

IPF
2018

Meeting Agenda

IPF General Assembly

Conference Room -- Eleiko Sport Center
Halmstad, SWEDEN



Invitation
2018 IPF General Assembly
And following the General Assembly an Invitation to the Extraordinary Assembly
required by Article 8 Law dated 28th of April 1929* for non-profitable associations
(ASBL) registered in Luxembourg

Conference Room Eleiko Sport Center
Klastorpsvägen, 302 62 Halmstad, SWEDEN

Sunday, 4 November 2018 / Begin: 10:00 hrs.

1. Roll call of Nations and Delegates, presentation of credentials of each Nation.

Certification of Delegates

2. President's Address

3. Report Vice President

4. Minutes of the last General Assembly

5. Report Treasurer – Report Auditors

To examine the accounts of the previous year

To approve the budget for the forthcoming year

Fees (if requested)

6. Report Secretary General

7. Committee Reports

- | | |
|------------------------------------|-----------------------------|
| a) Technical Committee | h) Women's Committee |
| b) Medical Committee | i) Entourage Committee |
| c) Ethics & Disciplinary Committee | j) Coach Committee |
| d) Appeal Committee | k) Athlete's Committee |
| e) Law & Legislation Committee | l) Sport for all Commission |
| f) Anti-Doping Commission | m) Media Report |
| g) Doping Hearing Panel | |

8. Regional Reports

- a) Region 1 (Europe)
- b) Region 2 (Africa)
- c) Region 3 (Asia)
- d) Region 4 (North America)
- e) Region 5 (South America)
- f) Region 6 (Oceania)

9. Elections / Confirmations

10. Proposals

11. New Member Applicants

12. Action on delinquent Nations

13. Hall of Fame

14. Future Championships

15. Any other Business

16. Adjournment

1) Roll call of Nations and Delegates, presentation of credentials.

2) President's Address

Ladies and Gentlemen,

First of all, let me welcome all of you at this year congress in Halmstad Sweden organized by Eleiko and the Swedish Powerlifting Federation. I would like to thank Eleiko very much for the great support and also Emanuel who worked with Eleiko to advise them about what needs be done.

This year we again made a lot of progress which shows that we have continuities to bring our sport forward. We signed new contracts with our VIP partner Eleiko and SBD and a new VIP partner Aplyft joined the IPF and this opened us doors that we can manage to support our regional Federations with money to bring them on a higher level. The amount for this is foreseen in the first step with 90.000 € means 15.000 € for each Region.

One of our secretaries left us this year and the other one will become mother this year. Therefore, it was necessary to make some changes in our office. We engaged Emanuel Scheiber as General Manager because of his good knowledge and we don't need to teach a new secretary to work on all what Emanuel is working on. We have made a 5 years contract with Emanuel and our lawyer in Luxemburg has prepared the contract describing the whole responsibilities which have to be fulfilled by Emanuel. As our secretary will go into pregnancy leave for several months we applied again to the Administration of Work over the Labour and Sports Minister to get an employee free of charge over the OTI. This has been agreed and so we have hired a secretary for the time Greta is on pregnancy leave. This save money for this year because Greta is paid over the Luxemburg social system and the replacement over the Administration of work. I want really thank the Minister of Sport who support us again and it shows also that he had confidence into the IPF. Since we have installed our office in the "Maison des Sports Josy Barthel" we are fully operational and we had our first Working shop in Luxemburg this year in the House of Sport in Luxemburg.

The main reason was to hire Emanuel as our financial situation for 2019 will be over 1.500.000 €. This is due to the renewal process for the gear and equipment but also for the 3 VIP partners who were supporting us with a big amount of money allowing to support the Region's.

The Regions was one of my concern since I am elected first time President in 2012 to look how we can make sure we get some incomes for our regions as well. Of course this is now a first step and we will develop our regions more for the future. This year we have supported them again with equipment from Eleiko and of course with a smaller amount 6.000 € for each region with equipment like scales, referee light system and we have started with the creation of a new webpage which is linked with the IPF webpage so that the most important information can be automatically seen on the regional webpages. Africa is completed and we started with the NAPF and the new Oceania Regional Federation. EPF has already a page that is linked to the IPF webpage and so we will also work with FESUPO to support them as well. That means only one calendar will be posted on the IPF webpage and the same everywhere. Same other important matters like the news, President's corner, Anti-doping, World Records and our results etc.

Everyone will see that there will be more professional changes in the Region's as well.

We will start with one more streaming for the University CUP as it is important to promote this a lot as it was very exciting to see the University lifters competing in Pilsen their motivation and the support for the other lifters. We have send a bid to FISU to organize a University World Championships for 2020 in Pilsen. Therefore, a positive answer is awaited. We kindly encourage all our nations to participate next year at the University CUP to show the FISU that we have a large number of Universities and lifters taking part. For 3 years now, the amount of the Universities and lifters were growing.

This year we signed a new contract with a VIP partner Aplyft (online coaching) in Calgary. We are very proud to have them on board and we kindly ask you to cooperate with them as it is certainly better to have online coaching clinics than no coach clinic at all. The coach clinics are very important as we can see that in several countries is a lack of knowledge concerning coaching.

Of course the IPF level 1 and 2 still remain as those clinics are mostly for more advanced coaches.

Also our two other VIP partners have signed with us a new contract in Sölden where we agreed that they support the IPF with more money and that the part we have decided goes to the Regional Federation's. This will be done over the IPF so that we can see what is needed and where the support must be given to improve the Regional championships. A banner with all the VIP partner and the IPF is needed for the regions and will be always prepared over Emanuel so that we can show our brand to all over the World. The same apply to the World Championships where all the logos from the organizer will be forwarded to Emanuel and then the banner will be prepared by us and the organizer will send this to the production.

Progress has been made in the Anti-doping work and the WADA put us on Tier1 together with the Olympic Sports. Beside of us only one more non-Olympic Sport reached that goal. Of course we need now to fulfil what we have filled in to stay tier1. One of the decision was to take over the control from all the region concerning the controls at the Regional Federation and that all the collected money in the Region will be transferred to the IPF and the IPF account with all related costs for the controls in the Region. This is necessary to see how much money we have to achieve for the WADA criteria. This is more and more work and therefore we need hire one more person to make sure we do the whole work what is necessary to be stay WADA compliant and one more reason to raise the anti-doping fee's from 50 € to 60 €. It is necessary to do this if we want to reach our goal for the IOC recognition.

It is a long process and it makes it not easier for us as a strength sport. We still working hard on it and we never give up until the day we reach our goal.

However, I need to mention that we had too many positive tested lifters special in one region and we will reinforce our anti-doping rules to those nations because they brought not only trouble to their own Federation but also to the IPF and the IPF process. We discussed this at the work shop and we will discuss it here in the EC meeting with those nations and the responsible Board member. Those nations need to be forced to do national tests and they need to fulfil other criteria's like more education on national and regional level. We have no tolerance for cheaters and it is better to have them out at the national level than having them on international level.

We made again a big progress with the Media team. Nearly 600.000 friends on Facebook and we also reached out on you tube and Facebook on our last Classic Worlds 2,400,000 Million views. We will extend with the new budget our streaming's. One for the University CUP and one for the combined World equipped and Classic Bench press championships. At the moment we had only equipped bench press on the streaming.

From next year on a new IPF formula will be used. We have had specialist who working on this to make sure we have the best formula's in the future. The Specialist from the University of Leipzig have analysed all proposals we have forward to them and compared each other together to bring up the formula presented at our congress. This has not been changed because of RW but because it was time to do it. Also we have taking time to make sure we do it on the correct way and that we have really a better system. Now it is ready and it will be used from 2018 on.

We have still faced with some trouble in Oceania by putting obstacles to people who started to build up the new Federation APU from Australia. The IPF has made sure to help them especially in the anti-doping work to insure controls as their NADO has refused these controls because they go only⁴ with the recognized Federation. We hope that at the end of the year our new member Federation will be recognized by their government and the ASADA.

A new Regional Federation has been created with a lot of new people. Support has been given to them over the

IPF concerning a constitution and one member/person has been invited to our congress. Maybe some of them cannot afford to attend the congress, but we think that it is important to invite them so that they can see how a congress from the IPF is working, to give them a voice and a vote at our congress. Untrue stories in that region has been spread therefore, we think the best is that those people can have their own picture and that they can see what it means to be part of a democratically organized Federation where the members of the EC get elected 4 years and that nobody can stay without a vote for ever and do whatever he wants. The members of the Oceania Region will see the difference and they get a picture from us and then they know that a lot of untrue stories have been brought up just to convince them to go with an other Federation.

So, I welcome on behalf of our Executive committee all those nations who decided to stay with us.

Special thanks go to Grahame Fong and Sonia Manaena who worked tireless to convince the people from New Zealand to stay with the IPF. Also, a special thanks to Robert Keller who went there to defend the IPF and who brought our points up why they should stay within the IPF. The NZ GA vote was rendered in our favour by an overwhelming majority 48 – 84 vote taking into account a 2/3 majority was necessary.

Development has going on as every year. Equipment has been sent out to the World and to all the regions. Sponsorship from our VIP partners has been used for the Regions.

I travelled a lot around the World for meetings and Championships. My first meeting has been in Sölden where I signed a new contract with Eleiko and SBD.

Then I travelled in January to Japan, Mongolia and China together with Farshid Soltani and Hannie Smith. Here we visited the places for the organization Masters in Mongolia and the Bench press World in 2019 in Japan. In China we had a meeting with the Chinese Weightlifting Federation to start with Powerlifting in China.

Then I have been in Seoul for the Paralympics. Here I had the opportunity to talk with several EC members from the IPC where I met the President from the IPC. I talked about a cooperation between IPF and IPC. Of course, as they have been busy it was just a first meeting and we are looking forward to have a more important meeting with them in Bonn Germany.

I was also invited by the Serbian Federation to their National Bench press where I had also the opportunity to met with the NOC with the responsible person of the Ministry of Sport.

On the following trip I was invited from the national Federation in Iran, where I also meet with the responsible person from the Iranian Powerlifting Union. Then I went to the Sport Accord convention where we had again a booth stand and where we had a lot of meetings with the Umbrella Federations GAISF, AIMS, FISU, IWGA and of course the IOC Sports department and a lot of other important meetings. I was taking part at the Europeans and their congress in Pilsen. Afterwards, I have been in Vantaa at the Classic Bench press Worlds, in Canada at the Classic World Powerlifting Championships, in Pilsen at the University CUP, at the NAPF Powerlifting Championships in Mexico where I had meetings with the NAPF EC. In August we had a workshop in Luxemburg at our office. Here we prepared everything for the congress in November. I went to the Sub-junior & junior Worlds in Potchefstroom South Africa and then to the Asian Bench press Championships in Dubai where I meet with the organizer for next year World Championships and our new VIP partner Aplyft. I have been in the African Championship in Meknes Morocco where history has been made with a lot of new members and where we had beside the African Championships also the Arab Championship. The last trip has been to the Open Worlds here in Halmstad. Beside all of this when I was not on my way I went every day to the IPF office to work for the IPF together with our secretary. As you can see from all what I reported, I have a full-time job as President on volunteer basis to bring our sport forward.

I wish you all a fruitful congress and I want to thank all the EC members and our commission members.

Best Regards,

Gaston Parage
President
International Powerlifting Federation

IPF Championship Secretary Report.

Dear all,

First, I must bring up that the nomination system is now nearly 100 % working and the most of the nations have made a great work by adding the lifters into the system. As we have much better streaming's we need to add more profiles into the Goodlift system. Alexandre Kopayev will finalize this for next year so that the lifters can fill in their profiles without asking, in order to send them immediately to our e-mail address.

We had a very good and exiting World and Regional Championships. A lot of lifters who won only by body weight or with a small difference at the total, which is very good for our sport as it makes it more interesting and more exciting for the crowd.

Interesting is that we had a lot of women competing in the Classic Worlds what is surely great for our sport. Interesting to see the numbers of lifters in Equipped and Classic especially in the Open class. We had in Equipped open Powerlifting 135 men and 89 women. We had in Classic open Powerlifting 104 Men and 89 women. The difference comes with the Masters, Sub-junior and junior Classic. In total we had at the Classic Worlds 388 men and 306 women. In total in Powerlifting equipped Worlds we had 565 lifters and in Classic Powerlifting 694 lifters. This is of course that because some nations do not start with Equipped Sub-junior lifters and therefore we have a difference. This difference is only about 129 lifters.

In Bench press equipped we had this year only 221 men and 95 women and in Classic Bench press 349 men and 203 women. This was surely because this time the Equipped has been in South Africa and the Classic bench press has been in Finland. All in all, we had in total Classic Powerlifting and Equipped Powerlifting without the University lifters 1259 lifters and at the University CUP we had 109 Men and 67 women. On whole we had 1435 lifters.

This give me still confidence that we need go into both direction's as it show us that we have a lot of lifters going in both directions. One more time I repeat that this is because of the responsibility from the Federation members to add money in the referee's budget and to make sure we have enough referee's taking part. This is one part you can do for the IOC recognition which at first takes all the money which at the end it is coming back to all when recognition is received.

Please take your responsibility and make sure we will have enough referee's for the future taking part. It's not for the IPF EC but for your lifters.

A thank you to all those who are sending always the times referee's and I also thanks to all referee's who always are spending whole days to ensure that our competitions can continue to move on.

I will conclude by thanking to all the lifters who have competed at all our World and to all the coaches who trained the lifters every day and who are doing a hard job to bring the best lifters to the World.

Best Regards, Gaston Parage, IPF Championship Secretary

3) Report Vice President

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IPF Vice President's Report 2018

Dear ladies and gentlemen, dear friends and officials,

It is a pleasure for me to be here with you all today at this IPF Annual Congress. I do thank you all for putting your trust in me by electing now three years ago to the position of Vice President. Time goes fast by.

I would like to provide you with a short overview of my major activities in 2018.

As in the previous year a lot of my time has been spent on matters related to Mr. Wilks (RW) as well as Powerlifting Australia (PA) and the Oceania Powerlifting Federation (OPF). Following the decision of last year's Congress to expel the three above mentioned we have had to sort out various issues as well as give all the support possible to the establishment of a new powerlifting federation in Australia i.e. the Australian Powerlifting Union (APU) as well as a new Oceania region powerlifting. I must say the people in Australia involved in this have done a tremendous job in a very short time. Part of my job was to establish an Anti-Doping infrastructure for APU. RW as well as OPF and PA have as you all know lodged cases against the IPF both in Luxembourg and at the CAS in Lausanne, Switzerland and that has required some work on my behalf. Just to repeat what this means: RW as well as the PA and OPF have in the cases demanded that the court rule as to the annihilation of the IPF and the nullification of all championships from 2008 and as well as the nullification of all records as well. In other words that all the time, money, effort and passion that all of us have put into this sport for the last 10 years be wiped out. My time and effort as well as that of many others should not have been put into matters like these but rather into building up a better future for our athletes and our sport.

WADA took the IPF through a Compliance Questionnaire last year and following that we had to put a lot of work into our Compliance Action Plan in order to fulfil all requirements. Detlev Albrings did a tremendous job as well as our legal counsel. It was my privilege to work with them on this. The result was that the IPF was one of the very first IFs to become fully compliant Tier 1 federation.

This year involved trips, telephone calls, emails, meetings, conversations etc.

In August I travelled to Luxembourg for a two day session with several EC member.

In August/September I attended the Junior and Sub-Junior World Championship in Potchefstroom, South Africa as the IPF EC representative but also as the Anti-Doping Control Officer.

I've of course worked very close with Mr. Gaston Parage, Mr. Robert Keller and other members of the EC and want to express my thanks and gratitude to all of them. The time and effort these people give the sport of powerlifting on a voluntary basis is huge and should be appreciated by us all.

What has been the negative this year as in the previous year is all the time and money that has been wasted on the case that RW, OPF and PA brought against the IPF. In the end the CAS case RW brought against us in 2016 year was rejected by CAS on the basis of lack of jurisdiction and RW was required to pay the IPF 2000 CHF. To this date Mr. Wilks has not paid those CHF 2000 to the IPF as per the CAS's decision.

Again I thank you for the trust in electing me. I hope that my contribution has helped the sport. We need to invest more time and money in our methods and systems most importantly in Anti-Doping in order to become a more professional world class sport.

Last but not least I want to thank Mr. Gaston Parage for the cooperation. The time and passion this individual contributes to our sport is second to none. Tremendous. Gaston! Please convey my regards and thanks to your wife. I also want to say special thanks to Mr. Robert Keller our General Secretary for the time we have spent working together. He as well contributes much more time than you can imagine. Thanks Robert and convey my regards and thanks to your wife as well.

May we all have a successful annual Congress

Hafnarfjörður, 16 September 2018
Sigurjón Pétursson, IPF Vice President

4) Minutes of the last General Assembly

The Minutes from the 2017 General Assembly, held in Pilsen, Czech Republic can be found on the IPF Website.

