

IPF

2022

Meeting Agenda

IPF General Assembly

Sun Park Convention Hall
Sun City, South Africa

Sunday, 5 June 2022
1400 hrs.



2022 IPF General Assembly

**Sun Park Convention Hall
Sun City, South Africa**

Sunday, 5 June 2022 / The General Assembly shall start at 14:00hrs

AGENDA

- 1) Welcome Message**
- 2) Roll call of nations, and delegates, presentation of credentials for each nation**
Certification of Delegates
- 3) Minutes of the last General Assembly & Extraordinary General Assembly**
- 4) President's report and approval**
- 5) Vice-President's report and approval**
- 6) Treasurer's report and approval**
To examine the accounts of the previous year
To approve the budget for the forthcoming year
Fees (if requested)
- 7) Budget and Approval**
- 8) Auditors' (Internal and External) Report and Approval**
- 9) Secretary General's Report and Approval**
- 10) Commission Reports and Approval**

a) Technical Commission	g) Entourage Commission	m) Court of Appeal
b) Women's Commission	h) Medical Commission	n) Ethics Commission
c) Athlete's Commission	i) Law/Legislation Commission	o) Anti-doping Commission
d) Coach Commission	j) Rules Group	p) Doping Hearing Panel
e) Youth Commission	k) Membership Commission	q) Media Team
f) Sports for All Commission	l) Court of Justice	
- 11) Regional Reports and Approval**

a) Region 1 (Europe)	d) Region 4 (North America)
b) Region 2 (Africa)	e) Region 5 (South America)
c) Region 3 (Asia)	f) Region 6 (Oceania)
- 12) Action on Proposed Amendments**
- 13) Elections**
- 14) New Member Applications**
- 15) Action on Delinquent Nations**
- 16) Hall of Fame**
- 17) Any Other Business**
- 18) Future Championships**
- 19) Adjournment**

1) Welcome Message

2) Roll call of Nations and Delegates, presentation of credentials

- 3) Approve Minutes - 2021 General Assembly and Extraordinary General Assembly**
The 2021 General Assembly was held on 28 September 2021, in the Eleiko Center, in Halmstad, Sweden. Also, on 7 November 2021, an Extraordinary General Assembly was held in Stavanger, Norway to address the exclusion of USA Powerlifting. Those reports and minutes can be found here: <https://www.powerlifting.sport/federation/general-assembly>

4) President's Address

President's Report – General Assembly,
Sun City South Africa 2022

Dear ladies and gentlemen, dear representatives from our member Federations, dear colleagues from the EC and Commissions, dear guests,

On behalf of the IPF and my colleagues, I welcome everyone to the General Assembly in Sun City, South Africa.

I want to begin by thanking Mr. Hannie Smith and all the volunteers from the South African Powerlifting Federation for hosting this year's General Assembly and World Championships.

This will be the second time we've held our General Assembly during June, at our Classic Worlds. As most representatives from some of our members are always at the Classic World Championships, and on request, we have decided to change from November to June. This will allow us to provide to you our annual reports, including the financial report, for the previous calendar year.

I am happy that we managed to organize all our World Championships in 2021, as well as most of our regional championships. It was really good to see how many lifters were taking part at our World and Regional Championships despite the ongoing Pandemic. I'm proud to say, with respect to our championships, we've taken the necessary steps and precautions to keep our athletes safe.

I have been present at all World, European and Asian Championships. Unfortunately, this year, I was not able to attend the African, North American, South American and Oceania Championships. All Regions had their Championships, except Oceania as they were still locked down.

Beside all this we have worked on our 50th anniversary book and I am proud to present it to all of you. I want to express a big thanks to all those who contributed on this and a special thanks to Christina and Miklos who finalized it. It was very important for me to have this done, as it is important to provide a history of the sport to the athletes. Surely it could have been more history, but when we never had people working on it, it was very difficult to capture our past. Overall, we're very proud of what we have accomplished. I want to make sure that in the future we preserve the events that have impacted our sport, to ensure an accurate account is kept for generations to come. Some of us will be alive when we achieve 75 years.

I'm proud to say this year, we have been recognized by the International Masters Games Association (IMGA), which is an IOC recognized organization.

Once again, this past year, we took part in the United Through Sport (UTS) Youth Festival. We have also signed a new sponsorship agreement with Ex Sports, as well as Eurosport. The Euro Sport agreement was monumental and is one more important step in the right direction toward IOC recognition. Over 6.000.000 watched on TV, and 12.000.000 on their internet stream. What a great success for us to make our sport more popular. If fans are not able to come to us, we must bring the sport to them!

We had a lot of online EC meetings and other important online meetings with commissions, with AIMS, Member nations trying to solve problems, and with organizers. It has been a full program. Our success stems from the great cooperation and work of our Executive Committee.

I have been elected to the AIMS Council. As an elected member, I will strive to have AIMS assist us in reaching our goal of IOC recognition, which is the exact mission of the organization.

Our University Regional and World Championships are very important and was a major request to become involved in FISU, so we can achieve IOC recognition. It is the duty of the Member Federations to promote and direct University competitions!

I kindly ask our member Federations to prepare their selections prior to our World Championships or International Cups, so our lifters can take part in the University events. I was a little bit sad, when people told me that they can't take part at the EPF University Cup, because they had organized their National University Championships or other National events the same date or a week earlier or later than our World Championships.

I am also very happy that we have worked with The Canadian Centre for Ethics and Sport (CCES), and that we gave control to an independent organizer for ALL of our anti-doping work!

The IPF will abide by the new WADA guidelines, established during January 1, 2021, by having total transparency and handing over our testing program to a certified independent 3rd party organization, to ensure our anti-doping controls are free from any manipulation. Overall, CCES has performed an excellent job, and it has been a pleasure to work with them.

I am quite pleased with our financial situation! Of course, the year of having no competitions during 2020 hindered us a bit, but we've bounced back quite well. Special thanks go out to our VIP Partners for assisting us through this period. I also want to thank the Luxembourg Government for providing the payment of the salary to our office secretary. The biggest drain on our budget this year, was due to lawyers' fees for the following cases: USA Powerlifting, Robert Wilks and related Anti-doping matters. For 2022, we've targeted longer and more sustainable contracts with our VIP Partners. We shall report on this during 2023.

The Rule Group made minor changes to the IPF Technical Rules. They have now been posted. We shall continue our discussions in the Bench Press. We did not want to have major changes prior to World Games and therefore we have asked our commissions to look into this so that we have enough time to find a serious solution.

I have also realized that still a lot of our member nations have not been in contact with the Universities in their countries, and I highly recommend all member nations act on this as it is for the benefit of your Federation concerning recruitment and the future World and Regional University CUP's.

To close, I want to express my sincere thanks to all of the athletes, coaches, officials and referees for their continued support. It is always a pleasure to meet and speak to everyone at our championships. More importantly, I want to take this opportunity to send my thanks to my

colleagues on the Executive Committee, and to all of our commissions' chairs and their members. It has always been my pleasure to work with you.

Finally, I want to extend a sincere thank you to Sigurjon Petursson, Dietmar Wolf, Emanuel Scheiber and Robert Keller for their exceptional work and commitment to the sport of powerlifting – my friends, thank you.

I wish everyone a successful General Assembly.

Respectfully,

Gaston Parage
President
International Powerlifting Federation

5) Vice-President's Report

Dear ladies and gentlemen, dear friends and officials,

It is great pleasure for me to report to you on my activities in 2021. First of all, let me thank you all for your trust by electing me to the position of Vice President in 2015. The work has been filled during those six years with a lot of exciting and rewarding challenges but there have also been, as in life in general, some disappointments. But as we say: "When the going gets tough, the tough get going".

As in the previous years a lot of my time has been spent on various matters related to legal and anti-doping issues as well as general administrative issues.

Various legal issues have had to be tackled especially relating to Anti-Doping. A new World Anti-Doping Code (Code) as well as a number of revised and new International Standards went into effect January 1, 2021. As a result, a number of internal changes and National member federations' compliance issues have had to be solved. These were explained in circular letters that were sent to member nations in the fall of 2020 as well as a circular letter sent out January 2022. It is of vital importance that all member nations follow the Code, the IPF Anti-Doping Rules as well as all standards. It is also very important that all member nations start working with the local National Anti-Doping Organisations (NADOs) or IPF in order to establish a solid fully compliant anti-doping system at the national level. We must increase the number of anti-doping tests at the national level. I have had the honour to work with our new Anti-Doping Commission (ADC) Chair Dr Maia Blackman on our new Anti-Doping Rules that took effect January 1st, 2021. This was done in close cooperation with WADA regarding to how we fulfill our requirements and be compliant with the new Code. WADA's Compliance Department has been very professional and helpful, and they deserve our thanks and respect.

I and Maia have also worked a lot on our cooperation with the Canadian National Anti-Doping Organisation CCES (The Canadian Centre for Ethics in Sport). On August 1st, 2020, CCES took over managing all IPF anti-doping activities except Education and TUE processing. With this move most of IPF's anti-doping activities are now run by an independent organisation outside of IPF i.e., we now have an Independent Testing Authority outside of the IPF planning and executing our anti-doping efforts. I am pleased to say that Billy Gannon, Scott Grant, and Dan-Thanh Tran as well as others at CCES have done an excellent professional job. I want to thank you, Maia for our cooperation and your contribution.

During 2021 a lot of work was invested on the revision of the IPF Constitution and By-laws. I've worked with Mr. Robert Keller our Secretary General on this and I want to thank him for our good cooperation and all his time and effort. The work on our Constitution, By-Laws, Anti-Doping Rules, Technical Rules etc. is never finished. A milestone was reached in March 2021 when our Extraordinary Congress voted on and accepted a proposal for a new and revised Constitution and By-Laws for IPF.

In 2021 there was less travel as COVIT-19 has restricted travel but more telephone calls, emails, on-line meetings, conversations etc. than in previous years. Experience has shown that we can use modern communications technology to decrease travel and have more frequent and fruitful communications.

I've of course as before worked very closely with our president Gaston Parage, our Secretary General Robert Keller, Treasurer Dietmar Wolf as well as other members of the EC and Sonja Hoffman IPF Secretary and want to express my thanks and gratitude to all of them. The time and effort these people contribute to the sport of powerlifting on a voluntary basis is huge and should be appreciated by all of us. We sometimes forget to say thank you to our volunteers and focus instead on negative things. Actually, as a result of, the IPF having grown as much as it has, doubling in size over a short period of time, the workload by now on some people is overload as these individuals besides working for the IPF do have a living to make, i.e., jobs, family responsibilities, and other duties to perform as well. These are the pains that come with growth and these will have to be dealt with in the very near future if we want to retain good people and prevent burnout. We also need to show these and others full respect and gratitude.

Again, I thank you for the trust. I hope that my contribution has helped the sport. We need to invest more time and money in our methods and systems most importantly in Anti-Doping in order to become a more professional World Class Sport.

Finally, I want to thank Mr. Gaston Parage for the cooperation. I and Gaston sometimes have different opinions and we do have a different temperament. Sometimes it takes energy, time, and dialog to reach a conclusion but in the end we always do. The time and passion, and contribution to our sport is second to none. Tremendous, Gaston! I also want to say special thanks to Mr. Robert Keller our Secretary General for the time we have spent working together. Robert as well contributes much more time than you can imagine. Thanks Robert! Dietmar Wolf our treasurer is always the voice of reason and fairness.

May we all have a successful Annual General Assembly.

Reykjavík, Iceland
February 10, 2022
Sigurjón Pétursson
IPF Vice President

6) Treasurer's Report

In the financial year 2021 - the budget period from January 1st to December 31st 2021 - was still partially affected by the COVID-19 situation.

In this budget year, the IPF could generate incomes from championships such as participation and antidoping fees, but not in full yet.

In addition, one of our sponsors – APLYFT - has filed for bankruptcy, which gave us a minus of 190 000 euros for this budget year. The minus consists of 60 000 euros outstanding sponsorship from 2020 and 130 000 euros from 2021.

The World's Classic 2021 in Belarus were canceled, but fortunately this championship could be shifted and organized by the IPF in cooperation with our sponsor ELEIKO in Halmstad, Sweden. To organize this championship caused extra costs for the IPF, which is reflected negatively in the budget year 2021 under incomes. But despite all this, the IPF was able to record a positive financial close for the fiscal year 2021.

Financial situation:

The IPF handled its finances very carefully in 2021. Therefore, continuous expenses in the pandemic period were covered with savings and from the incomes during the year.

- On December 31st 2020, the IPF had a positive credit balance of 159 991.13 euros (GS Report December 2020).
- On December 31st 2021, the IPF bank withdrawals (BCEE & PayPal) still shows a positive credit balance of 161 777.04 euros. The ongoing incomes and expenses from January 1st, 2021, to December 31st 2021, gave a financial surplus of 1.785.91 euros.

Now the surplus of 1785.91 euros doesn't look like that much. Here, however, we must consider that the budget year 2021 was calculated with a deficit of 64 000 euros. However, the calculation is not quite correct, since we have not generated nor spent the approximately 1 500 000 euros as planned in the budget for 2021. The IPF only received and spent about 67% (approx. 1 000 000) of the planned budget for 2021.

If we then extrapolate this approx. 67% to the budget deficit for 2021 of 64 000 euros, we have turned 42 880 euros deficit into a positive annual balance. Including the 1 785.91 euros gives then a surplus of around 44,665.91 euros for the fiscal year 2021.

This achieved financial surplus was very beneficial for the IPF concerning that we also were co-organizers of the World's Classic in September 2021 and the financial challenges in the first part of 2021 raised due pandemic period.

Unfortunately, the incomes from the Asian and South American Championships could not be booked in the current financial year 2021, as these championships were organized in mid / late December 2021.

The larger additional expenses January to December 2021 are linked to:

1. CCES Anti-Doping Agency from Canada, Antidoping Laboratory in Cologne/Germany, and lawyer costs - Soublière from Canada. The Anti-Doping work was maintained to a certain extent during the pandemic period in the first part of 2021 and during the rest of the year 2021 then (championships and OCT's).

