**The International Powerlifting Federation and the Lithuania Powerlifting Federation**

**Invite all IPF member federations to the:**

6th World University Classic Powerlifting Cup

Lithuania Vilnius

**July 5 to July 10, 2021**

**Please note:** all information is posted for information purposes only. All team selections, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

**Meet Director:** Mr.Erlandas Petrauskas, Email: [erlandaspet@gmail.com](mailto:erlandaspet@gmail.com)

Address: Lithuania, Jonava, Naujakurių street 51.

Phone: +37061019313

**Correspondence, visa:** Mr. Albertas Motiečius, E-mail: [albertas.trikove@gmail.com](mailto:albertas.trikove@gmail.com)

**Accommodation:** Mr. Erlandas Petrauskas, E-mail: [erlandaspet@gmail.com](mailto:erlandaspet@gmail.com)

**Transport, banquet:** Mrs. Aiste Motiece, E-mail: [aistina1@gmail.com](mailto:aistina1@gmail.com)

**Championship Secretary:**Gaston Parage, [3, route d](https://maps.google.com/?q=3,+route+d’Arlon+L-8009+Strassen,+Luxembourg&entry=gmail&source=g)’[Arlon, L-8009 Strassen, Luxembourg](https://maps.google.com/?q=3,+route+d’Arlon+L-8009+Strassen,+Luxembourg&entry=gmail&source=g)

phone +352 621 165 214, fax: +352 582 696

E-mail: [Gaston.Parage@powerlifting.sport](mailto:Gaston.Parage@powerlifting.sport)

**Host City:** Vilnius, Lithuania

**Date:** 5th – 10th July 2021

**Venue:**  RADISSON BLU, Konstitucijos pr. 20, Vilnius, Lithuania

**Technical Meeting:** Sunday 4th July at 20:00 at the Venue

**Official hotel:** RADISSON BLU

**Single room:** EUR 100 per room/night, including breakfast

**Double room**: EUR 120 per room/night, including breakfast

**Note 1 :**

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms by bank transfer or at the arrival at the hotel reception.

**Payable by:**

1. credit card
2. cash (EUR)
3. Payment by wire transfer must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.

**Note 2:**

**14**th **June 2021** is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or change in the number of ordered banquet tickets. If not cancelled in time, federations have to pay the reserved hotel rooms (if the hotel require such

payment), the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form.

For referees is **14th June 2021** the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

**Arrivals/Departures/Transportation:**

**Airport to RADISSON BLU Hotel: 15 EUR**

Please send your detailed travel itinerary to: Aiste Motiece, email: [aistina1@gmail.com](mailto:aistina1@gmail.com)

Use the accommodation-transport form.

**Payment must be received at the bank account mentioned on the invoice at the latest 14 days prior to the beginning of the Championship.**

If you order the transport, you must pay for it even if you later decide not to use it.

**Payment:**

Bank name: **SWEDBANK**

Branch :**SWEDBANK AB**

Branch addres:Konstitucijos 20A, Vilnius

IBAN : **LT727300010034984720**

SWIFT CODE**: HABALT22**

Lithunia Powerlifting Federation

**Scales:** Scales available at the venue and at the hotel.

**Training:** Training equipment (one training platform with approved powerlifting equipment) available at the hotel. This equipment can be used only by entered lifters during the championship.

**Flag and anthem:** Will be provided by the organizer.

**Closing Banquet:** Saturday 10th July, 20:00 at Radisson Blue.

Tickets order send to: [aistina1@gmail.com](mailto:aistina1@gmail.com)

**Participation Fee:** 50 € for each lifter must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer.

**Anti-Doping Fee:** 60 € for each lifter must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer.

**Anti-Doping Information:**

*For the:*

***World University Classic Powerlifting Cup***

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](https://www.powerlifting.sport/anti-doping/prohibited-list).
3. [Educate](https://adel.wada-ama.org/en) yourself on the risks of [taking supplements](https://www.powerlifting.sport/anti-doping/supplements) and minimize your risk.

All athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](https://adel.wada-ama.org/en)) in order to be able to compete. You must submit your completed certificate from ADeL with your nomination for your registration to be complete.

1. Understand and [educate](https://www.powerlifting.sport/anti-doping/education) yourself on your [rights and responsibilities](https://www.wada-ama.org/en/resources/education-and-prevention/at-a-glance-the-doping-control-process) as an athlete, including but not limited to:

* requirements for submitting whereabouts information
* rights and responsibilities during [sample collection](https://www.wada-ama.org/en/resources/education-and-prevention/doping-control-process-for-athletes)
* responsibility to avoid the use of prohibited substances and methods
* consent to the use of your information
* obligations to follow the [IPF Anti-Doping Rules](https://www.powerlifting.sport/anti-doping/ipf-anti-doping-rules) and all consequences deriving

therefrom

1. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are take a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact [ipfantidoping@cces.ca](mailto:ipfantidoping@cces.ca).