5) Report Treasurer

Treasurer report, period 1st October 2017 to 30th of September 2018

The approved budget of the Congress last year gave the IPF a financial scope to extend the IPF activities. These main activities are not only linked to the further development of the IPF and their regions but also play a major role for to following: WADA Code, IOC recognition and running the daily IPF business included the employees at the office in Luxemburg.

e.g. Main focal points activities:

- Anti-doping work connected to the WADA Code and Major International Championships
- High quality streaming from Major International Championships
- Provide high quality Major International Championships
- Marketing (IPF Magazine, Facebook, Twitter, etc)
- Development fund regions
- IOC Recognition and SportAccord

The incomes of the budget for the period of 1st October 2017 to 30th September 2017 were surpassed. But in the same period, the IPF has had in some budgetary items more additional expenditures as foreseen in the same period.

The larger additional expenses are linked to:

1. A higher tax assessment for the year 2017 to the tax department in Luxemburg for the purchase of materials and business services (due higher activity when buying equipment for the WG 17).
2. Media work and streaming especially connected to larger/or combined Major International Championships
3. Work connected to the IOC recognition, SportAccord and following the WADA Code
4. Extraordinary expenses for lawyer costs in Lausanne/CH and Luxembourg/LUX

As the current financial situation shows, the scheduled budget connected to the incomes section has been noticeably extended for the period 1st October 17 to September 2018. These mainly extended incomes are linked to the new sponsorship with APLYFT - IPF VIP Partner.

After the auditors have examined the accounts and bookkeeping system of the IPF and finalized the auditor's report, the financial report for 2017 – 2018 with the actual numbers will be published in time before the Congress.

A special thank goes to our VIP partners Eleiko and SBD. Eleiko who supplies all organizers of main World Championships with lifting equipment and SBD who supports us in addition financially for developing the regions. I also want to thank our IPF Silver Sponsor Rogue and IPF Bronze Sponsor Bull, all other sponsors and equipment manufacturers of the IPF for the good cooperation during the year.

Once again, I want to remind all nations, all invoices connected to the IPF membership fee or PA&ADF are posted on the IPF Homepage in section ABOUT IPF/INVOICES. The PA&ADF must be noted on the IPF bank account latest to the current technical meeting.

The membership fee must be paid at latest at the end of January during the actual year. Nations, who have not paid their membership fee, will not have any voting rights at the Congress in the current Congress year.

I want to express my thankfulness to all affiliated member nations, sponsors, vendors, my EC colleges, IPF committees and all other people in the IPF for a good cooperation during the year.

I wish you all a successful Congress and World Championship Competition.

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Best wishes,

Dietmar Wolf
Treasurer - IPF
Stange - Norway, 12.9.18

IPF Balance Sheet



INCOMES 2017/2018

01.1	MEMBERSHIP FEE	€	30 364,35
01.2	PARTICIPATION FEE	€	118 020,59
01.2.1	WG	€	-
01.3	SANCTION FEE	€	4 500,00
02.1	REFEREE FEES/FINES NATIONS	€	7 565,89
03.1	SPONSORS	€	208 500,00
03.2	APPROVAL&LICENSE FEE	€	184 085,79
03.3	LOGO FEE	€	5 273,55
07.1	ANTI DOPING FEE	€	116 160,59
07.2	DOPING FINES	€	15 405,47
07.5	OCT/ADF REGIONS	€	104 310,77
08.2	COMMERCIAL	€	-
08.3	IPF MAGAZINE	€	1 619,82
0.9	OTHERS	€	29 138,67
10.0	CASH	€	-

Incomes: € 824 945,48

EXPENSES 2017/2018

01.2	PARTICIPATION FEE/ORGANIZER	€	36 176,07
01.2.1	WG	€	-
02.2	REFEREE TIES/BADGES/SCAFS	€	6 438,20
03.1	SPONSOR REGION/ARNOLDS	€	14 482,17
03.4	SPONSOR/CONSULTANT	€	29 572,26
0.4	ADMINISTRATION	€	238 912,51
0.5	TRAVEL	€	85 794,96
0.6	DEVELOPMENT OF SPORT	€	141 144,75
0.7	ANTI DOPING	€	193 352,63
0.8	MARKETING&MAGAZINE	€	111 268,90
0.9	OTHERS	€	-27 494,67
10.0	CASH	€	-

Expenses: € 829 647,78

Incomes 1.10.17 - 30.9.18 € 824 945,48

Expenses 1.10.17 - 30.9.18 € -829 647,78

Budget surplus: € -4 702,30

IPF BANK ACCOUNTS

Saving account BCEE 30.9.18	€	20 025,00
Daily account BCEE 30.9.18	€	51 038,85
Visa Card accounts 30.9.18	€	-4 848,51
	€	66 215,34

Saving account ING 31.12.17	€	35 992,15
Daily account ING 30.9.18	€	371,87
PayPal account 30.9.18	€	3 677,23
	€	40 041,25

Daily&Saving accounts total amount 30.9.18 € 106 256,59

Daily&Saving accounts total amount 30.9.17 € -197 111,04

Daily&Saving accounts total amount 30.9.18 € 106 256,59

Net profit income 2017/2018: € -90 854,45

Outstanding payments until 30.9.18

Doping Fine Algeria	€	2 000,00
Doping Fine Afghanistan	€	846,89
Doping Fine Egypt	€	1 500,00
Doping Fine India	€	2 000,00
Doping Fine Libya	€	3 500,00
Doping Fine Samoa	€	2 000,00
Doping Fine Uzbekistan	€	10 769,42
CAS Mr. R.Wilks - remaining amount 2000 CHF	€	1 750,00
	€	24 366,31

IPF Financial Situation

FINANCIAL REPORT 2017/2018, 1.10.17 - 30.9.18



Financial situation: 30.9.18

Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 30.9.18	€	51 038,85
Banque et Caisse D'Epargne de L'etat - Saving account 30.9.18	€	20 025,00
Banque et Caisse D'Epargne de L'etat - Visa Card account 30.9.17	€	-4 848,51
ING - Daily account 30.9.18	€	371,87
ING - Saving account 31.12.17	€	35 992,15
PayPal account 30.9.18	€	3 677,23
Credit total amount:		€ 106 256,59

Financial situation: 30.9.17

Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 30.9.17	€	142 745,61
Banque et Caisse D'Epargne de L'etat - Saving account 31.12.16	€	17 998,17
Banque et Caisse D'Epargne de L'etat - Visa Card account 30.9.17	€	-1 667,29
ING - Daily account 30.9.17	€	62,99
ING - Saving account 31.12.16	€	36 470,88
PayPal account 30.9.17	€	1 500,68
Credit total amount:		€ 197 111,04

Financial situation: 1.10.17 - 30.9.18

Balance sheet

Financial situation 30.9.17	€	-197 111,04
Financial situation 30.9.18	€	106 256,59
Net profit income:		€ -90 854,45

The IPF was able to close the fiscal year with a net profit income: 1 € -90 854,45

BUDGET 2019

	Budget	
	Income	Expenditure
01 Fees		
01.1 Membership fees	35,000.00	
01.2 Participation fees	117,500.00	30,000.00
01.3 Sanction fees	8,000.00	
01.4 Membership fees - Umbrella organisations		7,000.00
	160,500.00	37,000.00
02 Referee fee		
02.1 Examination	1,500.00	
02.2 Card renewal/fine		
02.3.Tie's,etc.	500.00	2,000.00
	2,000.00	2,000.00
03. Partners		
03.1 Sponsor	639,000.00	
03.2 Approval/License fee	325,500.00	
03.3 Logo fee	5,000.00	
03.4 Sponsor		25,000.00
03.5 Equipment Championships	90,000.00	90,000.00
	1,059,500.00	115,000.00
04 Administration		
04.1 Telecommunication		2,000.00
04.2 Interests, Account fees, Tax	100.00	65,000.00
04.3 Internet costs – Homepage		10,000.00
04.4 Awards, Certificates etc.		3,000.00
04.5. Stationery		8,000.00
04.6 Stamps		500.00
04.7 Medals	500.00	500.00
04.8 Computer Secretary		8,500.00
04.9 Expences allowance		35,000.00
04.11 Employees/Offices expences		130,000.00
	600.00	262,500.00
05 Travel		
05.1 Championships / Meal expences		77,000.00
05.2 Intern. Congress / IOC / IWGA		30,000.00
05.3 World Games 2021		5,000.00
	0.00	112,000.00
Development Fund		
06.1 Travel		20,000.00
06.2 Equipment	1	100,000.00
06.3 Trainer Education	15,000.00	15,000.00
06.4 Regions		105,000.00
	15,000.00	240,000.00

07 Anti-Doping		
07.1 Anti-Doping fees	250,000.00	
07.1.2 Anti Doping fees World Games		
07.2 Fines	30,000.00	
07.3 WADA-laboratory + transport costs		97,000.00
07.4 National Agencies costs/ travel officers		30,000.00
07.5 OCT		100,000.00
07.6 Education		10,000.00
07.7 Assistant Secretary		18,000.00
07.8 CAS / DHP		25,000.00
	280,000.00	280,000.00
08 Marketing & Media		
08.1 Travel		25,000.00
08.2 Road to Birmingham		15,000.00
08.3 Newsletter/Magazine	1,500.00	12,000.00
08.4 TV / Internet streaming	0.00	125,000.00
08.5 Sportaccord	20,000.00	40,000.00
	21,500.00	217,000.00
09 Other		
09.1 Additional income / expenditure		100,000.00
	0.00	100,000.00
Balance	1,539,100.00	1,365,500.00
Profit	173,600.00	

Auditors Report



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www.powerlifting-ipf.com

Auditor report IPF 1.10.17 - 30.9.18

The bank account control and the verification of the bank account documents of the IPF was carried out on the 1st October 2018 in Luxembourg. The audit period includes 1st of October 2017 to 30th of September 2018.

Henri Adam from LUXASCON (LUX) and the auditor Xavier de Puytorac (FRA) and the treasurer of IPF, Dietmar Wolf were present.

Complaints about the bank accounts and bank account documents were not found.

The invoice-, income-and expenses documents are very well organized by individual document lists. The treasurer has been certified correct work with each of the bookkeeping processes and is to grant discharge.

The financial assets have during the fiscal year decreased with -90 854,45 € and leads to bank balances of 106 256,59 € at 30.9.2018.

The IPF could have generated a very positive surplus, if lawyer costs would not have arisen in legal cases and higher tax payments to the Luxembourg Tax department. The total amount of the costs was 88 616,29 € (total amount is divided into 72 466,29 € lawyer costs and 16 150,00 € additional taxes).

Luxemburg, 1.10.18

Luxascon vârl
14, rue de Greiborn
L-5262 Dourmalinge
Henri Adam
LUXASCON

Xavier De Puytorac
Auditor IPF

6) Report from the Secretary General

Dear Friends:

Dear Colleagues:

On behalf of the International Powerlifting Federation (IPF), I would like to welcome each one of you to the Halmstad for this year's World Powerlifting Championships and this year's IPF General Assembly.

I'm very pleased to report, as an organization, we've had another extremely busy and successful year.

I continue speak daily with the President, Mr. Parage to ensure my/our responsibilities are fulfilled to advance the federation forward and to reach our ultimate goal of IOC Recognition. As I've reported to you before, Gaston is the engine that drives the organization. You will not meet anyone that works as hard or is as devoted as Gaston. Sigurjon Petursson, our Vice-President ensures our ship is steady and has gone above and beyond the call of duty. Sigurjon was been exceptional in managing and overseeing our ongoing legal cases with Mr. Wilks, Powerlifting Australia and the Oceania Powerlifting Federation. Mr. Dietmar Wolf continues to handle and oversee our finances in a precision an outstanding manner. I have had the pleasure to work with our secretaries in our new office in the House of Sport -- Luxembourg National Olympic. My colleagues on the executive Committee are committed to ensuring our organization remains successful. I can assure you that Mr. Parage is firmly committed to reaching our goal of IOC recognition. Our executive and our committees are second to none and work tirelessly, day after day, and year after year. They deserve your continued praise.

Besides my normal everyday duties, I attended numerous championships, meetings and conferences. Most of the meetings, I attended with Gaston Parage. The meetings and competitions are as follows:

Arnold Schwarzenegger Sports Festival, Columbus, Ohio, USA
SportAccord Convention, Bangkok, Thailand
World Classic Powerlifting Championships, Calgary, Canada
NAPF North American Regional Championship, Mexico City, Mexico
Two Meetings with Rogue – Columbus, Ohio
IPF Workshop, Strassen, Luxembourg
New Zealand PL Federation AGM, Whangarei, New Zealand
IWGA World Games Meeting, Birmingham, Alabama, USA
3rd IOC Youth Olympic Games, Buenos Aires, Argentina
Olympism in Action Forum, Buenos Aires, Argentina
NAPF North American Bench Press Championships, San Jose, Costa Rica
IF Forum, Lausanne, Switzerland
IPF World Powerlifting Championships, Halmstad, Sweden
ORPF Oceania Regional Powerlifting Championship, Gold Coast, Australia

USA Powerlifting directed another terrific Arnold Sports Festival. The competition was well directed by Dr. Larry Maile and Priscilla Ribic – Congratulations.

The SportAccord Convention was a huge success for the IPF this year. During SportAccord Convention, Gaston and I met with officials from the IOC Executive, the IOC Sports Department, Special Olympics International, AIMS, FISU, the IWGA, FICS, WADA, the Commonwealth Games and Peace and Sport. From these meetings, our relationship continues to grow with Special Olympics International, and the Commonwealth Games. Key and important, this year, this year, the IPF formally received FISU recognition. Another huge step forward for the IPF. I would like personally thank Mr Parage for requesting that I collect the necessary data and prepare the application for FISU. I want to also specially thank the IPF member federations for supporting this initiative. This year the IPF established a booth at the convention which included training demonstrations. Special thanks to Emanuel Scheiber, our VIP Partners, SBD and Eleiko, and the new Thai Powerlifting Federation for assisting with this event. The IPF participated the Thailand Sports Festival. Lifters from many of our IPF Member Federations too part in this festival, which I had a pleasure to MC. The IPF's presence is now well known in the international sports world!

I continued to serve on the Board of Directors to Association of Independent Members of Sport Accord (AIMS). This year, at SportAccord, AIMS, a provisionally IOC organization, established two committees. One that will assist fledgling sports to receive recognition of Sport Accord. The other committee included the development of an AIMS Sports Festival. The IPF is a member of AIMS, and is now listed in the IOC Sport Directory of non-recognized sports. Overall, my work with AIMS focuses on assisting IFs in achieving IOC Recognition.

This year, once more, I performed the annual audit of the member federation contact information. The audit assisted Mr. Bernardi in preparing our most recent application to the IOC. This was a huge task and I want to thank all of the member federations for responding in a timely manner. In the future, if there are any changes with your contact information, please be sure to contact both your regional executive as well as me, and we'll be sure to update your membership contact information. Special thanks to Heinrich Van Rensburg for his assistance in placing the updated contact information onto the IPF website. This project was a significant and necessary part of our IOC Application.

I attended the New Zealand General Assembly this past month Whangarei. Mr. Wilks now with World Powerlifting was attempting to lure the NZ Powerlifting Federation away from the IPF and go with his new World Powerlifting. After my presentation, the NZ General Assembly voted to remain with the IPF by a count of 48 – 84. Thank you to Gaston and the EC for entrusting me with this very important task to defend the IPF and to defend our Member Federation. Also, I want to extend a sincere thank you to Mr. Grahame Fong and Sonia Manaia for their support and hard work before and during the GA.

This year, I've been working closely with the assisting the Sean Muir and the new Australian Powerlifting Union, Mr. Michael Kingston, the interim President of the new Oceania Regional Powerlifting Federation, as well as the IPF Oceania Member Federations. During November, I will attend the inaugural ORPF Oceania Championship on the Gold Coast, Australia. At this championships, I shall meet with the CEO of the Pacific Games, Mr Minogue.

It will be a pleasure to see the 10 IPF Member Federations from Oceania attend this year's General Assembly. After the GA, we shall meet with them to discuss future development of the region and to answer any and all questions on why the OPF, the PA and Mr. Wilks were excluded from the IPF. The new regional – ORPF – shall work on the principles of transparency and good governance. Under the leadership of Mr. Michael Kingston and the ORPF Committee an amazing job, in a short amount of time. The dawn of a new area for Oceania Powerlifting!

Last year, I continued to work on a project which identified a list of non-member federation countries world-wide that we have reached out too. The IPF now boasts to have 116 member federations, the most member federations in our history. Most likely, we shall likely be at 120 members by the end of the year!! This year, we've started discussions with China as well. Special thanks to our regions for becoming more active.