2. Legal Fees: Legal fees continued to be incurred here. The costs are still allocated in relation to the case of R. Wilks/region Oceania, and in relation to a member nation (USAPL) of the IPF.
3. IPF as co - organizer World's Classic 21 Halmstad, Sweden

Also, in 2021 because of the COVID-19 situation worldwide, the IPF has continued with the regulation that vendors and equipment manufacturers are still receiving the 20% discount on the license fee for the period October to December 2021. This 20% discount policy expired with 31st December 2021.

The IPF would like to express its honest thanks to our VIP partners ELEIKO and SBD. Despite this difficult pandemic period, both supported our federation with the full amount according to the sponsorship contracts.

In the same way we also are very thankful to our Silver (Rogue Fitness, Bull) and Bronze (A7, Stolic), who also supported the IPF within the full volume of their sponsorship contracts.

And once again an honest thank you to ELEIKO for the fruitful cooperation, as well as the financial and personal support during the World's Classic 21 in their facilities in Halmstad, Sweden.

A big thank you to our vendors / manufacturers, who have still made their financial contribution according to their contracts during the difficult pandemic period.

Without these incomes from our Partners and the vendors / manufacturers, the IPF could not financially manage all the expenses in this difficult period. But as the financial report confirmed, got the IPF financially a net surplus in the budget year 2021!

The IPF also benefited from the Luxembourg state support program during the pandemic period in 2021. Salaries paid in the first half year 2021 by the IPF to our secretary in the pandemic period were partially reimbursed by the Luxembourg state support program to the IPF.

I would like to thank to all affiliated member nations, my EC colleges, IPF committees and all other people in the IPF for a good cooperation and support during this difficult 2021.

I wish the whole IPF family a successful and healthy rest of the year and hopefully we will see and meet each other again as soon as possible.

Dietmar Wolf
Treasurer
International Powerlifting Federation
Stange, Norway
28.07.21

Balance Sheet

INCOMES, January 1st, 2021 to December 31st, 2021

01.1	MEMBERSHIP FEE	€	30 305,07
01.2	PARTICIPATION FEE	€	89 903,45
01.2.1	WG	€	-
01.3	SANCTION FEE	€	2 500,00
02.1	REFEREE FEES/FINES NATIONS	€	5 173,50
03.1	SPONSORS	€	382 820,66
03.2	APPROVAL&LICENSE FEE	€	286 366,66
03.3	LOGO FEE	€	982,38
07.1	ANTI DOPING FEE	€	107 903,89
07.2	DOPING FINES	€	2 000,00
07.5	ADF REGIONS	€	63 080,29
08.3	IPF MAGAZINE	€	93,20
0.9	OTHERS	€	39 346,30
10.0	CASH	€	-

Incomes: € 1 010 475,41

EXPENSES, January 1st, 2021 to December 31st, 2021

01.2	PARTICIPATION FEE/ORGANIZER	€	19 350,60
01.2.1	WG	€	-
01.4	MEMBERSHIP FEE UMBRELLA ORG.	€	5 955,25
02.2	REFEREE TIES/BADGES/SCAFS		
03.1	SPONSOR ARNOLDS	€	-
0.4	ADMINISTRATION	€	286 168,01
0.5	TRAVEL	€	92 788,46
0.6	DEVELOPMENT OF SPORT	€	36 324,74
0.7	ANTI DOPING	€	375 569,59
0.8	MARKETING&MEDIA	€	147 119,73
08.2	WG 22 Travel	€	3 435,58
0.9	OTHERS	€	41 977,54
10.0	CASH	€	-

Expenses: € 1 008 689,50

Incomes 1.1.21 - 31.12.21	€ 1 010 475,41
Expenses 1.1.21 - 31.12.21	€ -1 008 689,50
Budget surplus:	<u>€ 1 785,91</u>

IPF Bank Account

IPF BANK ACCOUNT&CARDS

BCEE Daily account 31.12.21	€ 78 684,14
BCEE Master Card account 31.12.21	€ -849,53
BCEE Visa Card account 31.12.21	€ -

PayPal account 31.12.20	€ -26 904,05
PayPal account 31.12.21	€ 83 092,90
Net profit January - December 2021:	<u>€ 56 188,85</u>

Daily account, total amount 31.12.20	€ -133 087,08
Daily account, total amount 31.12.21	€ 78 684,14
Minus net profit January - December 2021:	<u>€ -54 402,94</u>

BCEE Daily account and PayPal	€ 56 188,85
account, total amount 31.12.21	€ -54 402,94
Surplus:	<u>€ 1 785,91</u>

Financial Report

FINANCIAL REPORT 1.1.21 - 31.12.2021



Financial situation: 31.12.20

Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 31.12.20	€	133 087,08
Banque et Caisse D'Epargne de L'etat - Mastercard Card account 31.12.20	€	-
Banque et Caisse D'Epargne de L'etat - Visa Card account 31.12.20	€	-2 091,74
PayPal account 31.12.20	€	26 904,05
Credit balance, total amount:		€ 159 991,13

Financial situation: 31.12.21

Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 31.12.21	€	78 684,14
Banque et Caisse D'Epargne de L'etat - Mastercard Card account 31.12.21	€	-849,53
Banque et Caisse D'Epargne de L'etat - Visa Card account 31.12.21		-
PayPal account 31.12.21	€	83 092,90
Credit balance, total amount:		€ 161 777,04


Financial situation: 31.12.20 - 31.12.21

Balance sheet

Financial situation (BCEE&PayPal) 31.12.20	€	-159 991,13
Financial situation (BCEE&PayPal) 31.12.21	€	161 777,04
Net profit income:		€ 1 785,91

The IPF close the fiscal year with a net plus of: € 1 785,91

7) Budget and Approval

BUDGET 2023		
		
	Budget Income	Expenditure
01 Fees		
01.1 Membership fees	40 000,00	
01.2 Participation fees	174 000,00	87 000,00
01.3 Sanction fees	6 500,00	
01.4 Membership fees - Umbrella organizations		8 000,00
	220 500,00	95 000,00
02 Referee fee		
02.1 Examination	1 000,00	
02.2 Card renewal/fine	500,00	
02.3 Tie's, etc.	500,00	1 000,00
	2 000,00	1 000,00
03. Partners		
03.1 Sponsor	837 500,00	
03.2 Approval/License fee	500 000,00	
03.3 Logo fee		
03.4 Sponsor		20 000,00
03.5 Equipment Championships	100 000,00	100 000,00
03.6 Arnolds Classic	75 500,00	70 000,00
	1 513 000,00	190 000,00
04 Administration		
04.1 Telecommunication		4 000,00
04.2 Account fees, Tax		80 000,00
04.3 Internet costs – Homepages regions		10 000,00
04.4 Awards, Certificates etc.		1 000,00
04.5 Stationery		6 000,00
04.6 Organizer Compensation		30 000,00
04.7 Medals		
04.8 Computer Secretary		22 000,00
04.9 Expenses Allowance		58 500,00
04.11 Employees/Offices expenses		195 000,00
04.11 Lawyers /CAS/Court/etc.		35 000,00
	0,00	441 500,00
05 Travel		
05.1 Championships / Meal expenses		130 000,00
05.2 Intern. Congress / IOC / IWGA		25 000,00
05.3 World Games		
	0,00	155 000,00
Development Fund		
06.1 Travel		20 000,00
06.2 Equipment/other activities		65 000,00
06.3 Trainer Education	15 000,00	15 000,00
06.4 Regions Eleiko/SBD		70 000,00
	15 000,00	170 000,00
07 Anti-Doping		
07.1 Anti-Doping fees	330 000,00	
07.1.2 Anti Doping fees World Games		
07.2 Fines Nation	10 000,00	
07.3 WADA-laboratory + transport costs		90 000,00
07.4 National Agencies costs/ travel officers		20 000,00
07.5 CCES		310 000,00
07.6 Education		6 000,00
07.7 DHP Lawyer		30 000,00
07.8		
	340 000,00	456 000,00
08 Marketing & Media		
08.1 Travel		25 000,00
08.2 Road to		0,00
08.3 Newsletter/Magazine	1 000,00	10 000,00
08.4 TV / Internet streaming		210 000,00
08.5 Sportaccord		8 000,00
08.6 Eurosport		200 000,00
	1 000,00	453 000,00
09 Other		
09.1 Additional income / expenditure		1: 10 000,00
	0,00	10 000,00
Balance	2 091 500,00	1 971 500,00
Profit	120 000,00	

8) Auditors Report

Auditors Report



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Auditor report IPF 1.1.21 - 31.12.21

The bank account control and the verification of the bank account documents of the IPF was carried out on the 21st of February 2022 in Luxembourg. The audit period includes January 1st, 2021 to December 31st, 2021.

Nedim Gürel from A&NG SARL-S (LUX) and the auditor Xavier de Puytonac (FRA) and the treasurer of IPF, Dietmar Wolf were present.

Discrepancies about the bank accounts and bank account documents were not found.
The invoice-, income-and expenses documents are very well organized by individual document lists.
The treasurer has been certified correct work with each of the bookkeeping processes and is to grant discharge.

On December 31st, 2020, the IPF had a positive credit balance of 159 991,13 euros (GS Report December 2020). The financial situation has during the fiscal year increased to a positive credit balance of 161 777,04 euros (BCEE & PayPal), which leads to a financial surplus of 1.785,91 euros, as of December 31st, 2021.

Due to the COVID-19 period, in the first half of the year 2021, no competition activities were still possible, which partially weakened the incomes of the IPF. In the second half of the year 2021, there were again competition possibilities, which then gave the IPF additional incomes. Through this, the IPF could cover the expenses, and therefore the fiscal year ended with a surplus of 1.785,91 euros.

Luxemburg, 21.2.2021

Nedim Gürel
A&NG SARL-S

Xavier De Puytonac
Auditor IPF

INTERNATIONAL POWERLIFTING FEDERATION - IPF a.s.b.l. - Office 3, route d'Arion, L-8009 Strassen, Luxembourg
Non profit Association - R.C.S. Luxembourg 17468 - S.B.L.C. 22276082 - Matricule: 2007 6103 806 - TVA: LU22276082
IBAN: LU57 0019 1300 4802 5000 - BIC: BICLU233 - Bank: Caisse d'Epargne de l'Etat du Luxembourg
The IPF is affiliated to IAF, FISU, IWGA and WADA

9) Report from the Secretary General

Dear Friends:

Dear Colleagues:

I'm very pleased to report, despite the pandemic, as an organization, we continue to be extremely active.

I continue speak daily with the President Parage to ensure my/our responsibilities are fulfilled to advance the federation forward and to reach our ultimate goal of IOC Recognition. As I've reported to you before, Gaston is the engine that drives this organization. You will not meet anyone that works as hard or is as devoted to the sport of powerlifting than Gaston. Sigurjon Petursson, our Vice-President ensures our ship is steady and has gone above and beyond the call of duty.

I had the pleasure to work on the new IPF By-Laws and Constitution with Sigurjon. It took us nearly one year to complete the new documents. Interestingly enough, this was the first time in nearly 50 years our By-laws and Constitution were brought current. The Extraordinary Congress called to approve both documents was monumental. We achieved the quorum necessary to approve both documents. Most important, 78 of 94 member federations voted to approve the new By-Laws/Constitution. I wanted to ensure the final report was as transparent as possible, as it clearly showed how each member federation and EC Member voted – clear transparency.

Mr. Dietmar Wolf continues to handle and oversee our finances with precision. I have also the pleasure to work with Ms. Sonja Hoffman, in our office in the House of Sport -- Luxembourg National Olympic. My colleagues on the executive Committee are committed to ensuring our organization remains successful. Despite some increasingly difficult decisions, the IPF remains responsive, receptive and approachable. As a whole, we remain steadfast in our goal to achieve IOC recognition. My colleagues deserve your continued praise.

Special thanks to Emanuel Scheiber, our General Manager. It has been a pleasure to work with Emanuel on several projects. Notably, the World Games, FISU, UTS, IBSA, etc. The importance of the regionalized IPF University Cup Program, and the 2022 FISU World University Cup cannot be emphasized enough, as these two events bring us one step closer to IOC recognition. I want to also thank our VIP Partners -- SBD and Eleiko, and our sponsors. Their support and assistance enabled us "to keep our doors open" during the pandemic. Thank you once more!

It was a pleasure to work with both Gaston and Emanuel on signing MOUs with United Through Sports (UTS), the United Nations One World Project, and the International Blind Sports Association (IBSA). I worked with Alex Alvarado, the President of the Puerto Rico Powerlifting Federation, on the UTS Virtual Youth Sports Festival. Youth athletes from both Olympic/Non-Olympic Sports took part in this event that fell under the patronage of the IOC, IPC and SOI. My Sports For All Report details our successful efforts.

The AIMS Executive Board elections were held during early November 2021. Gaston Parage ran for me previous seat and was elected. It was an honor to serve on the on the Board of Directors to Association of Independent Members of Sport Accord (AIMS) for the past year 8 years. I'm most proud of the fact that during my tenure, AIMS received FULL IOC organization and participated fully in two UTS Youth Sports Festival. We also established two committees. One that will assist fledgling sports to receive recognition from GAISF. The other committee included the development of an AIMS Sports Festival. The IPF is a member of AIMS, and is listed in the IOC Sport Directory of non-recognized sports. Overall, my work with AIMS focuses on assisting IFs in achieving IOC Recognition. Before the end of the year, I shall accept as position on the Committee that shall approve federations to be considered for IOC recognition.

Last year, I continued to work on a project, with Gaston, which identified a list of non-member federation countries world-wide that we have reached out too. The project group has been transformed into the new Membership Commission. The IPF now boasts to have 136 member federations, the most member federations in our history. Notable returns to the IPF include one of our founding members – Jamaica. Portugal has rejoined as well. Most likely, we shall reach 140 member federations by this year!

This past year, the IPF Executive Committee had the unfortunate pleasure to exclude USA Powerlifting for conducting unauthorized testing. In short, on January 1, 2021, per the directive of WADA, all IPF member federations were required to use their National Anti-doping Organization to perform testing on their athletes. USA Powerlifting refused to follow this new WADA directive and continued to perform unauthorized tests on their athletes. After multiple requests by the IPF, to stop the unauthorized tests, USA Powerlifting declined and continued being non-compliant with the WADA Code. As a result, USA Powerlifting was suspended by the Doping Hearing Panel. After being suspended, USA Powerlifting continued their unauthorized testing, which led to the IPF EC having to call an Extraordinary General Assembly that was held on Sunday, November 7, 2022, in Stavanger, Norway. At the Extraordinary General Assembly, USA Powerlifting was excluded from the IPF. After the exclusion, on November 10, 2021, a new association – Powerlifting America – was accepted into the IPF as the new affiliate for the USA. The USA athletes may continue to lift at IPF International and World Championships.

