



## OFFICIAL INVITATION

**The International Powerlifting Federation**

and

**Lithuanian Powerlifting Federation**

invite

the IPF member nations to participate in the

**IPF 2026 World Classic Open Powerlifting Championships**


**from 13<sup>th</sup> of June to 21<sup>th</sup> of June 2026**

**in Druskininkai, Lithuania**

**Please note:** all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

<b>Meet Director:</b>	Name:	<b>Domantas Barauskas</b>
	Address:	Naujakurių g. 51, Jonava, Lithuania
	Phone:	+370 682 12714
	E-mail:	domantas.barauskas@ljtf.lt
<b>Correspondence, Visa:</b>	Name:	<b>Gabija Dargytė</b>
	Phone:	+370 656 31550
	E-mail:	gabija.dargyte@ljtf.lt
<b>Correspondence, Hotels:</b>	Name:	<b>Brigita Trambavičiūtė</b>
	Phone:	+370 605 08981
	E-mail:	brigita.trambaviciute@gmail.com
<b>Accommodation and transport:</b>	Name:	<b>Brigita Trambavičiūtė</b>
	Phone:	+370 605 08981
	E-mail:	brigita.trambaviciute@gmail.com
<b>Technical Secretary:</b>	Name:	<b>Virgis Streleckis</b>
	Phone:	+370 605 95791



	E-mail:	<a href="mailto:v.streleckis@gmail.com">v.streleckis@gmail.com</a>
<b>IPF Championship Secretary:</b>	Name:	<b>Pjotr van den Hoek</b>
	Address:	3, route D'Arton, L-8009 Strassen, Luxembourg
	Phone:	+31 644094698
	E-mail:	<a href="mailto:championshipsecretary@powerlifting.sport">championshipsecretary@powerlifting.sport</a>
<b>Meet Updates &amp; Meet Nomination Questions</b>	Nominations: questions and information	<p>to the IPF Championship Team email (<b>Pjotr van den Hoek</b> and <b>Nadezhda Churilova</b>) via email and WhatsApp:</p> <p><a href="mailto:championshipsecretary@powerlifting.sport">championshipsecretary@powerlifting.sport</a></p> <p><a href="https://chat.whatsapp.com/C1PH1hOxEMCGHdjTA0kEfx">https://chat.whatsapp.com/C1PH1hOxEMCGHdjTA0kEfx</a></p> 
	Event updates:	<p>note that updates will be shared via the IPF Calendar Events Coaches Chat (WhatsApp - <a href="https://chat.whatsapp.com/BTL33cyQZeoBLr3fqNIdB1">https://chat.whatsapp.com/BTL33cyQZeoBLr3fqNIdB1</a>) and via email.</p> 

Host City:	Druskininkai, Lithuania
Date:	From 13 <sup>th</sup> of June to 20 <sup>th</sup> of June 2026
Venue:	LSC sports complex "Druskininkai", M. K. Čiurlionio street. 115A, Druskininkai



Technical Meeting:	Place: Grand Spa Conference hall Date: 12 <sup>th</sup> of June 2026 at 20:00
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Hotels:	Name:	Grand SPA Hotel
	Address:	V. Kudirkos g. 45, Druskininkai, 66120 Druskininkų sav.
	Phone:	+370 605 08981
	E-mail:	<a href="mailto:brigita.trambaviciute@gmail.com">brigita.trambaviciute@gmail.com</a>
	Webpage:	<a href="http://www.grandspa.lt/">www.grandspa.lt/</a>
	Rates:	132 EUR (single room – 1 person) incl. city tax 169 EUR (twin room – 2 persons) incl. city tax 251 EUR (triple room – 3 persons) incl. city tax
	Name:	Europa Royale
	Address:	Vilniaus al. 7 LT-66119, Druskinkinkai
	Phone:	+370 605 08981
	E-mail:	<a href="mailto:brigita.trambaviciute@gmail.com">brigita.trambaviciute@gmail.com</a>
	Webpage:	<a href="http://www.europaroyaledruskininkai.lt/">www.europaroyaledruskininkai.lt/</a>
	Rates:	98 EUR (single room – 1 person) incl. city tax 148 EUR (twin room – 2 persons) incl. city tax 212 EUR (triple room – 3 persons) incl. city tax 281 EUR (triple room – 4 persons) incl. city tax
	All rates above include breakfast	

