

Official Invitation

The International Powerlifting Federation and SA Powerlifting invite all IPF member federations
To participate in the

MEN'S AND WOMEN'S COMBINED MASTERS CLASSIC & EQUIPPED WORLD POWERLIFTING CHAMPIONSHIPS Friday 8th October to Sunday 17th October 2021 at Potchefstroom, South Africa

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director:	Johan (Hannie) Smith - email: hannie@lagayim.co.za Cell: +27 82 5663433 Fax +27 86 5243879
Correspondence & Visa support:	Vicki Botha email: hannie@lagayim.co.za Cell; +27824473848 fax; +27865243879
Nominations:	hannie@lagayim.co.za Cell: +27 82 5663433
IPF Championship Secretary :	Gaston Parage, 3, route D'Arlon, L-8009 Strassen, Luxembourg phone : +352-621165214 fax : +352-582696 e-mail : Gaston.Parage@powerlifting.sport
Accommodation:	Elgro Hotel – Helen de Wet - Elgro Hotel Conference Manager [conference@elgro.co.za]
Technical Secretary:	Vicky Botha hannie@lagayim.co.za – Cell: +27 82 4473848
Host City:	Potchefstroom - North West South Africa.
Date:	8th October 2021 – 17th October 2021
Venue:	Elgro Hotel Conference Centre Potchefstroom South Africa
Technical Meeting:	8th October 2021 Van Der Stel Conference room Elgro Hotel

Accommodation-Powerlifting Championships 8th October - 17th October 2021

Reservation must be done with Helen de Wet; Helen de Wet - Elgro Hotel Conference Manager. Email - conference@elgro.co.za Cell no. +27842500564 (w-up)

Tel: +2718 297 5411

Option 1 Luxury Accommodation – Willows Garden Hotel – 4 Star Hotel

This Hotel only has 41 rooms

Single Room R 1450.00 per person per night Bed, and Breakfast

Double / Twin Room R 1750.00 per room per night Bed and Breakfast

Option 2 Standard Accommodation – Elgro Hotel – 3 Star Hotel

This hotel has 100 rooms and is the venue for the Competition
Single Room R 1150.00 per person per night Bed, and Breakfast
Double / Twin Room R 1575.00 per room per night Bed and Breakfast

Note 1: All athletes, coaches, referees, or officials from each National Member Federation must stay in the official hotel for all days in attendance at the Event. If athletes, coaches, referees, or officials do not stay in the official hotel during the Event, they will be obliged to pay an administration fee of € 100 per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that Event. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

All rooms must be booked and paid direct to Elgro Hotel at the latest with the deadline of the **final nomination – 18th September 2021** is the latest date for any removal of nominated lifters, or change in the number of ordered banquet tickets. If not cancelled in time, federations have to pay the reserved hotel rooms, the participation fee, the doping and the banquet tickets for all lifters and officials specified at the final nomination form.

Arrivals/Transportation:

Transport from OR-TAMBO International Airport to Potchefstroom is **Euro 55 one way. Euro 110 Both way's** & includes the shuttle service between the Venue and all Hotels. Payment will be in Cash/Card on arrival to the Meet Director.

Please send your detailed travel itinerary to the Meet Director Hannie Smith - email: hannie@lagayim.co.za and Vicki Botha email; hannie@lagayim.co.za so that the transfer can be provided.

Scales:	Scales available at the official hotels.
Training:	Training facilities available at training area at the venue from the day the Championship start.
Flag and anthem:	Flags and Anthems will be provided by organizers.
Opening Ceremony:	In the Venue. All representatives from each participating country shall take part at the Ceremony.
Closing Banquet:	Classic Lifters Banquet - Wednesday 18th November 2020 at the Blue Hall Elgro Hotel Potchefstroom. Equipped Lifters Banquet – Saturday 21st November 2020 Blue Hall Elgro Hotel Potchefstroom Price per ticket for one person: 35,00 EUR paid by bank transfer or on arrival.
Participation Fee:	50,00 EUR for each lifter must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer 7 days before the Technical Meeting.
Anti-Doping Fee:	60,00 EUR for each lifter must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be sent by the IPF Treasurer 7 days before the Technical Meeting.

Anti-Doping Information:

For the:

World Master Classic & Equipped Powerlifting Championships

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.