The legal cases presented to the IPF remain a significant distraction for the executive. We've been successful in thwarting the efforts of persons bent on undermining the organization. However, the effort to do this comes at a significant cost of time and financial resources to the organization. The time and effort should be used to concentrate on work for the benefit of the organization instead. Once more, I must praise the monumental effort of Gaston, Sigurjon, Dietmar and Mr. Wahlstrom for their exceptional work in protecting the IPF. I would also like to recognize the superb work of Mr. Ross Wenzel, our legal counsel, and Mr. Marc Theisen our legal counsel in Luxembourg provided us the necessary and expert legal advice to achieve successful outcomes. However, one more, our efforts have come at a major expense in time, as well as our monetary resources that should have been directed toward both our application to the IOC and to the development our organization as a whole.

Currently, I serve as the Chairman for the IPF Sport for all Commission. The committee members met in Orlando at the World Sub-Junior/Junior Championships. It was decided to have to a championship in Luxembourg which includes Special Olympic Athletes, Blind Athletes and Paralympic Athletes. The Special Olympics competition will be a unified event with IPF athletes. Special thanks to both Chip Hultquist and Mr. Peter Thorne. This activity of this committee will play an important role in reaching our goal of IOC recognition.

The World Games in Wroclaw, Poland was simply exceptional event. My compliments to the IWGA and the Wroclaw organizing committee for their hard work that produced a one of the best powerlifting championships

ever held. This was the first time powerlifting appeared on the Olympic Channel. The exposure for our sport at this competition was something never seen before. We continue to grow and makes great strides with our medial production – Compliments to Eric Rupp and Christina Chambly. At this event, we had a number of important meetings with the International Olympic Committee Sports Department regarding our application. Our meetings went very well and the officials from not only the IOC but the IWGA were extremely pleased with the results of our event. As an organization, we remain cautiously optimistic of our recognition by the IOC. Presently, the IPF meets all of the criteria for recognition, we now have to just wait our turn.

Special thanks to our VIP Partners – SBD, Eleiko and Aplyft. This year, I had the pleasure to visit the Rogue HQ and assist them in the development of their new powerlifting Squat/Bench Rack.

I would like to thank my colleagues on the executive, the committees, the commission members, the member federations as well as the athletes, coaches and referees. I look forward to our continued work, together, next year. Of special recognition, I would like to thank Mr. Hannie Smith and Mr. Richard Parker. Though difficult at times, your efforts and resolve are appreciated by everyone. Special thanks also goes to the Media Team – Your work is phenomenal. Chrissy and Eric, thank you!

To close, I want to personally thank everyone for having confidence in my work. Of course, if there is anything I can do to assist you in the future, please call on me. Thank you.

My sincere and kind regards,

Robert Keller
Secretary General
International Powerlifting Federation
Orlando, Florida, USA
10.01.2018

7) Committee Reports

a) Technical Committee

Report from the Technical Committee

The Year 2018 is almost something in the past. I want to thank all the EC & TC Members and all the Referees who officiate at World & Regional Championships for their hard work and long hour on the platform and Jury table especially in Canada Classic Worlds.

The selection and positioning of referees to officiate at IPF Championships has been made throughout the year according to Nations nomination. During the Equipped Bench Press Championships in South Africa we have only 17 Referees participating. It was disappointed because all the referees and specially the Jury work back to back sessions.

The Raw Bench Press Championships in Finland 31 Referee participate. The 2nd University World Powerlifting Cup in Pilsen there were 26 Referees. More Referees attend the Classic World Powerlifting Championships I Canada, but still not enough to have a Jury table for each platform. 59 participate in Canada. In South Africa at the S/Jnr & Jnr World Powerlifting Championships 21 Referees participate. My report was done before Master Worlds in Mongolia. 20 Referees is nominated.

On behalf of the TC I would like to call on the member federations to send more Referees to World Championships. Would also encourage women to become referees. The IOC requirement it that we must have more women referees.

A big number of new Referees did the examination and I welcome you all in the IPF Referee Corps.

Also a big thanks to all the Meet Directors for hosting the World Championships. This is not an easy job as the tasks are many. Congratulations to all of you. I received a couple of email regarding rules and gear and answered them hopefully to everyone's satisfaction. Proposals will present at this Congress and will be voted on.

New Manufacturers send in Gear for approval and the new list will be published in January 2019-2022.

Thank you.
Johan Smith
TC Chairman

b) Medical Committee

Greetings to IPF members 2018

MC's activity in 2018 was a busy continuation of previous years. In 2018, the Medical Committee has carried on the work based on principles laid down by IPF EC, which means we concentrate on proper TUE application and approval process. There are several procedural changes. With the help of our VP Sigurion Petursson, we currently have operation procedures which are fully integrated with the WADA guidelines. The number of assessed TUE was higher than last year and the level of their complexity is constantly growing. There were 52 TUE granted, 3 refused and two of them concerned the retroactive TUE. There is a great concern about the Masters category as the spectrum of medicines the lifters has alarmingly increased. The disease pattern includes women disorders, ADHD, diabetes, joint or muscle inflammation etc. The decisions about the legality of a chronic application of steroid medicines, were generally negative. In 2017, IPF EC recognises the importance of the Medical Committee's work and member of the MC Dr. Josephine Wing-Yuk Ip is elected to IPF EC. In connection with new interpretations provisions concerning TUE, the Chairman of MC participated in 4th Therapeutic Use Exemption Symposium of WADA on 21-23.09.2017 in Helsinki and they have been implemented in the acceptance process of the TUE in IPF.

Medical Committee will continue to work at best effort to support IPF to bring Powerlifting into Olympic discipline.

Wishing you staying in this aspiration. The Chairman thanks for the difficult work and the fruitful cooperation of all members.

Josephine Wing-Yuk Ip – Hong Kong
Benedicte Le Panse – France
Lawrence Maile – USA
Hugo Velasquez – Costa Rica
Donovan Thompson - USA

Prof. nzw. dr hab. Marek Kruszewski - Poland
Chairman IPF Medical Committee

c) Ethics & Disciplinary Committee

International Powerlifting Federation
Ethics & Disciplinary Committee Annual Report 2018

The Ethics & Disciplinary Committee (E&DC) currently comprises the following members:

Richard Parker (Great Britain) Chairman	
Gennadii Khodosevich (Russia) Member-	- Exec Appointee
Sean Dunston (USA) Member	- North America

Pavol Muller (Slovakia) Member	- Europe
Volker Bernardi (Germany) Member	- Exec Appointee
Andre Smith (South Africa) Member	- Africa
Roland Blasi (Luxembourg)	- Exec Appointee

The E&DC examines and decides on ethics and disciplinary cases within the IPF and determines penalties, except on doping related cases. In order to ensure objectivity and to prevent partiality, if a case involves a national of one of the countries from which a member of the E&DC comes, the said member recuses themselves and is not involved in processing of the case.

The E&DC deals with two categories of cases:

a) Anti-Doping – involving examination of:

- Doping Control Forms
- Analysis Results Records
- TUE (Therapeutic Use Exemption)
- Other documents and evidence presented to, or collected by, the E&DC.

If after examining a case in detail, it is the opinion of the E&DC that a doping violation has occurred it is cleared to be sent to the Doping Hearing Panel (DHP) for a decision. Some 15 cases of this nature from 12 countries have been processed to date since the last General Assembly. One of these had a valid TUE in place.

b) Complaints received through the IPF Secretary General from the Executive, Regions, Nations or individuals.

a. Executive – none

b. Regions – Allegation by Oceania against Chairman of the Medical Committee resulting in a counter claim against the complainant. This has been conditionally withdrawn following the decisions at the 2017 General Assembly.

c. Nations:

- i. Great Britain – complaint against EPF Secretary General regarding conduct at 2017 European Bench Press Championships. The E&DC ruled that the IPF Code of Conduct had been breached and a warning given.
- ii. Brazil - case regarding alleged offensive Facebook postings by lifters from another country. Warning letters sent to the individuals concerned.
- iii. Hong Kong – complaints against several of their members referred back as these were considered domestic issues.

d. Individuals - Letter from a USAPL lifter's attorney covering:

- i. Request to join USVI Powerlifting – referred to IPF Executive Committee.
- ii. Request for a rule change to Section 105.9.3 – compliance with the Constitution regarding rule change requests made clear.
- iii. Complaint against the conduct of USAPL – E&DC¹ answered that the complaints procedure in accordance with the USAPL Constitution was the correct way to proceed.

Note that outstanding cases filed by Mr Wilks/Oceania are being held in abeyance.

In conclusion, I would like to thank all E&DC members for their help and support dealing with all the above cases.

Richard Parker
EDC Chairman

d) Appeal Committee

Report from the Appeal Committee

Greetings to All:

The IPF Appeals Committee has not heard any additional appeals this year. We had a number of appeals filed by Robert Wilks, but those were considered withdrawn by default due to his departure, and the Committee did not take any further action.

Thank you,

Bettina C. Altizer, IPF Appeal Chairperson

e) Law & Legislation Committee

IPF Law & Legislation Committee - Annual Report

The Law & Legislation Committee (L&LC) consists of the following members:

- Kalevi Sorsa (Finland), Chairman
- Robert Keller (United States of America), Member
- Michael Patterson (Great Britain), Member
- Sandro Rossi (Italy), Member

Duties of the Law & Legislation Committee have been remained the same as have been for recent years, i.e., one of the Committee's duties is to review the constitutions of member applicants; those among other things must include definite rules for that:

- The Federation accepts and follows the Constitution and By-Laws of the IPF and those of the concerned Regional Powerlifting Federation;
- The Federation organises competitions in accordance with the IPF Technical Rules;
- The Federation accepts and follows the IPF Anti-Doping Rules and the WADA *Code*;
- The Federation and its members recognize the Court of Arbitration for Sport (CAS) in Lausanne as the only external body for jurisdiction;
- The Federation has sanctions for national level anti-doping rule violations in full accordance with the sanctions set out in the IPF Anti-Doping Rules and the WADA *Code*.

The IPF Law & Legislation Committee provides with each applicant a model rule which must be included, without any substantive change, in the relevant article of each applicant's constitution in regard to the duties of the Federation's Disciplinary Committee, particularly in regard to imposing penalties on national level anti-doping rule violations.

There must also be definite rules in the applicant's constitution about that the National Federation has a democratically elected Executive Committee, for a renewable term from two to four years (the term must

be specified), including:

- the President;
- the Vice President;
- the General Secretary;
- the Treasurer;
- other members (2-5)

Moreover, there must be definite rules in the applicant's constitution about that the Chairpersons of committees are elected democratically, for a renewable term from two to four years (the term must be specified), including but not limited to:

- Technical Committee
 - Disciplinary Committee
 - Appeal Committee
 - Law & Legislation Committee.
- After the last year's General Assembly the Law & Legislation Committee has reviewed and approved the Constitutions of the following member applicants:
- Australia, Belize, Benin, Gambia, Somalia and Zimbabwe.
 - Australia, Belize, Benin, Gambia, Somalia and Zimbabwe have also sent to the IPF the member application forms containing all required information, and are accepted as provisional members of the IPF, however subject to ratification at this General Assembly.
 - Additionally a number of other countries have been interested in joining the IPF within the last two years, but their applications are still in process – no constitutions received or received but not approved by now (when writing this report at the end of August).
- In addition to reviewing constitutions of national member applicants as reported above, the committee reviewed the proposed Constitution & By-Laws of the newly formed Oceania Regional Powerlifting Federation (ORPF) – and those ORPF documents were approved after reviewing.
- The Law & Legislation Committee has also updated the IPF Constitution & By-Laws in accordance with the amendments decided at the 2017 General Assembly.
- Moreover the L&LC has served as the parent Committee in further amending the Constitution & By-Laws as mandated in Article 11.5 of the IPF Constitution

We wish you all a successful General Assembly and World Championship Competition.

On behalf of the Law & Legislation Committee

Kalevi Sorsa

Chairman

f) Anti-Doping Commission

2

Anti-Doping Commission Report 2018

Dear Ladies and Gentlemen, dear friends and officials,

Last year I was elected as new Chair of the Anti-Doping-Commission (ADC) to relieve Sigurjon and it was mandatory by WADA that an independent person lead the ADC. So, I am back in the powerlifting family and thank you for your warm-hearted welcome at the 2017 Worlds in Pilsen.

Here are the highlights of the Anti-Doping Commission activities in 2018. In January a new Registered Testing Pool (TRP) was prepared and posted. Through the year the pool is updated regularly as suspensions start and finish etc. As of this writing there are 30 athletes in the RTP. Kalevi Sorsa updates the RTP regularly and I want to thank him for his excellent work.

In January 2018 we started calling for the National Doping Reports 2017. After a lot of follow ups, out of 110 (100*) nations 82 (77) sent in a report. 28 (23) nations did not report. The ratio of those not sending in a report is a higher ratio than in previous years. Those that did not send in a report got fined with EUR 500,-. Total number of reported tests was 2280 (2393). 1615 (1501) men were tested and 665 (538) women. 1128 were ICT and 1152 OCT. On the national level there were 111 (76) positives. Of those nations that reported 42 (36) did not report any tests being made. (previous year*)

Details – National Doping Test Reports 2017

	Total # urine tests	Men	Women	ICT	OCT	Positive athletes	Total # blood tests	Men	Women	ICT	OCT	Positive athletes
North America	527	355	172	123	404	25	12	9	3	6	6	0
South America	28	11	14	22	6	3	4	1	3	0	4	0
Europe	1605	1163	449	850	676	53	182	148	34	57	126	0
Africa	29	15	14	7	20	13	1	1	0	0	0	0
Asia	69	53	16	41	20	17	0	0	0	0	0	0
Oceania	22	0	0	85	26	0	0	0	0	0	0	0
Worldwide	2280	1615	665	1128	1152	111	199	159	40	63	136	0

A Test Distribution Plan was drawn up based on the WADA standards and guidelines like the IS Testing, The Guidelines for Effecting Testing as well as other guidelines, previous test results and intelligence. One of the plan's objective is to get the number of OCTs up to 40% of the total number of tests. In order to implement the plan and the selection of individual lifters in an objective and neutral way a special selection unit was formed in 2016. The unit consists of Kalevi Sorsa and Detlev Albrings that both belong to the ADC but not to any EC of IPF, Regional or national federations. Other members of the Anti-Doping Commission belong to one of those so these do not do the selection and have no knowledge of who are selected. The selection unit draws up a list of all lifters to be tested at events. In addition, lifters that break records are tested as well. Due the resignation of Kalevi I make a proposal for every international and regional championships, who shall be tested.

In March 2018 Sabine Zangerle secretary of the ADC and myself travelled to Lausanne, Switzerland for the annual WADA Symposium. This was very informative as always and gave me the opportunity to meet with and introduce the IPF to the top people at WADA. It also gave me an opportunity to compare our Anti-Doping program and procedures to what other International Federations are doing. It is my opinion that even though we have a long way to go in the fight against doping and building up and strengthening our system further we can be proud of the system and the people we have involved in this work for us.

One area of focus and emphasis is education programs. Educations seminar were held at several of our championships this year especially at juniors and sub-juniors. Education programs will be increased and most likely attendance/certificate made a compulsory prerequisite for nomination in the future.

The status of the testing this year as compared to last year is that total number of tests that have been done this year is 216 as of 1 September. In 2017 we had 564 tests, 17 positives (3%) and so far this year we have 12 positives (5,6%). We have 5 pending cases. It is possible that there is a positive in one of those cases. So, until we have information on what happens for the rest of the year and what comes out of the pending cases we cannot compare this year to the years before. OCT tests produce a higher ratio of positives so as we increase those up to 40% we can expect an increase in the numbers.

There is no doubt in my mind that in the future we need to put much more money into our Anti-Doping Program. There are both external pressures and internal pressures. We need to get the blood samples up to 5%. We need to increase testing for the Athlete Biological Passport. Reanalysis of samples will require some financial resources.

With the support of the EC and ADC members, we were achieved our goal of WADA Code compliance. This was a hard work, because we must consider deadlines, where we must submit answers of a huge WADA questionnaire. Now our duty is to implement all the tasks. This will be a challenge for all of us.

Cooperation with EC and ADC members has been good. I want specially to thank Sigurjon for his contribution and his assistance. He has done excellent work to lead the ADC and I am happy that he is still on board.

I also want to thank especially Kalevi Sorsa for his excellent work and information. If a question comes up about rules and regulations just ask Kalevi. Unfortunately, Kalevi resigned, but I am happy that he will continue to provide us with the RTP-updates.

Sabine Zangerle I want to thank for all her work as the secretary of the ADC. All the paperwork she does is huge. Janie Soubliere of the Doping Hearing Panel as well as other DHP members thank you.

München 16.09.2018
Detlev Albrings
Chair Anti-Doping Commission

g) Doping Hearing Panel

Doping Hearing Panel Report

This year, there is not much to report from the DHP. Cases are down again, to about 15 in the last 12 months. The 4-year sanction could be a reason, as well as increased testing overall. We saw more fertility drug cases this year than ever before, which is interesting, but too early to draw a conclusion about what is going on.