**Note 1:**

**Each team is required to submit both the preliminary and final nomination forms to the IPF Championship Secretary, the Meet Director and the IPF Treasurer. Additionally, the team must be familiar with the rules for nominating referees and coaches, which are indicated and specified in the nomination form.**

**Note 2:**

**All athletes, coaches, referees and officials from each federation must stay in the official hotels for all days they require an accreditation for the event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship. The stay must include a minimum of two consecutive nights in the designated championship hotel. In exchange the athlete, coach, official and referee shall receive accreditation for a period of three days – the arrival, competition, and departure day. All room reservations must be done through the Meet Director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).**



**Note 3:**

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline the organizer cannot guarantee the accommodation.

**Payable by:**

1. Bank transfer according to the invoice  
Payment must be received at the bank account latest **at the issued payment deadline on the invoice.**
2. Payment by credit card (+1% fee) or in cash (EUR) at **arrival.**

<b>International Airport for arrival:</b>	<b>Vilnius Airport, Kaunas Airport</b>
<b>Arrivals/Transportation :</b>	110 EUR – 1 person/one way 110 EUR – 2 person/one way 110 EUR – 3 person/one way 40 EUR per person – 4-8 person/one way
<b>Transport to the venue:</b>	Free transport will be provided according to a proper transport schedule – schedule will be published in each hotel.
<b>Scales:</b>	Scales will be available at the official hotel, 24 hours. Scales will also be available at the venue, and at all official hotels
<b>Training:</b>	24/7 at LSC sports complex training Available to train at wam-up area after competition
<b>Flag and anthem:</b>	Will be provided by the Organizer.
<b>Closing Banquet:</b>	Place: Grand Spa conference hall Date: 2026-06-21 20:00h Price: 35 EUR  <b>The banquets tickets must be ordered until 2026-06-18</b>

<b>Payment must be done by Bank transfer according to the invoice.</b>	
<b>Participation Fee:</b>	60 € for each lifter declared must be wired to the IPF bank account
<b>Anti-Doping Fee:</b>	75 € for each lifter declared must be wired to the IPF bank account
<b>Coach Capitation Fee:</b>	50 € for each nominated coach must be wired to the IPF bank account.
<p>Health and Travel Insurance: All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organizer and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.</p>	



## Anti-Doping Information

### For the IPF 2026 World Classic Open Powerlifting Championships

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All athletes and head coaches **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADEL](#)) in order to be able to compete. You must submit your completed certificate from ADEL with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
  - requirements for submitting whereabouts information
  - rights and responsibilities during [sample collection](#)
  - responsibility to avoid the use of prohibited substances and methods
  - consent to the use of your information
  - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom
5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are taking a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event

For all anti-doping related questions, please contact [ipfantidoping@cces.ca](mailto:ipfantidoping@cces.ca).



<b>Nominations:</b>	<b>Team nomination forms must be in the hands of the Meet Director and the IPF Championship Secretary not later than: 14 April 2026</b>
<b>Preliminary:</b>	<b>14 April 2026 complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).</b>
<b>Final:</b>	<b>23 May 2026 (later entries will not be accepted).</b>

**21 Days Before Technical Meeting: 23 May 2026 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.** If no withdrawal is made at least 21 days prior to the Technical Meeting of a World Championship or Cup, federations are obligated to pay for the reserved hotel rooms, participation, and doping fees for all lifters listed on the final nomination form (IPF By-Laws 14.4 and 14.5).

Correspondence: E-Mails regarding the championship must be sent to:  
 Meet Director, IPF Championship Secretary (Pjotr van den Hoek) – [championshipsecretary@powerlifting.sport](mailto:championshipsecretary@powerlifting.sport)

<b><u>ACCREDITATION</u></b>	<p>According to the final accreditation form the organiser will produce the participation badges. The organiser will not issue any additional participation badge on site. The badges are available at the championship office in the venue or at the technical meeting. We will give out the badges per nation to the team manager and not to any participant.</p> <p>The organiser will provide an online database, where all nations must accredit their athletes, officials, referees and coaches and upload a photo for the participation badge. This is compulsory for every participant. Please use per Nation only the official E-Mail-address of the federation. For the access to the data base please the link as follows:</p> <p><a href="https://accreditation.powerlifting.sport/">https://accreditation.powerlifting.sport/</a></p>
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## Final TIMETABLE

