness, Bull) and Bronze (A7, Stoic) partners, who also supported the IPF during the year 2022.

A big thank you to our vendors/manufacturers for their financial contribution according to their contracts during the financial year 2022.

With all these incomes from our Partners and vendors/manufacturers, the IPF was able to manage financially all the expenses during the year. The financial report confirmed, that the IPF financially had a comfortable net surplus in the budget year 2022!

I would like to thank all affiliated member nations, my EC colleges, IPF committees, lifters, and all other people in the IPF for the good cooperation and support during the year 2022.

I wish the whole IPF family a successful and healthy rest of the year and hopefully, we will see and meet each other again as soon as possible.

Best wishes,

Dietmar Wolf
Treasurer - IPF
Stange - Norway, 19.01.22

Report Accepted:

Vote: Yes 50 | No 2 | Abstention: 2

Balance Sheet

INCOMES, January 1st - December 31st, 2022			EXPENSES, January, 1st - December 31st, 2022		
01.1	MEMBERSHIP FEE	€ 47 462,47	01.2	PARTICIPATION FEE/ORGANIZER	€ 62 035,38
01.2	PARTICIPATION FEE	€ 109 961,64	01.2.1	WG 22	€ 119 543,86
01.2.1	WG 22	€ 121 014,02	01.4	MEMBERSHIP FEE UMBRELLA ORG.	€ 6 673,51
01.3	SANCTION FEE	€ 6 500,00	02.3	REFEREE TIES/BADGES/SCARFS	€ 21 100,80
02.1	REFEREE FEES/FINES NATIONS	€ 16 837,91	03.1	SPONSORS ARNOLDS	€ 82 969,70
03.1	SPONSORS/ARNOLDS	€ 673 458,17	0.4	ADMINISTRATION	€ 438 961,83
03.2	APPROVAL&LICENSE FEE	€ 1 436 254,18	0.5	TRAVEL	€ 175 678,05
03.3	LOGO FEE	€ 999,09	0.6	DEVELOPMENT OF SPORT	€ 119 789,15
07.1	ANTI DOPING FEES /REGIONS	€ 461 370,09	0.6.4	DEVELOPMENT REGIONS	€ 82 836,68
0.8	MARKETING&IPF MAGAZINE	€ 5 006,10	0.7	ANTI DOPING	€ 514 853,08
0.9.1	OTHERS	€ 102 680,73	0.8	MARKETING&IPF MAGAZINE&EUROSPORT	€ 513 219,43
			0.9.2	OTHERS	€ 187 344,01
Incomes: € <u>2 981 544,40</u>			Expenses: € <u>2 325 005,48</u>		
Incomes 1.1.22 - 31.12.22 € 2 981 544,40					
Expenses 1.1.22 - 31.12.22 € <u>-2 325 005,48</u>					
Budget plus 2022 € <u>656 538,92</u>					

IPF Bank Account

Spuerkeess: net profit January - December 2022	€ 659 249,45
PayPal: minus net profit January - December 2022	€ <u>-2 710,53</u>
Budget plus 2022	€ <u>656 538,92</u>
IPF BANK ACCOUNT	
Spuerkeess: daily account 31.12.21	€ -78 684,14
Spuerkeess: daily account 30.12.22	€ <u>737 933,59</u>
Net profit January - December 2022	€ <u>659 249,45</u>
IPF BANK CARDS	
Spuerkeess: Master Card account 31.12.22	€ -85,00
Spuerkeess: Visa Card account 31.12.22	€ <u>-4 942,65</u>
PAYPAL ACCOUNT	
PayPal: daily account 31.12.21	€ -83 092,90
PayPal: daily account 31.12.22	€ <u>80 382,37</u>
Minus net profit January - December 2022	€ <u>-2 710,53</u>
IPF BANK ACCOUNT&PAYPAL ACCOUNT	
Spuerkeess: daily account 30.12.22	€ 737 933,59
PayPal: daily account 31.12.22	€ <u>80 382,37</u>
IPF bank balance on 31.12.22	€ <u>818 315,96</u>

Report Accepted:

Vote: Yes 50 | No 2 | Abstention: 2

Financial Report

FINANCIAL REPORT 1.1.22 - 31.12.2022



Financial situation: 31.12.21

Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 31.12.21	€	78 684,14
Banque et Caisse D'Epargne de L'etat - Mastercard Card account 31.12.21	€	-849,53
Banque et Caisse D'Epargne de L'etat - Visa Card account 31.12.21	-	
PayPal account 31.12.21	€	83 092,90
Credit balance, total amount:		€ 161 777,04

Financial situation: 31.12.22

Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 31.12.22	€	737 933,59
Banque et Caisse D'Epargne de L'etat - Mastercard Card account 31.12.22	€	-85,00
Banque et Caisse D'Epargne de L'etat - Visa Card account 31.12.22	€	-4 942,65
PayPal account 31.12.21	€	80 382,37
Credit balance, total amount:		€ 818 315,96

Financial situation: 31.12.21 - 31.12.22

Balance sheet


Financial situation (BCEE&PayPal) 31.12.21	€	-161 777,04
Financial situation (BCEE&PayPal) 31.12.22	€	818 315,96
Net profit income:		€ 656 538,92

The IPF close the fiscal year with a net plus of: € 656 538,92

Report Accepted:

Vote: Yes 50 | No 2 | Abstention: 2

7) Budget and Approval

BUDGET 2024		
		
	Budget Income	Budget Expenditure
01 Fees		
01.1 Membership fees	56,000.00	
01.2 Participation fees	210,000.00	113,000.00
01.3 Sanction fees	6,500.00	
01.4 Membership fees - Umbrella organizations		5,000.00
	272,500.00	118,000.00
02 Referee fee		
02.1 Examination	1,500.00	
02.2 Card renewal/fine	1,000.00	
02.3 Tie's, etc.	1,000.00	1,500.00
	3,500.00	1,500.00
03. Partners		
03.1 Sponsor	809,000.00	
03.2 Approval/License fee	589,395.00	
03.3 Logo fee		
03.4 Sponsor		20,000.00
03.5 Equipment Championships	100,000.00	100,000.00
03.6 Arnolds Classic	80,000.00	80,000.00
	1,578,395.00	200,000.00
04 Administration		
04.1 Telecommunication		4,000.00
04.2 Interests, Account fees, Tax		110,000.00
04.3 Internet costs – Homepages regions		10,000.00
04.4 Awards, Certificates etc.		1,000.00
04.5 Stationery		6,000.00
04.6 Organizer Compensation		30,000.00
04.7 Medals exchange		500.00
04.8 Computer Secretary		22,000.00
04.9 Expenses allowance		74,400.00
04.11 Employees/Offices expenses		225,000.00
04.11 Lawyers /CAS/Court/etc.		15,000.00
	0.00	497,900.00
05 Travel		
05.1 Championships / Meal expenses		130,000.00
05.2 Intern.Congress/ IOC / IWGA/ Sportaccord		35,000.00
05.3 World Games 2025		5,000.00
	0.00	170,000.00
Development Fund		
06.1 Travel		20,000.00
06.2 Equipment/other activities		100,000.00
06.3 Trainer Education	20,000.00	20,000.00
06.4 Regions ELEIKO/SBD		80,000.00
	20,000.00	220,000.00
07 Anti-Doping		
07.1 Anti-Doping fees	410,000.00	
07.1.2 Anti Doping fees World Games		
07.2 Fines Nation	5,100.00	
07.3 WADA-laboratory + transport costs		120,000.00
07.4 National Agencies costs/ travel officers		10,000.00
07.5 CCES/Auditor		330,000.00
07.6 Wada Symposium		6,000.00
07.7 DHP Lawyer		40,000.00
07.8 Travel&Education		7,000.00
07.8 CAS / DHP		5,000.00
	415,100.00	518,000.00
08 Marketing & Media		
08.1 Travel		25,000.00
08.2 Road to Cheng Du WG 25		2,500.00
08.3 Newsletter/Magazine		3,000.00
08.4 TV / Internet streaming		250,000.00
08.5 Eurosport		220,000.00
08.6 Promotion		20,000.00
08.7 Photographer	4,500.00	
	4,500.00	520,500.00
09 Other		
09.1 Additional income / expenditure		10,000.00
	0.00	10,000.00
Balance	2,293,995.00	2,255,900.00
Profit	38,095.00	

Report Accepted:

Vote: Yes 46 | No 2 | Abstention: 6

8) Auditors Report

Auditors Report



3, route d'Arlon, L-8009 Strassen, Luxembourg
Mobile : +352 621165214 Fax : +352582996
www.powerlifting.sport

Auditor report IPF 1.1.22 - 31.12.22

The bank account control and the verification of the bank account documents of the IPF was carried out on the 21st of February 2022 in Luxembourg. The audit period includes January 1st, 2022 to December 31st, 2022.

Nedim Görel from A&NG SARL-S (LUX) and the auditor Xavier de Puytorac (FRA) and the treasurer of IPF, Dietmar Wolf were present.

Discrepancies about the bank accounts and bank account documents were not found.
The invoice-, income- and expenses documents are very well organized by individual document lists.
The treasurer has been certified correct work with each of the bookkeeping processes and is to grant discharge.

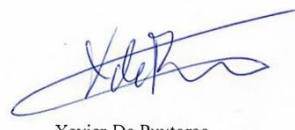
On December 31st, 2021, the IPF had a positive credit balance of 161.777,04 euros (GS Report September 2021). The financial situation has during the fiscal year increased to a positive credit balance of 818.315.96 euros (BCEE & PayPal), which leads to a financial surplus of 656.538.92 euros, as of December 31st, 2022.

Since there were no longer any restrictions due to COVID, all competitions in 2022 could be held as planned, which then gave the IPF the planned incomes. The IPF had additional incomes in the fiscal year regarding the approval fees for 2023 – 2026 and license fees, paid two years in advance.
The IPF was able to cover all the expenses in 2022, and because of the approval and license fees, the fiscal year ended with a surplus of 656.538.92 euros.

The auditors recommended raising the Anti-Doping fee from 2024 from 60 euros to 70 euros.
Reason: The Anti-Doping income must cover all the Anti-Doping expenses during the fiscal year.

Luxemburg, 23.2.2022


Nedim Görel
A&NG SARL-S


Xavier De Puytorac
Auditor IPF

INTERNATIONAL POWERLIFTING FEDERATION - IPF a.s.b.l. - Office: 3, route d'Arlon, L-8009 Strassen, Luxembourg
Non profit Association - R.C.S. Luxembourg F7468 - I.B.L.C. 22276082 - Matricule: 2007 6103 306 - TVA: LU22276082
IBAN: LU57 0019 1300 4802 3000 - BIC: BCEELULL - Bank: Caisse d'Epargne de l'Etat du Luxembourg
The IPF is affiliated to GAISF, FISU, IWGA and WADA

Report Accepted:

Vote: Yes 43 | No 2 | Abstention: 9

9) Report from the Secretary General

Dear Friends:

Dear Colleagues:

I trust this message finds everyone well and in good health. We had another very busy and productive year, despite the COVID Pandemic behind us, we're now back to nearly fully operating speed. I'm very pleased to report, I continue to be extremely busy with my day-to-day responsibilities.

I would like to welcome everyone to this year's General Assembly. This year's General Assembly will be historic in nature, as it will be the first time it will be held both virtually and at the championship. Members Federations of the IPF will have the change to dial in and be a part of the festivities. This will allow all of our federations can join in electronically. Also, this will be the first time it will be held during the middle of week, instead of on a weekend. This is being done to have more attendees at the General Assembly. However, only those member federations that have paid in full their membership fees will be allowed to take part in this event which will allow me to segway into my next point. The IPF has a large number of member federations that will be excluded this year that have not paid their Membership Fees. In some cases for nearly 5 years. This is not acceptable. This is a disappointment, to say the least. However, it is not fair to the members that pay each year, on time. So, we shall see what the outcome will be.

I continue to speak daily with President Parage to ensure our responsibilities are fulfilled to advance the federation forward and to reach our ultimate goal of IOC recognition. As I've reported previously, President Gaston Parage is the engine that drives this organization. You will not meet anyone that works as hard or is as dedicated and committed to the sport of powerlifting and our quest for IOC recognition than Gaston. Sigurjon Petursson, our Vice-President ensures our ship is steady, balanced, and has gone above and beyond the call of duty handling sometimes very difficult and sensitive matters to remain a Tier 1 with WADA. Mr. Dietmar Wolf continues to handle and oversee our finances with precision I have also the pleasure to work with Ms. Sonja Hoffman, in our office in the House of Sport -- Luxembourg National Olympic. My colleagues on the executive Committee are committed to ensuring our organization remains successful. Despite some increasingly difficult decisions, the IPF remains responsive, receptive and approachable. As a whole, we remain steadfast in our goal to achieve IOC recognition. My colleagues deserve your continued praise.

Special thanks to Emanuel Scheiber, our General Manager. It has been a pleasure to work with Emanuel on several projects. Notably, the World Games, FISU, UTS, IBSA, etc. Once more, the importance of the regionalized IPF University Cup Program, and the 2022 FISU World University Championships is paramount for us to be recognized by the IOC. I must emphasize to the regions they are directing their regional university cups. I want to also thank our VIP Partners -- SBD and Eleiko, and our sponsors. Their support and assistance enabled us "to keep our doors open" during the recent pandemic. Thank you once more!

