

IPF

2021

Meeting Agenda

IPF General Assembly

Eleiko Headquarters
Halmstad, Sweden

2021 IPF General Assembly

ELEIKO Headquarters
Klastorpsvägen 18
Halmstad, Sweden
SE-30262



Agenda

- 1) **Welcome Message**
- 2) **Roll call of nations, and delegates, presentation of credentials for each nation**
Certification of Delegates
- 3) **Minutes of the last General Assembly & Extraordinary General Assembly**
- 4) **President's report and approval**
- 5) **Vice-President's report and approval**
- 6) **Treasurer's report and approval**
To examine the accounts of the previous year
To approve the budget for the forthcoming year
Fees (if requested)
- 7) **Budget and Approval**
- 8) **Auditors' (Internal and External) Report and Approval**
- 9) **Secretary General's Report and Approval**
- 10) **Commission Reports and Approval**
 - a) Technical Commission
 - b) Women's Commission
 - c) Athlete's Commission
 - d) Coach Commission
 - e) Youth Commission
 - f) Sports for All Commission
 - g) Entourage Commission
 - h) Medical Commission
 - i) Law/Legislation Commission
 - j) Rules Commission
 - k) Membership Commission
 - l) Court of Justice
 - m) Court of Appeal
 - n) Ethics Commission
 - o) Anti-doping Commission
 - p) Doping Hearing Panel
 - q) Media
- 11) **Regional Reports and Approval**
 - a) Region 1 (Europe)
 - b) Region 2 (Africa)
 - c) Region 3 (Asia)
 - d) Region 4 (North America)
 - e) Region 5 (South America)
 - f) Region 6 (Oceania)
- 12) **Action on Proposed Amendments**
- 13) **Elections**
- 14) **New Member Applications**
- 15) **Action on Delinquent Nations**
- 16) **Hall of Fame**
- 17) **Any Other Business**
- 18) **Future Championships**
- 19) **Adjournment**

- 1) **Welcome Message**
- 2) **Roll call of Nations and Delegates, presentation of credentials**
- 3) **Approve Minutes – 2020 General Report and Extraordinary General Assembly**

Due to the Covid-19 Pandemic, the IPF was not able to hold the General Assembly. However, in accordance to Luxemburg Law, we sent a General Report to all of the member federations. Also, during March 2021, an Extraordinary General Assembly was held on to approve the new IPF By-Laws and Constitution. Those reports and minutes can be found here:

<https://www.powerlifting.sport/federation/general-assembly>

4) **President's Address**

Dear Member Federation Delegates, Dear Friends,

The year 2020 year was a terrible year for the IPF. Probably the worst in our 50 years history.

We tried our very best to have the World Championships that we normally have, by moving them to the end of the year. However, this for nothing, as nearly every country in the world was locked down due to COVID-19. So, we used much of 2020 to prepare and restart our events during the second half of this year.

As we had no competitions in 2020, we worked on a lot of other things to bring our Sport forward. As an example, the EPF signed an MOU with the European University Sport Association (EUSA), in cooperation IPF.

Other MOUs include signed MOUs with United Through Sports (UTS), the United Nations One World Project, and the International Blind Sports Association (IBSA).

During 2020, we were not able to hold the Annual General Assembly, in accordance to Luxemburg Law under normal circumstances. Instead we held Extraordinary Virtual General Assembly in October 2020 and sent the Annual Reports to all member federations.

We worked as well, very hard, on revising the IPF Constitution and By-laws during the entire year of 2020. The Constitution and By-Laws have been revised and now are in line with Luxembourg law. Our attorneys in Switzerland and Luxembourg played an important role in working on the documents approved by the Extraordinary GA in March 2021. As we see it, the General Assembly 2021 was the largest and most democratic congress in the history of the IPF. We were able to reach a quorum for the first time ever. Unfortunately, there were several "voices" that objected to the on-line General Assembly, by stating they were not able to provide feedback and their opinions. To be clear, at no time did the Executive Committee state that the member federations were not able to provide their comments. Your comments and opinions are always welcome, even when we do not agree. Also, given the circumstances of 2020, we were able to adapt to the conditions, so that we may move our federation forward.

I want to thank all our members that took the opportunity to take part in the General Assemblies. I also want say thanks to the large majority that recognized that we did a good job and that we brought our sport forward. We thank you for the trust you have put in us, and your recognition of the good work we have done in the interest of our sport. There is no reason to say the EC now has all the power to do what it wants to do. We're not here for the power, but only to work on bringing our sport forward in the interest of ALL of our lifters. This is what I said, when I put forward my candidature for president in 2012 in Puerto Rico, when you elected me. All I promised to do, we have done so far, even though we have not yet reached the goal of IOC recognition. However, we remain hopeful and positive in our work to reach this goal.

Concerning our finances, this situation remains stable, despite having no income from our International and World Championships during 2020. I want to personally thank all our commercial manufacturers, sponsors, and VIP partners, for standing by and supporting us during these troubling times.

Currently, we have a member federation that continues to blame the IPF on social media, for their own mistakes, concerning anti-doping. They have now taken the IPF to the Court of Arbitration for Sport (CAS). After repeated attempts to find a solution, this federation continues to attack us on social media and it continues to violate the World Anti-Doping Code (CODE) as well as our Constitution, By-Laws and Anti-Doping Rules.

The new CODE does NOT allow member federations to operate their own doping control programs, do their own sample collection and have those samples analyzed in unaccredited labs. All testing, at the local to international level must be done either through a National Anti-Doping Organization (NADO), or through the IPF with the help of CCES (Canadian Center for Ethics in Sports). All accredited labs now add their analysis results from signatories to the Code into ADAMS, so nothing can be hidden and all is transparent. Analysis results from non-Signatories cannot be entered into ADAMS.

Importantly, it is clearly unfair for the athletes that are tested in a WADA lab, to compete against lifters tested in non-recognized labs. The IPF is an approved (Tier 1) Testing Authority, but we have delegated the responsibility to conduct our anti-doping controls, to CCES, an independent agency, to make sure that our Federation is compliant with the Code.

We have decided that this is in the best interest of the sport, and our good name. Most importantly we want to ensure the athletes are treated equally and fairly and to maintain the credibility of our sport in the international community. We have demonstrated clearly to everyone, including the IOC, that we want a clean sport. Drug free means not only performing controls on your athletes, but also following the CODE. Our member federations must follow our Technical Rules, Constitution, By-laws, the IPF Anti-Doping Rules, and the World Anti-Doping Code.

Every day, I work very hard for our sport, but unfortunately by dealing with such problems, it now has become very stressful for all of us. Unnecessary and frivolous lawyer expenses, in my opinion, should be paid back to the IPF. One court case with Mr. Wilks (the first one) is now closed. In the second case we're waiting for the appeal decision. I remain very positive on the outcome of this case. All international federations deal with such cases, but those come sometimes at a large expense. But, due to our strong finances, we've been able to weather the storm quite well. On a related note, we requested the Luxembourg Government to reimburse the salary of our office secretary. This request was approved and helps us quite a bit. I spend many long hours in our office, even though I'm supposed to be on pension. I want also to thank our EC members for their exceptional and tireless work to ensure that our daily tasks are accomplished in the best interest of the athletes.

We now have an EC spanning several age categories. The number of women on the EC has also increased. This is all very important for the future of our sport. Most important, the majority of our commission chairs are now involved in the EC. This shows that we take our work seriously and are preparing the leadership for the future.

We had several on-line EC meetings, and several meetings with President Stefan Fox , the President of AIMS, the African University Federation, and United Through Sports. With our lawyers Ross Wenzel and Marc Theisen, as well as several of our commissions we had on-line meetings during the year as well.

Important to note, we are pleased with the current Regional University Cup Program that will be held amongst the six regions, which will lead up to the 2022 FISU World University Cup that will be held Rudn University, in Moscow, Russia.

We used the downtime to prepare for our 50th anniversary celebration next year. I want to personally thank the 50th Anniversary Group for all of their hard work. We will start in November, in Stavanger, by adding all the special logos from all of our World Championships until 2022 at the Equipped Worlds in Denmark. We foresee several festivities if our budget allows. We're looking to achieve IOC recognition during the year of anniversary.

At the World Games in July 2022, a post event reception will be held with special guests from IWGA, AIMS, GAISF, FISU, United Through Sports, FICS and the IOC. So as you can see, we have done a lot. However, there is still more work to be accomplished. We're always moving forward. A lot of new members have been accepted and the idea to create a Membership group was surely the right decision. A special thanks goes to our Vice President Sigurjon who works very hard, and we have almost every day, a phone call together and the same for Robert Keller our General Secretary. Thanks to Dietmar Wolf, our treasurer for his excellent work, and his financial management during these hard times. A big thanks to Emanuel Scheiber, our General Manager, who always performs a great job, as well as our secretary Sonja Hoffmann. Thanks to all Regional board members for working together with us moving the sport forward.

The same goes for all the other EC members, Youth, Women, Athlete chairs and all the commissions and their chairs. We are looking forward to a better year and hope that we can restart your competitions, so our lifters can compete once more.

As you now see, we have moved the Congress from the Equipped World Championships to the Classic World Championships. This is an important step forward, as more of our member federations attend this championship. I can listen and hear their voices. Our report for 2021, will be presented at our next Congress at the Classic Worlds during 2022.

