

**WORLD OPEN, SUB-JUNIOR, JUNIOR & MASTERS CLASSIC & EQUIPPED BENCH PRESS CHAMPIONSHIPS
DRAMMEN, NORWAY - 18th - 24th May 2025**

CLASSIC

PLATFORM 1

Groups	Weigh-in time	Sex	Category	# athletes	Start	End
Sunday 18.5.25						
2	07:00	W	M3 all	38	09:00	11:00
2	10:00	W	M4 all, M2 47,52,57	24	12:00	13:24
2	12:30	W	M2 63, 69, 76, 84	29	14:30	16:06
2	14:30	W	M2 84+, M1 47, 52, 57, 63	29	16:30	18:18
2	17:00	W	M1 69, 76, 84, 84+	36	19:00	20:45
Monday 19.5.25						
2	07:00	W	Subjr ALL	32	09:00	10:20
2	09:00	W	Jr 43, 47, 52, 57, 63	31	11:00	12:39
2	11:15	W	Jr 69, 76, 84, 84+	28	13:15	14:57
2	13:30	M	Subjr 53, 59, 66, 74	31	15:30	17:00
2	15:30	M	Subjr 83, 93, 105, 120, 120+	31	17:30	19:15
2	18:00	M	Jr 105, 120, 120+	26	20:00	21:10
Tuesday 20.5.25						
2	10:00	W	OPEN 47, 52, 57	25	12:00	13:42
2	12:30	M	OPEN 59, 66, 74	29	14:30	16:00
2	14:30	W	OPEN 63, 69	31	16:30	18:18
1	17:00	M	OPEN 83	14	19:00	19:48
Wednesday 21.5.25						
2	09:00	M	OPEN 93, 105	34	11:00	12:51
2	11:30	W	OPEN 76, 84, 84+	28	13:30	15:09
2	14:00	M	OPEN 120, 120+	27	16:00	17:33

PLATFORM 2

Groups	Weigh-in time	Sex	Category (number of athletes)	# athletes	Start	End
Sunday 18.5.25						
2 (3)	07:00	M	M4 All	37	09:00	11:03
2	10:00	M	M3 59, 66, 74, 83	28	12:00	13:42
2	12:45	M	M3 93, 105, 120, 120+	33	14:45	16:36
2	15:00	M	M2 59, 66, 74, 83	32	17:00	18:36
2	17:00	M	M2 93, 105	26	19:00	20:24
Monday 19.5.25						
2	07:00	M	M2 120, 120+	22	09:00	10:15
2	09:00	M	M1 59, 66, 74, 83	31	11:00	12:42
2	11:15	M	M1 93, 105	32	13:15	15:00
2	13:30	M	M1 120, 120+	21	15:30	17:00
2	15:30	M	Jr 53, 59, 66, 74.	33	17:30	19:30
2	18:00	M	Jr 83, 93	25	20:00	21:10



EQUIPPED

PLATFORM 1

Groups	Weigh-in time	Sex	Category	# athletes	Start	End
Thursday 22.5.25						
2	07:30	W	M4 and M3 ALL	28	09:30	11:00
3 (2)	10:00	W	M2 ALL	41	12:00	14:09
2	13:00	W	M1 ALL	31	15:00	16:51
2	16:00	W	Subjr and jr ALL (50)	27	18:00	20:30
Friday 23.5.25						
2	08:00	M	Subjr ALL	30	10:00	11:42
2	10:30	M	Jr 53, 59, 66, 74, 83, 93	22	12:30	14:18
2	13:30	W	OPEN 47, 52, 57, 63,69	37	15:30	17:30
Saturday 24.5.25						
2	08:00	M	OPEN 59, 66, 74, 83	26	10:00	11:36
2	10:30	W	OPEN 76, 84, 84+	27	12:30	14:24
2	13:30	M	OPEN 93, 105	28	15:30	16:57
2	15:30	M	OPEN 120, 120+	23	17:30	18:45

PLATFORM 2

Groups	Weigh-in time	Sex	Category (number of athletes)	# athletes	Start	End
Thursday 22.5.25						
2	07:30	M	M4 ALL, M3 59, 66, 74	27	09:30	11:09
2	10:00	M	M3 83, 93, 105, 120, 120+	33	12:00	13:57
2	13:00	M	M2 59, 66, 74, 83, 93	31	15:00	16:39
2	16:00	M	M2 105, 120, 120+	26	18:00	19:30
Friday 23.5.25						
2	08:00	M	M1 59, 66, 74, 83, 93, 105	28	10:00	11:45
2	10:30	M	M1 120, 120+, Jr 105, 120, 120+	33	12:30	14:15