



**The International Powerlifting Federation, European
Powerlifting Federation and Dutch Powerlifting Federation
invite**

**IPF member nations to participate in the
2024 Euro Muscle Show in Amsterdam, Netherlands
13 – 14 July 2024**

Junior Classic Powerlifting - Men

Saturday, 13th July 10am

Prize Money

1. Place	€3.000
2. Place	€2.000
3. Place	€1.000

Junior Classic Bench Press - Women

Saturday, 13th July 2:30pm

Prize Money

1. Place	€2.000
2. Place	€1.000
3. Place	€ 500



Junior Classic Powerlifting - Women

Sunday, 14th July 10am

Prize Money

1. Place	€3.000
2. Place	€2.000
3. Place	€1.000

Junior Classic Bench Press - Men

Sunday, 14th July 2:30pm

Prize Money

1. Place	€2.000
2. Place	€1.000
3. Place	€ 500

**All events are only for Sub Junior and Junior Lifters.
However, the events will be only conducted in the
Juniors Division.**

The results will be conducted via IPF GL-Points

Please note: all information is posted only for information purposes. All team selections, all official entries for the event must be done by IPF Member nations, NOT by individuals.

IPF reserves the right to limit the number of participants following the preliminary nomination.

For Junior Classic Powerlifting it is 20 lifters per gender!

(14 lifters international; 6 lifters reserved for Dutch Powerlifting*)



For Classic Bench Press it is 24 lifters per gender!

(16 lifters international; 8 lifters reserved for Dutch Powerlifting*)

* If Dutch Powerlifting does not need all granted slots with the preliminary nomination, the remaining slots will be given to the international lifters.

The ranking for the slots for international lifters will be based on their best result (IPF Points) within the last 24 months. These results must be proofed by the national federation, who is handling the nominations.

No restrictions on referees.

Free pass: all lifters, referees, coaches, and officials will receive passes to access the Euro Muscle Show 2024 for the competition day

Please note, if an athlete, coach, referee or official gives his/her accreditation to a third person, they will be expelled from the event and he/she would be asked to pay the entrance fee.

The organization reserves the right of admission against any athlete, coach, referee or official, as well as his/her expulsion of the venue if there is violent or illicit attitude during the event.

Meet Director:

Technical Secretary: Emanuel Scheiber
emanuel.scheiber@powerlifting.sport

Nominations must be done via the national federation on the Goodlift program, however a copy of the nomination form must also be sent to:

Meet

Director: Pardeep Kailey, pardeep.kailey@powerliften.sport , +31 647 310 790

Copy:

IPF – Championship Secretary

Gaston Parage, gaston.parage@powerlifting.sport , +352 582 696 and
Emanuel Scheiber, emanuel.scheiber@powerlifting.sport ,
+43 650 420 9600

Host City: RAI Amsterdam, Netherlands

Date: 13.-14. July 2024

VENUE: RAI Amsterdam, Europaplein 24, 1078 GZ Amsterdam, Netherlands

Technical Meeting: 12th July; 19:00 – Location will be announced due time



Arrivals/Transport: Will not be provided

Hotels: Please note The Hotel is only a recommendation - all athletes, coaches, referees, and officials are free to find their own accommodation.

Motel One Rai Amsterdam: Europaboulevard 23, 1079 PC Amsterdam, Nederlande
Telefon: +31 20 820 4777

IPF will not be responsible for any hotel bills of the participating nations.

Scale: Scale available at the venue

Participation fee: 60 EUR per event for each lifter must be paid by bank transfer to the IPF account.

Anti-Doping fee: 60 EUR per event for each lifter must be paid by bank transfer to the IPF account.

The IPF treasurer will send invoice for both Participation and Anti-doping fees to all entered Federations.

Payment must be received by the IPF account: Bank transfer to the following bank account:

Name of the account: International Powerlifting Federation
Name of the Bank: Caisse d'Epargne de l'Etat du Luxembourg
Account number: (IBAN) LU57 0019 1300 4802 3000
Bic Code: BCEELULL
Address: Place de Metz L-2954, Luxembourg

Payment must be received at the above-mentioned bank account at the latest 14 days prior to the start of the event

Nominations: Team nomination forms must be in the hands of the Meet director and the Technical secretary not later than:

Preliminary: 14th May 2024 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

Final: 22nd June 2024 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!! Final nomination must be sent not later than 21 days before the date of the event and must be made only from lifters nominated in Preliminary nomination of the Event. This is inclusive of reserve or alternate lifters.

Nominations must be done via the electronical nomination system of the IPF and also a copy of the nomination must be sent to the Meet Director and the Technical Secretary.



The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination, no changes in the weight category in which the lifter is nominated will be allowed.

Confirmation of the referee’s participation: It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the event.

Identification: all lifters are expected to present passports and other required documents at the weigh-in.

VISA: Each athlete, official and referee is responsible by him- or herself to make sure that he will be able to travel to the Netherlands

Health insurance: All delegate members must have a valid health insurance. The Organizer and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

Preliminary timetable:

Day	Session	Weigh In	Competition	Victory Ceremony
Saturday, 13.07.24	1. Classic Powerlifting Men	08:00 – 09:30	10:00 – 13:30	13:45
	2. Classic Bench Press Women	12:30 – 14:00	14:30 – 16:00	16:15
Sunday, 14.07.24	1. Classic Powerlifting Women	08:00 – 09:30	10:00 – 13:30	13:45
	2. Classic Bench Press Men	12:30 – 14:00	14:30 – 16:00	16:15

All Results will be conducted by IPF GL Points!

Important Note: Changes may be made to the schedule of events after the Final nomination depending on the number of lifters finally entered at this Final nomination. Changes of the timetable are possible after the Final nomination

The Victory Ceremonies of all Events will be immediately after the Session.

It will be MANDATORY for ALL award winners (male and female) to attend this victory ceremony otherwise he/she will lose his/her prize money.

It is mandatory that each athlete wears his/her National Team Track Suit for the award presentation.

Gaston Parage
IPF President

Pardeep Kailey
Meet Director