James F. Cirincione
Chairman

h) Women's Committee

2

Report of the Women's Committee 2018

Like all the years before, female lifters in powerlifting have been fully integrated and on all

championships women have had equal rights. Women are widely accepted within the IPF. This is not only shown at the IPF website (gallery, promotion video etc.) but mainly at all championships.

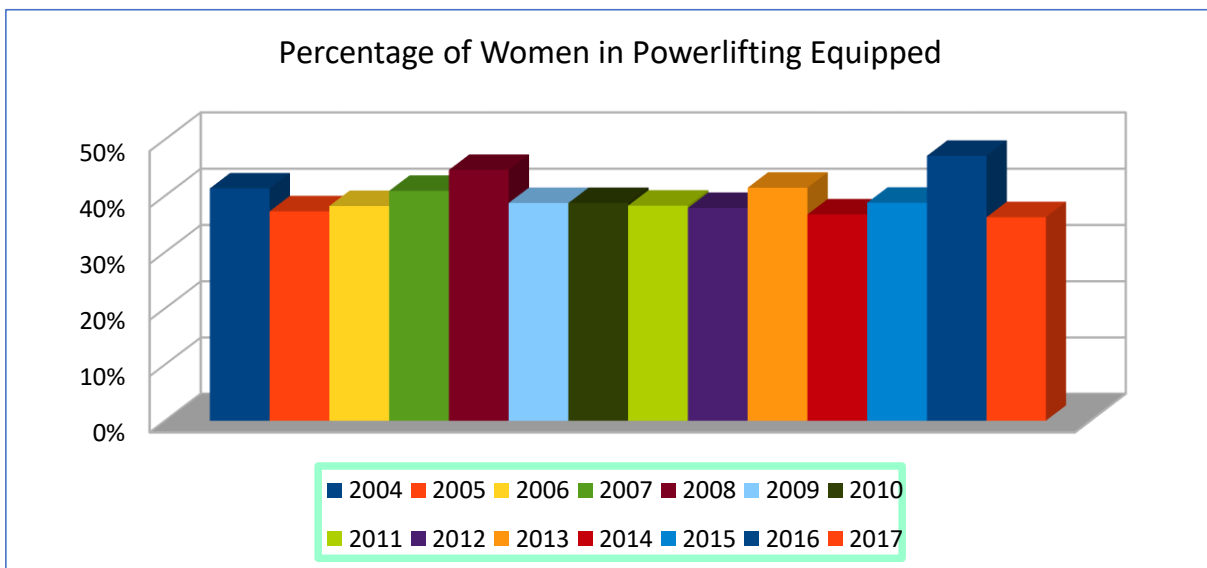
The Media Team does a great work to promote women in the IPF magazine, in Livestreams during the competition and in social media.

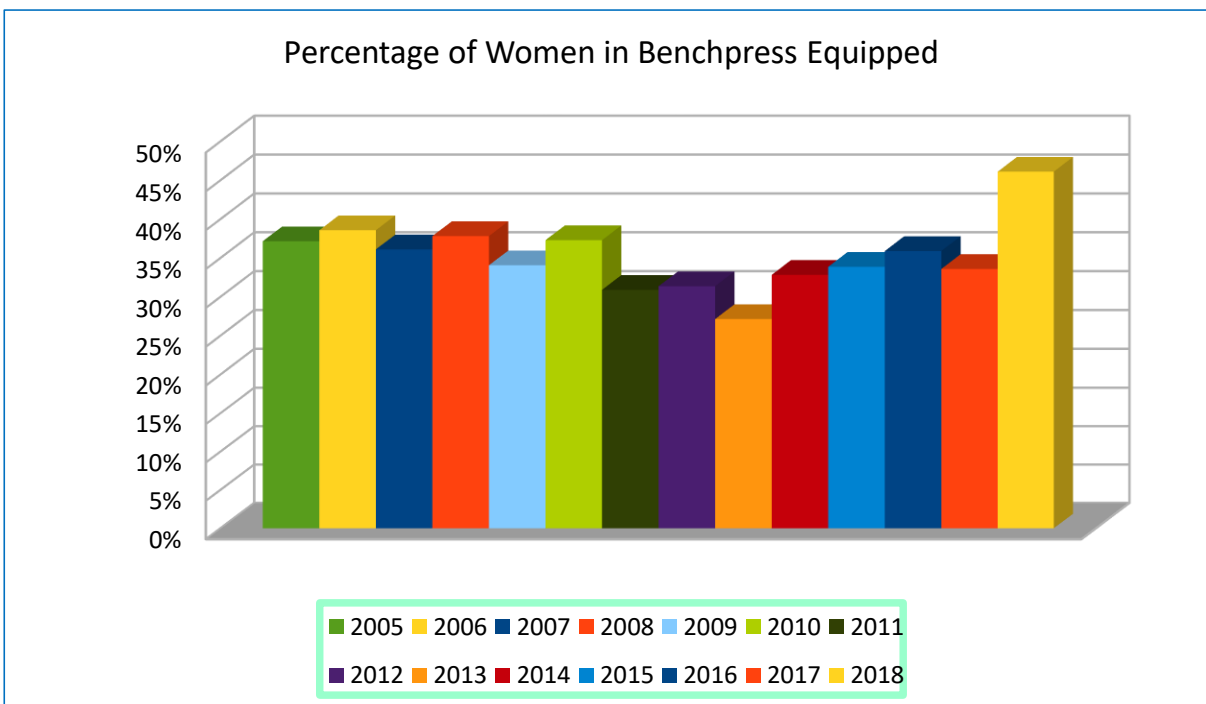
Another improvement during the last years was the change of the time table. To the most attractive times we have a mixture of both, men and women.

The situation concerning women differs of course from region to region and from country to country. This depends on the general acceptance of women in society, the role they play in sports, families and culture and the political situation. We as IPF do our best to make it possible for women to take part in competitions and there is no place for unequal treatment of men and women.

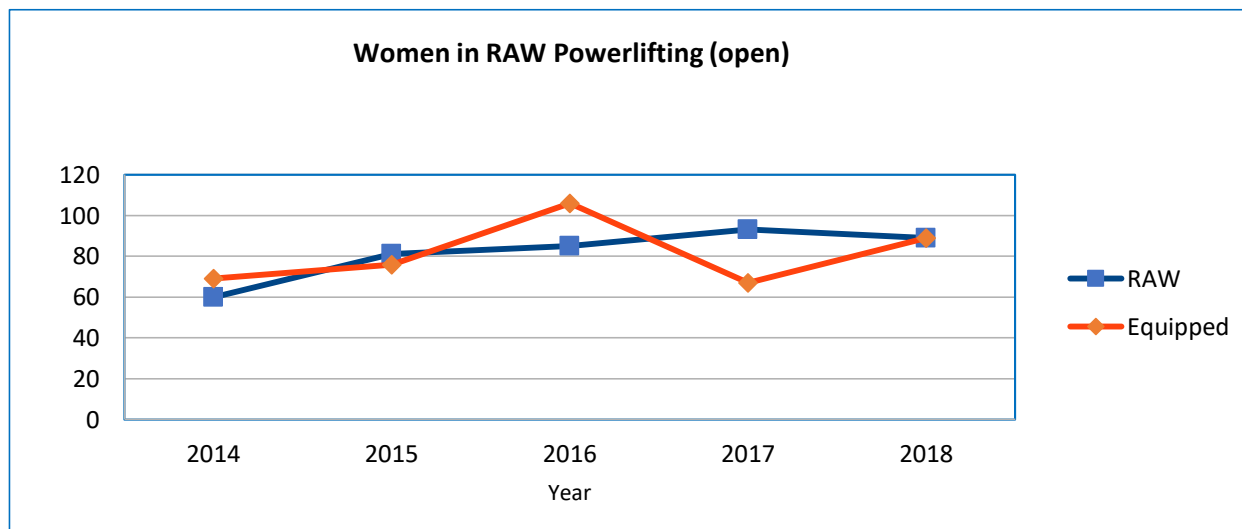
The statistics and graphics below give an overview about the number and percentage of female lifters from 2004 until 2018 that took part in Open World Championships in Powerlifting and Benchpress. You can see this number is nearly constant, differences may be a result of the host city and the costs of all athletes to go there. On average, 35% - 45% took part in these competitions.

One possible reason for the difference between men and women is the different number of weight classes. Currently there are 8 weight classes for men and only 7 for women. This should be changed in the future, for men and women there should be the same number of weight classes.





A very big and important event since 2014 is Raw Powerlifting World Championships for all age categories. For this reason I added a graphics to show the percentage of women that took part in the open category of this championship. The number of female athletes that took part in this competition in the open category has been grown from 60 in 2014 to 89 in 2018. The percentage in 2018 is growing to nearly 40 % of all athletes. The numbers for 2018 are based on the preliminary data for the Worlds without reserve lifters, this number may decrease.



Another interesting point is the number of nations, that send female and male athletes to international Powerlifting Championships. The numbers below represent the nations at World Championships in Powerlifting (Equipped). The latest date is 2017, because the World Championship will take place in November and no valid data are currently available. Like mentioned before, there is only the preliminary available.

	2007		2008		2009		2010		2011		2012		2013		2014		2015		2016		2017	
			N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A
M	34	162	32	118	28	106	30	119	36	142	38	133	28	106	27	119	31	120	30	119	30	138
W	31	112	27	95	21	67	22	84	29	88	27	81	23	75	18	69	24	76	28	106	20	92
N: Nations			A: Athletes																			
M: Men			W: Women																			

Table 1: Statistics Open Powerlifting World Championships

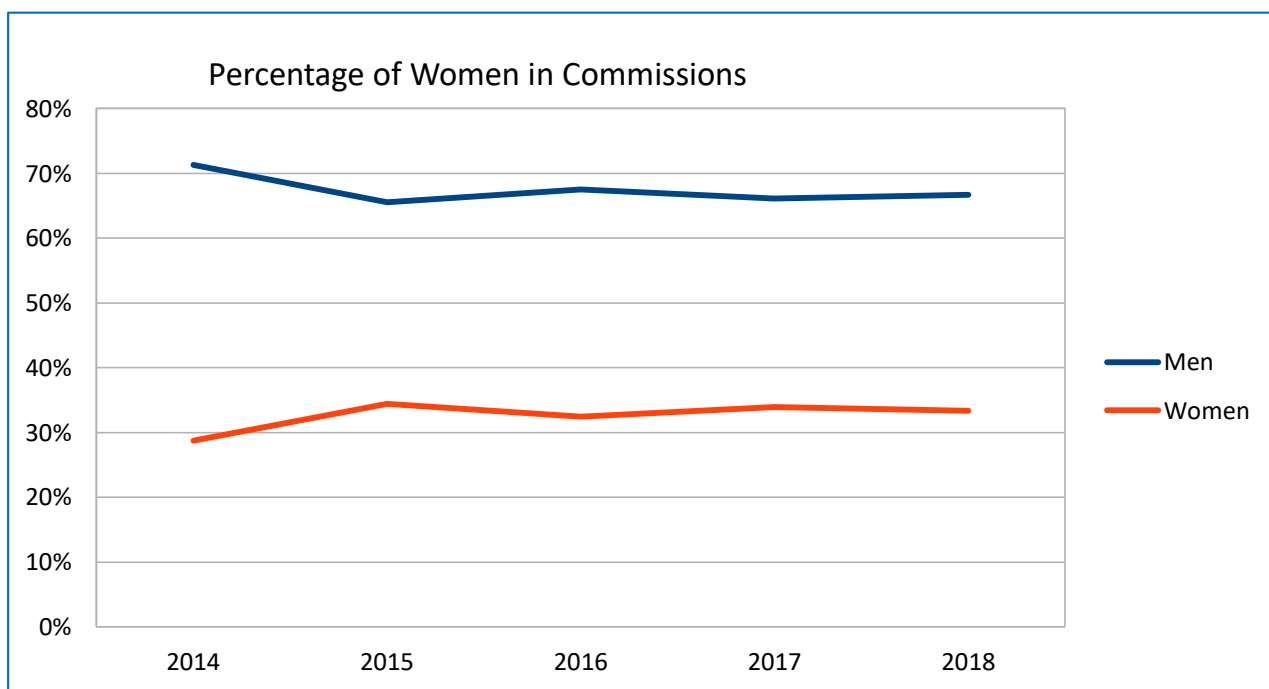
The comparison show that the number of nations that sends female athletes to world championships is still at a high level. In 2016 there was only a small difference between the nominations of teams with men and women. This has been changed in 2017, where only 60% of all nations has sent a mixed team. For this reason it is an ongoing process to encourage women from countries, where gender equality is not a matter of course, to take part in international championships.

Having a look to the committees and commissions, the situation has not been improved during the last year. Only in new committees (Entourage Committee, Athletes Commission, Youth Committee) more women take responsibility. The percentage of women has only small increased from 28,7% in 2014 to 33,9%now.

Some of the members work in more than one committee or commission. This should be changed in the future.

Number of Committees and Commissions (incl. EC)	Members	Men	Women
16	120	80	40

Table 2: Female and Male members in Committees and Commissions in 2018



Improvements during the last year:

- The number of female referees has been increased. In nearly all cases female referees do the

weigh in for female lifters.

- Only new commissions consist of more women, especially the members of the Youth Committee are 4 women and 1 men.

Incidents

- No incidents happened in the last year at international championships.

Main priorities and general steps for the future:

1. The number of weight classes should be equal for men and women. Currently we have 8 weight classes for men and 7 for women. That means currently there is one weight class less for women. This should be changed.
2. Although the situation is much better than in the years before, we cannot stop to promote and educate more female referees.
3. More women should be encouraged to take responsibility in committees. We have women in almost every commission, but too often only one and not at the top position. The hope is, vacancies will be filled with more women.
4. If a man is the chairman of more than one commission, he should try to find a female replacement for this position in one of committees and switch to a normal member in this team.
5. The number of persons who work in more than one commission should be reduced.

Eva Speth

Chairwoman of the Women's Committee

i) Entourage Commission

Entourage Committee Report

Dear General Assemble Ladies and Gentleman

The activities by the Entourage Committee during 2017 sad to say was very low, however unless members of the Entourage committee is supported by their national federation to allow them to attend meeting this situation will not changed. At this year equipped world championships in Sweden the Entourage committee have arranged a meeting to discuss the following. Guidance for Parents, Child Protection Policy, Guidance for coaches, Therapeutic Use Exceptions (TUE) guidance handbook for Powerlifters, the development of a Criminal Records check of all coaches at International championships. Benedicte Le Panse, to conduct a Nutrition Seminar during the championships.

Ralph Farquharson

Chair Entourage Committee

j) Coaches Committee

Coach Commission Report

Dear General Assemble Ladies and Gentleman

Since the IPF coach education course was establish in 2014 the course continue to attract candidates from all IPF member federations.

To date we have 101 male and female attending the course from the following nations. Germany, Lithuania, Ireland, Poland, Czech Republic, Finland, SOI-USA, France, GBR, Iran, Sweden, Algeria, New Zealand, Italy, Denmark, Austria, Romania, Iceland, Spain, Brazil, South Africa, Luxembourg, Slovenia, Netherland, Canada, Belgium, Estonia, Tuvalu, Australia, Mexico, Uruguay the intention of the coach education programme is to

educate coaches from all federations with the knowledge so they can develop a coaching structure in their federations.

The Coach commission is now working on material for the development of level I, we will then invite candidates from level II to upgrade to level I. I continue to hear that the course is too expensive, as stated in my 2017 report for a similar course the cheapest I can find is €3.500. In my opinion the standard of the IPF coach education programme must be maintained at a high level to ensure coaches gain in-depth knowledge how to deliver high quality training programme to our athletes especially sub-Juniors.

To help more nations to attend the course the IPF has subsidized the cost of the course I hope more nations will take the advantage of the low cost of €750 including accommodation, breakfast, lunch and evening meal in one of the top sport resort in the world.

I would like to thank Dietmar Wolf the head tutor for his outstanding knowledge not only about the sport but how to train athletes to reach their peak for international championships I consider him to be one of the best Powerlifting coach in the world. I would like also to thank the coach commission for their support with the continuing development of the IPF coach education programme.

Ralph Farquharson
Chair coach Commission

k) Athlete's Representative

Active members: Marte Elverum, Priscilla Ribic, Joan Baez, Marcus Hirvonen and Pjotr van den Hoek

Reserve member: Phill Richards.

Consultor: Inger Blikra

Speaker/IPF board Member Pjotr van den Hoek.

The last year has gone by quickly again and what a great year it has been for powerlifting, Great world championships so well classic as equipped in bench press and in powerlifting. But of course also a lot of uncertainties for the athletes from Australia and the Oceania region after last year's congress. We received a lot of questions and mails over. Which we discussed and answered.

