



OFFICIAL INVITATION
The International Powerlifting Federation
and
Lithuania Powerlifting Federation
invite
the IPF member nations to participate in the
World Open Classic Powerlifting Championships
from 15th to 23rd June 2024
in **Druskinkai/Lithuania**

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director:	Name: Erlandas Petrauskas Phone: +37061019313 E-Mail: erlandaspet@gmail.com
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Accommodation / Hotel	Name: Brigita Trambaviciute Phone: +37060508981 E-Mail: brigita.trambaviciute@gmail.com
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Technical Secretary:	Name: Lukas Kacinskas Phone: +37067452185 E-mail: lukas.kacinskas14@gmail.com
IPF Championship Secretary:	Gaston Parage, 3, route D'Arlon, L-8009 Strassen, Luxembourg Mobile Phone: +352-621165214, Fax: +352-582696 E-mail: gaston.parage@powerlifting.sport
Host City:	Druskininkai/Lithuania
Date:	Date from 15 th to 23 rd June 2024
Venue:	LSC sporto kompleksas „Druskininkai, M.K. Čiurlionio 115A, Druskininkai
Technical Meeting:	Conference Hall Grand SPA, V. Kudirkos g. 45, Druskininkai, 15 th June, 20:00

Hotel Information:

Europa Royale Druskininkai

[4 žvaigždučių viešbutis Druskininkų širdyje | Europa Royale Druskininkai](#)

[Vilniaus al. 7 LT-66119 Druskininkai](#)

Single room 85 €/night/room incl. breakfast

Double room 124 €/night/room incl. breakfast

Grand SPA

[Pradžia - Grandspa](#)

[V. Kudirkos g. 45, Druskininkai, LT-66120](#)

Single room – 132 €/night/room incl. breakfast

Double room – 174 €/night/room incl. breakfast

Hotel Reservation information:

Note 1:

All athletes, coaches, referees and officials from each federation must stay in the official hotel for all days they require an accreditation for the event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

Note 2:

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline the organizer cannot guarantee the accommodation.

Payable by:

1. Bank transfer
Address: Naujakurių g. 5, Jonava
Payment code: 191606980
Bank account number: LT727300010034984720
AB Swedbank, bank code: 73000
Swift/bic code: HABALT22
2. Payment by credit card **at arrival.** (All major Credit Cards will be accepted)

International Airport

for arrival: Vilnius airport, Kaunas Airport

Airport Transportation (Arrivals/Departures):
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From airport to hotel (one way)

1 person – 100 €

2 persons – 100 €

3 persons – 130 €

4 and more – 30 € each person

Transport from Hotel to Venue:

Free transport will be provided according to a proper transport schedule – schedule will be published in each hotel.

Scales:

Scales will be available at the official hotel(s), 24 hours.

Scales will also be available at the venue.

The Scales will be available minimum 2 days prior to the first competition day.

Training:

LSC sporto kompleksas „Druskininkai, M.K. Čiurlionio 115A, Druskininkai

Flag and anthem: Will be provided by the Organizer.

Closing Banquet: Grand SPA, V. Kudirkos g. 45, Druskininkai, LT – 66120, June 23rd, 20:00

Price Banquet Ticket: EUR 35,--

The banquets tickets must be ordered/reserved and sent with the preliminary nomination.

Participation Fee:

60 € for each lifter declared must be wired to the IPF bank account.

Anti-Doping Fee:

60 € for each lifter declared must be wired to the IPF bank account.

Coach Capitation Fee:

50 € for each nominated coach must be wired to the IPF bank account.

Health and Travel Insurance: All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.

Anti-Doping Information:

For the:

World Open Classic Powerlifting Championships

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. You must submit your completed certificate from Adel with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
 - requirements for submitting whereabouts information
 - rights and responsibilities during [sample collection](#)
 - responsibility to avoid the use of prohibited substances and methods
 - consent to the use of your information
 - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom



5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are take a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact ipfantidoping@cces.ca.

