

Official Invitation

The International Powerlifting Federation and Romanian Powerlifting Federation invite all IPF member federations to participate in the

MEN'S AND WOMEN'S COMBINED SUB-JUNIOR AND JUNIOR WORLD POWERLIFTING CHAMPIONSHIPS

**22 - 28 August 2021
Oradea, Romania**

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director:	Alin Tomus - email: romania.powerlifting@gmail.com Cell: +40733683460
Correspondence	Alin Tomus - email: romania.powerlifting@gmail.com Cell: +40733683460
Visa support:	Romeo Tulkos - email: romania.powerlifting@gmail.com Cell: +40743347685
Nominations:	Ovidiu Panazan - email: romania.powerlifting@gmail.com
IPF Championship Secretary :	Gaston Parage, 3, route D'Arlon, L-8009 Strassen, Luxembourg phone : +352-621165214 fax : +352-582696 e-mail : Gaston.Parage@powerlifting.sport
Accommodation:	Andrei Pop - email: andrei.pop@continentalhotels.ro Cell: +40744602010
Transport:	Cornel Caba - email: cornel.caba@aerotravel.ro Cell: +40723595803
Technical Secretary:	Lupas Ionut - email: lupaspower@gmail.com
Host City:	Oradea, Romania
Date:	22-28 August 2021
Venue:	Casa Tineretului Oradea – Oradea City, Alexandru Cazaban Street, No.49, Zip 410282
Technical Meeting:	Sunday 22 August 2021, 20:00 hrs at the Continental Forum – Oradea. Aleea Strandului 1, 410051
Hotel:	Continental Forum Oradea https://continental-forum-oradea.continentalhotels.ro/

Note 1: All athletes, coaches, referees, or officials from each National Member Federation must stay in the official hotel for all days in attendance at the Event. If athletes, coaches, referees, or officials do not stay in the official hotel during the Event, they will be obliged to pay an administration fee of € 100 per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that Event. All room

reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

Note 2: The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms to the Continental Forum- Oradea.

Single room: 62 EUR per night/per room, including breakfast
Double room: 72 EUR per night/per room, including breakfast
Triple room: 96 EUR per night/per room, including breakfast

The accommodation fees shall be payable by bank transfer against the invoice or credit card as follows:

1. credit card
2. cash (EUR according to the current exchange rate)
3. Bank transfer against the invoice - on the basis of a requirements of participants only against the invoice (EUR according to the current exchange rate). Payment must be received at the bank account mentioned on the invoice at the latest 14 days prior to the beginning of the Championship.

The bank account details are:

RO51CECEB611C1EUR4520279 - EUR

Swift code: CECEROBU Banca: CEC Bank - Agentia Crangasi

All rooms must be booked at the latest June 23 2021. Hotel rooms may be canceled by August 01 2021. If not cancelled in time, federations have to pay the reserved hotel rooms, the participation fee, the doping and the banquet tickets for all lifters and officials specified at the final nomination form.

Note 3: 01th August 2021 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or change in the number of ordered banquet tickets.

If not cancelled in time, national federation has to pay the reserved hotel rooms (if the hotel requires such payment), the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form.

For referees the 01th August 2021 is last day for changes of categories for which referee has been allocated in the final nomination which his national federation sent to Championships Secretary.

Arrivals/Transportation:

Transportation to and from the Oradea Airport to the Hotel Continental Forum Oradea is:

When arriving 1 person: 40 EUR per person/both ways
When arriving 2 people: 24 EUR per person/ both ways
When arriving 3 people: 20 EUR per person/ both ways
When arriving 4 people: 16 EUR per person/ both ways
When arriving 5 or more people: 14 EUR per person/ both ways

Payment must be efectuated at the latest 14 days prior to the beginning of the Championship.

Transportation to and from Debrecen Airport to the Hotel Continental Forum Oradea will be offered at a fee of 50 eur per person both ways as a bulk transfer option . We will offer the transfers on fix departed times in every two hours depending on the arrival times of the airlines. Payment will be made at least 14 days prior to the beginning of the Championship.

For further information please contact mr. Cornel Caba - email: cornel.caba@aerotravel.ro .

Please sent the itinerary of your journey to Cornel Caba - email: cornel.caba@aerotravel.ro in order to provide the transfer. If you order the transfer you must pay for it even though you decide not to use it.