In the end we had great news for these lifters a new federation was started in Australia and the lifters could join that, And we from the Athletes commission were delighted to see such a good team from Australia in Canada at the classic world championships. And even a new Oceania region has been started up, all in such a short time, Great work from the IPF and the people from the Oceania Region, who started the new federations up. Congratulations and welcome to you all.

As commission it was hard for us to meet up, due to us being at different championships, but we have been in contact with each other. And we have started a WhatsApp group which makes communicating easier, And at the equipped worlds here in Halmstad we will meet up with the members from the commission here including Gaston Parage.

This year as IPF board member Pjotr van den Hoek travelled to the raw world championships in Canada, great to see so many new lifters, and such high standard of competition from the sub-juniors to the open lifters up to the Masters 4. He was also at the Student world cup in the Czech Republic. What is that competition growing each year. Especially now with the recognition of the FISU. So soon this will be a World championship, and hopefully our athletes can compete at the student World games after that. He then went to the Sub-junior and Junior equipped World championships in South Africa, these juniors seem to be getting stronger each year. And of course most of us will be here in Sweden. But because we haven't been at the Bench worlds this year, it will be our aim to definitely be at one in 2019.

We do however think we should get more questions, input or suggestions from the Athletes worldwide. So we have been thinking about how to achieve that. Like introducing ourselves to athletes at the various championships, it being announced at all championships by the speaker, who we are and how to reach out to us.

If you as lifter have any problems, questions or just want information please contact us by sending a email to the Lifterscommission@powerlifting-ipf.com or approach us personally. And if you are a female lifter and would rather only speak to a female let us know and we will let Marte, Priscilla or Joan contact you. Information about us you can find on the IPF website.

So, hopefully we can answer more questions or give information to the athletes worldwide this year, so please mail us.

We are all looking forward to a exciting new year In 2019 with off course even bigger better and more exciting competitions and working together with all the commissions and committees from the IPF, To reach our goal of IOC recognition and to promote our sport worldwide. All we can say the future is looking bright for powerlifting. But first these World championships in Sweden hosted by Eleiko, we can not wait for it to start.

I would like to thank all of our members, for their input, And Inger Blikra who we have been able to consult and use her knowledge. And once again we would like to thank the IPF board and Gaston Parage for starting up this commission in Norway 2006.

Thank you for your attention Pjotr van den Hoek.

I) Sports for All Commission

As mentioned in Secretary General Report, currently, I serve as the Chairman for the IPF Sports for all Commission. Last year, we decided to have the Sports for All Championships in Hamm, Luxembourg jointly with the European Bench Press Championships; however, the Luxembourg Federation was not able to accommodate the additional days of lifting. At the meeting, the committee also decided to have a Sports for all Championship shall include a competition for Special Olympic Athletes, Blind Athletes and Paralympic Athletes. The Special Olympics competition will be a unified event with IPF athletes. Special thanks to both Chip Hultquist and Mr. Peter Thorne for their input and assistance. This committee will play an important an active role in reaching our goal of IOC recognition.

Mr. Chip Hultquist suggested a part of the competition a Coaches Training Seminar be held either the day before or day after the championships. This seminars would add to the attractiveness of the event for both Special Olympics and IPF programs. This seminar could emphasize IPF/Special Olympics Powerlifting Rules, Training of Special Olympics Athletes, Coaching of Special Olympics Athletes in Competition and any other area that you feel should be added from the IPFs perspective.

This year in Bangkok, Gaston and I met with the President and CEO of Paralympics. We discussed the IPF and the IPC working together in the future. This year, we also televised the Paralympic World Powerlifting Championships via our livestream.

The committee has engaged Farshid Soltani to have the Sport for All Championship combined as part of the World Open Championships that will be held in Dubai next year. During the week, in Halmstad, the Committee shall meet to discuss having the competition next year. I'm very pleased to see the Committee working and such a meaningful an important project. If you're interested in assisting us, please let me know.

Thank you very much,
Robert Keller
Chairman, Sport for all Commission

m) Media Committee

2

2018 Media Team Report

Continuing the trend of recent years, media statistics across all platforms confirm that the IPF enjoys sustained growth and improvement.

Facebook.

592,000 followers.

89% are Male and 11% are Female.

50% of our fans are males aged 18-24.

YouTube channel.

27,000 subscribers.

6 million views

Instagram.

85,000 followers.

Website.

6 million page views this year.

Magazine.

Excellent feedback on the quality of the magazine.

Exploration of the IPF Magazine being also offered in electronic format.

Live-streaming.

Most popular live session in 2018: Open Men 83kg Classic Worlds with 32,000 views.

8) Regional Reports



a) Europe

Report from the President of the European Powerlifting Federation (EPF)

EPF General Assembly.

EPF has all together 33 member federations fulfilling all EPF and IPF membership obligations.

The EPF General Assembly was staged in Malaga in Spain 7 May and delegates from 18 member nations were present at the meeting as well as 6 Executive members. A Strategic plan specifying the EPF's *visions, values* and *missions* was adopted for 2017-2020.

European lifters and EPF Hall of Fame.

In January this year, the Executive appointed following lifters as European lifters 2016 according to the highest Wilks score at both World and European Open. Equipped lifting: **Victoria Karlysheva** from Russia and **Oleksiy Rokochiy** from Ukraine. Classic lifting: **Sofia Loft** from Sweden and **Kruze Martins** from Latvia. EPF Hall of Fame was awarded to **Eila Kumpuniemi** from Finland and **Ruso Karel** from Czech Republic.

International championships.

In 2017, 6 European championships, one Western European Championship and one Danube Cup are organized. New championship was the European Classic Bench Press championships for all age categories. Host nations were Denmark (Open, Juniors and Sub.junior Classic), Spain (Open, Jun, S.jun equipped), Czech Republic (Masters PL equipped) Finland (new championship: Masters, Open, Jun, S.jun Bench Press classic) Luxembourg (Western European) , Spain (Open/Masters/Junior Bench Press equipped) and Slovakia (Danube cup). In

addition, 3 World Championships and the World Games as well as the Arnold Classic Europe were organized in Europe.

Most organizers of international championships in Europe have great experience and the technical standard is high. More than 1200 lifters take part yearly at European championships. From each Europeans, internet streaming is provided. EPF uses the same company as IPF (Viva TV) for recording and streaming of two of the European championships in 2017. This is the European Open, Junior and Sub Junior equipped as well as the European Open, Junior and Sub Junior classic. This is a very expensive production but the quality is similar as TV productions. This standard of streaming is what powerlifting needs to be in line with Olympic sports and EPF works hard to find money to finance the production. Remaining European championships were streamed at a lower level (than Viva TV provides).

General.

EPF officials have for years worked close to every organizer of European championships. This to secure that all specifications contracted in the documents named: Promoters Contract, Organizing Checklist and the Anti-doping Control Agreement are fulfilled. EPF also support economically organizers if they need to buy IPF recognized equipment to meet the standard requested for the warm up room and the competition platform. Besides, IPF support one European member federation with bar, plates and rack. This year Croatia PF receives the support.

In 2017, EPF has gained some sponsorships. For the moment, the economic support from the sponsors is limited, but it is important for the lifters and the sport in general that more sponsors find EPF to be an attractive collaborator. Donation of equipment from some of the main sponsors are useful support to organizers of European championships. Sponsorship and introduction of classic championships are part of the financial basis to fulfill the Strategic Plan 2017-2020.

Anti-doping.

In year 2016, EPF made 120 doping tests at European championships and this means that about 11% of all lifters were tested. 6 lifters tested positive in 2016 (3 of them got a warning or a 2 month suspension). In 2017, EPF will carry out about the same number of tests as the year before and transfer money to IPF for OC testing. The fight against doping abuse to create fair play for all lifters has still the highest priority within EPF.

Classic Europeans.

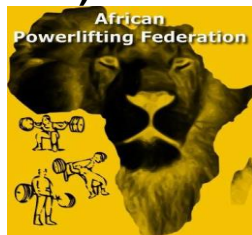
The EPF General Assembly 2014 decided to start European Classic championships for Open, Junior and Sub junior division. The Czech Rep. took on the first organization in Pilsen in March 2015. This was a big success and more than 300 lifters took part. In 2016 it was organized in Estonia with 328 lifters and in 2017 in Denmark with 382 lifters. In 2017, European Classics in Bench Press for all age categories was organized in Finland with 268 lifters. In 2018, the first European Masters classic powerlifting will be organized as well.

EPF Officials.

No federation or company is better than people doing the work and I am proud to state that EPF has dedicated and hardworking officials that cooperate perfect in the leading team as well with the member federations.

Competition Secretary Jiri Hofirek is working untiring and accurate with championship preparations and he takes part at all Europeans. Ralph Farquharson takes excellent care of the General Secretary work as well as the Media. Linda Hoeiland takes care of the treasurer work and issues invoices, collects the money, pays the bills and makes up the account in a professional manner. Myriam Busselot supervises referees and jury work and Jari Rantapelkonen looks after the Law and legislation matters. Vice President Sandro Rossi checks the hotel standard and prices at all Europeans besides other delegated tasks. Record registrar Anatoliy Stetsenko works excellent by updating all European records and issuing record diplomas. The good work of Olexandre Kopayev, running the computer competition program at European championships, is highly appreciated. In addition, the remaining EPF officials do their work in a perfect manner. They are all a great team that deserves a great Thank You for running European powerlifting.

b) Africa



2018 African Powerlifting Federation Regional Report

In my concluding remarks to last year's regional report, I said that 2018 promises to be an exceptional year for African Powerlifting and my predictions turned out to be even better than anticipated.

African Powerlifting is in growth phase at this time with 5 new and provisional members on board. The new members are Gambia, Somalia, Namibia, Zimbabwe, and Benin with additional enquiries for membership status from Cape Verde, Seychelles, Congo, Madagascar and Tunisia. Added to this the current membership of Algeria, Morocco, Egypt, South Africa, Cameroon, Libya and Ghana means that African Powerlifting is looking quite healthy.

African Powerlifting activities for 2017/18 started off with an extremely well run and organized African Championships in Bejaia hosted by the Algerian Powerlifting Federation. 89 lifters from 8 countries participated with 34 new African records and one open world bench press set.

This was followed by the Commonwealth Championships in Potchefstroom with a record number of entries of close to 450.

2018 South Africa staged two world championships both held in Potchefstroom starting with the World Open, Junior and Masters Equipped Bench Press Championships with 316 lifters with 26 lifters from South Africa alone. This was followed with the Arnold Classic Africa staged in Johannesburg with participants from South Africa, Cameroon, Iran, Egypt, France, Canada and Zimbabwe. Seven new African records as well as one new Commonwealth record were set.

Only one African lifter competed at the World Classic Bench Press Championships in Vantaa Finland in May however Africa was very well represented at the World Classic Powerlifting Championship in Calgary, Canada in June. African lifters took home seven Gold, six silver and eight Bronze medals as well as two world records the first being 93 kg open Squat by Amar Kanane and the open 120+ kg Bench Press by Ilyas Boughalem both lifters from Algeria. In addition to this 18 new African records were set as well as 5 Commonwealth records and a World Champion Masters1, Mariska Casey from South Africa.

The world Sub Junior and Junior Powerlifting Championships was the second World Championship to be held in South Africa this year and was once again staged in Potchefstroom. There were only ten African lifters who took part in this competition however six Commonwealth records were set.

On the development side the African Powerlifting Federation web site has been developed and is up and running. The IPF and sponsors have been generous in allocating equipment and funds to be used toward development and growing the sport throughout Africa.

Referees remain a constant problem within the IPF, however Africa has increased the number of referees since last year from 15 to 21 qualified IPF referees (10 Category 1 and 11 category 2). We now look forward to a record of over 200 entries for a great African Championships in October in Meknes City, Morocco.

So all in all another very good year for African Powerlifting and may 2019 take us to even greater heights.

Alan Ferguson.
African Regional Representative

c) Asia



Minutes from the 2018 APF Congress

Asian Powerlifting Championships held in Udaipur, India.

Roll call of nations and delegates:

Attending nations:

- India
- Iran
- Afghanistan
- Kazakhstan
- Indonesia
- Syria
- UAE
- Hong Kong
- Philippines
- Oman
- Chinese Taipei
- Uzbekistan
- Sri-Lanka

Attending EC members:

- President Mr Farshid Soltani
- Secretary General Mr Rajesh Tiwari
- Vice President Mr Pok Kim Won
- Treasurer Mr Ramon Debuque
- TC Chairman Ms. Chao Chen Yeh
- Board Member of Central Asia, Ms. Tatiana Romanova
- Board Member of South Asia Mr PJ Joseph
- Board Member of East Asia Ms. Wing Yuk Ip

The Annual meeting of Asian Powerlifting Federation began at 7.00 pm on 01.05.2018 at Ananta Resort, Udaipur, India with Mr Farshid Soltani, and President in the Chair.

General Secretary Address

Mr Rajesh Tiwari in his address welcomed all delegates to Annual Congress of APF and informed about the online conference with IPF President Mr Gaston Parage. IPF President Mr Gaston Parage made a speech where He welcomed all nations at Asian Powerlifting Championships and pleased to join the Annual Congress of APF. Also He made a wish to see the Asian Region as a strong and developed Region in Future. The President of APF Mr Farshid Soltani also welcomed the IPF President and said words of thanks for all advices and help from IPF side. In President the speech it was also said that past year was extremely successful for APF as we are one step close to IOC recognition. FISU recognition was a very strong achievement and thanks everyone who was working with IPF and APF on Board together to make this real. It was noticed that we had a successful World Games with participated nations from Kazakhstan, Japan and Chinese Taipei. Words of thanks were said to all Asian referees for the help at the WG venue. Last year also was active with all trips to member nations with Gaston Parage. They were in UAE where discussed the future of Powerlifting with UAE National Olympic Committee and members from UAE Ministry of Sports. The one more trip was to Japan where the hotel and preparation for the World Championships were checked. They have also visited Mongolia where the hotel and venue for the World and Asian Championships were inspected and approved.

APF President Address

Dear ladies and gentlemen, dear friends and officials,

First of all let me welcome all of you to this year's congress. Past year was extremely successful for IPF and APF as well as we are one more step closer to IOC Recognition and our plans for this year are focused more and more on our development. As you know last year IPF have taken several steps forward and the greatest achievement is the recognition from FISU for our University Sport and our student athletes. We are working together and this would be impossible without job of IPF and all members including Asian Region. So please be sure that all regions are informed and ready to organize National FISU Games with powerlifting included as an official sport. We have great lifters from many Asian nations and students from Asia that were very active at last IPF University Cup 2017-2018. So I wish to thank all officials that made this recognition real.

Last year and the beginning of this year was very busy and involved a number of trips and useful meetings. Me and IPF President Mr. Gaston Parage visited UAE where we discussed powerlifting and all our news and ideas. UAE hosted Asian Benchpress Championships this year first time and event was done well on a very good level and we are sure that UAE will host many APF and IPF Championships in future.

We have new provisional member in IPF and APF - is Malaysia and I welcome this country and wish all the best on the platform.

In April 2018 I invited APF officials APF Vice-President Mr. Kim-Won Pok, Central Asia Board Member Mrs. Tatiana Romanova, East Asia Board Member Dr. Wing-Yup Ip and IPF president Mr. Gaston Parage to spend a couple of days in Iran with I.R. Iran Powerlifting Union discussing all matters of powerlifting in Asia and the world. I wish to thank these people for attending our meeting as while we are working together to bring our sport forward not only in the world but in Asian region too we are getting closer to our main goal. That's why I wish to ask all officials from all regions and also APF officials to put your attention on our main problems and we need to be open to each other and discuss all possibilities and efforts.

We have one important goal is recognition from the Olympic Council of Asia to attend the Asian Games and I ask all of you to be focused on this matter and work together as only in this way we will achieve successful decision of OCA. As you can see we have done a good job last year but still need to do a lot. It is very important to have a good and hardworking people on board and I have appointed Mrs. Tatiana Romanova to be APF assistant on board so she can be in contact with everyone and work more hard for APF. Thank you again for your job and I wish you all to feel free and work together I hope we will make the right decisions in the interest of our sport.

Honorary Treasurer Address

Mr Ramon Debuque as a Treasurer of APF was reading his report enclosed to Agenda and noticed that last year was successful for APF as the level of total assets increased and the level of fees received over the expenditures exceeded 23 673, 25\$. It was mentioned that new member nations became active and that is the one more reason of APF budget growth. The APF Secretary General said thanks to Mr Debuque for his job and mentioned that not all countries were so active as there is not enough reports were made for Agenda. Mr Farshid Soltani also mentioned that we should be more active in our job. The Secretary General Mr Tiwari also discussed the importance of a good organization of Asian Championships and gave the time to Ms IP to inform about Asian Championships that will be hosted in Hong Kong next year. Ms Wing Yuk IP informed that the job will be done on the highest level and the hotel will be chosen at affordable price for the lifters. She is Welcomed all officials to Hong Kong and hopes that more assian lifters will come to the Championships.

