**OFFICIAL NOMINATION FORM**

**The International Powerlifting Federation**

**World Open, Sub-Junior, Junior & Master Classic & Equipped Bench Press Championships**

**from 22 May 2024 to 02June 2024**

**in Austin/Texas/USA**

Official Nomination Form

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| --- | --- | --- |
| Preliminary: 22 March, 2024 | Not Participating: 22 March 2024 | Final: 30 April 2024 |

**The preliminary and final nomination form must be sent to (both):**

Robert Keller / Email: [robert.keller@powerlifting.sport](mailto:robert.keller@powerlifting.sport) / Telephone: +954.790.2249

Gaston Parage / Email: [gaston.parage@powerlifting.sport](mailto:gaston.parage@powerlifting.sport) / Telephone: +352.621.165.214

Note: All National Federations must use the Goodlift System to upload their Nominations. If you do not have a username or password, please contact Gaston directly.

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| Submitted by |  | National Powerlifting Federation/Association |

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| Submitting officer: |  | Title: |  | Date: |  |

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| Team Manager : |  | Coach: |  |

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| Referee 1 : |  | Cat : |  | Available for categories: |  |
| Referee 2 : |  | Cat : |  | Available for categories: |  |
| Referee 3 : |  | Cat : |  | Available for categories: |  |

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| Total number of lifters: |  | Total amount of team : |  | Arrival day : |  | Flight/train/car |

**New IPF Weight Categories**

Effective January 01, 2021

Women

43 kg (Sub-junior/Junior only),47 kg, 52 kg, 57 kg, 63 kg, 69 kg y 76 kg, 84 kg and 84+ kg

Men

53 kg (Sub-junior/Junior only), 59 kg, 66 kg, 74 kg, 83 kg, 93 kg, 105 kg, 120 kg and 120+ kg

**Nominations – Equipped Men’s Open**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Equipped Men’s Sub-Junior**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Equipped Men’s Junior**

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**Nominations – Equipped Men’s Masters I / 40+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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**Nominations – Equipped Men’s Masters II / 50+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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**Nominations – Equipped Men’s Masters III / 60+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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**Nominations – Equipped Men’s Masters IV / 70+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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**Nominations – Classic Men’s Open**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Men’s Sub-Junior**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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**Nominations – Classic Men’s Junior**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Men’s Masters I / 40+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Men’s Masters II / 50+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Men’s Masters III / 60+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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**Nominations – Classic Men’s Masters IV / 70+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Men’s Special Olympics**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Equipped Women’s Open**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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**Nominations – Equipped Women’s Sub-Junior**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Equipped Women’s Junior**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Equipped Women’s Masters I / 40+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Equipped Women’s Masters II / 50+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Equipped Women’s Masters III / 60+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Equipped Women’s Masters IV / 70+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Women’s Open**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Women’s Sub-Junior**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Women’s Junior**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Women’s Masters I / 40+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Women’s Masters II / 50+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Women’s Masters III / 60+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Women’s Masters IV / 70+**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**Nominations – Classic Women’s Special Olympics**

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| Wt. Class | Last name | Name | | DOB | | Bench | | International Titles | | |
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| **Reserve lifters, maximum of 5 per team** | | |  | |  | |  | |  |
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**FEDERATION OFFICIALS/COACHES/REFEREES**

**(All federation athletes, coaches, officials, and referees MUST be declared)**

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| **Name [complete]** | **Federation Title** |
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**Authorizing Federation Agent/Officer**

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| Name:  Name: |  | Street: |  | Zipcode: |  |

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| City: |  | Country: |  | Tel./fax: |  |

**Banquet Ticket Order Form**

Country of: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Full Name of Visitor | Country | Number of Tickets | Total Cost |
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National Federation – General Secretary National Federation President/Executive Officer

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(Print) National Federation – General Secretary (Print) National Federation President/Executive Officer

VISA SUPPORT DOCUMENT

Country of: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Full Name of Athlete | Date of Birth | Passport Number | Expiration Date |
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**VISA INFORMATION**

If your federation requires a letter of invitation to obtain a VISA to enter to Mexico, please contact Robert Keller. I**mportant**: This form should include the competitor’s complete birth name as shown on the passport, complete birthday, and passport number with the expiration date. The request should include the arrival and departure dates from Mexico. All visa requests should be made NLT 8 weeks in advance of your federations travel to the championship.

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National Federation – General Secretary National Federation President/Executive Officer

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(Print) National Federation – General Secretary (Print) National Federation President/Executive Officer