



## OFFICIAL INVITATION

**The International Powerlifting Federation**  
and  
**South African Powerlifting Federation**  
invite

the IPF member nations to participate in the

**World Masters Classic & Equipped Powerlifting Championships**

**From 10<sup>th</sup> October 2025 to 19<sup>th</sup> October 2025**

in **Protea Hotel Fire & Ice! by Marriott® Cape Town**  
**South Africa**

**Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.**

<b>Meet Director:</b>	Name: Johan Hannie Smith Address: Elandsfontein 144 Fochville 2515 Phone: +27825663433 E-mail: <a href="mailto:hannie.smith@powerlifting.sport">hannie.smith@powerlifting.sport</a>
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<b>Correspondence, Visa:</b>	Name: Johan Hannie Smith Phone: +27825663433 E-mail: <a href="mailto:hannie.smith@powerlifting.sport">hannie.smith@powerlifting.sport</a>
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<b>Accommodation and transport:</b>	Name: Johan Hannie Smith Phone: +27825663433 E-mail: <a href="mailto:hannie.smith@powerlifting.sport">hannie.smith@powerlifting.sport</a>
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<b>Technical Secretary:</b>	Name: Vicki Botha Phone: +27824473848 E-mail: <a href="mailto:vickibotha@yahoo.com">vickibotha@yahoo.com</a>
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<b>IPF Championship Secretary:</b>	<b>Pjotr van den Hoek</b> <a href="mailto:championshipsecretary@powerlifting.sport">championshipsecretary@powerlifting.sport</a> +31644094698
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**Host City:** Protea Hotel Fire & Ice! by Marriott® Cape Town South Africa



**Date:** Date from – to 10<sup>th</sup> October 2025 –19<sup>th</sup> October 2025

**Venue:** Protea Hotel Fire & Ice! by Marriott® Cape Town

**Technical Meeting:** 9<sup>th</sup> October 2025, 19:00, Protea Hotel

## **Hotels**

### **Note 1:**

All athletes, coaches, referees, or officials from each National Member Federation must stay in the official hotel for all days in attendance at the Event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that Event. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

### **Note 2:**

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

**All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline the organizer cannot guarantee the accommodation.**

## **SKY HOTEL:**

Standard Single Queen – R3215 – (Bed and Breakfast) 1 Person only  
Standard Double / Twin Rooms – R 3475 – (Bed and Breakfast) 2 Persons only  
Bunk Rooms Triple – R 4280 – (Bed and Breakfast) 3 Persons only

## **Protea Hotel:**

Single Room R 4251 (Bed and Breakfast) 1 Person only  
Double Room /Twin room R 4640 (Bed and Breakfast) 2 Persons only

### **Payable by:**

1. Bank transfer according the invoice  
Payment must be received at the bank account  
latest **at the issued payment deadline on the invoice.**

### **Bank Transfer to BASADIMOHU HOLDINGS**

**First National Bank / South Africa**  
**Account nr: 62626771275**  
**Branch Code: 250437**  
**Swift Code: FIRNZAJJ149 / FIRNZAJJXXX**  
**First National Bank**  
**Shop 12 President Square Park Street Fochville 2515 Gauteng**



2. Payment by credit card or in cash (EUR) (US\$) at **arrival according to the exchange rate.**

<b>International Airport for arrival:</b>	Cape Town International Airport South Africa
<b>Arrivals/Transportation:</b>	Cape Town International Airport South Africa Transport will be by Bus & Mini Bus to Protea Hotel Cape Town Euro 30 ONE WAY per person. Euro 60 both ways.
Transport between Hotel and Venue will be provided.	
<b>Scales:</b>	Scales will be available at the Venue 24 hours.
<b>Training:</b>	Will be in the Competition Hall. 3 Training stations will be available. <b>Training stations open all day.</b> No music to be played while you train.
<b>Flag and anthem:</b>	Will be provided by the Organizer.
<b>Closing Banquet:</b>	Protea Hotel, 20h00 Euro 45 - Soft drinks included  <b>The banquets tickets must be ordered with the preliminary nomination.</b> <b>Payment must be done</b> by Bank Transfer or Cash at the Competition Office in the Venue.
<b>Participation Fee:</b>	60 € for each lifter declared must be wired to the IPF bank account
<b>Anti-Doping Fee:</b>	75 € for each lifter declared must be wired to the IPF bank account
<b>Coaches Fee:</b>	50 € for each Nominated Coach
<b>Health and Travel Insurance:</b> All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.	

