

**OFFICIAL INVITATION**  
**The International Powerlifting Federation**  
and  
**Romanian Powerlifting Federation**  
invite  
the IPF member nations to participate in the  
**World Open Equipped Powerlifting Championships**  
**from 10<sup>th</sup> to 16<sup>th</sup> November 2025**  
**in Cluj Napoca / Romania**

**Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.**

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<b>Technical Secretary:</b>	Name: Daniel Ordean Phone: +40765928846 E-mail: <a href="mailto:romania.powerlifting@gmail.com">romania.powerlifting@gmail.com</a>
<b>IPF Championship Secretary:</b>	Pjotr van den Hoek, 3, route D'Arion, L-8009 Strassen, Luxembourg Mobile Phone: +31 644094698 E-mail: <a href="mailto:championshipsecretary@powerlifting.sport">championshipsecretary@powerlifting.sport</a>
<b>Host City:</b>	Cluj Napoca/Romania
<b>Date:</b>	Date from 10 <sup>th</sup> to 16 <sup>th</sup> November 2025.
<b>Venue:</b>	GRAND HOTEL ITALIA, Vasile Conta Str. No. 2, 400479 ; Cluj-Napoca
<b>Technical Meeting:</b>	<b>Sunday 09<sup>th</sup> November at 20:00 at</b> the Grand Hotel Italia

## **Hotel Information:**

Please use *Accommodation\_Hotel\_booking\_form* to book rooms.

Hotel rooms at Grand Hotel Italia are limited and in the city there is a concert for which there are a lot of rooms requested at other hotels. For this reason we strongly recommend to make the reservations as soon as you can.

Grand Hotel Italia will confirm the requests in base of availability until it will be fully booked, the request that will arrive after Grand Hotel Italia will be fully booked will be managed at Golden Tulip Hotel \*\*\*\*

## **Option date for reservations : 08.09.2025 .**

After this date hotels will only confirm accommodation in base of availability

**Payment conditions** : Final Invoice until 15.10.2025. Rooms not paid before this date will not be confirmed.

## **Accommodation Rates :**

Single room	120 €/night/room incl. breakfast and taxes
Double room	140 €/night/room incl. breakfast and taxes
Triple room	180 €/night/room incl. breakfast and taxes

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Banquet : 40 euro (VAT included)

## **Hotel Reservation information:**

### **Note 1:**

All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

### **Note 2:**

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

**All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline the organizer cannot guarantee the accommodation.**

## **Payable by :**

1. Bank transfer (all the informatins bellow will be on the invoice issued by the hotel)  
Address :  
Swift/bic code :  
IBAN :
2. Payment by credit card (All major Credit Cards will be accepted)

**International Airport for arrival:** Cluj Napoca “Avram Inacu” International Airport

**Airport Transportation (Arrivals/Departures):** The cost of transportation to and from the Cluj Napoca Airport to the Grand Hotel Italia is 20 Euro/ person/ one way.

Payment must be made at latest 14 days prior to the beginning of the Championship (Oct 27-th 2025).

Please send the itinerary of your journey and all the transfer details (date and time of arrival, flight number, number of persons, contact and invoicing details, observations, etc.) to Valentin Rusandu – e-mail: cell: +40774041372.

Please note that once the transfer service is ordered it is automatically confirmed and you must pay for it even though you decide not to use it.

Transport services can also be ordered directly to the carrier from other airports or locations than the one mentioned (Cluj Napoca Airport), but in this case, the rates will be calculated specifically for each request, and the confirmation of the availability of the transport services will be made by the carrier for each individual situation.

Transportation fee must be paid in advance to organizer bank account and the currency used for invoicing is euro. Payment must be made on the bank account mentioned by the invoice at latest 14 days prior to the beginning of the Championship.

**Transport from Hotel to Venue:** same place

**Scales:** Scales will be available at the official hotels, 24 hours.

A Scale will also be available at the venue.

The Scales will be available minimum 2 days prior to the first competition day.

**Training:** After the end of the competitions, the training area will remain open until 22:00 in the evening

**Flag and anthem:** Will be provided by the Organizer.

**Closing Banquet:** Sunday 16<sup>th</sup> November at 20:00 at Grand Hotel Italia.

Free transport will be provided from the hotels to Banquet and return.

**Price Banquet Ticket: 40 EUR €**

**The banquets tickets must be ordered/reserved and sent with the preliminary nomination.**

**Participation Fee:** 60 € for each lifter declared must be wired to the IPF bank account.

**Anti-Doping Fee:** 75 € for each lifter declared must be wired to the IPF bank account.

**Coach Capitation Fee:** 50 € for each nominated coach must be wired to the IPF bank account.

**Health and Travel Insurance:** All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.

### Anti-Doping Information:

For the:

#### World Open Equipped Powerlifting Championships

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. You must submit your completed certificate from Adel with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
  - requirements for submitting whereabouts information
  - rights and responsibilities during [sample collection](#)
  - responsibility to avoid the use of prohibited substances and methods
  - consent to the use of your information
  - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom
5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are take a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact [ipfantidoping@cces.ca](mailto:ipfantidoping@cces.ca).

