

OFFICIAL INVITATION

The International Powerlifting Federation and the South African Powerlifting Federation

invite
the IPF member nations to participate in the

IPF Men's and Women's World Open Classic Powerlifting World Championships

from 6th June – 11th June 2022

in Sun City, South Africa

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director: Johan "Hannie" Smith
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**Correspondence
Visa:** Hannie Smith
E-mail: hannie.smith@powerlifting.sport , Phone: +27825663433

**Accommodation
and transport:** Vicki Botha
E-mail: hannie@lagayim.co.za , & hannie.smith@powerlifting.sport
Phone: +27824473848

Technical Secretary: Vicki Botha
E-mail: hannie@lagayim.co.za Phone: +27824473848

Championship Secretary: Gaston Parage
3, route D'Arlon, L-8009 Strassen, Luxembourg
E-Mail: Gaston.Parage@powerlifting.sport
Phone: +352-621165214, Fax: +352-582696

Host City: Sun City, South Africa

Date: 6th June - 11th June 2022

Venue: Kings Ballroom Sun City Convention Centre

IPF General Assembly: Sunday June 5, 14:00-Kings Ballroom Sun City Convention Centre

Technical Meeting: Sunday June 5, 19:00. - Kings Ballroom Sun City Convention Centre
after IPF Congress

Official Hotels 4-12 June 2022 – Hotels

| CABANAS 3* | Sharing per room | Single per Room |
|--|-------------------------|------------------------|
| ROOM TYPE | | |
| STANDARD TWIN ROOM | R 2345 | R 1835 |
| STANDARD FAMILY ROOM -2 Adults 1 Child | R 3095 | R 2435 |

| SOHO HOTEL 4* | Sharing per room | Single per Room |
|---|-------------------------|------------------------|
| ROOM TYPE | | |
| STANDARD TWIN ROOM | R 3375 | R 2930 |
| STANDARD FAMILY ROOM - 2 Adults 1 Child | R4005 | R 3330 |

| CASCADES HOTEL 5* | Sharing per room | Single per Room |
|---|-------------------------|------------------------|
| ROOM TYPE | | |
| STANDARD TWIN ROOM | R 3765 | R 3180 |
| STANDARD FAMILY ROOM – 2 Adults 1 Child | R 4490 | R 3755 |

| PALACE AT THE LOST CITY 5* Luxury | Sharing per room | Single per Room |
|--|-------------------------|------------------------|
| ROOM TYPE | | |
| STANDARD TWIN ROOM | R 4965 | R 4005 |
| STANDARD FAMILY ROOM – 2 Adults 1 Child | R 6070 | R 5625 |

Please note:

- Rates are quoted per room per night including breakfast.
- Full prepayment will be required upon receiving confirmation of booking.
- Family room policy allow for 2 Adults and 1 Child under 12 years, includes breakfast.
- Accommodation is on a LIMITED and thus first-come, first serve basis.

All residents gain free access into the Sun City complex, Valley of Waves and Palace botanical gardens

Note 1:

All athletes, coaches, referees or officials from each federation must stay in the official hotel during the entire time in attendance at the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the entire time in attendance at the championship, they will be obliged to pay an administration fee of 100 EUR per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (By-Laws 14.4).

Note 2:

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible. **All rooms must be booked at the latest with the deadline of the preliminary nomination – 6th April 2022. After the deadline the organizer cannot guarantee the accommodation.**

Payable by:

1. Bank transfer against the invoice - **on the basis of a requirements of participants only against the invoice** (EUR according to the current exchange rate).

Payment must be received at the above mentioned bank account at the latest **14 days prior to the beginning of the Championship.**

Accommodation fees shall be paid by bank transfer to the bank account of the organizer to following bank account:

SA Powerlifting Federation
Nedbank Current Account
Current Account No: 1030629544
Nedbank Branch Code: 198 765
Swift Code: NEDSZAJJ
Shop 31, Nedbank Fourways View Cnr Witkoppen & Cedar Road Fourways View, South Africa
PO Box 1144, Johannesburg 2000, South Africa
T +27 (0) 10 248 9169
Website nedbank.co.za

2. Accommodation can also be paid by Credit Card at arrival of the Hotel

Arrivals/Transportation: Transport from Johannesburg-OR Thambo airport to hotel: **60 EUR** (each way/per person), 2 hours travel. Transport fee is payable in advance by bank transfer to above mentioned account, or on arrival in cash only.

Scales: Scales will be available at the hotels, 24 hours.
Scales will also be available at the venue when not in use.

Training: Training will be available at the venue in specified area for accredited persons.

Flag and anthem: Will be provided by the Organizer.

Closing Banquet: June 11th at 20:00, Price 35 € is to be booked and paid for at the latest with the deadline of the preliminary nomination – 6th April 2022.
Payment in advance for banquet tickets is highly recommended, but tickets will be available up to 48 hours prior to each.