To close, I want to personally take this time to send my sincere thanks to all of my colleagues on the IPF Executive and Commission Members for their hardwork. I want to also thank the Member Federations for their continued support of the IPF. I wish everyone a successful General Assembly. Thank you all for attending!

Best regards
Gaston Parage
President
International Powerlifting Federation

5) Vice-President's Report

Dear ladies and gentlemen, dear friends, and officials,

It is great pleasure for me to report to you on my activities in 2020/2021. First of all let me thank you all for your trust by electing me to the position of Vice President. The work has been filled with a lot of exciting and rewarding challenges but there have also been, as in life in general, some disappointments. But as we say: "When the going gets tough, the tough get going". As in the previous years a lot of my time has been spent on various matters related to legal and anti-doping issues.

Various legal issues have had to be tackled. What is of great concern is the increase in cases in which member nations/individuals are not following our Constitution, By-Laws, Anti-Doping rules etc. and bringing cases and complaints against each other. Why can't we all read the rules and respect them as well as demonstrate sportsmanship behaviour towards each other? This development is a disgrace.

Following a meeting in Luxembourg January 2020 a lot of my time has been invested in revising the IPF Constitution and By-Laws. I've worked with Mr. Robert Keller our Secretary General on this and I want to thank him for our good cooperation and all his time and effort. The work on our Constitution, By-Laws, Anti-Doping Rules, Technical Rules etc. is never finished. A milestone was reached this spring when our Extraordinary Congress voted on and accepted a proposal for a new and revised Constitution and By-Laws for IPF.

The IPF is as we all know a signatory to the World Anti-Doping Code i.e., the *Code*. With that signature come roles and responsibilities. On 1st January 2021 a new revised World Anti-Doping *Code* with further and more stringent and detailed requirements that we and our member nations must comply with, took effect. These are explained in circular letters that were sent to member nations last fall. It is of vital importance that all member nations follow the Code, the IPF Anti-Doping Rules as well as all standards. It is also very important that all member nations start working with the local National Anti-Doping Organisations (NADOs) or the IPF, to establish a solid anti-doping system at the national level. We must increase the number of anti-doping tests at the national level.

I have had the honour to work with our new Anti-Doping Commission (ADC) Chair Dr Maia Blackman on our new Anti-Doping Rules that took effect January 1st, 2021. This was done in close cooperation with WADA regarding to how we fulfil our requirements and be compliant with the new *Code*. WADA's Compliance Department has been very professional, and most helpful and they deserve our thanks and respect.

I and Maia have also worked a lot on our cooperation with the Canadian National Anti-Doping Organisation CCES (The Canadian Centre for Ethics in Sport). On August 1st, 2020, CCES took over managing all IPF anti-doping activities except Education and TUE processing. With this move most of IPF's anti-doping activities are now run by an independent organisation outside of IPF i.e., we now have an Independent Testing Authority outside of the IPF planning and executing our anti-doping efforts. We have now been working with CCES for over a year and I am pleased to say that Billy Gannon, Scott Grant, and Dan-Thanh Tran as well as others at CCES have done an excellent professional job. I want to thank you, Maia for our cooperation and your contribution.

This year there has been less travel as COVID-19 has restricted travel but more telephone calls, emails, on-line meetings, conversations etc. than in previous years.

I've of course as before worked very closely with our president Gaston Parage, our Secretary General Robert Keller, Treasurer Dietmar Wolf as well as other members of the EC and Sonja Hoffman IPF Secretary and want to express my thanks and gratitude to all of them. The time and effort these people contribute to the sport of powerlifting on a voluntary basis is huge and should be appreciated by all of us. We sometimes forget to say thank you to our volunteers and focus instead on the negative things. Actually, as a result of the IPF having grown as much as it has, doubling in size over a short period of time, the workload by now on some people is overload as these individuals besides working for the IPF do have a living to make, i.e. jobs, family responsibilities, and other duties to perform as well. These are the pains that come with growth and these will have to be dealt with in the very near future if we want to retain good people and prevent burnout. We also need to show these and others full respect and gratitude.

Again, I thank you for the trust. I hope that my contribution has helped the sport. We need to invest more time and money in our methods and systems most importantly in Anti-Doping in order to become a more professional World Class Sport.

Finally, I want to thank Mr. Gaston Parage for the cooperation. I and Gaston sometimes have different opinions and we do have a different temperament. Sometimes it takes energy, time, and dialog to reach a conclusion but in the end we always do. The time and passion he contributes to our sport is second to none. Tremendous, Gaston! I also want to say special thanks to Mr. Robert Keller our Secretary General for the time we have spent working together. He as well contributes much more time than you can imagine. Thanks Robert! Dietmar Wolf our treasurer is always the voice of reason and fairness.

May we all have a successful Annual General Assembly.

Sigurjón Pétursson
IPF Vice President
Reykjavík, Iceland
July 2021

6) **Treasurer's Report**

From the financial point of view, the budget period from October 1 st, 2020, to December 31st, 2020, was still very affected by the COVID-19 situation.

The IPF still didn't generate incomes from championships such as participation and antidoping fees. But despite all this, the IPF was able to record a positive financial close for the period October to December 2020.

Financial situation: The IPF was financially careful in the last years. Therefore, continuous expenses in the pandemic period were covered with savings from the last years. On September 30th , 2020, the IPF had a positive credit balance of 116 958,50 euros (GS Report September 2020). On December 31st , 2020, the IPF bank withdrawals (BCEE&PayPal) still shows a positive credit balance of 159 991.13 euros. The ongoing incomes and expenses from October 1 st , 2020, to December 31st, 2020, gave a financial surplus of 43 032.63 euros. This achieved financial surplus was very beneficial for the IPF concerning the upcoming financial challenges in 2021 raised of the pandemic period.

The larger additional expenses October to December 2020 are linked to:

1. CCES Anti-Doping Agency from Canada and Antidoping Laboratory in Cologne/Germany: The anti-doping work was maintained to a certain extent during the pandemic period, which then also caused expenses.
2. Legal Fees: Legal fees continued to be incurred here. The costs are allocated in relation to the new constitution, still in the case of R. Wilks, an anti-doping case in Lausanne, and in relation to a member nation of the IPF.

Because of the COVID-19 situation worldwide, the IPF has continued with the regulation that vendors and equipment manufacturers are still receiving the 20% discount on the license fee for the period October to December 2020. The IPF would like to express its sincere thanks again to our VIP partners Eleiko and SBD. Despite this difficult pandemic period, they still supported us fully financially as it is stated in their contracts. But also, a big thank you again to our vendors, manufacturers, who have still made their financial contribution according to their contracts during the difficult pandemic period.

Without these incomes from our VIP partners and the vendors, manufacturers, the IPF could not financially manage all the expenses in this difficult period. But as the financial report confirmed, got the IPF financially a net plus on the financial side in this budget period from October to December! The IPF also benefited from the Luxembourg state support program during the pandemic period. Salaries paid by the IPF to our secretary in the pandemic period were partially reimbursed by the state support program to the IPF. I would like to thank to all affiliated member nations, my EC colleges, IPF committees and all other people in the IPF for a good cooperation during this difficult period from October to December 2020.

I wish the whole IPF family a successful and healthy rest of the year and hopefully we will see and meet each other again as soon as possible.

Dietmar Wolf
 Treasurer
 International Powerlifting Federation
 Stange, Norway
 28.07.21

Balance Sheet

INCOMES OCTOBER - DECEMBER 2020		EXPENSES OCTOBER - DECEMBER 2020	
01.1	MEMBERSHIP FEE	€	3 188,00
01.2	PARTICIPATION FEE	€	-
01.2.1	WG	€	-
01.3	SANCTION FEE	€	-
02.1	REFEREE FEES/FINES NATIONS	€	2 740,00
03.1	SPONSORS	€	63 250,00
03.2	APPROVAL&LICENSE FEE	€	84 590,56
03.3	LOGO FEE	€	-
07.1	ANTI DOPING FEE	€	-
07.2	DOPING FINES	€	10 216,92
07.5	ADF REGIONS	€	-
08.3	IPF MAGAZINE	€	-
0.9	OTHERS	€	1 446,60
Incomes:		€	<u>165 432,08</u>
01.2	PARTICIPATION FEE/ORGANIZER	€	-
01.2.1	WG	€	-
02.2	REFEREE TIES/BADGES/SCAFS	€	-
03.1	SPONSOR ARNOLDS	€	-
0.4	ADMINISTRATION	€	73 951,31
0.5	TRAVEL	€	1 710,69
0.6	DEVELOPMENT OF SPORT	€	5 164,38
0.7	ANTI DOPING	€	39 573,07
0.8	MARKETING&IPF MAGAZINE	€	2 000,00
08.2	ROAD TO BIRMINGHAM	€	-
0.9	OTHERS	€	-
Expenses:		€	<u>122 399,45</u>
Incomes 1.10.20 - 31.12.20		€	165 432,08
Expenses 1.10.20 - 31.12.20		€	<u>-122 399,45</u>
Budget surplus:		€	<u>43 032,63</u>

IPF Bank Account

IPF BANK ACCOUNT&CARDS	
BCEE Daily account 31.12.20	€ 133 087,08
BCEE Master Card account 31.12.20	€ -
BCEE Visa Card account 31.12.20	€ -2 091,74
PayPal account 30.09.20	€ -21 399,30
PayPal account 31.12.20	€ 26 904,05
Net profit October - December 2020:	<u>€ 5 504,75</u>
BCEE Daily account, total amount 30.9.20	€ -95 559,20
BCEE Daily account, total amount 31.12.20	€ 133 087,08
Net profit October - December 2020:	<u>€ 37 527,88</u>
BCEE Daily&PayPal account, total amount 30.9.19	€ -116 958,50
BCEE Daily&PayPal account, total amount 31.12.20	€ 159 991,13
Surplus:	<u>€ 43 032,63</u>

