

IPF  
2016

# Agenda

IPF General Assembly

Hyatt Regency Hotel – Orlando, Florida,  
USA

IPF



Last Update: October 1, 2016

Hyatt Regency Hotel  
Orlando International Airport  
Briefing Room

9300 Jeff Fuqua Blvd.  
Orlando, Florida 32827

**Sunday, 13 November 2016 / Begin: 15:00**

**1. Roll call of Nations and Delegates, presentation of credentials of each Nation.**

Certification of Delegates

**2. President's Address**

**3. Report Vice President**

**4. Minutes of the last General Assembly**

**5. Report Treasurer – Report Auditors**

To examine the accounts of the previous year

To approve the budget for the forthcoming year

Fees (if requested)

**6. Report Secretary General**

**7. Committee Reports**

- |                                      |                      |
|--------------------------------------|----------------------|
| a) Technical Committee               | h) Women's Committee |
| b) Medical Committee                 | i) Entourage Report  |
| c) Ethics and Disciplinary Committee | j) Coach's Report    |
| d) Appeal Committee                  | k) Athlete's Report  |
| e) Law & Legislation Committee       |                      |
| f) Anti-Doping Committee             |                      |
| g) Doping Hearing Panel              |                      |

**8. Regional Reports**

- |                      |                             |
|----------------------|-----------------------------|
| a) Region 1 (Europe) | d) Region 4 (North America) |
| b) Region 2 (Africa) | e) Region 5(South America)  |
| c) Region 3 (Asia)   | f) Region 6 (Oceania)       |

**9. Elections / Confirmations**

**10. Proposals**

**11. New Member Applicants**

**12. Action on delinquent Nations**

**13. Hall of Fame**

**14. Future Championships**

**15. Any other Business**

**16. Adjournment**

## **1) Roll call of Nations and Delegates, presentation of credentials.**

## **2) President's Address**

Dear ladies and gentlemen, dear friends and officials,

I welcome you to this year's congress held in Orlando together with the Open World Powerlifting championships.

It is a special championship because it is the qualifying event for next year's World Games.

I hope a lot of regional members will be taking part to ensure that we have as many nations as possible qualify for the World Games. We have historically been one of the World Games sports with highest number of nations qualifying, and we certainly want to have great national representation there.

I would like to provide you with an overview of my major activities in 2016.

This year I travelled to Minsk to again visit the championship venue and hotels together with Hannie Smith and Robert Keller. The Belarus Powerlifting Federation covered all the flight costs and hotel costs for our visit. They went on to successfully host the 1st University Cup which was held there in July, together with the support of their University and with the help of their Ministry of Sport.

Then Robert Keller and I were invited to Iceland for the Reykjavík International Games. Here we met their Minister of Sport and their National Olympic Committee. We had very good meetings with them and Powerlifting received great support from both organizations.

In March, I travelled to the Arnolds in Ohio with Robert Keller. Here I also met with officials from the Special Olympics and with the IFBB President to talk about SportAccord matters and future Arnolds events in Europe, Africa and Brazil.

Next it was to Lausanne for the SportAccord annual meeting. Here Robert Keller and I had a series of meetings with FICS, SOI, IOC Sports Department, WADA, FISU, Commonwealth Games and Peace & Sport. We also met with the IFBB President Santonja and we had our annual AIMS congress, where Robert Keller sits on the EC board. At this meeting, AIMS received IOC recognition which we have reported on in our various medias. Then we had the IWGA congress. So there was a lot of work throughout the whole week to continue to do all that is necessary to bring our sport forward.

Robert Keller and I also visited the CAS in Lausanne, informing us about how the CAS works. I had held meetings with our EC or some of them in Oslo to prepare our defence in the CAS case that was raised against us by Robert Wilks. We had a meeting in Lausanne with our lawyer, Mr Ross Wenzel who did a great job defending us and in the end the case has been rejected by the CAS because of no jurisdiction. We had a meeting in Pilsen with the EC preparing constitution changes which have become important since we learned some things about this case and also to protect the people who are doing volunteer work on behalf of our sport.

I also travelled to the 1st Classic Bench Press World Championships in South Africa, as well as the World Championships in Killeen, Minsk, Szczyrk, Talinn and of course to Orlando. I was also present in Barcelona for the Arnold's Europe and as I mentioned, at the Arnold's in Ohio. If I'd had enough available days off from my work then I would have travelled to the African Championships. As I will retire from my work next year, I will have more available time and one of my priorities will be to travel to the regions to assist them to attain even higher standards and to make sure that we have comprehensive plans in place to continue to bring the regions forward.

On that subject, it has been pleasing to note that the work we have done thus far with regions such as Africa, is bringing positive outcomes as this year we saw increased and quality participation from

member nations such as Cameroon, Libya, Egypt and Algeria to name a few. From the work we have done with regions to date we are seeing improvements in coaching standards, refereeing skills, lifter's skills and performances and event organization. And our work in the regions has ensured that anti-doping education has become a priority. In conjunction with our regions and member nations, we have facilitated anti-doping seminars at major events with excellent uptake and participation rates. All these efforts and activities accumulate and translate into real improvements within our federation for the benefit of our athletes.

This year I was also in Wroclaw for the World Games preparation meeting. I am happy to announce that we will have a wonderful venue in the Centrum where the Media Centre will be and in front of the main plaza, where all people can join each other. In my opinion, it is the best place that a sport can be allocated to and I am confident it will be a standout event for us.

In other news, we have engaged a person who has great knowledge with the IOC recognition process to make sure that our application form is filled in 100%. As we have not been accepted and not one of the 4 Sports it was important to go through it all again to make sure that from our side the application was indeed filled in and answered correctly. He did that before we had the meeting on 13 of September in Lausanne to handover on the same date, our last and completed version. Then we had the meeting in Lausanne on 13 of September.

We have made several changes in different committees as it was necessary to have more lawyers involved because it would seem that everything is becoming more complicated, so we must ensure that we have people with knowledge about laws in our committees. All committees that are required for IOC recognition have now been installed.

I have also contacted our former President Mr. Detlev Albrings to work on our Anti-doping Commission as he has a lot of experience and he is no longer involved in any active matter in his Federation. Thus with Detlev and Kalevi we have two independent persons to select lifters for OCT and ICT tests and that's what we need. With Sigurjon as ADC chair we have now a good working ADC and no official from the EC or regional members on the ADC is involved in testing selection other than the two persons I just mentioned.

You may also be aware that we have installed a Youth Committee with Pjotr as EC member taking over the chair on this committee. Then the Sports for All commission was installed. That was the last commission to be installed and we did it. Here Robert Keller as EC member has been added as Chair of this commission.

I can also advise that the Code of Ethics and all codes of conduct and related guidelines have been added on our webpage and can be found under the Codes and Guidance tab. As I mentioned, it has become necessary to make some changes to the constitution. Therefore I hope you are supporting these proposals as it is necessary to make them.

Some other positive news is that a new sponsor has signed a contract with us, with Rogue becoming a Silver sponsor. This is very good for the promotion of our stars, as we are using all this money exclusively for the Arnolds Europe, Africa and Brazil. Of course Rogue already support the Arnolds in Ohio. Some other projects are currently in preparation stages and we will give you that information at the next congress or it will be published through our medias.

With this all I can say that we have made again big steps forwards with our finances and of course that brings our sport forward. We have also made great steps forward with our media team who are working very professionally and our online streaming is working very well. It costs a lot of money but all this is needed and of course it is necessary for the IOC recognition. More skilled people are working in and with our media team and this is helping us provide the best coverage of our major events and promotion of

our stars, as possible. To all of them a great thanks from our side for their great work.

In September Robert Keller and I meet with the Sports department at the IOC Headquarters in Lausanne. We presented the latest updates of our work, discussed our installations of all the sports commissions and answered their questions regarding our request for IOC recognition. They were impressed by our work and they noted that we are progressing fast and undertaking all our work on a voluntary basis. We have taken Volker Bernardi on board to help us to make sure we are doing everything correctly and to make sure we fulfil all criteria requested by the IOC. We are still pushing with all possibilities we have forward to make sure we can reach our goal and you can believe me that we will do all that is in our ability to reach this goal as fast as possible.

But it is not only myself or my colleagues who are responsible to reach that goal and to give our all to reach this goal. Also you and all those who ask when we will be recognized, you can also invest time and money to support this our shared goal. For example, if your nation has members who are volunteers on any of the IPF committees, your national federation can support them financially with airfare and hotel to enable them to be present at our congress and our other meetings so that our sport can benefit from their input allowing us all to work together to bring the sport forward. It is not enough just to have committees, we need also to have the possibility to meet at least once per year and the national federations should have finances to pay the expenses of their officials to meet at important events. Your contribution in this way is not for mine or the EC members benefit, it is for the benefit of your lifters and ultimately of all of the lifters and it ensures that your federation is contributing to bring the entire sport forward.

Speaking of these volunteers, I want say thanks to all the EC members, all the members of the commissions and committees for the good cooperation that we had together this year.

Also I offer again our great thanks to our valued partners, Eleiko and SBD for their wonderful financial contribution and in moving ahead with us to bring our sport forward. They are doing more than just paying fees, they are also working with us on important social projects that help provide the benefits of our sport to people throughout the world and it is also an important component for IOC recognition. Thanks also to the Silver and Bronze sponsors, Rogue and Rehband for their valuable support also. Then of course there are all those who pay fees and are contributing directly to organizers and national federations by giving sponsorship. Companies such as Titan, Inzer and ER-Equipment and all the others who contribute in some way, thank you and I trust we can enjoy strong and ongoing partnerships with you.

Thanks to all member federations for the good cooperation we have had over this and previous years. I am looking forward to meeting you all in Orlando. I also want to wish all the lifters good luck for the qualification for our World Games.

Best regards  
Gaston Parage  
IPF President

## Championship Secretary Report

I am happy to report that I was able to travel to nearly all the 2016 IPF World Championships. Furthermore, I am also pleased to report that I had a good working relationship with all our championship organizers.

Unfortunately, I could not travel to the Masters Bench Press Championships in Rödbý because I was in Lausanne at SportAccord.

### Statistics from the championships:

#### Open Worlds

121 Men

#### Luxemburg Hamm 2015

76 Women

#### SJ and Junior Powerlifting Worlds

SJ 62 Men lifters

Jnr 80 Men lifters

#### Masters Powerlifting

151 Men lifters

#### Szczyrk Poland 2016

39 Women lifters

42 Women lifters

#### Talinn Estonia 2016

66 Women lifters

Total men 414 lifters

Total women 223 lifters

#### Open World Bench Press

Open men 73 lifters

Jnr men 43 lifters

SJ women 20 lifters

#### Masters Bench Press

Men 192 lifters

#### Rödbý Denmark 2016

SJ men 28 lifters

Open women 42 lifters

Jnr women 27 lifters

#### Rödbý Denmark 2016

Women 72 lifters

Total men 328 lifters

Total women 169 lifters

#### World Classic Bench press

Open men 50 lifters

Junior men 26 lifters

Sub-junior men 19 lifters

Masters men 94 lifters

Total men 189 lifters

#### Potchestroom RSA 2016-10-01

Open women 28 lifters

Junior women 7 lifters

Sub-junior women 5 lifters

Masters women 27 lifters

Total women 67 lifters

#### World Classic Powerlifting

Open men 112 lifters

SJ men 53 lifters

Jnr men 92 lifters

Masters men 142 lifters

#### Killeen USA 2016

Open women 85 lifters

SJ women 36

Jnr women 51 lifters

Masters women 113 lifters

Total men 399 lifters

Total women 285 lifters

Unfortunately, we still have problems with member nations not sending in all the information that is required for participation at the world championship events. We have clearly listed all the required information for each Worlds on the Invitations page on the IPF website and yet still we need send out reminders to nations to send us the Whereabouts form, or the Lifters Profile forms and pictures or the Hotel booking form. This causes a lot of problems for me as I need to constantly send out reminders, wasting my time because others are not doing their job correctly. I hear, "we want the IOC recognition," but still the national federations are not working professionally on simple things such as providing their own team information.

We have to send the IPF member data form as requested by the IOC regarding recognition because we must verify if we have all these members in our federation and until today we have still not received all of them from the nations or some have been sent in without the signatures which is also requested. That tells me that people don't read their emails correctly otherwise why do we not receive the answers as requested by us? Also here we need to send out reminders again and again until it becomes urgent but still we have not received all the forms back or some are incomplete. All member nations need to work

more professionally as this is necessary when we want be recognized. Recognition is not achieved only by the IPF EC working hard, but also by all of you as well working on your tasks as all of us are the IPF.

On a final note, I wish to express my respect and thanks to all those referees who are always available and also to those nations who, at all times have provided us with more than one referee.

I want to thank all our Federations and also the EC and Committee members for their hard work and excellent cooperation. I wish you all a good and constructive General Assembly and a successful World Championship.

Gaston Parage  
IPF Championship secretary

### **3) Report Vice President**

Dear ladies and gentlemen, dear friends and officials,

It is a pleasure for me to be here with you all today at this IPF Annual Congress. I do thank you all for putting your trust in me by electing me last year to the position of Vice President. It has been a year and what a year it has been.

I would like to provide you with a short overview of my major activities in 2016.

As our president Mr. Gaston Parage mentioned in his report we did have a CAS case to deal with right after the last Congress. This called for a tremendous amount of time on my behalf reading constitutions, laws and regulations as well as case material. Other IPF responsibilities such as the ADC chairmanship required a lot of time as well. In order to be able to serve to the best of my abilities in my new positions I resigned in March 2016 from my position as the president of the Icelandic Powerlifting Federation that I had established 8 years previously.

This year involved a number of trips, telephone calls, emails, meetings, conversations etc.

In January I travelled to Oslo, Norway for a meeting with some EC members to prepare for the defence in the CAS case that Mr. Robert Wilks brought against the IPF in December 2015.

In March I travelled to Lausanne, Switzerland for the WADA Symposium. This was very informative and gave me the opportunity to meet with and introduce the IPF to the top people at WADA. During the visit to Lausanne I also got in contact with a lawyer with a lot of CAS case experience, Mr. Ross Wenzel who has since been working for the IPF.

In May I travelled to Pilsen, Checkia for a meeting of the IPF EC as well as a meeting with IPF Anti-Doping personnel. Before and after that EC meeting I've worked a lot on the Constitutional amendments that are before us today.

In August I attended a meeting in Luxembourg to work on amendments to the IPF Constitution. After that meeting the Law and legislation Committee was sent the proposals and we have been working closely with the committee. Kalevi Sorsa chairman of the Committee has done a splendid job. I want to use the opportunity to thank him for his contribution.

In August/September I attended the Junior and Sub-Junior World Championship in Szczyrk, Poland as the IPF EC representative but also worked a lot with the media team on developing improved photography coverage. My wife who is a photographer was with me as well and contributed her photographs of the event to the IPF media team. I want to thank all the media team members for their splendid work. Compared to the situation a few years ago we have progressed tremendously on this front.

I've of course worked very close with Mr. Gaston Parage, Mr. Robert Keller and other members of the EC and want to express my thanks and gratitude to all of them. The time and effort these people give the sport of powerlifting on a voluntary basis is huge and should be appreciated by us all.

What has been the negative this year is all the time and money that has been wasted on the CAS case that Mr. Robert Wilks brought against the IPF. In the end the CAS rejected the case on the basis of lack

of jurisdiction and Mr. Wilks was required to pay the IPF 2000 CHF.

Again I thank you for the trust in electing me. I hope that my contribution has helped the sport to grow and move forward. We need to invest more time and money in our methods and systems in order to become a more professional world class sport.

Hafnarfirði, 30 September 2016  
Sigurjón Pétursson  
IPF Vice President

#### **4) Minutes of the last General Assembly**

[See the e-mail to all member federations from November 2015 and on the IPF homepage.](#)

#### **5) Report Treasurer**

##### **Treasurer report, period 1<sup>st</sup> October 2015 to 30<sup>th</sup> of September 2016**

The approved budget of the congress for the period October 2015 – September 2016 gave the IPF a financial leeway for major priori-oriented activities such as:

- IOC recognition
- Anti-doping work
- High quality streaming from major championships
- Marketing (IPF Magazine, Facebook, Twitter, etc)
- Development fund
- Preparations to the World Games 2017
- Social projects

All these parts mentioned above are necessary for to fulfill the requirements concerning the IOC recognition.

The approved budget for the period 1<sup>st</sup> October 2015 to 30<sup>th</sup> October 2016 has not been extended, despite that the IPF in some budgetary items has had additional expenditures.

The treasurer was able to compensate the additional expenditures by savings in other budgetary items up until now.

The larger additional expenses are linked to:

1. Subsequent tax payment for the year 2013 - 2014 (due to new guidelines for purchase of materials and business services), and higher tax assessment for 2015 (higher as estimated by us) to the tax department in Luxemburg.
2. CAS case

As the current financial situation shows, the scheduled budget connected to the incomes section has been noticeably extended for the period October 2015 to September 2016. These mainly extended incomes are linked to the enlarged sponsorship from Eleiko, the higher number of participants at competitions in general, and the new sponsorship with Rogue (IPF Silver Member).

After the auditors have examined the accounts and bookkeeping system of the IPF and finalized the auditor's report, the financial report for 2015 – 2016 with the actual numbers will be published before Congress.

A special thank goes to our VIP partner Eleiko, who supplies all organizers of main World Championships with equipment included the transportation costs of the equipment. Eleiko was also partner in a social project. A special thanks to SBD, too, who was supporting the IPF in a social project.

I also want to thank all other sponsors and equipment manufacturers of the IPF for the good cooperation during the year.

Once again I want to remind all the nations that the membership fee must be paid before the congress, at latest in end of September during the actual year. Nations, who have not paid their membership fee within the prescribed date, will not have any voting rights on Congress.