The Secretary General Mr Rajesh Tiwari said a words of thanks to Hong Kong and discussed the future calendar of APF Activities.

2019

1. Asian Powerlifting Championships - Hong Kong
2. Asian Benchpress Championships - Mongolia
3. Asian Classic Powerlifting Championship - Oman

2020

1. Asian Powerlifting Championships - India
2. Asian Benchpress Championships – Iraq/Suleimanie
3. Asian Classic Powerlifting Championships - India.

Hall of Fame

APF Congress approved the Hall of Fame person from India Mr Puran Singh as he was advised by APF Secretary General because of his great efforts for the growth of Powerlifting India.

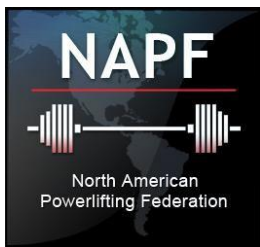
Announcements from the APF President:

It was said that we need development steps to go forward faster and Ms. Tatiana Romanova is advised by IPF during their meeting in Iran to be APF Secretary General Assistant to cover the job relating all APF matters. He also thanked to Tatiana for her ideas for the Congress and all improvements.

The APF President also said that:

- The job of Board members is important. People that do not fulfill APF requirements regarding cooperation with regions should leave the position of Board members.
- The Asian Coach Course is available now to organize in UAE, Dubai. Need time to place a date in calendar of APF.
- At least 2 EC members should attending at the Championships.
- Accommodation for the referees should be given from the host countries.
- APF need standard of branding the certificates and designs of Championships materials.
- Nominations in future should be done online via Goodlift system.
- A disciplinary committee is not working good as there are a lot of people that doesn't know the Rules and we need to make changes. Mr Eddie Torres as a member of APF DC explained that the job should be done in consultation with Secretary General APF like IPF does but it was answered to him that He is responsible if He is elected, but Secretary General should be kept informed at all times.

d) North America



NAPF General Assembly – IPF EC North America Representative Report 2018

The main focus is of course still to receive the IOC recognition, but besides that there are now also a lot of other goals, like membership of the Commonwealth Games, cooperation with IPC powerlifting, Regional Games. The presence at SportAccord, the main sport convention in the world is of essence, as there will meet the decision makers in sport and with the visibility of the sport of powerlifting, the IPF has more options to go in touch with all kind of umbrella federations as well as members of the IOC, GAISF, IWGA, AIMS, Special Olympics, FISU and the Commonwealth Games.

SPORTACCORD Convention Report (gathered from Mr. Robert Keller)

Gaston Parage, Robert Keller and Emanuel Scheiber met with executive from Sport Accord regarding the status of our IOC Application. They related that five sports qualified and will be proposed. Of those five sports, the International Powerlifting Federation was number 1 of the 5, as we meet all of the criteria.

Overall, the Powerlifting booth at the SportAccord Convention provides a significant impact and showcases the sport of powerlifting to the important stakeholders and officials representing IOC, GAISF, the IWGA, AIMS, Special Olympics, FISU and the Commonwealth Games.

The official sports programme for The World Games 2021 in Birmingham, Alabama was published at the IWGA Meeting. The IWGA is projecting to have 3,600 athletes from more than 100 countries attend the World Games. The athletes will compete in 32 official sports in Birmingham. The World Games shall return to the United States for the first time since 1981. Key and important, Powerlifting was confirmed to return to the World Games in Birmingham. During the course of the IWGA Annual General Meeting the dignitaries were presented with the Anti-Doping Report. Of the 31 Sports, 401 athletes were tested (360 Urine – 41 Blood). 52 tests were carried out for the Sport of Powerlifting – No failures. The IPF was recognized as Tier I (highest Level) WADA Compliant with all of the IOC Olympic Games International Federations.

Anti-doping Rule compliance –

Hereby I would like to inform you regarding the WADA-Compliance process. It is a prerequisite condition to become IOC recognized. One of the important matters is that you as a member federation follow the IPF Anti-Doping rules and have also established an Anti-Doping program in your country. Such an Anti-Doping program has to be documented in the regulatory documents of your federation.

After completing the documentation please send all your Anti-Doping regulatory documents to the IPF Headquarters at the E-Mail: office@powerlifting-ipf.com latest end of May 2018.

Please be aware, that beginning this year we can only accept Whereabouts through WADA-ADAMS. The written forms are not very easy to handle and such written Whereabouts doesn't reflect daily changes.

Information you will find on the IPF Homepage under:

<http://www.powerlifting-ipf.com/anti-doping/adams-whereabouts.html>

FISU Recognised Sports Collaboration with the IPF - FISU recognises the interest in Powerlifting and invites his members, the National Sports Federations (NUSFs), to consider Powerlifting and its National Governing Bodies as a partner for the development of FISU and the interests of the University Sport movement.

The IPF and FISU will carry out initiatives to encourage the development of the practice of Powerlifting by university students of both sexes, promote sustainability, the concepts of fair-play and integrity, and join the fight against all forms of racism in sports.

Also in December of 2017, the IPF became a certified member of the GAISF (Global Association of International Sports Federations) an umbrella organization for all (Olympic and non-Olympic) international sports federations as well as organizers of multi-sports games and sport-related international associations.

GAISF is an international sport organization with 92 full members (international sports federations governing specific sports worldwide) and 17 associate members (organizations which conduct activities closely related to the international sports federations)

Sponsors agreements:

Eleiko Group AB, Sweden – For the avoidance of doubt, the industry of Eleiko will be defined as Powerlifting bars, discs, collars, Powerlifting racks, platforms, disc racks, magnesia container and barbell lifter. This contract they support us financially with the booth at SportAccord and a social project. It will give us also over years a security for the incomes we need to handle our Federation.

Sponsor Agreement with SBD Apparel Limited from UK - SBD and the IPF are entering into a sponsoring partnership. Accordingly, the terms and conditions of the partnership and the respective rights and obligations of the parties finding a mutual agreement

Dear Regional board members please make sure that from next year on the logo must be placed as agreed on our meeting Eleiko IPF and SBD as brand in the middle of your banner and then a space right and left and then you can add your sponsors. On the top, only the logo from the region or from the Championships; and on the bottom the Region or the championships. That's up to you how you would do it. You are kindly requested to send us the banner for approval before order the banner to make sure it is ok. Only if you follow the contract the support goes to the Region.

Pending -

APLYFT Inc. and IPF Sponsor agreement – APLYFT is the owner of an online portal and platform ("APLYFT Platform") that connects users with inter alia global powerlifting experts while ensuring quality to help them reach their goals APLYFT is entitled to use the designation "Official VIP Partner" of the IPF, which may be shown in combination with the logo of the IPF, from the Commencement Date 5 until the expiry of the Term and/or termination of this Agreement, in such a manner as APLYFT shall consider appropriate in connection with the promotion of its commercial interests, including without limitation by way of promotion on its platform, and/or by way of print, advertising, point-of-sale displays, product packaging, broadcast, media, photographic and digital images, sponsorship, licensing, merchandising, advertising and marketing rights.

The Parties shall announce the partnership by publishing a mutually approved press release, and the IPF shall, upon the request of APLYFT promote the partnership, including the press release, on its IPF official website, IPF Magazine, IPF social media pages and as information to all members of powerlifting national federations

Others:

Signature of Memorandum of Understanding between the IPF and the Olympic Channel Services (OCS), to set up a multi-platform network in order to further promote the ideals of Olympic movements and the Principle of Olympics as contained in the Olympic Charter.

Agreement between the IPF and Sunflower Media SL – Viva TV

The Service is a live multi-camera video coverage production of 4 events per year over the next 2 years. The live coverage will include video inserts of graphic bumpers, sponsor adverts, competitor profiles and video explanation guides of each lift.

Approval of Fees for Manufactures period 2019-2022 - As our equipment market is not that big compare to other sport around the world, we need to focus on those companies, who can be serious co-partners for us.

Proposal to change by-laws was discussed the following:

The Anti-doping committee should calculate the number of ICT and OCT out from the total income of anti-doping money to see how high rate of ICT we can afford compared to OCT.

Proposal for an individual license was proposed by USAPL, I was of the opinion it was to open up for single IPF memberships outside the national federation. This means that members in national federations, competing in international competitions, MUST have a license. This licence is based on a certain anti-doping education program they must fulfil.

Legal age - The member nations are responsible to bring the forms concerning the legal age if a lifter is still minor in that country. Minor: A natural Person who has not reached the age of eighteen years. Regional board members please inform also your members on the same way when you have your regional championships where lifters competing under minor age. You should add the parental form and the list also on your webpage with the invitations together.

Dr. Hugo Velasquez Ormeño,
IPF EC North America

e) South America



Dear IPF colleagues,

Ref .: "FESUPO Report 2018 - President"

We are closing another year of hard work. We worked hard to expand the number of affiliates in our region.

Today we counted a total of 10 Countries affiliated to the IPF from South America! Argentina, Bolivia, Brazil, Colombia, Chile, Ecuador, Guayana, Peru, Uruguay, Venezuela. We are still working with the help of the Secretary General of IPF, Mr. Robert Keller, to increase these numbers by bringing Suriname to us.

3

In our last congress we give to a planning of goals for the next 4 years with improve in social media. We are going to introduce FESUPO's hall of fame from next year, awarding prominent regional personalities.

At that same congress the calendar 2019-2021 was closed:

2019 – Piriápolis, Uruguay

2020 – Lima, Perú

2021 – Cali, Colombia

In an event very well organized by FEFICULP, to which we render a special thanks, we had the South American Powerlifting Raw and Equipped and Bench Press Raw and Equipped. The best athletes in South America have been there, breaking several regional records. The entire event was broadcast live via the internet.

In the next we have a great expectation for the great event that we will host in Uruguay, Pan American and South American Powerlifting together! We hope to gather more than 15 countries, which would be a record for us! We are preparing a great structure to welcome all our guests. We are closing much with a lot work the year to South America.

Our athletes take out many medals at world events. Be in open or juniors events competitions !! So, we consolidated our know how many ever get com conquests that show whether our evolution.

Of course all this could not come without great work and effort of all directors. I believe that South America needs to walk a lot, but this year we got great strides jump.

Thank you,
Julio Conrado
President, FESUPO

f) Oceania

Oceania Regional Powerlifting Federation Report (ORPF)

It has been a tumultuous year for Powerlifting in the Oceania Region, following the expulsion of Mr Robert Wilks, Powerlifting Australia (PA), and the Oceania Powerlifting Federation (OPF). This created a vacuum in the region, which has taken time and effort to fill. I am happy to report that great progress has been made to establish a new IPF affiliate in Australia, and a new IPF regional affiliate for Oceania, which has been granted provisional acceptance by the IPF EC and subject to ratification by the IPF member nations.

The creation of APU: led by Mr Sean Muir, a new Australian IPF affiliate has been created to allow Australian powerlifters to continue to compete in a National Federation that is affiliated with the IPF. While Mr Muir has certainly not been alone in working to create this new federation, I believe it is clear that without his courage under fire, and his leadership, the creation of this new National Federation for Australia would not have been possible. Mr Muir deserves the highest praise for his work in this area.

The creation of ORPF: led by Mr Joel Ridings, a small group of Pacific Island Nations have come together to form a new Oceania Regional Federation, named the Oceania Regional Powerlifting Federation of ORPF. At the time of incorporation, ORPF had 6 foundation members:

- Australia
- Papua New Guinea
- Fiji Islands
- Solomon Islands
- Kiribati
- New Caledonia

Since then, a number of other National Federations have indicated that they will join the new regional federation. These include Samoa, New Zealand, Tahiti & Tuvalu.

- Samoa
- New Zealand
- Tahiti
- Tuvalu

These Nations have yet to submit their completed membership forms, but they have clearly indicated their

intention to remain part of the IPF and to join the ORPF. We look forward to welcoming them into the new organisation. While it has been a team effort, I believe Mr Joel Ridings deserves the highest praise for his work in bringing together the nations of the Oceania region to form this new organisation.

In addition, this would not have been possible without the extensive support of the IPF executive committee, most notably Mr Gaston Parage and Mr Robert Keller. I wish to personally thank them for their efforts on our behalf.

The ORPF has been incorporated in Australia, under Australian Law. An interim executive has been nominated, and is composed of the following:

2018 ORPF Interim Executive Members			
No	Name of Positions	Member Name	Member Country
1	Interim President	Michael Kingston	Papua New Guinea
2	Interim Vice President	Vacant	Vacant
3	Interim General Secretary	Jioje Eric	Fiji Islands
4	Interim Treasurer	Gordon Thorogood	Australia
5	Interim Technical Committee Chairman	Joel Ridings	Australia

A provisional constitution based on the EPF model has been prepared. At the first AGM, to be held in Sweden in November 2018, the constitution is to be ratified, and a formal election of Executive office holders is to be held. Once this is completed, the creation and formation of the ORPF will be complete, and AGMs will return to the normal cycle of coinciding with the annual Oceania Championships.

One point that is fascinating to note is the role of democracy in the development of the ORPF. Each National Federation has held an AGM or EGM to vote on whether to remain members of the IPF, or to instead follow the direction of the former OPF in joining with the newly formed "World Powerlifting" body. With very few exceptions, the vote has been in favour of remaining affiliated with the IPF. Given the somewhat dictatorial tendencies of the OPF in the past, I personally am very proud that our pacific friends/brothers have resolved this matter through proper democratic process. There can be no question as to the legitimacy of the decision of each of these National Federations to remain associated with the IPF.

During the development of the ORPF, one message has come through loud and clear, that the pacific island nations want equality. The values of the ORPF will be very different from its predecessor. Where the OPF was dominated by Australia and New Zealand, and characterised by unequal voting rights, an anglo-saxon culture, and general inequality. The core values of the ORPF is to ensure equality, mutual respect and a deep respect for the diverse cultures across the pacific island nations. ORPF will also ensure equal voting rights, and a strong emphasis on making the organisation representative of all members. This is most evident in the makeup of the interim executive. For the first time, we have the pacific islanders in many of the executive roles in this newly formed ORPF team as stated in the above table. As ORPF grows in years to come the diverse inclusivity of other member nations in the executive positions will diversify.

We, the organising committee of the ORPF, believe that this is a watershed moment for powerlifting in the pacific. It is a new beginning that will allow us to reshape the culture and destiny of powerlifting in the pacific islands. We are however not blind to the manifold challenges we face. Our nations are, with few exceptions economically poor and geographically remote. There has been virtually no assistance from the previous OPF organisation, and as a result we lack the infrastructure that many other IPF member nations possess. A huge amount of work is required to develop capacity in terms of coaching, referees, technical officials, equipment, local competition, participation in international competition. This will not be resolved in a short period of time. It will take years of sustained effort and investment to achieve, but we are united in our dream and we will achieve our goals.

Of course central to achieving this is finance. What is clear to me is that the current business models used in Australia and New Zealand do NOT work in the pacific. The primary funding sources for Australia and New Zealand are membership fees and fees from competition entries. I will use Papua New Guinea as an example, as I am president of PNGPF, and I am most familiar with that environment. I do however believe that our brothers and sisters in the other pacific island nations face the same challenges.

As an example, the current membership fees for APU are Au\$120 per year. This is a reasonable price for

Australia. However, converted into Kina, the national currency of Papua New Guinea, this is the equivalent of one month's net salary for the average worker. For a person struggling to put food on the table for his family, this is simply not affordable. If we were to charge such fees we would effectively exclude the vast majority of lifters from membership.

Similarly, the fees for competition that are charged in Australia and New Zealand are prohibitive for the Pacific island nations. APU charges Au\$110 for entry to its national championships. Converted to Kina, this is K263 at current exchange rates. Again, this is a month salary for the average Papua New Guinean worker and is simply not affordable. Given the choice between putting food on the table for their families or participating in such an expensive competition, the choice is an obvious one for any human being. PNG Powerlifting charges K10 as an entry fee, the equivalent of Au\$4.20. This is affordable for the average PNG lifter, but it is not enough income to sustain the PNG Powerlifting Organisation.

In the past, PNG and other Pacific island nations have relied on government funding to bridge the gap. Unfortunately, however, government funding is fickle and inconsistent, and frequently prone to abuse. This is one of the reasons that the development of powerlifting has been so slow in the region. Government funding is simply not reliable enough to build a sustainable financial base for the sport.

What I am advocating is a third way: corporate sponsorship to supplement government funding. Powerlifting has many qualities that make it very marketable to companies in the region. The qualities of strength, power, integrity and national pride that are associated with powerlifting are all values that many companies are keen to associate themselves with. By presenting powerlifting as a sport with values that mirror the values that potential sponsors wish to associate with, we can make powerlifting a valuable part of a company's marketing strategy and their corporate social responsibility strategy.