**Opening Ceremony:** Monday 5**th** July at 15:00 hours at the Venue. All representatives from each participating country shall take part at the Ceremony.

**Nominations:** Team nomination forms must be in the hands of the Meet Director ([erlandaspet@gmail.com](mailto:erlandaspet@gmail.com)) and the IPF Championship Secretary ([Gaston.Parage@powerlifting.sport](mailto:Gaston.Parage@powerlifting.sport)) not later than:

**Preliminary: 6th May** (complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).

**Final: 14th June** (later entries will not be accepted).

**Victory Ceremonies:** Will be held immediately after each lifting session. It is mandatory that each athlete wears their National Team Warm-up/Track Suit for the award presentation.

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| **Provisional Timetable of Events** | | | | | | |
|  |  |  | |  | |  |
| **Day** | **Event** | | | | | **Start** | |
| **Sunday 4th July 2021** | Accreditation | | | | | 12:00 | |
| Technical Meeting | | | | | 20:00 | |
|  |  | |  |  | |  |
| **Day** | **Weigh-in** | | **Classes** | | | **Start** | |
| **Monday 5th July 2021** | **Opening Ceremony** | | | | | **15:00** | |
| 14:00 – 15:30 | | Women | | - 47 & - 52 kg | 16:00 | |
|  |  | |  | |  |  |
| **Tuesday 6th July 2021** | 09:00 – 10:30 | | Women | | - 57 & - 63 kg | 11:00 | |
| 13:00 – 14:30 | | Men | | - 59 & - 66 kg | 15:00 | |
|  |  | |  | |  |  |
| **Wednesday 7th July 2021** | 09:00 – 10:30 | | Women | | - 69 & 76 kg | 11:00 | |
| 13:00 – 14:30 | | Men | | - 74 kg | 15:00 | |
|  |  | |  | |  |  |
| **Thursday 8th July 2021** | 09:00 – 10:30 | | Women | | - 84 & +84 kg | 11:00 | |
| 13:00 – 14:30 | | Men | | - 83 kg | 15:00 | |
|  |  | |  | |  |  |
| **Friday 9th July 2021** | 09:00 – 10:30 | | Men | | - 93 kg | 11:00 | |
| 13:00 – 14:30 | | Men | | - 105.0 kg | 15:00 | |
|  |  | |  | |  |  |
| **Saturday 10th July 2021** | 09:00 – 10:30 | | Men | | 120 & +120.0 kg | 11:00 | |
| **Closing banquet** | | | | | **20:00** | |

**Important Items to Remember:**

Preliminary nomination forms must be sent not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

According Technical Rules [Page 4, item 7] at the final nomination you must definite list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the time table of events. All changes will take place at the technical meeting that will be held on Sunday, 4th July at 20:00 at the Venue.

If the organizer does not receive a confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws 105.5.2).

All athletes, coaches, referees and officials from each federation have to book their rooms by the organizer and have to stay in the official hotel during the entire time in attendance of the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the entire time in attendance of the championship, they will be obliged to pay an administration fee of € 100 per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (IPF By-laws 105.4.4).

**Indemnity & Insurance:** All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

**Important Competition Guidelines:**

**The World University Championship will be structured and scored as follows:**

1.  The competition will be set using the classic / raw lifting style.

2.   Each National Federation may nominate up to FIVE universities in the men’s category and FIVE university team’s for the women’s category. The men’s team may consist of 8 lifters and the women’s team shall consist of 8 lifters.

3.  The best three universities for both men and women will receive team awards.

4.  Team scoring will be determined by calculating the scores of the best five for men and for women for each university (12, 9, 8, 7…)

5.    Only the competitors who satisfy the following conditions may take part in a FISU World University Championships:

1. Be a member of the national Federation they represent;
2. Be at least 18 and no older than 25 years of age on 31st December of the year of the event; for 2021, athletes must be born between the 01/01/1996 and the 31/12/2003
3. Meet the conditions laid down under FISU Art. 5.2;

**Art. 5.2**

Only the following may participate as competitors in a FISU World University Championship:

1. Students who are currently officially registered as proceeding towards a degree or diploma at a university or similar institute whose status is recognised by the appropriate national academic authority of their country;
2. Former students of the institutions mentioned in a) who have obtained their academic degree or diploma in the year preceding the event;

6.   The standard weight classes for both men and women will be used.

7**.**Medals will be awarded in the individual disciplines — Squat, Bench Press and Deadlift as well as in the overall.

8.   Only two athletes from each university, maximum, can be nominated for each weight class.

9. The World University program will once again fall under the patronage of FISU.

Parage Gaston Erlandas Petrauslas

**IPF President** **Meet Director**