

IPF
2015

Minutes

IPF General Assembly

Hamm, Luxembourg

IPF

Last Update: December 1, 2015



MEETING MINUTES

Centre Sportif Hamm 157, rue de

Hamm L-1713 Luxembourg

Sunday, 8nd November 2015 / Begin: 15:00

1. Roll call of Nations and Delegates, presentation of credentials of each Nation.

Certification of Delegates

2. President's Address

3. Report Vice President

4. Minutes of the last General Assembly

5. Report Treasurer – Report Auditors

To examine the accounts of the previous year

To approve the budget for the forthcoming year

Fees (if requested)

6. Report Secretary General

7. Committee Reports

- | | |
|--------------------------------------|----------------------|
| a) Technical Committee | h) Women's Committee |
| b) Medical Committee | i) Media Report |
| c) Ethics and Disciplinary Committee | j) Entourage Report |
| d) Appeal Committee | k) Coach's Report |
| e) Law & Legislation Committee | l) Athlete's Report |
| f) Anti-Doping Committee | |
| g) Doping Hearing Panel | |

8. Regional Reports

- | | |
|----------------------|-----------------------------|
| a) Region 1 (Europe) | d) Region 4 (North America) |
| b) Region 2 (Africa) | e) Region 5 (South America) |
| c) Region 3 (Asia) | f) Region 6 (Oceania) |

9. Elections

10. Proposals

11. New Member Applicants

12. Action on delinquent Nations

13. Hall of Fame

14. Future Championships

15. Any other Business

16. Adjournment

1) Roll call of Nations and Delegates, presentation of credentials.

- The General Assembly was moderated by Emanuel Scheiber. Emanuel provide He explained to the member federations on how the General Assembly will be directed.
- Roll call Votes were counted. 48 votes counted. One disqualified. 47 Votes finalized with the majority being 24 and the 2/3 votes being 32.
- Voting Scrutinizers appointed were appointed (Ralph Farquharson and Steffen Løye).
- Emanuel handed over the proceedings to the President who welcomed all delegates and requested a moment of silence was held for all of the athletes, coaches, referees and administrators that passed away this past year.

2) President's Address

Dear Ladies and Gentlemen,

First of all let me welcome you here in my home country Luxemburg for our yearly congress. I hope you all had a good trip to this important meeting. It is essential the IPF has full support and representation from its affiliated Federations, so thank you for being present. This is the first time I have lead the IPF congress in my home country and I will do my best to make sure that we will have a constructive and cooperative congress together.

I want to make a minor change to the time we allocate to the congress, so we can manage our time in a more productive manner. I want us to discuss important matters as a first priority. As you know some of these meetings can be long and tiring, so leaving important issues until the end of our congress when, members are tired is not good for the members or the congress.

I think I am right in saying that you have received the IPF reports in good time and that you will have taken the time to read all the reports. When I am finished referring to these reports, you can ask questions if need be and, if necessary, handle that report individually. If there are no questions then we can immediately vote on all the reports.

Three years ago I was elected by you as President of the IPF. In my introductory speech I explained what I want to do and what I want bring forward.

I am sure most of you have seen that a lot has been done and I can say that the promises I made are becoming fruitful.

For example, I told you that I would develop the committees and commissions. As you can see, since then, we have installed new committees and commissions as this was necessary to bring our IOC recognition forward. We are one of the Federations who have the most committees out of all those who are applying for the IOC recognition and to be in line with the request from the IOC. The main committees are the Entourage committee, the youth committee, the Sports for all commission and the Ethic committee. This last one we joined with the Disciplinary committee to save having an extra committee as I was of the opinion that both committees do nearly the same work. But it is not just that we installed committees, but we have also started working with these committees and the outcome of this is that we have worked out the Ethics papers for coaches, lifters, referee, officials, and medical personnel. Also I have proposed to make sure that in future all regional problems can be sent to the IPF Ethics & Disciplinary committee, to make sure that all regional Federations have equal opportunity to solve any problems. The reason for this is that we do not have enough people in the regions to work on regional disciplinary committees so this will save having to find more

people for this task. We will add from all Regions the chair on our committee so that all regions will be involved in our Ethics & Disciplinary committee. For the appeal committee this is not necessary but the way will be the same. Therefore it was necessary to make constitution changes which you have already received from us and which need to be voted to make sure that we fulfil the criteria of the IOC application.

Another big area of progress has been with the media. We have now professional quality live streaming of our major championships, the Facebook fan page has increased to well over 100,000 likes since the promotion on this from the World Bench press championships in Sundsvall. The IPF APP has now two more regions Asia and Oceania. Now we have IPF, EPF, NAPF; Asia and Oceania on our APP. We are looking forward to get African Region and FESUPO on this. We have every month two to four pages free into the IFBB magazine to promote our Sport. In the future we will also start to work with the IFBB TV. What can be better to promote our sport than another strength sport? We now also have people from all the regions into our media group to work together and to publish from all regions news over our magazine. The magazine is of a good quality but our National Federations should promote our magazine and telling their members to buy our magazine. Of course our main goal is the live streaming coverage of major events, as we can reach the whole world with the streaming but in future we will also look to TV coverage, such as Eurosport or maybe other TV channels. That depends of course on the costs. Another big improvement has been the revamp of our webpage since August. It looks much friendlier and it is easier to handle. I hope all of you enjoy it and of course I hope that you use our webpage to see the latest information. The IPF newsletter, President's corner and up-to-date news can all be viewed on our webpage. I kindly ask not only the Regions but also the National Federations to have a link to the Newsletter, President's corner and latest news to make sure that everybody can see the news as soon as it appears on our webpage. Often people ask me about simple things which can be easily found on our webpage and so I can just encourage you all to have a look on our webpage before sending questions to me as I receive so many emails that it makes life easier for me when you have first have a look on our webpage. With all these media improvements, I want to give special thanks to our media team for the great work they have realized over the past year.

Regarding our regions we have also made forward steps. In Asia we had big problems in the past. To their credit, they have worked hard this past year, to solve these problems. The members of the Asian region have elected a new board because they were unhappy with the leadership of this region. I want to say to Susumu Yoshida thanks for all the years he has worked for this region and I wish his successor Farshid Soltani, new President of this region, good luck and I hope that Asia will be soon be back on the level they had been several years ago. Another great step forward we have done this year was in the African Region where we now have more nations participating and more female lifters. Unfortunately, Alan Ferguson has resigned as he has been involved with the IPF a long time and he said it is time that he concentrate on his work and other duties he has in his country. So I want to express my big thanks to Alan for the years of service he has given to the IPF. Later on we will come back to this. I wish the New President of the African Region big success and I hope we can grow more and more in this region. Of course I will be also available to help on this as I have been this past year.

One of our on-going objectives is to get more nations involved in IPF and therefore I suggest all regions to make one person responsible to work on this. The task is to find out if other

countries in your region have Powerlifting and how to get them involved into the IPF if they are not already. One possibility is through the Special Olympics as they have powerlifters from countries who are not yet member nations of the IPF and therefore it is important that our member nations get involved with their Special Olympics Powerlifters to integrate them as members into our national Federations. Progress has been done and we have started to work in several regions with them. The future of this will be the Unified Team lifting at the Special Olympics World Games in 2019. That means that some of the lifters from the IPF together with the lifters from the Special Olympics compete as a team and all lifters will receive team points, the same system we have for our team points with the difference that all lifters contribute to team points. Later on Chip will give you further information on this and I hope that you all understand that projects like this become more and more important in the sport in order to be integrated into the IOC and the Commonwealth Games and so on.

On that point, we are working at the moment to become involved with the Commonwealth Games. It is possible that Matthew Curtain will attend the Commonwealth Championships in Canada where Special Olympics lifters will also take part. He informed us that they are also looking on the work for Social criteria. Matthew told us they are looking not only at the sport but also Social work the IF's are doing. I told him that we are working together with the Special Olympics and he noted that and told us that he will probably attend the Commonwealth Championships.

Progress has been made regarding our participation in more sporting Games. Beside the World Games we are participating at the Pacific Games and at the Asian Games.

Our goals for the future are the FISU (University Games) and Commonwealth Games. That is the reason why in 2016 we will introduce the 1st IPF University World Championships and we will ask to do that under the patronage of the FISU so that we can reach our goal to become involved into the University Games. But one more reason is that we need to do this as the recruitment for our sport can be done only into the Universities as the age for Powerlifting start with 14 and so it is difficult to be part at the school program. Of course this should be also verified if we have the possibility to start at the schools as well.

We have been advised that the IOC application timeframe has been pushed back to the middle of next year because of the problems between SportAccord and the IOC. It's the first time that I am not unhappy with a postponement as we have been informed that we are 99% in line with our application so a little extra time would allow us to do further updates and add some more committees to what we have already done. For example we also need an Ombudsman or Ombudswoman (Mediator). As hard as we have worked already to fulfil all the requirements, we now have extra time to do more and make more progress in what we have started.

I am very confident with this and also the IOC Sports Department under Mr. Christian Wassmer who visited us in Salo was very happy with all that we have done. Also that he had the time to meet with different people: the Athlete's speaker, Coach Chair, the Media Team and so on was very good so that he could have a real picture about who we are and what we have achieved. Of course IOC recognition is still our main goal and main priority and here we

all need to work on it not just the EC. In my final speech at the end of the congress I will bring up all the important points.

I turn now to Finances. The finances have doubled which is one more goal I promised you when I stood for election. A lot of this income has come from Sponsors as we have now much more sponsors then in the past and also the reason that we have now equipped and RAW lifting has made sure that the incomes have been increased on a positive way.

A lot of this money has been utilized on our project for producing quality live streaming but there has been some expenditure on people who work for us as a lot of the work we require to be done day by day, cannot be done all on voluntary work. Therefore we have appointed Emanuel as IPF Consultant after his resignation as Secretary General and so he can concentrate on the work like World Games, IOC recognition and of course sponsoring. Maybe some will now say that cost us a lot of money and to those I can only say that he brings much more money in with one sponsor then we have to pay for him for the whole year. This was a very important step as the work for the secretary general has more work beside the work he is now doing for us. He is working with the President and the President report all to the EC and contracts will be discussed in the future first with the EC and afterwards decided. But Emanuel is preparing the contracts giving his input on all this.

There have been a lot of unnecessary discussions from National Federations after our decision about the new listing. But we have to understand that if we want to go in new ways that we have to do what other big Federations are doing. It is normal that if Sponsors are paying a lot of money that we must guaranty them also that they have the right to sell the gear. It cannot be that we are supporting companies who are making a lot of money with our sport, but do not want give anything back to our sport. It can also not be that we are afraid to explain to people what we have decided because of a few comments on Facebook without knowing the feedback. You have to learn to be confronted with such situations and you need the Power to explain to the people why we are doing it. After the lifters has seen that it is not so bad as some was thinking we have the situation under control and I think we all could also learn something about it. We have reacted as soon we saw that there have been companies not involved as we did not know them before and we opened again the list. Maybe for the future we should look to make sure that at all the time we can have new sponsors as this can be only for the benefit of our sport.

As I have stated all along, there is evidence to support us continuing with having both equipped and RAW lifting formats. The numbers show us that we have a lot of competitors in both formats and nearly the same amount of lifters. So I encourage all individuals to make peace with, and embrace the IPF position on this. We must not open the doors for other Federations to become bigger by taking some of our lifters because we do not provide the format that they wish to lift in. We cannot tell people who have been involved in and representing the IPF for a long time, now we do not want you anymore, you can go. That is not the way we need treat our lifters, coaches and other interested persons. The numbers alone, show us that we remain on the right path by offering both forms of lifting. Remember, other sports have more than one discipline or form of their game, so why can't we?

The fight against doping is going forward and people need to understand that they may need to change their mentality about this. We have again had too many lifters test positive even though we had a lot less than last year. Some of the Federations who were in good shape in the past years seem to have changed in the wrong direction. This is not good and it does not help us reach our goal for IOC recognition. It is time that our member Nations take responsibility for this issue in order for us all to reach our goal for the IOC recognition. So please be strong and clear in your anti-doping message to your members, our stance against doping must never falter and we must ensure there is no doubt in our lifters and coaches minds on where we stand on this.

I would like to mention La Manga now. This is an important project that we created to lift the professionalism of our federation as it is of course necessary to have such a High Performance Centre. Now, I am pleased to report, it starts to become more used by our national Federations. I have to say that projects like this should be foreseen in regional and national budgets as it is absolutely necessary for a professional sport to have high quality, well trained coaches with the necessary knowledge not only on coaching but also their other responsibilities so that they can offer lifters the best conditions and assure the parents of our young lifters that they are in good hands. I am not in favour of making rules for everyone, but if the Federations don't recognize the necessity of such issues, then maybe we have to reduce the number of coaches a team can bring in the future to our Championships. National Federations need to allocate money in their budget to identify and invest in some well-trained coaches and this gives something of value for the coaches too when they are looking to find a job as a coach as they then have an international licence on their resume. So I can tell you that up until now those who have taken part in La Manga have been very happy with what they learned there.

Of course not only are these points important but there are also several meetings that we, the IPF, must attend. I think you will all agree that it is important that we get in touch and network with the right persons from the associated organizations and Federations. So we allocated significant money for attending meetings with the IOC Sports Department, SportAccord, AIMS and WADA.

I have been at the SportAccord together with Robert Keller and we attended a lot of meetings which were very important for us. Meeting with SportAccord, IOC Sports department Mr. Christian Wassmer, FISU, Special Olympics, Organizer World Games 2017 and 2021. IFBB President to have the cooperation he offered us with his media, the Magazine and IFBB TV.

I have been with Emanuel in Lausanne meeting with Christian Wassmer and to the IWGA presenting the IPF to the organizer for 2021 World Games.

I had a meeting in Madrid together with Ralph Farquharson and the President of the IFBB concerning the Arnold's 2015 to clarify and resolve the problems we had last year. The IFBB covered the costs of the Hotel there.

Then I visited with Dietmar Wolf the venue for the 2017 Classic Worlds in Minsk. We had several meetings there with the Ministry of Sport and the NOC. The costs were covered by the Belarus Powerlifting Federation. As they are organizing the 1st University Worlds we will visit them again in January.

On a final note let me thank you all very much for your attendance and support over the past year and thank you to all my colleagues from the EC, all the commissions, lifters and officials and to all national Federations for their support and cooperation.

I wish you all a constructive and good Congress and I hope you are satisfied with the progress I have made on your behalf, in my role as President of the IPF.

There is still much to be done by the IPF but with your help and cooperation we will continue to achieve our goals.

Gaston Parage
IPF President

President's message Accepted 47-0

3) Report Vice President

1. Since the last GA meeting in Denver, Co., the IPF has continued has seem the changes within our federation, which effects all members. We have also went through some changes to represent the members of this Federation to the best of its ability. With the changes with the election and then the resignation of the Sport Accord President, and the preparation of the World Games, in 2017, to the largest IPF Powerlifting Event in Finland, we continue to put the Lifters First in our plans for the future.
2. As we listen to what is needed for the IPF to continue its growth, we not just listen, but we also Learn. We are all aware that the Lifters are first, and its our mission to decide what is best for them. As we continue our goal of IOC recognition, its not unusual for the IOC to give us more guidelines to follow. Once again, this has happened. This just makes us more determined with our mission. Because of these changes, we have continued to appoint more people on Committees to assist us. These are Working committees, that will be doing Great things for the IPF.
3. During the past year, The IPF President, and many of the EC members, have had the honor to speak with members of the IOC, and the great interview conducted at the World Classic in Finland shows we are on the right path. During the 2015 Arnold Sports Festival, in Columbus, Ohio, the IPF, and USAPL President had long talks with several members of different Sports that has an interest in our goal for IOC acceptance, and learned more of what we are doing as a sport. The IPF is being taken very seriously in the International community of Sports.
4. Along with the Sport Accord Convention, our President, General Secretary, and others within the EC have had several meetings with the World of Sports, that will improve our visibility. The IPF is now competing, not only the Arnold USA, but also in Europe and Brazil. This is a Big market for us to let the rest of the World see us showcase our Sport.

5. Also during this past year, our IPF General Secretary, Emanuel Scheiber assumed the position as a working consultant for the IPF, to market our sport in a more professional manner. Robert Keller was appointed to the Secretary position, and has made the transition a very successful one.
6. As our sport continues to grow, we have had many World events where the lifters are once again proving why the IPF is the BEST Powerlifting Federation in the World. As we continue to host more events, we are seeing changes that we must also make improvements on. With the growth of the Raw movement, the IPF is now looking at hosting the University Games. We are now insuring the lifters have the chance to compete on a more natural environment at World events, and have just as high media coverage. With over 700 Lifters competed at the recent Raw Classic, the University Games will give our Students Lifters the opportunity to represent our Educational system of our Strength Athletes. This is a continued plus for us, as once again, it shows that we have more ideas to improve the quality of lifting.
7. Our Great Magazine, gets better with every issue. Now with a Great Streaming crew, our World coverage is done with in a very Professional manner. We want to show the rest of the World what Powerlifting is about. With this new Streaming Crew, we have been able to reach out to the World, with a HIGH Quality production, and the numbers show that more people are watching us.
8. We have to get more coaches involved in the new Training Facility in Spain. We now have a World Class training facility, now we have to get our World class coaches there to attend.
9. As we continue to fight against Doping, we will NEVER give up until this STOPPED now! As the rest of the World continues to watch our sport grow, we as a sport must continue our fight against Doping. Make no mistake about it, the IPF WILL FIGHT AGAINST DOPING, and will take all measures to punish the ones who don't. We have increased fines, and suspensions, to show we are SERIOUS against doping. We want a Drugfree Sport.
10. The members of the IPF EC, strives to do what is best for the Federation. We may not always agree, but our goals are all the same. To make the IPF the best, and work for IOC recognition, we must follow guidelines that the IOC has given us. We have worked hard to meet those standards, and with every mission the IOC gives us, we work to make this happen.
11. As we continue to move forward, we will need your support for us to be successful. Everyone must remember, we are elected to serve YOU the members, and we are not here for personal, or professional gain or power. As this is an election year for our EC members, I also want to say, it has been an Honor to serve as the Vice President, and with your support, I would like to continue in the position for the next term. With this knowledge, I will continue to do what is best for our Sport, with the Highest manner of professionalism.