I want to express my thankfulness to all affiliated member nations, sponsors, my EC colleges, IPF committees and all other people in the IPF for a good cooperation during this year.

I wish you all a successful Congress and World Championship Competition.

Best wishes,

Dietmar Wolf  
Treasurer - IPF  
Stange - Norway, 18.9.16

### IPF Balance Sheet

INCOMES 2015/2016			EXPENSES 2015/2016		
01.1	MEMBERSHIP FEE	€ 26 725,43	01.2	PARTICIPATION FEE/ORGANIZER	€ 32 711,75
01.2	PARTICIPATION FEE	€ 115 839,46	02.2	REFEREE TIES/BADGES/SCAFS	€ 12 013,14
01.3	SANCTION FEE	€ 7 000,00	03.1	SPONSOR EQUIPMENT	€ -
02.1	REFEREE FEES	€ 19 011,70	03.4	SPONSOR/CONSULTANT	€ 18 830,02
03.1	SPONSOR&EQUIPMENT	€ 131 000,00	0.4	ADMINISTRATION	€ 103 384,58
03.2	EQUIPMENT&APPROVAL FEE	€ 143 348,61	0.5	TRAVEL	€ 74 948,70
03.3	LOGO FEE	€ 4 041,01	0.6	DEVELOPMENT OF SPORT	€ 96 767,46
07.1	ANTI DOPING FEE	€ 115 839,46	0.7	ANTI DOPING	€ 129 268,80
07.2	DOPING FINES	€ 64 286,05	0.8	MARKETING&MAGAZINE	€ 117 394,59
07.5	OCT FINES REGIONS	€ 14 513,96	0.9	OTHERS	€ 28 590,08
08.2	COMMERCIAL	€ -	10.0	CASH	
08.3	IPF MAGAZINE	€ 1 865,61			
0.9	OTHERS	€ 33 974,66			
10.0	CASH				
		Incomes: € 677 445,95			Expenses: € 613 909,12
Incomes 1.10.15 - 30.9.16		€ 677 445,95			
Expenses 1.10.15 - 30.9.16		€ -613 909,12			
Budget surplus:		€ 63 536,83			

## FINANCIAL REPORT 2015/2016, 1.10.15 - 30.9.16



### Financial situation: 30.9.16

#### Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 30.9.16	€	132 987,30
Banque et Caisse D'Epargne de L'etat - Saving account 31.12.15	€	17 998,40
Banque et Caisse D'Epargne de L'etat - Visa Card account 30.9.16	€	-794,39
ING - Daily account 1.7.16	€	326,69
ING - Saving account 31.12.15	€	36 405,21
PayPal account 30.9.16	€	2 617,84
Credit total amount:		€ 189 541,05

### Financial situation: 30.9.15

#### Bank accounts:

Banque et Caisse D'Epargne de L'etat - Daily account 30.9.15	€	81 433,23
Banque et Caisse D'Epargne de L'etat - Saving account 31.12.14	€	17 991,90
ING - Daily account 1.7.15	€	-295,93
ING - Saving account 31.12.14	€	37 095,71
PayPal account 30.9.15	€	1 303,14
Credit total amount:		€ 137 528,05

### Financial situation: 1.10.15 - 30.9.16

#### Balance sheet

Financial situation 30.9.15	€	-137 528,05
Financial situation 30.9.16	€	189 541,05
Budget surplus:		€ 52 013,00

The IPF was able to close the fiscal year with a budget surplus of € 52 013.00.

Luxembourg, 3.10.16

## Auditor report IPF 1.10.15 – 30.9.16

The bank account control and the verification of the bank account documents of the IPF was carried out at 2<sup>nd</sup> and 3<sup>rd</sup> October 2016 in Luxembourg. The audit period includes 1<sup>st</sup> of October 2015 to 30<sup>th</sup> of September 2016.

The auditor Gerhard Geissler (GER) and the new auditor Xavier De Puytorac (FRA) and the treasurer of IPF, Dietmar Wolf, were present.

Complaints about the bank accounts and bank account documents were not found.

The invoice-, income- and expenses documents are very well organized by individual document lists.

The treasurer has been certified correct work with each of the bookkeeping processes and is to grant discharge.

The financial assets have during the fiscal year increased with 52 013,00 € and leads to bank balances of 189 541.05 € at 30.9.2016.

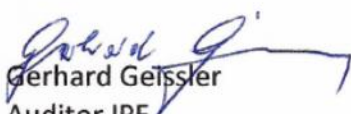
This positive bank balance could have been higher, if lawyer-, travel-, and telephone costs would not have arisen in a judicial case (CAS). The total amount of the costs for this case was 19 842,72 €.

Furthermore, according to a letter from CAS, date 06.14.2016, Mr. Robert Wilks has been requested to pay 2000 CHF to the IPF. This amount of 2000 CHF has to be requested from Robert Wilks in written form by the IPF.

We would like to draw attention to the following points:

1. According to the contract between the IPF and Mr. Emanuel Scheiber, Mr. Emanuel Scheiber receives a monthly salary of 1350 €. The auditors lack written activity reports of Mr. Scheiber's workloads in the past. According to the contract, the activity report should have been submitted monthly to the EC of the IPF.
2. We wish also, that these disputes between Mr. Robert Wilks and the IPF should be settled, since these situations cause unnecessary expenses for the IPF.

Luxembourg, 3.10.16

  
Gerhard Geissler  
Auditor IPF

  
Xavier De Puytorac  
Auditor IPF

# BUDGET 2017



	Budget	
	Income	Expenditure
<b>01 Fees</b>		
01.1 Membership fees	28,000.00	
01.2 Participation fees	122,000.00	35,000.00
01.3 Sanction fees	8,000.00	
01.4 Membership fees - Umbrella organisations		6,000.00
	<b>158,000.00</b>	<b>41,000.00</b>
<b>02 Referee fee</b>		
02.1 Examination	1,500.00	
02.2 Card renewal/fine	1,000.00	
02.3.Tie's,etc.	500.00	1,000.00
	<b>3,000.00</b>	<b>1,000.00</b>
<b>03. Partners</b>		
03.1 Sponsor	135,000.00	
03.2 Approval/License fee	161,000.00	
03.3 Logo fee	5,000.00	
03.4.Sponsor/Consultant		22,900.00
	<b>301,000.00</b>	<b>22,900.00</b>
<b>04 Administration</b>		
04.1 Telecommunication		1,000.00
04.2 Interests, Account fees, Tax	200.00	26,300.00
04.3 Internet costs – Homepage		2,500.00
04.4 Awards, Certificates etc.		2,000.00
04.5. Stationery		8,000.00
04.6 Stamps		1,000.00
04.7 Medals	500.00	500.00
04.8 Computer Secretary		8,500.00
04.9 Expences allowance		37,000.00
04.11 Secretary Luxemburg	22,400.00	28,000.00
	<b>23,100.00</b>	<b>114,800.00</b>
<b>05 Travel</b>		
05.1 Championships / Meal expences		60,000.00
05.2 Intern. Congress / IOC / IWGA		12,000.00
05.3 World Games 2017		25,000.00
	<b>0.00</b>	<b>97,000.00</b>
<b>06 Development of Sport</b>		
06.1 Travel		30,000.00
06.2 Equipment	35,000.00	130,000.00
06.3 Trainer Education	12,000.00	16,000.00
	<b>47,000.00</b>	<b>176,000.00</b>
<b>07 Anti-Doping</b>		
07.1 Anti-Doping fees	118,000.00	
07.1.2 Anti Doping fees World Games		
07.2 Fines	10,000.00	
07.3 WADA-laboratory + transport costs		30,000.00
07.4 National Agencies costs/ travel officers		37,000.00
07.5 OCT	24,000.00	35,000.00
07.6 Education		4,000.00
07.7 Assistant Secretary		14,400.00
07.8 CAS / DHP		5,000.00
	<b>152,000.00</b>	<b>125,400.00</b>
<b>08 Marketing &amp; Media</b>		
08.1 Travel		17,000.00
08.2 Merchandise	500.00	
08.3 Newsletter/Magazine	1,500.00	12,000.00
08.4 TV / Internet streaming	0.00	75,000.00
	<b>2,000.00</b>	<b>104,000.00</b>
<b>09 Other</b>		
09.1 Additional income / expenditure		4,000.00
	<b>0.00</b>	<b>4,000.00</b>
Balance	686,100.00	686,100.00
Profit	0.00	

## 6) Report Secretary General

Dear Friends:

Dear Colleagues:

On behalf of the International Powerlifting Federation (IPF) and USA Powerlifting, I would like to welcome each one of you to the Orlando for this year's World Powerlifting Championships and this year's IPF General Assembly. I will be this year's competition director and I want to ensure that you have a great experience here in Orlando.

Needless to say, as an organization, we had another very busy and successful year.

I speak daily with Mr. Parage to ensure my responsibilities are fulfilled to advance the federation forward and to reach our ultimate goal of IOC Recognition. Of course, Gaston is the engine that drives this organization. You will not meet anyone that works as hard or is as devoted as Gaston. I can assure you that Mr. Parage is firmly committed to reaching our goal of IOC recognition. Our executive and our committees are second to none and work tirelessly, day after day, year after year. They deserve your praise.

Besides my normal everyday duties, I attended numerous championships, meetings and conferences. Most of the meetings, I attended with Gaston Parage. For the sake of brevity, the meetings and competitions are as follows:

Reykjavik International Games, Reykjavik, Iceland  
Site Tour, World University Games, Minsk, Belarus  
Arnold Schwarzenegger Sports Festival, Columbus, Ohio, USA  
SportAccord Convention, Lausanne, Switzerland  
IPF Executive Committee Meeting, Pilsen, Czech Republic  
World University Championships, Minsk, Belarus  
Meeting with the IOC Sports Department, Lausanne, Switzerland  
NAPF North American Regional Championship, St. Croix, US Virgin Islands  
NAPF Pan-American Bench Press Championships, San Jose, Costa Rica  
IPF World Powerlifting Championships, Orlando, Florida, USA

The SportAccord Convention was a huge success for the IPF this year. During SportAccord, Gaston and I met with officials from the IOC Executive, the IOC Sports Department, Special Olympics International, FISU, the IWGA, FICS, WADA, the Commonwealth Games and Peace and Sport. From these meetings, our relationship continues to grow with Special Olympics International, and the Commonwealth Games provided and FISU recognized our championships. Another huge step forward. We were certainly active on your behalf. The IPF's presence is now well known in the international sports world! From

Last year, I was honored to be elected to the Board of Directors to Association of Independent Members of Sport Accord (AIMS). This year, at SportAccord, AIMS was provisionally recognized by the International Olympic Committee. The IPF is a member of AIMS, and is now listed in the IOC Sport Directory of non-recognized sports. My work with AIMS will focus on assisting IFs in achieving IOC Recognition. We're another step closer.

Once more, I performed the annual audit of the member federation contact information. This was a huge task and I want to thank all of the member federations for responding in a timely manner. In the future, if there are any changes with your contact information, please be sure to contact both your regional executive as well as me and we'll be sure to update your membership contact information. Special thanks to Heinrich Van Rensburg for his assistance in placing the updated contact information onto the IPF website. This project was a significant and necessary part of our IOC Application.

One major project that I've worked on this year, included the development of a list of non-member federation countries world-wide that we're now reaching out too. Countries that we're actively recruiting now include the following: Aruba, Botswana, Burkina Faso, Belize, Chile, Cuba, Honduras, Jamaica,

Kenya, Malaysia, Mauritius, Panama, Qatar, Somalia, Togo, Turkey and Zimbabwe. Each of these countries has received the required information to become a member of the IPF.

Lastly, one major distraction this year, was our case with the Court of Arbitration for Sport (CAS) in Lausanne. I must praise the monumental effort of Gaston, Sigurjon, Dietmar and Mr. Wahlstrom for their exceptional work with ensuring the outcome of this case was successful for the IPF. Mr. Ross Wenzel, our legal counsel, provided us the necessary and expert legal advice to achieve a positive outcome. However, our efforts came at a major expense in time, as well as our monetary resources that should have been directed toward both our IOC Application and to the development organization as a whole. I remain optimistic this is now past us.

I was appointed as the Chairman for the IPF Sport for all Commission. Shortly, this committee will begin operations and will make an impact. This committee will be a necessary part on reaching our goal of IOC recognition.

During several of my trips this year, we had a number of important meetings with the International Olympic Committee Sports Department regarding our application. Our meetings went exceptionally well. I can assure you, our IOC recognition is close and a decision regarding our application will come next year. Our recent meeting, this past September, at the IOC Headquarters in Lausanne, went very well. At the meeting we reviewed our application with the IOC Sports Department to prepare it for final submission. As an organization, we remain cautiously optimistic.

Lastly, I assisted in securing Rogue Fitness as a sponsor of the IPF. Rogue will be our primary sponsor for the Arnold Sports Festivals around the globe. Special thanks go to this organization.

I would like to thank my colleagues on the executive, the committees, the commission members, the member federations as well as the athletes, coaches and referees. I look forward to our continued work, together, next year.

To close, I want to personally thank everyone for having confidence in my work. Of course, if there is anything I can do to assist you in the future, please call on me. Thank you.

My sincere and kind regards,

Robert Keller  
Secretary General  
International Powerlifting Federation  
San Jose, Costa Rica  
10.01.2016

## **7) Committee Reports**

### **a) Technical Committee**

The Year 2016 is almost something in the past. I want to thank all the EC & TC Members and all the Referees who officiate at World & Regional Championships for their hard work and long hour on the platform and Jury table.

The selection and positioning of referees to officiate at IPF Championships has been made throughout the year according to Nations nomination.

During the Raw Bench Press Championships in RSA we have only 19 Referees participating. It was disappointed because all the referees and specially the Jury work back to back sessions.

The Equipped Bench Press Championships in Denmark 42 Referee participate. The 1st University World Powerlifting Cup there was only 25 Referees and some worked back to back sessions. More Referees attend the Raw World Powerlifting Championships. 57 participate in Killeen USA. In Poland at the S/Jnr & Jnr World Powerlifting Championships 53 Referees participate. My report was done before Master Worlds in Estonia. 34 Referees is nominated.

On behalf of the TC I would like to call on the member federations to send more Referees to World Championships. Would also encourage women to become referees. The IOC requirement is that we must have more women referees.

A big number of new Referees did the examination and I welcome you all in the IPF Referee Corps. Also a big thanks to all the Meet Directors for hosting these Championships. This is not an easy job with. Congratulations to all of you.

I received a couple of email regarding rules and gear and answered them hopefully to everyone's satisfaction.

2016 was the first year when only approved Belts and Singlets is allowed on the Platform.

Thank you to all the Referees on duty who carry out this new rule strict to the rules.

Johan Smith  
Chairman, IPF Technical Committee

## **b) Medical Committee**

Greetings IPF members 2015

In 2016 Medical Committee has still carried on the work due to subjects set by EC IPF that means concentrating on correctness of the TUE approval process. It should be stated that although the number of examined TUE was similar to those examined last year (26) but the level of their complexity continuously grows.

They mostly still concern the Masters category, but spectrum of medicines the competitors apply alarmingly increases. They concern diseases related to women disorders, ADHD, diabetes, joints or muscle inflammation etc. The decisions about the legality of using forbidden drugs in anti-inflammatory and painkilling treatment while treating injuries (concerns also steroids) must be taken more often.

Chairman Medical Committee held some rallies with IPF's authorities and appropriate representatives of committees. The aim of them was to refine the procedures connected with passing the documents inside IPF and between IPF and WADA. Due to toughening WADA rules which concern retroactive TUE, Medical Committee in some cases forwarded them straight to Anti-Doping Committee. Within the campaign for „say no doping” Medical Committee together with Polish Federation carried out the anti-doping conference for activists, referees, competitors who took part in Sub-Junior and Junior World Powerlifting Championships in Poland - Szczyrk 28.08.2016.

The composition of Medical Committee was altered last year. A new member Dr. Donovan Thompson joined our MC. Medical Committee still continues doing the best to support IPF attempts leading powerlifting to become the Olympic discipline.

Wishing you staying in this aspiration Chairman thanks for difficult and fruitful cooperation to all of the members of the committee:

Dr. Josephine Wing-Yuk Ip – Hong Kong  
Dr. Benedicte Le Panse – France  
Dr. Lawrence Maile – USA  
Dr. Hugo Velasquez – Costa Rica  
Dr. Donovan Thompson – USA

**Prof. Nzw. Dr Hab. Marek Kruszewski - Poland**  
**Chairman IPF Medical Committee**

## **c) Ethics & Disciplinary Committee**

The Ethics & Disciplinary Committee (E&DC) currently comprises the following members:

Richard Parker (Great Britain) Chairman  
Gennadiy Khodosevich (Russia) Member  
Sean Dunston (USA) Member  
Pavol Muller (Slovakia) Member  
Eddie Torres (Philippines) Member  
Volker Bernardi (Germany) Member  
Andre Smith (South Africa) Member

The Ethics & Disciplinary Committee (E&DC) was established at the 2015 General Assembly, to replace the Disciplinary Committee and cover anti-doping, ethics and disciplinary matters across all the IPF regions. The disciplinary functions of each region have therefore been superseded by this new Committee.

The E&DC examines and decides on ethics and disciplinary cases within the IPF and decides about all penalties except on doping related cases. In order to ensure objectivity and to prevent partiality, if a case involves a national of one of the countries from which a member of the E&DC is a national, the said member abstains and is not involved in the processing of the case.

Generally, the E&DC deals with two categories of cases:

a) Anti-Doping – involving examination of:

- Doping Control Forms
- Analysis Results Records
- TUE (Therapeutic Use Exemption)
- Other documents and evidence presented to, or collected by, the E&DC

If after examining a case in detail it has been the opinion of the E&DC that a doping violation has occurred it has forwarded the case to the Doping Hearing Panel (DHP) for a decision. Some 11 cases of this nature have been processed since the last General Assembly and in one of these a retroactive TUE was applied for. In addition, there was one case of a lifter leaving the venue before they could be notified of their selection for testing. This did not contravene the rules as they stand and the case was dismissed. A rule change to close this loop hole is required.

b) Complaints received through the IPF Secretary General from the Executive, Regions, Nations or individuals.