Financial Report

FINANCIAL REPORT 2020, 1.10.20 - 31.12.20



Financial situation: 30.9.20

Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 30.9.20	€	97 005,80
Banque et Caisse D'Epargne de L'etat - Master Card account 30.9.20	€	695,71
Banque et Caisse D'Epargne de L'etat - Visa Card account 30.9.20	€	-2 142,31
PayPal account 30.9.20	€	21 399,30
Credit balance, total amount:	€	116 958,50

Financial situation: 31.12.20

Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 31.12.20	€	133 087,08
Banque et Caisse D'Epargne de L'etat - Mastercard Card account 31.12.20	€	-
Banque et Caisse D'Epargne de L'etat - Visa Card account 31.12.20	€	-2 091,74
PayPal account 31.12.20	€	26 904,05
Credit balance, total amount:	€	159 991,13

Financial situation: 1.10.19 - 31.12.20

Balance sheet

Financial situation (BCEE&PayPal) 30.9.20	€	-116 958,50
Financial situation (BCEE&PayPal) 31.12.20	€	159 991,13
Net profit income:	€	43 032,63

The IPF close the fiscal period with a net plus of:

€ 43 032,63

7) Budget and Approval

2020 Budget

BUDGET 2022		
		
	Budget Income	Expenditure
01 Fees		
01.1 Membership fees	48 000,00	
01.2 Participation fees	145 000,00	40 000,00
01.3 Sanction fees	6 500,00	
01.4 Membership fees - Umbrella organizations		8 000,00
	199 500,00	48 000,00
02 Referee fee		
02.1 Examination	1 000,00	
02.2 Card renewal/fine	2 000,00	
02.3 Tie's, etc.	500,00	2 000,00
	3 500,00	2 000,00
03. Partners		
03.1 Sponsor	536 000,00	536 000,00
03.2 Approval/License fee	300 000,00	
03.3 Logo fee		
03.4 Sponsor		20 000,00
03.5 Equipment Championships	90 000,00	90 000,00
03.6 Arnolds Classic	75 500,00	61 500,00
	1 001 500,00	171 500,00
04 Administration		
04.1 Telecommunication		4 000,00
04.2 Interests, Account fees, Tax		40 000,00
04.3 Internet costs – Homepages regions		10 000,00
04.4 Awards, Certificates etc.		1 000,00
04.5 Stationery		6 000,00
04.6 Stamps		
04.7 Medals		500,00
04.8 Computer Secretary		18 500,00
04.9 Expenses allowance		44 000,00
04.11 Employees/Offices expenses		190 000,00
04.11 Lawyers /CAS/Court/etc.		40 000,00
	0,00	354 000,00
05 Travel		
05.1 Championships / Meal expenses		110 000,00
05.2 Intern. Congress / IOC / IWGA		25 000,00
05.3 World Games 2021		40 000,00
	0,00	175 000,00
Development Fund		
06.1 Travel		20 000,00
06.2 Equipment/other activities		50 000,00
06.3 Trainer Education	15 000,00	15 000,00
06.4 Regions		67 500,00
	15 000,00	152 500,00
07 Anti-Doping		
07.1 Anti-Doping fees	305 000,00	
07.1.2 Anti Doping fees World Games		
07.2 Fines Nation	8 500,00	
07.3 WADA-laboratory + transport costs		90 000,00
07.4 National Agencies costs/ travel officers		20 000,00
07.5 CCEs		290 000,00
07.6 Education		6 000,00
07.7 Assistant Secretary		
07.8 CAS / DHP		5 000,00
	313 500,00	411 000,00
08 Marketing & Media		
08.1 Travel		20 000,00
08.2 Road to Birmingham		0,00
08.3 Newsletter/Magazine	1 000,00	10 000,00
08.4 TV / Internet streaming		170 000,00
08.5 Sportaccord	20 000,00	40 000,00
08.6 Eurosport		
	21 000,00	240 000,00
09 Other		
09.1 Additional income / expenditure		1: 10 000,00
09.2 Anniversary IPF 50th		20 000,00
	0,00	10 000,00
Balance	1 554 000,00	1 564 000,00
Profit	-10 000,00	

8) Auditors Report

Auditors Report



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Auditor report IPF 1.10.20 - 31.12.20

The bank account control and the verification of the bank account documents of the IPF was carried out on August 24th 2020 in Luxembourg. The audit period includes October 1st to December 31st, 2020.

Nedim Görel from A&NG SARL-S (LUX) and the auditor Xavier de Puytorac (FRA) and the treasurer of IPF, Dietmar Wolf were present.

Discrepancies about the bank accounts and bank account documents were not found. The invoice-, income-and expenses documents are very well organized by individual document lists. The treasurer has been certified correct work with each of the bookkeeping processes and is to grant a discharge.

The financial assets have during the period from October 1st to December 31st, 2020, increased by 43 032.63 euros and leads to bank balances of 159 991.13 euros compare to the bank balances of 116 958.50 € on September 30th, 2020.

Concerning the COVID-19 period, despite all this, the IPF was able to record a positive financial close for the period October to December 2020.

Luxembourg, 24.8.21


Nedim Görel
A&NG SARL-S


Xavier De Puytorac
Auditor IPF

INTERNATIONAL POWERLIFTING FEDERATION - IPF a.s.b.l. - Office: 3, route d'Arion, L-8009 Strassen, Luxembourg
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BAN: LU57 0028 1300 4902 3000 - BIC: BCEEL333 - Bank: Citibank Luxembourg
The IPF is affiliated to: IGF, NSU, IWGA and WADA

9) Report from the Secretary General

Dear Friends:

Dear Colleagues:

I'm very pleased to report, despite the pandemic, as an organization, we continue to be extremely active.

I continue speak daily with the President Parage to ensure my/our responsibilities are fulfilled to advance the federation forward and to reach our ultimate goal of IOC Recognition. As I've reported to you before, Gaston is the engine that drives this organization. You will not meet anyone that works as hard or is as devoted to the sport of powerlifting than Gaston. Sigurjon Petursson, our Vice-President ensures our ship is steady and has gone above and beyond the call of duty. I had the pleasure to work on the new IPF By-Laws and Constitution with Sigurjon. It took us nearly one year to complete the new documents. Interestingly enough, this was the first time in nearly 50 years our By-laws and Constitution were brought current. The Extraordinary Congress called to approve both documents was monumental. We achieved the quorum necessary to approve both documents. Most important, 78 of 94 member federations voted to approve the new By-Laws/Constitution. I wanted to ensure the final report was as transparent as possible, as it clearly showed how not only the member federations voted but the EC Members. Mr. Dietmar Wolf continues to handle and oversee our finances with precision I have the pleasure to work with Ms. Sonja Hoffman, in our office in the House of Sport -- Luxembourg National Olympic. My colleagues on the executive Committee are committed to ensuring our organization remains successful. I would like to welcome Tetiana Melnyk to the IPF Executive Committee. She will fill an important role as the Women's Athlete Representative. Despite some increasingly difficult decisions, the IPF remains responsive, receptive and approachable. As a whole, we remain steadfast in our goal to achieve IOC recognition. My colleagues deserve your continued praise.

Special thanks to Emanuel Scheiber, our General Manager. It has been a pleasure to work with Emanuel on several projects. Notably, the World Games, FISU, UTS, IBSA, etc. The importance of the regionalized IPF University Cup Program, and the 2022 FISU World University Cup cannot be emphasized enough, as these two events bring us one step closer to IOC recognition. I want to also thank our VIP Partners -- SBD and Eleiko, and our sponsors. Their support and assistance enabled us "to keep our doors open" during the pandemic. Thank you once more!

It was a pleasure to work with both Gaston and Emanuel on signing MOUs with United Through Sports (UTS), the United Nations One World Project, and the International Blind Sports Association (IBSA). I worked with the legendary Jennifer Thompson, and Alex Alvarado, the President of the Puerto Rico Powerlifting Federation, on the UTS Virtual Youth Sports Festival. Youth athletes from 60 Olympic/Non-Olympic Sports took part in this event that fell under the patronage of the IOC, IPC and SOI. My Sports For All Report details our successful efforts.

I continued to serve on the Board of Directors to Association of Independent Members of Sport Accord (AIMS). This year, at SportAccord, AIMS, a provisionally IOC organization, established two committees. One that will assist fledgling sports to receive recognition of Sport Accord. The other committee included the development of an AIMS Sports Festival. The IPF is a member of AIMS, and is now listed in the IOC Sport Directory of non-recognized sports. Overall, my work with AIMS focuses on assisting IFs in achieving IOC Recognition. Before the end of the year, I shall accept as position on the Committee that shall approve federations to be considered for IOC recognition.

1:

Last year, I continued to work on a project, with Gaston, which identified a list of non-member federation countries world-wide that we have reached out too. The project group has been transformed into the new Membership Commission. The IPF now boasts to have 134 member federations, the most member

federations in our history. Notable returns to the IPF include one of our founding members – Jamaica. Portugal has rejoined as well. Most likely, we shall reach 140 member federations by this year!