12. Every Lifter that steps or has competed on the platform, wants to insure that they are being judged fairly, and the Administration elected to serve them, is looking out for their best interest. This is what I strive to provide. I will continue to work hard to insure this effort is given to them.

13. With this new election, we now have new board members from Asia, and Africa. I want to welcome them to the EC, and wish them success in their regions.

14. As I finish this message, it also saddens me that as life continues, it has to end. Our Sport has been blessed to have many hard working members represent, and give their all to us. We have been saddened by the loss of some members, whom I know the President has mentioned in his remarks. We all want them to know, as they look down at us, we will continue their hard work, and they are missed but NEVER FORGOTTEN!!

JOHNNY A. GRAHAM
IPF Vice President

Vice-president's message Accepted 47-0

4) Minutes of the last General Assembly

[See the e-mail to all member federations from November 2014 and on the IPF homepage.](#)

Minutes accepted 47-0

5) Report Treasurer – Report Auditors

Treasurer report, period 1st October 2014 to 30th of September 2015

At last year's Congress, it was decided that the bookkeeping system starts at October 1st of the current year and is to be carried out until the 30th September of the next year. This measure leads to a bookkeeping system where an exact financial situation of the IPF can be reflected in relation to the approved budget. This means that future budgets can be more easily and concrete formed as the collected numbers from a fully current bookkeeping year are present.

As we all know, at last year's Congress, we also decided, that the manufactures have to pay higher fees to the IPF in the period 2015 - 2018. This decision was not positively received by all IPF members. But by this decision, the financial leeway of the IPF has increased significantly. This is major reflected in the priori-oriented activities such as IOC recognition, anti-doping work, high quality streaming from major championships and development fund. The development fund is a part to fulfill the requirements for the IOC recognition, but also to support underdeveloped regions financially, (referee education, equipment support and organization of championships etc).

The approved budget for the period 1st October 2014 to 30th October 2015 has not been exceeded, despite that the IPF in some budgetary items has had additional expenditures.

The treasurer was able to compensate the additional expenditures by savings in other budgetary items.

The larger additional expenses were linked to travel costs and anti doping work:

1. Negotiation for the IOC recognition where we also participated in several important congresses and meetings.

2. Anti-doping work (attending WADA seminars, OCT, agencies, secretary, etc) which is a high priority issue in the IPF.

As the current financial situation shows, the scheduled budget for 2014 -2015 could be exceeded with a noticeably surplus, due to a solid financial budget, higher manufactures fees and by a higher number of participants at competitions.

Because of this higher surplus in the year 2014 - 2015, I would like to propose to the congress, that an estimated sum should be transferred to the saving account. The proposed amount will be presented to congress after the auditors have completed their work.

Concerning the financial report for 2014 – 2015, the actual numbers will be published before Congress, after the auditors have examined the accounts and bookkeeping system of the IPF and finalized the auditor's report.

I want to express special thanks to our VIP sponsors Eleiko, SBD.

I also want to thank all equipment manufacturers and other sponsors of the IPF for the good cooperation during the year.

Special thank goes to our VIP partner Eleiko, who supplies all organizers of main World Championships with equipment included the transportation costs of the equipment.

I also want to remind all the nations that the membership fee for 2015 must be paid before the congress, at the latest by the 30th of September 2014. Nations, who have not paid their membership fee for 2015 within the prescribed date, will not have any voting rights on Congress.

I want to express my thankfulness to all affiliated member nations, sponsors, my EC colleges, IPF committees and all other people in the IPF for a good cooperation during this year.

I wish you all a successful Congress and World Championship Competition.

Best wishes,

Dietmar Wolf
Treasurer - IPF
Stange - Norway, 31.8.15

Treasurer's Report accepted 47-0

6) Report Secretary General

Dear Friends
Dear Colleagues:

My friends, 2015 was a year of much change for me. Being appointed by President Gaston Parage and the Executive Committee as the interim Secretary General of the International Powerlifting Federation was quite an honor. My mandate in this new position is very clear. I serve the President and the Executive Committee, our sponsors, and most importantly the IPF Member Federations.

I speak daily with the Mr. Parage to ensure my responsibilities are fulfilled to advance the federation forward each day – step by step!

Needless to say, this year was quite busy. Besides my normal everyday duties, I attended numerous championships and conferences with Gaston Parage as follows:

1. Arnold Schwarzenegger Sports Festival, Columbus Ohio
2. SportAccord Convention, Sochi, Russia
3. World Open Bench Press Championship, Sundsvall, Sweden
4. World Classic Powerlifting Championship, Salo, Finland
5. NAPF North American Regional Championship, Mouse Jaw, Canada
6. AIMS / IOC Conference, Bangkok, Thailand
7. FESUPO Pan American Champions, Brazil
8. World Masters Powerlifting Championships, Aurora, Colorado USA

At the AIMS / IOC Conference in Bangkok, I was honored to be elected to the Board of Directors to Association of Independent Members of Sport Accord (AIMS). Interestingly enough, AIMS will likely will receive IOC recognition this November.

One of the major projects that I worked on this year was to complete the audit of ALL of member federation contact information. This was a huge task and I want to thank all of the member federations for responding in a timely manner. We were able to reconcile this in a matter of two weeks. In the future, if there are any changes with your contact information, please be sure to contact both your regional executive as well as me and we'll be sure to update your membership contact information. Special thanks to Heinrich Van Rensburg for his assistance in placing the updated contact information onto the IPF website. This project was a significant and necessary part of our IOC Application.

Several other projects included preparing the following guidelines for our IOC Application:

1. Environmental Policy
2. Youth Committee Guidelines
3. Referee Code of Conduct and Ethics
4. Sport for All Commission Guidelines

During several of my trips this year, we had three important meetings with the International Olympic Committee Sports Department regarding our IOC application. All three meetings went exceptionally well. I can assure you, our IOC recognition is very close and a decision regarding our application will be made by June 2016. As an organization, we remain cautiously optimistic.

I would like to thank Gaston Parage, Dietmar Wolf and the former Secretary General Emanuel Scheiber and my colleagues on the IPF EF for their most helpful assistance whilst I made the transition from the President of NAPF to Secretary General of the IPF. Needless to say, there was much to learn in a very short time, and I appreciate very much the patience of the President and the EC, whilst I made the transition this past year – Much appreciated. Finally, I would like to continue as your Secretary General for the next four years, in fact, I would be honored to do so. Thank you for your confidence in my work and if there is anything I can do to assist you in the future, please call on me. Thank you.

My sincere and kind regards, Robert Keller

The Secretary General's Report was accepted 47-0

7) Committee Reports

All Committee Reports were accepted 47-0

a) Technical Committee

Committee Members

Johan Hannie Smith (RSA) Chairman
Xavier de Pytorac (FRA) Member
P.J. Couvillion (USA) Member
Steve Lousich (NZL) Member
Cliff Hayim (RSA) Member

Patrik Thur (SWE) Referee Registrar
Johnny Wiklund (SWE) Member
Myriam Busselot (BEL) Member
Anatoliy Stetsenko (UKR) Member

Another year passed and I want to thank all the Executive Committee Members, Technical Committee Members and all the referees from all of our member federations which attended all of our World Championships for their hard work on the Platform and Jury table. The selection and positioning of referees to officiate at IPF Championships has been made throughout the year, according to Nations nominations. Sometimes, the sessions were long but no one complained.

Proposals were received and discussed and will be forwarded to the IPF Executive Committee by Robert Keller. I received e-mails with questions sent to me, which I answered to my knowledge to everyone's satisfaction.

The Technical Committee received singlets and belts. After checking the gear – all were approved. Please see the IPF Approved List. As a reminder, no modifications can be made to the original equipment that was submitted to me this past year.

The Technical Committee started in the beginning of the year 2014 with the examination on line with great success. In 2015, we continued with the on-line examinations with great success. We also started with the IPF Category I Examination on-line which has proved to be quite successful. Since the EC made the decision to make the examination for all women for no change. We had almost 20 new women become referees. In Hong Kong, the first two Category I Regional Referees passed their examinations. The Regional Category I Referee will wear a purple tie and badge. We have high expectations for this program for non-native English speakers. We kindly request the member federations to continue more women to take the IPF Cat I and II Examinations. This will only benefit our sport.

Key and important, the member federations **MUST** send more referees to our World and Regional Championships. At some championships there are still not enough referees to officiate. Also, this past year, there were several referees that were not punctual for their assignments or completely abandoned their assigned responsibilities. If this continues, those referees abandoning their assignments will be turned over to the disciplinary committee for action. So, please, assist us in resolving this situation. Overall, the officiating was exceptional. Many of the referees work tirelessly at our championships and we're very grateful for their professional work!

Hannie Smith
Chairman IPF Technical Committee

b) Medical Committee

Greetings IPF members 2015

Again two problems dominated the work of Medical Committee International Powerlifting Federation in 2015. The first problem as in previous years concerned TUE applications. Last time MC received 18 TUE applications. Most of them came from the USA and Europe. They concerned the „Masters” age category and mostly were related to women diseases and ADHD!!!

Most of them were well prepared in formal aspect and were accepted by NADA for national competitions. But still happen unprofessional applications with prescribed medicaments which are out of the context of disease and are taken without specialist examinations or by doctors who specialize in another medicine field than the real disease. MC didn't approve new TUE requests for growth hormone or testosterone last year.

Not a new problem has arrived this year too. It has caused a big discussion between competitors, coaches and members IPF. It has concerned people who changed their sex and possibility to obtain TUE on hormones and to take part in competitions IPF.

Last year MC took the view in that case. It was published in our report in 2014. Our view hasn't changed in 2015 and we propose as below:

1. Permit to compete the transgenic persons from female to male but on the same conditions as male (without possibility obtaining TUE on hormones and obligatory antidoping testing before the first international competition).
2. Not to permit to compete after changing sex from male to female.
3. Take into consideration forming separate category „transgender” and controlling regularly according to WADA code obligatory for everybody (without possibility obtaining TUE on hormones and obligatory antidoping testing especially hormone levels).

In relation to point one MC made itself clear about accepting TUE for hormones. Any different decisions concerning for example: levels of testosterone, frequency of monitoring and defining who will pay for the monitoring don't lie within the competence of MC. All people having another suggestions should present them to EC IPF.

Medical Committee still continues doing the best to support IPF attempts leading powerlifting to become the Olympic discipline. Wishing you staying in this aspiration chairman thanks for difficult and fruitful cooperation to All members dr, dr;

Josephine Wing-Yuk Ip – Hong Kong

Benedicte Le Panse – France

Lawrence Maile – USA

Hugo Velasquez – Costa Rica

Robert Wilks - Australia

Prof. nzw. dr hab. Marek Kruszewski - Poland
Chairman, IPF Medical Committee

c) Disciplinary Committee

International Powerlifting Federation Disciplinary Committee Annual Report 2015

The Disciplinary Committee (DC) consists of the following members:

Sigurjón Pétursson (Iceland) Chairman
Gennadiy Khodosevich (Russia) Member
Jari Rantapelkonen (Finland) Member
Richard Parker (Great Britain) Member

The Disciplinary Committee (DC) examines and decides on disciplinary cases within the IPF. The DC must decide about all penalties except on doping related cases. In order to ensure objectivity and to prevent partiality if a case involves a national of one of the countries from which a member of the DC is a national that said member abstains and is not involved in the processing of the case.

2014 Cases for the DC have come from:

- Secretary - General/IPF Executive Committee – two cases
- National Federation – no case

The work of the DC has consisted of processing documents relating to doping cases as well as other disciplinary cases i.e. examining:

- ♦ Doping Control Forms
- ♦ Analysis Results Records
- ♦ TUE (Therapeutic Use Exemption)
- ♦ Other documents and evidence presented to or collected by the DC

If after examining a case in detail it has been the opinion of the DC that a doping violation has occurred it has forwarded the case to the Doping Hearing Panel (DHP) for a decision.

All in all the DC has examined 25 cases during the 2014 calendar year. Two of those were non-anti-doping cases referred to the DC by the IPF EC against national federations. Both cases were resolved and did not require any disciplinary actions by the DC. The remaining 23 were anti-doping related cases. Of those one case did not require any further action and was therefore closed by the DC. One was a violation during ineligibility period and was therefore decided by the DC the result being a prolonged ineligibility. One was a “not available for testing” case a first time violation and 20 cases were referred to the Doping Hearing Panel.

One disciplinary case that was referred by the IPF EC to the DC in 2013 was still being investigated at the beginning of 2014 i.e. that concerning unpaid bills by the Nigerian Powerlifting Federation in connection with the participation of Nigerian lifters at the IPF World Open in Stavanger, Norway in November 2013. The DC has recommended the EC to ban The Nigerian Powerlifting Federation from all international competitions until it has paid in full all unpaid bill.

For the year 2015 the DC has received only eight cases which is a much lower number than at the same time last year. All are doping related. Two have not required any further action and only six have been referred to the DHP. This is a very positive development and it is our hope that this development continues.

We would like to use this opportunity to thank all members of the Committees and the EC for their good cooperation, support and help throughout the last year. Especially we want to thank our IPF president Mr. Gaston Parage for his support.

Special thanks go as well to Sabine Al-Zobaidi Assistant Secretary of the IPF for her work for the DC committee.

We wish you all a successful Congress and a successful World Championship Competition.

Hafnarfjordur, Iceland

August 31st 2015

On the behalf of the IPF Disciplinary Committee,
Sigurjón Pétursson, IPF DC Chairman

d) Appeal Committee

Appeal Committee (AC) - annual Report

The Appeal Committee consists of the following members:

- ♦ Kalevi Sorsa (Finland), Chairman
- ♦ Patrik Björk (Sweden), Member
- ♦ Alexandra Carli (Netherlands), Member
- ♦ Eliot Feldman (United States of America), Member
- ♦ Steve Lousich (New Zealand), Member
- ♦ Jean-Claude Verdonck (Belgium), Member

It is my sad duty to report you of the passing of the Committee Member Jean-Claude Verdonck on 31st of August this year.

On behalf of the Appeal Committee I would like to extend my sincerest condolences to Jean-Claude's family and his friends. He will be remembered and missed by us all. May he rest in peace.

No appeals received during the past year – thus there is nothing to report in that respect.

Wish you all a successful World Powerlifting Championship 2015.

Kalevi Sorsa
IPF-AC Chairman

e) Law & Legislation Committee

The Law & Legislation Committee consisted of the following members as of the last year's IPF General Assembly:

- ♦ Jean-Claude Verdonck (Belgium), Chairman
- ♦ Sandro Rossi (Italy), Member
- ♦ Robert Keller (United States of America), Member

It is a sad duty to report you of the passing of the Committee Chairman Jean-Claude Verdonck on 31st of August this year.

After the very sad news of passing of Jean-Claude, the Executive Committee appointed me (Kalevi Sorsa of Finland) as an interim Chairman of the Law & Legislation Committee until this year's General Assembly in Luxembourg.

The Law & Legislation Committee Members would like to extend their sincerest condolences to Jean-Claude's family and his friends. He will be remembered and missed by all of us. May Jean-Claude rest in peace.

After having been three weeks only as a Chairman of the Law & Legislation Committee I have not so much to report. The information I got from the Committee Members Sandro Rossi and Robert Keller is that the Committee has after the last year's General Assembly reviewed and approved the Constitutions of national powerlifting federations/associations of:

- Solomon Islands
 - El Salvador
 - Ireland.
 - Kuwait
-
- ♦ Solomon Islands, El Salvador and Ireland are now provisional members of the IPF.
 - ♦ Kuwait has not sent to the IPF Secretary General the letter from their Ministry of Sport, so their membership is still pending.

Wish you all a successful World Powerlifting Championship 2015.

Kalevi Sorsa
Interim Chairman of the Law & Legislation Committee

f) Anti-Doping Commission Report

IPF INTERNATIONAL TESTING

The IPFs eternal In-Competition Testing (ICT) and Out-of-Competition Testing (OCT) programme continued on in 2014 to 2015. ICT was conducted at all international events, mostly via various NADOs and OCT was mostly carried out via an IPF contract with the German agency PWC, although other approved agencies were at times engaged for OCT in certain locations.

The test figures and outcomes achieved for the last two calendar years and for the 2015 year thus far have been:

	2013	2014	2015 (to 20 th Sept)
ICT	301	325	242
OCT	56	52	26
Total	357	377	268
Positive	22	21	7
	6.2%	5.6%	2.6%

There is a downward trend from 2013 to 2015 for total positives, however the latter part of each year tends to produce a higher ratio of positives and the final figure for 2015 remains to be seen. Our figures should be compared to WADAs 2014 year base figure of 1.3% positives across all sports (.99% Olympic 3.0% non-Olympic).

The ratio of OCT to total tests has been as follows:

2013	17.2%
2014	16.0%
2015 (part)	10.7%

Those figures compare to the OCT norm ratio across the entire WADA system of c.40%. The growth of the IPF competition calendar may well be having a structural effect, in terms of dragging the test ratio toward more ICT.