Needless to say, legal cases presented to the IPF remain a distraction for the executive. Up to now, we've been successful in defending the cases, but litigation carries a huge expense, requiring significant time and resources for the organization. This time and effort should be used to concentrate on work that is constructive and benefits the organization. Once more, Gaston, Sigurjon, and Dietmar for their assistance in defending the IPF. I would also like to recognize the work of Mr. Ross Wenzel, our legal counsel in Switzerland, and Mr. Marc Theisen, our legal counsel in Luxembourg. Because of their efforts, we've achieved a number of successful outcomes. However, I want to stress, our efforts have come at a major expense in time, as well as our monetary resources that should have been directed toward both our application to the IOC, and to the development our organization, and most importantly to our athletes.

I would like to thank my colleagues on the executive, the committees, the commission members, the member federations as well as the athletes, coaches and referees. I look forward to our continued work, together, next year. Of special recognition, I would like to thank Mr. Hannie Smith and Mr. Richard Parker. Though difficult at times, your efforts and work are appreciated by everyone. Special thanks also goes to the Media Team – Your work is phenomenal. Eric, and Team, thank you!

Remain safe everyone!

My sincere and kind regards.

Respectfully,

Robert Keller
Secretary General
International Powerlifting Federation
Orlando, Florida, USA
February 20, 2022

10) Commission Reports

a) Technical Commission

Report from the Technical Committee

The Year 2021 pandemic year was a huge challenge, but the IPF hosted all the scheduled World Championships. We all hope that the world become normal again without COVID19 and the restrictions. All the World Championships were hosted under strict C19 protocols set by the IPF Medical Committee. Congratulations to all the Meet Directors and athletes who follow that rules without complaints!

Championships were moved from one country who were not able to host it to another and thank you to our IPF President who manage to get meet directors to host it.

The 6th World University Powerlifting Cup were hosted in Vilnius Lithuania from 8-10 July 2021 with 22 Women & 31 Men competed.

World Equipped Junior and Sub-Juniors Powerlifting Championships were hosted together with the World Equipped Masters Championships in Oradea Romania 23-28 August 2021 with 64 Women and 122 Men competed in the World Open S/Jnr & Junior Classic Powerlifting Championships were hosted together with the World Master Classic Powerlifting Championships in Halmstad Sweden at the Eleiko Head Office 23/09 -3/10/2021 with 359 Men and 291 Women competed.

World Classic & Equipped Bench Press Championships were held in Vilnius Lithuania from 22-31/10/2021 with 139 Women and 227 Men competed in Classic and 107 Women and 179 Men competed in Equipped Bench Press.

World Equipped Open Powerlifting Championships were held in Stavanger Norway 8-13/11/2021. This was also a qualifier for the World Games. 98 Women and 97 Men competed for a place in the WG. Congratulations to all of them who is included in the WG teams for next year in Alabama USA.

Congratulations to the 45 Referees that passed their IPF Category 1 & 2 Referee Examinations:

Name	Nation	Cat 1	Cat 2
Rodostina Lulova	Bulgaria		X
Jeff Butt	Canada		X
Cristopher Vega	Chile		X
Hung Hsiu_Ching	Chinese Taipei		X
Hsu Hsiao-Li	Chinese Taipei		X
Yang Sen	Chinese Taipei		X
Henning Thorsen	Denmark	X	
Franklin Leon	Ecuador		X
Gabriel A L Serrano	Ecuador		X
Paul Mash	Great Britian		X
Miklos Fekete	Hungary		X
David Tamas	Hungary		X
Aron Gautason	Iceland		X
Javad Javadfar	Iran	X Reg	
Morteza Hanghorbanlaricheh	Iran	X	
Ali Aliakbar	Iran	X	

Jafar Pirinia	Iran	X	
Alireza Dehbozorgi	Iran		X
Jack Thornton	Ireland		X
Dan Hurley	Ireland		X
Natalya Tskhay	Kazakhstan	X	
Pjotr vd Hoek	Nederland	X	
Christopher Rebreyend	Nederland		X
Ellen Commandeur	Nederland		X
Pieter vd Vijfeike	Nederland		X
Marthe Stavik Aas	Norway		X
Jannitzzi Tapia	Puerto Rico		X
Moise Gheorghe	Romania		X
Sorin Cazacu	Romania		X
Patru Valentin	Romania	X	
Ilia Kolesov	Russia		X
Milan Smiljanic	Serbia		X
Vesna Milordavic	Serbia		X
Eva Novomeska	Slovakia		X
Samo Zeleznik	Slovenia		X
Megan Leighton	South Africa	X	
Chanterlle du Toit	South Africa		X
Juan Salazar	Spain		X
Mothilal Jayathilake	Sri Lanka	X	
Kahaid Alhag Al Hagh	UAE		X
Vadym Voronetskiy	Ukraine		X
Evhen Haibei	Ukraine		X
Gene Bell	USVI	X	
Bill Helmich	USVI	X	

Thank you to all the Meet Directors who hosted the championships under difficult conditions. To all the referees who attend the championships, thank you for your time and effort, and hope to see you all next year in good health.

Several minor changes were made to the IPF Technical rules. The revised IPF Technical Rules are now posted on our website.

I received email regarding rules and gear and answered them hopefully to everyone's satisfaction. I am looking forward to see everyone in 2022.

Thank you my friends.
Johan «Hannie» Smith
Chairman, IPF Technical Committee

b) Women's Commission

Report from the Women's Commission

Positive feedback for 2021: The IPF followed their own guidelines and female lifters and female officials in powerlifting have been fully integrated. Although the situation because of Covid-19 pandemic was difficult again, international championships took place based on the hygienic management in the second half of the year.

After a waiting period of one year – in 2020 no competitions took place because of the pandemic situation - 2021 was the first year where we had equal number of weight classes for men and women really at championships. The number of lifters in these new weight classes at the World's was with 14 and 13 lifters very high. This clearly confirms that the decision was the right one.

These are the new categories:

No:	Class	Start	End	Comment
1.	-43 kg		43,0 kg	Only Sub-Junior and Junior
2.	-47,0 kg		47,0 kg	
3.	-52,0 kg	47,01 kg	52,0 kg	
4.	-57,0 kg	52,01 kg	57,0 kg	
5.	-63,0 kg	57,01 kg	63,0 kg	
6.	-69,0 kg	63,01 kg	69,0 kg	New
7.	-76,0 kg	69,01 kg	76,0 kg	New
8.	-84,0 kg	76,01 kg	84,0 kg	
9.	+84 kg	84,01 kg	unlimited	

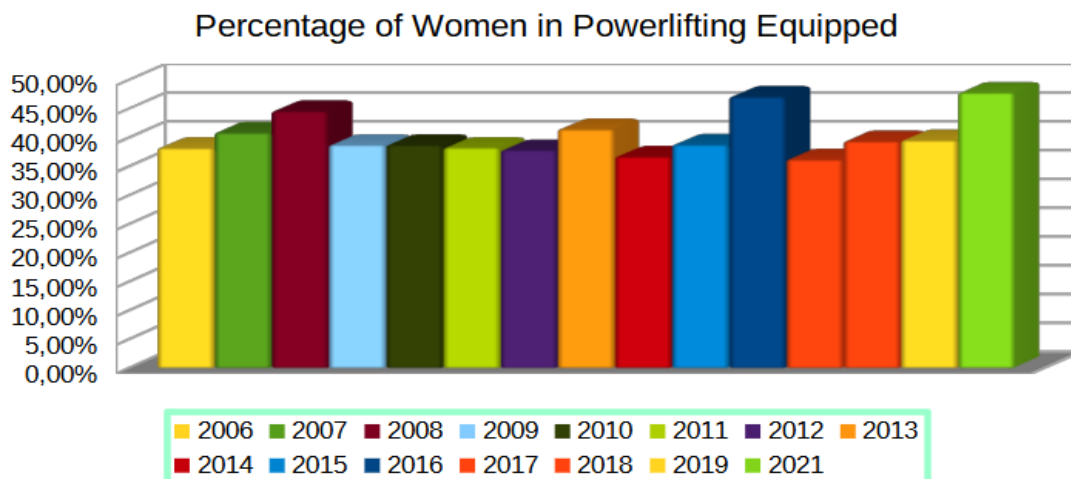
The former weight category -75,0 kg is replaced by -69,0 kg and -76,0 kg.

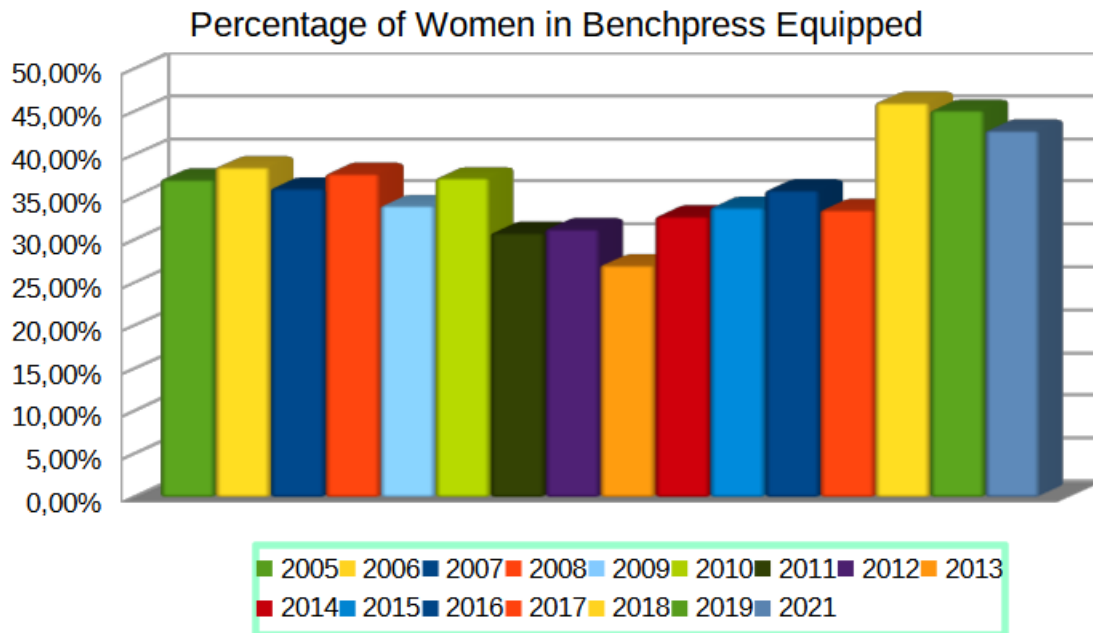
Media

A great step forward is the partnership with Eurosport. Sessions for women and men have been broadcast in the same way, millions of people could see the best female and male athletes.

Equipped Powerlifting & Benchpress

An interesting point is the number of female and male athletes at international Powerlifting and Benchpress Championships. The numbers below represent the numbers at World Championships in Powerlifting/Benchpress (Equipped), it's closed to 50%.





Committees

Having a look to the committees and commissions, the situation has also improved during the last year. The Athlete's Commission has with Tetiana Melnik and Pjotr van den Hoek a double top, Tetiana Melnik has been announced as female speaker last year. Dr. Maia Blackman does a great job as chair of the Anti-Doping Commission and Josephine Wing-Yuk Ip is the competent chair woman of the Medical and TUE Commission.

The Women's committee was reinforced by Tatiana Romanova, it still consist of five members.

We look forward to 2022, hopefully it will be a good year and all competitions can be done according to the calendar.

Respectfully,
Eva Speth
Chairwoman
IPF Women's Commission

c) Athletes Commission

Report from the Athlete's Commission – Pjotr Van Den Hoek

Active members: Marte Elverum, Joan Baez, Marcus Hirvonen and Pjotr van den Hoek, Tetyana Melnyk (Akhmamyetyeva)

Reserve member: Phill Richards.

Consultor : Inger Blikra

Speaker/IPF board Member Pjotr van den Hoek.

Female Speaker/IPF board Member Tetyana Melnyk

2021, The year that the international competitions started again.

This was the year were all the international competitions started again.¹⁸ We started in the 2nd part of the year, so many competitions all packed into 6 months, It was a great job from the IPF and the regions to get the everything up an running again. At one stage it looked like there was a international comp every weekend, but this was a luxury problem, because how happy was everyone to be able to get on the platform again.

We had to do with a lot of restrictions due to covid, but we made it work. As athletes commission we want to thank all the organizers, that they still managed to organize these competitions, for all the extra work that they had to do which was caused by Covid. They really have a heart for powerlifting. And a special big thanks to Eleiko for organizing the classic worlds at the last minute. What a great job by them and Gaston Parage to realize this competition.

But also a great thanks to all the extra volunteers that helped out at every competition, because of the extra rules thanks you

A short summary of the World cups championships.

But first a big thank you to the EPF and the Czech republic who bit of the spits with The European masters championships.

The University world cup was the 2nd comp in July Lithuania, it was a small competition due to covid but it was a beautifully organized and enjoyable competition, These students really support each other. From what I heard was the equipped junior and master worlds in Romania a fantastic competition. The World classic championships in Sweden organized by Eleiko, this was the first big competition again lots of competitors, some fantastic lifting. And very tasty waffles, once again thank you Eleiko. And then the World bench press which was picked up by Lithuania thank you. Only heard good news from there.

The Open equipped in Norway in Stavanger qualification for the World games always organized very well by Norway and here we were finally back on tv Eurosport, this was so exciting, I was lucky enough to be the commentator for Eurosport in the Netherlands, what a competition to commentate on.

This year was also a sad year for powerlifting with the removal of the USAPL from the IPF, i will not go into the politics of this, We as athletes commission felt really bad for all the lifters. But how happy were we and a big thank you to US Virgin islands to see most athletes still back on the platform. But it is also new and exciting chapter in Powerlifting with our new IPF affiliate Powerlifting America.