The legal cases presented to the IPF remain a distraction for the executive. We've been successful in defending the cases, but they carry a huge expense, significant time and resources for the organization. This time and effort should be used to concentrate on work that is constructive and benefits the organization. Once more, Gaston, Sigurjon, and Dietmar for their assistance in defending the IPF. I would also like to recognize the work of Mr. Ross Wenzel, our legal counsel in Switzerland, and Mr. Marc Theisen, our legal counsel in Luxembourg. Thus far, we've achieved a number of successful outcomes. However, I want to stress, our efforts have come at a major expense in time, as well as our monetary resources that should have been directed toward both our application to the IOC, and to the development our organization as a whole.

I would like to thank my colleagues on the executive, the committees, the commission members, the member federations as well as the athletes, coaches and referees. I look forward to our continued work, together, next year. Of special recognition, I would like to thank Mr. Hannie Smith and Mr. Richard Parker. Though difficult at times, your efforts and work are appreciated by everyone. Special thanks also goes to the Media Team – Your work is phenomenal. Chrissy, Heinrich, and Eric, thank you!

Remain safe everyone!

My sincere and kind regards

Robert Keller
Secretary General
International Powerlifting Federation
Orlando, Florida, USA
August 01, 2021

10) Commission Reports

a) Technical Commission

Report from the Technical Committee

The year 2021 is now halfway over and the IPF has now resumed directing World Championships, even despite the pandemic remaining very active in a large number of countries. I want to begin my report by thanking both Dr. Ip, for the IPF COVID Guidelines for resuming our championships.

Despite the restart, some of our member federations were not able to host their scheduled World Championships. This year, we had to move the Classic World Championships to Halmstad, Sweden, the Bench Press World Championships to Lithuania and the Equipped Masters World Championships to Romania. Despite the move to Halmstad, we still have well over 1000 nominations. The athletes are eager to step back on the platform. I must tell you, changing events from one member federation country to another is a huge effort in time and finances. Notably, I want to thank Gaston and Emanuel as well as our championship promoters for their efforts to ensure these events take place for our athletes.

I received several technical rule change proposals, and they will be discussed and decided by the rules group.

14

With the new women's bodyweight classes (69kg and 76kg), we shall see new world records. It is a long time coming, but now the women have the same number of weight classes as men.

The Technical Committee continues to allow referees to take the IPF Cat I and II Examinations. Despite the pandemic, I want to personally send a sincere – thank you – to all of our referees from the club to the international level, we cannot have our championships without your assistance. Kudos to all of you!

I personally looking forward to the rest of 2021 and it looks like the SA Officials and lifters will get visas to travel to the World Championships in Halmstad – See you there!

Thank you.

Johan «Hannie» Smith

Chairman, IPF Technical Committee

b) Women's Commission

Report from the Women's Commission

Because of the ongoing COVID-19 pandemic, no competitions were organised in 2020, by the IPF. For this reason, it is not possible to provide the valid data, and diagrams, to show the development of the Women's Powerlifting in our competitions.

However, I would like to mention in this report, the most important change for women in 2020, was the achievement to have equal numbers of weight classes for men and women. This change was requested by many athletes', years before and it has been agreed at the General Assembly in 2019. So, it was not a question to implement it, the question was to find the fairest solution. According to the new weight classes, the World Records have been defined, so all was prepared for competitions when we restart.

Hopefully the situation will become normal once more.

Respectfully,

Eva Speth

Chairwoman

IPF Women's Commission

c) Athletes Commission

Report from the Athlete's Commission

Active members: Marte Elverum, Priscilla Ribic, Joan Baez, Marcus Hirvonen and Pjotr van den Hoek, and Tetyana Melnyk (Akhmamyetyeva),

Reserve member: Phill Richards.

Consultant: Inger Blikra

Speaker/IPF board Member: Pjotr van den Hoek.

Female Speaker/IPF board Member: Tetyana Melnyk

Due to Covid-19, there were competitions during 2020, this will be a short report.

Since all international competitions were cancelled, it was not possible for us to meet up. Almost all competitions have been moved up a year, and I want to thank all the member federation countries for their cooperation. During 2020, online, we did see that a lot of athletes started setting up their own home gyms, so they were able to keep training for when competitions would reopen. It was a pleasure to see the spirit and dedication of the athletes.

1!

Most commercial gyms have re-opened now, so everybody can train again. Let's hope it stays this way. Let's hope that next year will be a lot better, and that all international competitions will happen again, and we can see each other again on and off the platform.

Even though this report is only over the last quarter of 2020, where there was hardly any good news. I also want to share some great news that took place during 2021. Ms. Tetyana Melnyk, from the Ukraine, joined the Athletes commission in 2020, has been approved to join the IPF Executive, as the Women's Athlete Speaker. I shall remain as the Men's Athlete Speaker. This is great for all athletes, but especially for our woman Athletes, that we have Gender Equality as part of our sport. I want to personally introduce Tetyana to the Athlete's Committee. Her credentials are as follows:

- Tetyana was born in Ukraine on the 12th of August 1985 in the beautiful city of Kamyanyts-Podilsky.
(believe me, a superb place to go and visit).
- She started powerlifting in 2003 and since then won numerous titles and medals.
- Her best achievements, thus far:
 - o 2x World Junior Powerlifting Champion
 - o 2x European Junior Powerlifting Champion
 - o 3x Open World Silver Medalist
 - o 2x Open European Powerlifting Champion
 - o 3x Open World Bench Press World Champion
 - o 5 World records, 7 European records
 - o 2x World Games silver medalist,
- Besides her Powerlifting accomplishments, Tetyana is also an IPF Category I referee, coach, the chair of the technical committee for the UPF, and General Secretary of the UPF. She lives and breathes powerlifting. Tetyana gets inspired by people's persistence in reaching their goal, by honesty and determination of athletes, by fairness and generosity. This is also what she believes that the sport should bring to society.

As mentioned previously, as a commission it was not possible for us to meet during 2020, but we have been in contact with each other. We have a WhatsApp group, which makes communicating much easier, than by email. We also had several online Skype meetings President Gaston Parage.

If you have any input or suggestions as athlete, or if you have any problems, questions or just want information please contact us, by sending an email to the Lifterscommission@powerlifting-ipf.com or approach us personally. And if you are a female lifter, and would rather speak to a female, you can now mail our female speaker Tetyana Melnyk. Information about us you can find on the IPF website, under Commissions. We also have an Instagram account, and you can find us under IPF Athletes Commission, where you can follow and tag us. We're here to answer your questions. We look forward to hearing from you.

We are all looking forward to a great second half of 2021, with lots of exciting competitions that shall start to take place, like the qualification for the World Games in Stavanger Norway, and the World Classic Championships that will be held in Sweden, and jointly organized by the IPF and Eleiko. Also, the World Bench Press Championships, and Master, Junior and University Championships. We will be working together with all the commissions and committees from the IPF, to reach our goal of IOC recognition and to promote our sport worldwide.

Last of all, I would like to personally thank all of our commission members, for their input. Also, I want to send my appreciation to Ms. Inger Blikra. She has assisted us a great deal with her knowledge. And, once again, we would like to thank the IPF Executive Committee, and President Gaston Parage for initiating this commission in Norway, during 2006.

Thank you for your attention, remain healthy, and safe.

Thank you for your attention.

Pjotr van den Hoek.

Chairman, Athlete's Committee

d) Coach Commission

Report from the Coach Commission

Dear Ladies and Gentlemen,

Due to continuing COVID-19 worldwide and the high level of Covid- 19 in Sweden together with the compact second half of the year competition schedule, the coach commission is unable to organize any coach education course during 2020.

The commission agree that from 2022 onward, all coaches attending International and Regional event must have a coach certificate. The commission to produce material for a national Certificate that all coaches attending International and Regional event must have, the Certificate must include in the Nomination in the Goodlift system.

All coaches must have a Criminal background check especially when accompanying minors to international events.

The commission discussed and agreed that from 2024 onward, all assistant coaches must have the basic coach certificate.

My thanks to the commissions for their support during 2020 and hope for their continuing support with the development of the IPF Coach Education programme.

Ralph Farquharson
Chair Coach Commission

e) Youth Commission

Report from the Youth Commission

We have experienced another challenging year of the pandemic. This is a difficult time when we cannot have meetings at our sports events in the world of powerlifting and when we cannot observe how our future - our youth - is growing and improving. I sincerely hope that soon everything will be the same as before.

The work of the IPF and all committees, including the youth committee, continues. I will tell you all more about this.

Youth athletes from the International Powerlifting Federation took part in the United Through Sports (UTS) Virtual Youth Sports Festival. The 2020 UTS Virtual Youth Sports Festival falls under the patronage of the International Olympic Committee (IOC), the International Paralympic Committee (IPC), the Special Olympics International (SOI), Global Association of International Sports Federation (GAISF), SportAccord and the Alliance. I am honored and delighted to announce that the IPF has won six (6) medals. Here I want to thank Youth Committee Member Jennifer Thompson for her wonderful work with this program.