One case was received from the Secretary General concerning alleged conduct bringing the IPF into disrepute. After considering all the evidence from the parties concerned, the E&DC ruled that no offence had been committed. Five letters making a number of allegations were received and subsequently rejected as they had not been submitted via the Secretary General.

There were three cases of lifters competing whilst banned. In the first case, it was found on investigation that the athlete had formally retired from IPF competitive lifting. In the second case, after considerable investigation, it was established that this had occurred outside the time limit allowed under the Statute of Limitations applicable at the time. In the third, competed in a non IPF championship and then won a medal in an IPF championship within 12 months. The E&DC ruled that the awards won should be forfeited and the results struck from the score sheet.

The E&DC is short of the full complement of members and in particular, a member from South America is required. In conclusion, I would like to thank all E&DC members for their help and support dealing with all the new cases, particularly the difficult non anti-doping related matters.

Richard Parker  
Chairman, Ethics & Disciplinary Committee



## **d) Appeal Committee**

By Bettina C. Altizer, Chairperson

Thank you for the trust placed in me to carry out this position as chairperson for the Appeal Committee for the IPF.

Committee Members: Bettina Altizer, Chairperson, Kalevi Sorsa, Eliot Feldman, Patrick Bjork, Steve Lousich

The Committee heard and decided one appeal emanating from a member of the Oceania Powerlifting Federation.

After the review of all necessary materials, the Committee resolved this matter by referring it to the appropriate committee, the IPF Ethics and Disciplinary Committee.

Nothing further to report.

Thank you,  
Bettina C. Altizer  
Chairperson  
IPF Appeal Committee

## **e) Law & Legislation Committee**

The Law & Legislation Committee consists of the following members:

- Kalevi Sorsa (Finland), Chairman
- Robert Keller (United States of America), Member
- Sandro Rossi (Italy), Member

One of the Law & Legislation Committee's duties is to review the constitutions of member applicants; those must among other things include definite rules for that:

- The Federation accepts and follows the Constitution and By-Laws of the IPF and those of the concerned Regional Powerlifting Federation;
- The Federation organises competitions in accordance with the IPF Technical Rules;
- The Federation accepts and follows the IPF Anti-Doping Rules and the WADA Code;
- The Federation and its members recognize the Court of Arbitration for Sport (CAS) in Lausanne as the only external body for jurisdiction;
- The Federation has sanctions for national level anti-doping rule violations in full accordance with the sanctions set out in the IPF Anti-Doping Rules and the WADA Code.

The IPF Law & Legislation Committee provides with each applicant a model text that must be included, without any substantive change, in the relevant rule of each applicant's constitution referring to the duties of the Federation's Disciplinary Committee, particularly in regard to imposing penalties on national level anti-doping rule violations.

Additionally, there must be definite rules in the applicant's constitution about that the National Federation has a democratically elected Executive Committee, for a renewable term from two to four years (the term must be specified), including:

- the President;
- the Vice President;
- the General Secretary;
- the Treasurer;
- other Executive members (2-5)

Moreover, there must be definite rules in the applicant's constitution about that the

Chairperson and other members of committees are elected democratically, including but not limited to:

- Chair and other members of the Disciplinary Committee
  - Chair and other members of the Appeal Committee
  - Chair and other members of the Law & Legislation Committee.
- After the last year's General Assembly the Law & Legislation Committee has reviewed and approved the Constitutions of the following member applicants:
- Slovenia Powerlifting Federation
  - Kuwait Powerlifting & Arm Wrestling Federation
  - Egyptian Powerlifting Union
  - Jordan Powerlifting & Arm-wrestling Association
  - Nicaraguan Powerlifting Federation
- Slovenia, Kuwait, Egypt, Jordan and Nicaragua have also sent to the IPF the member application forms containing all required information, and are accepted as provisional members of the IPF, however subject to ratification at this General Assembly.
    - Additionally. Aruba, Botswana, Burkina Faso, Belize, Chile, Cuba, Honduras, Jamaica, Kenya, Malaysia, Mauritius, Panama, Qatar, Somalia, Togo, Turkey and Zimbabwe have been interested in joining the IPF, but their applications are still in process – no constitutions received by now (when writing this report on Sep 9, 2016).
- The Law & Legislation Committee has updated the IPF Constitution & By-Laws in accordance with the amendments decided at the 2015 General Assembly.
- As set out in article 11.5 of the IPF Constitution, the Law & Legislation Committee has also received and evaluated proposed changes to the IPF Constitution and By-Laws and reported the results to the IPF President and the Secretary General.
- The Committee has also served as the parent Committee in further amending the Constitution & By-Laws, i.e., the Committee has cooperated with the Executive Committee in formulating the proposals which are included in the official agenda for this General Assembly.

We wish you all a successful General Assembly and World Championship Competition.

Kalevi Sorsa  
Law & Legislation Committee Chairman

## **f) Anti-Doping Commission Report**

Dear ladies and gentlemen, dear friends and officials,

Here are the highlights of the Anti-Doping Commission activities in 2016. In January a new Register Testing Pool was prepared and posted. 95 athletes are on the list.

In February we started calling for the National Doping Reports. After a lot of follow up out of 88 nations 78 sent in a report. 10 nations did not report. The ratio of those sending in a report is a higher ratio than in previous years but 10 too many did not send in a report. Total number of tests reported were 2.250. 1671 men were tested and 579 women. 1297 were ICT and 953 OCT. On the national level there were 76 positives. Of those nations that reported 45 did not report any tests being made.

A Test Distribution Plan was drawn up based on the WADA standards like the IS Testing, The Guidelines for Effecting Testing as well as other guidelines, previous test results and intelligence. In order to implement the plan and the selection of individual lifters in an objective and neutral way a special selection unit was formed. The unit consists of Kalevi Sorsa and Detleive Albrings that both belong to the ADC but not to any EC of IPF, Regional or national federations. Others members belong to one of those so these do not do the selection and have no knowledge of who are selected. The selection unit draws

up a list of all lifters to be tested at events. In addition lifters that break records are tested as well.

In March I and Sabine Zangerle secretary of the ADC travelled to Lausanne, Switzerland for the WADA Symposium. This was very informative and gave me the opportunity to meet with and introduce the IPF to the top people at WADA. It also gave me an opportunity to compare our Anti-Doping program and procedures to what other International Federations are doing. It is my opinion that even though we have a long way to go in the fight against doping and building up and strengthening our system further we can be proud of the system and the people we have involved in this work for us.

In May we had a meeting in Pilsen, Czechia further discussing the Test Distribution Plan as well as the objectives. One of objectives are that OCT reach 20% of total number of tests this year and 40% in 2017. Other focus areas were discussed as well. We are testing this year 5% of all lifters plus records.

One area of focus and emphasis is education programs. As first steps we did organise education seminars at the University Powerlifting World Cup in Minsk, Belarus and at the Junior and Sub-Junior World Championship in Szczyrk, Poland. Education programs will be increased and attendance made a compulsory prerequisite for nomination in the future.

The status of the testing this year as compared to last year is that total number of tests that have been done this year is 303 as of 1 September. This compares to 460 for the total of 2015. In 2015 we had 12 positives (2,6%) and so far this year we have 6 positives (2%) but a lot of pending cases. So until we have information on what happens for the rest of the year and what comes out of all the pending cases we cannot compare this year to the years before 2015 was a very good year compared to the years before as the ratio of positives was 6,2% for 2013 and 5,6% for 2014. OCT tests produce a higher ratio of positives so as we increase those up to 40% we can expect an increase in the numbers.

There is no doubt in my mind that in the future we need to put much more money into our Anti-Doping Program. There are both external pressures and internal pressures. We need to get the blood samples up to 5%. We need to increase testing for the Athlete Biological Passport. Reanalysis of samples will require some financial resources. WADA has issued a draft questionnaire with over 200 questions that we will need to answer in 2017 as a part of their compliance program of ADO. In order to be fully compliant we will need more money, new additional procedures, programs etc.

Cooperation with ADC members has been good. I want specially to thank Detlev Albrings to come aboard the ADC. He has done excellent work in the selection unit of the ADC. I also want to thank specially Kalevi Sorsa for his excellent work and information. If a question comes up about rules and regulations just ask Kalevi. Sabine Zangerle I want to thank for all her work as the secretary of the ADC. All the paperwork she does is huge. Janie Soubliere of the Doping Hearing Panel as well as other DHP members thank you.

Hafnarfirði, 30 September 2016  
Sigurjón Pétursson  
IPF Vice President

## **g) Doping Hearing Panel**

The Doping Hearing Panel is comprised of:

Janie Soubliere (Canada)  
Dr. Jean Emanuel Monneyron (France)  
David Sperbeck (USA)  
James Cirincione (USA)

2016 is the second year in which the DHP has been deciding cases under the 2015 WADA Code. The new Code's stated intent is to punish "real cheats" with a 4-year sanction, while allowing flexibility to impose lesser sanctions for unintentional, negligent, or insignificant Code violations. Evidence showing an athlete's intent, or lack of intent, now is a key factor in many cases. The credibility of an athlete's defense often plays a crucial role in the DHP's determination of intent.

As of September 2016, the DHP has applied the revised Code for more than 18 months. We have found that it allows us to function as true arbitrators and to reach just results, consistent with the spirit of the 2015 revisions. As we continue to work under the new Code, we hope athletes have increased confidence that they are competing on a clean and level playing field, and that the sanctions imposed for anti-doping rule violations are now proportional to the nature of the offense. As always, our mission is to protect the integrity of sport and the values held by clean athletes.

We wish you a successful 2016 World Championships. Play true.

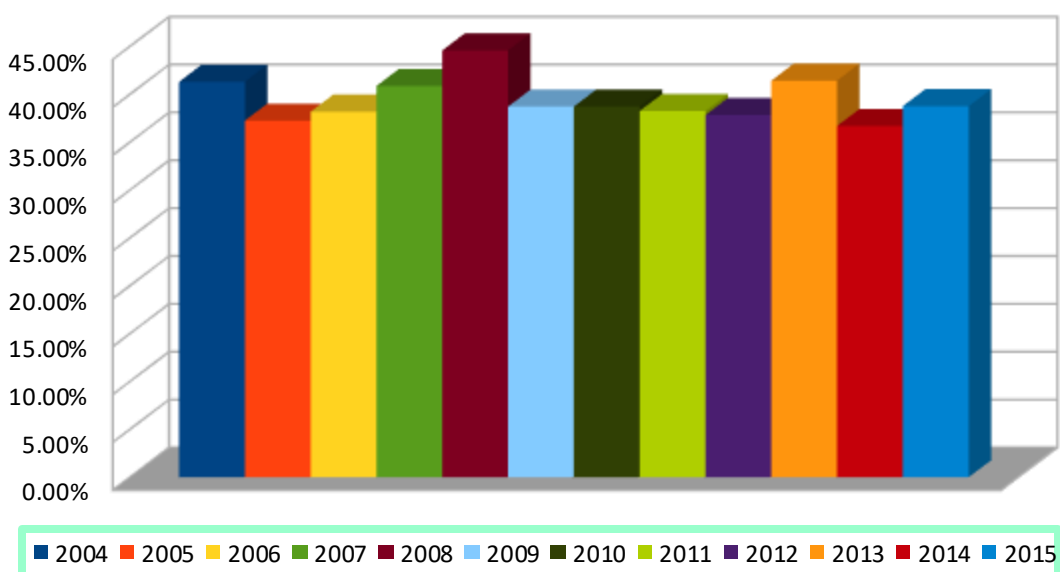
James Cirincione, DHP Chair  
Whitefish Bay, Wisconsin

## h) Women's Committee

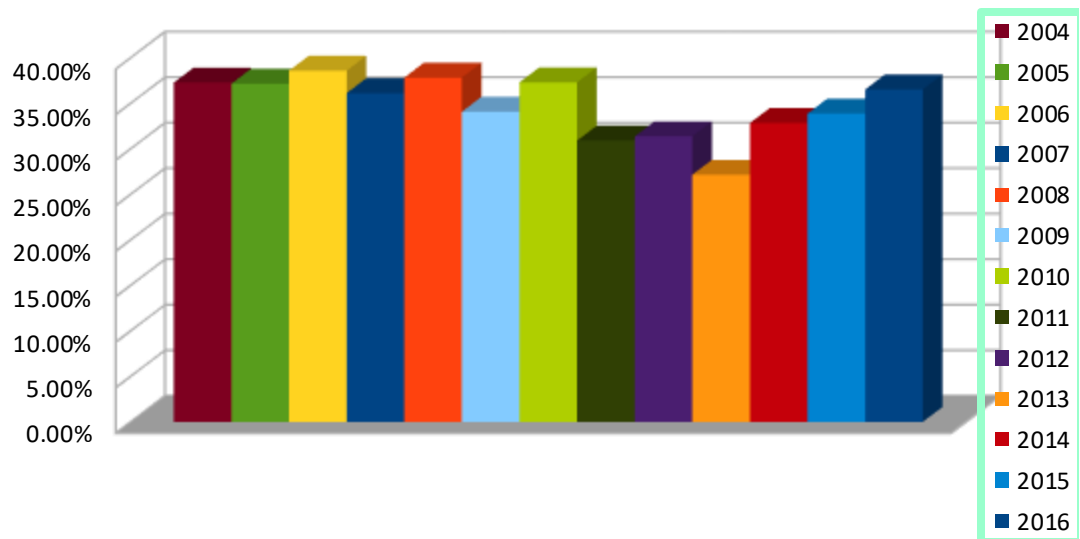
Like all the years before, female lifters in powerlifting have been fully integrated and on all championships women have had equal rights. Women are widely accepted within the IPF. This is not only shown at the IPF website (gallery, promotion video etc.) but mainly at all championships.

The statistics and graphics below give an overview about the number and percentage of female lifters from 2004 until 2016 that took part in Open World Championships in Powerlifting and Benchpress. You can see this number is nearly constant, differences may be a result of the host city and the costs of all athletes to go there. On average, 35% - 45% took part in these competitions.

Percentage of Women in Powerlifting Equipped

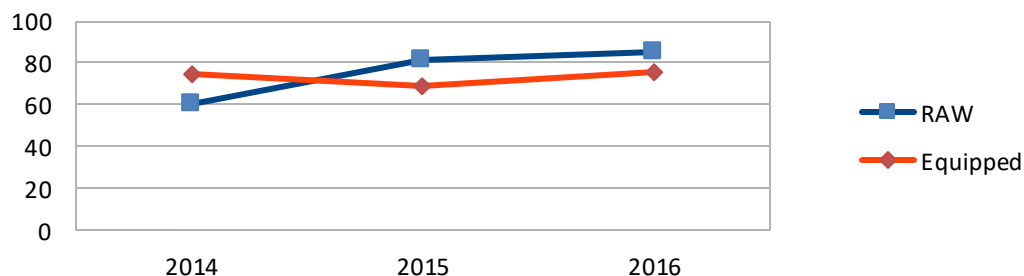


Percentage of Women in Benchpress Equipped

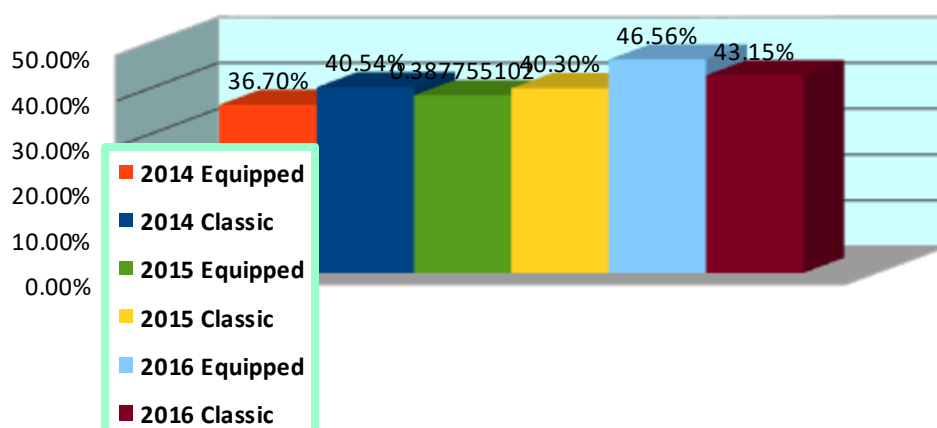


A very big and important event since 2014 is Raw Powerlifting World Championships for all age categories. For this reason I added a graphics to show the percentage of women that took part in the open category of this championship. The number of female athletes that took part in this competition in the open category has been grown from 60 in 2014 to 81 in 2016. The percentage in 2016 is growing to 43 % of all athletes.

Women in Classic/Equipped Powerlifting (Open)



Percentage of Women in Classic/Equipped Powerlifting



Another interesting point is the number of nations, that send female and male athletes to international Powerlifting Championships. The numbers below represent the nations at World Championships in Powerlifting (Equipped).