**Technical Meeting**      Date: Friday 12 June 2026 at 20.00 hrs

**IPF General Assembly**      Date: 12 June 2026 at 10:00

**Opening Ceremony**      Date: 13 June 2026 at 13.45 hrs

Day	Weigh-in Time	Men/Women	Category	Start	End	Lifters
<b>Saturday, 13.06.26</b>	08:00 - 09:30	Men	59kg	10:00	13:00	<b>17</b>
		Opening	Ceremony	13:45	14:15	
	12:30 - 14:00	Women	47kg	14:30	17:30	<b>15</b>
<b>Sunday, 14.06.26</b>	08:00 - 9:30	Women	52kg B-Group	10:00	14:00	<b>14</b>
	08:00 - 09:30	Men	66kg B-Group	10:00	14:00	<b>9</b>
	13:00 - 14:30	Men	66kg A-Group	15:00	19:00	<b>8</b>
	13:00 - 14:30	Women	52kg A-Group	15:00	19:00	<b>8</b>
<b>Monday, 15.06.26</b>	08:00 - 09:30	Men	74kg B-Group	10:00	13:00	<b>16</b>
	11:30 - 13:00	Women	57kg B-Group	13:30	16:00	<b>13</b>
	15:00 - 16:30	Women	57kg A-Group	17:00	20:00	<b>8</b>
	15:00 - 16:30	Men	74kg A-Group	17:00	20:00	<b>8</b>
<b>Tuesday 16.06.26</b>	07:00 - 08:30	Women	63kg Group	09:00	12:30	<b>21</b>
	11:30 - 13:00	Men	83kg Group	13:30	17:30	<b>23</b>
<b>Eurosport</b>	17:00 - 18:30	Women	63kg A-Group	19:00	22:00	<b>8</b>
<b>Eurosport</b>	17:00 - 18:30	Men	83kg A-Group	19:00	22:00	<b>8</b>
<b>Wednesday, 17.06.26</b>	13:00 - 14:30	Men	93kg	15:00	19:00	<b>22</b>
<b>Thursday 18.06.26</b>	07:00 - 08:30	Men	105kg B-Group	9:00	12:00	<b>18</b>
	11:00 - 12:30	Women	69kg B-Group	13:00	16:00	<b>18</b>
	15:00 - 16:30	Women	69kg A-Group	17:00	20:00	<b>8</b>
	15:00 - 16:30	Men	105kg A-Group	17:00	20:00	<b>8</b>
<b>Friday 19.06.26</b>	11:00 - 12:30	Men Women	SOI ALL	13:00	14:30	<b>2</b>
	13:00 - 14:30	Women	76kg	15:00	19:00	<b>24</b>
<b>Saturday 20.06.26</b>	08:00 - 09:30	Men	120kg B-Group	10:00	13:30	<b>19</b>
	12:00 - 13:30	Women	84kg B-Group	14:00	17:00	<b>17</b>
	16:00 - 17:30	Women	84kg A-Group	18:00	21:00	<b>8</b>
	16:00 - 17:30	Men	120kg A-Group	18:00	21:00	<b>8</b>



<b>Sunday 21.06.26</b>	07:00 - 08:30	Women	84kg+ B-Group 120+kg C-Group	09:00	13:00	<b>5/5</b>
	07:00 - 08:30	Men	120kg+ B-Group	09:00	13:00	<b>11</b>
<b>EURO SPORT</b>	12:00 - 13:30	Women	84kg+ A-Group	14:00	17:00	<b>8</b>
<b>EURO SPORT</b>	12:00 - 13:30	Men	120kg+ A-Group	14:00	17:00	<b>8</b>
		<b>Closing banquet</b>		<b>20:00</b>		



### **Important Items to Remember**

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According to Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on 12.6.2026 at 20:00 hrs. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

**Indemnity & Insurance:** All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

**Sigurjón Pétursson**

**Domantas Barauskas**

**Domantas Barauskas**

**President IPF**

**Meet Director**

**President nat. Fed.**