This past year I had a full schedule of events, an attended all of the IPF World Championships and our two schedule NAPF championships, where I serve as the championship Secretary. I attended as a both an official and referee representing the IPF.

1. IPF World Bench Press Championships – Almaty, Kazakhstan
2. IPF World Classic Open Classic Powerlifting Championships – Sun City, South Africa
3. IWGA World Games – Birmingham, Alabama, USA
4. IPF World University Championship – Istanbul, Turkey
5. IPF World Sub-Junior Powerlifting Championships – Istanbul, Turkey
6. IPF World Masters Powerlifting Championships – St. Johns, Newfoundland, Canada
7. IPF World Open Equipped Championships – Viborg, Denmark
8. NAPF North American Regional Powerlifting Championships – Panama City, Panama
9. NAPF North American Regional Bench Press Championships – Aguadilla, Puerto Rico

All our World Championships were very well directed, and it was a pleasure to see and work with everyone to make the events enjoyable, and competitive for all our member federation athletes.

It was a pleasure to assist and work alongside our General Manager, Mr. Emanuel Scheiber, at the World Games in Birmingham this year. The event went exceptionally well. Powerlifting America provided all of the necessary Spotters-Loaders for this event and did a remarkable job! Thank you. Our 50th Anniversary Banquet was an amazing success with not only athletes but officials from the IWGA and other federations attending this special event. The 50th Anniversary celebration book was a huge success, and I enjoyed working on the committee that produced this piece of memorabilia.

Needless to say, the past 7-8 years, our legal cases were a distraction for the executive. However, during this past year, we were able to successfully close our last case successfully with Mr. Wilks. USA Powerlifting still owes for a court order judgement, which remains unpaid. This is both sad and embarrassing to say the least. Honour the rule of law and the judgement rendered on cases that you initiated. Nevertheless, as I have stated in the past, both the time and expense should be used for constructive purposes. Once more, Gaston, Sigurjon, and Dietmar for their assistance in defending the IPF. I would also like to recognize the work of Mr. Nicolas Gob our legal counsel in Switzerland, and Mr. Marc Theisen, our legal counsel in Luxembourg. Due to their efforts, we've achieved successful outcomes. However, I want to stress, our efforts have come at a major expense in time, as well as our monetary resources that should have been directed toward both our application to the IOC, and to the development of our organization, and most importantly to our athletes.

Before I close this report, I plan to stand for re-election as the Secretary General of the IPF. My work as the Secretary General has been very rewarding, personally, for me personally. I shall stand for election as I still have the ability to make an impact on our sport, and improve it for future generations to come. I want to sincerely thank my colleagues on the executive, the committees, the commission members, the member federations as well as the athletes, coaches and referees. I look forward to our continued work, together. Of special recognition, I would like to thank Mr. Hannie Smith and Mr. Richard Parker. Though it may be difficult at times, your efforts and work is appreciated by everyone. Special thanks also goes to the Media Team – Your work is phenomenal. Eric, and Team, thank you!

My sincere and kind regards.

Respectfully,

Robert Keller
Secretary General
International Powerlifting Federation
Orlando, Florida, USA
February 15, 2023

Report Accepted:
Vote: Yes 48 | No 0 | Abstention: 7

10) Commission Reports

a) Technical Commission

Report from the Technical Committee

The IPF Technical Committee was extremely busy during 2022. I attended nearly every World Powerlifting Championship, except for Viborg, where I encountered problems having my Schengen Visa renewed in time for the event. However, we were able to successfully direct a full slate of World Championships during 2022. I was pleased with the direction of all the events, as well as the work of the officiating. Overall, it was an extremely successful year, despite the number of athletes being down due to COVID. Special thanks to all the competition directors, and their volunteers for their hard work – Well done!

2022 World Championship Numbers:

World Bench Press Championships – Almaty, Kazakhstan

Total Athletes: Classic 317 | Equipped 245

World Open Classic Powerlifting Championships – Sun City, South Africa

Total Athletes: 248

World Games - Birmingham Alabama, USA

Total Athletes: 96

World Sub-Junior and Junior Championships – Istanbul, Turkey

Total Athletes: Classic: 361 | Equipped: 143

World Masters Powerlifting Championships – St. Johns, Newfoundland, Canada

Total Athletes: Classic: 190 | Equipped: 97

World University Powerlifting Cup were held in Turkey Istanbul from 30/10/2022 –

Total Athletes: 93

World Equipped Open Powerlifting Championships – Viborg, Denmark

Total Athletes: 177

Referee Examinations:

I want to also take this opportunity to thank the 45 new IPF International Referees that passed their examinations this past year. However, we required the National Federations to send more referees to our World Championships. At several events, there was a shortage of officials to oversee the event. So, I kindly requested the member federations make every effort to send additional referees to our championships – we can not do it alone and require your assistance! This past year, I travel to our Headquarters in Luxembourg to approve new equipment that was presented to the IPF for approval. I worked with Emanuel Scheiber, Dietmar Wolf and Xavier du Puytorac to approve the new equipment.

There were changes made to the IPF Technical Rules that went into effect on January 01, 2023. Most notably, the Bench Press. Thus far, the new technical rules for the Bench Press, as far as I can see, are being implemented very well at our championships. I must commend the Rules Group, and the Commissions, as well as especially Tetyana Melnyk and Dietmar Wolf for their excellent work in amending the Technical Rules in the Bench Press. I have enclosed the New Technical Rules into this report.

New Bench Press Technical Rules

The lifter must lie on his back with head, shoulders and buttocks **(the picture PROPER STARTING POSITION & SETUP show the minimum acceptable)** in contact with the bench surface. The feet must be flat on the floor (as flat as the shape of the shoe will allow). His hands and fingers must grip the bar positioned in the rack stands with a thumb around grip. This position shall be maintained throughout the lift. Foot movement is permissible but must remain flat on the platform. **During the set-up on the bench, the athlete is not allowed to place his/her feet on the bench.**

Lifters may not put their feet on the bench while setting up. If the lifter put his feet on the Bench, the Chief Referee will tell the lifter to get up and start again while the lifters time is running. The clock will not be "Reset"

Referees must look if the lifters arms are locked, if the buttocks is on the bench. If only touching the bench with their hamstring, side referees should keep their hand up until rectified, that the lifter is in a good possession either not allowing the lifter to get the start command by keeping their arm up. The Chief referee is allowed to overrule one side referee if he see nothing wrong to give the "Start" command.

The side referee who kept his arm up must then fail for the mistake he saw.

After the 'Start' command from the Chief Referee the lifter must lower the Bar and when it reach the chest and when it is motionless on the chest. After receiving the signal, the lifter must lower the bar to the chest or abdominal area **whereby the underside of both elbow joints is lowered level with or below the top surface of each respective shoulder joints.** (The top of the shoulder joint when standing, therefore the middle of their shoulder joint when lying down)

When depth has been achieved or not the Chief Referee must give the command "Press" and the failed with the correct card.

The lifter is allowed to squeeze (Muscle contraction) the buttocks as long as it stay in contact with the bench and do not lift completely off the bench (showing daylight between the bench and the Buttocks)

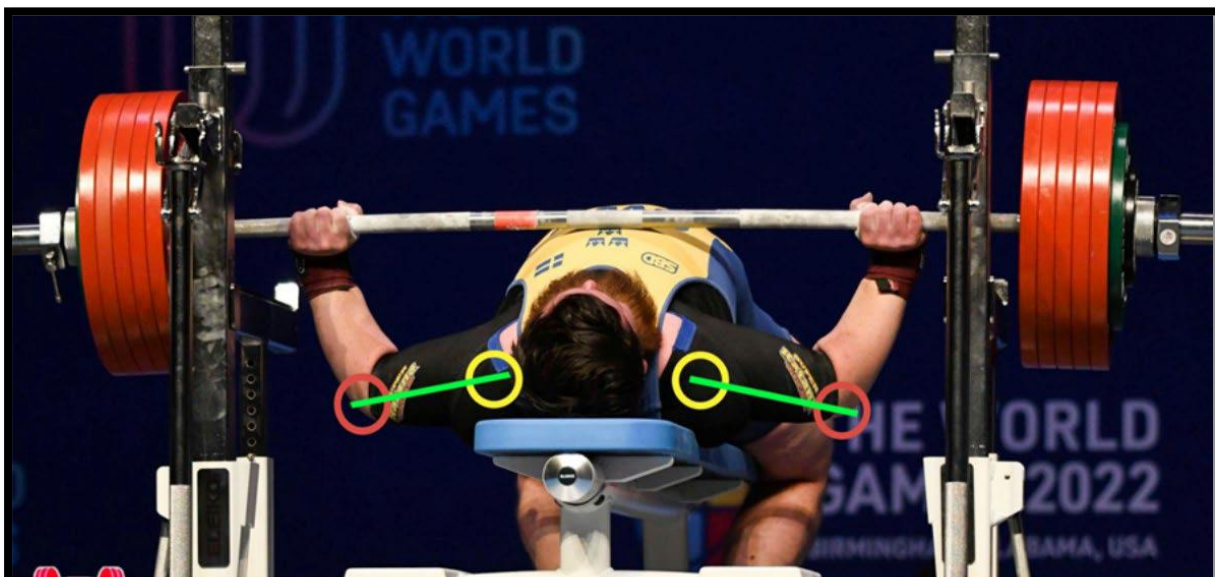
Referees are still required to give the lifter the benefit of the doubt if unsure of a call and must not assume an infraction.

PICTURE A - PROPER STARTING POSITION & SETUP



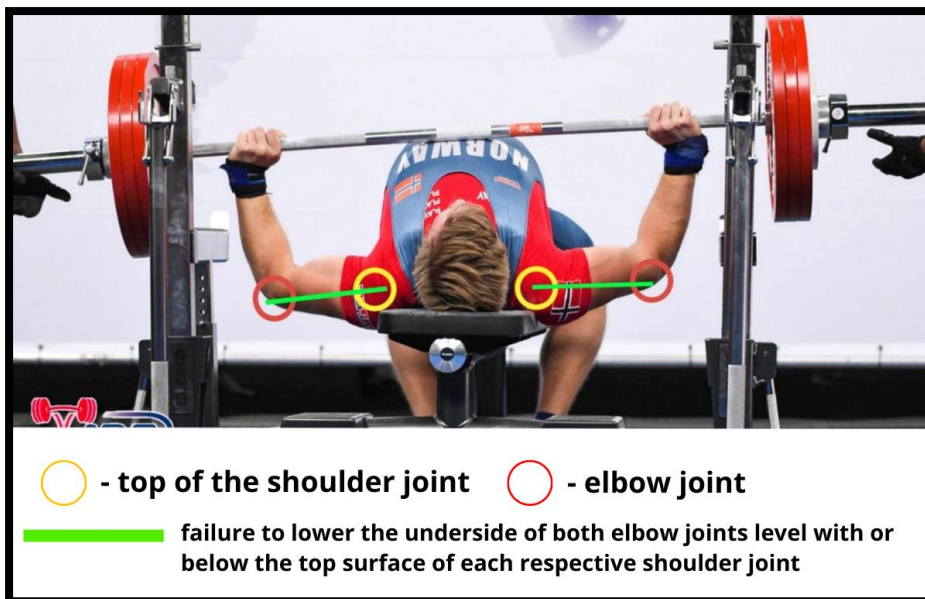
Causes for Disqualification of a Bench Press:

10. Failure to lower the underside of both elbow joints level with, or below the top surface of each respective shoulder joint



○ - top of the shoulder joint ○ - elbow joint

— failure to lower the underside of both elbow joints level with or below the top surface of each respective shoulder joint



I look forward to seeing everyone in 2023.

Than you,

Johan “Hannie” Smith

Chairman

IPF Technical Committee

b) Women’s Commission

Report from the Women’s Commission

Again, there is a positive feedback for 2022: The IPF followed their own guidelines and female lifters and female officials in powerlifting have been fully integrated. Fortunately, the situation because of Covid-19 pandemic has changed and international championships took place as planned.

International World Games

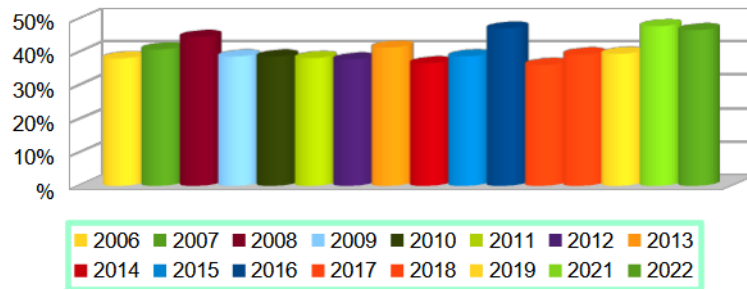
Held the year following the Summer Olympic Games, in July 2022 also the World Games has been celebrated in Birmingham, Alabama. For Powerlifting this meant 3 days full of action with 96 nominated athletes – 48 female and 48 male athletes. In contrast to other international championships, where the nomination is done by the national federations, the athletes for the World Games have been nominated by the IPF and so the IPF could take care about the equality. The same can be said to the schedule, where female and male athletes alternated in order. Not to forget the referees and officials, there was always parity in the teams.

This shows again the equal treatment of men and women within the IPF.