	2005		2006		2007		2008		2009		2010		2011		2012		2013		2014		2015	
	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A
M	38	160	37	144	34	162	32	118	28	106	30	119	36	142	38	133	28	106	27	119	31	120
W	21	95	27	89	31	112	27	95	21	67	22	84	29	88	27	81	23	75	18	69	24	76
N: Nations				A: Athletes																		
M: Men				W: Women																		

*Table 1: Statistics Open Powerlifting World Championships*

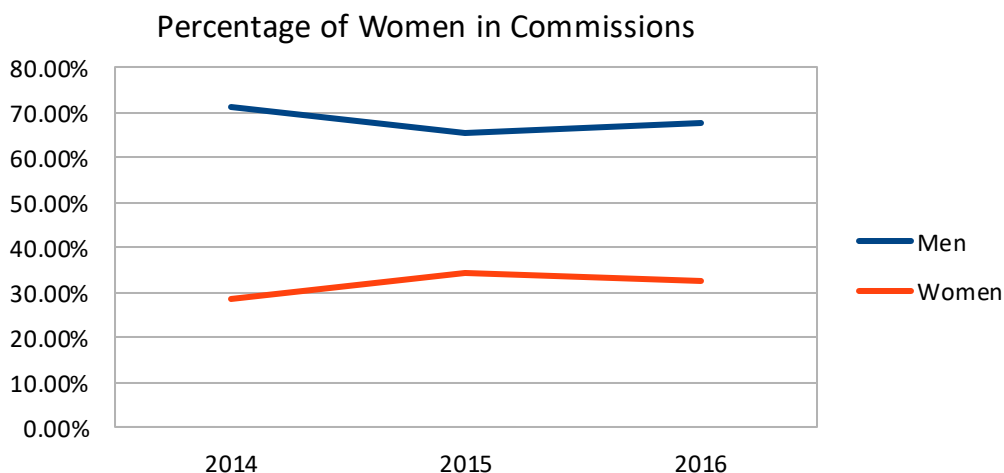
The comparison show, that the number of nations that sends female athletes to world championships is still at a high level, but there is still a difference. That mean, not all nation send out a mixed team. The next step should be to encourage women from countries, where gender equality is not a matter of course, to take part in international championships.

Having a look to the committees and commissions, the situation has been improved during the last year. Especially in new committees (Entourage Committee, Athletes Commission, Youth Committee) more women take responsibility. The percentage of women has been increased from 28,7% to 32,5%.

Some of the members work in more than one committee or commission. This should be changed in the future.

<b>Number of Committees and Commissions (incl. EC)</b>	<b>Members</b>	<b>Men</b>	<b>Women</b>
16	114	77	37

*Tabelle 2: Female and Male members in Committees and Commissions in 2016*



#### **Improvements during the last year:**

- The number of female referees has been increased. In nearly all cases female referees do the weigh in for female lifters.
- New commissions consists of more women.
- The speaker or chairman of three committees (Appeal Committee, Media Team, Women's Committee) is a woman.
- Raw Powerlifting is attractive for female lifters. The number of all female athletes in all categories has been grown to 241 and these lifters came from 34 countries.

#### **Incidents**

- No incidents happened in the last year at international championships.

#### **Main priorities and general steps for the future:**

1. Although the situation is much better than in the years before, we cannot stop to promote and educate more female referees.
1. A special education program for female referees should start as soon as possible. The IPF should invite female referees with national license and help these women to reach IPF I or IPF II. Every year at least one women should be invited to the Worlds to take the examination. This should be published at the IPF

website and proposals should be come from the region. If this is not the case, the IPF should select a women.

2. More women should be encouraged to take responsibility in committees. We have women in almost every commission, but too often only one and not at the top position. The hope is, vacancies will be filled with more women.
3. If a man is the chairmen of more than one commission, he should try to find a female replacement for this position in one of committees and switch to a normal member in this team.

Eva Speth

Chairwoman of the Women's Committee

## **i) Entourage Commission**

Dear General Assemble, delegates, member federations, ladies and gentleman

Very sad to report that the level of activity by the Entourage committee during 2016 have been very low, to ensure the Entourage committee can work better it is recommended that the national Federations pay attention by supporting their representatives with financial support with their flight and accommodations once per year to attend meeting as this is a very important committee.

The committee has workout the following guidance which is posted on our webpage under codes and Guidance.

- GUIDANCE FOR COACHES
- GUIDANCE FOR PARENTS
- IPF CHILD PROTECTION POLICY
- PARENTAL CONSENT FORM
- REBALANCING DIET BY PROFESSOR BENEDICTE LE PANSE

For 2017 the committee will work to achieve the following,

- Develop a closer working relationship between the Coach Commission, Youth Commission and Athletes commission.
- To Continue the work of Pharmacy Erika Myers to develop the Therapeutic Use Exceptions (TUE) guidance handbook for athletes
- We would like to start work towards the development of a Criminal Records check of all coaches at International championships
- Dr. Tamara Thomsen to write an essay about "What sport psychology is for"

Ralph Farquharson,

Chairman Entourage Committee

## **j) Coaches Committee Report**

Dear General Assemble and Member Nations,

I wish to start my report by expressing my gratitude to the members of the coach commission for their support during 2016. As I stated in my 2015 report the IPF coach education programme is vital to the future development of the sport, coach education is essential to the development of the sport at Grassroots, National and International level plus the fight against Doping.

Since the coach license started in 2014, the following nations have taken part.

Germany, Lithuania, Ireland, Czech Republic, Finland, France, Great Britain, Iran, Sweden, New Zealand, Austria, Italy, Denmark, Special Olympics SOI. Attach is the coach register.

At the 2015 GA President Gaston Parage asked all member nations to ring fence funds in their yearly

budget to send candidates to the course. So far in 2016 the attendance is very low, I think that until Nations place high priority on Coach Education or until the International Federation make it mandatory that International coaches must have a coach license like other sport this situation will not change.

The IPF and EPF high performance training centre at the luxurious La Manga club resort with world class facilities for coach education and high performance training. The centre have just open the most advanced technology centre available for strength testing to assist athlete's performance and health. It can make an assessment of strength, using a Humac Norm Plus® isokinetic dynamometer; an assessment of maximum oxygen consumption using the latest equipment,

Sad to say the center is still vastly under used by our member nations, so far only Swedish and Norwegian powerlifting Federations send teams to train at the centre, This October 27th to 1st November Sweden are sending a 25 strong youth development team to the training camp.

The Coach Commission discussed and agreed that World and Continental records should not be made at Arnold Sports Festival and other Festivals. In our opinion, the Arnold Classic Festival and other Festivals should be used only to showcase our sport to the general public and the media to give more understanding about the sport. We totally support the idea that these Festivals are important to showcase the sport and should encourage more of our ambassadors to attend to promote the sport not to set World and Continental records.

IPF world championships must be where we encouraged all our top Male and Female athletes to go head to head and in the process set world records, we're now getting large audience worldwide watching our sport on livestream this is where they are looking to see our top athletes competing head to head. Although we need these Festivals to market our sport, if we're not careful we could have our top athletes just going to compete in these Festivals to break records for money.

It is not a case that these Festivals follow the IPF rules I'm sure they do, it's a matter of how best we promote our sport around the world.

Ralph Farquharson  
Chairman, IPF Coach Commission

## **k) Athlete's Representative Report**

Active members: Marte Elverum, Priscilla Ribic, Joan Baez, Dan Gaudreau, Andy Elvis Dorner and Pjotr van den Hoek. Reserve members: Phil Richards, Keiko Nakai  
Consultor: Inger Blika  
Speaker /IPF board Member Pjotr van den Hoek.

The last year has gone by quickly, We as commission haven't been able to meet up this year due to us all being at different championships, But for Orlando we have a meeting planned with Marte, Priscilla and Pjotr and hopefully Gaston Parage can join us.

Last year Marte Elverum from Norway joined our commission. At this moment we are still looking for 2-3 new active member and at this moment we are in the progress to see if Marcus Hirvonen from Sweden will be able to join the athletes commission.

We are also looking for a new member from the Asian, Eastern European or Oceanic region. And if possible a raw lifter. If you as federation want to nominate a athlete for this commission please do so by sending a email to [Lifterscommission@powerlifting-ipf.com](mailto:Lifterscommission@powerlifting-ipf.com) and Gaston Parage at: [Gaston.Parage@powerlifting-ipf.com](mailto:Gaston.Parage@powerlifting-ipf.com)



Last year we answered questions from Athletes when we received them through e-mail. All athletes if they questions or need help please contact us on our email-address Lifterscommission@powerlifting-ipf.com

Pjotr van den Hoek was re-elected on the IPF board as athlete's representative in Luxembourg. In this function he travelled to the Czech Republic for an IPF board meeting which was a very interesting and useful meeting.

He also went to the first university world cup as IPF board member in Belarus, where he spoke with a lot of new athletes, especially regarding their experience of the championships, which they all were very happy with, there were only a few minor details and once reported to the organization they picked that up straight away and solved it or will improve on that for next year Raw worlds. The first university championships was a great success. 9/10

All athletes want to go to South Africa next year are going to promote this championships back home in their own Countries

At this moment the Athletes commission and newly set up Youth committee together with the coach commission, are working together in which way we can promote powerlifting at a younger age, and how to introduce that to the national federations.

For next year we are looking for a better way to how athletes will be able to reach us. And we're looking forward to working together with all the commissions and committees from the IPF, to reach our goal of IOC recognition and to promote our sport worldwide.

I would like to thank all of our members, for their input, And Inger Blikra who we have been able to consult and use her knowledge even though she is not a member of this commission anymore once again we would like to thank the IPF board and Gaston Parage for starting up this commission in Norway 2006.

Thank you for your attention Pjotr van den Hoek.

## 8) Regional Reports

### a) Europe



#### **EPF General Assembly.**

EPF has all together 34 member federations fulfilling all EPF and IPF membership obligations. The EPF General Assembly was staged in Plzen in Czech Republic 10 May and delegates from 19 member nations were present at the meeting as well as all the 6 Executive members. A Strategic plan specifying the EPF's visions, values and missions was adopted for 2016-2019.

#### **European lifters and EPF Hall of Fame.**

In January this year the Executive appointed following lifters as European lifters 2015 according to the highest Wilks score at both World and European Open.

Equipped lifting: Larisa Soloviova and Biliyi Sergii from Ukraine

Classic lifting: Magdolna Petroczki and Ivalo Hristov from Bulgaria.

EPF Hall of Fame was awarded to Patrik Turesson and Riitta Sundvall Liimatainen from Sweden.

#### **International championships.**

In 2016, 6 European championships and one Western European Championship are organized.

Host nations were Estonia (Classic Open and Juniors), Czech Republic (Open and Masters), Spain (Sub

Junior and Juniors), Luxembourg (Masters Bench) and Italy (Western Europeans). In addition, 2 World Championships and 1 University World cup as well as the Arnold Classic Europe were organized in Europe.

Most organizers of international championships in Europe have great experience and the technical standard is high. More than 1000 lifters take part yearly at European championships. From each Europeans, internet streaming is provided. EPF uses the same company as IPF (Viva TV) for recording and streaming of two of the European championships in 2016. This is the European Open equipped as well as the European Junior and Sub Junior equipped. This is a very expensive production but the quality is similar as TV productions. This standard of streaming is what powerlifting needs to be in line with Olympic sports and EPF works hard to find money to finance the production.

### **General.**

EPF officials have for years worked close to every organizer of European championships. This to secure that all specifications contracted in the documents named: Promoters Contract, Organizing Checklist and the Anti-doping Control Agreement are fulfilled. EPF also support economically organizers if they need to buy IPF recognized equipment to meet the standard requested for the warm up room and the competition platform.

In 2016, EPF has gained some new sponsorships. For the moment, the economic support from the sponsors is limited, but it is important for the lifters and the sport in general that more sponsors find EPF to be an attractive collaborator. Donation of equipment from some of the main sponsors are useful support to organizers of European championships. Sponsorship and introduction of classic championships are part of the financial basis to fulfill the Strategic Plan 2016-2019.

### **Anti-doping.**

In year 2015, EPF made 115 doping tests at European championships and this means that about 10,5% of all lifters were tested. 1 lifter tested positive in 2015 and 3 lifters in 2016 (until now).

In 2016, EPF will carry out about the same number of tests as the year before and transfer money to IPF for OC testing.

The fight against doping abuse to create fair play for all lifters has still the highest priority within EPF.

### **Classic Europeans.**

The EPF General Assembly 2014 decided to start European Classic championships for Open, Junior and Sub junior division. The Czech Rep. took on the first organization in Pilsen in March 2015. This was a big success and more than 300 lifters took part. In 2016 it was organized in Estonia with 328 lifters.

In 2017, European Classics will be introduced in Bench Press for all age categories and from 2018 in Masters powerlifting as well.

### **EPF Officials.**

No federation or company is better than people doing the work and I am proud to state that EPF has dedicated and hardworking officials that cooperate perfect in the leading team as well with the member federations.

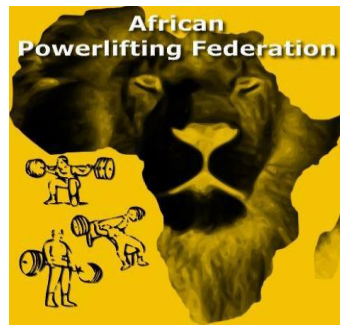
Competition Secretary Jiri Hofirek is working untiring and accurate with championship preparations and he takes part at all Europeans. Ralph Farquharson takes excellent care of the General Secretary work as well as the Media. Linda Hoiland takes care of the treasurer work and issues invoices, collects the money, pays the bills and makes up the account in a professional manner. Myriam Busselot supervises referees and jury work and Jari Rantapelkonen looks after the Law and legislation matters.

Vice President Sandro Rossi checks the hotel standard and prices at all Europeans besides other delegated tasks. Record registrar Anatoliy Stetsenko works excellent by updating all European records and issuing record diplomas. The good work of Olexandre Kopayev, running the computer competition program at European championships, is highly appreciated.

In addition, the remaining EPF officials do their work in a perfect manner. They are all a great team that deserves a great Thank You for running European powerlifting.

Arnulf Wahlstrom,  
President, European Powerlifting Federation

## b) Africa



The current member nations of the African Powerlifting Federation are Algeria, Morocco, Egypt, South Africa, Cameroon, Libya, and Ghana.

Since my last regional report the 2015 African Championships and Congress took place in the historical City of Meknes, Morocco. We are pleased to report that the IPF President Gaston Parage took time out to attend these championships and congress.

A reasonably good turnout of nations saw Algeria taking the team trophy with South Africa a close second. The Best Lifter trophies going to Lifters from Algeria and South Africa. Thanks once again to Elmamoun Mohamed and his team from Morocco for hosting the event.

The APF congress preceded the championships with the following Board members elected:

Interim President:	Alan Ferguson
Vice President:	Heather Leighton
General Secretary:	Elmamoun Mohamed
Treasurer:	Hamid Jamal

Due to none constitutional compliance with late nominations for the position of President it was agreed to carry over the election for President to the 2016 Congress.

Much activity in terms of new membership has taken place throughout the year with talks and discussions held with Somalia, Togo, Burkino Faso, Zimbabwe, Uganda, Madagascar, Mauritius and Namibia. Hopefully at least one or two of these will convert into provisional and full membership in the near future.

On the international front Africa has been well represented with large teams from South Africa and Algeria at the Classic World Championships both three lifts and Bench Press. The teams were across the board from Sub Juniors, Juniors, Seniors and Masters both men and women.

Once again Hannie Smith and his team staged a well-run and very successful Classic World Bench Press championship in Potchefstroom, South Africa with a record number of lifters attending. South Africa once again is hosting the 2016 African Championships and congress from the 19-22<sup>nd</sup> of October with a record number of 162 entries and look forward to the usual well run meet from the South African Federation. Unfortunately these lifters only represent South Africa, Morocco, Libya, Algeria and Cameroon, due to financial constraints Egypt and Ghana were unable to send teams.

In closing this report I would like to say a big thank you to Elmamoun Mohamed the General Secretary for his devotion and hard work and thank you to Hamid Jamal the Treasurer.

Alan Ferguson  
President  
African Powerlifting Federation

## c) Asia



### 1. Roll call of Nations and Delegates

Attending nations:

- Chinese Taipei
- Hong Kong
- India
- Indonesia
- Iran
- Oman
- Philippines
- Sri Lanka
- Uzbekistan

Attending EC members:

- President: Farshid Soltani
- Vice President: Kim-Won Pok
- Interim Secretary General: Wing-Yuk Ip
- Honorary Treasurer: Ramon Debuque
- Technical committee Chair: Chen-Yeh Chao
- Board member East Asia: Wing-Yuk Ip
- Board member South Asia: PJ Joseph

Invited guests:

- Dr Raze Vafaei (Iran)
- Representative from Eleiko Equipment (Sweden)

### **Presidential address (Farshid Soltani)**

In the past 1 year, the president worked hard to bring Powerlifting into Asian Indoor Games in 2017. Also IPF Send official letter for OCA (OLYMPIC COUNCIL OF THE ASIA). He pointed OCA (OLYMPIC COUNCIL OF THE ASIA) most important organization in Asia and nobody did not notice to this organization, all Asian games must to be confirm by OCA. And pervious managing in Asian powerlifting federation had not any contact to them and just contact to Turkmenistan powerlifting federation. For this matter he had important meeting and connection with:



1) Iran national Olympic committee general secretary (they can connect to OCA).



2) U.A.E national Olympic committee general secretary (they can connect to OCA)

3) Turkmenistan powerlifting federation (they can connect to N.O.C of the Turkmenistan)

This meeting important because President of the Iran national Olympic is EC board member of OCA Also U.A.E national Olympic committee very active organization and have good connection to president of the OCA (Olympic council of the Asia) who is Kuwait Nationality. And the end he very much thanking to IPF President Mr. **Gaston Parage** for support in APF By call and letter for this matter all the time.

IPF has started the first University World cup Championship in Belorussia. The President urged all the countries to work together towards IOC recognition. The President attended the IPF EC meeting in Czech Republic and highlighted the important issue: IPF will set up a Youth committee. IPF urges all Federations to send enthusiastic young athletes to work in the said committee. The President pointed out that the Medical committee needed more people to work. He also raised that gears and equipment may be too expensive to many Asian lifters. Countries may consider paying a fee to IPF and get an approved team singlet to lower the price. The President also raised the issue of real time streaming of the competitions. However there is a financial issue that needs to be further discussed.