We wish them all the best and hope they produce lots of top Athletes, we suspect they will do.

Because of this we had to say goodbye to Priscilla Ribic as athletes commission member.

We want to thank her for all her input and wisdom, and wish her all the best for the future. Thank you so much Priscilla.

Like everything when one door closes another opens. And hereby I want to introduce our new athletes commission member I am pretty sure everybody already knows her.

As commission it was not possible to meet up all at once, but most of us have met each other during some competition and we have been in contact with each other through social media. We have a whats-app group which makes communicating easier. We also had several online zoom meetings some of which included our President Gaston Parage.

If you have any input or suggestions as athlete please contact us, or if you have any problems, questions or just want information please contact us by sending a email to the Lifterscommission@powerlifting-ipf.com or approach us personally.

And if you are a female lifter and would rather speak to a female please send an email to our female speaker Tetyana Melnyk.

Information about us you can find on the IPF website. We have a Instagram account and you can find us under ipf_athletes_commission where you can follow and tag us. So Hopefully we can answer some of your questions or give you information , so please mail us or direct message us on Instagram.

We are all looking forward towards a great 2022 with lots of exciting competitions happening, like the World games in Birmingham USA, the World classic Championships in South Africa, the first FISU powerlifting World Cup was moved from Moscow to likely France, the World juniors will be held in Turkey, the Bench press in Kazakhstan, The masters in St Johns Canada and the open Equipped in Denmark and so many more regional competitions it promises to be a fantastic year for powerlifting .

But the biggest party for powerlifting will be the 50th anniversary of the IPF 1972-2022.

Also this year we will be working together with all the commissions and committees from the IPF, To reach our goal of IOC recognition and to promote our sport worldwide.

Last of all I would like to thank all of our members, for their input, And Inger Blikra, who we have been able to consult and use her knowledge. And once again we would like to thank the IPF board and Gaston Parage for starting up this commission in Norway 2006.

Thank you for your attention and please stay safe and healthy,

Pjotr van den Hoek
Chairman, Athlete Commission – Men's Speaker

Athletes Commission

Report from the Athlete's Commission – Tetiana Melnyk

First, I have to say that I am happy to become a Female Athlete Commission Speaker last year. Notwithstanding that, I work as a Secretary General of Ukrainian Powerlifting Federation, train lifters and carry referee duty, the key place in my heart is given to athlete activity. All my life is dedicated to sport of powerlifting and always I look at all the issues from the point of view of an athlete. I would like all the athletes feel good and happy in our sport and I will be happy if I can do anything for achieving this.

Last year due to invitation of Asian Powerlifting Federation, together with IPF President Gaston Parage I had a chance to visit the Republic of Iran, namely Tehran.

There were several goals:

1. To find out the training and competing conditions of the Asian female lifters;
2. To carry the educational course for Iranian lifters;
3. To meet the head of Olympic Committee of Iran.

To tell the truth, there are many Iranian female lifters, but their training conditions are very different from what we have. Iranian girls cannot work out in one gym with men. That means that a man cannot coach or assist a woman. Of course, it closes the doors of equipped powerlifting for them. Another fact is that the girls have to train in full body suits and cover their heads with scarfs. Nevertheless, they still have a huge desire to do powerlifting.

This fact made me look at the different angle on the issue of full-body Suits at IPF competitions. During our visit, I carried out an educational seminar covering different topics, which were essential for the lifters. We talked about the rules of the execution of powerlifting exercises, detecting talented athletes, peculiarities of the female training, building training programs, etc. The lifters appreciated this a lot and I was happy to be useful.

In addition, I carried out a training course in the gym for the ladies. As the level of the female lifters there was not high, I tried to teach the technic of the basic exercises of powerlifting and the most effective assisting exercises. To continue with this educational issue, together with the Iranian Powerlifting Federation President we talked about the possibility of Iranian female lifters to come for the training camp to Ukraine.

Meeting with the President of the Olympic Committee of Iran made me sad. The religious traditions are very strong in this country and they forbid women participate in the competitions in Iran. The Olympic Committee has the same strong beliefs and is not going to change anything.

Therefore, I assume, we should work on this, look for the way-out for Muslim female lifters, and support them on their way to our powerlifting family.

Beside this, during this year I have been involved in the Rule group online meetings, where we had discussions on technical rule changes, and the Executive Committee meeting in Halmstadt, Sweden and online meetings.

Tetiana Melnyk
Chairman, Athlete Commission – Women's Speaker

d) Coach Commission

Report from the Coach Commission

Dear Ladies and Gentlemen

Due to the continuing COVID-19 worldwide and the high level of Covid- 19 in Sweden the coach commission is unable to organize any coach education course during 2021.

Dietmar Wolf was recently appointed as the Director of IPF Coach Education. Dietmar will be responsible for delivering the basic Coach Education to the regions. He will also continue to deliver the coach education course at the Eleiko Center, in Halmstad, Sweden.

My thanks to the commissions for their support during 2021 and hope for their continuing support with the development of the IPF Coach Education programme.

Ralph Farquharson
Chair Coach Commission

e) Youth Commission

Report from the Youth Commission

The work of the comission continues, and we try not to stop and go only forward. In this report, I will talk about the work done during this time.

Young athletes from the International Powerlifting Federation took part in the United Through Sports (UTS) Virtual Youth Sports Festival. The 2020 UTS Virtual Youth Sports Festival falls under the patronage of the International Olympic Committee (IOC), the International Paralympic Committee (IPC), the Special Olympics International (SOI), Global Association of International Sports Federation (GAISF), Sport Accord and the Alliance. It is a great honor and pleasure for me to announce the participants of last year:

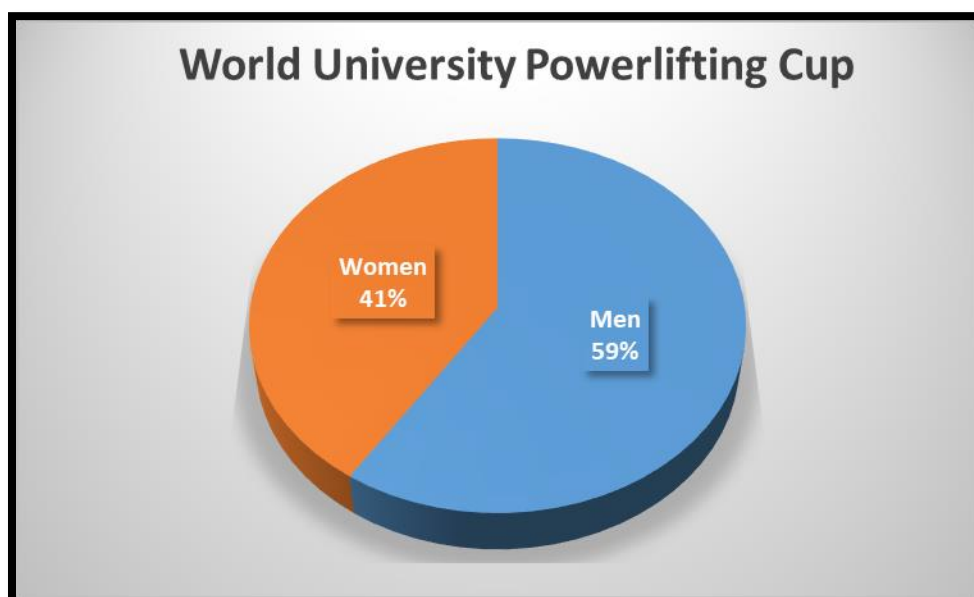
Gia Griffith (USA), Age group: 11-12,
 Charlie L. Velez (PUR) Age group: 15-16,
 Carlos Pedrego (PUR) Age group: 17-18,
 Ms. Griffith was a the Silver Medalist in the Age Group 11-12 for the Max Fit Competition.



The 2021 edition from the kingdom of Saudi Arabia to the world saw a record number of over 180,000 participants in the competitions, workshops, conference sessions and ceremonies. The IOC young leaders' workshop: Building a Better World Through Sport and the UTS ambassador workshop: Cultivate Community has seen a record number of over 30,000 participants showcasing of the youth of the world's interest in these important topics and making their voices heard.

- We have asked federations to start working with universities as we see that a lot has not been done yet, but participation in FISU is a serious request from the IOC. The IPF has done everything possible for this, but now the federations need to do their homework, because this is the future of the sport.

Unniversity CUP	Men	Women
	CI PL	W CI PI
Open	32	22



Above is the number of participants in the World University Cup among students and their gender ratio. Compared to last year, we are seeing a slight decrease in the number of participants, but we are truly pleased that at this difficult time for the whole world and all sports, we were able to organize this meeting in the summer of 2021, and not cancel.

We look forward to holding the first FISU Powerlifting Cup in France. This is another step forward in the history of IPF. But I also motivate all our regions to work more with universities, as this is very important and, of course, a place to recruit new young athletes.

- We also have one new commission member Bo Arends from the Netherlands and we welcome her.
- All committee members are actively involved in the discussion of important IPF issues.

Thanks to all my colleagues in the EC and my colleagues in the Youth Commission.

With respect and gratitude,
Nadezhda Churilova
Chairwoman of the IPF Youth Commission
Member of the IPF Executive Committee

f) Sports For All Commission

Report from the Sports for All Commission

As mentioned in my Secretary General Report, currently, I serve as the Chairman for the IPF Sports for all Commission. Presently, our federation's major work in the area of Sports for All centers mainly on the Special Olympics Program, both at the National and International level. Each year, we invite Special Olympic Athletes to take part in the World Open Championship. We continue to liason, through AIMS to work with Paralympic Athletes. Several times, we attempted to team up with with United Through Sports (UTS) to direct a joint Sports For All demonstration consisting of Special Olympic, Paralympic, and Blind and Visually Impaired Athletes at the World Bench Press Championships. However, due to the pandemic the past several years we've had to reschedule this initiative. During 2023, we shall attempts to have this event.



This year, I worked alongside Alex Alvarado on the UTS Virtual Youth Sports Festival. Once more, the IPF participated in the Max Fit Competition. The International Powerlifting Federation youth athletes were invited to participate in this festival that fell under the patronage of the International Olympic Committee (IOC), the International Paralympic Committee (IPC), the Special Olympics International (SOI), Global Association of International Sports Federation (GAISF), SportAccord, and the Alliance of Independent recognized Members of Sport (AIMS). This year's event took place on November 20-27, 2022, in Riyadh, in the Kingdom of Saudia Arabia.

2:

Overall, well over 100 international sport federations (both Olympic and non-Olympic) took part. Key and important, the UTS Virtual Youth Sports Festival invites all of us to stand in solidarity under the Olympic, Paralympic and Special Olympics values towards the promotion of inclusion, equality, non-

discrimination, and peace-promotion. I'm pleased to inform you that we had one finalist (Silver Medal) this past year – Ms. Gia Griffith from the USA.

The 2021 edition from the kingdom of Saudi Arabia with a record number of 180,000 athletes taking part in this year's event. The participants took part in sport competitions, conferences and workshops to include the opening and closing ceremonies.

The closing ceremony took place at the National Olympic Committee headquarters in Saudi Arabia with many VIPs present. The Vice President of the National Olympic Committee for the kingdom of Saudi Arabia, His Highness Prince Fahad bin Jalawi Al Saud, IOC member, Ms Aïcha Garad Ali, the President of World Taekwondo, Dr. Chou and so on...

Many other representatives from 13 recognised combat sports were part of the event. President of ARISF Raffael Chiulli, Christopher De Kepper the Director General of the IOC spoke on behalf of the IOC thanking UTS and the National Olympic Committee of Saudi Arabia for this inspiring initiative. The IPC President, Andrew Parsons showed joy on the IPC Inclusive Challenge and the Wethe15. While Mary Davis spoke about the all-inclusiveness of the IOC, IPC and SOI. His Royal Highness Prince Abdulaziz bin Turki thanked the youth of the world for their commitment and a unified voice towards a better tomorrow, also showing his pride of the kingdom for being the host. UTS President, Stephan Fox bowed to the youth of the world who were centre of this event rocking it from day one and showing us that living together in solidarity is possible.

There will be a special medal ceremony for all the competition categories on the 17th of December for the final round of the UTS World Virtual Youth Festival 2021.

Over 300 youth were invited to the National Olympic Committee receiving a medal and a certificate for their participation in the opening and closing ceremony, sports programmes and volunteering.

The livestream of the event had well over 130,000 viewers.

During November 2022, the World Virtual Youth Sports Festival will be held in the beautiful country of Uzbekistan. Please begin to prepare your athletes.

The IPF continues to have sporadic, but ongoing dialogue with the IPC. I'm also pleased to inform you that last year we signed an MOU with the International Blind Sports Association (IBSA). In short, the MOU, agrees to provide support to the IBSA Powerlifting Committee and their championships. We look forward to working with them. I want to send special thanks to Chip Hultquist and Cole Dunn from SOI. We continue to have monthly meetings with the SOI.

Overall, the Committee's work will play an important an active role in reaching our goal of IOC recognition. In the past, Mr. Chip Hultquist suggested a part of the competition a Coaches Training Seminar be held either the day before or day after the championships. The seminars would add to the attractiveness of the event for both Special Olympics and IPF programs. This seminar could emphasize IPF/Special Olympics Powerlifting Rules, Training of Special Olympics Athletes, Coaching of Special Olympics Athletes in Competition and any other area that you feel should be added from the IPFs perspective.

Finally, the success of this committee belongs to my hardworking colleagues – Heather Leighton (South Africa), Alex Mathieson (Great Britain), Mariusz Damentko (Poland), Chip Hultquist (USA) and Anett Langva (Sweden) and our President, Gaston Parage.

Thank you very much,
Robert Keller, Chairman, Sport for all Commission

g) Entourage Commission

Report from the Entourage Commission

Chairperson – Shane Martin

Members – Gaston Parage, Sigurjon Petursson, Dr. Ip Wing Yuk, Mervi Sirkia, Lawrence Maile, Nick Naylor, Inger Blikra, Jonhan Hannie Smith, Maria Moscianese, Miklos Fekete, Ralph Farquharson, Jennifer Thompson, and Olga Ignatenko

RE: Year End Report

This year as the new chairperson for the Entourage Committee there was limited progress as due to the Covid situation. Since then, I have reviewed past meeting minutes, which were from 2018 and included tasked projects to members and outside committee members to complete. The projects in progress are still ongoing but unfortunately with the pandemic continuing to impede our sports life, there has been limited progress. Below are the tasked duties of the committee and what we hope to accomplish this coming cycle.