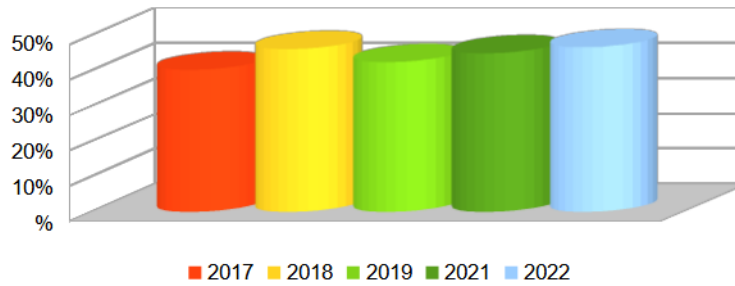
Powerlifting & Benchpress

An interesting point is the number of female and male athletes at international Powerlifting and Benchpress Championships. The numbers below represent the numbers at World Championships in Powerlifting/Benchpress. The numbers are stable during the last years, it’s about 40% - 45%.

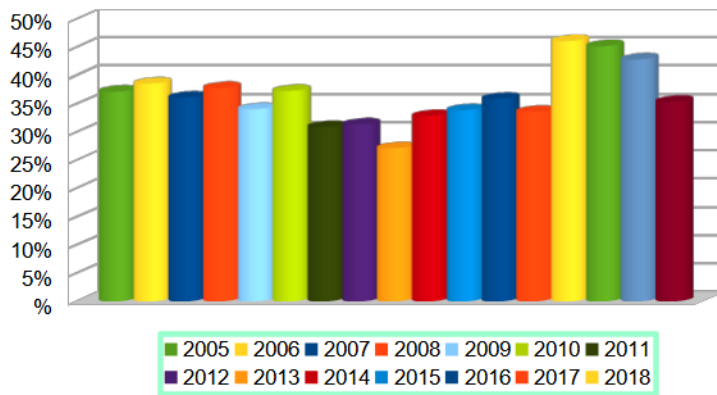
Percentage of Women in Powerlifting Equipped



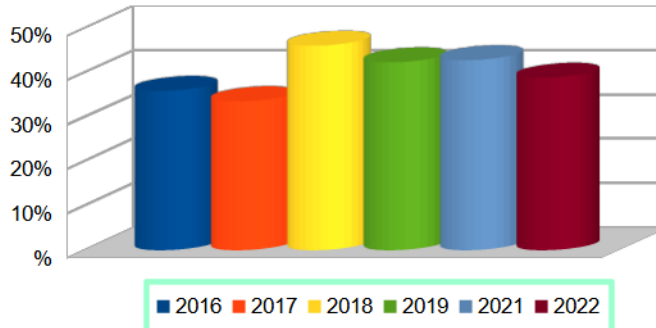
Percentage of Women in Powerlifting Classic



Percentage of Women in Benchpress Equipped



Percentage of Women in Benchpress Classic



Committees

Last year Tatiana Romanova from Kyrgyzstan joined the Women's Committee.

She has sent us an interesting report about the National Championships held in Saudi Arabia, where she worked as referee for men and women. About 40 women took part in this championship and 65 men, this is a very good quota. The whole competition was organised according to the IPF rules and the ladies wear IPF approved equipment. It was a special situation for women, because they competed at closed doors and all loaders and spotters have been women.

That shows, that powerlifting in the Arabic Region is growing and it is also possible for women to compete. I am excited to see when the first female athletes will start internationally.

Media

A great step forward is the partnership with Eurosport. Sessions for women and men have been broadcast in the same way, millions of people could see the best female and male athletes.

We look forward to 2023. It should be a good year and our sport should bring people together in an atmosphere of friendship and peace.

Eva Speth
Charwoman
IPF Women's Commission

c) Athletes Commission

Report from the Athlete's Commission

Active Commission Members:

Marte Elverum, Joan Baez, Pjotr van den Hoek, Tetyana Melnyk (Akhmamyetyeva)

Reserve member: Phill Richards.

Speaker/IPF Board Member Pjotr van den Hoek.

Female Speaker/IPF board Member Tetyana Melnyk

2022 as experienced by Tetyana Melnyk.

The year 2022 was very special for the whole world, and for athletes in particular.

The unprovoked aggression of the Russian Federation changed the lives of many powerlifters in one moment. After February, 24 I as a IPF Athlete Commission representative was completely possessed by helping Ukrainian athletes who were escaping from the war to find a place to live. One part of them left their homes but still stayed in Ukraine. We found new homes for them and did our best to support them in hard times. Many female athletes decided to leave the country with their kids and I've been contacting the National Federations of the European countries to help them there.

At this point I want to express my deep gratitude to every National Federation who gave its hand of support and didn't leave those athletes alone. You are people with big hearts, Ukrainian athletes will never forget that. Also I want to thank IPF in general and Gaston Parage in particular for creating a Fund Ukraine. Due to it Ukrainian athletes obtained the opportunity to participate in international competitions this year.

Together with Pjotr van den Hoek we worked in the scientific field of powerlifting.

In December 2022 the IPF Training Course for Coaches was conducted by Dietmar Wolf. It was an honour and a big pleasure to be a part of it. My lecture concerned Women's strength training. I tried to include in it all the most important things which make a difference in training female athletes. I hope that my input was useful and that we will work further on researching female peculiarities and passing this knowledge to the IPF coaches.

In addition, I have to admit our hard work on solving the problem of the bench press becoming gymnastic exercise. It was a big challenge to find the way to make the rules fair to all the athletes. All

the Commissions worked hard. The Athlete Commission came up with idea of orienting on the elbow and shoulder joints in measuring the level of arm involvement. Together with Coach Commission ideas, we managed to form a bunch of changes to the IPF Rules. The rule group consisting of all commission Chair's and Technical commission selected the most appropriate ideas, which were finally voted by the IPF EC.

I have a deep hope that these changes will give the opportunity to not so flexible, with long arms, but physically strong athletes to compete and gain success in our sport, which is the declaration of STRENGTH.

Report by Pjotr van den Hoek

2022 -- What a year it has been, with so many great World Championships, the World Games and of course our 50th anniversary celebration. We started with the World Bench Press Championships in Kazakhstan, which was a great championship!

Afterwards I attended the World Classic Powerlifting Championships in Sun City, South Africa. This event with great results. The moment of this championship, I will never forget was Agata Sitko (Poland) cheering on Jessica Buettner (Canada) who pulled the final World Record Deadlift the Gold Medal (Agata was presented the Fair Play Award for this moment at the championship). Overall, this is what powerlifting is about -- we are a big family, all supporting one another for the best results possible to reach greater heights.

Afterwards, I attended the World Games held in Birmingham, Alabama. At this event, our committee members, Marte Elverum and Tetyana Melnyk put on a show, and overall, what was spectacle that was form all the lifters competing there. And then then the world sub junior and juniors in Turkey, who strong are these kids getting where will it end. After that the World masters in Canada, where the masters showed the young kids, we are still here and to be reckoned with and greatly organized by Jeff.

Then the University world cup in Turkey again, thank you for helping out and organizing the world cup, because sadly that had to be cancelled because of the War, which really put the world after covid in another bad light. I just hope all our powerlifting friends in Ukraine will be and stay safe. And that this ends straight away.

Last but not least we had the Open equipped in Denmark what a fantastic venue, and fantastic records were lifted there, both equipped and Classic powerlifting is there to stay. We had a great anniversary year with delicious cake every time, moving up a weight class again 😊 We also started the IPF level 2 course which is now being held by Eleiko in Halmstad Sweden, a fantastic place to have it.

Last year, as a commission, it was not possible to have a committee meeting together, but nevertheless, most all of us have met each other during one of the competitions and we have been in contact with each other through social media, by email and telephone. We have a WhatsApp Group, which makes communicating much easier among the commission members.

If you have any input or suggestions as athlete please contact us, or if you have any problems, questions or just want information, please contact us by sending an email to the Lifterscommission@powerlifting-ipf.com or approach us personally. And if you are a female lifter and would rather speak to a female you can now mail our female speaker Tetyana Melnyk or Marte Elverum

Information about us you can find on the IPF website. We have a Instagram account and you can find us under ipf_athletes_commission where you can follow and tag us. So hopefully we can answer some of your questions or give you information, so please mail us or direct message us on Instagram

We are all looking forward to a successful 2023 with lots of exciting competitions taking place. The SBD Sheffield is going to be a big showcase. Then going back to Sun city for the Bench Press. The Classic open and congress in Malta, never been there looking forward to that, after that off to Romania to see the strong juniors in action again. The masters are off to Mongolia, Girl Power in France and then we have the

equipped lifters in Lithuania. We are also hoping to organize a University world cup maybe in Slovenia. So, as you can see, a fantastic year is ahead of us.

Also, this year we will be working together with all the commissions and committees from the IPF, To reach our goal of IOC recognition and to promote our sport worldwide.

Last of all I would like to thank all of our members, for their input, and once again we would like to thank the IPF board and Gaston Parage for starting up this commission in Norway during 2006.

Thank you for your attention Tetyana Melnyk and Pjotr van den Hoek, please stay safe and healthy,

d) Coach Commission **Report from the Coach Commission**

Dear Member Federations,

Due to COVID 19, the Coach Commission was relatively inactive. However, for 2023 the Coach Certification course shall re-start in Halmstad. Also, for 2023, IPF Coach Trainers Course will start in the Regions. First up, will be Jamaica in the North American Region. The Regional Trainers course will be oversee by Mr. Dietmar Wolf and Mr. Pjotr van den Hoek, will oversee the course. In the future, all Head Coaches of National Teams being nominated for a World Championship will be required to have a certificate to show they're a certificated coach.

e) Youth Commission **Report from the Youth Commission**

We have passed another difficult year for the whole world. Here I will tell all of you about the work done by the committee during this time.

- This year, 2000 athletes and over 140 international organizations and federations took part in the United Through Sport (UTS) 2022 World Youth Festival held in Bangkok, Thailand. The event which is under the patronage of the International Olympic Committee, International Paralympic Committee, Special Olympics International and was fully supported by the Sport Authority of Thailand and National Sports Development Fund. The International Powerlifting Federation had 6 athletes take part:

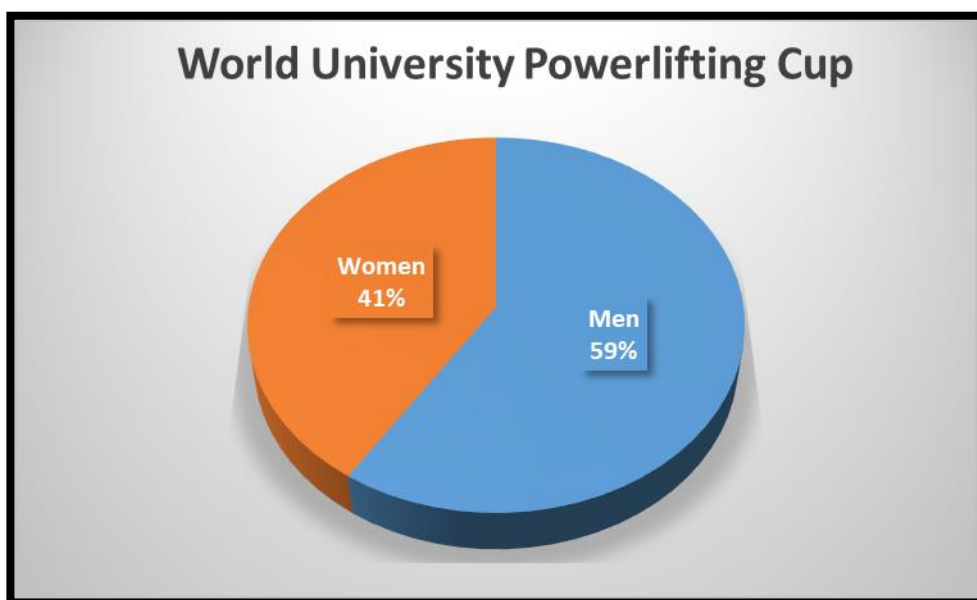
CHOONAK NATHAWUT - MAX FIT - YOUTH UNDER 14 MALE, **JITSAJJAPONG WITCHA** - MAX FIT - YOUTH UNDER 15 MALE, **MANARPORN KAPHOLAEK** - MAX FIT - YOUTH UNDER 17 MALE, **WONGSRA KITTANAI** - MAX FIT - YOUTH UNDER 14 MALE, **ELIZABETH PARKER** – PARALYMPIAN, **GIA GRIFFITH** – YOUTH AMBASSADOR. Mr. Choonak Nathawut won the bronze medal in the under 14 age group at the Max Fit competition.



- We continue to work with universities. This work can be called successful, as we are increasing the number of competing students with small steps.

