



OFFICIAL INVITATION

The International Powerlifting Federation and South African Powerlifting Federation

invite

the IPF member nations to participate in the

World Masters Classic & Equipped Powerlifting Championships

From 10th October 2025 to 19th October 2025

in Protea Hotel Fire & Ice! by Marriott® Cape Town
South Africa

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director:	Name: Johan Hannie Smith Address: Elandsfontein 144 Fochville 2515 Phone: +27825663433 E-mail: hannie.smith@powerlifting.sport
Correspondence, Visa:	Name: Johan Hannie Smith Phone: +27825663433 E-mail: hannie.smith@powerlifting.sport
Accommodation and transport:	Name: Johan Hannie Smith Phone: +27825663433 E-mail: hannie.smith@powerlifting.sport
Technical Secretary:	Name: Vicki Botha Phone: +27824473848 E-mail: vickibotha@yahoo.com
IPF Championship Secretary:	Pjotr van den Hoek, 3, route D'Arlon, L-8009 Strassen, Luxembourg Mobile Phone: +31 644094698 E-mail: championshipsecretary@powerlifting.sport
Host City:	Protea Hotel Fire & Ice! by Marriott® Cape Town South Africa
Date:	Date from – to 10 th October 2025 –19 th October 2025
Venue:	Protea Hotel Fire & Ice! by Marriott® Cape Town
Technical Meeting:	9 th October 2025, 19:00, Protea Hotel



Hotels

Note 1:

All athletes, coaches, referees, or officials from each National Member Federation must stay in the official hotel for all days in attendance at the Event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that Event. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

Note 2:

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline the organizer cannot guarantee the accommodation.

SKY HOTEL:

Standard Single Queen – R3215 – (Bed and Breakfast) 1 Person only

Standard Double / Twin Rooms – R 3475 – (Bed and Breakfast) 2 Persons only

Bunk Rooms Triple – R 4280 – (Bed and Breakfast) 3 Persons only

Protea Hotel:

Single Room R 4251 (Bed and Breakfast) 1 Person only

Double Room /Twin room R 4640 (Bed and Breakfast) 2 Persons only

Payable by:

1. Bank transfer according the invoice
Payment must be received at the bank account
latest **at the issued payment deadline on the invoice.**

Bank Transfer to BASADIMOHO HOLDINGS

First National Bank / South Africa

Account nr: 62626771275

Branch Code: 250437

Swift Code: FIRZAJJ149 / FIRZAJJXXX

First National Bank

Shop 12 President Square Park Street Fochville 2515 Gauteng

2. Payment by credit card or in cash (EUR) (US\$) at **arrival according to the exchange rate.**



for arrival:	Cape Town International Airport South Africa
Arrivals/Transportation:	Cape Town International Airport South Africa Transport will be by Bus & Mini Bus to Protea Hotel Cape Town Euro 30 ONE WAY per person. Euro 60 both ways.
Transport between Hotel and Venue will be provided.	
Scales:	Scales will be available at the Venue 24 hours.
Training:	Will be in the Competition Hall. 3 Training stations will be available. Training stations open all day. No music to be played while you train.
Flag and anthem:	Will be provided by the Organizer.
Closing Banquet:	Protea Hotel, 20h00 Euro 45 - Soft drinks included The banquets tickets must be ordered with the preliminary nomination. Payment must be done by Bank Transfer or Cash at the Competition Office in the Venue.
Participation Fee:	60 € for each lifter declared must be wired to the IPF bank account
Anti-Doping Fee:	75 € for each lifter declared must be wired to the IPF bank account
Coaches Fee:	50 € for each Nominated Coach
Health and Travel Insurance: All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.	

Anti-Doping Information:

For the:

World Open, Sub-Junior, Junior & Masters Classic & Equipped Bench Press Championships

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).



