

OFFICIAL INVITATION

The International Powerlifting Federation

and

Malta Powerlifting Federation

invite

the IPF member nations to participate in the

IPF World Classic Open Powerlifting Championship

from 11th to the 18th of June 2023

in St Julians, Malta

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Official Championship Webpage: <https://ipfmalta.com/>

Meet Director: Name: Mauro Gasan
Address: 159, Vjal il-Helsien, Haz-Zebbug ZBG2076, Malta
Phone: +356 79334479
E-mail: mauro@madletiks.com

Correspondence, Visa: Name: Mauro Vassallo
Phone: +356 99666623
E-mail: mvassallo@petiteevents.com

Accommodation and transport: Name: Denise Dalli
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E-mail: denise@petiteevents.com

Technical Secretary: Name: Johan Smith
Phone: +27825663433
E-mail: hannie.smith@powerlifting.sport

IPF Championship Secretary: Gaston Parage, 3, route D'Arion, L-8009 Strassen, Luxembourg
Mobile Phone: +352-621165214, Fax: +352-582696
E-mail: Gaston.Parage@powerlifting.sport

Host City: St Julians, Malta

Date: 11th – 18th of June 2023

Venue: Intercontinental Arena Conference Centre, Intercontinental Hotel, St George's Bay, St Julians STJ3310, Malta

Technical Meeting: Saturday 10th June 2023 at 19h00, IACC, Intercontinental Hotel, St George's Bay, St Julians STJ3310, Malta

Hotel:	Name: Intercontinental Hotel Address: St George's Bay, St Julians STJ3310, Malta Phone: +356 79334479 E-mail: bookings@ipfmalta.com	Webpage: http://ipfmalta.com/hotel/
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Hotel Rates:	Prices for night per room with breakfast including City tax
	€222.50 EURO (single room – 1 adult) €223.00 EURO (twin room – 2 adults) €223.50 EURO (triple room – 2 adults + 1 child)

Hotel Rates:	Prices for night per room with breakfast for stays more than 7 nights including City tax
	€217.50 EURO (single room – 1 adult) €218.00 EURO (twin room – 2 adults) €218.50 EURO (triple room – 2 adults + 1 child)

Please note

- Rooms are quoted per room per night including breakfast and city tax
- Accommodation is limited thus it will be on first come first serve basis.
- (Accommodation is guaranteed for all who will book until the end of the preliminary nomination)
- Free cancelation of the hotel rooms until 21 days prior the championship (20th May 2023)

Note 1:

All athletes, coaches, referees, or officials from each National Member Federation must stay in the official hotel for all days in attendance at the Event. If athletes, coaches, referees, or officials do not stay in the official hotel during the Event, they will be obliged to pay an administration fee of € 100 per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that Event. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

Note 2:

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible.

All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline the organizer cannot guarantee the accommodation.

Payable by:

1. Bank transfer according to the invoice. Payment must be received on the bank details stated hereunder within 5 days from the booking online.
MADLETIKS LIMITED
Flavio Court, Flat 3, Triq it-Tempju
Qala QLA1062, Gozo, Malta

IBAN NR - MT06APSB77013000000044247520015
SWIFT CODE – APSBMTMT
2. Payment by credit card latest upon arrival. However, a guarantee of the first night must be done via booking over the online system.

International Airport for arrival:	Malta International Airport (MLA)
Arrivals/Transportation:	<p>In order to make it as cost effective as possible, instead of charging per person, you will find hereunder the prices per vehicle together with their total capacity of number of people per vehicle. Transfers need to be pre-booked.</p> <p>€30.00 - Taxi – 3 people + Luggage €65.00 - Peugeot 8-seater + luggage €70.00 - 16-seater Minivan €80.00 - 18-seater Minivan</p> <p>Booking & Payment – http://www.ipfmalta.com/airport-transfers/ Payment by Credit Card. Transfer Tickets and Payment confirmation are received instantly via email. (Please check your Spam/ Junk just in case you don't receive anything once payment is processed)</p> <p>Deadline – Friday 26th May 2023</p>
Scales:	<p>Scales will be available at the official hotel(s), 24 hours. Scales will also be available at the venue.</p>
Training:	<p>Training will be available at the venue in specified area for accredited persons only</p>
Flag and anthem:	<p>Will be provided by the Organizer.</p>
Closing Banquet:	<p>18th June 2023 at 20h00 Price - €42.00 Venue – Intercontinental Hotel</p> <p>Booking & Payment – http://www.ipfmalta.com/closing-banquet/ Payment by Credit Card. Closing Dinner Tickets and Payment confirmation are received instantly via email. (Please check your Spam/ Junk just in case you don't receive anything once payment is processed)</p> <p>The banquets tickets must be ordered with the preliminary nomination.</p>
Participation Fee:	<p>60 € for each lifter declared must be wired to the IPF bank account</p>
Anti-Doping Fee:	<p>60 € for each lifter declared must be wired to the IPF bank account</p>
Health and Travel Insurance:	<p>All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.</p>