### **Approval of Minutes of the last General Assembly 2015**

The Interim Secretary General summarized the Minutes of the last General Assembly. Philippines proposed approval of minutes and India seconded the proposal. The said minutes was endorsed.

### **Treasurer's report (Ramon Debuque)**

The Honorary Treasurer reported the auditor's report of 2015. He proposed the budget of 2016 and it was approved.

### **General Secretary report (Wing-Yuk Ip)**

Interim Secretary General's report:

I thank all the APF members for your trust and support to me to be the interim Secretary General for the past 6 months after the resignation of Mr. Sergey Kim. APF is facing many challenges like doping, poor anti-doping measures and education, lack of host for Championships, IOC recognition etc. With the hard work of the new IT officer, we have changed our website which contains more useful information than the old one and it is updated regularly. Hopefully with more resources chipped in, our website can reach international standard.

### **APF Technical Committee report (Chen-Yeh, Chao)**

I had also thanked that Mr. Hannie Smith helped me a lot to do the Referees' exam during Asian Powerlifting Championship and Asian Classical Powerlifting Championship last year. It was a huge work I had never done. I couldn't finish a lot of work without Mr. Hannie Smith last year. The IPF were considering from Muslim women' wanted to participate any International Powerlifting Championship .The IPF congress made a great decision let the Muslim women to wear their Muslim headscarf on their head and long sleeved clothes with singlet to participate any International Powerlifting Championship. It was great to hear that the all of Muslim women lifters can wear their Muslim headscarf on their head and long sleeved clothes with singlet participate any international Powerlifting Championship in the future.

Third, the IPF Approved supportive list By IPF recommend Approved supportive list has started last year 1st January 2015. On the IPF website Approved bulletin board has announced only from commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to World. But the lifters had a lot of problem with the substandard (unqualified) costumes, support shirts, wraps, singlets etc. Asian powerlifting championship last year. They all have to be IPF commercial manufacturers officially registered and approved by the Technical Committee shall be permitted for use in Powerlifting Competitions. This applies to all championships and records, from Local to World. There were a lot of referees' passing the examination CAT 1 and CAT 2 last year.

Key and important, the member federations MUST send more referees to our APF Championships. At some APF championships there are still not enough referees to officiate. Also, this past year, there were several referees' help some APF championship from day and night. So, please, assist us in resolving this situation. Many of the referees work tirelessly at our championships and we're very grateful for their professional work!

### **Medical Committee Report (Wing-Yuk Ip)**

Lack of education in doping is an important issue in Asia. Anti-doping seminar was arranged in the Asian Powerlifting Championship in 2015 and 2016. The committee welcome doctors from all the members to join the committee. Dr. Raza Vafaei is welcomed to join as committee members. With more members, the committee can look after health issue of lifters, injury during competition, fitness to competition, etc.

### **Election of Secretary General for the remaining term**

Candidates:

- Alexey Pankrashev (Kazakhstan)
- Rajesh Tiwary (India)
- Josephine Wing-Yuk Ip (Hong Kong)

Their CV were on table for reference. Each candidate gave a speech of 5 minutes. Mr. Alexey Pankrashev was absent and he was introduced by the President. Voting was done by secret ballot. Mr. Alexey Pankrashev Had 1 vote. Mr. Sri Rajesh Tiwary had 9 votes. Ms. Josephine Wing-Yuk Ip had 5 votes. Mr. Rajesh was elected the Secretary General.

### **Proposal for amendment of constitution**

In EC meeting dated Dec 13, 2015, it was approved the Technical Committee Chair will be admitted to EC. The amendment of Constitution of APF was endorsed.

### **New member application**

Sri Lanka was accepted to member of APF.

### **Action on Delinquent Nations**

No suspension

### **Hall of the Fame**

Chinese Taipei suggested Mr. Tsung-Ying Hsieh, Ms. Ya-Wen Chang for receiving the Hall of Fame. Philippines suggested that there should be objective criteria for selection for Hall of Fame. The President suggested that it would be further discussed in EC meeting.

### **Bids and confirmation on Future Championships**

#### **2016**

2016 Bench Press Championship will be hosted by Uzbekistan.

2019 Asian/Oceania Classic Powerlifting Championship will be held in Christchurch, New Zealand

## **2017**

2017 Asian Powerlifting Championship: will be hosted by Indonesia, during May

2017 Equipment Bench Press & Classic Bench Press Championship: Philippines during September

Asian Classic Powerlifting Championship: Sri Lanka during December

## **2018**

2018 Asian Powerlifting Championship: Open for Bid

2018 Equipment Bench Press & Classic Bench Press Championship: Open for Bid

2018 Asian Classic Powerlifting Championship: Open for Bid

## **Any other business**

1. It was also decided to send the calendar of events of the Asian Federation for 2017 to the International Powerlifting Federation.
2. The meeting decided to strictly ensure the dress code and neatness for referees officiating in the Asian Championships.
3. It was decided to hold Referees clinic along with Asian Championships for refreshing and Updating the changes taking place in this field. Hence, all member – nations shall communicate to the Asian Federation the names of Referees (both Category I and Category II) well in advance and ensure their participation in the Refresher clinics for Referees.
4. It was also decided to strictly ban use of unauthorized equipment by competitors taking part in competitions. Member nations shall take note of this and ensure availability of equipment of authorized companies for competitors from their country. It was also decided to request the International Powerlifting Federation to make arrangements to ensure supply of sufficient authorized equipment in all affiliated nations.
5. Asian Federation would also request the IPF to take necessary steps to ensure availability of Eleiko instruments for conducting Asian Championships well before the beginning of the Hall of Fame award to them. It was further decided to strictly apply IPF norms and rules for deciding Hall of Fame award from next year onwards.
6. The meeting further decided to make the webpage of the APF more attractive and up to date by uploading photos, videos and other relevant information by obtaining the required password. Mr. P. J. Joseph of India was authorized to take care of this matter within a month.
7. The meeting discussed the matter of timely submission of preliminary entries (ie. before 60 days) for competitions by member nations. Those who fail to comply with the time limit and submit within 21 days prior to the Championships shall pay a fine of \$200 per competitor along with the final entry.
8. The issues concerning the digital photocopier was discussed and it was decided to write it off given the fact that's it's nonfunctional and has zero value at present based on depreciating asset value.

The meeting was adjourned at 11:30 am.

## **Farshid Soltani**

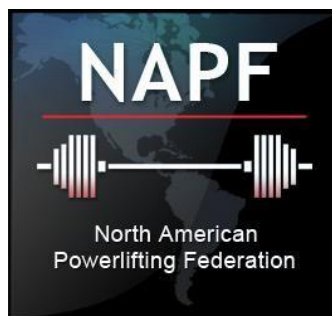
EC Board Member I.R. Iran Powerlifting Union

President of the Asian Powerlifting Federation

IPF Executive Board Member



## d) North America



### **NAPF General Assembly**

A lot of work has been done to cover all possible countries in the region. We have at the moment 13 member nations (including this year with the affiliation of El Salvador and Nicaragua to the IPF). Meetings and correspondence has been exchanged with Panama, Honduras, Cuba, Jamaica, Aruba, and Barbados powerlifting associations to organize and become a part of the IPF family.

The General Assembly was held in August in St. Croix – US Virgin Islands, with the attendance of all the executive members and 8 member federations. Several important issues were discussed, among them: safety and medical coverage during NAPF championship, responsibility of medical insurance by member federations, promotion of powerlifting in the university programs. The representatives for both Central American and the Caribbean now have committees to begin the promotion and development of the two sub-regions. Strategic planning for our upcoming championships were adopted for 2016-2018.

### **NAPF lifters and Hall of Fame**

This year Hall of Fame was awarded to Maria Luisa Vasquez from Guatemala/Puerto Rico recognizing her outstanding performances not only at our Regional Championships, but also on the World Platform and at the World Games. Also recognized was the former NAPF President, NAPF Secretary General and one of the founders of the NAPF, Robert Keller, for his long term and ongoing work in both developing and promoting the sport of powerlifting within the region. His work on previous work as the IPF Media Officer, Member of the IPF Technical Committee, and Member of the IPF Anti-doping Commission were noteworthy as well. Finally, Dr. Hugo Velasquez from Costa Rica was inducted into the Hall of Fame for his long term and still ongoing work not only in Costa Rica, but more importantly in developing powerlifting in Central America. Hugo was instrumental in re-establishing ties and bringing back the member federations of El Salvador and Nicaragua. Also, noteworthy, is his work on the IPF Medical Committee, promoting the safety and well-being of the athletes around the globe. Congratulations to all of the recipients.

### **International and Regional Championships**

This year, the 14<sup>th</sup> Annual NAPF Regional Powerlifting Championship was held in St. Croix, US Virgin Islands with an awesome attendance of 232 lifters from 8 member federations from the region – Our largest championship to date. In the Raw division competed 103 lifters (39 women and 64 men), in the Equipped division competed 129 lifters (54 women and 75 men). The level of competition was very high, and 15 world records were set at this year's competition. The internet streaming was provided by Mike Zawilinski and he did an exceptional job! During the course of this event, 4 new Category II Referees passed their examinations: Zelmira Sandi (CRC), Nora Montilla (CRC), Manolo Campos (CRC) and Ladys Burgos (PUR), and 1 new Cat. I Referee – Hugo Velasquez (CRC).

In the upcoming NAPF/FESUPO Pan-American Regional Bench Press Championship to be held in San Jose, Costa Rica – it is expected the participation of over 140 athletes from 10 countries – the biggest ever. Powerlifting is growing in the NAPF.



It is important to mention, that also Sub-regional Championships are being held in the NAPF – Caribbean's Regional Powerlifting Championship, Tournament of the Americas and Regional Sub-junior and Junior Central America Powerlifting Championships in order to bring new athletes of the sport. In addition, the region hosted two World Championships this year: IPF World Raw/Classic Powerlifting Championship in Killeen, Texas and IPF Men's and Women's World Powerlifting Championship in Orlando, Florida. Annually, the NAPF sanctions championships at the Arnold Sports Festival in Columbus, Ohio. USA Powerlifting does an exceptional job in promoting and directing this event.

Next year, the combined Pan-American, North American, South America and the Caribbean Powerlifting Championships will be held July 3-9, 2017, at the Hyatt Regency Hotel, in Orlando, Florida. The NAPF Bench Press Championships will be held in Toronto, Canada, on November 2-5, 2017. The Arnold Sports Festival will take place on March 2-5, 2017 in Columbus, Ohio.

### **Sponsorship / Agreements**

NAPF officials have for years worked closely with all the organizers to secure that Promoters Contract, Organizing Checklist and Anti-doping Control Agreements are fulfilled. NAPF has managed to support organizers – this year beneficiary was Costa Rica in the acquisition of new Eleiko weights and equipment. Our sincere thanks go out to both the IPF and Eleiko for their generous contributions. I would also like to recognize both Titan Support Systems and Johnson Insurance for their kind and generous contributions as well. Titan Support Systems has been a sponsor of the NAPF for a continuous 15 years!

### **Anti-Doping Tests**

At this year's regional powerlifting championships, the following lifters were tested:

Sawyer Yandell (USA)	Preston Turner (USA)
Gabriel Tucker (USA)	Liane Blyn (USA)
Damián Fronzaglia (USA)	Steve Mann (USA)
Dana Singleton (USA)	Manolo Campos (CRC)
Adam Ramzy (CAN)	Blaine Sumner (USA)

The results remain pending for now.

Thank you,  
Dr. Hugo Velasquez  
IPF EC Board Member – North America  
San Jose, Costa Rica



## **e) South America**

Presently, here is South America, we're going through a difficult period in time. Both, economically and politically, to include natural disasters, as well as many changes and adjustments to move forward advancing and improving powerlifting in our region. Despite the political changes that have greatly affected our members, we continue organizing our events. The direction of those events come at the

great personal sacrifice of our volunteers and member federations. Both the athletes and I are most grateful for their continued work, despite the many obstacles we've experienced this past year.

During mid-July, we hosted in São Paulo, Brazil, as well as the South American Equipped Powerlifting and Bench Press Championships. The competition was very successful. I was quite pleased with the results of the athletes. Anti-doping controls were carried out with the assistance of the Brazilian National Anti-doping Agency – thank you once more. I'm pleased to inform you the following IPF Member Federation participated: Argentina, Peru, Uruguay and Brazil as the host country. Unfortunately, for economic reasons, both Ecuador and Venezuela were not able to attend the competitions. Regardless their absence, the competition was directed at a very high level with many South American records being broken at the competition.

At our regional championship we held our General Assembly and elections were held for the FESUPO Executive Board. The following officers were all elected by acclamation:

Julio Conrado, President (BRA)

Kenji Nakama, Vice-President (PER)

Jose Inguanti, Secretary General (ARG)

Sandra Candido-Conrado, Treasurer (BRA)

My congratulations to all of our officers and to Kenji, welcome to our board. In addition to the elections, the FESUPO General Assembly deliberated and approved a new modernization plan for FESUPO with the creation of media in social networks, as well as a new and modernized logo. The GA also confirmed our schedule for both 2017 and 2018.

We worked very hard making contacts with new member federations within South America. Our efforts were rewarded and FESUPO will have a new member federation by December – Chile! We're also, in contact with Bolivia and they're preparing their application to rejoin the IPF, after a lengthy absence.

I look forward to 2017.

Thank you,

Julio Conrado

President, FESUPO

IPF EC Board Member - South America



## **f) Oceania**

### **MEMBERS**

Australia

Kiribati

Nauru

New Zealand

Niue

New Caledonia

Papua New Guinea

Samoa

Solomon Islands

Tahiti

Tuvalu

Unfortunately, Fiji has lapsed as an OPF member and the former administration advised there is no

current Powerlifting activity taking place on the Island. Hopefully Fiji can be revived before the 2019 Pacific Games. New Caledonia has resolved its internal difficulties, has passed from NOC administration to independence as a national federation. The Papua New Guinea Federation remains under the administration of its NOC.

## **ADMINISTRATION**

The Annual General Meeting of the OPF was held in Melbourne on 29<sup>th</sup> April, with a strong attendance of nations. The office-bearers of the OPF were elected or affirmed as --

President & IPF Board Member	Robert Wilks
Vice President	Julian Perry
Secretary	Susan Maguire
Treasurer	Steve Lousich
Committee	Jason Wharton
Record Keeper	John Myers
Webmaster	Vicki O'Brien
Referees Director	Steve Lousich

Following this meeting there was a revamp of the OPF website, which is now sound and up-to-date in the information it provides. In 2017 there will be a further professional-level upgrade of the site.

## **EVENTS**

In December 2015 the combined Asia/Oceania Championships were held in Tashkent, Uzbekistan. This was a spirited event, with near 400 competitors across all age groups. Also in that month many Oceania nations took part in the Commonwealth Championships, in Vancouver, Canada, another event with competitors around the 400 mark.

In 2016 the Pacific Invitational series continued, in conjunction with the Australian Fitness & Health Expos. Melbourne was held in April and Perth in August, with Powerlifting achieving exposure to many thousands of fitness fans at the event and on-line. Nauru was a stalwart here, with their lifters achieving multiple World Records at each event, with Samoa, Kiribati and Tuvalu also strong participants, as well as host nation Australia.

Oceania also moved on to greater prominence at World Championships. Australia achieved a winner with Caleb Voice in the 83kg Bench Press and a medallist with Elizabeth Craven in the 52kg class; also Nauru had superstar Jeza Uepa threaten World Records and medals in the highly competitive 120+kg class.

## **THE FUTURE**

As per the last two years, growth in at least the major OPF nations has continued apace, entirely due to the popularity of raw lifting. As described above, this has translated not only into greater participation, but greater quality, with Oceania lifters now achieving on the world stage as never before. However distance and associated costs and limited resources in the very small Pacific Island nations has remained a challenge in the Oceania region.

New Referees have been accredited but have remained concentrated in Australia and New Zealand. Similarly anti-doping programmes have been centered in those nations, although with ICT conducted on Island athletes at every opportunity. Notably, Australia has introduced a second tier of WADA standard testing, over and above the ASADA government system, that paid for by Powerlifting Australia and including testing of not only Australian but also other OPF nation athletes.

From here Oceania looks forward to some very major events in the next few years. April 2017 will see one of the World's largest fitness shows with an expanded Pacific Invitational at the renovated Sydney Convention Centre. In 2018 Nauru will be seeking to hold its first international event. Further ahead, the next Pacific Games are set for Tonga in 2019, with Powerlifting facing the challenge again of securing its place in the Region's major sporting event.

**Robert Wilks**  
**OPF President**

## 9) Elections / Confirmations

No confirmations submitted.

## 10) Proposals

### Constitution

#### 10) By-Law Proposals

Motion 1: IPF Executive Committee

##### 1.2 Objectives

- 1.2.4 Establish administrative and technical committees ~~from its own number~~ **when it is considered appropriate.**
- 1.2.6 Promote, support and encourage ~~drug~~ **doping** free powerlifting.
- 1.2.11 To further the cause of powerlifting and strive for ~~acceptance~~ **recognition** by the International Olympic Committee.

##### 1.3 Public utility

The IPF works for the purposes of this order for the benefit of the public in each valid version. All actions and activities carried out by the IPF are not aiming a profit.

The members have no interest in the federation property. The members of this body work in an honorary capacity; the property of the IPF serves exclusively for charitable purposes of the sport. Any profits may be supplied only for statutory purposes. The members receive no shares in the profits **and are not liable for any losses.** No person may receive for an activity or task in the IPF, an unreasonably high reimbursement.