3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

Only Sub-Junior & Junior athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. You must submit your completed certificate from Adel with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
- requirements for submitting whereabouts information
 - rights and responsibilities during [sample collection](#)
 - responsibility to avoid the use of prohibited substances and methods
 - consent to the use of your information
 - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom

5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are take a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact ipfantidoping@cces.ca.

Nominations:	Team nomination forms must be in the hands of the Meet Director and the IPF Championship Secretary not later than: 11th August 2025
Preliminary:	11th August 2025 complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).
Final:	19th September 2025 (later entries will not be accepted).

21 Days Before Technical Meeting: 19th September 2025 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms. If not, any withdrawal is made 21 days prior to the Technical Meeting of a World Championship or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form (IPF By-Laws 14.4 and 14.5)

Correspondence: E-Mails regarding the championship must be sent to:

Meet Director and IPF Championship Secretary Gaston Parage – Gaston.Parage@powerlifting.sport



Provisional time Table: IPF World Master's Classic & Equipped Powerlifting Championships 2025
Protea Hotel
Technical Meeting Thursday 9th October 2025 19:00

CLASSIC POWERLIFTING										
<i>Day</i>		<i>Weight-in time</i>	<i>Start</i>	first platform						
				<i>age category</i>	<i>classes</i>					
Friday	10 th OCT	07:00 – 08:30	09:00	Men M4	59 – +120kg					
				OPENING CEREMONY						
		10:00 – 11:30	12:00	Women M4	47 – +84kg					
		13:00 – 14:30	15:00	Men M3	59 - 83kg					
Saturday	11 th Oct	07:00 – 08:30	09:00	Women M3 – M4	47kg – 63kg					
					10:00 -11:30	12:00	Women M3 – M4	69kg - 76kg		
					13:00 – 14:30	15:00	Women M3 – M4	84kg - +84kg		
Sunday	12 th OCT	07:00 – 08:30	09:00	Men M3	93 – +120kg					
					11:00 – 12:30	13:00	Women M2	47 - 57kg		
					15:00 – 16:30	17:00	Men M2	59 – 74kg		
Monday	13 th OCT	07:00 – 08:30	09:00	Men M2	83 -93kg					
					11:00 -12:30	13:00	Women M2	63 --+84kg		
					15:00 16:30	17:00	Men M2	105 - +120kg		
Tuesday	14 th OCT	07:00 – 08:30	09:00	Men M1	59 – 74kg					
					11:00 – 12:30	13:00	Women M1	47 – 63kg		
					15:00 – 16:30	17:00	Men M1	83kg		
Wednesday	15 th OCT	07:00 – 08:30	09:00	Men M1	93kg					

		11:00 -12:30	13:00	Women M1	69 -76kg		
		15:00 – 16:30	17:00	Men M1	105 kg		
Thursday	16 th OCT	08:00 – 09:30	10:00	Women M1	84 – +84kg		
		11:00 – 12:30	13:00	Men M1	120 – 120+kg		
		Classic Banquet		Protea Hotel	19:00		
				Equipped Powerlifting			
Friday	17 th OCT	07:00 – 08:30	09:00	Men M4	59 – +120kg		
		11:00-12:30	13:00	Women M3 – M4	47 -+84kg		
		13:00 – 14:30	15:00	Men M3	59 -+120kg		
Saturday	19 th OCT	07:00 – 08:30	09:00	Men M2	59 – 93kg		
		10:00 – 11:30	12:00	Women M2	47 – +84kg		
		14:00 – 15:30	16:00	Men M2	105 – +120kg		
Sunday	19 th OCT	07:00 – 08:30	09:00	Men M1	59 – 93kg		
		10:00 – 11:30	12:00	Women M1	47 - +84kg		
		14:00 – 15:30	16:00	Men M1	105 - +120kg		
			20:00	Closing banquet			



Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on **10th October 2025 at 19h00**. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Sigurjon Petursson
Interim President IPF

Johan Hannie Smith
Meet Director

Johan Hannie Smith
President nat. Fed.