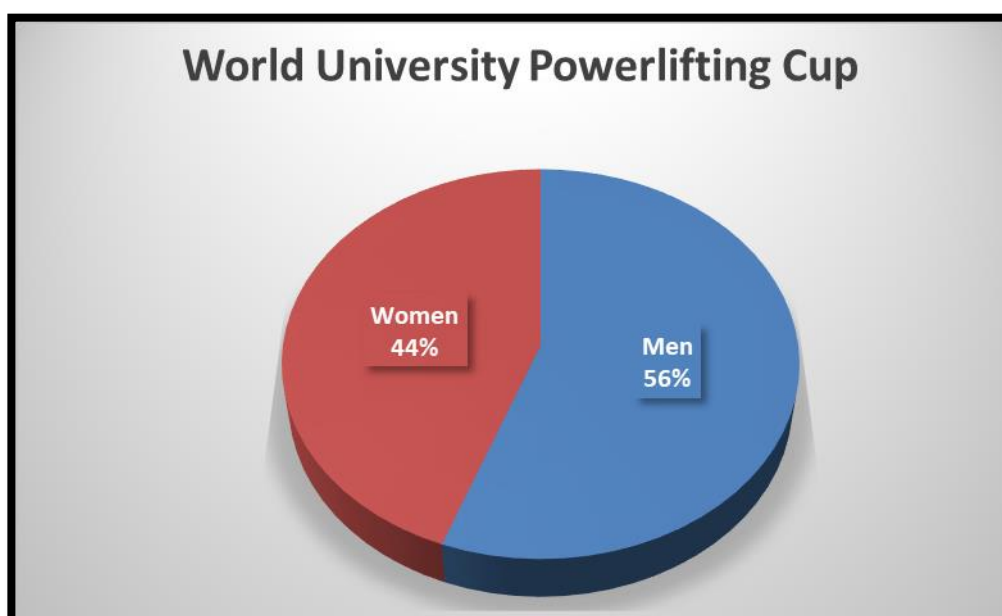
Number of athletes - students in 2021

109					
110	Unniversity CUP	Men	Women		
111		CI PL	W CI PI		
112	Open	32	22		
113					



Number of athletes - students in 2022

109					
110	Unniversity CUP	Men	Women		
111		CI PL	W CI PI		
112	Open	54	43		
113					



Above is the number of participants in the World Cup among students and their gender ratio. Compared to last year, we are seeing an increase in the number of participants by 30%, which means success.

- I also want to note the increase in youth in the following categories in 2022:

Equipped Powerlifting - an increase in the number of participants among sub-juniors and juniors by 43% compared to the previous year;

Classic Powerlifting - 30% increase in the number of participants among sub-juniors and juniors compared to the previous year;

Bench press - a decrease in the number of participants among sub-juniors and juniors by 32% compared to the previous year;

Classic Bench press - a decrease in the number of participants among sub-juniors and juniors by 38% compared to the previous year.

It can be concluded that powerlifting was in high demand in 2022.

- The Youth Commission continues to actively express its views on issues put forward by the executive committee and also this year the Youth Commission discussed the new bench press rules and voted for the final decision in the rules group.

Thanks to all my colleagues in the EC and my colleagues in the Youth Commission for another year of working together.

With respect and gratitude,

Nadezhda Churilova

Chairwoman of the IPF Youth Commission

Member of the IPF Executive Committee

f) Sports For All Commission

Report from the Sports for All Commission

As mentioned in my Secretary General Report, currently, I serve as the Chairman for the IPF Sports for all Commission. Presently, our federation's major work in the area of Sports for All centres mainly on the Special Olympics Program, both at the National and International level. Each year, we invite Special Olympic Athletes to take part in the World Open Equipped Championship. We continue to liaison, through AIMS to work with Paralympic Athletes. However, currently, the IPC's willingness is slow.



This year, I worked alongside **Keen Thammathataree** from the Thailand Amateur Powerlifting Federation on the UTS Virtual Youth Sports Festival. Once more, the IPF participated in the Max Fit Competition. The International Powerlifting Federation youth athletes were invited to participate in this festival that fell under the patronage of the International Olympic Committee (IOC), the International Paralympic Committee (IPC), the Special Olympics International (SOI), Global Association of International Sports Federation (GAISF), SportAccord, and the Alliance of Independent recognized Members of Sport (AIMS). This year's event took place on November 20-27, 2022, in Riyadh, in the Kingdom of Thailand.

This year, the International Powerlifting Federation had 6 athletes take part in the Max-Fit at the UTS Festival in Thailand: Choonak Nathawut (Thailand, Youth under 14 male and overall Bronze Medallist), Jitsajjapong Witcha (Thailand, Youth under 15 male), Manarnporn Kapholaek (Thailand, Youth under 17 male), Wongsra Kittanai (Thailand, Youth under 14 male), Elizabeth Parker, USA, Paralympian, and Gia Griffith, USA, one of 15 Youth Ambassadors selected for this event.

Overall, well over 100 international sport federations (both Olympic and non-Olympic) took part. Key and important, the UTS Virtual Youth Sports Festival invites all of us to stand in solidarity under the Olympic, Paralympic and Special Olympics values towards the promotion of inclusion, equality, non-discrimination, and peace-promotion. Once more, I'm pleased to inform you that Ms. Gia Griffith from the USA represented the IPF as our Youth Ambassador.

The 2022 edition from the kingdom of Thailand with a record number of 180,000 athletes taking part in this year's event. The participants took part in sport competitions, coreferences and workshops to include the opening and closing ceremonies. This year's theme cantered on inclusion.

The IPF continues to have sporadic, but ongoing dialogue with the IPC. We look forward to working with them and the IBSA. I want to send special thanks to Chip Hultquist and Cole Dunn from SOI. We continue to have monthly meetings with the SOI. Cole has left Special Olympics. I want to say, thank you for all of our great work together.

During November 2022, in Viborg, Denmark, we had one flight of Special Olympic Athletes take part at the World Open Powerlifting Championships. The performance were inspirational to say the least. Special Olympic Athletes also took part at the 2022 NAPF North American Regional Powerlifting Championships held in Panama City, Panama. At this event, the NAPF EC signed an MOU with Special Olympics – Latin America. Great work within our regions.

During 2023, the IPF shall send delegates and referees to the SOI World Games in Berlin. The IPF wishes SOI much success with this event.

Overall, and as mentioned in previous reports, the Committee's work will play an important an active role in reaching our goal of IOC recognition. In the past, Mr. Chip Hultquist suggested a part of the competition a Coaches Training Seminar be held either the day before or day after the championships. The seminars would add to the attractiveness of the event for both Special Olympics and IPF programs. This seminar could emphasize IPF/Special Olympics Powerlifting Rules, Training of Special Olympics Athletes, Coaching of Special Olympics Athletes in Competition and any other area that you feel should be added from the IPFs perspective.

Finally, the success of this committee belongs to my hardworking colleagues – Heather Leighton (South Africa), Alex Mathieson (Great Britain), Mariusz Damentko (Poland), Chip Hultquist (USA) and Anett Langa (Sweden) and our President, Gaston Parage.

Thank you very much,
Robert Keller, Chairman, Sport for all Commission

g) Entourage Commission

Report from the Entourage Commission

Dear Ladies and Gentlemen,

Chairperson – Shane Martin

Members – Gaston Parage, Sigurjon Petursson, Dr. Ip Wing Yuk, Mervi Sirkia, Nick Naylor, Inger Blikra, Johan Hannie Smith, Maria Moscianese, Miklos Fekete, Ralph Farquharson, Olga Ignatenk, and Maria Puig.

This year as the chairperson for the Entourage Committee there we were prepared to operate and await direction. Since then, I have reviewed past meeting minutes, which were from 2018 and included tasked projects to members and outside committee members to complete. Below are the tasked duties of the committee and what we hope to accomplish this coming cycle.

Moving forward this year, the Entourage Commission would encourage direction from the IPF and a road map of potential projects we can to continue to improve the IPF.

The duties of the Entourage Commission are:

- To give support to the General Assembly to follow and to accomplish the General Principles dictated by the IOC and written in the Olympic Charter.
 - Ready to support directives from leadership.
- To propose to the Executive Committee adequate actions to protect the interests of Athletes with particular regard to the female, Sub-junior and Junior athletes.
 - Adel Anti-Doping Program now active and aligns with this directive. Further development to improve safety and supports will continue when projects are developed.

- To deal with matters concerning the relationship between athletes, coaches, managers, sponsors, and all other persons promoting the athletes' sporting career.
 - Information gathering will be prioritized through child protective services, sport litigators, and leadership in sport to understand how this problem may impact the IPF and present solutions to prevent any potential issues.
- To cooperate with the Coach Commission to provide the best possible environment for the athletes especially at the beginning (i.e., combine powerlifting with work/study) and at the end of a sporting career.
 - I will be attending multi International events this year where we can further develop our intra committee relationship and meet with IPF executive in person to continue our work.
- To give support to the Executive Committee to obtain the IOC recognition.
 - Committee is ready to support this pathway with assigned directives as they come.

We are hopeful for the future and look forward in developing, supporting, and promoting the great sport of powerlifting under the IPF. I want to thank every committee member and IPF executive for their continued hard work during these uncertain times.

With Respect,
 Shane Martin
 Chairman, Entourage Committee
 President, Canadian Powerlifting Union

h) Medical Commission

Report from the Medical Commission

The IPF Medical Committee has started to have and organize a doctor-on-duty since the World Equipped Championship in Nov 2022. This is to ensure the safety and well-being of athletes, team members and staff.

During the 7-day Championships, there are on average 3 consultations per day. There were acute injuries and also inquiry about health issue. The arrangement of doctor-on-duty will be continued and strengthened to cover all world level Championships in 2023.

Dr. Josephine IP
 Chairwoman
 IPF Medical Commission

Report from the TUE Commission

The TUE procedures are all along compliant with WADA requirement. The TUEC is compliant with the service target of WADA. All 5 TUEC members are from different continents at specialist level with appropriate specialties.

There was a change of member in Europe in 2022. All have declared no conflict of interest to take up this task. There are around 50 TUEC members from the 5 continents as Championships resumed. Out of these 50 cases, 33 were new applications and 7 were recognition only. 4 withdrew application and 7 applications were not necessary and they were advised to withdraw. One lifter did not pay the 100 euro.

In the IPF EC meeting in Nov, 2022, it was decided that Master and Sub-junior lifters will be advised to apply retroactive TUE. To facilitate smooth running, the TUE form will be amended in 2023.

Dr. Josephine IP
 Chairwoman
 IPF TUE Commission

i) Law & Legislation Commission

Report form the Law and Legislation Committee

The Law and Legislation Commission is actively working to review documents sent to us my applicant federations desiring to join the IPF. Overall, the Commission is extremely active and ALL of the Committee Members participate. It is a pleasure to work with the following the honourable Committee Members: Mr. Sandro Rossi (Italy), Mr. Mohammed Marie (Egypt) and Mr. Keith Tam (Hong Kong).

All are exceptional volunteers and it is my pleasure to work with each one of these gentlemen.

Once more, the primary responsibility of the commission is to review and approve the Constitutions for the new Provisional Member Federations requesting to join the IPF. The Commission carefully reviews these documents and offers corrections on missing articles which need to be added to their constitutions. We also review the Membership Data Forms, Championship Results, Letters of recognition from either the Ministry of Sport and/or National Olympic Committee and to ensure the association/federation is registered in the Public Registry in the country requesting to join. Overall, the documents are heavily scrutinized to ensure the NEW member federations accept and adopt the IPF Technical Rules, IPF Anti-Doping Rules, the IPF Constitution and By-laws, and our related polices and guidelines.

During 2022, the following federations were accepted as provisional members of the IPF.

- Bahrain
- Bolivia

The following member federations are going to be recommend for full membership to the General Assembly.

- Azerbaijan
- Powerlifting America
- Saudi Arabia
- Suriname.

The following member federations are currently preparing their documents for membership – they remain pending: Andorra, Qatar, and St. Kitts/Nevis.

During the course of the year, we Commission reviewed new Constitutions from both Iraq and Thailand. We also reviewed the Constitution of the Armenian Powerlifting Federation, who requesting to rejoin the IPF.

It is my pleasure to serve and work on this commission.

Thank you,
Robert Keller
Interim Chairman
Law and Legislation Commission

j) Rules Commission

Report from the Rules Commission

The Goals and Objectives of the Rules Commission is to revise and update the IPF Technical Rules. Changes to the IPF Technical Rules take place every four years, the year before the elections. The Rules Working Group is composed of members of the Executive Committee, the members of the Technical Commission, and one representative from the following Commissions: Athletes, Coach, Medical, Women's and Youth.

The Rules Group met at the end of last year to revise the Technical Rules in the Bench Press. During 2023, we shall review the Technical Rules for the Sumo Deadlift. Overall, the work performed by the Commission to establish the new technical rules governing the Bench Press was extremely well done. Special thanks once again to Tetyana Melnyk and Dietmar Wolf.

Thank you,
Hannie Smith
Chairman, IPF Rules Commission

k) Membership Commission

The Committee was relatively inactive during 2022.

It appears this year, we shall purge nearly 30 member federation from our rolls for failing to pay their membership fees. Afterwards, we shall proceed forward with replacing those organizations with newly established federations.

This committee was originally started as a working group. The primary objectives of this commission are to develop and revise the existing criteria for evaluating applications for membership into IPF. The primary mission of the committee is recruit Powerlifting Associations/Federations in countries that are not represented in the IPF.

Special thanks to our 6 regional Committee Members:

- Africa (Robert Pozzacchio)
- Asia (Tatyana Romanova)
- Europe (Philippe Parage)
- North America (Alex Alvarado)
- Oceania (Robert Keller)
- South America (Shirley Chavez)

Thank you,
Robert Keller
Chairman, IPF Membership Commission

l) Court of Justice (Formally the Ethics & Disciplinary Committee)

Report from the Court of Justice

Covering the period: January 1, 2022 to December 31, 2022.