Nominations:	Team nomination forms must be in the hands of the Meet Director and the IPF Championship Secretary not later than:
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Preliminary:	16th April 2024 complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).
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Final:	25th May 2024 (later entries will not be accepted).
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21 Days Before Technical Meeting: 25th May 2024 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms. If not, any withdrawal is made 21 days prior to the Technical Meeting of a World Championship or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form (IPF By-Laws 14.4 and 14.5)

Correspondence: E-Mails regarding the championship must be sent to:

Meet Director and IPF Championship Secretary Gaston Parage – Gaston.Parage@powerlifting.sport

Please take note of IPF By-Law 14.4:

All accredited athletes, coaches, officials, and referees nominated by their national federation for an international or world championship event, must stay in the official hotel(s) designated by the organizer. An accreditation badge shall not be issued to a nominated athlete, coach, official or referee that is not staying in the hotel. Additionally, the issued credential shall match the number of days they will be officially participating in the event. If an athlete, coach, referee or official does not stay in the hotel, they shall not receive accreditation and shall be excluded from the event.

Provisional Timetable

Technical Meeting: Friday, 14th June 2024 19:00
Opening Ceremony: Saturday, 15th June 2024 – 12:30

Day	Weigh-in Time	Men/Women	Category	Start	End	Lifters
Saturday, 15.06.24	08:00 - 09:30	Men	59kg B-Group	10:00	13:00	
		Opening	Ceremony	13:30	13:50	
	12:00 - 13:30	Women	47kg B-Group	14:00	17:00	
	16:00 – 17:30	Men	59kg A-Group	18:00	21:00	8
	16:00 - 17:30	Women	47kg A- Group	18:00	21:00	8
Sunday, 16.06.24	08:00 - 09:30	Women	52kg B-Group	10:00	14:00	
	13:00 – 14:30	Men	66kg B-Group	15:00	18:00	
	17:00 – 18:30	Men	66kg A-Group	19:00	22:00	8
	17:00 - 18:30	Women	52kg A-Group	19:00	22:00	8
Monday, 17.06.24	07:00 - 08:30	Men	74kg B-Group	09:00	13:30	
	12:30 - 14:00	Women	57kg B-Group	14:30	18:30	
	17:00 - 18:30	Women	57kg A-Group	19:00	22:00	8
	17:00 - 18:30	Men	74kg A-Group	19:00	22:00	8
Tuesday, 18.06.24	06:00 - 07:30	Women	63kg B-Group	08:00	12:00	
	11:00 - 12:30	Men	83kg B-Group	13:00	18:00	
	17:00 - 18:30	Women	63kg A-Group	19:00	22:00	8
	17:00 - 18:30	Men	83kg A-Group	19:00	22:00	8
Wednesday, 19.06.24	IPF General Assembly			10:00		
Thursday, 20.06.24	06:00 - 07:30	Men	93kg B-Group	08:00	13:00	
	12:00 – 13:30	Women	69kg B-Group	14:00	19:00	
Eurosport	17:00 – 18:30	Women	69g A-Group	20:00	23:00	8
Eurosport	17:00 - 18:30	Men	93kg A-Group	20:00	23:00	8
Friday, 21.06.24	06:00 – 07:30	Women	76kg B-Group	08:00	11:30	
	10:30 – 12:00	Men	105kg B-Group	12:30	19:00	
	17:00 – 18:30	Men	105kg A-Group	20:00	23:00	8
	17:00 – 18:30	Women	76kg A-Group	20:00	23:00	8
Saturday, 22.06.24	08:00 - 09:30	Women	84kg B-Group	10:00	13:00	
	12:00 – 13:30	Men	120kg B-Group	14:00	18:00	
	18:00 – 19:30	Women	84kg A-Group	20:00	23:00	8
	18:00 - 19:30	Men	120kg A-Group	20:00	23:00	8
Sunday 23.06.24	07:30 - 09:00	Women	84kg+ B-Group	09:30	14:00	
	07:30 - 09:00	Men	120kg+ B-Group	09:30	14:00	
Eurosport	13:00 - 14:30	Women	84kg+ A-Group	15:00	18:00	8
Eurosport	13:00 - 14:30	Men	120kg+ A-Group	15:00	18:00	8

Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According to the Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on 21 May 2024 at 1900hrs. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Gaston Parage
President & Championship Secretary
International Powerlifting Federation

Erlandas Petrauskas
President Lithuania
Powerlifting Fed.
Meet Director