Moving forward this year, the Entourage Commission would encourage direction from the IPF and a road map of potential projects we can to continue to improve the IPF.

The duties of the Entourage Commission are:

1. To give support to the General Assembly to follow and to accomplish the General Principles dictated by the IOC and written in the Olympic Charter.
 - Ready to support directives from leadership.
2. To propose to the Executive Committee adequate actions to protect the interests of Athletes with particular regard to the female, Sub-junior and Junior athletes.
 - Adel Anti-Doping Program now active and aligns with this directive. Further development to improve safety and supports will continue when projects are developed.
3. To deal with matters concerning the relationship between athletes, coaches, managers, sponsors, and all other persons promoting the athletes' sporting career.
 - Information gathering will be prioritized through child protective services, sport litigators, and leadership in sport to understand how this problem may impact the IPF and present solutions to prevent any potential issues.
4. To cooperate with the Coach Commission to provide the best possible environment for the athletes especially at the beginning (i.e., combine powerlifting with work/study) and at the end of a sporting career.
 - I will be attending multi International events this year where we can further develop our intra committee relationship and meet with IPF executive in person to continue our work.
5. To give support to the Executive Committee to obtain the IOC recognition.
 - Committee is ready to support this pathway with assigned directives as they come.

In conclusion, the Entourage Committee operated but at a limited capacity as the pandemic continues to negatively impact our sport. We are hopeful for the future and look forward in developing, supporting, and promoting the great sport of powerlifting under the IPF. I want to thank every committee member and IPF executive for their continued hard work during these uncertain times. We are all excited to get back to the platform to support our memberships!

With Respect,

Shane Martin
Chairman, Entourage Committee
President, Canadian Powerlifting Union

h) Medical Commission

Report from the Medical Commission

2021 is a difficult year for Championships due to COVID-19 pandemic. The MC prepared a recommendation paper for COVID-19 precautions for Championships. The recommendation was followed by the organizers as far as possible and there is no outbreak of COVID infections in all the IPF Championships.

Dr. Josephine IP
Chairwoman
IPF Medical Commission

Report from the TUE Commission

The new TUEC pathway was confirmed and was posted in IPF website. The TUE procedures are compliant with WADA requirement.

There are 5 TUEC members from the 5 continents. All 5 members are at specialist level with appropriate specialties. All have declared no conflict of interest to take up this task.

There is a charge of 100 euro for TUE application from 2021 onwards. There are many inquiries before the actual TUE application and appropriate advice was given. Many conditions do not require TUE so appropriate advice of TUEC saves up lifters' time and effort in unnecessary TUE applications. There are 4 completed TUE applications in 2021.

In 2022, TUE will be compliant with the service target of WADA and the TUE procedures will be more efficient, transparent and accountable.

Dr. Josephine IP
Chairwoman
IPF TUE Commission

i) Law & Legislation Commission

Report from the Law and Legislation Committee

I remain the Chairman of the Law and Legislation Commission on an interim basis. The Commission is extremely active and ALL of the Committee Members participate. It is a pleasure to work with the following the honorable Committee Members: Mr. Sandro Rossi (Italy), Mr. Mohammed Marie (Egypt) and Mr. Keith Tam (Hong Kong).

Once more, our primary responsibility is to review and approve the Constitutions for the New Provisional Member Federations requesting to join the IPF. The Commission carefully reviews these documents and offers corrections on missing articles which need to be added to their constitutions. We also review the Membership Data Forms, Championship Results, Letters of recognition from either the Ministry of Sport and/or National Olympic Committee and to ensure the association/federation is registered in the Public Registry in the country requesting to join. Overall, the documents are heavily

scrutinized to ensure the NEW member federations accept and adopt the IPF Technical Rules, IPF Anti-Doping Rules, the IPF Constitution and By-laws, and our related policies and guidelines.

There were four (4) new federations accepted since my last report: Azerbaijan, Powerlifting America, Saudi Arabia, and Suriname.

The following member federations are currently preparing their documents for membership – they remain pending: Bolivia and St. Kitts/Nevis.

The present count of member federations is now 138. We shall comfortably reach the mark of 140, by the end of this year. A testament to the increased global popularity of our sport!

Thank you,
Robert Keller
Interim Chairman
Law and Legislation Commission

i) Rules Commission

Report from the Rules Commission

The Goals and Objectives of the Rules Commission is to revise and update the IPF Technical Rules. Changes to the IPF Technical Rules take place every four years, the year before the elections. The Rules Working Group is composed of members of the Executive Committee, the members of the Technical Commission, and one representative from the following Commissions: Athletes, Coach, Medical, Women's and Youth.

The Rules Group met at the end of last year. There were some minor changes/corrections made to the rulebook which has been posted on the website.

Thank you,
Hannie Smith
Chairman, IPF Rules Commission

k) Membership Commission

This is the IPF's newest Commission established by President Parage.

Originally started as a working group, the primary objectives of this commission are to develop and revise criteria for evaluating applications for membership into IPF, and to recruit Powerlifting Associations/Federations in countries that are not represented in the IPF.

Special thanks to our 6 regional Committee Members:

- Africa (Robert Pozzacchio)
- Asia (Tatyana Romanova)
- Europe (Philippe Parage)
- North America (Alex Alvarado)
- Oceania (Robert Keller)
- South America (Shirley Chavez)

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Thank you,
Robert Keller
Chairman, IPF Membership Commission

I) Court of Justice (Formally the Ethics & Disciplinary Committee)

Report from the Court of Justice

Covering the period: January 1, 2021 to December 31, 2021.

The Court of Justice (CoJ) currently comprises the following members:

Richard Parker (Great Britain)	- Chairman
Gennadii Khodosevich (Russia)	- EC Appointee
Pavol Muller (Slovakia)	- Europe
Andre Smith (South Africa)	- Africa
Roland Blasi (Luxembourg)	- EC Appointee

The Court of Justice (CoJ) examines and decides on disciplinary cases within the IPF and determines penalties, except on doping related cases. In order to ensure objectivity and to prevent partiality, if a case involves a national of one of the countries from which a member of the COJ comes, the said member recuses themselves and is not involved in processing of the case.

The CoJ deals with non-doping related complaints received through the IPF Secretary General from the Executive, Regions, Nations or individuals.

a. IPF Executive:

- i. Allegation that the Iraqi team at the 2021 IPF Equipped World Sub-Junior and Junior Championships substituted one lifter for another during the competition. This was investigated, complaint upheld and appropriate penalties imposed.
- ii. Allegation that at the 2021 IPF World Classic Championships a French lifter used illegal supportive equipment. This was investigated, complaint upheld and appropriate penalties imposed.

b. Regions – none

c. Nations - none

d. Individuals – none.

Richard Parker
Chairman
Court of Justice

m) Court of Appeal

Report from the Court of Appeal

Last year, the Court of Appeal had to deal with two cases. First, the appeal of the USAPL regarding the recognition of the world records set at the 2020 Arnold Classics. Due to the time limit for filing this appeal, this request was dismissed. The possibility of pursuing the matter at the CoAs discretion was not pursued due to the appeal's low chances of success.

Furthermore, the Court of Appeal dealt with an appeal by the Iraqi Powerlifting Federation. Two Iraqi junior lifters had deliberately switched the order within their attempts with the help of their coaches at the 2021 Youth and Junior World Championships. According to the assessment of the facts, this was done intentionally and with intent to deceive. The appeal was nevertheless only partially upheld. While the

Court of Appeal saw no objections to a suspension of the athletes and their coaches as well as a fine against the federation, a penalty and the resulting suspension of all athletes of the federation was refrained from.

Finally, there was a change in personnel and Nicolas Göb took over the role of chairman on an interim basis.

With kind regards remaining the Court of Appeal.

Nicholas Goeb
Interim Chairman
IPF Court of Appeal

n) Ethics Commission

Report from the Ethics Commission

This newly established Commission remains vacant. The IPF EC is actively searching for a chairman of this commission. Member Federations should nominate someone for this position.

In accordance to our new By-laws, an Ethics Commission shall be established and maintained by the IPF to hear and decide all breaches of the Code of Ethics in accordance with the Rules as set out in the Constitution and By-Laws.

The Ethics Commission shall operate independently of the IPF in accordance with the Constitution, By-Laws, and applicable Rules. The Executive Committee shall appoint an independent and impartial Ethics Commission composed of 3 members who are legally qualified persons and who shall serve for the quadrennium. One shall be appointed Chair of the Commission.

o) Anti-Doping Commission

Report from the Anti-doping Commission

Dear Member Federations,

The following is a review of the IPF's anti-doping activity from 2021 based off of available data in ADAMS where the IPF is indicated as the Testing Authority.

Numbers by Quarter

Quarter	Tests ¹	Samples				UARs	AAFs
		Urine	Blood	Passport ²	Total		
Q1	36	36	-	-	36	7	-
Q2	62	62	1	1	64	4	1
Q3	98	99	-	-	99	4	3
Q4	241	242	10	-	252	5	12
TOTAL	437	439	11	1	451	20	16

¹ Tests are defined as any number of samples collected on an athlete during a single test session.

² Blood samples collected in support of the Athlete Biological Passport.

Numbers by Test Type

Type	Tests ¹	Samples	UARs	AAFs
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		Urine	Blood	Passport ²	Total		
In-Competition	294	295	-	-	295	0	14
Out-of-Competition	143	144	11	1	156	20	2
TOTAL	437	439	11	1	451	20	16

¹ Tests are defined as any number of samples collected on an athlete during a single test session.

² Blood samples collected in support of the Athlete Biological Passport.

Numbers by Nation

Nation	Tests Total ¹	Male Athlete ²	Female Athlete ²	Samples				UARs	AAFs
				Urine	Blood	Passport ³	Total		
ALG	3	1	-	3	-	-	3	-	-
ARG	1	1	-	1	-	-	1	-	-
ARU	1	1	-	1	-	-	1	-	-
AUT	1	-	1	1	-	-	1	-	-
BEL	2	-	2	2	-	-	2	-	-
BLR	1	1	-	1	-	-	1	-	-
BRA	13	3	3	13	-	-	13	-	1
BUL	1	1	-	1	-	-	1	-	-
CAN	8	3	4	9	-	-	9	1	-
CHI	1	-	1	1	-	-	1	-	-
COL	1	-	1	1	-	-	1	-	-
CRC	4	1	-	4	-	-	4	-	-
CZE	6	4	-	6	-	-	6	-	-
ECU	21	8	3	21	-	-	21	3	2
ESP	2	1	1	2	-	-	2	-	-
FIN	3	1	1	3	-	-	3	-	-
FRA	9	5	3	9	-	-	9	-	-
GBR	43	21	17	43	-	-	43	-	-
GEO	4	3	-	4	-	-	4	-	-
GER	6	3	3	6	-	-	6	-	-
GUY	2	1	-	2	-	-	2	-	2
HUN	1	-	1	1	-	-	1	-	-
IND	11	4	3	11	-	-	11	3	1
IRI	14	12	-	14	-	-	14	-	3
IRL	1	-	1	1	-	-	1	-	-
IRQ	1	1	-	1	-	-	1	-	-
ISL	2	1	1	2	-	-	2	-	-
ISV	21	8	6	21	-	-	21	-	-
ITA	4	-	1	4	-	-	4	-	-
JPN	2	1	1	2	-	-	2	-	-
KAZ	33	17	10	33	-	- 30	33	6	4
KUW	1	1	-	1	-	-	1	-	-
LAT	2	1	-	2	-	-	2	-	-
LIB	2	-	2	2	-	-	2	-	-

LTU	2	1	1	2	-	-	2	2	-
MGL	12	6	-	12	-	-	12	-	1
NED	3	1	2	3	-	-	3	-	-
NOR	5	1	4	5	-	-	5	-	-
PHI	1	-	1	1	-	-	1	-	-
POL	12	7	3	12	1	1	14	-	-
ROU	1	1	-	1	-	-	1	-	-
RSA	16	9	5	16	-	-	16	-	-
RUS	67	26	22	68	-	-	68	-	1
SUI	1	1	-	1	-	-	1	-	-
SWE	4	2	2	4	-	-	4	-	-
TJK	1	1	-	1	-	-	1	-	1
TPE	8	3	-	8	-	-	8	-	-
TUR	2	2	-	2	-	-	2	-	-
UKR	40	15	8	40	10	-	50	1	-
USA	30	15	12	30	-	-	30	4	-
UZB	3	1	-	3	-	-	3	-	-
ZIM	1	-	1	1	-	-	1	-	-
TOTAL	437	197	127	439	11	1	451	20	16

¹ Tests are defined as any number of samples collected on an athlete during a single test session.

² Athlete is defined as a specific athlete and not the total number of athletes tested

³ Blood samples collected in support of the Athlete Biological Passport.

Respectfully,
Dr.Maia Blackman
Chairwoman, IPF Anti-doping Commission

p) Doping Hearing Panel

Report from the Doping Hearing Panel

Dear Colleagues,

Because of the impact of the COVID Pandemic on international competitions, the DHP has had no cases in the past year, and has not been called on to address any ADRVs or rules violations in this time frame.

USA Powerlifting was suspended by the DHP Panel for unauthorized testing of their athletes.

Thank you,
James Cirincione
Chairman, Doping Hearing Panel

q) Media Team

Report from the Media Officer

3:

Due to the pandemic we could only focus on the events in the second half of 2021. We were very happy that all events could mainly take place as planned.

Regarding live broadcasting our viewing numbers from pre pandemic times could not be reached regarding amount of views but could get extended to more minutes viewed. This means that in total we had 3.510323 video views across all channels. We had a significant drop in views on Facebook which is due to their changes in algorithm of the news feed.

Regarding minutes watched, we had 16.921.470 minutes of video watched across all channels, this is an all time high.