By using this approach in Papua New Guinea, we have been able to raise sufficient funds to run a national series of competitions; an annual national championship; and to fund our athletes to attend international competitions like the Oceania championships; to fund the purchase of much needed equipment; and the funds to bring in trainers to develop our local coaches and referees. This model is still very much in its infancy; however, thus far it has already proven to be quite successful in providing the financial stability required to develop powerlifting in Papua New Guinea. We continue to work to build our sponsorship base, and as long as we continue to provide value for our sponsors, I believe we can rely on ongoing financial support from our sponsors. I believe the same business model can be applied in the other Pacific island nations.

Anti-doping is a particular challenge for the Pacific island nations. We do not have WADA accredited laboratories in our nations, and our national anti-doping organisations are barely functional. This is an area that we hope to work closely with the IPF to address. We want to have a robust anti-doping system in place, but how this can be achieved with the constraints we face is as yet unknown.

No report on the region would be complete without some mention of Mr Wilks and his breakaway federation, World Powerlifting. Mr Wilks and his cohorts have worked to establish a new Powerlifting federation named World Powerlifting, and have embarked on an extensive campaign of personal and professional attacks on those individuals and national federations who remain loyal to the IPF. We at the ORPF refuse to stoop the level of Mr Wilks and his cohorts. We will not engage in slander of our competition; we will not attempt to undermine or otherwise engage in unethical behaviours. Instead we choose to behave in a manner consistent with our values of honesty and integrity, and to focus on running the best organisation that we can for the future of our region.

Provisional sanction was granted by the IPF EC for the first annual ORPF Oceania Championships are scheduled for November 24-25th, 2018. While the notice period for this championship was unusually late, these are exceptional times, and call for exceptional measures. We have been delighted by the enthusiasm with which our Oceania Nations have responded. Thus far 8 nations have asked for nomination forms and indicated that they will attend. We expect more to join us. Given the short notice, and the fact that this is a new organisation, our expectations for lifter turnout will be quite humble. None the less we are absolutely committed to running the best competition possible. We have an experienced organising committee and are receiving substantial support from the IPF EC to make this competition a reality. We are looking forward to a successful first ORPF Oceania Championship in the Gold Coast Australia, and we aim to grow the event every year thereafter. We are discussing whether to, in the future, move the date of the annual championships, and to have more international competitions, including a separate bench press championship, as well as smaller sub-regional championships. In

addition, one of our key priorities are to develop our referee structures to ensure this is sustainable

No report on the Oceania Region would be complete without some mention of the Pacific Games which will occur in 2019. The Pacific Games are similar to a mini Olympics for the Pacific Island Nations, and occurs on a quadrennial basis. In 2019 it will be hosted by Samoa. Powerlifting is one of the events that is included in the competition. For most Pacific Island athletes, this represents the pinnacle of achievement in their sport. Unfortunately, this event has been somewhat tainted by the political turmoil in powerlifting in the region. Mr Robert Wilks has engaged in an extensive campaign of intimidation and threatening our smaller nations that if they do not join his federation, they will not be able to participate in the Pacific Games. This is a blatant lie. I have been in constant contact with the CEO of the Pacific Games organising committee, and they have assured me that they are non-political and all nations are eligible to participate, no matter what their political affiliations.

Further to this, the Pacific Games appoints a Technical Delegate for each sport. In the past this has been Robert Wilks and the OPF. After extensive dialogue with Mr Minogue, he has agreed to consider the ORPF for the technical delegate role. The criteria for selection will be to demonstrate that:

- We have the support and recognition of each of our National Olympic Committees
- We have the majority of Pacific Island Nations as members of the ORPF
- We demonstrate that we have the capacity to run a world class competition

Mr Minogue will be attending our Oceania Championships in November to see the competition for himself, and we hope to persuade him on all counts that the ORPF is the only legitimate choice for technical delegate. He will also be attending the World Powerlifting Oceania Championships in Nauru in December, so this will be a head to head competition with Mr Wilks and his organisation. It is very important to our region that we win this race, as Mr Wilks has made it abundantly clear that he will be extremely prejudiced against lifters who are not members of world powerlifting. For the sake of our members, we cannot afford to fail in this endeavour.

In conclusion, 2018 has been, and continues to be, a challenging year for the Oceania Region as we deal with the fallout of the expulsion of Mr Wilks, Powerlifting Australia and the OPF. Despite the many challenges we have faced, I believe that we've achieved much to re-establish IPF affiliated powerlifting in the region. In addition to this, to bring back a degree of stability continuity to the sport of powerlifting in the region.

The work is far from finished. Some critical milestones for us to achieve over the next 12 months include:

- Successfully holding the first Oceania Championships
- Participation in the Asia Pacific Championships
- To bringing more of our Pacific Island Nations into the fold and joining the ORPF
- To persuading the Pacific Games organising Committee that the ORPF is the legitimate peak organisation representing powerlifting in the region
- By persuading the Pacific Games organisation that the ORPF should perform the role of Technical Delegate at the upcoming Pacific Games in 2019
- Developing a business model that suits the Pacific Island Nations and allows them the financial stability to develop the sport of powerlifting in each individual nation and across the region
- Countering the ongoing threat presented by Mr Wilks and World Powerlifting without compromising on our core values

Clearly there are many major tasks that face us, and if I am honest, the scale of the challenge is intimidating. However, I am confident that with the team we've assembled, and the ongoing support of the IPF executive, we will be successful in our endeavors. We humbly ask for the IPF members to please recognize and respect our honorable intentions, and we wish for their blessing in the form of ratifying our inclusion into the IPF. We humbly thank the IPF community for its ongoing support.

.....
Michael Kingston
Interim President
Oceania Regional Powerlifting Federation

9) Elections / Confirmations

No elections for this year. Elections to be held during 2019 – Dubai.

10) Proposals

Constitution Motions

Motion 1: (IPF Executive Committee)

Page 4, Paragraph 1.12.13, Objectives

Add FISU Universiade to 1.2.13 of the Constitution

1.2.13 To take part in the IWGA World Games and other Multisport Games of International Multisport Games Organizers as are particularly but not exclusively IMGA (Masters Games), CGF (Commonwealth Games), **the FISU Universiade**, Special Olympics as well as the International and Continental Games of the Olympic Organizations (ANOC, EOC, OCA, ONOC, PASO and ANOCA). 1.2.14 To work towards gender equity in powerlifting around the globe. 1.2.15 To safeguard the integrity of powerlifting, respecting good governance and observing human rights principles as well as operating sustainable development standards and risk management processes.

Motion 2: (IPF Executive Committee)

Page 5, Paragraph, 3.1, General Provisions

Add AIMS and FISU to 3.1 of the Constitution

3.1 The IPF is recognized as a member by the Global Association of International Sport Federations (GAISF), the International World Games Association (IWGA), **the International University Sports Federation (FISU), and the Alliance of Independent Recognized Members of Sport (AIMS)** and accepts and recognizes their Statutes and **objectives**.

Motion 3: (IPF Executive Committee)

Page 6, Paragraph, 5.1, Membership

Add, national member federations affiliated to the IPF shall have no membership with another international federation without the permission of the IPF and add have the passport or residency of the country concerned.

5.1 Membership

The membership of the IPF consists of national affiliates active in powerlifting. The IPF can recognize only one member (organization) as a National Federation from each country as defined by the IOC glossary. **An IPF member nation cannot be a member of another international organization that is not recognized or approved by the IPF.** The recognition of a National Federation will be done in agreement with the Olympic Charter (Chapter 3, Article 26), and following the regulations contained in these statutes. The IPF will inform the NOC of the country in question. The National Federations affiliated to the IPF must be independent inside their own country, i.e. must not accept any political or other interference from persons or institutions from outside of the Federation. The members of the Executive Committee and the President must be elected democratically by the National Federation's members, and **have the passport or residency of the country concerned**. The IPF Executive Committee shall investigate each case of interference into the autonomy of its National Federation and decide about measures according to IPF rules. All affiliated Federations and their members shall recognize the Court of Arbitration for Sport in Lausanne as the only external body for jurisdiction, applying the Code of Sports-Related Arbitration for all disputes which cannot be settled amicably ~~or through local arbitration or mediation~~. However all internal legal remedies must be exhausted before referring a matter to the Court of Arbitration for Sport. A new member nation must be affiliated to the IPF before it can be affiliated to its regional federation. The IPF respects the autonomy of its affiliated members with respect to matters that do not have an international dimension, do not breach the IPF Constitution, By-Laws or other IPF rules or regulations and do not otherwise negatively affect the IPF.

The National Federations affiliated to the IPF shall not be affiliated to any other organisation with similar objects to those of the IPF and, in particular, to any other organisation purporting to be, or seeking to become, a worldwide

governing body for powerlifting. This restriction shall be explicitly set out in the Constitution of the affiliated National Federation.

Motion 4 (IPF Executive Committee):

Page 6, Paragraph, 3.4, General Provisions

Delete the following information to provide clarity to the process.

The IPF recognizes the Court of Arbitration for Sport in Lausanne as the only external body for jurisdiction, applying the Code of Sports-Related Arbitration for all disputes, ~~which cannot be settled amicably or through local arbitration or mediation.~~ Subject to the exhaustion of ~~however,~~ all prescribed internal legal remedies, all disputes involving the IPF including, without limitation, disputes relating to the Constitution, By-laws or other rules and regulations of the IPF or arising out of the IPF's actions (or omissions), decisions or relationships with its Members, Regional Federations or other affiliates or persons that are subject to its rules and regulations shall be submitted exclusively ~~must be exhausted before referring~~ a matter to the Court of Arbitration for Sport.

Motion 5 (IPF Executive Committee):

Page 18, 12.1.2, Regional Federations

Add additional text to the responsibilities of the regional federations.

Regional Federations shall not be affiliated to any other organisation with similar objects to those of the IPF and, in particular, to any other organisation purporting to be, or seeking to become, a worldwide governing body for powerlifting. The membership of Regional Federations shall be comprised solely of National Powerlifting Federations that are members of the IPF in the relevant geographical area. These restrictions shall be explicitly reflected in the Constitution of the Regional Federation.

Motion 6: (IPF Executive Committee)

Page 18, 12.1.4, Regional Federations

Delete arbitration statement.

All Regional Federations shall recognise the Court of Arbitration for Sport in Lausanne as the only external body for jurisdiction, applying the Code of Sports-Related Arbitration for all disputes which cannot be settled amicably or through ~~local arbitration or mediation.~~ However, all internal legal remedies must be exhausted before referring a matter to the Court of Arbitration for Sport.

Motion 7: (IPF Executive Committee)

Page 5, Paragraph 3.2, General Provisions

Add IOC Safeguarding Regulation to 3.2 of the IPF Constitution.

In its activities, the IPF follows the Olympic ideal and principles and supports and maintains the ideals and objectives of the Olympic movement as enshrined in the Olympic Charter, and established in the Olympic Agenda 2020 and its recommendations, the IOC Code of Ethics, the IOC Basic Principles of Good Governance of the Olympic and Sports Movement, the Olympic Movement Code on the prevention of the Manipulation of Sport Competitions, the IOC Guidelines relating to the creation of an IF Athletes' IPF Constitution and By-Laws – December 2017 6 commission, the IOC Consensus of Sex Reassignment and Hyperandrogenism, the IOC Sustainability strategy, **and the IOC Athletes Safeguarding Regulation.**

Motion 8: (IPF Executive Committee)

Page 7, Paragraph 7.3.4, Annual General Assembly

Add point 8, “Outstanding Legal Matters” and renumber remaining items.

7.3.4 Order of Business At all annual meetings of the IPF the following will be the order of business:

- 1) Roll Call
- 2) President's Address
- 3) Minutes of the last General Assembly
- 4) Treasurer's Report – Auditor's report and approval
- 5) Secretary General's Report and approval
- 6) Committee Reports and approval
- 7) Regional Reports and approval

8) Outstanding Legal Matters

- 9) Elections
- 10) Action on proposed amendments
- 11) New Member Applicants
- 12) Delinquent Nations
- 13) Hall of Fame
- 14) Future Championships
- 15) Any Other Business
- 16) Adjournment

Motion 9: (IPF Executive Committee)

Page 8, Paragraph 7.3.5, Quorum

Determine the exact requirements of the required quorum in accordance to Luxembourg Law.

7.3.5 Quorum

At all meetings of the IPF, **a quorum shall consist of thirty percent of the member federation countries that are full members, having paid their membership fees in full.**

Motion 10: (IPF Executive Committee)

Page 8, Paragraph 7.3.6.3, Procedures

Change “Amendment” to “Proposals” to 7.3.6.3 to the Constitution

All **proposals** to the Constitution and the By-Laws must be submitted to all national affiliates and the appropriate committee before it can be acted upon at the annual meeting of the IPF. Such proposed amendments must be in the hands of the President, the Secretary General and the Chairman of the Law and Legislation Committee at least sixty (60) days prior to the date of the General Assembly. A national federation, a regional federation or the appropriate committee, can submit all such amendments. The Secretary General shall send out all such amendments at least thirty (30) days prior to the date of the General Assembly for the attention of all national affiliates.

Motion 11: (IPF Executive Committee)

Pages 12 to 21, Paragraphs 11.3 to 14.9

Replace Ethics and Disciplinary Committee, Article 11.3 to 14.19, with the New Court of Justice Code, Disciplinary Code, and Appeal Code. Important, the “*Court of Justice*” should replace “*Ethics and Disciplinary Committee*” in the following articles.

7.2.16

8.3.4

8.3.15

9.2.2 (a)

9.2.2 (c)

11.1

And in addition to those Constitution articles, the name of the “*Ethics and Disciplinary Committee*” appears also in item 103.2.9 of the IPF By-Laws, where, in item 103.2.10 is also a reference to Article 11.4.1 of the Constitution regarding Appeals (re *Disciplinary Code* and *Appeal Code*).

Special Note: Important, please see attached document, titled *Disciplinary Code*, prepared by the IPF consultant, Mr. Volker Bernardi that outlines the three (3) new codes. Important, the new *Disciplinary code* was adopted and approved by the IPF Executive Committee, before being presented to the IPF General Assembly for approval.

Motion 12: (Belgium)

Page 20, paragraph 14.8, Participation of Foreign Lifters in National Competition

National Federations require advance time to research and be sure the lifters have not violated the eligibility rules to lift in National Competitions. It happens in some nations that lifters lift on national level in different non IPF approved championships and this is in contradiction with IPF Anti-doping Rules and violate the Wada Code.

14.8 Participation of Foreign Lifters in National Competition

A lifter living in a foreign country may only participate in competitions organised in that country provided that he presents written evidence of permission of his national federation to take part in such competition. This is to be provided by the national federation of the lifter at least **one month before the preliminary nomination.**

Motion 13: (Belgium)

Page 20, Paragraph 14.9, Participation of Foreign Lifters in National Competition

National Federations require advance time to research and be sure the lifters have not violated the eligibility rules to lift in National Competitions. It happens in some nations that lifters lift on national level in different non IPF approved championships and this is in contradiction with IPF Anti-doping Rules and violate the WADA Code.

14.9 Participating in Non-IPF Competition

Any lifter, coach, referee or official who competes or participates in an international, **regional or national** powerlifting or bench press competition not organised, sanctioned or approved by the IPF shall not be permitted to take part in any IPF international, ~~or~~ regional **or national** competition for a period of ~~42~~ **36** months from the date of that non-approved competition.

Motion 14: (IPF Executive)

Page 22, Article 16, Code of Ethics

Adopt revised IPF Code of Ethics (Please see attached document).

By-Law Motions

Motion 15: (IPF Executive Committee)

Page 25, Paragraph 101.3, Constitutional General Assembly Schedule.

Change By-Law to state the Constitution can be amended every four years commencing in 1998 to every year commencing in 2018.

101.3 Constitutional General Assembly Schedule the General Assembly shall, if necessary, address itself to re-examining the Constitution, By-Laws and their appendices **every year commencing in 2018.**

Motion 16: (IPF Executive Committee)

Page 26, Paragraph 101.7.2.2, Vice President.

Change monthly allowance from 500 to 900 Euros.

101.7.2.2 An expense allowance associated with his duties covering e.g. the⁴ meals and taxi when he travels to the championships, and telephone costs, invitations for dinner, gifts to partners or federations etc. is **€ 900** per month. An amount of allowance is to be decided by the General Assembly in which the election of officers takes place. An allowance specified in this item does not cover the actual cost of travel and accommodation.

Motion 17: (IPF Executive Committee)

Page 26, Paragraph 101.7.4.8, Treasurer

Change monthly allowance from 500 to 900 Euros.

101.7.4.8 An expense allowance associated with his duties covering e.g. the meals and taxi when he travels to the championships, and telephone costs, invitations for dinner, gifts to partners or federations etc. is **€ 900** per month. An amount of allowance is to be decided by the General Assembly in which the election of officers takes place. An allowance specified in this item does not cover the actual cost of travel and accommodation.

