



OFFICIAL INVITATION

The International Powerlifting Federation

and

South African Powerlifting Federation

invite

the IPF member nations to participate in the

IPF 2026 World Classic & Equipped Sub-Junior & Junior

Powerlifting Championships

from 18th of August to 29th of August 2026

in Sun City, South Africa

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director:	Name:	Johan Hannie Smith
	Address:	Farm Elandsfontein 144 Fochville
	Phone:	+27825663433
	E-mail:	hannie.smith@powerlifting.sport
Correspondence, Visa:	Name:	Johan Hannie Smith
	Phone:	Farm Elandsfontein 144 Fochville
	E-mail:	hannie.smith@powerlifting.sport
Correspondence, Hotels:	Name:	Johan Hannie Smith
	Phone:	+27825663433
	E-mail:	hannie.smith@powerlifting.sport
Accommodation and transport:	Name:	Vicki Smith
	Phone:	+27824473848
	E-mail:	vickibotha@yahoo.com
Technical Secretary:	Name:	Vicki Smith
	Phone:	+27825663433

	E-mail:	vickibotha@yahoo.com
IPF Championship Secretary:	Name:	Pjotr van den Hoek
	Address:	3, route D' Arlon, L-8009 Strassen, Luxembourg
	Phone:	+31 644094698
	E-mail:	championshipsecretary@powerlifting.sport
Meet Updates & Meet Nomination Questions	Nominations: questions and information	<p>to the IPF Championship Team email (Pjotr van den Hoek and Nadezhda Churilova) via email and WhatsApp:</p> <p>championshipsecretary@powerlifting.sport</p> <p>https://chat.whatsapp.com/C1PH1hOxEMCGHdjTA0kEfx</p> 
	Event updates:	<p>note that updates will be shared via the IPF Calendar Events Coaches Chat (WhatsApp - https://chat.whatsapp.com/BTL33cyQZeoblR3fqNldB1) and via email.</p> 

Host City:	Sun City, South Africa
Date:	from 18 th of August to 29 th of August 2026
Venue:	SUN PARK – Sun City South Africa



Technical Meeting:	Place: SUN PARK – Sun City South Africa Date: 17 th of August 19:00
---------------------------	---

Hotels:	Name:	CABANAS HOTEL ***
	Rates:	Single room – R 3290 Double room – R 4560
	Name:	SUN CITY HOTEL ****
	Rates;	Single room – R 4895 Double room – R 6210
	Name;	CASCADES *****
	Rates;	Single room – R 5190 Double room – R 6545
	Name;	PALACE HOTEL *****
	Rates:	Single room – R 6120 Double room – R 7670
	All rates above include breakfast	

Note 1:

Each team is required to submit both the preliminary and final nomination forms to the IPF Championship Secretary and the Meet Director. Additionally, the team must be familiar with the rules for nominating referees and coaches, which are indicated and specified in the nomination form.

Note 2:

All athletes, coaches, referees and officials from each federation must stay in the official hotels for all days they require an accreditation for the event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship. The stay must include a minimum of two consecutive nights in the designated championship hotel. In exchange the athlete, coach, official and referee shall receive accreditation for a period of three days – the arrival, competition, and departure day.

All room reservations must be done through the Meet Director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

Note 3:

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline the organizer cannot guarantee the accommodation.

Payable by:

1. Bank transfer according to the invoice
Payment must be received at the bank account latest **at the issued payment deadline on the invoice.**
2. Payment by credit card or in cash (EUR) at **arrival.**

Bank Transfer to:	BASADIMOHO HOLDINGS First National Bank / South Africa Account nr: 62626771275 Branch Code: 250437 Swift Code: FIRNZAJJ149 / FIRNZAJJXXX First National Bank Shop 12 President Square Park Street Fochville 2515 Gauteng
--------------------------	---

International Airport for arrival:	Johannesburg International Airport
Arrivals/Transportation:	One way transport Euro 65 Both way's transport Euro 130
Transport to the venue:	Hotel Shuttles between Hotels & Venue – All day long
Scales:	Scales will be available at the official hotel, 24 hours. Scales will also be available at the venue, and at ALL hotels
Training:	In the Venue – 4 stations
Flag and anthem:	Will be provided by the Organizer.
Closing Banquet:	Place: King Ball room Conference Centre Sun City Date: Thursday 20 th August 2026 & Saturday 29 th August 2026 Price: Euro 45 Soft drinks included – Cash Bar The banquets tickets must be ordered with the preliminary nomination.