Although the absolute numbers are small, the ratio of positive tests from OCT is notably higher than for ICT:

	ICT +ves	OCT +ves
2013	20/301	2/56
2014	15/325	6/52
2015	5/242	2/7
Total	40/868	10/115
	4.6%	8.7%

IPF NATIONAL TESTING

The IPF requires each nation to each year report on its domestic testing programme. Not only this reporting, but of course actual testing, is supposedly compulsory, but the figures indicate otherwise.

	2012	2013	2014
IPF Member Nations	93	91	93

Nations Reporting	81	81	62
Nations Not Reporting	12	10	31
Nations Reporting But Not Testing	35	35	31
Fully Compliant (Report & Test) Nations	46	46	31

This includes a worrying finding of not only more nations defaulting on reporting but also fewer nations actually testing. As usual, non-testing nations are generally the small federations. However, prominent nations such as Ukraine, Chinese Taipei, Indonesia and New Zealand reported zero tests in their nation.

The - top - nations for positives, according to these reports, are Poland 33.3% positive, Brazil 16.7% positive, Great Britain 10.6% positive and Russia 4.9% positive. The total number of positives at a national level was supposedly 63. However this must be compared to WADAs reported figure of 127 positives worldwide.

It is clear that the IPF national reporting system requires stronger enforcement measures. Also this data should be the basis for action, e.g. large or competitively successful nations revealed as doing little or no testing should receive extra scrutiny or perhaps be excluded from competition.

WORLD-WIDE TESTING

The IPFs figures for total world tests in Powerlifting in 2014 were thus:

	International	+ National	= Total
ICT	325	+ 872	= 1107
OCT	52	+ 613	= 665
Total	377	+ 1485	= 1862
Positive	21	+ 63	= 84 (4.5%)

WADAs figures for total world tests in Powerlifting in 2014 were:

	Total
ICT	1767
OCT	1022
Total	2789
Positive	127
	4.6%

Thus both statistical sources concur that the positive ratio in Powerlifting is in the order of 4.5%. However, WADA reported almost 1000 more worldwide tests the IPF did. Those “lost” tests can be explained by:

1. The IPF national reporting system is poorly complied with
2. Authorities other than the IPF and its national federations are arranging for WADA-level testing. This was a major problem up to 2013, with the likes of WPC arranging WADA testing, now the problem seems to be contained to the supposed „World Drug Free Powerlifting Federation“ and its affiliates, which authored some 172 tests (c. 6% positive) in 2015.

As a matter of interest, the Powerlifting world figures can be compared to Weightlifting (8806 tests, 4425 ICT 3975 OCT, 1.9% positive) and Bodybuilding (1783 tests, 4425 ICT v 3975 OCT, 1.9% positive) and Bodybuilding (1783 tests, 814 ICT v 946 OCT, 13.7% positive).

INTERNATIONAL NON-ANALYTIC CASES

In August 2015, WADA released as list of 114 Coaches and other support persons who had been suspended for non-analytic Anti-Doping Rule Violations the IPF contributed only one case to this honor roll. a Coach involved in tampering. Anecdotal information is to the effect that this could be a gross under-representation.

This area of anti-doping activity will surely continue to grow in prominence, given WADA's emphasis on non-analytical methods in anti-doping work. In particular, the new Prohibited Association clauses may prove of relevance to Powerlifting.

WADA CONFERENCE & THE FUTURE

In April 2015 Sabine Al-Zobaldi and myself represented the IPF at the WADA Conference in Lausanne. That event was of great importance and continued the momentum of the new WADA Code to establish a quite different system for world anti-doping. My report at the time is attached here.

In essence the new Code requires the IPF and other ADOs to establish a range of measures shifting anti-doping further from a simple testing basis to one involving much more OCT, more blood-testing, more sophisticated investigations and targeting and a greater focus on coaches and other entourage members.

In 2016 to 2017 ADOs will be assessed as Code-Compliant or not, not just on the basis of their paperwork but on the basis of their actual work in achieving key ratios and activities in those areas. For the IPF this has obvious implications for our IOC application, the determination of which now will coincide with our first full WADA compliance assessment.

The IPF meeting the new WADA compliance requirements will require a major revamping of the IPF's infrastructure, practices and culture — at present our rules make it an arithmetic impossibility to meet WADA criteria. In 2015/2016 the IPF needs to engage in a legislative programme of reform to enable it to achieve WADA compliance. Above all, it will require meaningful leadership to inspire that process.

Robert Wilks
Chairman, Anti-Doping Commission

From: Robert Wilks

Subject: Report From WADA Conference
Date: 27 April 2015 1:53 am
E-mail to: multiple persons

Dear All:

Sabie and I attended the WADA Conference in Lausanne last month. This was not as large as the December 2013 Conference in South Africa, which adopted a new Code to apply from 1 January 2015 but was longer, at 3 days. The Lausanne Conference was more about the detail of applying the new Code for ADOs. The agenda is attached.

The opening address of the Conference set 4 key areas for the seminars, which are also the key practices expected of ADOs. Much of this will no doubt be discussed at the EC meeting in Sweden May 20/21 but presaging that, the main points in those 4 areas can be summarized as follows:

1. SMART TESTING — testing thus far has not been a great success (at least so said some sort of Expert Group report) & so from 2015 onwards ADO testing must be more targeted and a Competitive Review Committee will monitor ADO performance in that regard i.e. by late 2016/early 2017 ADOs will be rated not just on their paperwork ("Code Compliant" or not) but on their test pattern & total anti-doping effectiveness, non-performing ADOs will be "brought to the Board."
 - a. That means more OCT, more defensible targeting rationales in OCT & ICT, integration of targeting with intelligence work, compliance with the compulsory Test Menu set for your sport by WADA (see file: that means 30% GH tests for us plus 5% insulin + 5% EPO)
 - b. The GH test used until recently was only effective until 8-12 hours back the new GH test (delayed due to legal challenges but now cleared) is effective until 48-72 hours back. However, that still means that GH tests are useless in ICT , only GH OCTs have any practical value.
 - c. Testing is "no longer a numbers game" i.e. the total number of tests is less important than an ADO showing that it has a smart, targeted system: thus the total cost of a smart system may be no more than that of a dumb mass testing system
 - d. The Hormonal Biological Passport is not yet mandatory but soon will be, this will require access to expert opinion in evaluating profiles
 - e. ADOs will be required to have a sample storage policy & programme (e.g. establish a storage facility review samples each c2 years, etc.) which will also relate to the Biological Passport process: note that the period of retrospectively is now 10 years.
 - f. The timelines for an ADO to achieve a total system as per above will be, first review of progress to be reported to WADA in August 2015, an implementation 2015 to 2016, compliance review late 2016 to early 2017. All Test Distribution Plans must now be submitted to WADA.
2. INTELLIGENCE & INFO SHARING — non-analytical Anti-Doping Rule Violations are to be a much greater focus & ADOs "must have procedures to collect & access information to pursue non-analytical ADRVs"

- a. That includes some sort of group which will have a proactive intelligence & investigations function, WADA will very soon conduct training sessions for those heading or developing that function within an ADO
- 3. THE ENTOURAGE — “behind doping there is a coach, doctor or agent” and so the intelligence & investigation function established within an ADO must focus on the Entourage as much as an athletes
 - a. This presupposes ADO methods for documenting controlling and sanctioning such persons
- 4. EDUCATION — the onus is on ADOs to educate athletes. Entourage etc. In terms of “values-based” learning i.e. not just the technicalities of anti-doping, but the moral & ethical reasons for anti-doping work should be emphasized.
 - a. Methodologies should be interactive rather than pure preaching; WADA will develop further educational materials but WADA’s role is to support rather than deliver educational programmes.
 - b. 15-20% of the ADOs anti-doping budget should be allocated to education

g) Doping Hearing Panel

2014 Doping Hearing Panel Report

The Doping Hearing Panel (“DHP”) consists of the following members:

James Cirincione (USA), Janie Soubliere (Canada), Hugo Velasquez (Costa Rica), Norbert Wallauch (Austria), David Sperbeck (USA)

Since September 2013, the DHP has delivered judgments in approximately two dozen doping cases. This number of cases is consistent with our past average of doping cases per year. We examine each of these cases in detail and issue a reasoned judgment in support of each decision.

In November 2013, the World Anti-Doping Agency unanimously adopted the proposed 2015 Code. The new version of the Code will become effective on January 1, 2015. There are a number of significant changes in the new version of the Code. We raised awareness of these differences in last year’s report to the Executive Committee, but they bear repeating because they are important. The main changes to the Code are to impose longer periods of ineligibility on athletes who knowingly cheat and to allow more flexibility in sanctioning rule violations for which an athlete can establish no significant fault or negligence. We urge national federations to review the new Code and ensure that their members are informed of the changes.

Rule 10.2 now will impose a four-year period of ineligibility for a first offense in two types of cases: (1) those that involve the use of Prohibited Substances, unless the athlete can establish that the ADRV was unintentional, and (2) those that involve a Specified Substance and the anti-doping organization can establish the use was intentional. In those types of cases, the presumptive sanction for a first offense will be a four-year period of ineligibility. If the athlete establishes that an ADRV involving a Prohibited Substance was not intentional or the ADO cannot establish intentional use of a Specific Substance, the default sanction is two

years of ineligibility. Rule 10.6 provides reasons that may justify a lesser sanction, such as substantial assistance in uncovering other anti-doping rule violations and prompt admission of guilt by the athlete upon notice of an ADRV.

Rule 10.4, which allows sanctions to be eliminated upon a showing of “no fault or negligence,” will continue to be restricted to “exceptional circumstances,” such as sabotage by a competitor. Rule 10.5 allows the reduction of sanction in cases involving “no significant fault or negligence” and “contaminated products.”

The concept of “contaminated products” is a new introduction to the Code. WADA has defined a “contaminated product” as: “A product which an Athlete or other Person could not have known, with the exercise of care appropriate in the circumstances, contained a Prohibited Substance.” Under the Code, an athlete who ingests a “contaminated product” will not be able to escape fault completely (consistent with the strict liability set forth in the Code). However, it might be possible for the athlete to show that his or her fault is not significant. Cases involving claims of contaminated supplements involve many unique facts and circumstances, and the result in each case will depend on the facts and evidence.

The Code also introduces a “prohibited association” violation. Under the new Code, an athlete can be sanctioned for associating with athlete support personnel who are serving sanctions for an anti-doping rule violation, who have been sanctioned in the past for an anti-doping rule violation, or who are serving as an intermediary or representative of such a person. WADA attempted to address the stakeholders’ fair notice concerns by requiring the athlete to have been given written notice of the personnel’s suspension and by providing that this prohibition will not be enforced when the athlete cannot reasonably avoid the association.

We will keep fighting against doping in Powerlifting to bring recognition and respect to all of the tremendous athletes of our great sport. We also will strive to fairly and reasonably interpret and apply the Code and the Anti-Doping Rules to reach correct and just results in every case. There are many changes to the 2015 Code. We hope the member federations take steps to inform their members of the changes to the Code and to educate and assist their athletes in meeting their obligations under the 2015 Code and the Anti-Doping Rules.

We thank all the members of the Committees and the Executive Committee members for their excellent support and help throughout the last year.

We wish you a successful Congress and World Championship Competition.

Best wishes,

James Cirincione

DHP Chairman

h) Women's Committee

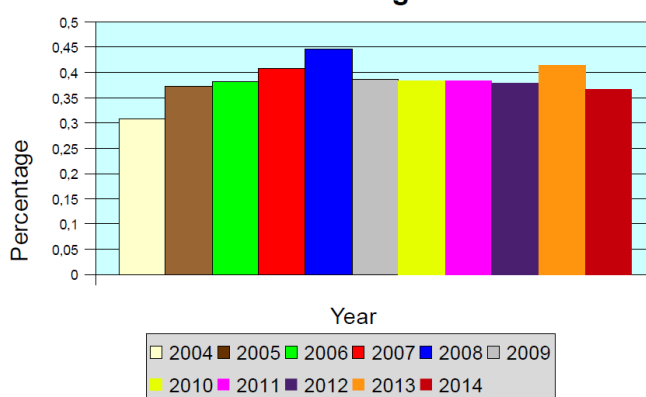
Report of the Women's Committee 2015

Like all the years before, female lifters in powerlifting have been fully integrated and on all championships women have had equal rights. Women are widely accepted within the IPF. This is not only shown at the IPFwebsite (gallery, promotion video etc.) but mainly at all championships.

The statistics and graphics below give an overview about the number and percentage of female lifters from 2004 until 2015 that took part in Open World Championships in Powerlifting and Benchpress. You can see this number is nearly constant, differences may be a result of the host city and the costs of competitions there. On average, 30% - 45% took part in these c.

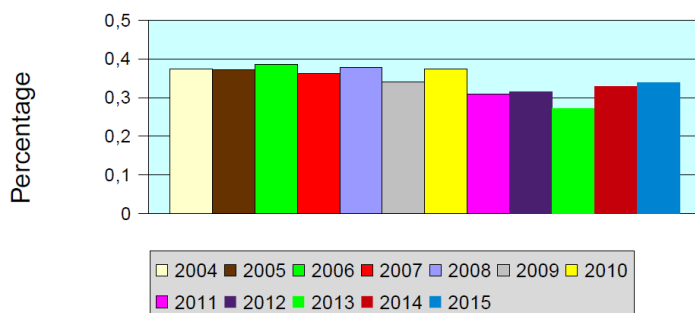
Percentage of Women

in Powerlifting

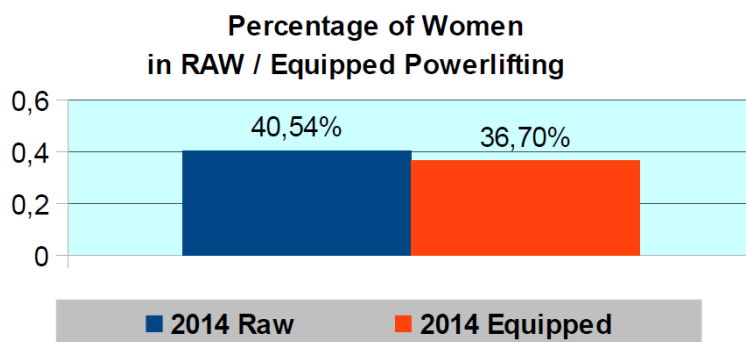


Percentage of Women

in Benchpress



A very big and important event since 2014 is Raw Powerlifting World Championships for all age categories. For this reason I added a graphics to show the percentage of women that took part in the open category of this championship. The number of women that took part in this competition in the open category has been grown from 60 in 2014 to 81 in 2015. The percentage in 2015 is nearly the same than in the last year, it's about 40 % of all athletes.



Another interesting point is the number of nations that send female and male athletes to international Powerlifting Championships. The numbers below represent the nations at World Championships in Powerlifting.

	2004		2005		2006		2007		2008		2009		2010		2011		2012		2013		2014	
	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A	N	A
M	27	143	38	160	37	144	34	162	32	118	28	106	30	119	36	142	38	133	28	106	27	119
W	25	100	21	95	27	89	31	112	27	95	21	67	22	84	29	88	27	81	23	75	18	69
N: Nations A: Athletes																						
M: Men W: Women																						

Table 1: Statistics Open Powerlifting World Championships

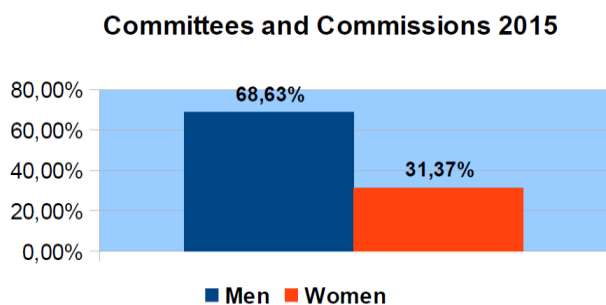
The comparison shows that the number of nations that sends female athletes to world championships is still at a high level, but there is still a difference. That mean, not all nation send out a mixed team. The next step should be to encourage women from countries, where gender equality is not a matter of course, to take part in international championships.

Having a look to the committees and commissions, the situation has been improved during the last year.

Especially in new committees (Entourage Committee, Athletes Commission, Youth Committee) more women take responsibility. The percentage of women has been increased from 28.7% to 31.4%.

Number of Committees and Commissions (incl. EC)	Members	Men	Women
16	102	70	32

Table 2: Female and Male members in Committees and Commission in 2015
Some of the members work in more than one committee or commission.



Improvements during the last year:

- ♦ The number of female referees has been increased. In nearly all cases female referees do the weigh in for female lifters.
- ♦ New commissions consists of nearly 50 % of women.

- ♦ The speaker of three committees is a woman.
- ♦ Raw Powerlifting is attractive for female lifters. The number of athletes in the open category has grown from 60 to 81 and these lifters came from 27 countries. The same situation is in other age categories, e.g. juniors from 47 to 56.

Incidents

- ♦ No incidents happened in the last year at international championships.

Main priorities and general steps for the future:

- 1) Although the situation is much better than in the years before, we cannot stop to promote and educate more female referees.
- 2) More women should be encouraged to take responsibility in committees. We have women in almost every commission, but too often only one and not at the top position. The hope is, vacancies will be filled with more women.