The Court of Justice (CoJ) currently comprises the following members:

Richard Parker (Great Britain)	- Chairman
Gennady Khodosevich (Russia)	- EC Appointee
Pavel Muller (Slovakia)	- Europe
Andre Smith (South Africa)	- Africa

The Court of Justice (CoJ) examines and decides on disciplinary cases within the IPF and determines penalties, except on doping related cases. In order to ensure objectivity and to prevent partiality, if a case involves a national of one of the countries from which a member of the CoJ comes, the said member recuses themselves and is not involved in processing of the case.

The CoJ deals with non-doping related complaints received through the IPF Secretary General from the Executive, Regions, Nations or individuals.

- a. IPF Executive – none.
- b. Regions – none.
- c. Nations - none.
- d. Individuals – none.

As can be seen we had no cases lodged with the CoJ in 2022, which is a good thing. However, I would like to highlight that although we have four listed members, there is little room for manoeuvre if any are unavailable. We need a minimum of three to hear any case and we could really do with more members appointed.

Richard Parker
Chairman, Court of Justice

m) Court of Appeal

Report from the Court of Appeal

Dear Colleagues,

Two notable events occurred for the Court of Appeal in 2022. A decision of the Court of Justice was overruled and reversed due to a failure to hear the defendant. In addition, Mr. Garmez Parks of IPF's US Virgin Island Chapter joined as a board member.

With kind regards remaining the Court of Appeal.

Nicholas Goeb
Interim Chairman
IPF Court of Appeal

n) Ethics Commission

Report from the Ethics Commission

We have added volunteers to oversee the newly formed Ethics Commission. However, we do not yet have a chairperson to oversee the activities of the Commission. So, this position remains vacant. The IPF EC is actively searching for a chairman of this commission. Member Federations should nominate someone for this position.

In accordance to our new By-laws, an Ethics Commission shall be established and maintained by the IPF to hear and decide all breaches of the Code of Ethics in accordance with the Rules as set out in the Constitution and By-Laws.

The Ethics Commission shall operate independently of the IPF in accordance with the Constitution, By-Laws, and applicable Rules. The Executive Committee shall appoint an independent and impartial Ethics Commission composed of 3 members who are legally qualified persons and who shall serve for the quadrennium. One shall be appointed Chair of the Commission.

o) Anti-Doping Commission

Report from the Anti-doping Commission

Dear Member Federations,

This brief overview of the most important issues managed and completed this year is literally just a small part of the daily efforts put in by the CCES and the entire Antidoping Commission. 2022 was a great step in the right direction coming off of the heels of a pandemic that very much limited what we could actually accomplish. 2023 is going to be much more aggressive with Education, especially an in person presence at competitions as we continue to work towards not just clean competition but clean competition at every level of the sport.

Numbers by Quarter					
Quarter	Tests ¹	Samples			
		Urine	Blood	Passport ²	Total
Q1	91	91	2	0	93
Q2	226	228	17	1	246
Q3	194	197	14	0	211
Q4	187	191	7	0	198
TOTAL	698	707	40	1	748
¹ Tests are defined as any number of samples collected on an athlete during a single test session.					
² Blood samples collected in support of the Athlete Biological Passport.					
Numbers by Test Type					
Type	Tests ¹	Samples			
		Urine	Blood	Passport ²	Total
In-Competition	551	558	30	0	588
Out-of-Competition	147	149	10	1	160
TOTAL	698	707	40	1	748
¹ Tests are defined as any number of samples collected on an athlete during a single test session.					
² Blood samples collected in support of the Athlete Biological Passport.					

Anti-doping Controls (Per Member Federation)

Nation	Tests Total ¹	Male Athlete ²	Female Athlete ²	Samples			
				Urine	Blood	Passport ³	Total
ALG	7	4	0	7	0	0	7
AUS	2	2	0	2	0	0	2
AUT	4	4	0	4	0	0	4
BEL	1	0	1	1	0	0	1
BOL	1	1	0	1	0	0	1
BRA	29	10	6	29	0	0	29
BUL	3	3	0	3	0	0	3
CAN	14	9	5	14	0	0	14
CHI	1	1	0	1	0	0	1
COL	1	0	1	1	0	0	1
CRC	6	5	0	6	0	0	6
CZE	6	4	1	6	0	0	6
DEN	4	1	2	4	1	0	5
ECU	24	10	8	24	1	0	25
EGY	3	2	0	3	0	0	3
ESP	18	11	6	18	0	0	18
EST	1	1	0	1	1	0	2
FIN	6	3	2	6	0	0	6
FRA	30	13	10	32	0	0	32
GBR	75	32	22	75	2	0	77
GEO	3	1	1	3	0	0	3
GER	11	4	5	11	0	0	11
GUY	1	1	0	1	0	0	1
HUN	6	2	3	6	0	0	6
IND	22	8	9	22	2	0	24
IRI	10	8	0	10	1	0	11
IRL	29	14	9	30	0	0	30
ISL	2	0	2	2	0	0	2
ISV	26	10	8	26	1	0	27
ITA	11	2	6	11	0	0	11
JAM	4	2	1	4	0	0	4
JPN	12	5	7	12	0	0	12
KAZ	36	17	10	36	1	1	38
KSA	1	1	0	1	0	0	1
LIB	1	0	1	1	0	0	1
LTU	3	1	1	3	0	0	3
MAR	3	2	1	3	0	0	3
MEX	3	2	1	3	0	0	3
MGL	16	9	2	16	0	0	16
NCA	1	0	1	1	0	0	1

NED	5	1	4	5	0	0	5
NOR	20	8	7	20	2	0	22
NZL	9	6	2	12	0	0	12
PER	2	2	0	2	0	0	2
PHI	3	0	2	3	1	0	4
PLE	1	1	0	1	0	0	1
POL	27	9	7	27	3	0	30
RSA	10	6	3	10	0	0	10
RUS	8	6	2	8	0	0	8
SIN	3	2	1	3	0	0	3
SRB	1	1	0	1	0	0	1
SVK	4	2	1	4	2	0	6
SWE	18	8	7	19	1	0	20
SYR	1	0	1	1	0	0	1
THA	2	2	0	2	0	0	2
TJK	1	1	0	1	0	0	1
TPE	12	3	1	12	0	0	12
TUR	3	1	2	3	0	0	3
UAE	3	3	0	3	0	0	3
UKR	50	21	9	51	15	0	66
URU	1	1	0	1	0	0	1
USA	75	31	18	76	4	0	80
UZB	2	1	0	2	2	0	4
TOTAL	698	321	199	707	40	1	748

¹ Tests are defined as any number of samples collected on an athlete during a single test session.

² Athlete is defined as a specific athlete and not the total number of athletes tested

³ Blood samples collected in support of the Athlete Biological Passport.

Respectfully,
Dr. Maia Blackman
Chairwoman, IPF Anti-doping Commission

p) Doping Hearing Panel

Report from the Doping Hearing Panel

Dear Colleagues,

We have had no activity in a long time, because competitions were largely halted or downsized for so long due to COVID-19.

I would like to add, the matter involving the expulsion of the USA Powerlifting is not a typical DHP matter, and one that the DHP report can make a reference to but likely is covered in the EC report in more detail.

Thank you,
James Cirincione
Chairman, Doping Hearing Panel

q) Media Team

Report from the Media Officer

Dear Colleagues,

2022 has been a fantastic year for media in IPF. Never have we produced more photos, videos and our livestreams than in 2022. All with increasing quality. The high quality production of the photos speaks for itself. The same can be said about the live broadcasts of the major World Championships where the whole media team is constantly working on improving the production in many ways. This is also recognised and appreciated by Olympic Channel and Eurosport.

Two World Championships were streamed through OC with great success. Viewing figures on OC were the best ever for powerlifting. So in future there will be more possibilities in broadcasting powerlifting on this platform where all major sports are presented.

Our fan base on all Social Media Channels is still growing, especially on Instagram (increase of 25% compared to 2021) and YouTube (increase of 20% compared to 2021). We are working on increasing these numbers further!

Highlights of 2022 media coverage were the broadcastings on Eurosport for 2 live sessions from World Classic Powerlifting Championships in Sun City / South Africa and from World Equipped Powerlifting Championships in Viborg / Denmark including repeats and highlights after the live sessions. For the World Classic Championships, we had 5.3 million unique viewers over all Eurosport channels in Europe, for the World Equipped Championships it was 5.4 million unique viewers in Europe. As both competitions were also broadcasted in Asia but not measured there, we can estimate a significant higher number in total for both events.

Both events were a huge success for Powerlifting on Eurosport and we are planning to extend the collaboration.

Eric Rupp
IPF Media Officer

r) Championship Secretary Report

Report from the IPF Championship Secretary

Gaston Page

Dear Member Federations:

I report to you that 2022 was a very successful year for our Championships, overall. We've raised the bar! However, some of the regions still need some serious work.

We have made some significant steps forward this year by adding the Anti-doping Consent Form, and the Coach Responsibility form, alongside the Adel Certificate. All three forms will be required when completing the nominations to the Goodlift database. The purpose of this is to lessen the amount of paper work, and for sustainability reasons for a safer the environment.

We still we have some member federations that do not review and check if their nominations whether they have been accepted or refused for different reasons. So you need check always your nominations and make sure the corrections have been posted. In future if the requests are not fulfilled, we shall delete the lifters from the final nominations at the deadline.

Also in the future all nations need pay for their lifters if they are not cancel on time.

Key and important, member federations that are not current with their IPF or Regional Membership Fees, will not be allowed to nominate lifters. The membership fees MUST be paid by January 31 of each year. This needs to be made a priority. We've gone too long and this will now change. Trust me.

Also, ALL regions directing intentional championships will be required to use the Goodlift System to enter the athlete, coach and referee nominations. CCES must be able to view the athletes nominated for each championship, so they can enter their selections. If you're a member federation, not yet registered in the Goodlift System, please contact the office.

Those who apply for visas and do not receive them, MUST cancel their nominations even after the dateline. If the nominations are not cancelled, in accordance to the required deadlines, you will be required to pay both the participation and anti-doping fees - no exceptions! It costs nothing to send an e-mail. Once more, all those who have not cancelled before the Technical Meeting, will be required to pay ALL fees to include the hotel.

Thank you,

Gaston Parage
Championship Secretary

Reports Accepted:

Vote: Yes 47 | No 0 | Abstention: 7

11) Regional Federation Reports



a) Europe

Report from the President of the European Powerlifting Federation (EPF)

The EPF GA was organized in Pilsen, Czech Republic 2 May.

Delegates from 16 member nations and 3 EC members were present.

Hall of Fame.

EPF Hall of Fame 2022 was awarded to **Sirazhutdin Bazaiev**, Ukraine (official), **Nathalie Feraud**, France (lifter) and **Truls Christensen**, Norway (lifter).

European powerlifters of year 2022.

EPF nominate every year the best European powerlifters based on the results from both the Worlds open and the European open. The lifters must have competed in both.

European powerlifters of year 2022 are:

Classic: **Tiffany Chapon**, France and **Emil Norling**, Sweden

Equipped: **Sonja Stefanie Krueger**, Germany and **Konstantyn Musiienko**, Ukraine.

International championships.

In 2022, EPF managed to host all 8 scheduled European championships and the number of participants where 2154. This is more than expected as the war in Ukraine prevented some nations to take part.

General.

In 2022, EPF has signed 3 new sponsor contracts and has from 2023 on, 2 Premium partners, one Silver and one Bronze partners.

The sponsors are SBD Apparel Limited, Rogue Fitness, Hansu Power and Maniak Fitness.

These sponsorships make it possible to improve the number of high qualities streaming. It means as well a high number of free equipment donated to the organizers and medals paid by EPF to all championship. The administration will be increased, and important projects are able to be financed. So, this is a big step for EPF and secure a sound economy for the years to come.

The economy of EPF is sound in 2022 as well, with a positive balance in the account.

Strategic plan.

The EPF Strategic Plan was introduced in 2016 and has been updated from year to year. Last update is for 2021-2024 and the strategic plan is a guideline for the administration.

One of the goals has been to reach 40 member nations and at the end of 2022, 39 full members have signed in and Israel is "in the line".

Russia and Belarus federations have unfortunately been blocked for taking part in championships in 2022, but we all hope the war in Ukraine will end soon.

EPF Officials.

The EPF officials have been busy this year as well and the workload has increased from year to year. In the “electronic world” all tasks must be solved quickly to secure that all projects are running without delay.

Contracts have been prepared and sent out to organizers in 2023 and the preparation for the 2023 season is in good progress.

No federation or company is better than people doing the work and I am proud to state that EPF has dedicated and hardworking officials and contracted people that cooperate perfectly in the leading team and with the national member federations as well.

They all deserve a great **Thank You** for running European powerlifting!

At the end, I will say **THANK YOU** for allowing me to be a part of the IPF Executive board since 1983!

I will not stand for re-election in 2023.

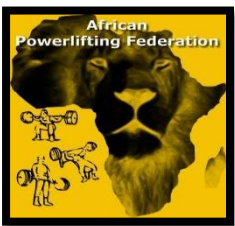
To be a part of the IPF Executive all these years, has really been a pleasure, as I feel I have been a part of the huge progress powerlifting has made these years.

A stumbling amateur federation has slowly been transferred to a federation of IOC standard.