Motion 18: (IPF Executive Committee)

Page 34, Paragraph 102.8, Incorporation of IPF

Change office telephone to +352.2638.9114 and delete fax number.

The IPF is incorporated under the laws of Luxembourg. The IPF's business address is as follows:

International Powerlifting Federation

3, route d'Arlon L-8009 Strassen Luxembourg

Phone: **+352.2638.9114**

Mobile: +352.6211.65214

Fax: —+352.582.696

Email: office@powerlifting-ipf.com

Motion 19: (IPF Executive Committee)

Page 35, Paragraph 103.2, IPF Subscription and Fees

Change the IPF Anti-Doping Fee from 50 Euros to 60 Euros for only World Championships. The Anti-doping fee for regional championships shall remain at 50 Euros.

The participating national federations shall pay to the IPF an **Anti-doping** fee of EUR **60** for each lifter entered and declared at the final entry form for all **world** championships on the IPF Calendar both international. **The Anti-Doping Fee for Regional Championships remains at 50 Euros per lifter.** The doping test fee shall be clearly earmarked for anti-doping purposes. In addition to the doping test fee, participating national federations shall pay a participation fee of EUR 50 per lifter for each lifter entered and taking part in any World Championships. EUR 15 of the participation fee or equipment similar to that amount shall be paid to the promoter, or the promoter shall receive equivalent support in goods donated by sponsors, as decided by the Executive Committee.

Motion 20: (IPF Executive Committee)

Page 36, 104.1, National Record Claims

Remove last sentence that states National Federations may use their own forms to submit world records.

Each national federation shall be responsible for its own records and record claims. ~~A world record claim may be submitted upon the form normally used by that nation.~~

Motion 21: (IPF Executive Committee)

Page 37, Article 104.5, IPF Hall of Fame

Add "disciplinary code" violation.

There shall be an honorary body titled the "IPF Hall of Fame". Its purpose shall be to honor members who have made an outstanding contribution either by way of lifting achievement or service in general to the sport of powerlifting internationally. A maximum of three lifters and two officials, male and female, may be elected to the Hall of Fame each year but with the added provision that not more than three from each gender may be elected in

the same year. A certificate of achievement will be awarded. No one who has been involved in doping offences or has been suspended for a doping offence shall be proposed to Hall of Fame. Any lifter or official previously awarded Hall of Fame will lose this distinction if suspended by the IPF for doping or any other **disciplinary code** violation.

Motion 22: (IPF Executive Committee)

Page 38, Paragraph 105.2, National Flags

Add paragraph, 105.2.1, displaying National Flags during medal ceremony by the athletes.

105.2.1, Athletes may not display National Flags before or during the course of the medal presentation.

Motion 23: (IPF Executive Committee)

Page 39, 105.9.3, Eligibility to Represent a Member

Revise to article 105.9.3 to ensure clearer application of the rule.

105.9.3 Eligibility to Represent an **IPF Member Federation**

(i) All individual competitors taking part in international competitions representing **an IPF National Member Federation must be either a resident or passport holder** of the country of **such** ~~the~~ National Powerlifting Federation entering or sanctioning the participation of those competitors.

(ii) A competitor **who is a resident or passport holder** of two or more countries at the same time may represent either one of them, as he or she **may** elect. However, after having represented one country in an international event, he or she may not represent another country unless he or she meets the conditions set forth in **paragraph (iii) below.**

(iii) A competitor who has represented one member federation in an international event and decides to change either their residency or passport to another member federation country, may participate in international events as a representative of his or her new member federation country provided that at least twelve (12) months ~~three years~~ have passed since the competitor last represented their former member federation country. The twelve (12) months ~~three year~~ period may only be reduced with the agreement of both national federations and with the final approval of the IPF Executive Committee or in exceptional cases as defined by the IPF Executive Committee with unilateral Executive Committee approval. A member federation may only decline an athlete to move from one member federation to another member federation country for justified reasons as to the satisfaction of the IPF Executive Committee, if the he/she has pending disciplinary action, serving a suspension, the athlete has unpaid debts or the member federation has clearly established the athlete has brought the sport into disrepute in their country.

(iv) If an athlete moves from one member federation country to another and does not have the passport for their new member federation country, the residency of the athlete must be verified (e.g. school documents, employment contract, etc.) to the satisfaction of the IPF Executive Committee. The athlete must have resided in the country for at least 12 months before being able to start for the new member federation.

(v) All cases related to the determination of the **member federation** which a competitor may represent in an international competition, shall be resolved by the IPF Executive Committee. In resolving such matters the IPF Executive Committee may make all decisions of a general or individual nature **to ensure the athlete is treated fairly. The IPF Executive Committee will consider national legislation when taking decisions.**

(vi) The decisions of the IPF Executive Committee are final and may only be appealed to CAS

Motion 24: (European Powerlifting Federation)

Page 37, Paragraph 105.3, Entry to Championships, Coaches, Officials, Meals for Working Officials
To update the By Laws to what is specified in the Coach directive (which specifies the number of coaches allowed to enter the warm up area).

105.3 Entry to Championships, Coaches, Officials, Meals for Working Officials,

At all World Championships the promoter shall provide free access to the venue and other competition buildings or functions for team officials and coaches on the following scale:

105.3.1 For the first competing lifter, 3 officials or coaches shall be permitted access per nation.

105.3.2 For 2-3 athletes, 5 coaches or officials shall be permitted access and for 4 athletes or more, 6 coaches or officials shall be permitted access which is the maximum number of coaches or officials allowed per competing group.

105.3.4 The courtesy of free access shall also be extended to all members of the Sport Medicine Team **and referee and jury members** who participate during the championships. The names...

Motion 25: (European Powerlifting Federation)

Page 37, Paragraph 105.14, Including a Referee in National Teams, Fines, Restriction

The change above (red text) is that if a nation send 15 or more lifters to a championship they are obliged to send at least 2 referees instead of 1 referee. This will help with the referee situation especially at Master championships and it is reasonable that nations with many lifters contribute with more referees.

105.14, Including a Referee in National Teams, Fines, Restriction

Any nation, being a member of IPF more than 5 years, participating with more than 4 lifters in IPF championships or IPF cups, **should include international referee(s) among** its team officials available for refereeing or being a member of the jury at least two days. The host federation can nominate six referees. **A federation participating with more than 4 lifters, as stated in the preliminary nomination, is obliged to nominate at least one referee and a nation with more than 14 lifters, as stated in the preliminary nomination, is obliged to nominate at least two referees.**

In combined championships/cups (men and women) the 4 lifters **and the 14 lifters** include the total number of lifters from one nation. If referee(s) from that nation is not present or, if present, is not available to act in the capacity of either referee or member for jury at least two days during the championship/cup, the lifters are allowed to take part, but a fine of Euro 500 has to be paid by the nation **for each missing referee**. The EPF treasurer must receive such payment before lifters from that nation are allowed to take part in any further EPF championships or cups.

Motion 26: (IPF Technical Committee)

Please review the attachment containing the IPF Technical Rule Book Changes.

11) New Member Applicants

New Provisional Members to be confirmed:

- Australia Powerlifting Unión
- Belize Powerlifting Association
- Benin Powerlifting Federation
- Gambia Powerlifting Federation
- Somalia Powerlifting Federation
- Zimbabwe Powerlifting Federation

Current Provisional members seeking full membership:

- Malaysian Association of Powerlifting
- Namibian Powerlifting and Weightlifting Federation
- Powerlifting Association of Côte d'Ivoire (Ivory Coast)
- Powerlifting Federation of Panama
- Togo Gold Powerlifting Association
- Turkish Powerlifting Association
- Anguilla Powerlifting Federation
- Syrian Powerlifting Federation

12) Action on Delinquent Nations

Request to withdraw from the IPF - Niue (Oceania Region)

13) Hall of Fame

To be announce at the General Assembly

14) Future Championships

2018				
28. January	Reykjavik International Games	IPF/EPF	Reykjavik	Iceland
TBD February	ER Open Classic & Equipped Bench Press Championships	EPF	TBD	Denmark
TBD February	Nordic Junior Championships	EPF	TBD	TBD
2. - 4. March	Arnolds Sports Festival	USAPL	Columbus, Ohio	USA
6. - 10. March	European Master Classic Powerlifting Championships	EPF	Helsingborg	Sweden
23. - 25. March	European Classic Cup	EPF	Oshmyany	Belarus
04. - 08. April	IPF Coach License II	IPF	La Manga Club	Spain
15. - 20. April	16 th Annual SportAccord Conference	IPF	Bangkok	Thailand
22 - 28 April	World Open, Sub-Junior, Junior and Masters Equipped Bench Press Championships	IPF	Potchefstroom	South Africa
01. - 05. May	Asian Equipped Powerlifting Championships	APF	New Delhi	India
06. - 12. May	European Open, Sub-Junior and Junior Powerlifting Championships	EPF	Pilsen	Czech Republic
18. - 20. May	Arnold Classic Africa	SAPF	Johannesburg	South Africa
18. - 20. May	SELL Student Games	EPF	Tartu	Estonia
13 - 19 May	World Open, Sub Junior, Junior & Master Classic Bench Press Championships	IPF	Vantaa	Finland
05 - 17 June	World Classic Powerlifting Championships	IPF	Calgary	Canada
03. - 07. July	European Master Powerlifting Championships	EPF	Pilsen	Czech Republic
03. - 07. July	South American Powerlifting & Bench Press Equipped and Classic Championships	FESUPO	Guayaquil	Ecuador
08. - 14. July	World University Powerlifting Cup	IPF	Pilsen	Czech Republic
01. August	16 th NAPF General Assembly	NAPF	Mexico City	Mexico
02. August - 04. August	16 th NAPF North American Powerlifting Championships	NAPF	Mexico City	Mexico
9. - 12. August	European Open, Master and Junior Classic Bench Press Championships	EPF	Bordeaux	France
02. - 08. September	World Sub-Junior & Junior Powerlifting Championships	IPF	Potchefstroom	South Africa
06. - 12. September	Asian Classic and Equipped Bench Press Championships	APF	Dubai	U.A.E.
13. - 15. September	Western European Championships Equipped/Classic	EPF	Hamar	Norway
22. - 23. September	Nordic Sub-Junior & Junior Classic/Equipped Powerlifting & Bench Press Championships	EPF	Akureyri	Iceland
28. - 30. September	Arnold Classic Europe	EPF	Barcelona	Spain
01 - 06 October	World Masters Powerlifting Championships	IPF	Ulaanbaatar	Mongolia
03. - 07. October	IPF Coach License II	IPF	La Manga Club	Spain
9. - 13. October	European Open, Master and Junior Bench Press Championships	EPF	Hamm	Luxembourg
17. - 20. October	African Powerlifting Championships	APF	Meknes City	Morocco
25. - 27. October	13th NAPF North American Bench Press Championships	NAPF	San Jose	Costa Rica
25. - 27. October	7th NAPF/FESUPO Pan-American Bench Press Championships	NAPF	San Jose	Costa Rica
04. - 10. November	World Open Powerlifting Championships	IPF	Halmstad	Sweden
24. - 25. November	Oceania Regional Powerlifting Championships	ORPF	Gold Coast	Australia

24. Nov. - 2. Dec.	European Open, Sub-Junior and Junior Classic Powerlifting Championships	EPF	Kaunas	Lithuania
04. - 08. December	Asian Classic Powerlifting Championships	APF	Ulaanbaatar	Mongolia

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TBD January	Reykjavik International Games	IPF/EPF	Reykjavik	Iceland
08. February	NAPF Caribbean Development Seminar for National Referees	NAPF	Port of Spain	Trinidad Tobago
TBD February	ER Open Classic & Equipped Bench Press Championships	EPF	TBD	Denmark
06. - 10. March	European Masters Classic Powerlifting Championships	EPF	Gyor	Hungary
12. - 17. March	Asia Pacific Classic Powerlifting Championships	ORPF	Gold Coast	Australia
14. - 21. March	SOI World Summer Games	IPF	Abu Dhabi	UAE
22. - 24. March	European Classic Cup Powerlifting & Bench Press	EPF	Oshmyany	Belarus
21. - 26. April	Asian Equipped Powerlifting Championships	APF	Hong Kong	Hong Kong
28. April - 04. May	European Open, Sub-Junior & Junior Equipped Powerlifting Championships	EPF	Pilsen	Czech Republic
05. - 10. May	17th Annual SportAccord Conference	IPF	Gold Coast	Australia
18 - 25 May	World Open Sub Junior, Junior & Master Classic / Equipped Bench Press Championships	IPF	Tokyo	Japan
03 - 15 June	World Classic Powerlifting Championships	IPF	Helsingborg	Sweden
01. July	17th NAPF General Assembly	NAPF	San Jose	Costa Rica
02. - 06. July	17th NAPF North American Regional Powerlifting Championships	NAPF	San Jose	Costa Rica
03. - 07. July	European Masters Equipped Powerlifting Championships	EPF	Sibiu	Romania
14. - 21. July	World University Powerlifting Cup	IPF	Tartu	Estonia
07. - 10. August	European Open, Sub-Junior, Junior & Masters Classic Bench Press Championships	EPF	Hamm	Luxembourg
26. - 31. August	World Sub-Junior & Junior Powerlifting Championships	IPF	Regina	Canada
07. - 08. September	Danube Cup	EPF	Mukachevo	Ukraine
06. - 12. September	Asian Classic & Equipped Bench Press Championships	APF	Ulaanbaatar	Mongolia
13. - 15. September	Western European Classic & Equipped Powerlifting Championships	EPF	Borgaro	Italy
14. - 21. September	Commonwealth Powerlifting & Bench Press Championships	CPF	St. Johns,	Canada
19. - 23. September	South American Powerlifting & Bench Press Equipped and Classic Championships	FESUPO	Piriapolis	Uruguay
19. - 23. September	Pan-American Equipped & Classic Powerlifting Championships	FESUPO	Piriapolis	Uruguay
TBD September	Arnold Classic Europe	EPF	Barcelona	Spain
03. - 06. October	African Powerlifting & Bench Press Championships	APF	Potchefstroom	South Africa
06. - 13. October	World Masters Powerlifting Championships	IPF	Potchefstroom	South Africa
16. - 19. October	European Open, Sub-Junior, Junior & Master Equipped Bench Press Championships	EPF	Tampere	Finland
TBD November	World Open Powerlifting Championships	IPF	Dubai	UAE
TBD November	14th NAPF North American Bench Press Championships	NAPF	Panama City	Panama
30. November - 08 Dec.	European Open, Sub-Junior, Junior & Master Classic Powerlifting Championships	EPF	Kaunas	Lithuania
04. - 08. December	Asian Classic Powerlifting Championships	APF	Masqat	Oman

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11. - 15. March	European Classic Masters Powerlifting Championships	EPF	TBD	TBD
TBD April	World Classic Masters Powerlifting Championships	IPF	Cape Town/Sun	South Africa
04. - 10. May	European Open, Sub-Junior & Junior Equipped Powerlifting Championships	EPF	Thisted	Denmark
TBD May	World Open, Sub Junior, Junior & Masters Classic & Equipped Bench Press Championship	IPF	Pilsen	Czech Republic
TBD	World Sub-Junior, Junior & Open Classic Powerlifting Championships	IPF	Minsk	Belarus
02. - 06. July	European Masters Equipped Powerlifting Championships	EPF	Helsinki	Finland
TBD July	18th NAPF General Assembly	NAPF	Bid - San Juan	Puerto Rico
TBD July	18th North American Regional Powerlifting Championships	NAPF	Bid - San Juan	Puerto Rico
TBD July	South American Powerlifting & Bench Press Equipped and Classic Championships	FSUPO	TBD	Peru or Colombia
TBD July	World University Classic Powerlifting Championships	IPF	TBD	USA
05. - 09. August	European Open, Sub-Junior, Junior & Masters Classic Bench Press Championships	EPF	Kaunas	Lithuania
TBD September	World Sub-Junior & Junior Powerlifting Championships	IPF	Birmingham, AL	USA
11. - 13. September	Western European Classic & Equipped Powerlifting Championships	EPF	TBD	TBD
TBD September	Arnold Classic Europe	EPF	Barcelona	Spain
TBD October	World Masters Powerlifting Championships	IPF	Newfoundland	Canada
15. - 18. October	European Open, Sub-Junior, Junior & Masters Equipped Bench Press Championships	EPF	Ekaterinburg	Russia
TBD November	World Open Powerlifting Championships	IPF	Stavanger	Norway
28. November - 06. Dec	European Open, Sub-Junior & Junior Classic Powerlifting Championships	EPF	Warsaw	Poland

Presentation – 2019 IPF Open World Championships in Dubai

Presentation – Eleiko

Presentation – SBD

President's Closing Speech

15) New Business

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16) Adjournment