Piper Gardner (USA)



Rudisill Houston (USA)



Sherezada Romero (Peru)



Austin Bartek (USA)

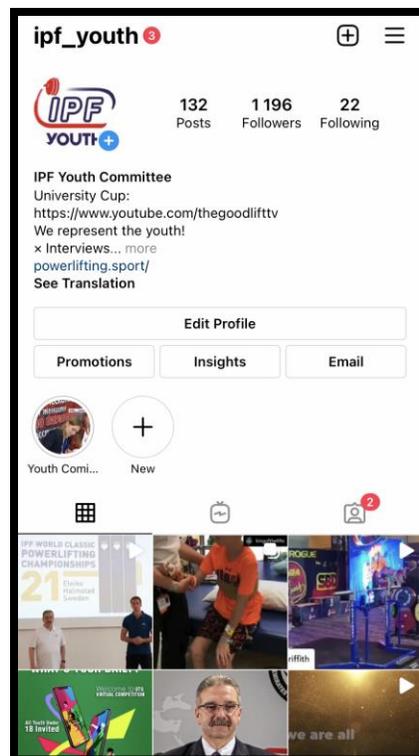


Cal Knight (USA)



Shelby Stricklin (USA)

Active work continues on social networks - on Instagram @ipf_youth and Facebook <https://www.facebook.com/ipf.youth>, where we represent young athletes of all levels. We present their training, as well as publish the most important news of the international federation. Please subscribe to us! With pleasure, I would like to acknowledge the work of my colleague - Philippe Parage.



All committee members are actively involved in the discussions pertaining to important IPF issues. As chairwoman, I am actively involved in online conferences where important issues are raised and current problems are addressed, and in preparation for celebrating the 50th anniversary of the founding of IPF.

I would like to express my sincere gratitude to IPF President Gaston Parage for his continued support and trust.

Thanks to my colleagues for the joint and collaborative work together!

With respect and gratitude,
Nadezhda Churilova
Chairman of the IPF Youth Commission
Member of the IPF Executive Committee

f) Sports For All Commission

Report from the Sports for All Commission

As mentioned in Secretary General Report, currently, I serve as the Chairman for the IPF Sports for all Commission. Our federation's major work in the area of Sports for All centers mainly on the Special Olympics Program, both at the National and International level. Each year, we invite Special Olympic Athletes to take part in the World Open Championship. We continue to liason, through AIMS to work with Paralympic Athletes. We teamed with with United Through Sports to direct a joint Sports For All demonstration consisting of Special Olympic, Paralympic, and Blind and Visually Impaired Athletes. Unfortunately, for the second consecutive year in a row, this program had to be canceled due to COVID-19 when the IPF World Bench Press Championships was moved from Kazakhstan to Lithuania.

I worked with Jennifer Thompson and Alex Alvarado on the UTS Virtual Youth Sports Festival. The IPF participated in the Max Fit Competition. The International Powerlifting Federation youth athletes were invited to participate in this festival that fell under the patronage of the International Olympic Committee (IOC), the International Paralympic Committee (IPC), the Special Olympics International (SOI), Global Association of International Sports Federation (GAISF), SportAccord, and the Alliance of Independent recognized Members of Sport (AIMS). Overall, 80 international sport federations took part. Key and important, the UTS Virtual Youth Sports Festival invites all of us to stand in solidarity under the Olympic, Paralympic and Special Olympics values towards the promotion of inclusion, equality, non-discrimination, and peace-promotion. I'm pleased to inform you that we had six finalists. Those finalists were announced in the Youth Commission Report. One IPF Athlete received the prestigious UTS Youth Sports Ambassador for the entire event – Ms. Gia Griffith from the USA. This was well deserved honor.



The IPF continues to have sporadic, but ongoing dialogue with the IPC. I'm also pleased to inform you that we signed an MOU with the International Blind Sports Association (IBSA). In short, the MOU, agrees to provide support to the IBSA Powerlifting Committee and their championships. We look forward to working with them. I want to send special thanks to Chip Hultquist from SOI.

Overall, the Committee's work will play an important an active role in reaching our goal of IOC recognition. In the past, Mr. Chip Hultquist suggested a part of the competition a Coaches Training Seminar be held either the day before or day after the championships. The seminars would add to the attractiveness of the event for both Special Olympics and IPF programs. This seminar could emphasize IPF/Special Olympics Powerlifting Rules, Training of Special Olympics Athletes, Coaching of Special Olympics Athletes in Competition and any other area that you feel should be added from the IPFs perspective.

Finally, the success of this committee belongs to my hardworking colleagues – Heather Leighton (South Africa), Alex Mathieson (Great Britain), Mariusz Damentko (Germany), Chip Hultquist (USA) and Anett Langva (Sweden) and our President, Gaston Parage.

Thank you very much,
Robert Keller
Chairman, Sport for all Commission

g) Entourage Commission

Report from the Entourage Commission

Chairperson – Shane Martin

Members – Gaston Parage, Sigurjon Petursson, Dr. Ip Wing Yuk, Mervi Sirkia, Lawrence Maile, Nick Naylor, Inger Blikra, Jonhan Hannie Smith, Maria Moscianese, Miklos Fekete, Ralph Farquharson, Jennifer Thompson, and Olga Ignatenko

RE: Year End Report

This year I applied and was accepted as the new chairperson for the Entourage Committee, effective October 22, 2020. Since then, I have reviewed past meeting minutes, which were from 2018 and included tasked projects to members and outside committee members to complete. The projects in progress are still ongoing but unfortunately with the pandemic continuing to impede our sports life, there has been limited progress. Below are the tasked duties of the committee and what we hope to accomplish this coming cycle.

The duties of the Entourage Commission are:

- To give support to the General Assembly to follow and to accomplish the General Principles dictated by the IOC and written in the Olympic Charter.
- Ready to support directives from leadership.
- To propose to the Executive Committee adequate actions to protect the interests of Athletes with particular regard to the female, Sub-junior and Junior athletes.
- Adel Anti-Doping Program now active and aligns with this directive. Further development to improve safety and supports will continue when projects are developed.

- To deal with matters concerning the relationship between athletes, coaches, managers, sponsors, and all other persons promoting the athletes' sporting career.
- Information gathering will be prioritized through child protective services, sport litigators, and leadership in sport to understand how this problem may impact the IPF and present solutions to prevent any potential issues.
- To cooperate with the Coach Commission to provide the best possible environment for the athletes especially at the beginning (i.e., combine powerlifting with work/study) and at the end of a sporting career.
- Little to no International competitions occurred this year. Moving forward, attending upcoming events to better assess the needs at the ground level will be prioritized.
- To give support to the Executive Committee to obtain the IOC recognition.
- Committee is ready to support this pathway with assigned directives as they come.

In conclusion, the Entourage Committee operated but at a limited capacity as the pandemic continues to negatively impact our sport. We are hopeful for the future and look forward in developing, supporting, and promoting the great sport of powerlifting under the IPF. I want to thank every committee member and IPF executive for their continued hard work during these uncertain times. We are all excited to get back to the platform to support our memberships!

With Respect,

Shane Martin
 Chairperson, Entourage Committee
 President, Canadian Powerlifting Union

h) Medical Commission

Report from the Medical Commission

The year 2020 was a difficult year for all of us, due to the COVID-19 pandemic.

The IPF was not able to organize any championships. The Medical Committee prepared the COVID-19 Guidelines for restarting our World and Regional Championships. As a reminder, at all International and World Championships, there should be doctor-on-duty. The doctor on duty should be someone either from either Medical Commission or a local doctor to look after the athletes and officials at the championship. The purpose of having the doctor on duty is to ensure that if an athlete sustains an injury, there is someone there to ensure the athlete is looked after and to collect data for future studies.

Dr. Josephine IP
 Chairwoman
 IPF Medical Commission

Report from the TUE Commission

During 2020, there was no IPF World Championship. As a result, there were no TUE applications. The TUE Committee now has a full team of 5 doctors on staff; one from each of the six regions. As required, all of the TUE Applications will be vetted fairly and according to the recommendations of WADA. We want to ensure approved TUES are WADA Compliant. From 2021, there is now a charge of 100 euro for each IPF TUE application. Before a formal application and payment, the TUE committee shall review the case for each lifter, to ensure the athletes do not apply for an unnecessary TUE.

Dr. Josephine IP
 Chairwoman
 IPF TUE Commission

i) Law & Legislation Committee

Report form the Law and Legislation Committee

After several resignations, President Parage requested that I assume the Chairmanship of this Committee on an interim basis. The Committee is extremely active and ALL of the Committee Members participate. It is a pleasure to work with the following the honorable Committee Members: Mr. Sandro Rossi (Italy), Mr. Mohammed Marie (Egypt) and Mr. Keith Tam (Hong Kong).

Our primary work is to review and approve the Constitutions for the New Provisional Member Federations requesting to join the IPF. The Committee carefully reviews these documents and offers corrections on missing articles which need to be added. We also review the Membership Data Forms, Championship Results, Letters of recognition from either the Ministry of Sport and/or National Olympic Committee and to ensure the association/federation is registered in the Public Registry in the country requesting to join. The documents are heavily scrutinized to ensure the NEW member federations accept and adopt the IPF Technical Rules, IPF Anti-Doping Rules, the IPF Constitution and By-laws, and our polices and guidelines.

This past year, there was a landslide of new members. The countries approved for Provisional Membership:

1. Barbados
2. China
3. Cyprus
4. Central African Republic
5. Jamaica
6. Palestine
7. Paraguay
8. Portugal
9. Tunisia
10. Uganda

Interesting to note, Jamaica is one of the founding members of the IPF. We're very happy to have them rejoin the IPF. Welcome back!

Having the Peoples Republic of China join the IPF was a landmark event for us. Once fully active, they will bring large teams of athletes to our championships, as well as active administrators as well.