And what a huge development in equipment, gears and the level of the organizations we have seen as well. Not to mention that the technique of the lifters has improved a lot.

It has been a pleasure to be a part of all this for 40 years – I have really had a nice and interesting time and the good memory of all the friendships I have experienced the World around, is the best reward!

Arnulf Wahlstrom
President
European Powerlifting Federation



a) Africa

Report from the IPF EC Member for Africa

After the disruption caused by the COVID-10 pandemic over the last few years, 2022 brought a welcome return to (almost) normal in the Powerlifting world. South Africa hosted an extremely successful World Classic Open Powerlifting Championships in Sun City. African lifters participated in various World Championships, and we extend our congratulations to the following African lifters who claimed World Championship titles in 2022:

- Sahad Mohamed (ALG) – Open World Champion Classic Powerlifting -120kg
- Mijuane de Wet (RSA) – Sub junior World Champion Equipped Powerlifting -63kg
- Sarra Khifi (TUN) – Sub junior World Champion Classic Powerlifting -47kg
- Elisabeth Barry (RSA) – Master 1 World Champion Classic Powerlifting -47kg

Congratulations also to our two competitors from Africa, Christi Rees (RSA) and Ahmed Hassanin (EGY), who represented Africa at the World Games in Alabama.

The African Powerlifting and Bench Press Championships held in Meknes, Morocco had a few organisational challenges, including a lack of referees, some nations failing to get visas in time, and

the competitors not able to compete using the sponsored equipment. These issues need to be noted and addressed for future championships.

At the 2022 IPF General Assembly, African nations Uganda, Tunisia and Central African Republic were accepted as full members. We look forward to these nations participating fully in APF and IPF championships in the future. It was also decided to split the African Powerlifting and Bench Press Championships into two events – the African Classic and Equipped Bench Press Championships to be held in the first half of the year, and the African Classic and Equipped Powerlifting Championships (together with the African University Cup) to be held in the second half of the year. The championships will alternate between the north and south of Africa.

Being an APF member in good standing gives a member nation the right to participate in APF and IPF Championships, and to vote at APF and IPF General Assemblies. The priority in 2023 will be to ensure that all APF member nations comply with the minimum responsibilities to remain in good standing with the IPF and APF, which include

- Paying all affiliation fees (IPF and APF) each year before the end of January
- Having a democratically elected executive, and sending AGM minutes to the APF
- Holding National Championships, and sending those results to the APF
- Maintaining qualified referees and coaches
- Supporting their lifters and assisting them to compete at Regional and World championships
- Ensuring that all lifters, coaches, referees and administrators complete the appropriate WADA

Anti-doping Education courses

The APF Executive continues to meet via Zoom meetings, and will continue to update the APF Constitution to be in line with the IPF Constitution.

Going forward, we will encourage participation and growth in all areas, in particular

- Improve participation by Women from African nations in national, regional and world championships
- Include University Cup events to encourage participation by students
- Increase the number of International referees from African nations
- Ensure that coaches have a recognised coaching certification.

I look forward to a busy Powerlifting year ahead, and wish to thank my colleagues on the APF executive for their hard work in 2022.

Heather Leighton
IPF EC Board Member - Africa
Vice-President, Africa



b) Asia

Report from the President of Asia Powerlifting Federation

I'm honoured, and it is a pleasure to welcome you to the IPF General Assembly. Last years were delighted by extraordinary success of Asian Powerlifting Federation. My sincere thanks go to each of APF Executive Members for your hard work in making our championships a success. My friends, last year we had an important election congress, and we voted for the right candidates that will ensure the necessary and daily work will be done in more professional and timely manner:

President - Farshid Soltani	Accepted Unanimously
Vice-President - Kim Won Pok	Accepted Unanimously
Secretary General - Tatiana Romanova	Accepted Unanimously
Treasurer –Dr. Josephine Ip	Accepted Unanimously
Medical Committee - Dr. Josephine IP	Accepted Unanimously
Technical committee - Chen Yeh Chao	Accepted Unanimously
West Asia - Feisal Al-zaabi	Accepted Unanimously
Central Asia - Tatiana Romanova	Accepted Unanimously
South Asia - P.J.Joseph	Accepted Unanimously
East Asia - Batulga Dash	Accepted Unanimously
South East Asia - Dayalan Jeevan	Accepted Unanimously

Appointments

PJ Joseph – Championship Secretary

Chrissy Chamley – Media Officer

HALL OF FAME

Male Official – Kim Won Pok

Female Official – Chen Yeh Chao

The Asian Powerlifting Federation started its activities successfully after a 2-year stagnation and after holding the Asia-Pacific Championship (Powerlifting and Bench Press) in Turkey-Istanbul, the Asian Equipped Powerlifting Championship in India-Coimbatore, the Bench Press Championship in Mongolia and Asian Classic Powerlifting Championship in Dubai, UAE. By all accounts, all Asian Championships of 2022 were the most successful events in the history of the Asian Federation. And this is not a limit as we are increasing and developing our Experience with great plans for 2023. The Asian Region has three new member federations – Bahrain, Palestine, and Saudi Arabia. Qatar is currently being reviewed and is in the final stages of approval. They remain pending for now. From these member federations, we shall see large and competitive teams. We must begin to invest and prepare in our future, as the Asian Region will become the largest federation in the IPF. Key and important, we must evaluate our growth rate and begin to recruit additional volunteers and staff for the future.

By studying the submitted reports and the necessary coordination with the executive members of the Asian Powerlifting Federation, we come to another important point that for all 5 sub-regions of the Asian Powerlifting Federation – more training and education for our coaches', officials, and referees. This will be essential and a must to be undertaken as soon as possible. All coach seminars and education must go through the IPF.

The effort of the Asian Federation will be to keep these activities in balance in the 5 sub-regions of Asia. As you already know the new Bench Press rules will come into effect 1. January 2023. All referees will be required to ensure they understand and are prepared to officiate with the new rules in place.

As the IPF is now a member of the FISU, we shall undertake and now focus on having an Asian University Cup for the region and we surely plan to add this event in APF Calendar.

2023

1. Asian Equipped Powerlifting Championship: May 1-6 Alappuzha / India
2. Asian/Pacific/African Bench Press and Powerlifting Equipped and Classic Championship: June 23-30 Hong Kong / Hong Kong
3. Asian Bench Press Championship (Equipped/Classic): September 11-17 Dubai / U.A.E.
4. Asian Classic Powerlifting Championship: December 3-11 Kuala-Lumpur / Malaysia

2024

1. Asian Equipped Powerlifting Championship: May 13-18 Hong Kong / Hong Kong
2. Asian Bench Press Championship (Equipped/Classic): September 9-15 TBD / Kuwait
3. Asian Classic Powerlifting Championship: December 2-10 Tashkent / Uzbekistan

2025

1. Asian Equipped Powerlifting Championship: May 5-10 TBD / Indonesia
2. Asian Bench Press Championship (Equipped/Classic): September 8-14 Ulaanbaatar / Mongolia
3. Asian Classic Powerlifting Championship: December 1-9 TBD / India

Anti-doping is major concern of mine in the region. We must ensure are member federations are clean! I ask the member federations in our region, to cooperate and team with their National Anti-doping agencies through having more anti-doping education for their athletes especially when it comes for Sub-junior and Junior lifters. Important that our Regions have local Anti-Doping seminars: as Example Central Asia have online seminars for all lifters and coaches at ZOOM with cooperation of Kazakhstan NADO. South-East region hosted Sea Cup in 2022 in Malaysia where we discussed the importance of Anti-Doping Education.

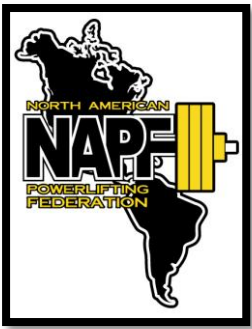
During 2022 we had changes in Management of several Local Federations such as Philippines, India, Uzbekistan etc. via official elections that proves a fact that our member Nations are working very seriously with accordance to IPF Constitution.

In addition I must notice the importance of investigations of APF EC regarding the FAKE Federations in our Regions. Of course, every Nation must follow the IPF Rules and Constitution and suspend those lifters, coaches, officials who compete in Fake Federations as this is unacceptable.

I would like to finish my report with great achievement of our Media team and audience increasing of all YOUTUBE Live Streaming during Asian Competition. Welcome all to Asian Championships and I wish you all good luck and good lifts in 2023!

Thank you, always, for both your trust and support.

Farshid Soltania
President, Asian Powerlifting Federation
IPF EC Board Member – Asia



c) North America

Report from the President of the North American Powerlifting Federation

Dear friends,

The new NAPF EC has been busy with his duties, having meetings monthly, with the concept of teamwork to discuss important issues:

- Welcoming Powerlifting America led by Robert Keller to the NAPF, giving him full support. It is important to point out that their organization have over 2000 members throughout the USA, and they are WADA compliance.

Also, another two powerlifting federation have joined the NAPF in 2022, Barbados and Jamaica.

- Contacting the remaining countries in the region to become IPF affiliate (among them: Cuba, Honduras, St. Vincent & Grenadines, Curacao, Turk and Caicos Islands, Saint Kitts and Nevis), mentioning to them the advantages of our organization.

Other countries and dependencies in the region, cannot be contacted since they have no affiliation with IWF or Powerlifting organizations: Bermuda, Bonaire, Dominica, Grenada, Guadeloupe (France), Martinique (France), Montserrat (UK), Saba (Netherlands), Saint Barthelemy (France), Saint Lucia, Saint Martin (France), Saint Pierre and Miquelon (France), Sint Eustatius (Netherlands) and Sint Maarten (Netherlands).

- Advising for development of Powerlifting in Jamaica, led by their president Michael Blair, regarding coaching and refereeing (done by Robert Keller and Alex Alvarado in November 2021).
- Intermediary with the IPF in Mexico to discuss matter regarding legal status between FEMEPO / FELIPOME and CONADE. FEMEPO, led by their president Gabriel Garcia, has fulfil their obligations with IPF and are up to date with the IPF fees, thus remain as an NAPF and IPF recognized national powerlifting federation.

- Regarding a long-standing issue with Trinidad and Tobago Powerlifting Federation and the IPF since 2019, the IPF will allow their athletes to participate in international championships, after they provide their National General Assembly documents, held this past June 4th.

Also, I believe that it would be of great asset for the development of powerlifting in Trinidad and Tobago, the nomination of Mr. Gabre Mc Tair as Director of Physical Education and Sports Division by the Trinidad and Tobago Ministry of Sports and Community Development. Looking forward to working with him.

- Programmed to have more IPF certified referees in the region. The biggest ever number of referees testing for Cat II, held in Panama: 1 Belize, 1 Canada, 3 Costa Rica, 1 Dominican Republic, 1 Mexico, 5 Panama, 2 USA. For a total of 14 new referees.

We need more referee participation from nation members and propose that they send at least one referee for every 5 athletes participating in regional championships, to comply with WADA FAIR PLAY.

To accomplish this objective, the NAPF will provide IPF referee seminars when needed.

- Achieving the 2022 NAPF Championships in Panama and Puerto Rico according the IPF Technical Rules and schedule.

Excellent work done by Jacques Tibi and Alex Alvarado, and our championship secretary / director, Robert Keller.

All athletes and coaches have successfully completed the ADEL WADA course.

Important to point out that over 250 lifters participating in the 2022 NAPF Powerlifting Championship, from our 14 member nations, the biggest ever.

- Participation of Special Olympics in the NAPF Regional Powerlifting Championships, negotiated with Chip Hultquist.

Robert Keller had a meeting with SO International Headquarters, and 12 Special Olympians participated in Panama.

- Organizing Coaches Clinic thru the IPF funding, in a rotating manner for our 3 subregions: 2022 (Caribbean – Dominican Republic – done by Robert Keller and Alex Alvarado in March 2022), 2023 (Central America – Panama) and 2024 (North America – USA or Canada).

- NAPF Data – Analysis and Strategy, to increase the number of lifters in championship. Discuss the possibility of organizing, starting 2024, NAPF – Raw / Classic Championship (Powerlifting and / or Bench Press combined), Sub junior / junior / masters' championship since this mode of lifting is getting the upper hand in the region.

- Need more involvement from the following federations in NAPF Regional Championships: Anguilla, Aruba, Bahamas, Belize, British Virgin Islands, Cayman Islands, Dominican Republic, El Salvador (withdrew), Haiti, Jamaica, Nicaragua, Trinidad & Tobago, and Barbados.

- The IPF have sent a reminder that all member federations must pay their outstanding debts to participate in World and NAPF Championships or shall be excluded; still due payment are Haiti, Anguilla, and British Virgin Islands (BVI). El Salvador, due to financial situation, has withdrawn his membership from the IPF.

- Donation of 500 Euros from the NAPF/IPF Development Fund – Contribution to Ukraine, due to war on March 2022 agreed by all the IPF regions.

- Development Fund: For the 1st time in NAPF history, the EC has managed to have a surplus for different projects in the region.
Among these, are: Eleiko equipment – donation to Panama and Puerto Rico in 2022. Nicaragua, Cayman Islands and Mexico for 2023.
We have the possibility to grant Eleiko equipment for newcomer's federations, Belize, and Jamaica soon.
One of the requirements for these grants is that the member federations must be up to date with IPF and NAPF membership fees.
As I mentioned earlier, Coaches Clinic in our region, also emphasize in promoting powerlifting education among our youngsters, who are the future of our sport.