### 3 GENERAL PROVISIONS

- 3.1 The IPF is recognised by the General Association of International Sport Federations (GAISF) and the International World Games Association (IWGA).
- 3.2 In its activities, the IPF follows the Olympic ideal and principles and supports and maintains the ideals and objectives of the Olympic movement. The IPF accepts and recognizes the Statutes and aims of the International Olympic Committee (IOC), the General Association of International Sports Federations (GAISF) and those of the World Anti-Doping Agency (WADA).
- 3.3 **The IPF recognises the Court of Arbitration for Sport in Lausanne as the only external body for jurisdiction. However, all internal legal remedies must be exhausted before referring a matter to the Court of Arbitration for Sport.**
- 3.4 All political and religious discussions or demonstrations are forbidden within the IPF.
- 3.5 The IPF supports all initiatives by powerlifters for peace and understanding.
- 3.6 No distinction is made between continents, countries or individuals for reasons of race, colour, gender, **sexual orientation**, religion or politics.

##### 5.1 Membership

The membership of the IPF consists of national affiliates active in powerlifting. The IPF can recognise only one member (organisation) from each nation.

The recognition of a National Federation will be done in agreement with the Olympic Charter (Chapter 3, Article 26), and following the regulations contained in these statutes. The IPF will inform the NOC of the country in question.

The National Federations affiliated to the IPF must be independent inside their own country. The members of the Executive Committee and the President must be elected democratically, and have the nationality of the country concerned.

All affiliated Federations and their members shall recognise the Court of Arbitration for Sport in Lausanne as the only external body for jurisdiction

A new member nation must be affiliated to the IPF before it can be affiliated to its regional federation.

~~Only those lifters, who are members of their respective national member federation, association or organisation, can be considered eligible for membership.~~

The IPF respects the autonomy of its affiliated members with respect to matters that do not have an international dimension, do not breach the IPF Constitution, By-Laws or other IPF rules or regulations and do not otherwise negatively affect the IPF.

Categories of IPF Membership:

5.1.1 Full Member

5.1.2 Provisional Member

A Provisional Member may only compete in world championships by the decision of the IPF Executive or in regional championships by decision of the Regional Executive. ~~or Regional President if no Executive exists.~~ However, once granted permission, a Provisional Member shall have all competition rights but no vote. The Executive will be authorised to decide the amount of annual subscription required from a Provisional Member.

All countries applying for membership shall, on payment of the annual subscription fee, be granted provisional membership of the IPF subject to ratification at the next General Assembly.

## 5.2 Representation

The IPF is governed by a General Assembly consisting of a maximum of two delegates from each nation affiliate with one vote per country, and the IPF EC members with one vote each.

EC members are restricted to only one vote even as the officers cannot represent both their nation and the IPF Executive committee.

An annual membership fee as stipulated in 103.2.1 of the IPF By-Laws must be paid by the member nations at the latest by the ~~30<sup>th</sup> of September~~ **31<sup>st</sup> of January** each year to have voting rights at the annual General Assembly of this particular year. To have voting rights at the election General Assembly, an existing member nation must have paid the membership fee in the 4-year period every year prior to the election. New member nations must have paid their membership fee annually, from the year of their provisional membership.

## 7.2 Powers

The General Assembly has, without limitation the following power:

7.2.3 ~~To impose and enforce penalties for any violation of the Constitution or By-Laws.~~ **To suspend and take other sanctions against the IPF national member federations or regions for any violation of the IPF Constitution or By-Laws or other applicable rules or regulations where competence is not explicitly reserved for another organ, body or committee of the IPF. An appeal against a decision made by the General Assembly according to this rule 7.2.3 may be filed with CAS in accordance with the CAS rules.**

7.2.4 By a two-thirds majority vote of members present, to remove any suspension or remit any penalty previously imposed **on any national member federation or region of the IPF.** ~~on any person or organisation, being members of the IPF.~~

7.2.12 To consider and accept proposed changes to the Constitution and By-Laws ~~every fourth year commencing in 1998.~~

## 7.3 Annual General Assembly

### 7.3.3 Notices

Time is of the essence. Not less than thirty (30) days' notice must be given of any special or annual meeting of the IPF. The Secretary General will **send by email** ~~airmail~~ a notice and agenda to all ~~named delegates or their national member federations.~~ **The abovementioned documents will be placed promptly on the IPF website at: [www.powerlifting-ipf.com](http://www.powerlifting-ipf.com)**

A notice sent to the last **email** address known to the Secretary General complies with this requirement. The official agenda for the IPF General Assembly must be received by all members at least thirty (30) days before the General Assembly takes place. Items not in the agenda cannot be considered in the

General Assembly.

## **8 EXECUTIVE OF THE IPF**

### **8.1 Titles**

The titles of the officers of the IPF are: President, Vice President, Secretary General, Treasurer, and ~~Board~~ **Executive** Members. A maximum of two executive officers shall be from any nation. A member of a regional Executive committee cannot hold a regional and an IPF officer function as President, Secretary General and Treasurer; only the regional elected ~~Board~~ **Executive** member can hold a regional and an IPF officer function.

### **8.2 Executive Committee**

Elected Members:

- The President
- The Vice President
- The Secretary General
- The Treasurer
- A male or female member as a lifters' speaker (first time he or she is appointed by the Executive in 2013. From 2014 the male or female member will be proposed by the Athletes Commission and ratified by the General Assembly)
- A female member (first time she is appointed by the Executive in 2014. From 2015 the female member will be elected in electoral General Assemblies)
- The Chairman of the IPF Technical Committee
- **Five members determined elected by the Regions (Continents). (One member per Region). Such election shall only come into force if ratified by the IPF General Assembly.**
- **The Executive Committee shall appoint to the Executive Committee two females from existing committees and commissions.**

There shall be at least a quorum of five members. In the event of an impasse (stalemate), the President shall cast the deciding vote.

### **8.3 Powers of the Executive**

**8.3.1** It shall be the governing body of the IPF between General Assemblies **and have the following powers, without limitation:**

## **9.2 Term of Office**

9.2.2 A person may be nominated for IPF office by any national member federation, provided that the candidate is in good standing in his national federation. "A member in good standing" shall be defined as a bona fide member or an honorary member in his national federation, who is not under suspension by that federation's disciplinary body or by the disciplinary body of any other respectable sport organization, including the IPF. ~~and its regions.~~

- (c) If a dispute arises between the IPF Executive and any of the officers on the matter of the officer's situation or behaviour in the IPF (refer to rules 7.2.5, 8.3.4 and 16 of this Constitution), the matter shall be assigned to the Ethics & Disciplinary Committee which shall examine the facts and **make its decision on the matter and notify it to the IPF Executive.** ~~provide its recommendation to the Executive, or, where the circumstances require, present the matter to the General Assembly with recommendation for appropriate action or penalty.~~

## **11 COMMITTEES, COMMISSIONS, PANELS**

### **11.1 General Provisions**

Each committee shall consist of a chairman elected by the General Assembly **unless specified otherwise in this Constitution or the IPF By-Laws**, and a maximum of six (6) members (exception Technical Committee 10 members, and Ethics & Disciplinary Committee 9 members **and Anti-Doping**

**Commission up to 9 members including the Chair**) from various nations who shall be appointed by the Executive in consultation with the Committee Chairman. Notwithstanding the above, the ~~six~~ **five** regional members to the Ethics & Disciplinary Committee shall be appointed by the General Assembly in accordance with rule 11.3.2 items 1), 2), 3) and 4).

## **11.2 Medical Committee**

11.2.1 All decisions of the Committee require the approval of the General Assembly. However, the Committee's decisions are the final decisions of the IPF on the matters as assigned in article 4.4 of the IPF Anti-Doping Rules having the responsibility of the Medical Committee.

11.2.1.1 to consider and make decisions on requests for Therapeutic Use Exemptions (TUEs) of international level athletes. **Notwithstanding the above, the TUE decisions of the Medical Committee may be appealed to WADA and/or to CAS as set out in Articles 4.4 and 13 of the IPF Anti-Doping Rules.**

11.2.4 Appoint duty doctor(s) for each day of the championships. The doctor(s)' specific duties shall include:

~~11.2.4.5 The duty doctor may participate in the doping control procedure~~

## **11.3 Ethics & Disciplinary Committee**

### **11.3.1 Disciplinary hearings**

The following provisions shall apply to disciplinary hearings.

#### **11.3.1.1 DISCIPLINARY HEARINGS**

The Ethics & Disciplinary Committee shall investigate the case of any **IPF region**, affiliated federation, lifter or official or athlete support personnel accused of any of the following:

- I) Bringing the IPF or the sport of Powerlifting into disrepute.
- II) Acting in a manner that is contrary to the best interests of the IPF.
- III) Contravening any of the provisions of the Constitution or By-Laws.
- IV) Contravening any of the rules or regulations governing the accepted behaviour of **the IPF regions, the IPF members member federations and individual persons under the jurisdiction** of the IPF.
- V) Breaching of any part, principles or values of the IPF Code of Ethics (Code).  
Following such investigation it may impose an appropriate penalty **e.g. fine, suspension, and ban from participation in IPF events, ban from staging IPF events.**

#### **11.3.1.2 Representation**

The **concerned IPF region, nation the concerned national member federation** or the concerned lifter or official has the opportunity to let himself be represented at the Ethics & Disciplinary Committee by an authorised person, e.g. lawyer. The costs for the representative have to be paid by the **concerned IPF region, nation the concerned member federation** or the **concerned** lifter or official himself, regardless of the outcome of the hearing.

### **11.3.2 Composition and Duties**

- 1) The independent Ethics and Disciplinary Committee (EDC) shall be composed of nine (9) members; the Chairman elected by the General Assembly and ~~six (6)~~ **five (5)** members from the IPF Regions (one member from each Region) appointed by the General Assembly and ~~two (2)~~ **three (3)** other members appointed by the Executive Committee, for a renewable term of four years.
- 11) The sanction decision, where appropriate, shall be made by the Ethics & Disciplinary Committee. ~~In the most serious cases the Committee may refer the case to the IPF General Assembly for the final decision.~~
- 13) The Ethics & Disciplinary committee shall conduct investigations and make decisions also on all other disciplinary cases than referred to in rule 11.3.2 item 8) arising within the IPF and its Regional Federations, except on doping related cases. Duties of the **IPF** Ethics &



Disciplinary Committee as apply to the Result Management Procedure on doping related cases are as defined in article 7 of the IPF Anti-Doping Rules.

- 19) Unless specified otherwise in this Constitution, decisions made by the IPF Ethics & Disciplinary Committee on disciplinary cases other than arising from the IPF Code of Ethics are subject to appeal to the IPF Appeal Committee.

#### 11.4.1 Appeal hearings

The IPF Appeal Committee shall receive all documents relating to any appeal for which it has jurisdiction under this Constitution. Without limitation, decisions made under the IPF Anti-Doping Rules may be appealed exclusively to the Court of Arbitration for Sport (CAS) in accordance with the provisions applicable before such court (re the IPF Anti-Doping Rules, article 13).

Appeals other than appeals to the CAS must be lodged with the Appeal Committee Chairman within one month of the written notification of the decision on which the appeal is based. A copy of the appeal must be sent to the Secretary General.

The Appeal committee shall, within one month of receiving all documentation and submissions relating to the appeal or, if a hearing is to be held, within one month of such hearing, examine and investigate the matter and make a decision on it. ~~decide on an appropriate penalty.~~

Appeals lodged with the Appeal Committee and appeals to the General Assembly must each be accompanied by payment according to By-Laws 103.2.9 for appeals. If the appeal is successful no financial claim or other petition for damages may be made against the IPF. Following successful appeals, the fee paid for the appeal will be refunded.

~~An appeal against any decision of the Appeal Committee may be made to the General Assembly. Such appeal must be lodged with the Secretary General within one month of the written decision of the Appeal Committee, and not later than six weeks before the date of the General Assembly. The appeal shall be lodged with the Secretary General who shall then include the appeal on the agenda to be considered by General Assembly. Within a one month period following the decision of General Assembly on an appeal, there shall be a final right of appeal to the Court of Arbitration for Sport in Lausanne / Switzerland.~~

The Appeal Committee may, in its absolute discretion, waive or vary the time limits contained herein.

Decisions made by the IPF Appeal Committee may be appealed to CAS in accordance with the CAS rules.

#### 11.4.2 Duties

The Appeal Committee consists out of the Chairman elected by General Assembly and 5 members. No current member of the IPF's Executive or any IPF Region's Executive shall be a member of the Appeal Committee. Any member of the Appeal Committee ~~The members must~~ shall not be simultaneously a member in the Ethics & Disciplinary Committee.

After examining all facts and documents the committee makes its decision and sends this to the IPF Secretary General who sends it to the IPF Executive Committee and any relevant party.

#### 11.4.3 Appeals filed with CAS

No appeal shall be filed with the Court of Arbitration for Sports (CAS) before the Appellant has exhausted the legal remedies available to him prior to appeal, in accordance with the relevant rules of this Constitution and any other IPF rules and regulations including, without limitation the IPF Anti-Doping Rules. An appeal against a decision on a particular case may be filed with CAS only after the decision of:

- i) The General Assembly (GA); decisions for cases where an appeal may be referred to the GA, as defined in the relevant rules of this Constitution.
- ii) The IPF Appeal Committee (AC); decisions on cases where an appeal against a decision of the IPF Ethics & Disciplinary Committee is referred to the AC, as defined in the relevant rules



of this Constitution.

- iii) The IPF Doping Hearing Panel (DHP); as defined in the IPF Anti-Doping Rules and the WADA Code.
- iv) The IPF Ethics & Disciplinary Committee (EDC); decisions on cases arisen from the IPF Code of Ethics, as defined in the relevant rules of this Constitution and the relevant clauses of the IPF Code of Ethics.
- v) The TUE Panel of the IPF Medical Committee; decisions on TUE applications, as defined in the relevant rules of IPF Anti-Doping Rules and the WADA Code.

Any decision made by the CAS shall be final and binding on the parties concerned.

## **11.5 Law and Legislation Committee**

- 11.5.5 No constitution of a national federation is valid until the IPF Law & Legislation Committee (L&LC) has reviewed it and has given its approval. All amendments must be sent to the L&LC for its approval and are not valid until approved by the L&LC.
- 11.5.6 Shall evaluate proposed changes to the IPF Constitution and report the results to the President and the Secretary General. The reported result shall be included in the distribution of proposed amendments, as specified in rule 7.3.6.3.

## **11.6 Anti-Doping Commission**

- 11.6.4 The Anti-Doping Commission consists of a Chair and a minimum of five and a maximum of eight other members with experience in anti-doping. The Anti-Doping Commission except its Chair shall be elected by the Executive Committee.

## **11.7 Doping Hearing Panel**

- 11.7.1 Consist of a Chairman and maximum of ~~four~~ five other experts with experience in anti-doping. Each panel member shall be otherwise independent of the IPF. Each panel member shall serve a renewable term of four years.
- 11.7.3 Decisions made by the Doping Hearing Panel may be appealed as defined in Article 13 of the IPF Anti-Doping Rules.

## **12.1 Regional Federations**

The IPF recognizes ~~six (6)~~ five (5) regional federations: the African, Asian-Pacific, European, Oceania, North American and South-American Federations subject to the following conditions:

- 12.1.1 Each region shall elect an officer at their General Assembly to act as IPF Board Executive member for that region. Such nomination shall only come into force if ratified by the IPF General Assembly.
- 12.1.2 National federations must affiliate to the appropriate regional federation (if one exists) as well as to the IPF.
- 12.1.3 Their constitution and rules of operation must be submitted to the IPF Secretary General who sends them to the IPF Executive Committee for approval. These must conform to all IPF statutes and rules where applicable Regional federations shall adhere to the IPF Constitution and all other IPF rules and regulations and respect any decisions taken by the IPF bodies.
- 12.1.4 All Regional Federations shall recognise the Court of Arbitration for Sport in Lausanne as the only external body for jurisdiction to resolve disputes after the exhaustion of any internal remedies.
- 12.1.5 In the case of conflict between the IPF Constitution and the Constitution of any Regional Federation, the terms of the IPF Constitution shall prevail.
- 12.1.6 Their championships must be conducted in full accordance with the IPF Technical Rules.
- 12.1.7 They cannot issue permits for competitions other than their own regional championships and regional events open for two or more nations of that Region and must also be sanctioned by the IPF.
- 12.1.8 In Regional Championships, the Regional Federations have the authority to suspend competitors

or officials and take disciplinary actions against them **where the circumstances require an immediate disciplinary action.** ~~except on doping-related cases.~~ They must report these facts to the **Secretary General of the IPF,** ~~which~~ **who** in turn shall refer the case to the **IPF Ethics & Disciplinary Committee** for investigation and a final decision. Where the question is of a doping related case, then the procedure shall in all cases be strictly in accordance with Articles 7 and 8 of the **IPF Anti-Doping Rules.** ~~may extend these disciplinary actions on a worldwide level~~  
Regional Federations cannot suspend National Federations but may propose such action to the IPF.

12.1.9 Regional Federations must enforce the IPF Anti-Doping Rules and a doping control must be carried out in all Regional Events in full accordance with the IPF Anti-Doping Rules.

12.1.10 Affiliated federations of Commonwealth countries may organise a sub-IPF federation in order to stimulate competition within the Commonwealth.

~~12.1.11 The IPF must not interfere in national affairs except the Technical Rules, Constitution and By-Laws will not apply.~~

Note this sub-article (12.1.11) to be rewritten and moved from here to Article 5.1 of the Constitution

**12.1.12 Each Regional Federation must submit the following documents to the IPF annually:**

- Annual Report
- Financial Report including: Balance Sheet, P/L statement, notes etc.
- Auditors' Report and Budget
- Calendar of events (dates and location) by the end of the preceding calendar year
- Results and Report from all Championships
- Results and Report from all international competitions held in the respective region (except for the IPF Events)
- List of Records (and any updates)
- Ranking Lists (at least once a year)
- Any other relevant information requested by the IPF.