Participation Fee: 50 € for each lifter declared must be wired to the IPF bank account

Anti-Doping Fee: 60 € for each lifter declared must be wired to the IPF bank account

Health and Travel

Insurance: All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.

Anti-Doping Information for the IPF World Classic Powerlifting Championships

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. You must submit your completed certificate from ADeL with your nomination for your registration to be complete.

4. Understand and educate yourself on your rights and responsibilities as an athlete, including but not limited to:
- requirements for submitting whereabouts information
 - rights and responsibilities during sample collection
 - responsibility to avoid the use of prohibited substances and methods
 - consent to the use of your information
 - obligations to follow the IPF Anti-Doping Rules and all consequences deriving therefrom

5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For all anti-doping related questions, please contact ipfantidoping@cces.ca.

Nominations: Team nomination forms must be in the hands of the Meet Director Hannie Smith, and the IPF Championship Secretary not later than: 6 April 2022.

Preliminary: **6 April 2022 complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).**

Final: **15 May 2022 (later entries will not be accepted).**

All nominated lifters and officials must cover all Hotel costs if we have received no information about a cancellation 21 days prior to the championships, the same applies for the participation and anti-doping fees (IPF-By-Laws12.9).

21 Days Before

Technical Meeting: **15th of May is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.** If not any withdrawal is made 21 days prior to the Technical Meeting of an World championships or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form.

Correspondence: E-Mails regarding the championship must be sent to:
Hannie Smith, hannie.smith@powerlifting.sport and a copy to the IPF Championship Secretary
Gaston Parage Gaston.Parage@powerlifting-ipf.com

VISA information: Hannie Smith e-mail: hannie.smith@powerlifting.sport Phone: +27835663433

**Provisional time Table: IPF World Classic Powerlifting Championships 2022
Sun City South Africa**

Technical Meeting: Sunday 5 June 2022 at 19:00

Opening Ceremony: Monday 6 June, 2022 at 12:30

| Day | Weigh-in Time | Men/Women | Category | Start | End | Lifters |
|------------------|---------------|-----------|----------|-------|-------|---------|
| Monday, 06.06.22 | 08:00 - 09:30 | Men | 59kg | 10:00 | 12:00 | |
| | | Opening | Ceremony | 12:30 | 12:50 | |
| | 11:00 - 12:30 | Women | 47kg | 13:00 | 16:00 | |
| | 14:00 - 15:30 | Women | 52kg | 16:00 | 19:00 | |

| | | | | | | |
|----------------------|---------------|-------|----------------|-------|-------|--|
| Tuesday, 07.06.22 | 08:00 - 09:30 | Men | 66kg | 10:00 | 14:00 | |
| | 12:00 - 13:30 | Women | 57kg | 14:00 | 18:00 | |
| | 16:00 - 17:30 | Men | 74kg | 18:00 | 21:00 | |
| Wednesday, 08.06.22 | 07:00 - 08:30 | Women | 63kg | 09:00 | 14:00 | |
| | 07:00 - 08:30 | Women | 69kg B-Group | 09:00 | 14:00 | |
| | 12:00 - 13:30 | Men | 83kg B-Group | 14:00 | 18:00 | |
| | 17:00 - 18:30 | Women | 69kg A-Group | 19:00 | 22:00 | |
| | 17:00 - 18:30 | Men | 83kg A-Group | 19:00 | 22:00 | |
| Thursday, 09.06.2022 | 09:00 - 10:30 | Women | 76kg | 11:00 | 15:30 | |
| | 14:00 - 15:30 | Men | 93kg | 16:00 | 21:00 | |
| Friday, 10.06.22 | 08:00 - 09:30 | Men | 105kg B-Group | 10:00 | 14:00 | |
| | 12:00 - 13:30 | Men | 120kg B-Group | 14:00 | 18:00 | |
| | 17:00 - 18:30 | Men | 105kg A-Group | 19:00 | 22:00 | |
| | 17:00 - 18:30 | Men | 120kg A- Group | 19:00 | 22:00 | |
| Saturday, 11.06.22 | 07:30 - 09:00 | Women | 84kg and 84+kg | 09:30 | 14:00 | |
| | 12:30 - 14:00 | Men | 120+kg | 14:30 | 17:00 | |

Important Items to Remember

Preliminary nomination forms must be sent not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

According Technical Rules [Page 4, item 7] at the final nomination you must definite list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Sunday June 5, 2021 at 19:00 hrs. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials.(IPF-By-Laws 12.9) The same applies to participation and anti-doping fees (IPF-By-Laws 14.5).

All athletes, coaches, referees or officials from each federation must stay in the official hotel during the entire time in attendance at the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100,-- per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (IPF By-laws 14.4).

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Gaston Parage
President IPF

Hannie Smith
SAPF President

Hannie Smith
Meet Director