Highlight of 2021 was definitely the broadcasting of two live sessions and highlights on Eurosport which reached more than 6 million people all over Europe and Asia. We are sure to raise this figure in 2022! Regarding social media, we could increase the frequency and quality of posts tremendously since Mrs. Jo Whiteley took over these duties. With that going, also our numbers of followers increased and of course the total reach and engagement.

With the 2022 World Games in Birmingham, we will surely be able to reach new heights on all channels.

Eric Rupp
IPF Media Officer

11) Regional Reports



a) Europe

Report from the President of the European Powerlifting Federation (EPF)

General Assembly.

The EPF GA was organized in Pilsen, Czech Republic 2.8.2021.

Delegates from 16 member nations and 7 EC members were present.

Hall of Fame.

EPF Hall of Fame 2021 was awarded to Johnny Wiklund (official) from Sweden, Eva Buxbom (lifter) from Denmark and Tony Cliffe (lifter) from Great Britain.

International championships.

In 2021, EPF managed to host all 7 scheduled European championships and cups at the second half of the year.

The number of participants were however lower (1500) than normal due to the Covid-19 pandemic restrictions.

General.

From 2021, signed contracts with Rogue Fitness and A7 Fitness has bettered the economy of EPF. This makes it possible to increase the number of high-quality streaming from European championships. Besides, a high number of IPF recognized equipment have been donated free of charge to national organizers of European championships and cups. By these agreements, it has as well been possible to strengthen the EPF administration by two persons – one Consultant dealing with sponsorship and one Media Secretary. Rogue Fitness and A7 Fitness will as well help to bring our sport more known all over Europe as they have resources and manpower to work with the Media.

The economy of EPF suffered from the low activity in 2020, but in 2021 the account balanced at about plus 41.000€.

Strategic plan.

The EPF Strategic Plan was introduced in 2016 and has been updated from year to year. Last update is for 2021-2024 and the strategic plan is a guideline for the administration.

One of the goals has been to reach 40 member nations and at the end of 2021, 39 full members have signed in.

Another goal was to reach a mutual agreement with the European University Sports Association (EUSA). This was reached in 2020 and a representative took part in the European University Cup 2021, which was organized in France. The feedback we got was that the cup was very professional organized and a great event for the Students in Europe.

3:

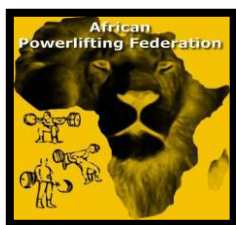
EPF Officials.

The EPF officials have been busy this year as well and especially the second half of the year with preparing and following up all championships organized. Contracts have been prepared and sent out to organizers in 2022 and the preparation for the 2022 season is in good progress.

No federation or company is better than people doing the work and I am proud to state that EPF has dedicated and hardworking officials and contracted people that cooperate perfect in the leading team and with the national member federations as well.

They all deserve a great Thank You for running European powerlifting!

Arnulf Wahlstrom
President
European Powerlifting Federation



a) Africa

The year 2021 was another difficult year for the APF member nations, with the ongoing pandemic hampering travel to international events. Despite these difficulties, lifters from South Africa, Morocco, and Egypt managed to participate in the World Classic Powerlifting Championships in Halmstad, and the World Open Powerlifting Championships in Stavanger.

In 2021, the African Powerlifting and Bench press Championships was held in South Africa, in December 2021. Unfortunately, with a new variant of the COVID-19 virus causing concern worldwide, a large number of member nations were unable to travel to South Africa for the championships. The event continued, with teams from Namibia and Zimbabwe as well as host nation South Africa, making up the 87 lifters who competed. The event incorporated the APF University Cup, as well as the Arnold Classic Africa Powerlifting events.

Due to the travel restrictions, the APF General Assembly was postponed and will be held virtually instead of in person.

In April, IPF President Gaston Parage, Gen Manager Emanuel Scheiber and myself attended a meeting with representatives of FASU, the Federation of African University Sports, with the purpose of starting discussions around a Memorandum of Understanding between the APF and FASU. A draft MOU has been produced, which is under review by both parties. This will complement the existing agreement between the IPF and FISU, and pave the way for similar relationships between our member nations and their corresponding National University Sports associations. In this spirit, the 2021 African Powerlifting and Bench Press Championships incorporated the APF University Powerlifting Cup.

Three new African countries were accepted as Provisional members of the IPF at the 2021 General Assembly, being Uganda, Tunisia and Central African Republic. We welcome these nations into the APF and look forward to meeting their lifters and officials at our regional and international events in the future. Our APF Technical Chairman, Hannie Smith, who is also the IPF Technical Chairman and President of the South African Powerlifting Federation, was honoured by being inducted into the IPF Hall of Fame in

2020. We offer him our congratulations and gratitude for his decades of service to powerlifting. Hannie received his award together with the 2021 recipients in Norway.

Two African referees were certified in 2021, namely Chantelle du Toit, who passed the Category II exam at the African Championships, and Megan Leighton, who became a Category I referee at the World Open Championships.

I remain encouraged and excited at the progress being made in Africa and extend my thanks to the dedicated APF Executive.

Heather Leighton
IPF EC Board Member - Africa
Vice-President, Africa



c) Asia

Report from the President of Asia Powerlifting Federation

Dear friends,
Dear colleagues,

As you all know, 2021, like 2020, has created special conditions in Asia in terms of the spread of the Corona virus. (Which is still the case).

In this situation, unfortunately, we lost some of our friends in different countries.

Since Asia is a densely populated continent, sports conditions and activities are a bit more difficult. In fact, national federations in Asia, under the influence of government power, are allowed to hold sports activities, and finally, we in the situation that arose, We lost all our competitions.

In the last months of 2021, with several meetings I had with the members of the Board of Directors of the Asian Federation and also the President of the International Powerlifting Federation, it was decided to prevent drowsiness in the Asian region in another geographical location that was easier to host. And activate the athletes of this region as well as other continents.

The competitions were held from December 24 to 30 with the necessary coordination in Turkey-Istanbul, and the athletes competed in powerlifting, chest press, with equipment and without equipment. More than 600 athletes participated in the competition in Indore.

Finally, I would like to thank:

- A. President of the International Powerlifting Federation Mr. Gaston Parage^{3!}
- B. All executive members of the Board of the International Powerlifting Federation (to agree to hold the Asian Championships in the European Region)
- C. All executive members of the Board of Directors of the Asian Federation

D. President of the Turkish Powerlifting Federation and all his colleagues

E. All participating teams, including lifters, officials, coaches and referees, without whose participation, it would not have been possible to hold the competition.

2022 APF Calander

1. Asian Equipped Powerlifting Championship to be held in India - Coimbatore (1 to 6 May)
2. Asia Pacific University Cup Powerlifting Championship To be held in UAE - Sharjah (1-5 August)
3. 2022 Asian classic and Equipped, Bench press championship in Mongolia (September 1-5)
4. 2022 Asian - Pacific Powerlifting and Bench press, Classic and Equipped championship in Hong Kong (September 24-30)
5. 2022 Asian Classic Powerlifting Championship in Malaysia - Kulalampur (5-12 December)

Thank You

Thank you,
Farshid Soltania
President, Asian Powerlifting Federation
IPF EC Board Member – Asia



d) North America

Report from the President of the North American Powerlifting Federation

Dear Members of the IPF General Assembly,

The year 2021 was a difficult year for the region, not only due to the COVID-19 pandemic, but also due to the dispute between the USA Powerlifting (USAPL), and the IPF regarding their anti-doping criteria. The USAPL was expelled from the IPF in an Extraordinary General Assembly, held on 7 November 2021, in Stavanger, Norway. The USA Powerlifting was expelled for non-compliance with the WADA Code and ongoing violations of the Code, even after their suspension earlier that year.

We are a 21-member organization and will maintain our commitment to the IPF guidelines in the fight against doping, as set out in the IPF Executive Committee letter issued on August 15, 2021; as well as the calendar of competences agreed at the NAPF General Assembly in 2020.

With mettle and courage, the newly elected NAPF EC ensured to face up the challenges up ahead for the benefit of our affiliates and in the development of powerlifting in the region.

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The NAPF Executive Committee as November 2021 are:

- NAPF President and IPF EC NAPF Representative – Dr Hugo Velasquez
- NAPF Interim Vice President – Linda McFeeters
- NAPF Interim Treasurer – Nora Montilla Keller

- NAPF Secretary General – Alex Alvarado
- NAPF Chairman Technical Committee – William Clayton

The NAPF EC has been busy with his duties in 2021:

- Welcoming the Powerlifting America led by Robert Keller to the NAPF, and giving him full support
- Advisory in the development of the sport in Jamaica, regarding coaching and refereeing.
- Involvement of Special Olympics in the NAPF Regional Powerlifting Championships.
- Intermediary with the IPF in Mexico between FEMEPO / FELIPOME and CONADE
- Contacting the remaining countries in the region to become IPF affiliate (Cuba, Honduras, St. Vincent & Grenadines, Curacao, Turk and Caicos Islands, Saint Kitts and Nevis)
- Program to have more IPF certified referees in the region.
- Completion of the invitation for the 2022 NAPF Championships in Panama and Puerto Rico.

The NAPF organized 3 major championships, amidst the COVID pandemic

1st NAPF / FESUPO Pan American University Cup

August 2021, Orlando, Florida, USA

Women – 5 athletes

Men – 11 athletes

7 participating countries.

18th Annual NAPF North American Powerlifting Championship

18th NAPF / FESUPO Pan American Powerlifting Championship

August 2021, Orlando, Florida, USA

Participation:

Classic – Women 32 athletes

Classic – Men 69 athletes

Total – 101 athletes

Equipped – Women 19 athletes

Equipped – Men 22 athletes

Total – 41 athletes

14 participating countries

15th Annual NAPF North American Regional Bench Press Championship

8th NAPF / FESUPO Pan American Bench Press Championship

October 2021, San Jose, Costa Rica

Classic Women – 10 athletes

Classic Men – 14 athletes

Total – 24 athletes

Equipped Women – 6 athletes

Equipped Men – 9 athletes

Total – 15 athletes

7 participating countries.

Finally, this past year, in Orlando, at the NAPF Championship we honored Mike Armstrong (Canada) and Rhaea Stinn (Canada) with the NAPF Hall of Fame. Well deserved honors.

I want to take this opportunity to congratulate the athletes that were ³selected to attend the IWGA World Games that will be held on July 7-17, in Birmingham, Alabama.

Canada – Rhaea Stinn

Costa Rica – Manolo Campus

Puerto Rico – Maria Luisa Vasquez
USA – Bonica Brown
USA – Heather Conner
USA – Steve Mann
USA – Noah Johnson

USVI - Ian Bell
USVI - Gregory Johnson
USVI - Alexis Maher
USVI - Joe Cappellino
USVI - Paul Douglas
USVI - Kimberly Johnson
USVI - Taylor LaChapelle
USVI - Kelsey McCarthy
USVI - Kloeie Dublin

We look forward to a successful year in 2022 with the retaking of major championships in the region.

In closing, I want to send my sincere thanks to the NAPF EC, Commission Members, and event volunteers for their continued work. Well done!

Thank you, and I wish everyone a successful General Assembly.

Dr. Hugo Velasquez
President
North American Powerlifting Federation



e) South America

Report from the IPF EC Board Member for South America

Dear IPF colleagues,

In the year 2021, despite the fact that the situation due to the Covid-19 pandemic is not yet over, we will held the South American Powerlifting Championship and Bench Press Classic and Equipped, in the month of December from 8 – 12 , in the city of Guayaquil - Ecuador. Achieving a very good reception by the participating nations, reaching a total of 210 participants from 6 South American countries.

The following delegates attended the FESUPO Congress, which took place on December 8:

Julio Conrado, Brazil - President
Kenji Nakama, Peru - Vice President
José Luis Inguanti, Argentina - Secretary General
Marcos Sánchez, Ecuador Representative of FESUPO before IPF
Patri Fernández, Peru - Delegate
Felipe Pizarro, Chile - Delegate
Christian Diaz, Ecuador - Delegate

Carlos Garcia, Colombia - Delegate

The dates and venues of the next South American Championships for the years 2022 and 2023 were determined

2022 Sao Paulo – Brazil September 12-18

2023 Lima – Peru September

For the organization of the following South American Championships, the host countries must present a project until March of the year in which said Championship will be held, confirming all the necessary requirements for its realization.

We are very pleased with the excellent and outstanding participation of the athletes who qualified for the World Games, Birmingham – USA 2022, which I detail below:

Brazil

Ladies: Iranian Rodríguez, Erica Bueno, Cícera Tavares, Ana Castellain

Boys: Eric Oishi, Eudson Lima, David Coimbra

Ecuador

Ladies: Vilma Ochoa, Kenya Monserrate, Johanna Aguinaga

Men: Franklin Leon, Alex Ochoa, Moises Villon

Thanking you for your attention to this report, I subscribe to you,

Sincerely,

Mark Sanchez

IPF EC Board Member – South America



f) Oceania

Report from the Oceania Regional Powerlifting Federation

Mission:

We see the ORPF as a facilitator for the professional development of our member nations in competing, coaching and as officials. Being involved with sport at a high level has an effect of developing the careers of our members and providing opportunities to the members of our region is of utmost importance to the executive of the ORPF.

Executive and elections:

Again, due to covid19 and the harsh restrictions on travel in the region it has not been possible to hold a regional championship and an in-person AGM. We still have difficulty in getting all member nations to attend a virtual meeting as per the constitution. This difficulty is the result of unreliable internet access across the region, and we are looking at ways to ensure we can overcome this in the future. Due to these restrictions, we have again made the decision to roll over all executive positions from the Pacific Games general assembly, the current positions are.

President: Mr. Eric Jioje of Fiji
Vice President: Vacant
General Secretary: Mr. Sailo Tulifau of Samoa
Treasurer: Prof. Gordon Thorogood of Samoa
Chair Technical Committee: Ms. Pam Cutjar of Samoa
Record Keeper: Mr. Joel Riddings of Australia
Womens Committee: Ms. Posie Bop of Nauru

5-year plan:

Unfortunately, due to travel restrictions we have had put our 5-year plan on hold. However, the two main issues remain for member nations which are international refs and access to equipment of a good standard to train with.