12.1.13 The IPF President or a person he nominates as his substitute shall be invited to the Executive Committee meetings and the General Assemblies of the Regional Federations. If the President and/or the General Secretary Treasurer is/are unable to participate, appointed person(s) on their behalf shall attend the meetings with full power.

12.1.14 Regional Federations must send to the IPF the Minutes of their meetings including but not limited to the General Assemblies (or Congresses), Executive Committee and other Committees as soon as available.

### **13.1 Subscription**

**The General Assembly will determine the amount of the annual subscription to the IPF from time to time.** The subscription is payable at the latest by the 31st of January each year. Upon receiving payment, a certificate of membership will be issued by the Treasurer. Any country, which has not paid its subscription for the current year, cannot participate or vote in the various meetings of the IPF. Its lifters cannot take part in competitions or meetings organised under the rules of the IPF, nor obtain ratification of their records. A reminder letter shall be sent to every national federation, which has not paid its subscription by the end of January.

### **13.3. Permission for organising an international contest**

On payment of the required fee, the ~~Secretary General~~ **EC** will issue a permit for the international contest to the organising national federation. An additional condition for permission is, that at the international contest **drug doping** tests must be carried out **according in accordance with the** IPF rules. Facilities must be made available in which doping control may be carried out. These are separate facilities or rooms, and are not used for other purposes.

Only member federations can apply for a sanction of an international contest.

### **14.1 Failure to apply for Competition Permit**

National federations, which neglect to request the required IPF permit for an international competition and do not pay the required fee, shall be fined an additional Euro 200. The ~~Secretary General~~ **Treasurer** shall send a warning letter to them. If the fee and fine are not paid within thirty (30) days of sending the warning, the national federation shall be suspended until such time as the total amount has been paid. Sanction fees for world championships must be paid at the time of application for the event.

#### **14.2 Failure to Pay Annual Subscription Fee**

A national federation, which has not paid its annual subscription by the 31<sup>st</sup> of January, despite having received a reminder letter, shall be suspended from membership of the IPF by the IPF General Assembly, however only after more than two years in arrears with their annual subscription as specified in item 103.9 of the By-Laws.

#### **14.4 Reporting Infractions in International Competition**

If a lifter or official commits any form of violation during an international contest in another country, the organising national federation must send a detailed report to the IPF Secretary General who in turn will inform the Ethics & Disciplinary Committee which will ~~impose an appropriate penalties.~~ **shall examine the case and make its decision on it.** The organising national federation cannot penalise lifters or officials from other countries.

#### **14.5 Suspension of Federations for Violations of Constitution/By-Laws**

Any **IPF region or** affiliated national federation, which violates the Constitution or rules of the IPF, shall be suspended by **the** recommendation of the Ethics & Disciplinary Committee for a period to be decided by the General Assembly. In serious cases the EC may provisionally suspend the region or affiliated national federation until the next General Assembly.

#### **14.6 Hearing prior to Penalty**

Any **IPF region, any** national **member** federation **or** lifter or official asserted to have committed a rule violation has the right to be heard in its or his/her case before the relevant **IPF** disciplinary or hearing body ~~decides upon the penalty to be imposed~~ **makes its decision on the case. This right may be satisfied by the opportunity to make written submissions.**

#### ~~**14.12 Ad Hoc Jury as Discipline Body**~~

~~In absence of a Jury an ad hoc Jury may exclude a lifter or official from a competition for reasons of his misconduct. In such a case the Jury or ad hoc Jury must inform the lifter or official's own national federation, who in turn must decide what punishment to impose upon the lifter or official.~~

~~In absence of a Jury the IPF Official, who is the official representative of the IPF at this championship, must arrange an ad hoc Jury. The decisions of this Jury must be sent to the Ethics & Disciplinary Committee.~~

#### **14.13 Penalty for "Bringing the Sport into Disrepute"**

Any member of an affiliated national federation who is found to be guilty of bringing the sport into disrepute by means of his comments, published articles, TV or radio broadcasts etc. may be requested to appear before the Ethics and Disciplinary Committee. Should the committee feel that a bona fide case exists, they will then present the matter to the General Assembly with a recommendation for **an** appropriate penalty. **In serious cases the EC may provisionally suspend the member until the next General Assembly.**

#### **14.17 Staying in the Venue until the end of Medal Ceremony**

**14.17.1 All athletes taking part in competition in World Championships must stay in the venue after the weigh-in for that particular lifting session until the end of the medal ceremony for the weight category in which the athlete competed in that World Championship.**

**14.17.2 An athlete who wants to leave the venue before the end of the medal ceremony for his/her weight category must ask and obtain a written permission from the Jury before leaving the venue.**

**14.17.3 If the athlete leaves the venue before the end of the medal ceremony without permission from the Jury, it may be considered as an asserted violation of article 2.3 of the IPF Anti-Doping Rules (Evading, Refusing or Failing to Submit to Sample Collection). If the athlete is found to have committed an abovementioned anti-doping rule violation the consequence for that violation is as defined in article 10.3.1 of the IPF Anti-Doping Rules.**

#### **14.18 Enforcing of Penalties**

**Any sanction imposed on a competitor or other person by the relevant body of the IPF or by an IPF recognised body shall be recognised and enforced by all members and regions of the IPF.**

## 16 CODE OF ETHICS

The IPF Code of Ethics shall apply to the IPF, **each Regional Federation of the IPF**, each National Federation of the IPF and each Participant in the activities of the IPF or any of its **Regional or National Federations** by virtue of the Participant's memberships, accreditation, or participation in the IPF, **its Regional Federation**, its National Federations, or their activities or Events. The IPF Code of Ethics which is ratified by the IPF General Assembly is available on the IPF's Website at [www.powerlifting-ipf.com](http://www.powerlifting-ipf.com)

## 21 GUIDANCE FOR COACHES

This guidance has been produced specifically for coaches who provide opportunities for young people in Powerlifting, either in Sub-junior and Junior sections or mixed squad training camps. The IPF Guidance for Coaches is available on the IPF Website at [www.powelifting-ipf.com](http://www.powelifting-ipf.com)

## 22 CHILD PROTECTION POLICY

Every child should have the opportunity to take part in sport at all levels in a safe, secure and positive environment. Children have unique capabilities and strengths yet remain vulnerable to being influenced. In sport, where children and youth participation is predominant child protection becomes everyone's responsibility. It is essential for IPF member federations to have and implement a child protection guidelines and policies. The IPF Child Protection Policy is available on the IPF Website at [www.powerlifting-ipf.com](http://www.powerlifting-ipf.com)

## 23 GUIDANCE FOR PARENTS

This guidance has been produced specifically for parents whose children participate in Powerlifting. Powerlifting provides opportunities for enjoyment and achievement; it can develop qualities such as self-esteem leadership and teamwork, as well as physical benefits. Providing young people with a positive lifting experience means that they will be more likely to achieve their true potential. Every young people have the right to have fun and to be safe and free from harm, whether competing at local level or representing their nation at International level. Parent/legal guardian should feel comfortable with the environment that the child is in and able to ask questions about the federation, structure, people, policies and practices of that federation. The IPF Guidance for Parents is available on the IPF Website at [www.powerlifting-ipf.com](http://www.powerlifting-ipf.com)

## 24 PARENTAL CONSENT FORM

The Parental Consent Form (in addition to the Consent Form that is as Appendix 3 to the IPF Anti-Doping Rules) is to accompany nominations for the Championships for Athletes under the age of 18 years. If the Athlete is under 18 years of age on the day he/she competes he/she must provide a parental consent that he/she can provide urine or blood samples taken for doping testing. The IPF Parental Consent Form is available on the IPF Website at [www.powerlifting-ipf.com](http://www.powerlifting-ipf.com)

# IPF By-Law Proposals/Agenda Items

### Motion 1: IPF Executive Committee

#### 101.7.5. ~~Board~~ **Executive** members

#### 101.8.4 **Records Registrar**

##### 101.8.4.1

Shall certify all World records and maintain an up to date register of all records in all categories. World records can only be confirmed if the IPF ~~drug~~ **doping** testing requirements according to the IPF Anti-Doping rules 5.1 for the acceptance of World records have been complied with. Pending the confirmation of a negative ~~drug~~ **doping** test by the analysing laboratory records shall be shown on the register as being "pending" for a period of not more than three months from the date of the performance. If the record is not confirmed within this period it shall be erased from the register.

#### 101.8.8 **Committees, Commission, Panels**

##### 101.8.8.1 **General Provisions**

Each committee shall consist of a chairman elected by the General Assembly **unless specified otherwise in the Constitution or these By-Laws**, and a maximum of six (6) members (exception

Technical committee 10 members, Ethics & Disciplinary Committee 9 members). Anti-Doping Commission consists of a Chair and 5-8 other members from various nations who shall be appointed by the Executive in consultation with the Committee Chairman.

### 102.3 Election of Regional Board **Executive** Members

~~Election of Board members of the IPF shall be determined by regional federations and ratified by the General Assembly.~~ Each region shall elect an officer to act as IPF Executive member for that region. Such nomination shall only come into force if ratified by the IPF General Assembly.

### 102.4 Timelines for Submitting, Awarding Bids for World Championships

Bids shall be made and world championships awarded three years in advance. All bids, accompanied by outline reports on the extent of preparations made, shall be sent to the ~~Secretary General~~ **Championship Secretary** at least ninety (90) days before the next General Assembly. All organising federations must sign a pre-promoter's contract with the bid submission and a final promoter's contract one year before the according championship otherwise the IPF sanctions will apply if this federation withdraws.

### 103.2 IPF Subscription and Fees

103.2.5 IPF Referee tie and scarf Euro ~~25~~ **30**

103.2.10 **Combined Championships (equipped and raw)** Euro **1500**

Regional federations must be affiliated to the IPF and will not be subjected to any sanction fee for regional championships. In addition, the promoter shall be responsible for providing at his own expense all necessary medals, 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> for all competing categories and classes (refer to 104.3 for medals or certificates for individual lifts). The category and class medals are to be ordered from the Treasurer at least three months prior to the championships.

The participating national federation s shall pay a ~~drug~~ **doping** test fee of EUR 50 for each lifter entered and declared at the Technical Meeting prior to the championships. If a national federation is not represented at the Technical Meeting, then a fee is required for all lifters nominated and entered on the final entry form. In addition to the ~~drug~~ **doping** test fee, participating national federations shall pay a participation fee of EUR 50 per lifter for each lifter entered and taking part in any World Championships. EUR 15 of the participation fee or equipment similar to that amount shall be paid to the promoter, or the promoter shall receive equivalent support in goods donated by sponsors, as decided by the Executive.

### 103.6 Hotel Bills for IPF Officials Attending World Championships

The hotel bills of a maximum of 4 IPF-Officials and the Computer Secretary as decided by the EC shall be paid by the promoter of the championships on the basis of room and breakfast for a maximum of 8 days **or the length of the competition plus 2 days**.

### 103.7 Travel Costs for the IPF Executive

103.7.2 In the event of a promoter not being in a position to honour his obligations to four executive members with regard to their hotel bills, the IPF shall pay the same on the basis of a length of stay at least equal to that of the teams, or for a reasonable period of time not to exceed eight (8) days **or the length of the competition plus 2 days**.

103.7.5 Both the President and the Treasurer must approve all claims for expenses or reimbursements. This ruling applies equally to the issue and signing of cheques ~~and contracts~~.

### 103.9 Delinquent National Affiliate Fees

Delinquent Nations: National federations more than ~~one~~ **two** years in arrears with their annual subscription shall be suspended from the membership of the IPF.

### 104.3 IPF Medals

104.3.3 A lifter found positive at any World championship must return all his/her medals from that competition. If not returned by his/her federation within one month after receiving such claim, the



national federation must pay a fine of Euro 100.

### 104.5 IPF Hall of Fame

Hall of Fame: There shall be an honorary body titled the "IPF Hall of Fame". Its purpose shall be to honour members who have made an outstanding contribution either by way of lifting achievements or service in general to the sport of powerlifting internationally. A maximum of ~~two~~ **three** lifters and ~~one-two~~ officials, male and female, may be elected to the Hall of Fame each year but with the added provision that not more than ~~two-three~~ men and ~~one-two~~ women may be elected in any one year. A certificate of achievement will be awarded. No one who has been involved in doping offences or has been suspended for a doping offence shall be proposed to Hall of Fame. Any lifter or official previously awarded Hall of Fame will lose this distinction if suspended by the IPF for doping or any other violation.

### 105.8 Sub-Regional Competitions

The Regional Executive shall sanction sub-regional competitions on an international level. ~~If a Regional Executive does not exist, then the responsibility for sanction shall rest with the Regional Board member of the IPF.~~ Sub-regional means a competition between two or more nations but not open to all the nations in that region.

### 106.1 Signing Authority, IPF Contracts

~~Both the~~ **The** President and the Treasurer (and/or Secretary General) must sign all contracts performed in the name of the IPF when the majority of the EC have accepted such contract to be signed. A copy of the contracts must be given to all EC-members, if it is requested.

#### Motion 2: European Powerlifting Federation

#### **103.2. Subscriptions and fees.**

.....The participating national federations shall pay a drug test fee of EUR 50 for each lifter entered and declared at the Technical Meeting prior to the championships. ~~If a national federation is not represented at the Technical Meeting, then a fee is required for all lifters nominated and entered on the final entry form. In addition to the drug test fee, participating national federations shall pay a participation fee of EUR 50 per lifter for each lifter entered and.....~~

Reason: To make up final participation lists and hotel reservations at the time of final nomination (21 days prior to the technical meeting) will simplify the work for the organizer and IPF. Besides, the national federations are given ample time to arrange for bank transfer after receiving the invoice from the IPF Treasurer, organizer and hotel.

#### Motion 3: European Powerlifting Federation

#### **105.5.2 Nomination.**

.....A national federation taking part in World championships and cups shall pay the IPF doping test fee and the participation fee for each lifter nominated and entered on the final entry form. No such fees are to be paid for nominated reserve lifters if not replacing any of the nominated lifters. ~~Latest date of withdrawal of any lifter from the nomination list, to avoid paying the fees for those, is 14 days prior to the technical meeting for this competition.~~ If a hotel reservation fee is specified in the invitation for the championship or cup, same rule and time limits as above apply for nominated lifters and officials.

Reason: Same as above.

#### Motion 4: European Powerlifting Federation

#### **103.5 Hotel Bills for National Federations and Officials at World Championships.**

At all world championships, participating national federations shall be responsible for their own hotel bills. All pre-booked rooms have to be paid before the championships; except those rooms which were cancelled until ~~seven (7)~~ twenty-one (21) days before the beginning of the championships. If required Visa is not obtained, the hotel must be notified latest 7 days prior to the technical meeting to cancel the reservation.

Reason: Same as above. New text is underlined.

Motion 5: European Powerlifting Federation

**105.14 Including a Referee in National Teams, Fine, and Restriction.**

Any nation, being a member of the IPF for more than 5 years and participating with more than 4 lifters in the IPF Championships, as nominated on the final entry form ~~and not withdrawn 14 days prior to the IPF Championships~~ should include at least one international referee among its team officials available for refereeing or being a member of the Jury.

Reason: Same as above.

Motion 6: European Powerlifting Federation

**105.14. 2 (New)**

Referee duties, specified by the Technical Committee, are mandatory 14 days prior to the technical meeting. However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed Technical Committee member.

Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or €100 in fine dependant of the reason and decided by the jury in cooperation with the appointed Technical Committee member.

Reason: To give the federations some flexibility to change duties between their own referees.

Motion 7: European Powerlifting Federation

**14.10 Other causes for Suspension/Expulsion: Dishonourable conduct, failure to attend, “throwing competitions”, competing against an Athlete who have been expelled or is under a period of Ineligibility.**

The following may be subject to suspension or expulsion:

14.10.1 Any lifter or referee properly entered for a competition that without acceptable reasons does not attend.

Penalties.

Up to a maximum of 6-month suspension for the first offence. Up to a maximum of 12-month suspension for the second offence and a maximum fine of EUR 250.

Reason: New text is underlined. Reason is to include an obligation and penalty for referees similar to the lifters to discipline the federations and referees to follow the rules.

**Motion 8: Canada**

Current wording

105.4.4 All athletes, coaches, referees or officials from each federation must stay in the official hotel during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100,-- per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship.

Proposed wording

105.4.4 All athletes, coaches, referees or officials from each federation must stay in the official hotel **for all days** during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100,-- per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship. **All room bookings must be done through the meet directors of the championship, unless otherwise specified on the entry form.**

Rationale

Currently the entry forms say that the participants must stay at the official hotel for a minimum of one

night only. Many people are doing this, creating financial and logistical difficulties for the meet directors. Also, the current wording makes it possible for teams to book directly with the hotels, creating similar challenges for meet directors.