**Anti-Doping Information:**

For the:

**World Open, Sub-Junior, Junior & Masters Classic & Equipped Bench Press Championships**



1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

Only Sub-Junior & Junior athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. You must submit your completed certificate from Adel with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
  - requirements for submitting whereabouts information
  - rights and responsibilities during [sample collection](#)
  - responsibility to avoid the use of prohibited substances and methods
  - consent to the use of your information
  - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom
5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you take a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact [ipfantidoping@cces.ca](mailto:ipfantidoping@cces.ca).

<b>Nominations:</b>	Team nomination forms must be in the hands of the Meet Director and the IPF Championship Secretary not later than: <b>11<sup>th</sup> August 2025</b>
<b>Preliminary:</b>	<b>11<sup>th</sup> August 2025 complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).</b>
<b>Final:</b>	<b>19<sup>th</sup> September 2025 (later entries will not be accepted).</b>

**21 Days Before Technical Meeting: 19<sup>th</sup> September 2025 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.** If not, any withdrawal is made 21 days prior to the Technical



Meeting of a World Championship or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form (IPF By-Laws 14.4 and 14.5)

Correspondence: E-Mails regarding the championship must be sent to:

Meet Director and IPF Championship Secretary Gaston Parage – [Gaston.Parage@powerlifting.sport](mailto:Gaston.Parage@powerlifting.sport)

## Provisional time Table: IPF World Master’s Classic & Equipped Powerlifting Championships 2025

**Protea Hotel**

**Technical Meeting Thursday 9<sup>th</sup> October 2025 19:00**

<b>CLASSIC POWERLIFTING</b>							
<i>Day</i>		<i>Weight-in time</i>	<i>Start</i>	first platform			
				<i>age category</i>	<i>classes</i>		
Friday	10 <sup>th</sup> OCT	07:00 – 08:30	09:00	Men M4	59 – +120kg		
				<b>OPENING CEREMONY</b>			
		10:00 – 11:30	12:00	Women M4	47 – +84kg		
		13:00 – 14:30	15:00	Men M3	59 - 83kg		
Saturday	11 <sup>th</sup> Oct	07:00 – 08:30	09:00	Women M3	47kg – 63kg		
		10:00 -11:30	12:00	Women M3	69kg - 76kg		
		13:00 – 14:30	15:00	Women M3	84kg - +84kg		
Sunday	12 <sup>th</sup> OCT	07:00 – 08:30	09:00	Men M3	93 – +120kg		
		11:00 – 12:30	13:00	Women M2	47 - 63kg		
		15:00 – 16:30	17:00	Men M2	59 – 74kg		
Monday	13 <sup>th</sup> OCT	07:00 – 08:30	09:00	Men M2	83 -93kg		
		11:00 -12:30	13:00	Women M2	69 -+84kg		
		15:00 16:30	17:00	Men M2	105 - +120kg		
Tuesday	14 <sup>th</sup> OCT	07:00 – 08:30	09:00	Men M1	59 – 74kg		

		11:00 – 12:30	13:00	Women M1	47 – 63kg		
		15:00 – 16:30	17:00	Men M1	83kg		
Wednesday	15 <sup>th</sup> OCT	07:00 – 08:30	09:00	Men M1	93kg		
		11:00 -12:30	13:00	Women M1	69 -76kg		
		15:00 – 16:30	17:00	Men M1	105 kg		
Thursday	16 <sup>th</sup> OCT	08:00 – 09:30	10:00	Women M1	84 – +84kg		
		11:00 – 12:30	13:00	Men M1	120 – 120+kg		
		<b>Classic Banquet</b>		Protea Hotel	19:00		
				<b>Equipped Powerlifting</b>			
Friday	17 <sup>th</sup> OCT	07:00 – 08:30	09:00	Men M4	59 – +120kg		
		11:00-12:30	13:00	Women M3 – M4	47 -+84kg		
		13:00 – 14:30	15:00	Men M3	59 -+120kg		
Saturday	19 <sup>th</sup> OCT	07:00 – 08:30	09:00	Men M2	59 – 93kg		
		10:00 – 11:30	12:00	Women M2	47 – +84kg		
		14:00 – 15:30	16:00	Men M2	105 – +120kg		
Sunday	19 <sup>th</sup> OCT	07:00 – 08:30	09:00	Men M1	59 – 93kg		
		10:00 – 11:30	12:00	Women M1	47 - +84kg		
		14:00 – 15:30	16:00	Men M1	105 - +120kg		
			<b>20:00</b>	<b>Closing banquet</b>			

### **Important Items to Remember**

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.



- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on **10th October 2025 at 19h00**. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

**Indemnity & Insurance:** All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

**Sigurjon Petursson**  
President IPF

**Johan Hannie Smith**  
Meet Director

**Johan Hannie Smith**  
President nat. Fed.