Eva Speth

Chairwoman of the Women's Committee

i) Media Report

IPF MEDIA TEAM REPORT

presented by Christina Chamley

GENERAL ASSEMBLY 2015, LUXEMBOURG

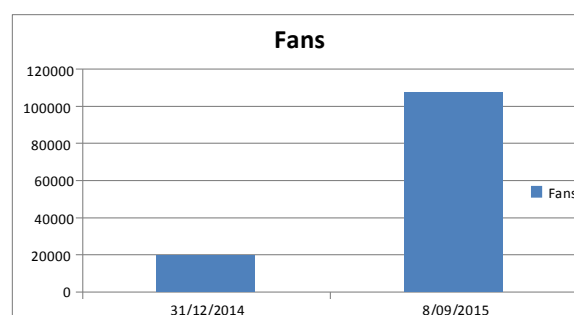
2015: Change. Improvement. Growth.

Change and Improvement:

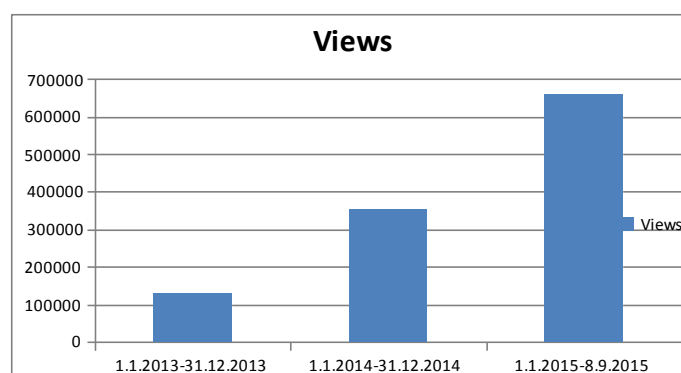
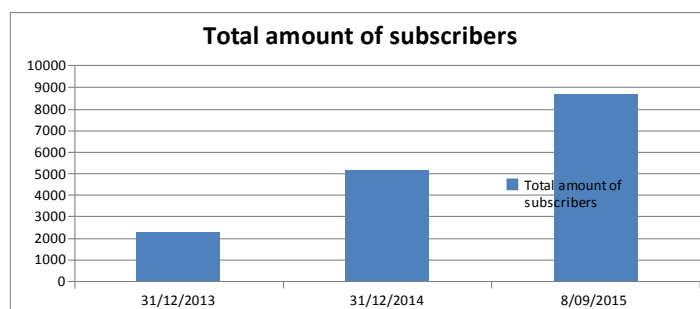
- ☐ Online streaming and event coverage
- ☐ IPF Website - layout, design and content
- ☐ IPF Media Team and Regional Media Officers
- ☐ Facebook: IPF and all Regions fan pages management & content
- ☐ Regional websites - content
- ☐ IPF App with Regions
- ☐ Instagram - posting activity level and content
- ☐ Magazine - content and production

Growth:

- ☐ Facebook. 110,000+ followers - an increase of 500% YTD



☐ Youtube channel. 9,000+ subscribers, 650,000 views



☐ Instagram. 4,500+ subscribers - an increase of 400% YTD

j) Entourage Commission

Dear General Assemble, delegates, member's federation, ladies and gentleman

The Entourage committee was establish by the recommendation of the IOC, it function is to support the athletes.

The guideline is the responsibility of each sports organisation to establish appropriate regulations to govern athletes Entourage. All people associated with the athletes that involve in the promoting the lifters career including family members.

The entourage committee must respect and promote ethical principles, including those contained in the Olympic Charter, the IOC Code of Ethics and the WADA Code. In accordance with such principles, always act in the best interests of the lifters. Our youths must be given special care and consideration.

All members of the entourage committee must be adequately qualified to work in their area of expertise. The committee should act in good faith and demonstrate the highest level of integrity, in particular respecting the following, avoid conflicts of interest, take action against any form of cheating or corruption in the sport, reject any form of doping, comply with the WADA code and support its 'programs.

My meeting with Christian Wassmer from IOC sport department at the IPF world classic in Finland, he inform me the IOC place this committee high on its list of criteria for IOC recognition.

At present the committee is working to establish the following procedures

- ♦ Introduction of a parental consent form for sub-juniors at international championships
- ♦ Introduction of Therapeutic Use Exceptions TUE guidance for athletes
- ♦ Development of a Child protection policy
- ♦ Develop Guidance for coaches
- ♦ Develop Guidance for parents
- ♦ Working towards the development of a Criminal Records check of all coaches at international championships, the Entourage committee to work closely with both the Coach Commission and youth committee to achieve this.

Thanks very much to all members for their hard work and cooperation, special thanks to Pharmacy Erika Myers for her work developing the Therapeutic Use Exceptions (TUE) guidance for athletes, Dr Benedicte La Panse and Dr Ip Wing Yuk for their work with Osteoporosis Diagnosis and treatment, also for the nutrition document. To understand re-balancing diet and President Gaston Parage for his support and encouragement.

Ralph Farquharson, Chairman Entourage Committee

k) Coaches Committee Report

Dear General Assembly delegates, member federations, ladies and gentlemen

Firstly I would like to thank all members of the commission for their hard work and cooperation over the last 4 years in trying to raise the standard of coaching in the IPF.

When I took over as chairman of the commission, my first role was to work to develop a Coach Responsibility procedure.

My second job was to work with the commission to develop a much needed IPF coach licencing scheme to raise the standard of our coaches at International level and to satisfied IOC criteria for recognition. Talking with Christian Wassmer from IOC sport department at the resent IPF world classic in Finland he express to me the important for Federations to have a high standard coach licencing scheme in place.

Who should have an IPF Coaches licencing

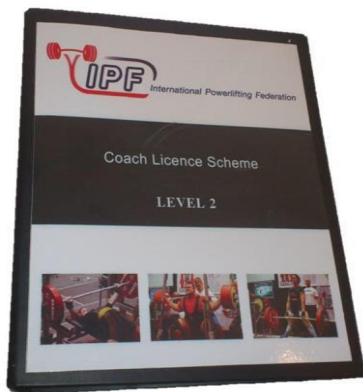
- ♦ Anyone currently coaching in IPF member's federation
- ♦ Anyone who wishes to coach at IPF sanction competitions

Why do IPF need a coach licencing scheme

- ♦ IPF is responsible for ensuring that all coaches at International championships go through a coach education programme.
- ♦ As the governing body for Powerlifting, it is important that IPF is accountable for the actions of its coaches. The IPF coach licensing scheme is the best way for IPF to regulate who is coaching at all IPF sanction competitions. It will also give the IPF a

better understanding of the qualification level of their coaches and help target regions where they are no coach education programme in place.

- ♦ We recommend that all IPF coaches working with youth's should have a **Criminal Records Bureau (CRB)** check also call **Disclosure and Barring Service (DBS)**. This would safeguard our Sub-Junior and Junior lifters. We would like this check to form a vital component of the coach education programme. All coaches will be required to have a valid CRB or DBS check carried out by their national federation if they intending to coach youth at international championships.
- ♦ As I understand, it is also a WADA recommendation.



Course Manuel

Here are some of the subjects cover in the course syllabus

- ♦ Principle of training for Powerlifting
- ♦ Safety and Risk management for coaches
- ♦ Coach code of conduct
- ♦ Coach and Anti- Doping
- ♦ Plyometric and core strength
- ♦ Sport psychology
- ♦ Training plan for Powerlifting
- ♦ Sport nutrition's
- ♦ IPF technical rules
- ♦ Technique coaching on all three disciplines include assistants work
- ♦ Warming up and cooling down

La Manga club resort, Spain is the official venue for IPF coach education, if the course is to have credibility we need to have the best possible venue, and La Manga Club is rated the third best sport venue in the world. We should not dilute the course by holding it in substandard venue.

In my opinion the IPF coach education programme should be deliver the same as for referee in English language. If a nation attending do not speak English they should bring a translator with them.

IPF Coach License Register

No	Name	Nation	Category	Date
01	Francesco Virzi	Germany	Level II	18/6/14
02	Juozas Buitkus	Lithuania	Level II	18/6/14
03	Ingimundur Björgvinsson	Iceland	Level II	18/6/14

05	Grétar Hrafnsson	Iceland	Level II	18/6/14
06	Tomasz Nosidlak	Poland	Level II	18/6/14
07	Ondrej Houzvicka	Czech Republic	Level II	18/6/14
08	Tomas Sarik	Czech Republic	Level II	18/6/14
09	Samuel Lappalainen	Finland	Level II	18/10/14
10	Kaj Mattila	Finland	Level II	18/10/14
11	Todd Youngblood	SOI -USA	Level II	18/4/15
12	Dion Thomas	SOI – USA	Level II	18/4/15
13	Charles B. Hultquist	SOI – USA	Level II	18/4/15
14	Martin Vanessa	France	Level II	18/4/15
15	Thomas Gee	GBR	Level II	18/4/15
16	Pete Sparks	GBR	Level II	18/4/15
17	Farshid Soltaní	Iran	Level II	18/4/15

Ralph Farquharson, Chairman coach commission

I) Athlete's Report

Active members: Inger Blikra, Priscilla Ribic, Joan Baez, Andy Elvis Dorner, Dan Gaudreau
Pjotr van den Hoek

Reserve members: Phil Richards, Keiko Nakai

Speaker: Priscilla Ribic.

Chairman/IPF board Member Pjotr van den Hoek.

The last 4 years have gone by quickly, we have had meetings at the major championships and at every congress we have spoken up when a change of rules would majorly affect the Athletes.

We have also answered questions from Athletes when we received them through mail, but I don't think athletes have reached us as much as we would like or perhaps they don't know how. Up till now they have been able to reach us at: Lifterscommission@powerliftingipf.com or through our personal email addresses found on the IPF webpage.

In an attempt to change accessibility we are thinking of setting up a Facebook page where people can ask their questions. This off course if the IPF board agrees.

We do have to regretfully say that not all members respond to our mails, so we are looking for new athletes to join the commission. It would be great to have someone from Eastern Europe and also a fervent raw lifter.

In 2014 Pjotr van den Hoek was nominated by the athletes' commission to go onto the IPF board and they are re-nominating him for the next 4 years.

On a different account, after 8 years of great service Inger Blikra is standing down but will stay on as a consultant for difficult questions. Fortunately her place will be taken by Marte Elverum from Norway. She is a raw and equipped lifter we are looking forward to working with her. I would also like to thank all of our members, especially Inger and Priscilla who have been most active.

Lastly I would like to thank Inger again. This time for her 9 years of service, an applause would be nice.

Next Congress we will hopefully notice that more athletes can reach us.

I would like to thank the IPF board and Gaston Parage for starting up this commission in Norway 2006.

Thank you for your attention Pjotr van den Hoek.

8) Regional Reports

a) Europe



Regional report from Europe 2015.

EPF General Assembly.

EPF has all together 33 member federations fulfilling all EPF and IPF membership obligations.

The EPF General Assembly was staged in Chemnitz in Germany 5 May and delegates from 20 member nations were present at the meeting as well as all the 6 Executive members.

Election of new EC members and committee chairs took place. The new EC members are as follows: Arnulf Wahlstroem, NOR (President), Sandro Rossi, ITA (V. President), Ralph Farquharson, SPA (Secretary General), Linda Hoeiland, NOR (Treasurer), Myriam Busselot, BEL (Technical chair), Jari Rantapelkonen, FIN (L&L chairman).

European lifters and EPF Hall of Fame.

In January this year the Executive appointed following lifters as European lifters 2014:

Anastasiya Derevyanko from Ukraine and Carl Yngvar Christensen from Norway.

They had the highest Wilks score at both the World and European Open.

EPF Hall of Fame was awarded to Sandro Rossi from Italy (official), Märvi Särkia from Finland (lifter) and Kenneth Sandvik from Sweden (lifter).

International championships.

In 2015, 6 European championships and one Western European Championship as well as the Danube Cup are organized.

Host nations were Czech Rep. (Classic), Germany (Open), Hungary (Sub Junior and juniors), Czech Rep. (Masters and Open Bench), Estonia (Masters Bench), Spain (Western Europeans) and Austria (Danube Cup).

In addition, 4 World Championships as well as the Arnold Classic Europe were organized in Europe.

New in 2015, is that one of the Europeans – Western European Championships (WEC) - was organized in La Manga Club (LMC) in Spain.

IPF and EPF has established a High Performance Training and Education Centre in LMC and the organization of WEC was done with great support from the LMC management.

LMC is a center for many IOC sports as well as none Olympic sports and to be a part of this Centre for powerlifting is very important for powerlifting.

Most organizers of international championships in Europe have great experience and the technical standard is high. More than 1000 lifters take part yearly at European championships.

From each Europeans, internet streaming is provided. New is that EPF has made up a contract with the Spanish TV producer (Viva TV) for recording and streaming of two of the European championships in 2015. This is the European Open as well as the European Junior and Sub Junior. This is a very expensive production but the quality is similar as TV productions.

This standard of streaming is what powerlifting needs to be in line with Olympic sports and EPF works hard to find money to finance the production.

General.

EPF officials have for years worked close to every organizer of European championships. This to secure that all specifications contracted in the documents named: Promoters Contract, Organizing Checklist and the Anti-doping Control Agreement are fulfilled.

EPF also support economically organizers if they need to buy IPF recognized equipment to meet the standard requested for the warm up room and the competition platform.

In 2015, EPF has gained several new sponsors. For the moment, the economic support from the sponsors is limited, but it is important for the lifters and the sport in general that more sponsors find EPF to be an attractive collaborator.

Sponsorship and introduction of classic championships are part of the financial basis to produce high quality streaming.

Anti-doping.

In year 2014, EPF made 80 doping tests at European championships and this means that about 8% of all lifters were tested. 3 lifters tested positive in 2014 and 1 lifter in 2015 (until now).

In 2015, EPF will carry out about the same number of tests and transfer money to IPF for OC testing.

The fight against doping abuse to create fair play for all lifters has still the highest priority within EPF.

Classic Europeans.

The EPF General Assembly 2014 decided to start European Classic championships for Open, Junior and Sub junior division. The Czech Rep. took on the first organization in Pilsen in March 2015. This was a big success and more than 300 lifters took part. In 2017, European Classics will be introduced in Bench Press for all age categories and from 2018 in Masters powerlifting as well.

EPF Officials.

No federation or company is better than people doing the work and I am proud to state that EPF has dedicated and hardworking officials that cooperate perfect in the leading team as well with the member federations.

New election of EPF officials took part in 2015 and most of the officials were re-elected.

Alain Hammang from Luxembourg has been the Treasurer since 2005 and done a very valuable work to establish a good economic system and introducing new ideas. He stepped down and was replaced by Linda Hoeiland from Norway.

New is also Thomas Högberg from Sweden as Auditor. He replaced Marina Kail from Germany which stepped down after 6 years with excellent work for EPF.

Competition Secretary Jiri Hofirek is working untiring and accurate with championship preparations and he takes part at all Europeans.

Ralph Farquharson takes excellent care of the General Secretary work as well as the Media.

Myriam Busselot supervises referees and jury work and Jari Rantapelkonen looks after the Law and legislation matters.

Vice President Sandro Rossi checks the hotel standard and prices at all Europeans besides other delegated tasks.

Record registrar Anatoliy Stetsenko works excellent by updating all European records and issuing record diplomas.

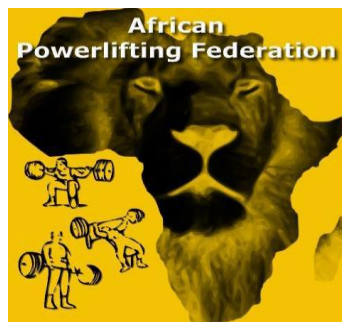
The good work of Olexandre Kopaev, running the computer competition program at European championships, is highly appreciated.

In addition, the remaining EPF officials do their work in a perfect manner.

They are all a great team that deserves a great Thank You for running European powerlifting.

Arnulf Wahlstrom, President EPF

b) Africa



2015 African Powerlifting Federation Regional Report

Board Members:

President:	Alan Ferguson Vice
President:	Moussa Massour
General Secretary:	Elmamoun Mohamed
Treasurer:	Hamid Jamal

The power base of African Powerlifting certainly seems to be the top end of Africa with well organized structures in countries such as Algeria, Morocco and even Libya albeit with all their war torn strife. In my last report I welcomed Egypt back into the IPF/APF fold however I was quick to jump the gun and the whole of 2015 so far has been to try to mend the relationships between the different factions within Powerlifting in that country.

At this year's African Championships and congress a meeting has been arranged with the various factions and hopefully by the time you read this article these issues will have been resolved. Egypt is too big a country with many lifters to be sitting in the doldrums and in the meantime as all fees and fines are paid up to date we are looking forward to a very large Egyptian team competing in Meknes, Morocco.

Last year's African Championship was held in the picturesque coastal city of Bejaia, Algeria and the organizers put on a great show in a theater auditorium, nice opening ceremony with military band and traditional music followed by a good competition and for the first time women competitors. Facilities, hotels banquet and food were all of a high standard and well done to the Algerian federation.

Lifters from Algeria (the largest team and team trophy winners) Morocco, Libya, Cameroon, Ghana, and Sierra Leon participated unfortunately once again no lifters from South Africa managed to make the trip.

Very fruitful discussions were held at the congress which was attended by IPF President Gaston Parage A well attended referees clinic with exams and a number of successful candidates qualified as IPF Cat 2 referees.

In terms of African exposure at World Championships both South Africa and Algeria have been prominent with of course Bouafia Mohamed of Algeria World Champion with a total of 927.5 kg at the 2015 classic World Championships in Finland.

On the membership front, an application has been received from Botswana and at this stage we are waiting for formal documentation and discussions have also been taking place with Zimbabwe.

Current paid members are Algeria, Libya, Morocco, Egypt, Ghana, Cameroon, South Africa and Sierra Leone.