Scheduled for 2023

- August – 21st Annual NAPF North American Regional Powerlifting & 2nd Annual NAPF/FESUPO Pan-American University Powerlifting Cup, Cayman Islands
- October – 17th Annual NAPF North American Bench Press, Mexico

Proposed schedule for 2024

- March – 1st Annual NAPF North American Sub junior, Junior and Masters Classic / Equipped Powerlifting
- June – 3rd Annual NAPF University Powerlifting Cup
- August – 22nd Annual NAPF North American Regional OPEN Classic / Equipped Powerlifting
- October – 18th Annual NAPF North American Classic / Equipped Bench Press

I want to take the opportunity to congratulate the athletes that were selected to participate in IWGA World Games in July in Birmingham, Alabama.

I look forward to a successful year in 2022 with the retaking of major championships in the region. My motto for the next four years will be EDUCATION (Powerlifting seminars and applying WADA principles) and PROMOTION (Expand the sport in all levels and to the NAPF subregions).

In closing, I want to send my sincere thanks to the NAPF EC, Commission Members, and event volunteers for their continued work, and above all to Mr. Robert Keller for his invaluable advice and support.

Thank you, and I wish everyone a successful General Assembly.

Dr. Hugo Velasquez
NAPF President / IPF North American Representative



d) South America

Report from the IPF EC Board Member for South America

Dear IPF Colleagues,

In the year 2022, the South American Championship of Powerlifting and Bench Press Classic and Equipped was held, in the month of September from 6 to 11, in the city of Caçador - Brazil. Achieving a very good reception by the participating nations reaching a total of 203 participants from 10 South American countries.

Next, I detail a copy of the Minutes of the FESUPO Congress, the same one that took place on September 6:

Brazil, Cacador September 6, 2022.

MINUTES: In the city of Caçador, Brazil, at 6:00 p.m. on September 6, 2022, these minutes are drawn up, which summarize the content of the Technical Congress held by FESUPO with the participation of the following countries: Argentina, Bolivia, Brazil , Chile, Ecuador, Guyana, Suriname, Paraguay, Peru and Uruguay. The following topics were discussed at the aforementioned meeting:

- Nomination of the delegates of the Nations present:
- Nomination of the teams
- Confirmation of the referee scale
- Confirmation of the 2023 and 2024 calendar
- Officialization of the new vice-presidency
- Reports
- President
- General secretary
- Treasurer

In relation to the 2023 calendar, Peru informed by its delegate that the pertinent steps are being taken to establish the venue for the next tournament, with three (3) possible locations for this purpose. He was asked about the availability of competition equipment and sufficient warm-up, to which he replied that they are in the process of expanding those requirements since they only have one official bar and discs at the moment. The maximum period of time (deadline) was established until the end of the year for FESUPO to receive a detailed report on: venue and city of competition, means of transportation for athletes (if needed), food, electronic wi-fi network systems. -fi and online transmission of the event. Argentina was established as a sub-headquarters.

By 2024 the headquarters will be Argentina.

In this congress, Mr. Eduardo Rodríguez from Uruguay was voted for the position of vice-presidency (before Mr. Nakama's resignation), there being no objections in this regard, and his approval was voted unanimously.

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Mr. Secretary General José Luis Inguanti asked the delegates of the countries present to send the annual reports detailing the actions of their respective federations to publish them on the web.

Last but not least, the issue of Colombia, Guyana and Bolivia was discussed, to which an official note will be sent intimating their participation, deserving sanctions for non-compliance with their debt for affiliation and registration of athletes contracted with Fesupo.

We are very happy for the excellent and outstanding participation of our athletes in the World Games, Birmingham - USA in the month of July, I will detail the list of athletes below.

Ladies

Irani Rodrigues Brazil

Erica Bueno Brazil

Cicera Tavares Brazil

Johanna Aguinaga Ecuador

Males

Franklin Leon Ecuador
Eudson Lima Brazil
Eric Oishi Brazil
Alex Ochoa Ecuador
Moises Villón Ecuador
David Coimbra Brazil

Thanking you for your attention to this report,

I subscribe to you, Sincerely,

Marcos Sanchez
IPF Board Member, South American Region



e) Oceania

Report from the Oceania Regional Powerlifting Federation

Mission:

Our mission remains the same and we still see the ORPF as a facilitator for the professional development of our member nations in competing, coaching and as officials. The focus of the ORPF is the Pacific Games and the regional championships. Being involved with sport at a high level has an effect of developing the careers of our members and providing opportunities to the members of our region is of utmost importance to the executive of the ORPF.

Executive and elections:

Unfortunately, covid19 remained an issue in 2022. Even though Europe had been through the worst of it as the region opened and people began to travel case numbers spiked which led to the lockdown of whole island nations and in some cases the islands major hotel being appropriated by the government as quarantine stations. This was exactly the case with Niue (the venue for the 2022 Oceania championships), all flights were cancelled, and the hotel nominated for the accommodation was appropriated as a quarantine station for the island. Added to this we continue to have difficulty in getting all member nations to attend a virtual meeting as per the constitution. Not much has changed since our last report as the difficulty remains the result of unreliable internet access across the region. Due to these restrictions, we have again made the decision to roll over all executive positions from the Pacific Games general assembly with our general assembly to be held in Niue in April 2023 and election of new office bearers at the pacific games as per the constitution, the current positions are.

President: Mr. Eric Jioje of Fiji

Vice President: Vacant

General Secretary: Mr. Sailo Tulifau of Samoa

Treasurer: Prof. Gordon Thorogood of Samoa

Chair Technical Committee: Ms. Pam Cutjar of Samoa (Pam will be retiring at the Pacific Games)

Record Keeper: Mr. Joel Riddings of Australia

Women's Committee: Ms. Posie Bop of Nauru

5-year plan:

As before travel restrictions we have had put our 5-year plan on hold. The two main issues remain for member nations which are international refs and access to equipment of a good standard to train with. We are making headway with establishment of the Niue National Powerlifting gym, the venue of the regional championships in 2023.

Referees:

The main goal of the ORPF and the Chair of the Technical Committee is to qualify as many referees as possible within the next 5 years. This is a difficult task due to the following reason. Compared to say Europe; in Europe the next country is a 100 Euro train ride away, in the Oceania it could be a \$1000 AUD plane fare away, (equivalent of one year's wages for one of our volunteers) and a two-day competition may take a week's worth of time because the plane might only fly in on a Monday and out on a Friday. In the past member nations have attempted to undermine events by refusing to grant permission for Cat 1 and 2 referees from their nations to attend events this then resulted in the IPF having to fly in referees from other regions at great cost. It is our intention to ensure that this will not occur in the future though unfortunately it looks as though this will be the case for the upcoming Oceania's and Pacific Games.

Equipment:

The Niue national powerlifting gym is now complete and ready for the upcoming Oceania championships. Currently it houses second hand Ivanko bars and weights, plus a power rack and bench, a competition set of Eleiko weights and has received more bars, benches and associated equipment via the Commonwealth Games Federation through the Game Changers Project. The gym is now the premier location for Powerlifting and Weightlifting on Niue thanks to the support of the IPF. The images below are the final stages of fit out our showing Mr Tony Edwards president of the Niue Powerlifting Federation.

Member nations: 12

Fiji Powerlifting Federation
Kiribati Powerlifting
Nauru Powerlifting
New Caledonia Powerlifting
New Zealand Powerlifting Federation
PNG Powerlifting
Tahiti Powerlifting
Tonga Powerlifting
Tuvalu Powerlifting
Samoa Powerlifting
Solomon Islands Powerlifting
Niue Powerlifting Federation

Possible future nations: 1

American Samoa Powerlifting (they continue to show interest but as yet have not made a formal application).

Regional championships:

2022 Oceania Bench Press and Powerlifting Championships: Are scheduled to be held in Niue between 10th – 12th April 2023 due to issues of covid 19 lockdown. The accommodation has been confirmed as the [https://www.scenichotelgroup.co.nz/locations/south-pacific/niue/scenic-matavai-resort-niue?utm_source=Google%20My%20Business&utm_medium=organic&utm_campaign=Sce nic%20Matavai%20Resort%20Niue%20GMB](https://www.scenichotelgroup.co.nz/locations/south-pacific/niue/scenic-matavai-resort-niue?utm_source=Google%20My%20Business&utm_medium=organic&utm_campaign=Sce%20nic%20Matavai%20Resort%20Niue%20GMB)

Pacific Games 2023: Planning is well underway with tenders for equipment soon to go out. The Games has been run slightly differently this time with the technical directors being sent a spreadsheet that was used previously and asked to confirm equipment requirements as compared to before. There has been some miscommunication, but it appears to have been sorted out. The IPF has nominated the ORPF treasurer Prof. Gordon Thorogood to fulfil the role of technical delegate. He will be required to travel to the Solomon Islands in the first half of 2023 for 5 days once the equipment has been acquired to make sure it is correct, and that the venue is fit for purpose.

Future Regional championships.

We are planning on holding the following events in these locations.

Oceania's 2024, New Caledonia.

Oceania's 2025, Nauru has shown interest, but this needs to be confirmed. Oceania's 2026, Tahiti (In preparation for the games).

Pacific Games 2027, Tahiti

Anti-doping:

We are continuing our relationship with RADO who are based in Fiji and we will be engaging them for the next regional championships.

Treasure's Report:

The only transaction for the year were related to the equipment for Niue. We have many nations that have not paid their fees and despite being contacted our member nations have not paid. They have been informed that this will affect their athlete's ability to compete at the Oceania's and the Pacific Games.

Due to the low activity on the account, we have made the decision to audit the books after the Oceania Championships so that it can be presented at the General Assembly in the Solomon Islands.

Submitted on behalf of the Executive of the ORPF
Prof. Gordon. J. Thorogood.

Reports Accepted:

Vote: Yes 47 | No 1 | Abstention: 6

12) Action on Proposed Amendments

No proposals submitted

13) Elections / Confirmations

Election of IPF Executive Committee Members:

President

Gaston Parage (Luxembourg)

Vote: Yes 40 | No: 3 | Abstention: 11

Gaston Parage was re-elected as President of the IPF.

Vice-President

Sigurjon Petursson (Iceland)

Vote: Yes 47 | No: 0 | Abstention: 07

Sigurjon Petursson was re-elected as Vice-president of the IPF.

Treasurer

Dietmar Wolf (Norway)

Vote: Yes 47 | No: 3 | Abstention: 04

Dietmar Wolf was re-elected as the Treasurer of the IPF.

Secretary General

Robert Keller (USA)

Vote: Yes 48 | No: 3 | Abstention: 03

Robert Keller was re-elected as the Secretary General of the IPF.

Confirmation of IPF EC Regional Board Members:

Africa

Heather Leighton (South Africa)

Vote: Yes 47 | No: 1 | Abstention: 6

Heather Leighton was confirmed as the IPF EC Regional Board Member representing the African Region.

Asia

Farshid Soltani (Islamic Republic of Iran)

Vote: Yes 43 | No: 4 | Abstention: 7

Farshid Soltani was confirmed as the IPF EC Regional Board Member representing the Asian Region.

Europe

Bjorn Astad (Norway)

Vote: Yes 43 | No: 0 | Abstention: 11

Bjorn Astas was confirmed as the IPF EC Regional Board Member representing the European Region.

North America

Dr. Hugo Velasquez (Costa Rica)

Vote: 27 | No: 17 | Abstention: 10

Dr. Hugo Velasquez was confirmed as the IPF EC Regional Board Member representing the North American, Central American and Caribbean Region.

Oceania

TBD

South America

Julio Conrado (Brazil)

Vote: 42 | No: 1 | Abstention: 11

Julio Conrado was confirmed as the IPF EC Regional Board Member representing South America Region.

14) New Member Applicants

Current Provisional Members to be confirmed:

- Bolivia
Vote: Yes 48 | No 0 | Abstention: 6
Bolivia Powerlifting was accepted as a Provisional Member of the IPF.

New Full Members to be confirmed:

- Azerbaijan
Vote: Yes 44 | No 2 | Abstentions: 8
The Azerbaijan Powerlifting Federation was accepted as a Full Member of the IPF.
- United States of America
Vote: Yes 45 | No 3 | Abstentions: 6
Powerlifting America was accepted as a Full Member of the IPF.
- Saudi Arabia
Vote: Yes 45 | No 2 | Abstentions: 7
The Saudi Arabia Powerlifting Federations was accepted as a Full Member of the IPF.
- Suriname
Vote: Yes 44 | No 0 | Abstentions: 10
The Suriname Powerlifting Federations was accepted as a Full Member of the IPF

Pending Applications

The following associations are currently preparing their applications to become members of the IPF.

- St. Kitts & Nevis (North America)
- Burkina Faso (Africa)
- Northern Mariana Islands (Oceania)
- Andorra Powerlifting Federation (Europe)

15) Action on Delinquent Nations

The following member federations were excluded from the IPF for non-payment of their membership fees.

Africa

Benin

Vote: Yes 42 | No: 3 | Abstention: 9
Benin was excluded from the IPF for non-payment of their membership fees.

Gambia

Vote: Yes 42 | No: 3 | Abstention: 9
Gambia was excluded from the IPF for non-payment of their membership fees.