The following member federations are currently preparing their documents for membership: Bolivia , Saudia Arabia, and St. Kitts/Nevis.

The present count of member federations is now 136. We shall shall comfortably reach the mark of 140, by the end of this year. A testament to the increased global popularity of our sport!

Thank you,
Robert Keller
Interim Chairman
Law and Legislation Commission

i) Rules Commission

Report from the Rules Commission

The Goals and Objectives of the Rules Commission is to revise and update the IPF Technical Rules. Changes to the IPF Technical Rules take place every four years, the year before the elections. The Rules Working Group is composed of members of the Executive Committee, the members of the Technical Commission, and one representative from the following Commissions: Athletes', Coach, Medical, Women's and Youth.

I must praise and thank you our committee members for passing the Technical Rule, by adding both the 69kg and 76kg weight classes for women. The women now have the same number of weight classes as as the men. Gender equity is important and this was far overdue.

Thank you,
Hannie Smith
Chairman, IPF Rules Commission

k) Membership Commission

This is the IPF's newest Commission established by President Parage.

Originally started as a working group, the the primary objectives of this commission are to develop and revise criteria for evaluating applications for membership into IPF, and to recruit Powerlifting Associations/Federations in countries that are not represented in the IPF.

Special thanks to our 6 regional Committee Members:

- Africa (Robert Pozzacchio)
- Asia (Tatyana Romanova)
- Europe (Philippe Parage)
- North America (Alex Alvarado)
- Oceania (Robert Keller)
- South America (Shirley Chavez)

Thank you,

Robert Keller
Chairman
IPF Membership Commission

I) Court of Justice (Formally the Ethics & Disciplinary Committee)

Report from the Court of Justice

Covering the period: September 1, 2020 to December 31, 2020.

The Court of Justice (COJ) currently comprises the following members:

Richard Parker (Great Britain)	- Chairman
Gennadii Khodosevich (Russia)	- EC Appointee
Sean Dunston (USA)	- North America
Pavol Muller (Slovakia)	- Europe
Andre Smith (South Africa)	- Africa
Roland Blasi (Luxembourg)	- EC Appointee

During this period we were in the midst of the pandemic with very little going on so there is nothing of substance to report. We look forward to the return of “normality”.

The Court of Justice (COJ) examines and decides on disciplinary cases within the IPF and determines penalties, except on doping related cases. In order to ensure objectivity and to prevent partiality, if a case involves a national, from one of the countries of which a member of the COJ comes, the said member recuses themselves, and is not involved in processing of the case.

The CoJ deals with two categories of cases:

a) Anti-Doping – involving examination of:

- Doping Control Forms
- Analysis Results Records
- TUE (Therapeutic Use Exemption)
- Other documents and evidence presented to, or collected by, the CoJ.

After examining a case, in detail, if it is the opinion of the CoJ that a doping violation has occurred, it is cleared to be sent to the Doping Hearing Panel (DHP) for a decision.

Non doping related complaints received through the IPF Secretary General from the Executive, Regions, Nations or individuals.

- a. Executive – none
- b. Regions – none
- c. Nations - none
- d. Individuals – none.

Richard Parker

Chairman

Court of Justice

m) Court of Appeal
Report from the Court of Appeal

Greetings to All:

Due to increasing professional obligations, effective July 22, 2021, I will have to resign as the Chairperson for the Court of Appeal.

The IPF is now actively searching for nominations from the member federations to assume this position.

Thank you,

Bettina C. Altizer
Chairwoman
IPF Court of Appeal

n) Ethics Commission
Report from the Ethics Commission

This newly established Commission remains vacant. The IPF EC is actively searching for candidates to fill the chairmanship, and member roles for this Commission.

In accordance to our new By-laws, an Ethics Commission shall be established and maintained by the IPF to hear and decide all breaches of the Code of Ethics in accordance with the Rules as set out in the Constitution and By-Laws. The Ethics Commission shall operate independently of the IPF in accordance with the Constitution, By-Laws, and applicable Rules. The Executive Committee shall appoint an independent and impartial Ethics Commission composed of 3 members who are legally qualified persons and who shall serve for the quadrennium. One shall be appointed Chair of the Commission.

o) Anti-Doping Commission
Report from the Anti-doping Commission

The onset of the Covid-19 pandemic saw countries affected dramatically with many competitions being cancelled and testing being impossible as a result of travel restrictions and preservation of overall safety.

The inclusion of the Canadian Centre for Ethics in Sport (CCES) coupled with the commitment of individual nations brought the level of management up to where we have a Tier 1 standing in terms of compliance with the World Antidoping Agency (WADA).

This prepared us for the multitude of changes at the end of the 2020 period. Following which a greater level of importance relating to Education and Antidoping Management by an external party for Gold Standard levels of compliance to be maintained.

Date Range	Out-of-competition		In-competition		Total	
	Urine	Blood	Urine	Blood	Urine	Blood
01 August 2019 to 31 July 2020	85	22	453	3	538	25
01 August 2019 to 31 December 2019	74	21	343	3	417	24
01 January 2020 to 31 July 2020	11	1	110	0	121	1

Respectfully,
Dr.Maia Blackman
Chairwoman
IPF Anti-doping Commission

p) Doping Hearing Panel
Report from the Doping Hearing Panel

Dear Colleagues,

Because of the impact of the COVID Pandemic on international competitions, the DHP has had no cases in the past year, and has not been called on to address any ADRVs or rules violations in this time frame.

Thank you,
James Cirincione
Chairman, Doping Hearing Panel

q) Media Commission
Report from the Director of Communications

Dear Friends,

In 2020, because of Covid-19 pandemic, there was almost no chance to create new content for our social media channels and website. So, we focused on bringing back great memories of past championships with photos, videos, and recorded livestreams.

With that we wanted to share memorable moments and try to keep some good mood with our athletes and give hope for the next competitions again.

Therefore, there were no significant changes in engagement with our social media.

Now we are looking forward to starting again with 2021 competitions and promoting our sport more and even better than before the pandemic!

Thank you,
Eric Rupp
Director
Media Communications

11) Regional Reports



a) Europe

Report from the President of the European Powerlifting Federation (EPF)

General Assembly.

It was not possible to physically arrange the EPF GA in 2020 due to the Covid-19 situation. The EPF GA Agenda with reports, balance account, budget etc. was sent to all national member nations and 21 nations out of 35 returned their votes. All 21 in favour.

Hall of Fame

The EPF Hall of Fame 2020 was awarded to **Klaus Brostrøm** (official) from Denmark, **Inna Orobets** (lifter) from Ukraine and **Antti Savolainen** (lifter) from Finland.

International Championships.

In 2020, only two European championships or Cups were organized in the beginning of the year. The remaining championships had to be cancelled due to the Covid-19 situation.

General Comments

In the end of 2020, Rogue Fitness and A7 Fitness signed co-operating contracts with EPF. This will significantly better the EPF economy, making it possible to increase the number of high-quality streaming from European championships and organizers of European championship will receive a high number of IPF recognized equipment.

By these agreements, it has been possible to strengthen the EPF administration by two persons – one Consultant dealing with sponsorship and one Media Secretary. These two sponsors will as well help to bring our sport more known all over the World.

The economy of EPF suffered from the low activity in 2020. By the end of the year, the EPF account balance shows about minus 12.600€.

EPF Strategic Plan

The EPF Strategic Plan was introduced in 2016 and has been updated from year to year. Last update is for 2021-2024 to be presented at the EPF GA 2021.

One of the goals has been to reach 40 member nations and at the end of 2020, 36 full members and 3 provisional members have signed in.

Another goal was to reach a mutual agreement with the European University Sports Association (EUSA). This was reached in 2020.

EPF Officials.

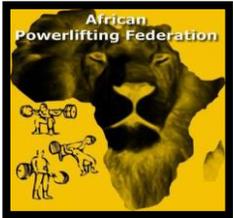
28

The EPF officials have been busy this year as well, because each and every championship were worked on until the cancellation had to be done. Contracts have been prepared and sent out to organizers in 2021 and the preparation for the next season is in good progress.

No federation or company is better than people doing the work and I am proud to state that EPF has dedicated and hardworking officials that cooperate perfect in the leading team as well with the national member federations.

They all deserve a great Thank You for running European powerlifting!

Arnulf Wahlstrom
President
European Powerlifting Federation



b) Africa

Report from the IPF EC Board Member for Africa

The last quarter of 2020 saw Africa, and the rest of the world, still in the throes of the COVID-19 pandemic which continued to disrupt the scheduled calendar of national, regional, and international sporting events.

These Powerlifting events which were scheduled to be hosted in Africa were cancelled:

- Arnold Classic Africa Powerlifting and Bench Press Event – cancelled
- African Powerlifting and Bench Press Championships – cancelled
- IPF Classic and Equipped Masters Powerlifting Championships - cancelled

Apart from the International events which could not take place, most countries had strict lockdown conditions which meant that National, Provincial and even Club competitions could not be held, and with gyms being closed all powerlifters struggled to train.

During 2020 Uganda was accepted as a Provisional member of the IPF, and the APF Executive looks forward to welcoming the Ugandan powerlifters at our regional and international events in the future. This new addition will bring the number of members to 17 nations.

The APF General Assembly which was to have taken place at the African Championships was also cancelled, with the APF Executive taking the decision to follow the IPF example of distributing the annual reports to our membership by email instead.