Nigeria at this stage is still suspended however this issue needs to be sorted out and hopefully over the next year or so some solution to the problem will be found.

South Africa as usual have been very active in terms of local competitions both equipped and raw and as mentioned have been very active on the world stage with Sub Junior, Junior and Masters teams attending.

On a very sad note, we lost good colleague, lifter, coach and past President of SA Powerlifting when Terrence Delany passed away earlier this year. Our condolences to family and friends R.I.P. Terrence.

The African Championships are taking place this year in the beautiful and historic city of Meknes, Morocco in late October.

We are looking forward to a great championship with a record number of lifters and a very important election congress. The IPF President Gaston Parage will be present once again along with Hannie Smith the IPF Technical Officer who will oversee the competition and referees exams.

This competition promises to be the best ever African Championships with full teams from Algeria, Egypt, Libya and Morocco and entries from South Africa, Cameroon, Ghana and Sierra Leone.

In conclusion, I would like to thank Elmamoun Mohamed the APF General Secretary for all the hard work he has put in over the last year, traveling, negotiating and keeping the administration up to date, he has done a very good job.

The future looks good for African Powerlifting so let's move forward into 2016 with a positive attitude to improve the quality of our lifting, grow our membership become more professional in our outlook and work hand in hand with the IPF toward the common goal of IOC recognition.

Alan Ferguson

President: African Powerlifting Federation

c) Asia



Asian Report 2015

By Sergey Kim, President of Asian Powerlifting Federation

Dear member federations of the International Powerlifting Federation:

I welcome all of you to this well prepared 2015 International Powerlifting Championships and IPF annual Congress. I appreciate very much the organizing committee of the championship, especially the President of IPF Gaston Parage.

We had been having a hard time for more than two years because some of the member federations were suspended by IPF for so many doping offences. Now almost all the suspensions are finished. It is the time to make a new, strong and clean Asia again. We nominated for the APF ADC chairperson Maira Bakasheva (there is Maira's CV in the attachment). She is a director of Kazakhstan Anti-Doping Centre. (I hope after Onam she will be chairperson and I'll correct this text) She has a huge experience in anti-doping job and she has a medical background.

Also we are going to organize the Anti-Doping seminar in Almaty on April 2016. We would like to invite the Robert Wilks and Robert Keller.

Last year, Kyrgyzstan did a good job hosting the 2014 Asian Bench Press Championship. It was their first International Championship. With this experience they could get more attention from their government.

We also had a new championship in Australia. It was 2014 Oceania & Asia combined Classic Powerlifting & Classic Bench press Championship. Over 500 lifters got together and had a wonderful experience.

This year, we were started with 2015 Asian Powerlifting Championship in Hong Kong, then we will go to Oman for the 2015 Asian Bench Press Championship. (I'll correct information about Oman after championship)

There was an election for APF EC and committees in Hong Kong. The new president of APF is Farshid Soltani from Iran and Secretary General is Sergey Kim from Kazakhstan. Also were elected Board Members for APF and chairpersons of the APF committees. I would like to say thank you very much for Emanuel Scheiber and Robert Wilks who helps us to organize this elections. Also many people from Asian countries were passed the referee examination under Hannie Smith's control. Hannie thank you very much.

The biggest event this year will be the Second combined 2015 Oceania & Asian Classic Powerlifting & Bench Press Championship in Uzbekistan, Tashkent. (In the attachment you can find presentation about Tashkent. If it's possible to show presentation I'll do)

One more big news is the 2017 Asian Indoor & Martial Arts Games in Turkmenistan, Ashgabat. This games is one of the OCA's Asian Games. OCA is Olympic Committee of Asia. Asian Games like Olympic Games for our Asian region. So this is very important to take part in Asian Indoor Games. Now IPF is very close to IOC. We also need to be close to OCA.

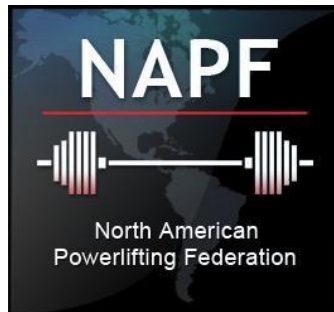
APF has new website – powerlifting-asia.com, Facebook pages and Instagram – Comments on the new website is that generally, it has improved. I am sure there is still a lot of room to improve, especially when we select an APF internet officer, a new appointed position created through the new APF constitution. APF has migrated from a “group” FB page to an FB “fan page” that will be in line with IPF’s direction for such pages. Input from APF members to improve these pages is encouraged.

APF membership drive – Singapore is the latest to join APF. Communications are on-going with potential members Malaysia, Tajikistan and countries from Gulf Cooperation Council (GCC) with the help of Say Tan of Singapore & Saud Alkhanjari of Oman. In GCC, Kuwait & Bahrain have shown interest to join while efforts are being made to contact Saudi Arabia & Qatar.

The team of Tajikistan will compete in December in Tashkent.

Thank you very much for your attention. Sergey Kim

d) North America



Report 14 – 2015: North American Powerlifting Federation

The year 2014 was another successful year for the NAPF and 2015 looks to be the same. There were several significant administrative changes which took place. I was requested to move to the position of IPF Secretary General by Gaston Parage, the President of the IPF to replace Mr Emanuel Scheiber.

With my vacancy, Dr. Maile, NAPF Executive Board Member and previous President of NAPF President was once more elected President of the NAPF. Dr. Hugo Velasquez was appointed as our Regional IPF Executive Board Member on an interim basis and was elected the NAPF General Assembly as the IPF EC Board Member. I will assume the vacant Championship Secretary position. One of our long term volunteers Sergio Centeno, stepped down as the Secretary General for both professional and family related commitments. Though, Sergio shall remain in place as our regional scoring manager. We have since appointed Alex Alvarado from Puerto Rico as the interim Secretary General and he was elected at the General Assembly this year. Ivan Cancel was elected VP and replaces Fernando Baez. Mike Licciardi

was more elected as Treasurer and Bill Clayton as our Technical Chair. Hugo Velasquez was appointed Central American Representative and IPF Board Member, Robert Massey our Caribbean Representative, Tony Cardella as Webmaster and Ivan Cancel as our Records Manager. The combined work our administrative volunteers is instrumental and the driving force in our success as an organization. Our elections this year took place at the NAPF Regional Championships in Moose Jaw, Canada and filled up the administrative vacancies. This year, we selected a women's committee chair to work on developing Women's Powerlifting in the region and a Media Officer to work on publicity. Still much work to do.

North America

USA Powerlifting continues to direct one of the premier powerlifting championship in the World -- The Arnold Sports Festival in Columbus, Ohio. Once again, USA Powerlifting invited 200+ athletes from over 10 countries to participate in this year's championship. Prize monies awarded this year topped 32,000 USD, and third amongst all 47 sports at the Festival. USA Powerlifting continues to invite international lifters from the member federations of the NAPF and the IPF. The NAPF sanctions the Raw Challenge on Friday, Pro-Equipped American Open Powerlifting Championships and the Pro Deadlift Championships. Over 100,000 spectators attended this year's Arnold Sports Festival. 20+ IPF World Records were set. Mr. Gaston Parage, Mr. Johnny Graham and I were present for the championship. Compliments to Dr. Larry Maile, Priscilla Ribic for another well directed event.

Last year's NAPF North American Regional Championship was held at the Marriott Hotel, in St. Croix, the US Virgin Islands. The Marriott was located directly on the beach with a beautiful and picturesque view of the Caribbean Sea. Once again, the NAPF Championship was combined with our Caribbean Championships and drew 175 lifters from 12 countries. Puerto Rico won both the Men's Team Title and the USA the Women's Team Title. Mr. Robert Massey, President of the US Virgin Islands and Co-Championship Director was inducted into the NAPF Hall of Fame for his work with the Caribbean Powerlifting -- Congratulations. Our compliments for an extremely well-directed championship. It was our pleasure to have Gaston Parage, the President of the International Powerlifting Championship join us for the championship. Gaston met with each of the NAPF Member Federations and held a round table discussion for the athletes, coaches and administrators for the region. This marked the first time in our 13 year history, the IPF President has attended this championship. The St. Croix Department of Tourism sponsored this year's championship. An Anti-doping seminar was held and I want to send our special thanks to the IPF for sending one (1) Eleiko Rack and one (1) set of Eleiko Weights to the US Virgin Islands Powerlifting Federation. Overall, very successful event.

This year's NAPF North American Powerlifting Championships took place on July 5-10, 2015 in Moose Jaw, Canada. The competition was the first time the CPU has directed an NAPF Championship -- a historic moment in our development. Overall, 160 lifters took part in this year's championship. We've incorporated Classic lifting into this championship and have established NAPF Classic Records. Ryan and Rhea Stinn and Ryan, Fowler directed an exceptional championship.

Last year's 5th Annual FESUPO/NAPF Pan-American Regional Bench Press Championships was held November 22-24, 2014 at the Calinda Beach Resort Hotel in Acapulco, Mexico and I must say, was quite successful. My compliments to Gabriel Garcia, the President of the Powerlifting Federation in Mexico, for a well-directed event. We had over 100 lifters for this year's championship. Up from last year's 36 participants. Member federations from both North, Central and South American attended the competition. The event hotel was located directly on the beach and featured 3 daily all you can eat buffets and drink with your room

your room accommodation – Everyone had an excellent time. The famous Acapulco cliff divers were amazing to say the least. I went back for a second show.

Central America

Dr. Hugo Velasquez, the NAPF Central American Representative, has performed exceptional work with bring back the Central American countries that were purged several years ago for lack of payment on their membership fees. Last month, El Salvador was accepted as one of the newest members into the IPF – Congratulations. Nicaragua and Honduras are pending and waiting and will apply before the end of the year. It is questionable, at this time, if both plan to return or not to the IPF. Anti-doping appears to be the concern. Though, we remain optimistic. An NAPF Classic Sub-junior/Junior Championship is being planned for Central American for 2016.

The following report was submitted by Dr. Hugo Velasquez, our Central American Representative and the IPF Executive Board:

Central America Report 04-2015: Costa Rica – is the powerlifting federation with most participation in IPF/NAPF championships. This member federation has participated in 2014 in the World Open Powerlifting Championship in Denver (USA) with 5 athletes (1 woman and 4 men). Also in the 2014 NAPF/FESUPO Pan-American Bench Press Championship held in Acapulco (Mexico) with 11 athletes (4 women and 7 men) placing in the top 3. In 2014, ADELEPO-CR held 8 regional championships with over 30 athletes each. So far this year (2015), they had had 2 qualifying championships for a team to participate in the Pan-American Powerlifting Championship in Brazil in September and NAPF Bench Press Championship in Ponce, Puerto Rico. The federation has over 200 member athletes and they are acquainted with powerlifting gear.

Guatemala – had 1 participation last year, in the NAPF Powerlifting Championship in St. Croix (US Virgin Islands) with 2 athletes. Lack of funding has been a setback for participation in the IPF events. They recently held elections and has a new Board Members. Their new president is Mr. Carlos Aceituno. In 2014, Guatemala Powerlifting Federation held 7 regional championships. So far this year (2015), they have organized a national novice championship. They have 180 member athletes (30 women and 150 men)

El Salvador – is the new member IPF Federation, called ASALPO (Asociacion Salvadoreña de Levantamiento de Potencia). They are very eager to participate in IPF events. They have been working very hard to bring their athletes up to IPF standards. Last year (2014), they held 8 regional championships. In the past held invitational championships thru their universities with neighboring nations (Nicaragua and Honduras). They count with approximate 120 member athletes (20 women and 100 men)

Nicaragua – Not a member of the IPF yet. They created a new powerlifting federation called ANPO (Asociación Nicaraguense de Potencia). They have shown interest in been member of the IPF. Have had close contact with their president – Mike Zepeda, to have their paper work done and IPF application form.

Honduras – Not a member of the IPF. They created a new powerlifting federation called Asociacion Ribereña de Potencia. They've applied for recognition.

Thru ASALPO, I have had conversation with them. Panama and Belize, they don't have powerlifting organizations yet. Most events are held in local gyms.

Needs - All Central America member federations agreed they are very much in need of Regional Seminars on Anti-Doping, Coaching, Powerlifting Training and Referees. Also of they are in need of powerlifting equipment, such as official weights and Powerlifting racks if possible thru donations in order to organize regional IPF sponsored championships. Looking forward to bring 2 new members to the ranks of the IPF this year.

Caribbean

The Caribbean has been quite active and lively the past couple of months. The Bahamas has reconstituted their powerlifting federation under the new leadership of Mr. Robert Brown. Recently, their federation received NOC recognition and they signed an agreement with their NADO two years ago. They plan to attend both the regional championships and the world championships in Luxembourg, as they will begin to receive funding in July of this year. The Trinidad and Tobago, US Virgin Islands, Puerto Rico and Guyana Federations remain as pillars in the Caribbean under the leadership of Bernadette Williams, Robert Massey, Ivan Cancel and Peter Green. The Cayman Islands and the British Virgin Islands Federations remain a concern as they have not sent athletes in some time to championships. Funding from their governments appears to be a concern. The Dominican Republic and Trinidad and will return to competition this year and have sent their nominations for the Regional Championships in Moose Jaw. Anguilla, St. Lucia have expressed interest in joining the IPF. Aruba contacted me and wants to rejoin. They have hurdles to overcome as the local Bodybuilding Federation claims to oversee powerlifting as well, which is concern. I once again want to send my special thanks to Mr. Javier Pollack, Vice-President of the IFBB and Ms. Denise Williams, Secretary General of the Caribbean Bodybuilding Association, for their assistance in assisting us in further developing the Caribbean Region.

Technology

February 2014, the NAPF also purchased the PRAS Wireless Lighting System from the Ukraine.

The NAPF Website is maintained by Mr. Tony Cardella. Also, Sergio Centeno, the NAPF Scoring Manager oversees the NAPF Facebook Account, which now boasts nearly 900 friend subscriptions, up 300 from last year. We will have 1,000 members this year.

Future Development

Once more, the following four (4) areas remain a concern which we will continue to concentrate over the course of the next several years.

1. NAPF Member Federations conducting IOC Drug-tests on their athletes.
2. More training and development seminars
3. New Locations for Championships.
4. Certification of additional referees.

Thank you.

Robert Keller, Larry Maile and Hugo Velasquez.

e) South America



Dear IPF colleagues,

Ref. FESUPO Report 2015 - President

We are closing much with a lot work the year to South America.

Our athletes take out many medals at world events.

Be in open or juniors events competitions!!

So, we consolidated our know-how many ever get com conquests that show whether our evolution.

Of course all this could not come without great work and effort of all directors.

Special thanks to athletes from South America who received medals: Vilma Uchôa, Johana Aguinaga and Franklin Leon, Ecuador and Brazil Cicera Tavares, true champions that led to South America at the highest point of our sport.

Brazil together with the NAPF will make the most event in South America!!!

We'll have together South American Powerlifting, equipped and raw. And also to the Pan American powerlifting equipped and raw!!!

The city of Ribeirao Preto, already home to the 2009 World Juniors, Keep me going all.

Something like 13 countries and over 300 lifters participated.

One of the Championships as never seen.

The competition will be widely disseminated by television and newspaper for every day.

Many records will be break.

Later we will have, in December, to the South American Bench Press, in Lima-Peru.

I would like to congratulate all FESUPO directive, to Mr. Inguanti for their hard work.

Let our event scheduled confirm our calendar 2015 and 2016.

We must have a hard effort to get right to the final details for application in FESUPO of Chile.

I believe that South America needs to walk a lot, but this year we got great strides jump.

Julio Conrado

f) Oceania



OCEANIA REPORT 2014/15

MEMBERS

As of 1 September 2015 the OPF has as members the following nations –

Australia
Fiji
Nauru
New Zealand
Niue
New Caledonia
Papua New Guinea
Samoa
Tahiti
Kiribati
Tuvalu (Provisional)
Solomon Islands (Provisional)

Over the last year –

- i. Kiribati has advanced from Provisional to full membership
- ii. Solomon Islands has entered as new, Provisional, member
- iii. New Caledonia and Papua New Guinea have experienced internal difficulties and at the present time are under the administration of their respective National Olympic Committees; however both nations have strong athlete involvement and will surely soon emerge as independent federations again

ADMINISTRATION

The December 2015 General Meeting of the OPF held in Melbourne, Australia set the OPF office bearers as:

President & IPF Board Member
Vice President
Secretary
Treasurer
Committee
Recordkeeper
Referees Director

Robert Wilks
Julian Perry
Pam Cutjar
Steve Lousich
Jason Wharton, Aitken Fruen
John Myers
Pam Cutjar

EVENTS

There has been a relatively high level of international competition in the Oceania Region from 2014 to 2015 –

- i. The first combined Asia/Oceania Championships were held in Melbourne in December 2014 with some 486 lifters, being c. 90% Raw and c. 15 nations taking part
- ii. On July 9 and 10th the Powerlifting event in the Pacific Games, was held, with some 70 lifters from 9 nations taking part – Australia, New Zealand and also the Philippines and Singapore provided officials and support. The Games are the premiere sports event in the region and a complex process of preparation was required to make the Powerlifting event a success. Ultimately, though, the Powerlifting competition was presented well and overall the Games were the largest and most successful yet
- iii. In 2015 four Pacific Invitational events were, or will be, held at the Australian Fitness and Health Expos in Melbourne, Sydney, Perth and Brisbane. Those involve select fields of international lifters competing in front of up to 30,000 attendees at each of the large trade shows. Australia and indeed the Oceania region have come to focus on those events as showcases for recruitment and also as necessities to retain our premiere position amongst the many “federations” now in our area.