Ghana

Vote: Yes 41 | No: 4 | Abstention: 9
Ghana was excluded from the IPF for non-payment of their membership fees.

Sierra Leone

Vote: Yes 41 | No: 3 | Abstention: 10
Sierra Leone was excluded from the IPF for non-payment of their membership fees.

Somalia

Vote: Yes 38 | No: 4 | Abstention: 12

Somalia was excluded from the IPF for non-payment of their membership fees.

Togo

Vote: Yes 40 | No: 4 | Abstention: 10

Togo was excluded from the IPF for non-payment of their membership fees.

Uganda

Vote: Yes 39 | No: 3 | Abstention: 12

Uganda was excluded from the IPF for non-payment of their membership fees.

Asia

Afghanistan

Vote: Yes 41 | No: 1 | Abstentions: 12

Afghanistan was excluded from the IPF for non-payment of their membership fees.

Jordan

Vote: Yes 39 | No: 3 | Abstentions: 12

Jordan was excluded from the IPF for non-payment of their membership fees.

Kyrgyzstan

Vote: Yes 41 | No: 2 | Abstentions: 11

Kyrgyzstan was excluded from the IPF for non-payment of their membership fees.

Tajikistan

Vote: Yes 37 | No: 4 | Abstentions: 13

Tajikistan was excluded from the IPF for non-payment of their membership fees.

Turkmenistan

Vote: Yes 38 | No: 4 | Abstentions: 12

Turkmenistan was excluded from the IPF for non-payment of their membership fees.

Europe

Israel

Vote: Yes 42 | No: 3 | Abstentions: 9

Israel was excluded from the IPF for non-payment of their membership fees.

North America

Anguilla

Vote: Yes 42 | No: 3 | Abstentions: 9

Anguilla was excluded from the IPF for non-payment of their membership fees.

Bahamas

Vote: Yes 40 | No: 5 | Abstentions: 9

Bahamas was excluded from the IPF for non-payment of their membership fees.

British Virgin Islands

Vote: Yes 37 | No: 6 | Abstentions: 11

British Virgin Islands was excluded from the IPF for non-payment of their membership fees.

El Salvador

Vote: Yes 39 | No: 4 | Abstentions: 11

El Salvador was excluded from the IPF for non-payment of their membership fees.

Haiti

Vote: Yes 38 | No: 5 | Abstentions: 11

Haiti was excluded from the IPF for non-payment of their membership fees.

Oceania

Kiribati

New Caledonia

Papua New Guinea

Tuvalu

Note: The EC decided to delay the exclusion of the four (4) ORPF Member Federations by one year.

South America

Venezuela

Vote: Yes 38 | No: 4 | Abstentions: 12

Venezuela was excluded from the IPF for non-payment of their membership fees.

16) Hall of Fame

The following athletes and officials were selected by the Executive Committee to enter the IPF Hall of Fame.

Male Athlete

Daisuke Midote (Japan)

Male Official

Richard Parker (Great Britain)

Female Athlete

Hildeborg Hugdal (Norway)

Male Official

PJ Joseph (India)

17) Any Other Business

Urban Mur, President of the Slovenia Powerlifting Federation

Urban Mur, President of the Slovenia Powerlifting Federation, gave a presentation on the IPF World University Cup that will take place on October 29 to November 4, 2023, in Kranjska Gora, Slovenia.

Gabor Deregan, International Fair Play Committee

Gabor Deregan, International Fair Play Committee, provided a presentation on their organization to the General Assembly. During 2022, Ms. Agata Sitko from Poland was awarded the Fairplay Award.

World Games Presentation – Emanuel Scheiber

The 2025 IWGA World Games will be held on August 7 to 17, 2025, in Chengdu, China. The 2025 World Games shall have both Classic and Equipped lifting as part of the program. A total of 128 athletes will take part in the event – 64 Classic and 64 Equipped athletes, equally divided by men and women.

EuroSport

A six-year contract was signed by the representatives from Eurosport and the IPF.

Stephan Fox – President, Alliance of Independent recognized Members of Sport (AIMS)

President Fox delivered a speech on behalf of AIMS at this year's General Assembly. In President Fox's speech, he related the IPF, under the leadership of Gaston Parage, is a highly respected federation, by the International Olympic Committee. President Fox played a video message to the General Assembly from President Ivo Ferriani, the President of Sport Accord, GAISF, and IOC Executive Board Member, which congratulated the athletes, and the IPF on their successful work at this year's World Classic Championships in Malta. President Fox also discussed and outlined the process toward IOC recognition. Mr. Fox related the IPF has checked all of the required boxes and is prepared to become recognized by the IOC and enter the Association of Recognized IOC Sports Federations (ARISF). The entry point to become recognized as an IOC is through AIMS. AIMS is recognized by the IOC, and the IPF is one of the founding members of AIMS. Key and important, ONLY the IPF, it's member federations,

and athletes can be recognized by the IOC. President Fox expressed the required universality of Powerlifting around the world, which includes the «reality» of gender equality. Also, President Fox stated there is no one in AIMS, doing more testing than the IPF and once more, more than fulfils the requirements to become a IOC recognized sport. President Fox ended his speech by stating, Sport is Special, Sport builds bridges, and finally Sport unites us. Finally, an Award was given to Gaston Parage and the IPF from AIMS President Stephan Fox.

18) Future Championships

2024

12. - 18. February	European Classic Master Powerlifting Championship	EPF	Venue requested	
29. February - 03. March	European University CUP Classic Powerlifting	EPF	Nancy	France
12. - 17. March	European Open Classic Powerlifting Championship	EPF	Venue requested	
1. - 4. May	European Masters Equipped Powerlifting Championships	EPF	Hamm	Luxembourg
7. - 12. May	European Open, Junior & Sub-Junior Equipped Powerlifting Championships	EPF	Hamm	Luxembourg
13. - 18. May	Asian Equipped Powerlifting Championship	APF	Hong Kong	Hong Kong
18. - 26. May	World Classic & Equipped Bench Press Championship	IPF	Lyvov	Ukraine
02. June	IPF Congress	IPF		
03. - 09. June	World Classic Open Powerlifting Championships	IPF	Vilnius	
22. - 26. July	FISU World Championships Powerlifting	FISU	Tartu	Estonia
29. July - 04. August	European Open, Sub-junior, Junior & Masters Classic & Equipped Bench Press Championships	EPF	Merignac	France
05. August	21 st Annual NAPF North American Regional Powerlifting General Assembly	NAPF	Scottsdale	Arizona USA
06. - 10. August	21 st Annual IPF/NAPF North American Regional Powerlifting Championships	NAPF	Scottsdale	Arizona USA
23. August - 01. September	World Classic & Equipped Sub-Junior & Junior Powerlifting Championships	IPF	Antalya	Turkiye Bid
06. - 08. September	Western European Equipped & Classic Powerlifting Championships	EPF	Venue requested	
09. - 15. September	Asian Equipped/Classic Bench Press Championships	APF	TBD	Kuwait
20. - 21. September	Danube CUP	EPF	Venue requested	
September	Arnold Classic Europe	EPF	Venue requested	
06. - 13. October	European Sub-Junior & Junior Classic Powerlifting Championships	EPF	Pilsen	Czech Republic
13. - 20. October	World Classic & Equipped Masters Powerlifting Championships	IPF	Sun City	South Africa
17. - 19 October	18 th Annual NAPF/FESUPO Pan-American Regional Bench Press Championships	NAPF	San Jose	Costa Rica
17. - 19 October	18 th Annual NAPF/FESUPO North American Regional Bench Press Championships	NAPF	San Jose	Costa Rica
01. - 17. November	World Equipped Open Powerlifting Championships	IPF	Carolla Bid	India (Pending) Romania (Pending)
02. - 10. December	Asian Classic Powerlifting Championships	APF	Tashkent	Uzbekistan

2019

10. - 16. February	European Masters Classic Powerlifting Championships	EPI	Venue requested	
20. - 23. February	European University Cup Classic Powerlifting	EPI	Hamm	Luxembourg
18. - 23. March	European Open Classic Powerlifting	EPI	Malaga	Spain
05. - 10. May	Asian Equipped Powerlifting Championship	API	TBD	Indonesia
06. - 11. May	European Open, Sub-Junior, Junior Equipped Powerlifting Championships	EPI	Venue requested	
17. - 25. May	World Classic & Equipped Bench Press Championship	IPF	Bid - Drammen	Bid - Norway
01. June	IPF Congress	IPF		
02. - 08. June	World Classic Open Powerlifting Championships	IPF	Bid - Germany	Bid - Germany
02. - 06. July	European Masters Equipped Powerlifting Championships	EPI	Venue requested	
04. - 10. August	European Open, Sub-Junior, Junior & Masters Equipped & Classic Bench Press Championships	EPI	Venue requested	
04. August	22 nd Annual NAPI North American Regional Powerlifting General Assembly	NAPI	Montego Bay	Jamaica
05. - 09. August	22 nd Annual IPT/NAPI North American Regional Powerlifting Championships	NAPI	Montego Bay	Jamaica
07. - 17. August	World Games	IPF	Chengdu	China
22. - 31. August	World Classic & Equipped Sub-Junior & Junior Powerlifting Championships	IPF	Bid - San Jose	Bid - Costa Rica
05. - 07. September	Western European Equipped & Classic Powerlifting Championships	EPI	Pornainen	Finland
08. - 14. September	Asian Equipped/Classic Bench Press Championships	API	Ulaanbaatar	Mongolia
TBD September	Arnold's Europe Classic & Equipped Powerlifting & Bench Press Championships	EPI	TBD	
12. - 19. October	World Classic & Equipped Masters Powerlifting Championships	IPF	TBD	TBD
10. - 16. November	World Open Equipped Powerlifting Championships	IPF	Bid	Romania
30. November - 07. December	European Sub-Junior & Junior Classic Powerlifting Championships	EPI	Venue requested	
01. - 09. December	Asian Classic Powerlifting Championships	API	TBD	India

Closing Speech

Prior to the adjournment of the General Assembly, President Parage provided some closing remarks.

Dear members of the General Assembly,

I want to begin by thanking the member federation delegates for re-electing me as President of the International Powerlifting Federation. I'm honoured by your trust in me.

This past year, we worked on many important issues. First being the rules in the Bench Press. So, wish to extend a big thanks to the IPF Rule Group and the Commissions who complete the necessary work to ensure the competition-level bench press is executed to a legitimate, high-standard, with integrity from, which started at the beginning of this year.

There will also be some additional changes to the technical rules most likely coming --The future changes will be required for the safety of our lifters, which the Rule Group will work on as they process all the relevant information. As usual, any and all decisions arising from this review, will be clearly communicated to all of the member federations.

Another important issue I want to highlight is the need for all member nations to commit to working more closely with their national Special Olympic Programs, to make sure we are bringing the sport forward for all. Currently, the IPF is also exploring adding para-lifters (through the IPC) and blind lifters (through the IBSA) into our competitions. We sincerely hope that the IPC and IBSA are willing to discuss this opportunity and work with us to make this possible, however we may still be able to integrate these lifters into our competitions. We will keep you updated on these two initiatives.

Another big step forward has been our work with Eurosport! This has been such a great success that we will work even harder to have additional distributors in more countries to ensure we have the maximum number of viewers watching our sport! This is a development that we can all be extremely proud of – Special thanks to both Eric Rupp and his team and to Emanuel Scheiber.

Additionally, and most important, we need to concentrate on developing University Sport.

The intention of the IPF is to have more Universities from every nation, involved, and to make sure they support our lifters, and send them to the FISU World Championships.

Some nations, such as Great Britain have already secured great support for their athletes. Well done!

Other places like Sweden, Jamaica and the USA have installed Powerlifting in their University programs. I want to thank Robert Ericsson, Pjotr van den Hoek, Michael Blair, and John Downing, respectively, for their excellent work in developing University Powerlifting.

I ask all member nations now to consider a strategy to reach out to the universities requesting to have powerlifting as a recognized sport in your universities as well. Please encourage them to become aware and involved in providing support to student athletes who powerlifts and provide to them an opportunity to compete at the FISU World Championships.

This is a very important initiative by the IPF and represents an incredible opportunity for all university athletes to become involved in our sport.

Similarly, this is an important area for development at the Regional level as well. Some of the regions have started and some have not. I ask the regions that have started to continue your good work, and those that have not to begin NOW. So, I ask the administrations in ALL of IPF Regions to prioritize the development and include your Regional University Powerlifting Cups on the IPF Calendar of Events.

University sporting opportunities are mandatory to obtain IOC recognition and thus, are vitally important for the IPF to develop to the highest level possible.

This IOC recognition requirement is very much in the hands of member nations, and the regions now, so please do your part for the IPF so that we reach this goal together.

Finally, during the remainder of this year, the IPF Executive Committee shall work on finalizing our Strategic Plan for 2024 to 2027.

Finally, I want to say thank you all for attending this years' IPF Congress here in Malta either personally or virtually.

It is very important going forward, to have all or most of our member nations taking part at the annual IPF General Assembly.

Good luck to everybody for the future and best regards to all of you,

Gaston Parage
IPF President

19) Adjournment

The General Assembly adjourned at: 1430hrs.

General Assembly report prepared by:

Robert Keller
Secretary General
International Powerlifting Federation
Sunday, June 18, 2023
St. Julians, Malta