The APF Executive held various virtual meetings in order to continue to work on our Strategic Plan, to further the goals of Growth, Fair Play, Development, Quality and Promotion of the sport. The APF Law Commission under Mohamed Marie has, together with the APF Executive, worked on updating the APF Constitution to bring it in line with the IPF Constitution.

I continue to be encouraged by the work being done by the dedicated APF Executive to advance Powerlifting in Africa, and we hope for a more successful year in 2021.

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Heather Leighton
IPF EC Board Member - Africa



c) Asia

Report from the President of Asia Powerlifting Federation

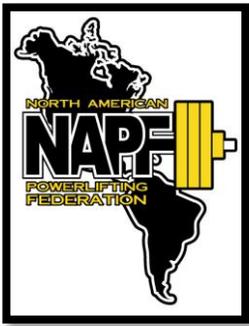
Dear Colleagues,
Dear Friends,

As you know, with the spread of Corona virus (Covid-19) in the world, the Asian Powerlifting Federation after the International Federation, suspended all its activities until the end of 2020, and postponed the activities of 2021 until the updating of sports activity calendars. One of the ways to communicate with the main audience of Powerlifting in Asia, cyberspace such as: Facebook, Instagram, as well as communication with national e-mail federations and partners (members of the board of directors of the Asian Federation) Skype and WhatsApp, which is still useful and usable.

Through Internet networks, we held regular meetings with members of the Board of Directors of the Asian Federation, and in these meetings, important decisions were made, which can be mentioned as follows:

- 1) Cancellation of all competitions until the end of 2020.
- 2) Postponement of competitions and activities of 2021 until the creation of a new calendar.
- 3) Communicate with members of the National Federation regarding the creation of a new calendar to host the Asian Championships.
- 5) Interview with the President of the International Federation (Mr. Parage) on the Instagram page of the Asian Powerlifting Federation live
- 6) Meeting with members of the Board of Directors of the Asian Powerlifting Federation as well as the President of the International Federation regarding the following issues:
 - a. Calendar of Events
 - b. Future General Assembly Dates (In case of a cancellation due to the COVID-19 Virus)
 - c. Anti-doping Rules (CCES)
 - d. IBSA / IPC Powerlifting
 - e. University Cup Program
 - f. Membership Fees – Discussion on delinquent fees that have not been paid in two year's or more.
 - g. Regional Board members to assist in preparing reports and collecting pastdue membership fees.
 - h. APF member update (address and email, phone)
 - i. APF webpage update (results, records and etc...)

Thank you,
Farshid Soltania
President, Asian Powerlifting Federation
IPF EC Board Member – Asia



d) North America

Report from the President of the North American Powerlifting Federation

Dear friends,

This past year has been a troublesome one in terms of competition due to the pandemic. With World and Regional competition cancelled due to the coronavirus, national borders closed, and the risk of infection high, powerlifting has essentially been on hiatus. With the reopening, starting in early 2021, international competition is slated to resume, but within the region, and in terms of world competition. While some venues have proven to be inaccessible or to have local restrictions, others have been able to plan on hosting the world. The same is true within the North American Region. While we have been successful in most of our nations in hosting local, provincial, and national competition, our 2021 schedule includes only the Regional powerlifting competition to be held in conjunction with the Pan American powerlifting championships. Our bench press competition, regionally remains postponed due to travel and virus concerns. We hope to resume a full slate of competition in 2022.

It is also of concern that our largest national affiliate faces suspension and/or resignation from the IPF over disagreement with the international body over drug testing. The short summary is that USA Powerlifting continues to stand on its founding principles of drug testing at all levels, and rejects that authority of the IPF over local-level testing. USA Powerlifting faces disciplinary action as a result, and a separation of our national and international organizations seems inevitable. It will be unfortunate after 24 years in the IPF for one of the most successful, and most clean nations to be removed. However, minimal testing at great cost concentrated at the elite level is not acceptable to the majority of USA Powerlifting members.

I hope to see all of you again at international competition in the future, but am not optimistic that it will be so.

With best regards

Lawrence J. (Larry) Maile, Ph.D.
President
North American Powerlifting Federation
IPF EC Board Member – North America



e) South America

Report from the IPF EC Board Member for South America

Dear Friends,

Due to the situation of the Covid 19 pandemic, our activities decreased, thus our South American Championship was suspended for December 2020, a decision we made in a meeting in September 2020. The South American Championships is schedule to take place in Lima, Peru during December 2021.

In each of the countries in South America sports activities have been restricted, but advantageously most of our athletes managed to carry out their training sessions.

We hope that during 2021, the situation improves, and we return to competitions, and continue to engage in our sport.

Sincerely,

Marcos Sanchez
IPF EC Board Member – South America



f) Oceania

Report from the Oceania Regional Powerlifting Federation

Mission:

We see the ORPF as a facilitator for the professional development of our member nations in competing, coaching and as officials. Being involved with sport at a high level has an effect of developing the careers of our members and providing opportunities to the members of our region is of utmost importance to the executive of the ORPF.

Executive and elections:

Unfortunately, again due to covid19 we have not been able to hold our³ general assembly due largely to the fact that travel has been and still is very restricted in the region with any international travel requiring 14 days in isolation sometimes at the destination and the point of return. Also, as with our last report it has been very difficult to get all member nations to attend a virtual meeting as per the constitution. This difficulty is the result of unreliable internet access across the region, and we are looking at ways to ensure

we can overcome this in the future. For example, Nauru does not have reliable internet access and the nation is currently investigating the installation of an undersea cable to improve the situation. Therefore, the decision was made to roll over all executive positions from the Pacific Games general assembly, the current positions are:

President: Eric Jioje of Fiji

Vice President: Vacant

IPF EC Board Member – Oceania: Vacant

General Secretary: Mr. Sailo Tulifau of Samoa

Treasurer: Prof. Gordon Thorogood of Samoa

Chair Technical Committee: Ms. Pam Cutjar of Samoa

Record Keeper: Mr Joel Riddings of Australia

Womens Committee: Posie Bop of Nauru

5-year plan:

As highlighted in last years report the two main issues for member nations that have been identified are international refs and access to equipment of a good standard to train with and we are still working with Niue to support them in govt grant activities and wholeheartedly support the efforts of New Zealand to hold virtual training courses that have facilitated the accreditation of referees for Niue.

Referees:

As stated in the past there was a history, even recently of obstacles being placed in the path of island nations to qualify international referees and member nations attempting to coerce other member nations by withholding permission for referees to attend regional events if their demands were not met. This then resulted in the IPF having to fly in referees from other regions at great cost. To run a regional event the bear minimum is that each nation attending be able to supply two international referees. It is the still main goal of the ORPF and the Chair Technical Committee to qualify this many for each member nation within the next 5 years. One initiative the ORPF is trialling in conjunction with Samoa is international referees attending via a virtual jury for their national championships, the ORPF will report back with a lessons learnt from this effort to see if can be utilised further for referee training or the facilitation of inter-island competition.

Equipment:

As reported previously the ORPF joined (via support from the IPF with the regional development fund) with the Niue Powerlifting Federation and the Niue government and sourced second hand Ivanko bars and weights, plus a power rack and bench to set up a national powerlifting gym on the island. The issue with shipping was resolved essentially via Mr Edwards the Niue president providing a substantial amount of the remaining shipping costs along with the ORPF treasurer Prof. Thorogood. These details can be found in the attached report and the funds will need to be repaid when the next development fee is granted.

Member Federations:

The amount of member nations has increased to 12:

- Fiji Powerlifting Federation
- Kiribati Powerlifting
- Nauru Powerlifting
- New Caledonia Powerlifting
- New Zealand Powerlifting Federation
- Niue Powerlifting Federation
- PNG Powerlifting

- Tahiti Powerlifting
- Tonga Powerlifting
- Tuvalu Powerlifting
- Samoa Powerlifting
- Solomon Islands Powerlifting

Possible future nations – 1

- American Samoa Powerlifting

Pacific Games 2023:

The ORPF Committee has begun talks with the CEO of the Pacific Games Mr Andrew Minogue. The ORPF and the IPF under the leadership of Emanuel Scheiber, will be tasked with running powerlifting for the 2023 games.

The activities of the Pacific Games are as follows:

2022 Pacific Mini Games

Congratulations to our friends in the Northern Mariana Islands on their successful one year to go celebrations for the 2022 Pacific Mini Games, held last Thursday. The event can be viewed here <https://www.facebook.com/nmipacificminigames/videos/81653393257234>

2023 Pacific Games

Following consultations with PGAs and the Oceania Federations, the Executive Board approved the request from the Solomon Islands PGA and Government to defer the Games due to the inevitable delays to the venues construction program caused by Covid-19. The Games will now commence on 19 November 2023. A press release on this matter is attached for your media contacts. We thank those PGAs who responded to the consultations, the strong majority of which supported the Solomon Islands' request.

Oceania Regional Championships:

The 2020 and 2021 Oceania Championships unfortunately did not occur due to covid19 restrictions. We continue to work with Niue on the 2022 regional championships. Currently it is scheduled for the first half of 2022, however that may need to be moved to the second half of the year depending on the resumption of travel in the region

International Events:

N/A due to covid19

Anti-doping:

The agreement with RADO in Fiji remains current and so we still have access to drug testing in the region.