<b>Nominations:</b>	Team nomination forms must be in the hands of the Meet Director and the IPF Championship Secretary not later than: see below
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<b>Preliminary:</b>	<b>11<sup>th</sup> September 2025</b> complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).
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<b>Final:</b>	<b>20<sup>st</sup> October 2025</b> (later entries will not be accepted).
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**21 Days Before Technical Meeting: 20<sup>st</sup> October 2025 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.** If not, any withdrawal is made 21 days prior to the Technical Meeting of a World Championship or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form (IPF By-Laws 14.4 and 14.5)

Correspondence: E-Mails regarding the championship must be sent to:

Meet Director and IPF Championship Secretary Pjotr van den Hoek [championshipsecretary@powerlifting.sport](mailto:championshipsecretary@powerlifting.sport)

**Please take note of IPF By-Law 14.4:**

**All accredited athletes, coaches, referees, and officials from each federation must stay in the official hotel for all days they require an accreditation for the event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship.**

**For all championships, to receive accreditation, each athlete, coach, official or referee must stay in the designated championship hotel(s) for a minimum of two nights. In exchange the athlete, coach, official and referee shall receive accreditation for a period of three days – the arrival, competition, and departure day.**

<https://www.romaniapowerlifting.ro/worlds2025/>

**Provisional Timetable**

**Technical Meeting:** Sunday, 09<sup>th</sup> November 2025 – 20:00

**Opening Ceremony:** Monday, 10<sup>th</sup> November 2025 – 12:30

Day	Weigh-in Time	Men/Women	Category	Start	End
Monday, 10.11.25		<b>Opening</b>	<b>Ceremony</b>	12:30	13:00
	11:00 - 12:30	Women	47kg	13:00	16:00
	14:00 – 15:30	Men	59kg	16:00	19:30
	14:00 - 15:30	Women	52kg	16:00	19:30
Tuesday, 11.11.25	09:00 - 10:30	Men	66kg	11:00	13:30
	12:00 - 13:30	Women	57kg	14:00	17:00
Wednesday, 12.11.25	09:00 - 10:30	Men	74kg	11:00	14:00
	13:30 - 15:00	Men	83kg	15:30	18:30
Thursday, 13.11.25	12:30 - 14:00	Women	63kg B-Group	14:30	17:30
	12:30 - 14:00	Men	93kg B-Group	14:30	17:30
<b>Eurosport</b>	<b>17:00 - 18:30</b>	<b>Women</b>	<b>63kg A-Group (8)</b>	<b>19:00</b>	<b>22:00</b>
<b>Eurosport</b>	<b>17:00 - 18:30</b>	<b>Men</b>	<b>93kg A-Group (8)</b>	<b>19:00</b>	<b>22:00</b>
Friday, 14.11.25	09:00 - 10:30	Women	69kg B-group	11:00	13:30
	12:30 - 14:00	Men	105kg B-group	14:30	17:00
	15:30 - 17:00	Women	69kg B-group	17:30	20:30
	15:30 - 17:00	Men	105kg B-group	17:30	20:30
Saturday, 15.11.25	08:00 – 9:30	Men/Women	Special Olympics All Categories	10:00	13:30
	12:00 – 13:30	Women	76kg	14:00	17:00
	15:30 – 17:00	Men	120kg	17:30	20:30
Sunday, 16.11.25	08:00 - 9:30	Momen	84kg B- Group, 84+kg	10:00	14:00
	08:00 - 9:30	Men	120+ kg B-Group	10:00	14:00
<b>Eurosport</b>	<b>13:00 - 14:30</b>	<b>Women</b>	<b>84kg A-Group (8)</b>	<b>15:00</b>	<b>18:00</b>
<b>Eurosport</b>	<b>13:00 - 14:30</b>	<b>Men</b>	<b>120+kg A-Group (8)</b>	<b>15:00</b>	<b>18:00</b>

			Closing Banquet	20:00	
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### **Important Items to Remember**

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)
- If challenged, the National Federation may be required to provide evidence of an athlete's total during the previous 12 months.

According to the Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on 9<sup>th</sup> November 2025 at 20:00hrs. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

**Indemnity & Insurance:** All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

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**Sigurjón Pétursson**  
Interim President  
International Powerlifting Federation

**Ovidiu Panazan**  
President  
Romanian Powerlifting Federation

**Alin Tomus**  
Meet Director