Payment must be done by Bank transfer according to the invoice.	
Participation Fee:	60 € for each lifter declared must be wired to the IPF bank account
Anti-Doping Fee:	75 € for each lifter declared must be wired to the IPF bank account
Coach Capitation Fee:	50 € for each nominated coach must be wired to the IPF bank account.
Health and Travel Insurance: All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organizer and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.	



Anti-Doping Information

For the IPF 2026 World Classic & Equipped Sub-Junior & Junior Powerlifting Championships

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All athletes and head coaches **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADEL](#)) in order to be able to compete. You must submit your completed certificate from ADEL with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
 - requirements for submitting whereabouts information
 - rights and responsibilities during [sample collection](#)
 - responsibility to avoid the use of prohibited substances and methods
 - consent to the use of your information
 - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom
5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are taking a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event

For all anti-doping related questions, please contact ipfantidoping@cces.ca.



Nominations:	Team nomination forms must be in the hands of the Meet Director and the IPF Championship Secretary not later than: 19 June 2026
Preliminary:	19 June 2026 complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).
Final:	28 July 2026 (later entries will not be accepted).

21 Days Before Technical Meeting: 28 July 2026 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms. If no withdrawal is made at least 21 days prior to the Technical Meeting of a World Championship or Cup, federations are obligated to pay for the reserved hotel rooms, participation, and doping fees for all lifters listed on the final nomination form (IPF By-Laws 14.4 and 14.5).

Correspondence: E-Mails regarding the championship must be sent to:
Meet Director and IPF Championship Secretary (Pjotr van den Hoek) – championshipsecretary@powerlifting.sport

PROVISIONAL TIME TABLE

Technical Meeting Date: Wednesday 17 August at 19.00 hrs

Opening Ceremony Date: Thursday 18 August at 13.30 hrs

Day	Classes		Start
Tuesday, 18.08.2026	Men SJr/Jr	53 - 66 kg equipped	09:00
	OPENING CEREMONY		13:30
	Women SJr/Jr	43 - 57 kg equipped	14:00
Wednesday, 19.08.2026	Women SJr/Jr	63 kg -76kg equipped	08:30
	Men SJr / Jr	74 kg – 93kg equipped	14:00
Thursday, 20.08.2026	Men SJr/Jr	105kg equipped	08:00
	Women SJr/Jr	84 - 84+ kg equipped	12:00
	Men SJr/Jr	120kg – 120+equipped	15:00
EQUIPPED BANQUET			20:00
Friday, 21.08.2026	Men SJr	53 – 59 kg Classic	08:00
	Women SJr	43 - 57 kg Classic	11:00
	Men SJr	66 kg classic	16:30
Saturday, 22.08.2026	Men SJr	74 kg classic	08:00
	Women SJr	63 kg classic	13:00
	Men SJr	83 kg classic	17:00
Sunday, 23.08.2026	Women SJr	69 – 76 kg classic	08:00
	Men SJr	93 - 105 kg classic	12:30
	Women SJr	84 -+84 kg classic	17:00
Monday, 24.08.2026	Men SJr	120 – +120 kg classic	08:00
	Women Jr	43 -52 kg classic	11:00
	Men Jr	53 - 59 kg classic	16:00
Tuesday, 25.08.2026	Women Jr	57 kg classic	09:00
	Men Jr	66 kg classic	14:00
Wednesday, 26.08.2026	Women Jr	63 kg Classic	09:00
	Men Jr	74 kg classic	14:00



Thursday, 27.08.2026	Women Jr	69 kg classic	09:00	
	Men Jr	83 kg classic	13:00	
Friday, 28.08.2026	Women Jr	76 kg classic	08:00	
	Men Jr	93 kg classic	12:00	
	Women Jr	84 - 84+ kg classic	18:00	
Saturday, 29.08.2026	Men Jr	105 kg classic	09:00	
	Men Jr	120 - 120+ kg classic	15:00	
	CLASSIC BANQUET		20:00	



Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According to Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on 17.8.2026 at 19:00 hrs. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Sigurjón Pétursson

Johan Hannie Smith

Johan Hannie Smith

President IPF

Meet Director

President nat. Fed.