

Updated TIMETABLE EUROMUSCLE SHOW 2024

Saturday 13 July

1. **Benchpress women juniors**

Weigh In	8.30-10.00
Start competition	10.30
End competition	11.00
Medal ceremony	11.00-11.15

2. **Powerlifting men juniors**

Weigh In	10.00-11.30
Start competition	12.00
End competition	16.00
Medal ceremony	16.00-16.15

Sunday 14 July

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