

**International Powerlifting Federation (IPF) Coach Licence Level II**

**At La Manga Club, Spain from 14 – 18 October 2015**

Sanctioned by the International Powerlifting Federation

And

Spanish Powerlifting Federation

Invites the IPF member nations to participate in the

IPF coach licence level II course 14th to 18th October 2015

**Please note:** All candidates must be selection by the IPF Member nations, all hotel bookings must be done by IPF-Member nations, NOT by individuals.

**Course Manager:** Ralph Farquharson - email : ralph@europowerlifting.org –

 Tel : +34 966 733 367 - Mobile +34 650041559

**Correspondence & Visa support :**  Ralph Farquharson – email: ralph@europowerlifting.org

 Tel : +34 966 733 367 - Mobile +34 650041559

**Accommodation & Transport:** Ralph Farquharson – email: ralph@europowerlifting.org

 Tel : +34 966 733 367 - Mobile +34 650041559

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**IPF President**: Gaston Parage, rue Pasteur, 1, L-4642 Differdange, Luxembourg

 mobile Phone : +352-621165214, Fax : +352-582696,

 email : Gaston.Parage@powerlifting-ipf.com

**Spanish Powerlifting Association:** PresidentLuis Tudela, e-mail: PresidenteAEP@gmail.com

 Phone: +34 620 715 280

**Host City :** La Manga Club Resort, 30389, Cartagena, (Murcia), Spain.

**Date:** 14 – 18 October 2015

**Venue** : IPF High Performance training centre, La Manga Club Resort, Spain.

Tel: +34 968 331 234

**Accommodation:** Los Lomas athlete’s village, La Manga club resort, 30389, Cartagena, (Murcia),

 Spain. Tel: +34 968 331 234

**COURSE FEE:** 650 EURO per person, include accommodation, airport transfer, course Manuel, Instruction, use of the LMC sport centre facilities, Successful candidates will receive IPF Diploma, and IPF membership card

**Course fee is payable to the following IPF Account:**

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| **Name of the account:** | International Powerlifting Federation |
| **Name of the Bank:** | Caisse d'Epargne de l'Etat du Luxembourg |
| **Account number:** | (IBAN) LU57 0019 1300 4802 3000 |
| **Bic Code:** | BCEELULL |
| **Address**: | Place de Metz L-2954 |
|  | Luxembourg |

Payment must be received at the above mentioned bank account at the latest 28 days prior to the beginning of the course..

The course fee including accommodation and airport transfer must be booked and paid at the latest with the deadline 15th September, cancellation of course. If not cancelled latest 28 days prior to the beginning of the course, federations have to pay the course fee including reserved accommodation.

Arrivals/Transportation:

Transport from Alicante airport to La Manga club resort is included in the course fee.

Please send your detailed travel itinerary to the Course Manager**:** Ralph Farquharson - email: ralph@europowerlifting.org Tel: +34 966 733 367 - Mobile +34 650041559, so that the transfer can be arranged.

Training facilities is available at the venue. **All candidate must bring with them their training kit, include shoe, belt, lifting suit, knee wraps or knee sleeves etc.**

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### Ralph Farquharson

### Course Manager