### **Motion 9: Kiribati**

We propose for the following to be added in article 105.9 of the By-Laws

#### **105.9.3 Eligibility to Represent a Member**

- (i) All individual competitors taking part in international competitions must be the nationals of the country of the National Powerlifting Federation entering or sanctioning the participation of those competitors.
- (ii) A competitor who is a national of two or more countries at the same time may represent either one of them, as he or she elect. However, after having represented one country in an international event he or she may not represent another country unless he or she meets the conditions set forth in next.
- (iii) A competitor who has represented one country in an international event and who has changed nationality, or acquired a new nationality, may participate in international events as a representative of his or her new country provided that at least three years have passed since the competitor last represented their former country. This period may be reduced with the agreement of the national federations concerned and the agreement of the IPF.
- (iv) All cases and all matters relating to the determination of the country which a competitor may represent in an international competition shall be resolved by the IPF Executive Committee. In resolving such matters the IPF Executive Committee may make all decisions of a general or individual nature with regard to issues of nationality for any competitor.
- ~~(v) The national affiliation of any Referee, Coach or other official of a country or of the IPF shall be determined in accordance with the principles applied to competitors by virtue of (i)-(iv).~~

#### **105.9.4 - Eligibility to Represent a Member as an Official**

- ~~(i) All individual Officials taking part in international competitions must be the Members of the National Powerlifting Federation entering or sanctioning the participation of those Officials~~
- ~~(ii) An Official, who is a Member of the National Federation but is not a national of that country, may still take part as an Official for the nation, provided he/she is not already nominated by another nation.~~
- ~~(iii) An individual cannot be nominated by multiple nations as an Official, however an Official nominated for one nation already taking part in an International competition may also assist other nations provided there is the agreement of both National Federations and the assistance is within the IPF Rules and By-Laws.~~
- ~~(iv) The IPF Executive Committee shall resolve all cases and all matters relating to the determination of the country of which an Official may be nominated in an international competition. In resolving such matters the IPF Executive Committee may make all decisions of a general or individual nature with regard to issues of eligibility.~~

(Reason – These changes are necessary for the development of the sport in smaller nations new to Powerlifting, the By-Laws need to allow for these nations to employ more experienced Officials (Coaches & Team Managers in particular) from around the World in order to give their Nation the best opportunities to develop. There was an issue at the World Classic Powerlifting Championships where an Official was denied access to coach the nation he was nominated to Coach due to the Federation of his nationality citing the By-Law 105.9.3 (v)

### **Motion 10: Oceania Powerlifting Federation**

108.9

#### **(i) Technical Rule 2**

Effective 2019, to read -

“Men’s and Women’s combined Classic/Raw Open World Championships, to be held in November  
Men’s and Women’s combined Classic/Raw Sub-Junior and Junior World Championships, to be held in September

Men’s and Women’s combined Classic/Raw Masters World Championships, to be held in October

Men’s and Women’s combined Equipped Sub-Junior, Junior, Open and Masters World Championships, to be held in June”

#### **Reason**

Raw lifting quite obviously already greatly predominates throughout the IPF, it is the choice of the



market and is the avenue for future participatory, commercial and political expansion by the IPF. Yet in the current calendar format all Raw lifting is compressed into one unwieldy event of c. 800 lifters, yet three Equipped events of most recently 684 lifters in total is separated. The current arrangement does not reflect the world's lifting population, nor the interest of spectators and sponsors and leaves the IPF Calendar without a peak event

**(ii) Technical Rule – Order of Competition – The Round System**

**(b)** amend to read “groups must be formed when 20 or more lifters are competing in the same session”; delete reference to Bench Press groups

Reason

The existing rule requiring groups to be formed at 15 lifters in a session has now been broken many times at World Championships, as it is unrealistic i.e. one group of up to 19 is quite viable in Raw and Bench Press contests and preferable to an over-quick and uneven breakup of groups at 8 and 7 lifters. The capacity would remain to run two groups when there are 11 to 19 lifters e.g. in Equipped sessions

**(iii) Constitution 12.1** Delete “African, Asian ... Oceania,” add “Africa/Middle East” and “Asia Pacific”; change “six” to “five”

**Reasons** – the African and Oceania federations are small and mostly made up of developing nations who cannot travel to major events, provide Referees or conduct large events. The current Regions are thus very lop-sided. Africa/Middle East and Asia Pacific are natural divisions of nations, accepted as the norm in business, politics and indeed many sports. The IOC Charter does not regulate regions, only world and national entities, thus e.g. the Commonwealth Games Federation recognizes Regions such as “Caribbean”.

108.10

Solomon Islands and Tuvalu be accepted as full Members of the International Powerlifting federation

108.14

(i) The General Assembly of the IPF resolves that the IPF Anti-Doping Commission is required to immediately implement a sample re-analysis programme, including profile analyses or re-analyses, in accordance with WADA requirements and guidelines on such matters.

The General Assembly is moved to exercise its powers under Clause 7.2.11 of the IPF Constitution “to explain, define and interpret any provision of the Constitution” as follows:

- (a) Explain and interpret the meaning and requirements of the provisions of the IPF Constitution which require the IPF to comply with Sports Accord Statutes; and
- (b) Interpret the meaning and intent of clause 5.1 of the IPF Constitution and to make a determination as to whether.

(l) Clause 5.1 is compliant with the requirements of clause 3.2 of the IPF Constitution and the Sports Accord Statutes, both of which require the IPF to recognise the exclusive jurisdiction of the Court of Arbitration for Sport (CAS) (*see Appendix A*) and

If yes to the question at paragraph 5(b)(l), to interpret whether clause 5.1 is a clause which confers exclusive jurisdiction on the CAS and, if it does, whether the IPF is prohibited from alleging that clause 5.1 does not confer exclusive jurisdiction on the CAS; and

If no to the question at paragraph 5(b)(l), to determine whether the Executive Committee of the IPF has acted knowingly in breach of the relevant provisions within the Sports Accord Statutes (*See Appendix A*);

to take such further or other action as the General Assembly deems appropriate to:

- make the IPF Constitution compliant with the Sports Accord Statutes; and
- Discipline members of the Executive Committee of the IPF who have acted contrary to the requirements of the Sports Accord Statutes and/or have otherwise failed, refused and neglected to inform Sports Accord that the IPF Constitution does not comply with the requirements of the Sports Accord Statutes.

- (c) interpret the provisions of the IPF Constitution regarding the composition of the Ethics and Disciplinary Committee (see Appendix B)

The General Assembly is further moved, pursuant to clause 7.2.10 of the IPF Constitution, to require the Executive Committee of the IPF to observe and comply with the Constitution of the IPF in respect of and–

- (a) consequent to findings made by the IPF on motion 1; and
- (b) in relation to the failure of the Ethics and Disciplinary Committee deal properly or at all with pending disciplinary matters that have been lodged with the E & D C (See Appendix C).

The General Assembly is moved, pursuant to clause 7.2.15 of the Constitution, to determine that Robert Wilks be appointed to fill the purported casual vacancy on the Executive Committee of the IPF on the basis that he is the confirmed President of the OPF and the nominated delegate of the OPF to the EC

These items are cc'd to the Law and Legislation Committee and to the IPF Executive Committee.

Needless to say, any failure to place these items in full on the General Assembly Agenda will be pursued with the utmost vigor.

Yours Sincerely,

**Robert Wilks**  
**OPF President, For and on Behalf of the OPF**

#### **APPENDIX A**

1. Clause 1.2.12 of the IPF Constitution provides that it is an objective of the IPF to “*maintain membership of the General Assembly of International Sports Federations*” (now known as SportsAccord).
2. In order to give effect to Clause 1.2.12 of the IPF Constitution, the IPF has become a member of and maintains membership of SportsAccord.
3. The Sports Accord Statutes provide relevantly as follows:

*“Article 7.A. Application Procedure for Full Membership*

*7.A.4 Any organisation willing to apply for membership must submit its application...together with:*

***4. A copy of its constitution/statutes, regulations and directives which...must also contain a specific provision recognising the exclusive jurisdiction of the Court of Arbitration for Sport, in Lausanne, Switzerland.”***

*“Article 10. Members' obligations*

- a) to comply at any time unreservedly with the Statutes, regulations, directives and decisions of SportAccord... (Clearly, given their own submission to the CAS, they do not do so.)*
- b) ...;*
- c) to notify SportAccord, in writing, of any modification in their constitution or statutes that potentially affects the conditions of admission, of the inclusion or hiving off of any sport discipline and of any other change that potentially affects the conditions of admission; (I expect that they are in breach of the member obligations in failing to notify SportsAccord that the IPF Constitution is non-complaint).”*

4. Relevant provisions in the IPF Constitution are as follows:

*3.1 The IPF is recognised by the General Association of International Sport Federations (GAISF) and the International World Games Association (IWGA).*

*3.2 In its activities, the IPF follows the Olympic ideal and principles and support and maintain the ideals and objectives of the Olympic movement. The IPF accept and recognize the Statutes and aims of the International Olympic Committee (IOC), the General Association of International Sports Federations (GAISF) and those of the World Anti-Doping Agency (WADA).*

## 5.1 Membership

*...All affiliated Federations and their members shall recognise the Court of Arbitration for Sport in Lausanne as the only external body for jurisdiction.*

## APPENDIX B

### 1.

Julian Perry from New Zealand has been removed from the Ethics and Disciplinary Committee of the IPF (E&DC) in reliance upon Article 11.3.2(3) of the IPF Constitution

Clause 11.3.2(3) of the IPF Constitution provides as follows:

*"No current member of the Region's or IPF's Executive shall be a member of the Ethics & Disciplinary Committee."*

Julian Perry was removed on the basis that he was was member of the Executive Committee of the Oceania Powerlifting Federation.

The Chairman of the E&DC, Richard Parker is a member of the Executive Committee of both the Great Britain Powerlifting Federation and the Commonwealth Powerlifting Federation, yet he remains a member of the E&DC.

The E&DC had continued to operate unlawfully in breach of the IPF Constitution despite the fact that the Executive Committee of the IPF has been notified that the Chairman sits on the E&DC in breach of the IPF Constitution.

### 2.

1. Clause 11.3.2(4) of the IP Constitution provides that "no member of the Ethics & Disciplinary Committee may belong to any other IPF body";

2. Article 6 of the IPF Constitution defines "IPF Bodies" to include "the General Assembly".

3. Each of the members of the E&DC represents a member of the General Assembly.

4. Properly interpreted, do these clauses require the members of the E&DC to be totally independent of the IPF membership and to be sourced from sources external to the membership of the E&DC, as is the case with the most properly functioning sporting bodies?

## APPENDIX C

The following disciplinary matters lodged with the E&DC are currently laying dormant, with the E&DC refusing to take any steps to investigate and deal with the matters properly or at all:

1. 6 January 2016 – Complaint submitted as to the behaviour of Gaston Parage and others at the IPF EC meeting of 7th November 2015;

2. 6 January 2016 – Complaint submitted as to the behaviour of Ms. Sandra Carli;

3. 6 January 2016 – Complaint submitted as to the behaviour of Gaston Parage at the December 2015 Asia/Oceania Championships;

4. 6 January 2015 – Complaint submitted as to the behaviour of Mr. Farshid Soltani at the December 2015 Asia/Oceania Championships;

5. 6 January 2016 – Complaint submitted as to the alteration of the IPF Technical Rules without due authorization; and

6. 16 December 2015 – Complaint submitted matter as to the behaviour of Robert Wilks at the Asia/Oceania Championships.

## **11) New Member Applicants**

### **New Provisional Members to be confirmed:**

- Slovenia Powerlifting Federation
- Kuwait Powerlifting & Arm Wrestling Federation
- Egyptian Powerlifting Union
- Jordan Powerlifting & Arm-wrestling Association
- Nicaraguan Powerlifting Federation
- Sri Lanka

### **Current Provisional members:**

- Afghanistan (currently suspended regarding anti-doping failures)
- Lebanon
- Dominican Republic
- Pakistan
- Croatia
- Cameroon
- Serbia

## **12) Action on Delinquent Nations**

None

## **13) Hall of Fame**

To be announced at the General Assembly.

## 14) Future Championships

2017

29. January	Reykjavik International Games	IPF/EPF	Reykjavik	Iceland
TBA February	Nordic Junior Championships	NPF/EPF		Norway
14.-19. March	European Classic Open, Junior & Sub Junior Powerlifting Championships	EPF	Thisted	Denmark
02. - 07. April	SportAccord Convention	IPF	Aarhus	Denmark
04.-08. April	European Junior & Sub Junior Powerlifting Championships	EPF		Czech Republic
<b>19.-22. April</b>	<b>World Open, Sub-Junior, Junior &amp; Masters Classic Bench Press Championships</b>	<b>IPF</b>	<b>Killeen / Texas</b>	<b>USA</b>
10.-14. May	European Open Powerlifting Championships	EPF	Malaga	Spain
<b>22.-27. May</b>	<b>World Open, Sub Junior, Juniors &amp; Master Equipped Bench Press Championship</b>	<b>IPF</b>	<b>Kaunas</b>	<b>Lithuania</b>
<b>14. - 25. June</b>	<b>World Classic Powerlifting Championships</b>	<b>IPF</b>	<b>Minsk</b>	<b>Belarus</b>
TBA July	Asian Indoor Games	OCA/APF	Ashgabat	Turkmenistan
04. July	15th NAPF General Assembly	NAPF	Orlando, Florida	USA
05. - 08. July	15th Annual NAPF North American Regional Powerlifting Championships	NAPF	Orlando, Florida	USA
05. - 08. July	11th Annual NAPF Caribbean Regional Powerlifting Championships	NAPF	Orlando, Florida	USA
05. - 08. July	16th Annual NAPF/FESUPO Pan-American Regional Powerlifting Championships	NAPF	Orlando, Florida	USA
11.-15. July	European Masters Powerlifting Championships	EPF	Pilsen	Czech Republic
<b>09. - 16. July</b>	<b>2nd University Powerlifting World Cup</b>	<b>IPF</b>	<b>Potchefstroom</b>	<b>South Africa</b>
<b>20. - 30. July</b>	<b>IWGA World Games</b>	<b>IPF</b>	<b>Wroclaw</b>	<b>Poland</b>
10.-13. August	European Open, Juniors and Masters Classic Bench Press Championships	EPF	Ylitornio	Finland
<b>27. Aug. - 03. Sep.</b>	<b>World Sub-Junior &amp; Junior Powerlifting Championships</b>	<b>IPF</b>	<b>Orlando</b>	<b>USA</b>
10. - 17. September	Commonwealth Bench Press & Powerlifting Championships	CPF	Potchefstroom	South Africa
14.-16. September	Western European Powerlifting Cup	EPF	Hamm	Luxembourg
06.-07. October	Danube Cup	EPF	Venue Requested	
<b>02.-07. October</b>	<b>World Master Powerlifting Championships</b>	<b>IPF</b>	<b>Sundsvall</b>	<b>Sweden</b>
13.-15. October	European Open, Masters & Junior Bench Press Championships	EPF	Malaga	Spain
<b>13.-19. November</b>	<b>World Open Powerlifting Championships</b>	<b>IPF</b>	<b>Prague</b>	<b>Czech Republic</b>

2018

TBD February	Nordic Junior Championships	EPF	TBD	TBD
6. - 10. March	European Master Classic Powerlifting	EPF	TBD	Sweden

	Championships			
<b>17. - 22. April</b>	<b>World Open, Sub-Junior, Junior &amp; Masters Equipped Bench Press Championships</b>	<b>IPF</b>	<b>Tokyo</b>	<b>Japan</b>
5. - 12. May	European Open, Sub-Junior and Junior Powerlifting Championships	EPF	Pilsen	Czech Republic
<b>14. - 19. May</b>	<b>World Open, Sub Junior, Junior &amp; Master Classic Bench Press Championships</b>	<b>IPF</b>	<b>Helsinki</b>	<b>Finland</b>
<b>06. - 17. June</b>	<b>World Classic Powerlifting Championships</b>	<b>IPF</b>	<b>Calgary</b>	<b>Canada</b>
<b>08. - 15. July</b>	<b>World University Powerlifting Cup</b>	<b>IPF</b>	<b>TBD</b>	<b>Czech Republic</b>
10. - 14. July	European Master Powerlifting Championships	EPF	TBD	Czech Republic
9. - 12. August	European Open, Master and Junior Classic Bench Press Championships	EPF	TBD	Croatia
<b>01. - 09. September</b>	<b>World Junior Powerlifting Championships</b>	<b>IPF</b>	<b>Potchefstroom</b>	<b>South Africa</b>
13. - 15. September	Western European Championships	EPF	Sardinia	Italy
TBD September	Arnold Sports Festival Europe	EPF	Barcelona	Spain
<b>30. Sep. - 06 Oct.</b>	<b>World Masters Powerlifting Championships</b>	<b>IPF</b>	<b>Ulaanbaatar</b>	<b>Mongolia</b>
9. - 13. October	European Open, Master and Junior Bench Press Championships	EPF	Hamm	Luxembourg
<b>04. - 10. November</b>	<b>World Open Powerlifting Championships</b>	<b>IPF</b>	<b>Ufa</b>	<b>Russia</b>
25. Nov. - 2. Dec.	European Open, Sub-Junior and Junior Classic Powerlifting Championships	EPF	TBD	Lithuania

### 2019

<b>TBD April</b>	<b>World Open, Sub-Junior, Junior &amp; Masters Equipped Bench Press Championships</b>	<b>IPF</b>	<b>Tartu</b> <b>Potchefstroom</b>	<b>Estonia - Bid</b> <b>South African - Bid</b>
<b>TBD May</b>	<b>World Open, Sub Junior, Junior &amp; Master Classic Bench Press Championships</b>	<b>IPF</b>	<b>Tartu</b> <b>TBD</b>	<b>Estonia - Bid</b> <b>Czech Republic - Bid</b>
<b>16. - 23. June</b>	<b>World Classic Powerlifting Championships</b>	<b>IPF</b>	<b>Kaunas</b>  <b>TBD</b>  <b>Tartu</b>  <b>Helsingborg</b>  <b>Minsk</b>	<b>Lithuania - Bid</b>  <b>Czech Republic - Bid</b>  <b>Estonia - Bid</b>  <b>Sweden - Bid</b>  <b>Belarus - Bid</b>

<b>TBD July</b>	<b>World University Powerlifting Cup</b>	<b>IPF</b>		
<b>TBD September</b>	<b>World Junior Powerlifting Championships</b>	<b>IPF</b>		
<b>TBD October</b>	<b>World Masters Powerlifting Championships</b>	<b>IPF</b>	<b>Potchefstroom</b>	<b>South Africa - Bid</b>
<b>TBD November</b>	<b>World Open Powerlifting Championships</b>	<b>IPF</b>	<b>Minsk</b>	<b>Belarus - Bid</b>

## **15) New Business**

## **16) Adjournment**