



The International Powerlifting Federation and the Lithuania Powerlifting Federation

Invite all IPF member federations to the:

6th World University Classic Powerlifting Cup
Lithuania Vilnius

July 5 to July 10, 2021

Please note: all information is posted for information purposes only. All team selections, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director: Mr. Erlandas Petrauskas, Email: erlandaspet@gmail.com
Address: Lithuania, Jonava, Naujakurių street 51.
Phone: +37061019313

Correspondence, visa: Mr. Albertas Motiečius, E-mail: albertas.trikove@gmail.com

Accommodation: Mr. Erlandas Petrauskas, E-mail: erlandaspet@gmail.com

Transport, banquet: Mrs. Aiste Motiece, E-mail: aistina1@gmail.com

Championship Secretary: Gaston Parage, 3, route d'Arlon, L-8009 Strassen, Luxembourg
phone +352 621 165 214, fax: +352 582 696
E-mail: Gaston.Parage@powerlifting.sport

Host City: Vilnius, Lithuania

Date: 5th – 10th July 2021

Venue: RADISSON BLU, Konstitucijos pr. 20, Vilnius, Lithuania

Technical Meeting: Sunday 4th July at 20:00 at the Venue

Official hotel: RADISSON BLU

Single room: EUR 100 per room/night, including breakfast

Double room: EUR 120 per room/night, including breakfast

Note 1 :

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms by bank transfer or at the arrival at the hotel reception.



Payable by:

1. credit card
2. cash (EUR)
3. Payment by wire transfer must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.

Note 2:

14th June 2021 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or change in the number of ordered banquet tickets. If not cancelled in time, federations have to pay the reserved hotel rooms (if the hotel require such payment), the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form.

For referees is **14th June 2021** the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

Arrivals/Departures/Transportation:

Airport to RADISSON BLU Hotel: 15 EUR

Please send your detailed travel itinerary to: Aiste Motiece, email:
aistina1@gmail.com

Use the accommodation-transport form.

Payment must be received at the bank account mentioned on the invoice at the latest 14 days prior to the beginning of the Championship.

If you order the transport, you must pay for it even if you later decide not to use it.

Payment:

Bank name: **SWEDBANK**
Branch :**SWEDBANK AB**
Branch address:Konstitucijos 20A, Vilnius
IBAN : **LT727300010034984720**
SWIFT CODE: **HABALT22**
Lithunia Powerlifting Federation

Scales: Scales available at the venue and at the hotel.

Training: Training equipment (one training platform with approved powerlifting equipment) available at the hotel. This equipment can be used only by entered lifters during the championship.

Flag and anthem: Will be provided by the organizer.

Closing Banquet: Saturday 10th July, 20:00 at Radisson Blue.
Tickets order send to: aistina1@gmail.com

Participation Fee: 50 € for each lifter must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer.



Anti-Doping Fee: 60 € for each lifter must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer.

Anti-Doping Information:

For the:

World University Classic Powerlifting Cup

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.
4. Understand and [educate](#) yourself on your rights and responsibilities as an athlete, including but not limited to:
 - requirements for submitting whereabouts information
 - rights and responsibilities during sample collection
 - responsibility to avoid the use of prohibited substances and methods
 - consent to the use of your information
 - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom

For all anti-doping related questions, please contact ipfantidoping@cces.ca.

Opening Ceremony: Monday 5th July at 15:00 hours at the Venue. All representatives from each participating country shall take part at the Ceremony.

Nominations: Team nomination forms must be in the hands of the Meet Director (erlandasp@gmail.com) and the IPF Championship Secretary (Gaston.Parage@powerlifting.sport) not later than:

Preliminary: 19th May (complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).

Final: 14th June (later entries will not be accepted).

Victory Ceremonies: Will be held immediately after each lifting session. It is mandatory that each athlete wears their National Team Warm-up/Track Suit for the award presentation.

Provisional Timetable of Events

Day	Event			Start
Sunday 4 th July 2021	Accreditation			12:00
	Technical Meeting			20:00
Day	Weigh-in	Classes		Start
Monday 5 th July 2021	Opening Ceremony			15:00
	14:00 – 15:30	Women	- 47 & - 52 kg	16:00
Tuesday 6 th July 2021	09:00 – 10:30	Women	- 57 & - 63 kg	11:00
	13:00 – 14:30	Men	- 59 & - 66 kg	15:00
Wednesday 7 th July 2021	09:00 – 10:30	Women	- 69 & 76 kg	11:00
	13:00 – 14:30	Men	- 74 kg	15:00
Thursday 8 th July 2021	09:00 – 10:30	Women	- 84 & +84 kg	11:00
	13:00 – 14:30	Men	- 83 kg	15:00
Friday 9 th July 2021	09:00 – 10:30	Men	- 93 kg	11:00
	13:00 – 14:30	Men	- 105.0 kg	15:00
Saturday 10 th July 2021	09:00 – 10:30	Men	120 & +120.0 kg	11:00
	Closing banquet			20:00

Important Items to Remember:

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According Technical Rules [Page 4, item 7] at the final nomination you must definite list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the time table of events. All changes will take place at the technical meeting that will be held on Sunday, 4th July at 20:00 at the Venue.

If the organizer does not receive a confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws 105.5.2).

All athletes, coaches, referees, or officials from each National Member Federation must stay in the official hotel for all days in attendance at the Event. If athletes, coaches, referees, or officials do not stay in the official hotel during the Event, they will be obliged to pay an administration fee of € 100 per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that Event. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Important Competition Guidelines:

The World University Championship will be structured and scored as follows:

1. The competition will be set using the classic / raw lifting style.
2. Each National Federation may nominate up to TEN universities in the men's category and TEN university team's for the women's category. The men's team may consist of 8 lifters and the women's team shall consist of 8 lifters.
3. The best three universities for both men and women will receive team awards.
4. Team scoring will be determined by calculating the scores of the best five for men and for women for each university (12, 9, 8, 7...)
5. Only the competitors who satisfy the following conditions may take part in a FISU World University Championships:
 - a) Be a member of the national Federation they represent;
 - b) Be at least 18 and no older than 25 years of age on 31st December of the year of the event; for 2021, athletes must be born between the 01/01/1996 and the 31/12/2003
 - c) Meet the conditions laid down under FISU Art. 5.2;

Art. 5.2

Only the following may participate as competitors in a FISU World University Championship:

- a) Students who are currently officially registered as proceeding towards a degree or diploma at a university or similar institute whose status is recognised by the appropriate national academic authority of their country;
- b) Former students of the institutions mentioned in a) who have obtained their academic degree or diploma in the year preceding the event;

6. The standard weight classes for both men and women will be used.

7. Medals will be awarded in the individual disciplines — Squat, Bench Press and Deadlift as well as in the overall.

8. Only two athletes from each university, maximum, can be nominated for each weight class.

9. The World University program will once again fall under the patronage of FISU.

Parage Gaston
IPF President

Erlandas Petrauskas
Meet Director