FUTURE EVENTS

Development continues apace in the Oceania Region and in 2015 to 2016 we look forward to

- i. December 2015 the combined Asia/Oceania Championships to be held in Tashkent, Uzbekistan. This is our premiere event now and the combination of Championships has had an interactive effect in fostering participation and interest. A number of nations are bidding for 2016 and beyond and the future of this event is secure
- ii. Also in December 2015 the Commonwealth Championships will be held in Vancouver, Canada. The overlap with the Asia/Oceania event is unfortunate but was unavoidable; however in future years the various calendars should be rationalized
- iii. in 2016 the Fitness & Health Expos and thus Pacific Invitationals will be contained to three cities. Although critical for our Region's development the Expos require great financial and organizational commitment and this efficiency will be appreciated.

CHALLENGES AND OPPORTUNITIES

The Oceania region, particularly in Australia and New Zealand, has grown enormously in terms of lifter participation in the last very few years. This has been due to Raw Powerlifting opening up the sport, whilst at the same time Crossfit and other factors have increased interest in weights sports. This **greater participation** has produced challenges in terms of federations remaining financially viable in the face of accelerating cashflow demands, meeting the standards of professionalism expected from members coming from the larger fitness industry and the mushrooming of **competitor “Federations” and events** seeking a share of the burgeoning market.

However the number of nations in Oceania has not grown greatly and ultimately cannot, as there are **relatively few nations** of any size in our sparse, far-flung Region. Development for

the future will come from growth within currently small-to-medium federations such as Nauru, Samoa and Papua New Guinea.

Distance remains the inevitable challenge in Oceania. Aside from simply an incredible geographic spread of Oceania nations, small Pacific nations have only limited, expensive options for travel; some have only a single flight per week off their island and of course no option for land travel. This impacts lifters' and officials' participation, not only in World Championships but even in Oceania events. Distance, cost and time have particularly limited Referee development, although some 6-8 Category Referees have been recruited or promoted in Oceania in the last year.

Anti-doping is an issue in Oceania as it is in Powerlifting and in all sports. Australia and New Zealand have reasonable government anti-doping programmes, but purchased testing is necessary for international and strategic testing. Education has seen the frequent supplement-caused positive cases reduce in frequency to near nil; Australia was afflicted with its first anabolic agent case for some years in late 2014. The Oceania RADO conducted testing at the Pacific Games in July, but efforts to persuade them to conduct OCT in the Pacific Island nations have continued to be unsuccessful. Nevertheless, overall the doping issue in Oceania has been controlled at least as well as in other IPF Regions.

Robert Wilks
OPF President

9) Elections

President

Gaston Parage (Luxembourg)

Elected 47 – 0

Vice President

Johnny Graham (United States)

Sigurjón Pétursson (Iceland)

Vote: 34 – 13

Sigurjon Pétursson elected as new VP.

Secretary General

Robert Keller (United States)

Elected 47 – 0

Treasurer

Dietmar Wolf (Norway)

Elected 47 – 0

Women's Speaker (EC Member)

Eva Speth (Germany)

Elected 47 – 0

Athlete's Speaker (EC Member)

Pjotr Van den Hoek (Netherlands)

Confirmed 40 – 0

IPF Executive Board members to be confirmed:

All IPF Board Members Confirmed, except Oceania by a vote of 47-0.

Europe

Arnulf Wahlstrom (Norway)

Africa

Alan Ferguson (Australia)

Asia

Sergey Kim (Kazakhstan)

North America

Dr. Hugh Velaquez (Costa Rica)

South America

Julio Conrado (Brazil)

Oceania

To be determined.

Committees & Commissions

All confirmed by a vote of 47-0.

Auditors (2)

Gerhard Geissler (Germany)

Xavier de Puytorac (France)

Anti-Doping Commission

Robert Wilks has resigned and Sigurjon Pétursson has been appointed by the EC as interim ADC Chairman.

Doping Hearing Panel

James F. Cirincione (United States)

Appeal Committee

Alexandra Carli (Netherlands)

Athlete's Commission

Pjotr Van de Hoek (Netherlands)

Coach's Commission

Ralph Farquharson (Spain)

Ethics & Disciplinary

Committee Sigurjón Pétursson (Iceland) Richard Parker (Great Britain)

Sigurjon Pétursson was elected as Vice-President and he withdrew his candidature as Chairman the Committee. Mr. Richard Parker was been elected as chairman of the Ethics and Disciplinary Committee.

Entourage Commission

Ralph Farquharson (Spain)

Law & Legislation Committee

Kalevi Sorsa (Finland)

Medical Committee

Marek Kruszewski (Poland)

Technical Committee

Hannie Smith (South Africa)

Women's Committee

Eva Speth (Germany)

Special Note: Before the start of confirmations of the IPF EC Board Members, Mr. Robert Wilks informed and explained to the General Assembly that he will not stand for the board of the IPF EC for both family and professional reasons. As it stands, no one was confirmed Oceania and this position is now vacant. The President explained we will appoint a candidate, who will be elected from the OPF, and he/she will be then confirmed at the next General Assembly in Orlando, Florida.

10) Proposals

Constitution

The IPF Constitution & By-Laws have been amended for our application to be accepted by the IOC. All amendments to the Constitution & By-laws must be accepted by the IPF General Assembly before they come into force. Please see attached file.

IPF Constitution

Motion 1: IPF Executive Committee

Proposal Passed 47-0

6 IPF BODIES

The IPF is composed of the following bodies:

- ♦ the General Assembly
- ♦ the Executive
- ♦ the Committees **and Commissions**

7 GENERAL ASSEMBLY

7.2 Powers

7.2.16 to form standing, ad hoc and sub committees and to elect the chairman **and to appoint other members, where mandated**, of the same. The standing committees of the IPF shall include Medical, Technical, **Ethics &** Disciplinary, Appeal, Women's and **Youth** Committee.

8.3 Powers of the Executive

8.3.11 is responsible for implementing and monitoring the IPF ~~Code of Ethics and a~~ Business Plan.

9.1 Election

Elections for all officers will be held every four years. Election is by **a** simple majority, i.e. the person who has obtained the highest number of **valid** votes is elected.

i. When two or more candidates obtain an equal number of votes, another ballot is held. If after the second ballot there is still a tie, the President has the right to cast a deciding vote, or decide for further ballot.

9.1.1 Valid Vote

A valid vote is one that conforms to all stated requirements. **The valid votes only are counted to the result of voting.** The following shall not be counted as valid votes **and are not taken into consideration in the calculation of the required majority:**

- (a) abstentions;
- (b) blank votes;
- (c) votes for more or fewer candidates than the number required;
- (d) votes declared void by the scrutineers whose decision shall be final, e.g., unintelligible votes.

11 COMMITTEES, COMMISSION, PANEL

11.1 General Provisions

Each committee shall consist of a chairman elected by the General Assembly and a maximum of six (6) members (exception Technical Committee 10 members and Ethics & Disciplinary Committee 9 members) from various nations who shall be appointed by the Executive in consultation with the Committee Chairman. Notwithstanding the above, the six regional members to the Ethics & Disciplinary Committee shall be appointed by the General Assembly in accordance with article 11.3.2 items 1), 2), 3) and 4).

11.3 Ethics & Disciplinary Committee

(Note that, due to the change of the Committee's name from Disciplinary Committee to Ethics & Disciplinary Committee the name shall be changed accordingly throughout the Constitution and By-Laws and in all other IPF Documents as well, including the Anti-Doping Rules, wherever the name of the Disciplinary Committee appears)

11.3.1 Disciplinary Hearings

The following provisions shall apply to disciplinary hearings.

11.3.1.1 Disciplinary Hearings

The Ethics & Disciplinary Committee shall investigate the case of any affiliated federation, lifter or official or athlete support personnel accused of any of the following:

- I) Bringing the IPF or the sport of Powerlifting into disrepute.
- II) Acting in a manner that is contrary to the best interests of the IPF.
- III) Contravening any of the provisions of the Constitution or By-Laws.
- IV) Contravening any of the rules or regulations governing the accepted behavior of members of the IPF.

V) Breaching of any part, principles or values of the IPF Code of Ethics (Code).

Following such investigation it may impose an appropriate penalty.

11.3.1.2 Representation

The nation, the concerned lifter or official has the opportunity to let himself be represented at the Ethics & Disciplinary Committee by an authorized person, e.g. lawyer. The costs for the representative have to be paid by the nation, the lifter or the official himself, regardless of the outcome of the hearing.

11.3.2 Composition and Duties

- 1) The independent Ethics & Disciplinary Committee (EDC) shall be composed of nine (9) members; the Chairman elected by the General Assembly and six (6) members from the IPF Regions (one member from each Region) appointed by the General Assembly and two (2) other members appointed by the Executive Committee, for a renewable term of four years.
- 2) Each and every one of the six IPF Regional Federations shall elect one person from the Region concerned, who is known for the independency of spirit and competency, as a nominee who will be appointed to the IPF Ethics & Disciplinary Committee by the electoral General Assembly.
- 3) No current member of the Region's or IPF's Executive shall be a member of the Ethics & Disciplinary Committee.
- 4) No member of the Ethics & Disciplinary Committee may belong to any other IPF body.

- 5) The Chairman of the Ethics & Disciplinary Committee shall appoint a Deputy Chairman from amongst the six members appointed by the General Assembly.
- 6) If the Chairman of the Ethics & Disciplinary Committee is prevented from acting in any matter, the Deputy Chairman shall replace him. If both the Chairman and the Deputy Chairman are prevented to acting in any matter, the remaining members of the Committee shall choose an acting Chairman.
- 7) A panel of at least 3 members of the Ethics & Disciplinary Committee appointed by the Chairman shall investigate alleged violations of the Code.
- 8) The IPF President shall refer a case to the Ethics & Disciplinary Committee, as defined in clause 21 of the IPF Code of Ethics, when there are suspicions of non-compliance with the Code or one of the implementing provisions of the Code.
- 9) A confidential investigation shall be undertaken by the panel of the Ethics & Disciplinary Committee. The right to due process of the person concerned shall be respected.
- 10) The investigation outcomes shall be written down in a report that shall be presented to the Members of the Committee. The Committee shall adjudicate whether the violation of the Code has been committed.
- 11) The sanction decision, where appropriate, shall be made by the Ethics & Disciplinary Committee. In the most serious cases the Committee may refer the case to the IPF General Assembly for the final decision.
- 12) Decisions taken by the IPF Ethics & Disciplinary Committee on the cases arising from violations of the Code are subject to appeal to the Court of Arbitration for Sport (CAS).
- 13) The Ethics & Disciplinary committee shall conduct investigations and make decisions also **on all other disciplinary cases** than referred to in article 11.3.2 item 8) arising within the IPF and its **Regional Federations**, except on doping related cases. Duties of the Ethics & Disciplinary Committee as apply to the Result Management Procedure on doping related cases are as defined in article 7 of the IPF Anti-Doping Rules.
- 14) The Secretary General mandated by the Executive Committee shall refer the disciplinary cases (other than the disciplinary cases arising from the Code) to the Ethics & Disciplinary Committee. Disciplinary cases referred to in this item can also be sent, via the IPF Secretary General, to the Ethics & Disciplinary Committee by the national member federations.
- 15) The panel of the Ethics & Disciplinary Committee shall further collect all relevant information and evidence needed to deal with the cases as mandated in the various parts of the Constitution and By-Laws and the Code. All sensitive information shall be treated confidential within the parties involved.
- 16) The sanction decisions of the Ethics & Disciplinary Committee shall be made public at the IPF Web site.
- 17) The Ethics & Disciplinary Committee may provide advisory opinions on any potential issue related to the Code.
- 18) The Ethics & Disciplinary Committee shall have the power to make proposals to the IPF General Assembly for updating the ethical principles, including in particular the IPF Code of Ethics, and shall oversee the implementation of the Code.

11.3.3 Mediator

The IPF Executive Committee shall appoint one person who has a legal background to serve as a mediator for resolving disputes between two or more parties who voluntarily participates

in mediation for such disputes between the parties that, according to this IPF Constitution and/or the IPF Code of Ethics or any other IPF Code, do not necessarily require a full disciplinary process.

Mediation will only take place by the common request of both (or more) parties that the parties agree. The written request must be sent to the IPF Secretary General who shall refer the case to the mediator.

The mediator shall assist the parties to negotiate a settlement. The process shall be private and confidential. The mediator shall act as a neutral third party and shall facilitate rather than direct the process. However, the mediator should direct the parties to focus on issues and stay away from personal attacks.

The mediator does not decide the outcome. Instead of that the mediation should produce a result that is mutually agreeable for the parties.

If the parties are unable to reach an agreement at mediation, then the case, if the circumstances require, can be referred to the IPF Ethics & Disciplinary Committee for the disciplinary process. Details about what went on in the mediation shall not be disclosed or used at the disciplinary hearing.

IPF Constitution

16 CODE OF ETHICS

The IPF Code of Ethics shall apply to the IPF, each National Federation of the IPF, and each Participant in the activities of the IPF or any of its National Federations by virtue of the Participant's memberships, accreditation, or participation in the IPF, its National Federations, or their activities or Events. The IPF Code of Ethics which is ratified by the IPF General Assembly is available on the IPF's Website at www.powerlifting-ipf.com

17 REFEREE CODE OF CONDUCT AND ETHICS

The IPF Referee Code of Conduct and Ethics shall guide all IPF Referees in the execution of their assignments. The Code including also the Ethical Guidelines that each IPF Referee shall maintain at all times is available on the IPF's Website at www.powerlifting-ipf.com

18 COACH CODE OF ETHICS

The IPF Coach Code of Ethics is a positive affirmation of the Coach's commitment to the fundamental qualities of professionalism, integrity and equity. Written acknowledgement of the Code is a requirement for a Coach to be registered as a Head Coach, Coach or Assistant Coach at an IPF international event, or to otherwise represent the IPF at an approved activity. This Coach's Code is complementary to the International Powerlifting Federation Code of Ethics (refer to Article 16 above) and applies in addition to that overall Code. The Coach Code of Ethics is available on the IPF's Website at www.powerlifting-ipf.com

19 MEDICAL CODE

The IPF Medical Code supports the basic rules regarding the best medical practices in the sport of powerlifting and safeguarding of the rights and health of the athletes. It encourages the adoption of specific measures to achieve those objectives. The IPF Medical Code is available on the IPF's Website at www.powerlifting-ipf.com

20 ENVIRONMENTAL POLICY

The sport of Powerlifting impacts the environment. The IPF shall encourage competition directors, athletes, coaches and referees all play a part in preserving and sustaining the environment. The IPF Environmental Policy is available on the IPF's Website at www.powerlifting-ipf.com

IPF By-Laws

101.8.5 Championship Secretary

101.8.5.1 Shall maintain a Calendar of Events covering all major events for a period of not less than 24 months from the date of the Calendar.

In normal circumstances, all world and regional championships shall be allocated dates within the calendar that fall at approximately the same time each year. This principle shall be adhered to wherever possible. Regions are to allocate similar annual dates for their own regional events and may combine regional with world championships if they are hosts for the world event.

The major events in the IPF calendar are as follows:

101.8.5.1.1 World Championships for Sub-Junior and Junior (Men and Women), Men and Women (Open), Masters (Men and Women) and the University World Championships for university students (Men and Women).

101.8.8 Committees, Commission, Panel

101.8.8.1 General Provisions

Each committee shall consist of a chairman elected by the General Assembly and a maximum of six (6) members (exception Technical committee 10 members and Ethics & Disciplinary Committee 9 members) from various nations who shall be appointed by the Executive in consultation with the Committee Chairman.

101.9 Youth Committee

101.9.1 Composition

101.9.1.1 The IPF Youth Committee is composed of the Chairman elected by the IPF General Assembly and six (6) other members, representing of both sexes, appointed by the IPF Executive Committee in consultation with the Committee Chairman, for a renewable term of four years.

101.9.2 Purpose of the Youth Committee

101.9.2.1 The purpose of the Committee is:

101.9.2.2 To increase and further develop the Sub-Junior and Junior powerlifting program.

101.9.2.3 To develop programs to increase the exposure of Sub-Junior and Junior Powerlifting at National, Regional and World Championships.

101.9.2.4 To develop and increase participation of Sub-Junior and Junior athletes at the National, Regional and International level, and to do its best for achieving continued development and promotion of such programs.

101.9.2.5 To serve as the foundation in the orderly development of youth powerlifting in the IPF.

101.9.2.6 To develop and provide programing for youth athletes to remain involved while transitioning into open competition once the athletes have completed their Sub-Junior and Junior competition career.

101.9.2.7 To support and assist organizations which have youth level powerlifters with disabilities (e.g. Special Olympics Powerlifting and Blind Powerlifting).

101.9.3 Committee Duties

101.9.3.1 The main duties of the Youth Committee are:

101.9.3.2 To consider and make proposals for adequate actions in order to protect the interests of the Sub-junior and Junior athletes.

101.9.3.3 To consider and make proposals for establishing organization goals in both developing and promotion of youth level Powerlifting.

101.9.3.4 To serve as the coordinating body to develop programs to encourage the development and promotion of Sub-Junior and Junior Powerlifting.

101.9.3.5 To serve as the coordinating body for youth level Powerlifting in the IPF which shall include the development of youth related competitions, training seminars and anti-doping workshops.

101.9.3.6 To deliver advocacy on youth questions in Powerlifting sport.

101.9.3.7 To cooperate with National and Regional Federations and the IPF Executive Committee in youth related matters.

101.9.4 Youth Committee Meetings

101.9.4.1 Upon approval by the IPF President, the Committee will meet physically at least once a year in conjunction with the annual IPF General Assembly, with continued communication between physical meetings. Where necessary, and approved by the IPF President, the Committee may also meet physically e.g. at Regional or World Sub-Junior & Junior Championships, or elsewhere.