Referees:

It remains the main goal of the ORPF and the Chair Technical Committee to qualify as many referees as possible within the next 5 years. In the past member nations have attempted to undermine events by refusing to grant permission for Cat 1 and 2 refs from their nations to attend events this then resulted in the IPF having to fly in referees from other regions at great cost. It is our intention to ensure that this will not occur in the future though unfortunately it looks as though this will be the case for the upcoming Oceanias and Pacific Games.

Equipment:

The Niue national powerlifting gym has been established in preparation for the upcoming Oceania championships. Currently it houses second hand Ivanko bars and weights, plus a power rack and bench. To prepare for the Oceania championships we will have to source two more racks and benches. The set of Eleiko weights that will be assigned to the region this year will be going to Niue to be used for the championships.

Member nations: 11

Fiji Powerlifting Federation
Kiribati Powerlifting
Nauru Powerlifting
New Caledonia Powerlifting
New Zealand Powerlifting Federation
PNG Powerlifting
Tahiti Powerlifting
Tonga Powerlifting
Tuvalu Powerlifting
Samoa Powerlifting
Solomon Islands Powerlifting
Niue Powerlifting Federation

Possible future nations: 1

American Samoa Powerlifting

Regional championships:

2021 Oceania Championships: Were cancelled due to covid travel restrictions.

2022 Oceania Bench Press and Powerlifting Championships: Are scheduled to be held in Niue between 12th – 13th October. We are currently in discussions with the Matavai Resort which is currently closed due to travel restrictions.

https://www.scenichotelgroup.co.nz/locations/south-pacific/niue/scenic-matavai-resort-niue?utm_source=Google%20My%20Business&utm_medium=organic&utm_campaign=Scenic%20Matavai%20Resort%20Niue%20GMB

Promisingly it has recently been announced that travel restrictions in Australia will be lifted on the 21st of February. This is important as a lot of connecting flights to the region were routed through Brisbane and so many airlines suspended their services. We expect that by mid-October travel in the region should have returned to relative normality.

<https://minister.homeaffairs.gov.au/KarenAndrews/Pages/reopening-to-tourists-and-other-international-travellers-to-secure-our-economic-recovery.aspx>

Pacific Games 2023: Planning has begun for the event and two meetings have been held between the ORPF executive and the Games Committee. To facilitate the powerlifting section, the Pacific Games CEO asked the IPF to nominate a delegate from the international federation who is in the region. The IPF has nominated the ORPF treasurer Prof. Gordon Thorogood to fulfill that role and he will be providing the IPF with monthly updates on progress.

Anti-doping:

We are continuing our relationship with RADO who are based in Fiji and we will be engaging them for the next regional championships.

Treasure's Report:

In 2021 there were a total of 7 transactions that are attached as an appendix. The main expense was our Australian Securities and Investment Commission membership (ASIC) which is a requirement of our registration in Australia. Due to the small amount of activity in the accounts the executive has again made the decision not to audit the accounts to save money. Transactions for 2020-2022 will be audited at the end of the calendar year however to date the two main expenses remain the purchase of equipment for Niue with the development fund and covering of the outstanding memberships for 2020. Currently the ORPF owes Mr Tony Edwards equipment shipping costs of approximately \$7000 AUD and Prof. Gordon Thorogood \$1000.

On behalf of the Executive of the ORPF
Prof. Gordon. J. Thorogood.

12) Action on Proposed Amendments

No proposals submitted

13) Elections / Confirmations

No elections this year. The next elections will be held at the General Assembly during June 2023.

14) New Member Applicants

Current Provisional Members seeking membership:

- Azerbaijan
- Powerlifting America
- Saudia Arabia
- Suriname

4.

New Full Members to be confirmed:

- Barbados
- China

- Cyprus
- Central African Republic
- Jamaica
- Niue
- Palestine
- Paraguay
- Portugal
- Tunisia
- Uganda

Pending Applications

The following associations are currently preparing their applications to become members of the IPF.

- Bolivia
- St. Kitts & Nevis

15) Action on Delinquent Nations

16) Hall of Fame

To be announced at the General Assembly.

17) Any Other Business

18) Future Championships

Championship Secretary Report

Dear ladies and gentlemen; Dear representatives from our Member Federations; Dear colleagues from the EC and Commissions, and Dear guests,

I would like to begin my report this year by reminding everyone that your athlete photos need to be added to your Goodlift Profile. It should be a passport photo and should not include any advertisements. I have remind the same federations each year. With the member federations not following instructions, only creates unnecessary work for all of us. Please follow the required instructions when you submit the nominations via the Goodlift Systems.

For all International, Regional and World Championships, each athletes will be required complete the ADEL Education and the certificate has to be added to the Goodlift System. If the certificate is not submitted, the nomination will be automatically rejected. Once you have filed your certificate, you will not have to redo it, as it will be permanently stored in the Goodlift System. Only new lifters will be required to complete the course.

We ask that you combine both Equipped and Classic lifting into your combined National Championships to make sure that we have more lifters taking part in the equipped category at both Regional and World Championships. We do not want to give other opportunities to other federations where lifters may go to lift in the equipped category. The equipped lifters should be under one federation – the IPF – and we kindly ask that you trust us. We want to ensure Equipped lifting continues to grow once more in the future.

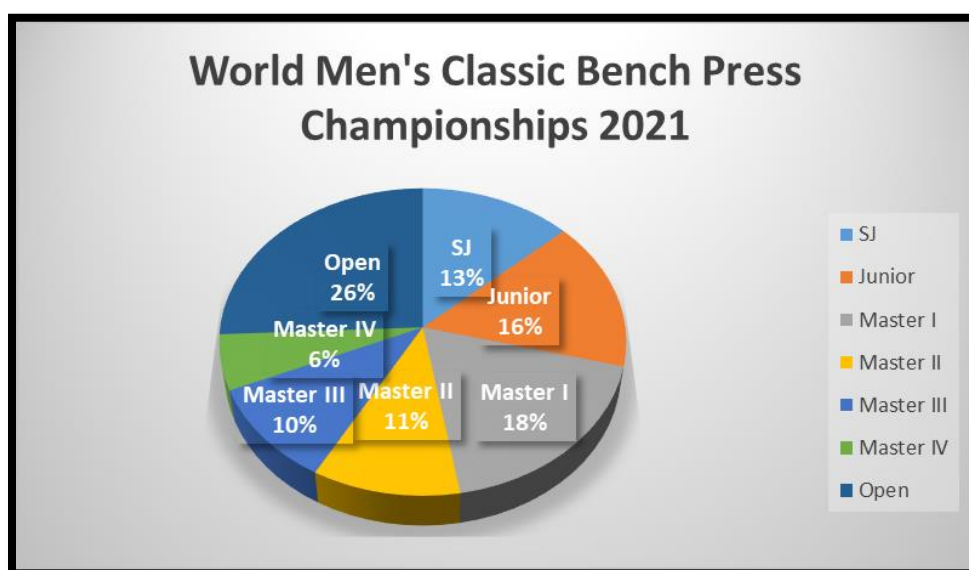
I'm requesting that all of our member federations much more closely with Special Olympics and Para-lifters to integrate them into our nationals, and of course also into our international competitions. We already see the numbers growing in your National Championships. Please continue to do your good work! We should make sure that in the future we can have all lifters presented in our organisation and give them all a chance to compete together on a national and international level.

We also have Para-lifters who can do Powerlifting and here we need to work out some rules so that we can make sure that they can also do Powerlifting and not only Bench press. We are the only one who can offer that, and we should go ahead with this.

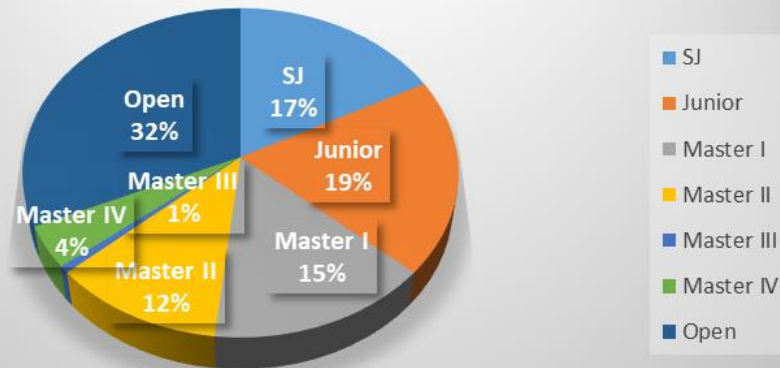
Thank you all in advance for your continued support!

Best regards
Gaston Parage
IPF Championship Secretary

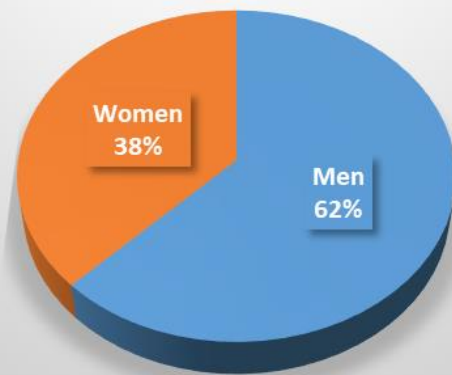
1	Participation of lifters in our Worlds 2021				
2		Men		Women	
3		CI BP	Equipped BP	W CI BP	Equipped BP
4	SJ	32	19	25	18
5	Junior	38	26	28	19
6	Master I	44	38	22	16
7	Master II	26	26	17	12
8	Master III	25	10	1	2
9	Master IV	14	12	6	2
10	Open	62	48	46	36
11	Total	241	179	145	105
12					
13		CI BP	Eq BP		
14	All	386	284		
15					
16	Total both	670			
17					



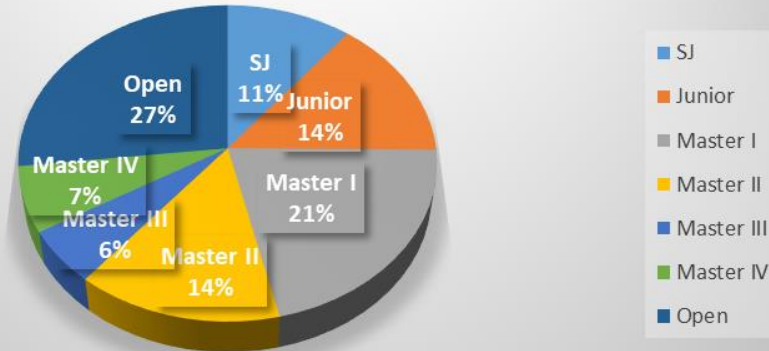
World Women's Classic Bench Press Championships 2021



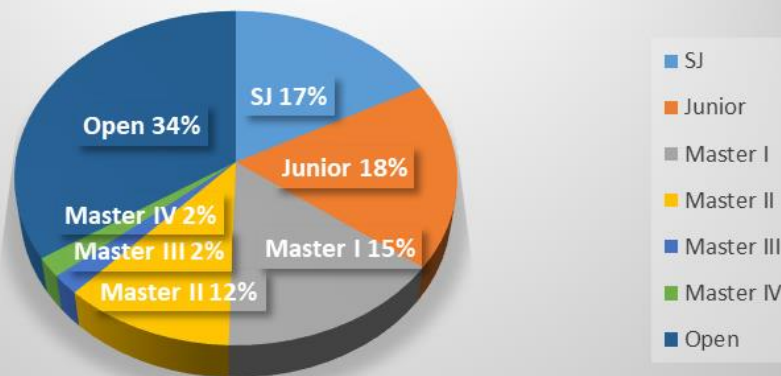
World Classic Bench Press Championships 2021



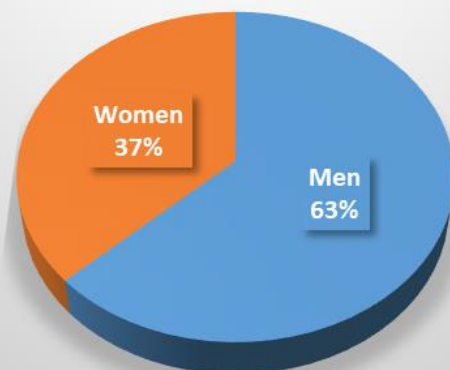
World Men's Equipped Bench Press Championships 2021



World Women's Equipped Bench Press Championships 2021

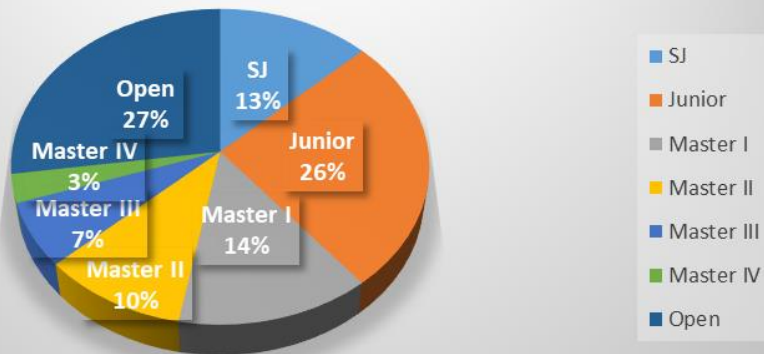


World Equipped Bench Press Championships 2021

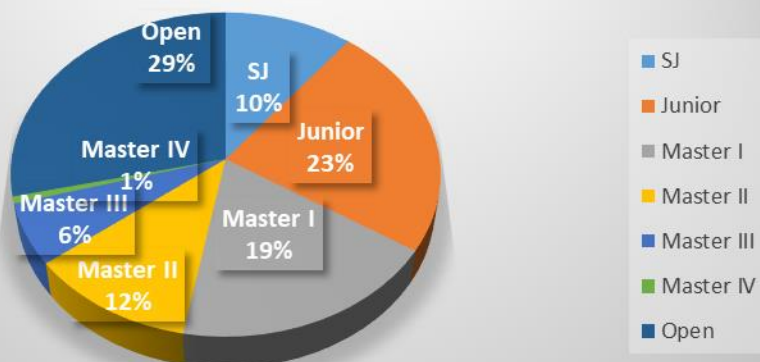


48		Men		Women	
49		CI PL	Equipped PL	W CI PI	Equipped PI
50	SJ	49	29	31	23
51	Junior	99	35	69	24
52	Master I	52	25	55	6
53	Master II	39	15	34	10
54	Master III	25	12	18	1
55	Master IV	11	6	2	0
56	Open	103	107	84	98
57	Total	378	229	293	162
58					
59		CI PL	Eq PL		
60	All	671	391		
61					
62	Total both	1062			