You can order transfer from other location but in this case the transportation fee will be accordingly decided but the organizer may decline it..

Transportation fee must be payed in advance to organizer bank account and the currency of the invoice is euro. Payment must be efectuated on the bank account mentioned by the invoice at the latest 14 days prior to the beginning of the Championship.

Scales: Scales available at the official hotel.

Training: Training facilities available in the warm-up area at designated times

- Flag and anthem:** Flags will be provided by organizers. Anthems must be provided by each nation.
- Opening Ceremony:** Monday 23rd August, 11:00 at the Venue. All representatives from each participating country shall take part at the Ceremony.
- Closing Banquet:** Saturday 28th August, 19:00 at the Continental Forum Oradea. Price per ticket for one person: 30 EUR paid by bank transfer or on arrival.
The number of banquet tickets must be ordered at the Nomination form.
- Participation Fee:** **50,00 EUR** for each lifter must be paid by bank transfer **to the IPF bank account** before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer 7 days before the Technical Meeting.
- Anti-Doping Fee:** **60,00 EUR** for each lifter must be paid by bank transfer **to the IPF bank account** before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer 7 days before the Technical Meeting.

Anti-Doping Information:

For the:

World Sub-Junior and Junior Powerlifting Championships

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. You must submit your completed certificate from ADeL with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
 - requirements for submitting whereabouts information
 - rights and responsibilities during [sample collection](#)
 - responsibility to avoid the use of prohibited substances and methods
 - consent to the use of your information
 - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom
5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you take a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact ipfantidoping@cces.ca.

Health and travel

Insurance:

All delegate must have a valid health insurance. The organiser and the IPF will not incur any expenses for a doctor or hospital. We recommed travel insurance for covering loss of luggage, theft, delayed planes, ect.

Nominations :

Team nomination forms must be in the hands of the Meet Director romania.powerlifting@gmail.com and the IPF Championship Secretary Gaston.Parage@powerlifting.sport

Preliminary :

24th June (complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).

Final :

2nd August (later entries will not be accepted).

Correspondence :

Emails regarding the championships must be sent to Alin Tomus romania.powerlifting@gmail.com + a copy to the IPF Championship Secretary, Gaston.Parage@powerlifting.sport

Provisional Timetable of Events

Day	Weigh-in time	Classes		Start
Sunday, 22.08.2021		Accreditation		09:00
		Technical Meeting		20:00
Monday, 23.08.2021		Open Ceremony		11:00
	10:00 – 11:30	Men	53kg / 59kg	12:00
	15:00 – 16:30	Women	43kg / 47kg	17:00
Tuesday, 24.08.2021	10:00 – 11:30	Men	66kg	12:00
	15:00 – 16:30	Women	52kg / 57kg	17:00
Wednesday, 25.08.2021	10:00 – 11:30	Men	74kg	12:00
	15:00 – 16:30	Men	83kg	17:00
Thursday, 26.08.2021	10:00 – 11:30	Men	93kg	12:00
	15:00 – 16:30	Women	63kg/69kg	17:00
Friday, 27.08.2021	10:00 – 11:30	Women	76kg/84kg/84+kg	12:00
	15:00 – 16:30	Men	105kg	17:00
Saturday, 28.08.2021	10:00 – 11:30	Men	120kg / 120+kg	12:00
	19:00 – 23:00	Closing Banquet		19:00

Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According Technical Rules [Page 4, item 7] on the submitted Final Nomination Form you must send the finalized list the athletes that will take part in the championship. At the Technical Meeting you can only delete athletes from your final nomination form and no one can change weight classes.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Sunday, 22 August 2021 at 20:00.

Victory Ceremonies will be held at the end of each lifting session. It will be absolutely mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same shall apply to participation and Anti-Doping fees (IPF-By-Laws105.5.2).

All athletes, coaches, referees, or officials from each National Member Federation must stay in the official hotel for all days in attendance at the Event. If athletes, coaches, referees, or officials do not stay in the official hotel during the Event, they will be obliged to pay an administration fee of € 100 per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that Event. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Gaston Parage
IPF President
IPF Championship Secretary

Ovidiu Panazan
RPF President

Alin Tomus
Championship Director