101.9.4.2 The IPF President and the members of related Commissions and/or Committees may attend all Youth Committee meetings.

101.9.4.3 Upon consult with the IPF President, Powerlifting coaches, officials, or representatives of any group engaged in the sport of Powerlifting may be invited to the Committee meetings, allowing such invitees voice but no vote.

101.9.4.4 The Committee shall report in writing to the IPF President and the Executive Committee of all its actions, recommendations and proposals (refer to items 101.9.3.1 - 101.9.3.7) decided by the Committee at its physical meetings and/or otherwise. The IPF Executive Committee shall discuss and make the final decisions on all such matters.

101.9.5 Duties of the Youth Committee Chairman

101.9.5.1 To preside over all meetings and communications between physical meetings; ensuring all duties and responsibilities of the Committee are properly and promptly carried out. If the Chairman is unable to attend a meeting of the Committee, the Chairman shall appoint a Deputy Chairman to oversee the meeting.

101.9.5.2 To communicate with committee members to keep them fully informed of happening and needed decisions to carry out the Committee's responsibilities.

101.9.5.3 To advice the IPF President and the Executive Committee on all actions, proposals and recommendations related to the development of youth level Powerlifting.

101.9.5.4 To attend annual IPF General Assembly meeting.

101.10 Sport for All Commission

101.10.1 Composition

101.10.1.1 The Sport for All Commission (the Commission) is composed of the Chairman elected by the IPF General Assembly and a minimum of six (6) other Members, representing of both sexes, appointed by the IPF Executive Committee in consultation with the Commission Chairman, for a renewable term of four years.

101.10.2 Objectives

The Commission is an advisory body. It does not have an executive or decision making powers. The Commission formulates recommendations and proposals for the IPF Executive Committee.

- 101.10.2.1 Without prejudice to the powers of the IPF Executive Committee, the Commission has discretion in regard to the objectives allocated to it. The objectives of the Commission are as follows:
- a) To develop a proper Sport for All Program for the IPF upon consult with the IPF Executive and/or any other organ needed in reaching this objective.
 - b) To serve as the coordinating body to develop programs to promote the sport of Powerlifting at the local, national and international level.
 - c) To encourage and promote the participation and the development of Powerlifting programs and championships at the club, local, national and international level, with the overall aim to increase the exposure and the popularity of the sport of Powerlifting.
 - d) To consider and make proposals which ensure the complete access to the sport of Powerlifting for all athletes' age, economic, ethnic, gender and ability level, with the overall goal of social inclusion.
 - e) To seek and improve Powerlifting worldwide for future generations.
 - f) To use the inspiration of the sport of Powerlifting to influence public policy decisions and to improve the perception of the sport of Powerlifting worldwide.
 - g) To encourage dialogue with/between international sports organizations to include the IOC, IPC, IWGA, SOI, IBSA etc. to promote the physical, social and societal benefits of Powerlifting, fitness, wellness programs.
 - h) To work towards the following objectives:
 - ♦ inspiring children to take up Powerlifting
 - ♦ stimulating the investments in Powerlifting infrastructures
 - ♦ promoting measures to improve the safety of Powerlifting
 - ♦ to enable IPF's events, top athletes, regional and national federations to stimulate changes in public policy to implement the above objectives.

101.10.3 Commission Meetings

- 101.10.3.1 The Commission shall meet physically each time that circumstances require, however upon consult with the IPF President, with continued communication between physical meetings.
- 101.10.3.2 The IPF President is an ex-officio member of the Commission. The IPF Executive member or members and other people who are not the Commission members may be invited attending the Commission meeting as observers and/or advisers. Their opinion is consultative.
- 101.10.3.3 The Commission shall organize itself for effective operation.

101.10.4 Duties of the Sport for All Commission Chairman

- 101.10.4.1 To preside over all meetings and communications between physical meetings; ensuring all duties and responsibilities of the Commission are properly and promptly carried out. If the Commission Chairman is unable to attend a meeting of the Commission, the Chairman shall appoint a Deputy Chairman to oversee the meeting.
- 101.10.4.2 To communicate with Commission members to keep them fully informed of happening and needed decisions to carry out the Commission's responsibilities.
- 101.10.4.3 To advice the IPF President and the Executive Committee on all action, proposals and recommendations related to the equal development and promotion of Powerlifting.
- 101.10.4.4 To attend annual IPF General Assembly meeting.

107.8 Voting

Except when the chairman at his absolute discretion, authorizes a vote to be by secret ballot the voting shall be by show of hands or colored cards, if these are available. On particularly sensitive matters, such as a vote, which is concerned with members, or prospective members who are present at the meeting, such persons may be asked to leave the room before voting takes place.

Counting the votes at the General Assembly is as follows:

- ♦ The valid votes only (see article 9.1.1 of the Constitution) are counted to the result of voting.
- ♦ The following shall not be counted as valid votes and are not taken into consideration in the calculation of the required majority:
 - abstentions
 - blank votes;
 - votes for more or fewer candidates than the number required;
 - votes declared void by the scrutineers whose decision shall be final, e.g., unintelligible votes.

Examples

Two-thirds majority required:

Number of votes cast	35 including
- abstentions	2
- blank vote	1

- void vote 1

Number of valid votes 31

Necessary to pass (two-thirds of 31) 21

Votes for 22

Votes against 9

The proposal accepted

Absolute majority (more than 50 %) required:

Number of votes cast 35 including

- abstentions 2

- blank vote 1

- void vote 1

Number of valid votes 31

Necessary to pass (more than 50 % of 31) 16

Votes for 15

Votes against 16

The proposal failed

108 APPENDIX OFFICIAL AGENDA

108.6 Committee Reports

(a) Technical Committee (b) Medical Committee (c) **Ethics** & Disciplinary Committee

(d) Appeal Committee (e) Law & Legislation Committee (f) Anti-Doping Commission

(g) Doping Hearing Panel (h) Women's Committee (i) Entourage Commission

(j) **Youth Committee** (k) **Sport for All Commission**

Motion 2: Luxembourg

IPF Constitution

5.1 Membership

The membership of the IPF consists of national affiliate's **non-profit federations (associations)** active in powerlifting. **Companies or the like shall not be the members of the IPF.** The IPF can recognize only one member **federation (association)** ~~(organization)~~ from each ~~nation~~ **country**.

The recognition of a National Federation will be done in agreement with the Olympic Charter (Chapter 3, Article 26), and following the regulations contained in these statutes. The IPF will inform the NOC of the country in question.

The National Federations affiliated to the IPF must be independent inside their own country. The members of the Executive Committee ~~and the~~ **including the President, Secretary and Treasurer** must be elected democratically, and have the nationality of the country concerned. **Every IPF national member federation (association) shall inform the IPF about the election of the President, Secretary and Treasurer.**

All affiliated Federations and their members shall recognize the Court of Arbitration for Sport in Lausanne as the only external body for jurisdiction.

Motion 5.1 withdraw by Luxembourg

A new member nation must be affiliated to the IPF before it can be affiliated to its regional federation.

Only those lifters who are members of their respective national **member** federation **or** association or ~~organization~~, can be considered eligible for membership.

8.3 Powers of the Executive

- 8.3.1 It shall be the governing body of the IPF between General Assemblies.
- 8.3.2 To maintain running control of the expenditure of the IPF, in accordance with the budget approved by the General Assembly.
- 8.3.3 It shall prepare a budget for the forthcoming year for presentation to the General Assembly.
- 8.3.4 Vacancies. In the event of the death, resignation or in case of inattention to duty by recommendation of the Disciplinary Committee, the various offices are to be filled as follows:
 - 8.3.4.1 President: The Vice President will succeed the President until the next General Assembly. At this General Assembly, the presidential successor shall be elected.
 - 8.3.4.2 Vice President: The Executive shall appoint a successor to serve until the next General Assembly.
 - 8.3.4.3 Secretary General and Treasurer: The Executive shall appoint a successor to serve until the next General Assembly.
- 8.3.5 To appoint the non-executive officers specified in 10.1 hereunder. The Executive shall also have the power to remove non-executive officers from office.
- 8.3.6 To administer the IPF Development Fund.
- 8.3.7 To amend the IPF Anti-Doping Rules upon consult with the Anti-Doping Commission.
- 8.3.8 To establish the commissions and panels as specified in the IPF Anti-Doping Rules, and to appoint the Chair and other members of each commission and panel established under this rule.
- 8.3.9 The IPF Executive Committee shall invite the Chair of the IPF Committees / Commissions to the discussion of issues that fall within the competence of their particular Committee / Commissions.
- 8.3.10 To negotiate and sign contracts with the equipment manufacturers. The terms of such contracts shall be not more than an election period.
- 8.3.11 Is responsible for implementing and monitoring the IPF Code of Ethics and a Business Plan.
- 8.3.12 To prepare and make a final decision on detailed IPF Calendar of Events for each year covering all major events as listed in item 101.8.5 of the By-Laws and item 2 under the heading GENERAL RULES OF POWERLIFTING of the Technical Rules.
- 8.3.13 To avoid having too long lasting championships based on the expected number of athletes in each World Championship, the Executive Committee may vary the composition of championships from that stated in item 2 of the Technical Rules. The Executive Committee may also, e.g. if required by the IOC as a condition of the IOC recognition, establish a new Major Events, like the Commonwealth Championships etc. and include them in the IPF Calendar of Events without a decision made in advance at the General Assembly for establishing such Major Events. The Executive

Committee shall inform annual General Assembly of the Calendar of Events and the host countries and cities of future championships.

Norway proposed an amendment to 8.3.13. Approved 46 – 1
Motion passes 47-0.

~~To avoid having too long lasting championships based on the expected number of athletes in each World Championship, the Executive Committee may vary the composition of championships from that stated in item 2 of the Technical Rules. The Executive Committee may also, e.g. if required by the IOC as a condition of the IOC recognition, establish a new Major Events, like the Commonwealth Championships etc. and include them in the IPF Calendar of Events without a decision made in advance at the General Assembly for establishing such Major Events. The Executive Committee shall inform annual General Assembly of the Calendar of Events and the host countries and cities of future championships.~~

IPF By-Laws

101.8.5 Championship Secretary

101.8.5.1 Shall maintain a Calendar of Events **decided by the Executive Committee** covering all major events for a period of not less than 24 months from the date of the Calendar.

In normal circumstances, all world and regional championships shall be allocated dates within the calendar that fall at approximately the same time each year. This principle shall be adhered to wherever possible. Regions are to allocate similar annual dates for their own regional events and may combine regional with world championships if they are hosts for the world event.

The major events in the IPF calendar are as follows:

101.8.5.1.1 World Championships for Sub-Junior and Junior (Men and Women), Men and Women (Open) and Masters (Men and Women) **and the University World Championships Cup for university students (Men and Women).**

101.8.5.1.2 World Cup.

101.8.5.1.3 World Games.

101.8.5.1.4 Other international events as approved.

The Championship Secretary, **upon consult with the Executive Committee**, shall ensure that major international events do not clash. If necessary, sanction may be refused in order to achieve an orderly calendar.

Motion 3: South Africa

Motion Passes 47 – 0

On behalf of the SAPF we propose the following for Congress in Luxembourg:

To be added in article 8.2 of the IPF Constitution that the Chairman of the IPF Technical Committee is a Member of the Executive Committee:

8.2 Executive

Elected Members:

- ♦ The President
- ♦ The Vice President
- ♦ The Secretary General
- ♦ The Treasurer

- ♦ A male or female member as a lifters' speaker (first time he or she is appointed by the Executive in 2013. From 2014 the male or female member will be proposed by the Athletes Commission and ratified by the General Assembly)
- ♦ A female member (first time she is appointed by the Executive in 2014. From 2015 the female member will be elected in electoral General Assemblies)
- ♦ **The Chairman of the IPF Technical Committee**
- ♦ Six members determined by the Regions (Continents).

There shall be at least a quorum of five members. In the event of an impasse (stalemate), the President shall cast the deciding vote.

Reason:

The Technical Committee is very important and where a lot of the technical decisions is made by the EC. So the TC Chairman would be suitable to be part of the decision process.

Motion 4: South Africa

Motion Passes 47 – 0

SA POWERLIFTING FEDERATION want to make the proposal to add Raw/Classic World Bench Press Championships for Open, Sub-Junior, Junior and Masters.

Technical Rules Book, GENERAL RULES OF POWERLIFTING

2. The IPF, through its member federations, conducts and sanctions the following World Championships:

Men's and Women's combined Open World Championships
Men's and Women's combined Sub-Junior & Junior World Championships
Men's and Women's combined Masters' World Championships
Men's and Women's combined Open, Junior & Sub-Junior Bench Press World Championships
Men's and Women's combined Masters' Bench Press World Championships
Men's and Women's combined Open, Junior & Sub-Junior Classic/Raw Powerlifting World Championships
Men's and Women's combined Masters' Classic/Raw Powerlifting World Championships (in 2014 and 2015 they will be held in conjunction with the World Classic/Raw Open & Junior & Sub-Junior Championships)
Men's and Women's combined Open, Sub-Junior, Junior and Masters World Classic/Raw Bench Press Championships

Reason:

All this proposals is because the demand for Raw lifting is huge around the world. It gives the lifters the opportunity to compete in both and only need to travel ones.

Motion 5: Australia

Motion Passes 47 – 0, except for the items with the strikethrough

8) ~~Elections~~

~~IPF Vice-President: Johnny Graham~~

9) ~~Amendments~~

(i) ~~Technical Rule 2 & 14 Future Championships Effective 2016 add "Men's and Women's combined Equipped Open, Junior and Sub-Junior Equipped Bench Press and Classic/Raw World, Championships"; add "Men's and Women's combined Equipped Masters Bench Press and Classic/Raw Bench Press World Championships".~~

~~Reason – Raw Lifting has produced enormous growth in IPF participation, is predominant in many or most nations and has produced the largest IPF meets in history. The demand for Raw World Bench Press Championships is great and obviously must be met. The simplest way to fulfil this is to fit the Raw division into the existing World Bench Press Championships. It is proposed that there be no bar on lifters competing in both Raw and Equipped at any Championship.~~

~~(ii) Technical Rule 2 and 14) Future Championships~~

~~—— Effective 2017 or 2018 — to read —~~

~~—— “Men’s and Women’s combined Classic/Raw Open World v Championships~~

~~—— Men’s and Women’s combined Classic/Raw Sub-junior and Juniors World Championships~~

~~Men’s and Women’s combined Classis/Raw Masters World Championships~~

~~Men’s and Women’s combined Equipped Sub-Junior, Junior, Open and Masters World Championships”~~

~~Reason – Raw lifting clearly is the choice of the Powerlifting world market and has opened up our sport to unprecedented growth. This trend is unstoppable and has already produced near-unmanageably large Raw Championships. The World Calendar must be rationalized and the numbers show that the three Equipped Championships can be contained in one event and the three Raw events can each stand alone. Aside from these issues of Calendar management, more fully leveraging the huge Raw market is essential for preventing further loss of IPF market standing~~

~~(iii) Technical Rule Sponsor’s Logos – “ ... no more than 5 cm x 2 cm”~~

~~Reason - the existing 10 cm. allowance for non-Approved logos allows for very prominent display of inappropriate material, especially on socks.~~

- (iv) ByLaws and also insert in Promoters Contract -- Create 105.3.7 “The Promoter at any international event shall ensure that there is a system of registering and monitoring Coaches such that all Coaches present in the warmup room or preparation area are identifiable and that no persons not so identifiable are in the warmup or preparation areas at any time during an event Session or warmup time i.e. 1 hour prior to the Session start time through to the exit to the Doping control station of athletes selected for testing”.

Reason – WADA has now released it’s first list of 120 suspended Coaches and Medical Personnel. The IPF has only 1 Coach on this (dis)honour roll, yet there are instances of coach involved tampering in IPF events where the offending Coach has not been firmly identifiable and thus has escaped penalty. Credibility with WADA and the IOC requires us to have an identification and control system for coaches, who are increasingly the focus of anti-doping strategies. Further, IPF and indeed virtually all credible sporting events require coach registration for safety and insurance purposes; we know who the lifters and Referees are for every Session and Coaches are equally important in terms of status, risk and presentation.

General Business — IPF to adopt the following documents —

- (i) Strategic Plan 2016-2018
- (ii) Codes Of Conduct for Coaches, Referees, Medical Personnel

Reason — Aside from the substantive value of such items, all and more in this format are essential for IOC recognition.

Motion 6: Luxembourg

Motion Amended and Passes 46 – 1

Red coloured text to be added in article 7.2.13 of the PF Constitution (**Powers of General Assembly**):

- 7.2.13 To consider and accept proposed changes to the Technical Rules. **Changes to the IPF Technical Rules will only take place every fourth years, the year before the elections. The next rules Assembly will take place in 2018. All proposed rules changes will be submitted to the following; the Executive Committee and the Technical Committee and to the General Assembly. Exemptions to this rule only-
~~be decided by the Executive Committee and the Technical Committee.~~
must be decided by the congress (Amendment from Denmark)**

Motion 7: Luxembourg

Item 103.2.1 of the By-Laws:

To raise the IPF membership fee (National affiliations annually) from Euro 400 to Euro **450**

Motion Fails: 14 – 32 – 1

Reason:

The increased fee will be used to mail a copy of the IPF Magazine to all of our member federations

Item 103.2.7 of the By-Laws:

To raise the Sanction fee for World Championships from Euro 1000 to Euro **1500**

Motion Fails: 27 – 14 – 2

Reason:

The increase in fees will be directed towards the promotion of our best athletes. The fee will go into effect during 2016.