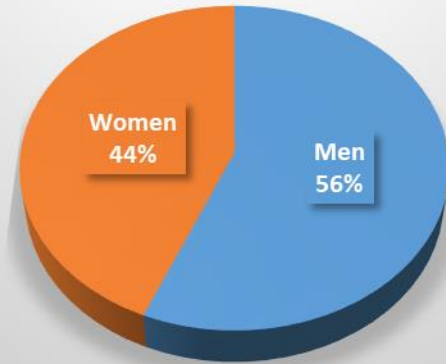
World Men's Classic Powerlifting Championships 2021



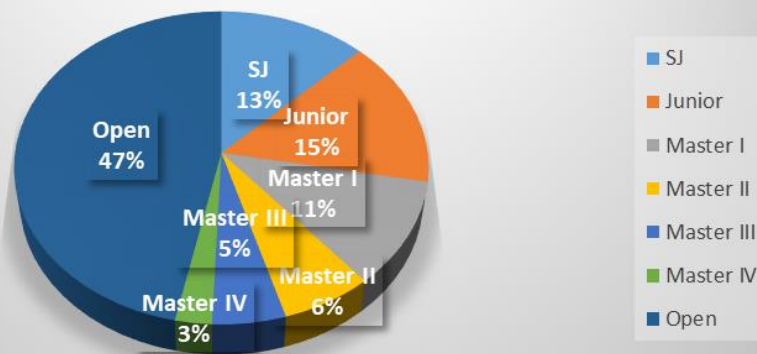
World Women's Classic Powerlifting Championships 2021



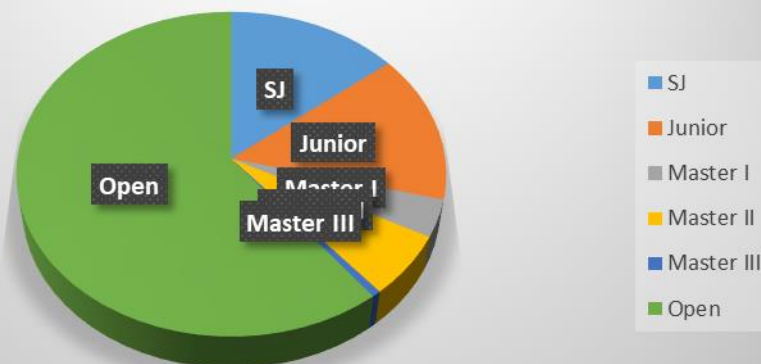
World Classic Powerlifting Championships 2021



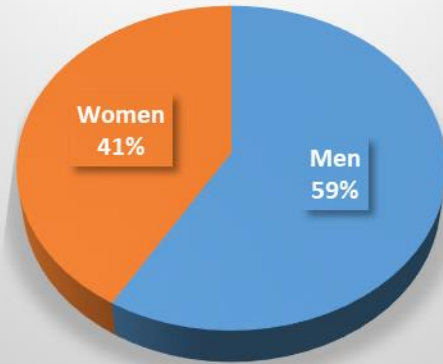
World Men's Equipped Powerlifting Championships 2021



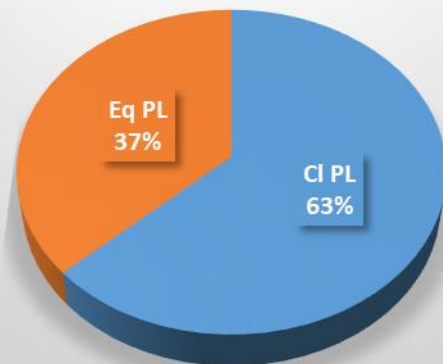
World Women's Equipped Powerlifting Championships 2021



World Equipped Powerlifting Championships 2021

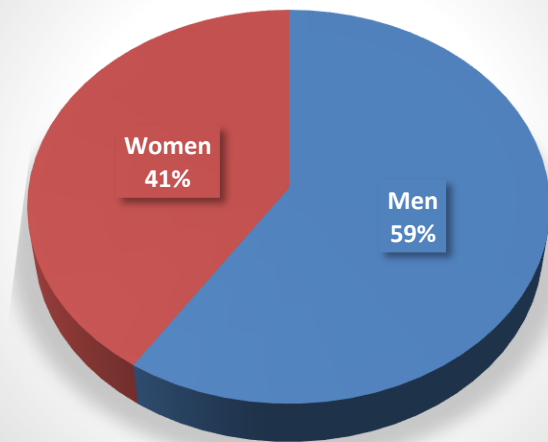


The ratio of the number of athletes in classic and equipped powerlifting



Unniversity CUP	Men	Women
	CI PL	W CI PI
Open	32	22

World University Powerlifting Cup



2022

30. January	Reykjavik International Games	EPT	Reykjavik	Iceland
08. - 13. March	European Classic Master Powerlifting Championships	EPT	Vilnius	Lithuania
24. - 27. March	European University Cup Classic Powerlifting	EPT	Hamm	Luxembourg
29. April - 01. May	IPF Arnold / Rogue Powerlifting Grand Prix	FESUPO	Sao Paulo	Brazil
03. - 08. May	European Equipped Open, Sub-junior & Junior Powerlifting Championships	EPT	Pilsen	Czech Republic
15. - 20. May	Sport Accord & Business Summit	IPF	CANCELLED	
21. - 29. May	World Classic & Equipped Bench Press Championship	IPF	Almaty	Kazakhstan
05. June	IPF Congress	IPF	Sun City	South Africa
06. - 12. June	World Classic Open Powerlifting Championships	IPF	Sun City	South Africa
17. - 21. June	Asian Equipped Powerlifting Championships Open, Sub-junior, Junior & Masters Women & Men	API	Coimbatore	India
06. - 10. July	European Equipped Master Powerlifting Championships	EPT	Esbohtuna	Sweden
07. - 17 July	IWGA World Games	IPF	Birmingham, AL	USA
TBD	IFSU Powerlifting World Cup	IFSUMPT	Will be postponed	France ? need be confirmed
02. - 07. August	European Open, Sub-junior, Junior & Masters Classic & Equipped Bench Press Championships	EPT	Budapest	Hungary
14. August	19th NAPI General Assembly	NAPI	Panama City	Panama
15. - 20. August	19th Annual NAPI North American Regional Powerlifting Championships	NAPI	Panama City	Panama
27. August - 04. September	World Classic & Equipped Sub-junior & Junior Powerlifting Championships	IPF	Istanbul	Turkey
01. - 06. September	Asian Classic & Equipped Bench Press Championship	API	Ulaanbaatar	Mongolia
06. - 11. September	South American Championships	FESUPO	Cacador - State Santa Catarina	Brazil
09. - 11. September	Western European Championships	EPT	Aulnat	France
13. - 18. September	African Bench Press & Powerlifting, Classic & Equipped Championships	API	Meknes	Morocco
15. - 18. September	South East Asia Cup	API	Kuala Lumpur	Malaysia
23. - 25. September	Arnold Classic Europe	EPT	Birmingham	Great Britain
TBD September	South American Bench Press and Powerlifting Championships	FESUPO	San Paulo	Brazil
24. - 25. September	Danube Cup	EPT	Zelina	Slovakia
24. - 30. September	Asian-Pacific Powerlifting & Bench press championships	API	Hong Kong	Hong Kong SAR
08. - 15. October	World Classic & Equipped Masters Powerlifting Championships	IPF	St. Johns, Newfoundland	Canada
11. October	3 rd Annual OBPf Oceania Regional General Assembly	OBPf	Alofi	Niue
12. - 13. October	3 rd OBPf Oceania Regional Bench Press and Powerlifting Championships	OBPf	Alofi	Niue
27. - 29. October	9th NAPI/FESUPO Pan-American Regional Bench Press Championships	NAPI	Aguadilla	Puerto Rico
27. - 29. October	16th Annual NAPI North American Regional Bench Press Championships	NAPI	Aguadilla	Puerto Rico
14. - 20. November	World Equipped Open powerlifting Championships	IPF	Viborg	Denmark
TBD	IFSU Powerlifting World Cup	IPF	TBD	TBD (France to be confirmed)
25. November - 04. December	European Classic Open, Sub-junior & Junior Powerlifting Championships	EPT	Skienowice	Poland
28. November - 04. December	Commonwealth Classic/Equipped Powerlifting & Bench Press Championships	CPI	Auckland	New Zealand
05. - 12. December	Asian Classic Powerlifting Championship	API	Kuala Lumpur	Malaysia

2023				
15. - 18. February	European Classic University Powerlifting Cup	EPF	Merignac	France
03. - 04. March	African Equipped and Classic Bench Press Championships	APF	TBD	South Africa
07. - 12. March	European Classic Master Powerlifting Championships	EPF	Budapest	Hungary
01. - 07. May	European Open, Junior & Sub-junior Equipped Powerlifting Championships	EPF	Thisted	Denmark
20. - 28. May	World Classic & Equipped Bench Press Championship	IPF	Sun City	South Africa
04. June	IPF General Assembly	IPF	Ft. Lauderdale/Orlando	USA - BID - BID
05. - 10. June	World Classic Open Powerlifting Championships	IPF	Ft. Lauderdale/Orlando	USA - BID - BID
17.-25. June	SDI Games	SDI	Berlin	Germany
25. - 26. June	2nd Annual NAPI/IESULO Pan-American University NAPI Powerlifting Cup (Pending)	NAPI	Managua	Nicaragua
05. - 09. July	European Masters Equipped Powerlifting Championships	EPF	Pilsen	Czech Republic
01. - 06. August	European Open, Masters, Junior & Sub-junior Equipped & Classic Bench Press Championships	EPF	Merignac	France
06. August	21 st NAPI Regional General Assembly	NAPI	Grand Cayman	Cayman Islands
07. - 12. August	21 st Annual NAPI North American Regional Powerlifting Championships	NAPI	Grand Cayman	Cayman Islands
27. August - 03. September	World Classic & Equipped Sub-junior & Junior Powerlifting Championships	IPF	Cluj-Napoca	Romania
06. - 10. September	South American Bench Press and Powerlifting Championships	IESULO	Lima	Peru
21. - 24. September	African Equipped and Classic Powerlifting Championships (Incorporating APF University Cup)	APF	TBD	Algeria
08. - 15. October	World Classic & Equipped Masters Powerlifting Championships	IPF	Ulaanbaatar	Mongolia (Pending)
10. - 15. October	European Sub-junior & Junior Classic Powerlifting Championships	EPF	Budapest	Hungary
28. - 29. October	17th Annual NAPI North American Bench Press Championships	NAPI	Mexico	Mexico
05. - 12. November	World Equipped Open Powerlifting Championships	IPF	Kyiv	Ukraine
November	OIPF Oceania Regional General Assembly	OIPF	Honiara	Solomon Islands
19. November - 03. December	17th Pacific Games	IPF	Honiara	Solomon Islands
06. - 10. December	European Open Classic Powerlifting Championships	EPF	Tartu	Estonia

2024

13. - 18. February	European Classic Master Powerlifting Championship	EPT Venue requested	
29. February - 03. March	European University CUP Classic Powerlifting	EPT Venue requested	
13. - 17. March	European Open Classic Powerlifting Championship	EPT Vitorroia	Finland
7. - 12. May	European Open, Junior & Sub-junior Equipped Powerlifting Championships	EPT Hamm	Luxembourg
18. - 26. May	World Classic & Equipped Bench Press Championship	IPF Lvov	Ukraine
02. June	IPF Congress	IPF	
03. - 09. June	World Classic Open Powerlifting Championships	IPF Open	Open
03. - 07. July	European Masters Equipped Powerlifting Championships	EPT Venue requested	
06. - 11. August	European Open, Sub-junior, Junior & Masters Classic & Equipped Bench Press Championships	EPT Ekaterinburg	Russia (Pending)
25. August - 01. September	World Classic & Equipped Sub-junior & Junior Powerlifting Championships	IPF Eskilstuna	Sweden
06. - 08. September	Western European Equipped & Classic Powerlifting Championships	EPT Venue requested	
20. - 21. September	Danube CUP	EPT Venue requested	
September	Arnold Classic Europe	EPT Venue requested	
08. - 13. October	European Sub-junior & Junior Classic Powerlifting Championships	EPT Pilsen	Czech Republic
13. - 20. October	World Classic & Equipped Masters Powerlifting Championships	IPF Sun City	South Africa
04. - 10. November	World Equipped Open Powerlifting Championships	IPF Carolina Bid	India (Pending)
		Bid	Romania (Pending)

2025

15. - 20. February	European Masters Classic Powerlifting Championships	EPT Venue requested	
27. February - 02. March	European University Cup Classic Powerlifting	EPT Hamm	Luxembourg
18. - 23. March	European Open Classic Powerlifting	EPT Malaga	Spain
06. - 11. May	European Open, Sub-junior, Junior Equipped Powerlifting Championships	EPT Venue requested	
17. - 25. May	World Classic & Equipped Bench Press Championship	IPF Bid - Drammen	Bid - Norway
01. June	IPF Congress	IPF	
02. - 08. June	World Classic Open Powerlifting Championships	IPF TBD	TBD
02. - 06. July	European Masters Equipped Powerlifting Championships	EPT Venue requested	
05. - 10. August	European Open, Sub-junior, Junior & Masters Equipped & Classic Bench Press Championships	EPT Venue requested	
24. - 31. August	World Classic & Equipped Sub-junior & Junior Powerlifting Championships	IPF TBD	TBD
05. - 07. September	Western European Equipped & Classic Powerlifting Championships	EPT Pornainen	Finland
TBD September	Arnold's Europe Classic & Equipped Powerlifting & Bench Press Championships	EPT TBD	
07. - 12. October	European Sub-junior & Junior Classic Powerlifting Championships	EPT Venue requested	
12. - 19. October	World Classic & Equipped Masters Powerlifting Championships	IPF TBD	TBD
03. - 09. November	World Open Equipped Powerlifting Championships	IPF Bid	Romania

19) Adjournment