COVID19 Regulations:	If necessary, the Championship will be organised under strict COVID19 rules and regulations.
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Anti-Doping Information:

For the: IPF World Classic Open Powerlifting Championship

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

Only Sub-Junior & Junior athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. You must submit your completed certificate from ADeL with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
 - requirements for submitting whereabouts information
 - rights and responsibilities during [sample collection](#)
 - responsibility to avoid the use of prohibited substances and methods
 - consent to the use of your information
 - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom
5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are taking a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact ipfantidoping@cces.ca.

Nominations:	Team nomination forms must be in the hands of the Meet Director and the IPF Championship Secretary not later than: 11th April 2023
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Preliminary:	11th April 2023 complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).
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Final:	20th May 2023 (later entries will not be accepted).
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21 Days Before Technical Meeting: 20th May 2023 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms. If not any withdrawal is made 21 days prior to the Technical Meeting of a World Championship or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form (IPF By-Laws 14.4 and 14.5)

Correspondence: E-Mails regarding the championship must be sent to:

Meet Director and IPF Championship Secretary Gaston Parage – Gaston.Parage@powerlifting.sport

Provisional Timetable

Technical Meeting: Saturday, 10th June 2023 19:00 – Intercontinental Hotel

Opening Ceremony: Sunday, 11th June 2023 – 12:30 – Intercontinental Hotel (Venue)

Day	Weigh-in Time	Men/Women	Category	Start	End	Lifters
Sunday, 11.06.23	08:00 - 09:30	Men	59kg	10:00	12:00	
		Opening	Ceremony	12:30	12:50	
	11:00 - 12:30	Women	47kg	13:00	16:00	
		Women	52kg	17:00	20:00	
Monday, 12.06.23	08:00 - 09:30	Men	66kg B-Group	10:00	13:00	
	12:30 – 14:00	Women	57kg B-Group	14:30	17:30	
	17:00 – 18:30	Men	66kg A-Group	19:00	22:00	
	17:00 - 18:30	Women	57kg A-Group	19:00	22:00	
Tuesday, 13.06.23	08:00 - 09:30	Women	63kg B-Group	10:00	13:00	
	12:30 - 14:00	Men	74kg B-Group	14:30	17:00	
	17:00 - 18:30	Women	63kg A-Group	19:00	22:00	
	17:00 - 18:30	Men	74kg A-Group	19:00	22:00	
Wednesday, 14.06.23	IPF General Assembly			10:00		
Thursday, 15.06.23	08:00 - 09:30	Women	69kg B-Group	10:00	13:00	
	12:00 - 13:30	Men	83kg B-Group	14:00	18:00	
	17:00 - 18:30	Women	69kg A-Group	19:00	22:00	
	17:00 - 18:30	Men	83kg A-Group	19:00	22:00	
Friday, 16.06.23	08:00 - 09:30	Women	76kg B-Group	10:00	13:00	
	12:00 – 13:30	Men	93kg B-Group	14:00	18:00	
	17:00 – 18:30	Women	76kg A-Group	19:00	22:00	
	17:00 - 18:30	Men	93kg A-Group	19:00	22:00	
Saturday, 17.06.23	12:00 – 13:30	Men	105kg B-Group	14:00	18:00	
	12:00 – 13:30	Men	120kg B-Group	14:00	18:00	
	17:00 – 18:30	Men	105kg A-Group	19:00	22:00	
	17:00 – 18:30	Men	120kg A- Group	19:00	22:00	
Sunday, 18.06.23	07:30 - 09:00	Women	84kg and 84+kg	09:30	14:00	
	12:30 - 14:00	Men	120+kg	14:30	17:00	

Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According Technical Rules [Page 4, item 7] at the final nomination you must definitely list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Saturday, 10th June 2023 19:00 at the Intercontinental Hotel. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Gaston Parage
President IPF

Mauro Gasan
Meet Director

Matthew Elphick
President MPA