2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.
4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
 - requirements for submitting whereabouts information
 - rights and responsibilities during [sample collection](#)
 - responsibility to avoid the use of prohibited substances and methods
 - consent to the use of your information
 - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom

For all anti-doping related questions, please contact ipfantidoping@cces.ca.

Health and travel

Insurance:

All delegate must have a valid health insurance. The organiser and the IPF will not incur any expenses for a doctor or hospital. We recommend travel insurance for covering loss of luggage, theft, delayed planes, ect.

Nominations :

Team nomination forms must be in the hands of the Meet Director hannie@lagayim.co.za and the IPF Championship Secretary Gaston.Parage@powerlifting.sport

Preliminary :

10 August 2021 (complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).

Final :

Correspondence :

18 September 2021 (later entries will not be accepted).

Emails regarding the championships must be sent to Johan Smith, hannie@lagayim.co.za + a copy to the IPF Championship Secretary, Gaston.Parage@powerlifting.sport

Provisional Timetable of Events

World Masters Powerlifting Championships in Potchefstroom, South Africa

Provisional timetable

Day	Weigh in time	Classes	Start
Friday 8th October		Technical Meeting	19:00
		Van Der Stel Hall	
Saturday 9th October	07:00-08:30	CLASSIC Men M4 59 kg – 120+ kg	09:00
		OPENING CEREMONY	12:00
		Women M 3 & M4 47 kg – 84+ kg	13:00
		Men M3 59 kg – 83 kg	17:00
Sunday 10th October	07:00-08:30	Men M3 93 kg – 120 + kg	09:00
	11:00 - 12:30	Women M2 47 kg – 57 kg	13:00
	15:00 – 16:30	Men M2 59 kg – 74 kg	17:00
Monday 11 th October	07:00 - 08:30	Men M2 83 kg – 93kg	09:00
	11:00 - 12:30	Women M2 63 kg - +84 kg	13:00
	15:00-16:30	Men M2 105 kg – 120+ kg	17:00
Tuesday 12 ^h October	07:00 – 08:30	Men M1 59 kg – 74 kg	09:00
	11:00 – 12:30	Women M1 47 kg – 63kg	13:00
	15:00 – 16:30	Men M1 83 kg – 93 kg	17:00
Wednesday 13 th October	07:00 – 08:30	Men M1 105 kg – +120 kg	09:00
	11:00 – 12:30	Women M1 69 kg – 84+ kg	13:00
		BANQUET	19:00
Thursday 14 th October	07:00 – 08:30	EQUIPPED Men M4 59 kg – 120+ kg	09:00
	12:00 – 13:30	Women M 3 & M4 47 kg – 84+ kg	14:00
	15:00 – 16:30	Men M3 59 kg – +120 kg	17:00
Friday 15th October	08:00 – 09:30	Men M2 59 kg – 93 kg	10:00
	12:00 – 13:30	Women M2 47 kg – +84 kg	14:00
Saturday 16th October	08:00 – 09:30	Men M2 105 kg – +120kg	10:00
	12:00 – 13:30	Men M1 59 kg – 93 kg	14:00
Sunday 17th October	08:00 -09:30	Women M1 47 kg – +84kg	10:00
	12:00 – 13:30	Men M1 105 kg – 120+ kg	14:00
		BANQUET	19:00

Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination. (IPF By-Laws 14.5)

According Technical Rules [Page 4, item 7] on the submitted Final Nomination Form you must send the finalized list the athletes that will take part in the championship. At the Technical Meeting you can only delete athletes from your final nomination form and no one can change weight classes.

Changes may occur to the timetable of events. All changes will be send to participating Nations, posted on the IPF Webpage and Social media platforms.

Victory Ceremonies will be held at the end of each lifting session. It will be absolutely mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Cancellations of hotel rooms must be done direct with the Hotel at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same shall apply to participation and Anti-Doping fees (IPF-By-Laws105.5.2).

All athletes, coaches, referees, or officials from each National Member Federation must stay in the official hotel for all days in attendance at the Event. If athletes, coaches, referees, or officials do not stay in the official hotel during the Event, they will be obliged to pay an administration fee of € 100 per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that Event. All room reservations must be done through the meet director of the Event, unless otherwise specified on the Invitation to the Event. (IPF By-laws 14.4).

Gaston Parage
IPF President
IPF Championship Secretary

Johan Smith
SAPF President

Johan Smith
Championship Director