Treasurer's Report:

There were very few transactions over the period. To save on expenses the accounts were not audited but the total member of transaction from the ORPF account are attached as a PDF for record. We hope that next year at the end of the regional championships and resumption^{3'} of activity there will be cause to have the accounts audited. At that time, we will have the audited for the three-year period.

On behalf of the Executive of the ORPF
Prof. Gordon. J. Thorogood

12) Action on Proposed Amendments

No proposals submitted

13) Elections / Confirmations

No elections this year.

14) New Member Applicants

Current Provisional members seeking full membership:

- Barbados
- China
- Cyprus
- Central African Republic
- Jamaica
- Palestine
- Paraguay
- Portugal
- Tunisia
- Uganda

New Full Members to be confirmed:

- Powerlifting Federation of Chile
- Haitian Powerlifting Federation
- Vietnam Powerlifting Federation
- Brunei Powerlifting Federation

15) Action on Delinquent Nations

16) Hall of Fame

To be announced at the General Assembly

17) Any Other Business

Presentation – 2021 IPF Open World Championships in Norway

Presentation – Eleiko

Presentation – SBD

President's Closing Speech

18) Future Championships

Championship Secretary Report

Dear Colleagues,

As there were no competitions taking place during 2020, there will be no championship Secretary Report this year. However, I have enclosed our Calendar of Events for 2021 to 2024. I kindly request that you send in your bids for the championships that are open in 2023 and 2024.

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Thank you,
Gaston Parage
IPF Championship Secretary

2021

31. January	Reykjavik International Games	EPF	Reykjavik	Iceland
07. - 13. July	European Masters Classic/Equipped Powerlifting Championships	EPF	Pilsen	Czech Republic
08. - 10. July	World University Classic Powerlifting Cup	IPF	Vilnius	Lithuania
01. - 05. August	Asia-Oceania University Cup Powerlifting Championship	APF	Sharjah	UAE
03. - 08. August	European Open, Sub-Junior & Junior Equipped Powerlifting Championships	EPF	Pilsen	Czech Republic
16. August	18th NAPF General Assembly	NAPF	Orlando, FL	USA
17. - 21. August	18th Annual North American Regional Powerlifting Championships	NAPF	Orlando, FL	USA
17. - 21. August	18th FESUPO/NAPF Pan-American Regional Powerlifting Championships	NAPF	Orlando, FL	USA
17. - 21. August	1st FESUPO/NAPF North and South American Regional University Cup	NAPF	Orlando, FL	USA
22. - 28. August	World Sub-Junior & Junior Powerlifting Championships	IPF	Oradea	Romania
22. - 28. August	World Master Equipped Powerlifting Championships	IPF	Oradea	Romania
26. - 28. August	European University Cup	EPF	Merignac	France
03. - 05. September	Western European Classic & Equipped Powerlifting Championships	EPF	Hamm	Luxembourg
17. - 19. September	Arnold Classic Europe Classic Powerlifting and Deadlift - CANCELLED	EPF	Seville	Spain
23. September - 03. October	World Sub-Junior, Junior, Master & Open Classic Powerlifting Championships	IPF	Halmstad	Sweden
25. - 26. September	Danube Cup Classic & Equipped Powerlifting - CANCELLED	EPF	TBD	TBD
01. - 03. October	Arnold Classic UK	BP/IPF	Birmingham	United Kingdom
14. - 16. October	16th Annual NAPF North American Regional Bench Press Championships	NAPF	San Jose	Costa Rica
21. October - 31. October	World Open, Sub Junior, Junior & Masters Classic & Equipped Bench Press Championship	IPF	Vilnius	Lithuania
06. - 07. November	Nordic Sub-Junior & Junior Equipped and Classic Powerlifting and Bench Press Championships	EPF	Pornainen	Finland
06. - 12. November	SportAccord World Sport & Business Summit	IPF	Ekaterinburg	Russia
08. - 13. November	World Open Powerlifting Championships	IPF	Stavanger	Norway
23. - 27. November	European Open, Sub-Junior, Junior & Master Equipped & Classic Bench Press Championships	EPF	Ekaterinburg	Russia
29. November - 04. December	Arnold Classic Africa	APF	Potchefstroom	South Africa
29. November - 04. December	African Powerlifting & Bench Press Championships	APF	Potchefstroom	South Africa
29. November - 04. December	African University Powerlifting Championships	APF	Potchefstroom	South Africa
29. November - 05. December	Commonwealth Classic/Equipped Powerlifting & Bench Press Championships	CPF	Auckland	New Zealand
01. - 11. December	Asian Classic & Equipped Powerlifting Championships	APF	Bandar Lampung	Indonesia
14. - 21. December	Asian Pacific Classic and Equipped Powerlifting and Bench Press Championships & Asian Classic and Equipped Bench Press Championships	APF	Hong Kong	China
03. - 12. December	European Open, Sub-Junior & Junior Classic Powerlifting Championships	EPF	Västerås	Sweden
06. - 12. December	South American Powerlifting & Bench Press Equipped and Classic Championships	FESUPO	Lima	Peru

2022

TBD March	3rd Annual ORPF Oceania Regional Powerlifting and Bench Press Championships	ORPFAlofi	Niue
08. - 13. March	European Classic Master Powerlifting Championships	EPF Vilnius	Lithuania
23. - 27. March	European University Cup Classic Powerlifting	EPF Hamm	Luxembourg
01. - 06. May	Asian Equipped Powerlifting Championship	APF Kolkata	India
02. - 08. May	European Equipped Open, Sub-Junior & Junior Powerlifting Championships	EPF TBD	TBD
21. - 29. May	World Classic & Equipped Bench Press Championship	IPF Almaty	Kazakhstan
06. - 12. June	World Classic Open Powerlifting Championships	IPF Sun City	South Africa
06. - 10. July	European Equipped Master Powerlifting Championships	EPF Eskilstuna	Sweden
07. - 17 July	IWGA World Games	IPF Birmingham, AL	USA
25. - 29. July	FISU Powerlifting World Cup	IPF Moscow	Russia
02. - 07. August	European Open, Junior & Masters Classic & Equipped Bench Press Championships	EPF Gyor	Hungary
14. August	20th NAPF General Assembly	NAPFPanama City	Panama
15. - 20. August	20th Annual NAPF North American Regional Powerlifting Championships	NAPFPanama City	Panama
26. August - 04. September	World Classic & Equipped Sub-Junior & Junior Powerlifting Championships	IPF Guayaquil	Ecuador
01. - 05. September	Asian Classic & Equipped Bench Press Championship	APF Ulaanbaatar	Mongolia
09. - 11. September	Western European Championships	EPF Aulnat	France
09. - 11. September	South East Asia Cup	APF Bangkok	Thailand
TBD September	Arnold Classic Europe	EPF TBD	TBD
24. - 25. September	Danube Cup	EPF TBD	TBD
09. - 15. October	World Classic & Equipped Masters Powerlifting Championships	IPF St. Johns, Newfoundland	Canada
27. - 29. October	9th NAPF/FESUPO Pan-American Regional Bench Press Championships	NAPFBid - San Juan	Bid - Puerto Rico
27. - 29. October	17th Annual NAPF North American Regional Bench Press Championships	NAPFBid - San Juan	Bid - Puerto Rico
13. November	IPF Congress	IPF Viborg	Denmark
14. - 20. November	World Equipped Open Powerlifting Championships	IPF Viborg	Denmark
02. - 11. December	European Classic Open, Sub-Junior & Junior Powerlifting Championships	EPF Pilsen	Czech Republic
05. - 12. December	Asian Classic Powerlifting Championship	APF Kuala Lumpur	Malaysia

2023

TBD	World Classic & Equipped Bench Press Championship	IPF	Bid - Sun City	Bid - South Africa
TBD	World Classic Sub-Junior, Junior & Open Powerlifting Championships	IPF	TBD	TBD
TBD	World Classic & Equipped Sub-Junior & Junior Powerlifting Championships	IPF	Bid - Sun City	Bid - South Africa
TBD	World Classic & Equipped Masters Powerlifting Championships	IPF	Bid - Ulaanbaatar	Bid - Mongolia
01. - 07. May	European Open, Junior & Sub-Junior Equipped Powerlifting Championships	EPF	Thisted	Denmark
01. - 06. August	European Open, Masters, Junior & Sub-Junior Equipped & Classic Bench Press Championships	EPF	Merignac	France
06. August	21 st NAPF Regional General Assembly	NAPF	Grand Cayman	Cayman Islands
07. - 12. August	21 st Annual NAPF North American Regional Powerlifting Championships	NAPF	Grand Cayman	Cayman Islands
TBD November	IPF Congress	IPF	Kyiv	Ukraine
TBD November	World Equipped Open Powerlifting Championships	IPF	Kyiv	Ukraine
19. November - 03. December	17th Pacific Games	IPF	Honiara	Solomon Islands
06. - 10. December	European Open Classic Powerlifting Championships	EPF	Tartu	Estonia

2024

TBD	World Classic & Equipped Bench Press Championship	IPF	TBD	TBD
TBD	World Classic Sub-Junior, Junior & Open Powerlifting Championships	IPF	TBD	TBD
TBD	World Classic & Equipped Sub-Junior & Junior Powerlifting Championships	IPF	Bid - Eskilstuna	Bid - Sweden
September	World Classic & Equipped Masters Powerlifting Championships	IPF	TBD	TBD
TBD	IPF Congress	IPF	TBD	TBD
TBD	World Equipped Open Powerlifting Championships	IPF	TBD	TBD

19) Adjournment