Technical Rules Book

Accept new edited rule book. See attachment from France.

Item withdrawn

Referee

28. Registration:

(c) Technical Secretary at an international competition shall send a list in the form of Excel file to the IPF Referee Registrar of the participant referees immediately after a competition.

Technical Rules Book, pages 11 and 33

Add a new text to the end of the rule.

Personal Equipment

Suits – Non-supportive

Non-supportive

A non-supportive lifting suit shall be worn in competitions which are designated as Classic/Raw and may be worn in competitions which are designated as Equipped (in which a supportive lifting suit may instead be worn). The suit straps must be worn over the lifter's shoulders at all times in all lifts in all competitions.

Only non-supportive suits from manufacturers accepted onto the "Approved List of Apparel and Equipment for Use at IPF Competitions" shall be permitted for use in competitions. In addition, any such non-supportive suit from approved manufacturers must meet all the specifications of the IPF Technical Rules; non-supportive suit from approved manufacturers which breach any IPF Technical Rule shall not be permitted for use in competitions.

The non-supportive lifting suit must conform to the following specifications:

- (a) The suit shall be one-piece and form fitting without any looseness when worn.
- (b) The suit must be constructed entirely of fabric or a synthetic textile material, such that no support is given to the lifter by the suit in the execution of any lift.
- (c) The suit's material shall be of a single thickness, other than a second thickness of material of up to 12 cm x 24 cm allowed in the area of crotch.
- (d) There must be legs to the suit, extending a minimum of 3 cm and a maximum of 25 cm, from the top of the crotch down the inside of the leg, as measured when worn by the lifter in a standing position.
- (e) The suit may bear the logos or emblems
 - of the Approved manufacturer of the suit
 - of the lifter's nation
 - of the lifter's name
 - as per rule "Sponsor's Logos"
 - in national and lower level contests only, of the lifter's club or individual sponsor, where that logo or emblem has not otherwise been approved by the IPF.

Muslim women shall be allowed to wear a tight fit, non-supportive full body suit that covers the legs and the arms.

Technical Rules Book, page15

Add a new sub-item 4:

Wrists

1. Wrists wraps shall not exceed 1 m. in length and 8 cm in width. Any sleeves, and Velcro patches / tabs for securing must be incorporated within the one meter length. A loop may be attached as an aid to securing. The loop shall not be over the thumb or fingers during the actual lift.
2. Standard commercial sweat bands may be worn, not exceeding 12 cm in width. A combination of wrist wraps and sweat bands is not allowed.
3. A wrist covering shall not extend beyond 10 cm above and 2 cm below the center of the wrist joint and shall not exceed a covering width of 12 cm.
4. **Female Muslim lifter may wear Hijab (head scarf) while lifting.**

Proposed Amendment (Norway): All Women are allowed to wear tight fit, non-supportive full body suit that covers the legs and the arms.

Amendment Fails 13 – 26 – 1

Original Motion Passes 35 – 2 - 10

World and International Records

Page 31, paragraph 2: Add a new item 2 (h) as proposed by the red coloured text below, and renumber the existing item 2 (h) as to item 2 (g):

- (h) If a lifter is attempting to set a World Record in the Deadlift and is placed at the end of the round by virtue of a protest, the remaining lifters in the flight attempting the World Record will have to increase their attempt by 0.5 kg.
- (g) All records broken under the same conditions as that listed above shall be recognized and registered.

Motion Passes 35 – 2 - 10

General Proposal

11) New Member Applicants

Full members:

Solomon Islands (provisional member)

Ireland (provisional member)

El Salvador (provisional member)

All Accepted 47 – 0

Members still to be confirmed

Kuwait

Botswana

Slovenia

Nicaragua

Chile

Bolivia

Ivory Coast

Provisional members: Tuvalu, Afghanistan (currently suspended regarding doping failures), Lebanon, Dominican Republic, Pakistan, Ireland, El Salvador, Croatia, Cameroon, Egypt, Serbian Powerlifting Federation (Srpska Powerlifting Federacija);

12) Action on delinquent Nations

Afghanistan, Egypt and Nigeria

Afghanistan has paid their fines and remains a member of the IPF.

The federations in both Egypt and Nigeria are no longer members of the IPF. Both were voted out 47 – 0.

13) Hall of Fame

Ileja Strik – Netherlands

Wade Hooper USA

Alan Ferguson – South Africa

14) Future Championships

	2016			
30 January	Reykjavik International Games	IPF/EPF	Reykjavik	Iceland
TBA February	Nordic Junior Championships	NPF/EPF		Sweden
13 February	3rd Annual Aurora Sports Festival Invitational Bench Press Championships	NAPF	Aurora, CO	USA
07-12 March	EPF Classic Open, Junior & Sub Junior	EPF	Tartu	Estonia
13-17 April	European Junior and Sub Junior Powerlifting Championships	EPF	Malaga	Spain
19-23 April	World Master Bench Press Championships	IPF	Rodby	Denmark
10 -14 May	European Open Powerlifting Championships	EPF	Plzen	Czech Republic
18-21 May	World Open, Sub Junior & Junior Bench Press Championships	IPF	Potchefstroom	RSA
27-29 May	Arnold Sports Festival	SAPF	Johannesburg	RSA
19-26 June	IPF RAW/Classic World Powerlifting Championships - Sub Junior, Junior, Open and Masters	IPF	Killeen	USA
05 July	14th NAPF General Assembly	NAPF	Cancun	Mexico
06-09 July	14th Annual NAPF North American Regional Powerlifting Championships	NAPF	Cancun	Mexico
06-09 July	10th Annual NAPF Caribbean Regional Powerlifting Championships	NAPF	Cancun	Mexico
11-17 July	1st University Powerlifting World Championships	IPF	Minsk	Belarus
12-16 July	European Masters Powerlifting Championships	EPF	Plzen	Czech Republic
18-20 August	European Open Bench Press Championships	EPF	Rodby	Denmark
TBA August	NPF Congress - Nordic Open Powerlifting & Bench Press Championships	NPF/EPF		Denmark
29 Aug – 3 Sept	World Sub Juniors & Juniors Powerlifting Championships	IPF	Wraclaw	POL
08-10 Sept	Western European Powerlifting Championships	EPF		Italy
02-08 October	Men's and Women's Masters World Powerlifting Championships	IPF	Tallinn	EST
13-15 October	European Masters Bench Press Championships	EPF	Hamm	Luxembourg
13-19 November	Men's and Women's Powerlifting World Championships	IPF	Orlando	USA
17-19 November	10th Annual NAPF/FESUPO Pan-American Regional Bench Press Championships	NAPF	San Jose	Costa Rica
	2017			
TBA February	Nordic Junior Championships	NPF/EPF		Iceland
14-19 March	EPF Classic Open, Junior & Sub Junior Powerlifting Championships	EPF	Thisted	Denmark
04-08 April	European Juniors & Sub Juniors Powerlifting Championships	EPF		Czech Republic
19-22 April	World Masters Bench press Championships	IPF	Killeen / Texas	USA
10-14 May	European Open Powerlifting Championships	EPF	Malaga	Spain
23-27 May	World Open, Sub Junior & Juniors Bench press Championship	IPF	Kaunas	Lithuania
TBA June	IPF RAW Classics Powerlifting World Championships	IPF	Minsk	Belarus
TBA July	Asian Indoor Games	OCA/APF	Ashgabat	Turkmenistan
04 July	15th NAPF General Assembly	NAPF	Orlando, Florida	USA
05-08 July	15th Annual NAPF North American Regional Powerlifting Championships	NAPF	Orlando, Florida	USA
05- 08 July	11th Annual NAPF Caribbean Regional Powerlifting Championships	NAPF	Orlando, Florida	USA
05 - 08 July	16th Annual NAPF/FESUPO Pan-American Regional Powerlifting Championships	NAPF	Orlando, Florida	USA
11-15 July	European Masters Powerlifting Championships	EPF	Plzen	Czech Republic
20 - 30 July	IWGA World Games	IPF	Wroclaw	Poland
11-13 August	European Open Bench Press Championships	EPF	Ylitornio	Finland
TBA September	World Sub-Junior & Junior Championships	IPF	Orlando	USA

14-16 September	Western European Powerlifting Cup	EPF	Hamm	Luxembourg
06-07 October	Danube Cup	EPF	Venue Reques	
02-07 October	Men's and Women's Masters World Powerlifting Championships	IPF	Orebro	Sweden
13-15 October	European Masters Bench Press Championships	EPF	Malaga	Spain
13-19 November	Men's & Women's Powerlifting World Championships	IPF	Prague	Czech Repub
	2018			
TBA May	World Open, Sub Junior & Juniors Bench Press Championship	IPF	Koje - Bid	Japan
TBA June	RAW Classics Powerlifting World Championships	IPF	Denver - Bid Kaunas - Bid Calgary - Bid	USA Lithuania Canada
TBA November	Men's & Women's Powerlifting World Open Championships	IPF	Ufa - Bid	Russia

15) Any other Business

- **New contract signing with Eleiko.**
- **Social Project – Donation of Eleiko Equipment to Belarus.**
- **Special Olympics Presentation**
- **Hyatt Hotel – Orlando Presentation**
- **Referee request for Commonwealth Championships**

Closing Remarks – Gaston Parage

After my short report summarizing the activities of 2015 and the financial report and budget for 2016, I will now discuss our efforts in obtaining IOC recognition, how we're going to get there and what duties are required from each of us, to include the lifters, so that we may reach this strategic goal. Let me state this categorically: for us to fulfill the IOC requirements is not easy and costs money. It will take commitment, energy and resources. It will require more personnel, more work and more money. And we must communicate well and work together as one cohesive unit. I will now speak about specific areas of importance for the IOC recognition:

Media: We are working very hard in developing our media resources because the IOC Sports department is watching and assessing our organizations ability to deliver a quality product to the general public. Whether it be television, social media, online streaming or print media. The number of spectators that our sport attracts and interacts with, is important to the IOC to help them determine if we are a big sport with a lot of interest from both inside and outside our sport. They are looking at details such as how many responses we have on our social media pages – both at the IPF and Regional Level -- how many people are watching the streaming of our championships and how many people are reading our magazine. To improve this we need to spend money on media. This can no longer be a low priority or low budget area of the IPF. We need to continue to improve our media package and we need to spend money improving its quality and uptake. We are doing that now. We have increased the budget and the work on the magazine, online streaming, Facebook, Twitter, IPF webpage and the IPF App. But my question to each of you is how many of you are using these media the IPF is investing in? I am asking this because it is very important that you start interacting with the social media resources we're providing – Take advantage of them, they're YOUR resources. I am asking you to encourage your members, clubs, lifters and officials to use the IPF media resources. This is one of the ways you can help to bring the recognition forward.

Secondly, **Development in sport** is also very important to the IOC. Therefore we the IPF, have increased the budget and are spending a lot of money to further develop our sport. For example we are sending equipment and referees to regions in need, every year! My question to you is, are you doing this within your own regions! - are you spending money on the continuous development of your region and its member nations and local areas within? Please encourage your members and committees to get involved in development at the local and national levels. Try to improve facilities, competitions, venues, media coverage, equipment, personnel, training of coaches and referees etc. In yet another example of our efforts in sport development, we created and development of the La Manga Training Center. Have you talked within your national federations about this - to send coaches to the clinic? It is appropriate that you make decisions about sending members to this clinic not that IPF tries to recruit people to go there. Remember that the coach is the person with a lot of responsibilities. Many of our coaches don't have high level knowledge and experience. So you each member federation should jump the opportunity to improve the quality of coaching they bring back to your federation. This is another important matter for IOC recognition, so this is something that you can do to help. Regarding the **fight against doping** - We are spending a lot of time and money on this - Why? Because there has not been adequate activity by some nations and regions to fight against doping in their areas. Nations and regions are responsible to do more as this is a fundamental aspect of membership in the IPF - commitment to the fight against doping. The fight against doping is a priority for us for our ongoing relationship with the IWGA and the IOC. Of course we are fully compliant with the WADA code and this is a fundamental point of difference about the IPF. This costs a lot of money and takes a lot of work.

Professionalism: The work of the IPF is growing year by year and that is very good for us but that means we need more people working for us. We have Sacha, Sabine, Janie Soubliere and now Emanuel. He is doing a great job and he brings a lot forward and a lot of money to the IPF. That means we need not make a big story about it as it is important we have him on board as a Consultant who works for us. We have Eric Rupp now on board who is working on the Media matters. We need such a person for this, as media is very important for us and also for the IOC recognition. Believe me we know what we are doing and all is transparent about what is going on in IPF. We need a mentality to proceed forward step by step - that is what the IOC require. Because it doesn't stop at the achievement of IOC recognition. When we attain recognition we need to continue to go forward. This must be an ongoing process in our minds. The work we start must continue on. **The Entourage committee** was created and installed and it is working. Research has been made and this costs money too. It is also important to have people who have the knowledge for this. **The Media group** do a great job. Working from the morning through to the evening at World championships and other big events and on other media tasks and projects. Often they continue working on the media after they return to their countries. Can we expect them to pay their own accommodation and travel costs? They are all members of individual Federations. How many of you pay these people the costs of their travel? You should be proud of them that they have these positions and you should support them for their hard work. But I see that nobody takes care of them and so the IPF needs to recognize them and spend money on their costs. This goes for all committees as well - Technical, Medical, Anti-doping, Entourage, Coach, Media and Marketing, Lifters and Women's committee. They are always working but often they cannot meet together because they as individuals cant afford the travel costs and the IPF doesn't have enough money to pay for all of them. The problem is that the national Federations don't bring them to the important meetings we have twice a year. This is of course not good - it is necessary to have them in our

meetings in order to bring the sport forward. Please consider this and make provisions for these quality workers who volunteer. **To the regional federations**, I make the following comments: It has become evident that much of the time, lifters and officials are not being informed by their board members who have attended meetings, about the changes that have been made or what is going on. Rules that have been altered are not being followed everywhere and there are not enough doping controls in place. Therefore I have had to travel so much to the regions in order to make these things happen. Board and committee members, I ask you to please pass the information onto your officials and home federations and encourage them to work hard to follow all what we need to do for the IOC recognition. Another matter: We still have problems with **referees**. Firstly, there are not enough referees for some of our championships, which I have spoken and written about at length before. It is the responsibility of participating nations to provide sufficient referees to ensure we have plenty so that referees do not get overworked and exhausted. Then there is the problem of referees not knowing the rule changes. Why? Because the Federations are not distributing the information down the line and/or they are not organizing clinics for training and refresher courses for referees and people are simply not reading the rules after they have been changed. Please bring this to your Federations attention and encourage diligence in this area. Another issue needs to be addressed: Nations not taking part at the **banquet**. The only what the lifter get is medals and trophies and that should be the minimum you allow your lifters to taking their Cups they get awarded at the banquet. It should be the lifter and not an official who accepts the trophies and awards. In other sports this is not existing. All of you need doing efforts as you know if a lifter can get a trophy or not. All this is unprofessional and the duty of our nations. Your role to fulfill the part for the IOC recognition. **Member Nation Growth**: Our Regions need to keep growing with new member nations. This is work which must be done by the EC members of our regions. I suggest a small committee of one or two persons needs to look at the countries who are not yet members of your region to find out if Powerlifting is existing there or not. How many of you have worked on this? Please communicate with me about your progress in this area as this is very important for the IOC recognition. Now I will stop because I could just continue on like this explaining what we are doing and what needs to be done to improve. It is easy to ask when we will be IOC recognized? With all that I have told you now you should know the answer. Don't ask the IPF what it can do for you but ask the IPF what you can do for it. Only then can we can reach our goal together. I am willing to continue to work in this way. Are you ready too? In Puerto Rico I made my speech explaining all that I would be doing in my time as President and I stand here now confident that I have been keeping my promises. I have worked with the regions, nations and committees. I have been transparent and open. So much information has been added on the Presidents Corner, the Newsletter, the Webpage and by E-mail to the EC and the commissions. But how many of you have read it all? Why have many of your members not received notice of this information? How many of you have added a link to the Presidents Corner or to the Newsletter on your national or regional websites? How many of you have downloaded the IPF news APP, and invited your members to do so as well? Communication is vital. If someone doesn't know what is going on in the IPF, it is not because the true and accurate information is not readily available. I have communicated fully and frequently to the IPF community and have personally been in much contact with lifters, coaches and officials. The budget has been increased by double. We have more Sponsors now and that is essential to bring our sport forward. This was also a promise I made and have delivered.

But it is surely not helpful when member nations decide not follow our decisions or rules. Putting obstacles in the path towards our IOC recognition. I can just tell you that we do not accept this as the decisions from the congress and the technical rules need to be followed. There are sound reasons why such decisions are made and agreed upon and I ask people not to listen to someone on Facebook or forums and then think they need not follow our decisions. So that's enough for now. If you will all work on this then we will make a big step forward. Thank you all for coming. Thank you for giving me again your confidence to lead the IPF. I wish you all success with the championship. I am looking forward to good cooperation for the next 4 years. I cross my fingers and I hope we receive a good news around the middle of the next year for the IOC recognition. There is a lot of work to do. So let's do it together then we can reach our goal and only when all of us are working together on this will we be successful. Thank you. Gaston Parage, IPF President

16) Adjournment

The IPF President thanked all delegates for the constructive General Assembly. He thanked also all IPF sponsors who supports the IPF and the sport of powerlifting. The President closed the IPF General Assembly 2015 at 18:30pm