

## Official Invitation

The International Powerlifting Federation  
and the United Arab Powerlifting Federation  
invite  
the IPF member nations to participate in the

### **Men's and Women's combined World Open Powerlifting Championships 2019** **from 18<sup>th</sup> November – 23<sup>rd</sup> November 2019** **in Dubai, UAE**

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

- Meet Director:** Mrs.Amani Hanafi , Email: [ebbfamai@yahoo.com](mailto:ebbfamai@yahoo.com)  
Address: UAE, Dubai, AL Twar 2  
Phone: +971 423 93535
- Correspondence, visa:** Mrs.Amani Hanafi , Email: [uae\\_powerlifting@yahoo.com](mailto:uae_powerlifting@yahoo.com)
- Accommodation:** Mr. Nassif Chedrawi  
+971 58 523 9433  
[OpenWorlds@aplyft.com](mailto:OpenWorlds@aplyft.com)
- Airport Transportation:** Mr. Nassif Chedrawi  
+971 58 523 9433  
[OpenWorlds@aplyft.com](mailto:OpenWorlds@aplyft.com)
- Championship Secretary:** Gaston Parage, 3, route D'Arion, L-8009 Strassen, Luxembourg  
Mobile Phone: +352 621165214, Fax: +352 582696, E-Mail:  
[Gaston.Parage@powerlifting.sport](mailto:Gaston.Parage@powerlifting.sport)
- Host City:** Dubai – United Arab Emirates
- Date:** 18<sup>th</sup> November – 23<sup>rd</sup> November 2019
- Venue:** Hamdan Sports Complex,  
P.O. Box 66677, Dubai, UAE

- General Assembly:** Sunday 17<sup>th</sup> November 2019 at 14:00  
Intercontinental Festival city,  
Dubai Festival City, P.O. Box 45777 Dubai, UAE
- Technical Meeting:** Sunday 17<sup>th</sup> November 2019 at 20:00  
Intercontinental Festival city,  
Dubai Festival City, P.O. Box 45777 Dubai, UAE
- Weigh-in:** Venue
- Official Hotels:** Intercontinental Festival city,  
Dubai Festival City, P.O. Box 45777 Dubai, UAE  
[Link: Hotel Intercontinental Festival city](#)
- Room rate:** Single room USD 230 (per day, per person, standard room, incl. breakfast)  
Twin room (two beds room) USD 230 (per day, per room, standard room, incl. breakfast) Including free transportation from and to DXB airport  
**(When ordering rooms in April and May)**
- Single room USD 240 (per day, per person, standard room, incl. breakfast)  
Twin room (two beds room) USD 240 (per day, per room, standard room, incl. breakfast) Including free transportation from and to DXB airport  
**(When ordering the rooms after May)**
- Official Hotels:** Crowne Plaza Festival city,  
Dubai Festival City, P.O. Box 45777 Dubai, UAE  
[Link: Hotel Crowne Plaza Festival city](#)
- Room rate:** Single room USD 210 (per day, per person, standard room, incl. breakfast)  
Twin room (two beds room) USD 210 (per day, per room, standard room, incl. breakfast) Including transportation from and to DXB airport  
**(When ordering rooms in April and May)**
- Single room USD 220 (per day, per person, standard room, incl. breakfast)  
Twin room (two beds room) USD 220 (per day, per room, standard room, incl. breakfast) Including transportation from and to DXB airport  
**(When ordering the rooms after May)**

**Official Hotels:** Holiday Inn Festival city,  
Dubai Festival City, P.O. Box 45777 Dubai, UAE  
[Link: Hotel Holiday Inn Festival city](#)

**Room rate:** Single room USD **123** (per day, per person, standard room, incl. breakfast)  
Twin room (two beds room) USD **123** (per day, per room, standard room, incl. breakfast) Including transportation from and to DXB airport  
**(When ordering rooms in April and May)**

Single room USD **130** (per day, per person, standard room, incl. breakfast)  
Twin room (two beds room) USD **130** (per day, per room, standard room, incl. breakfast) Including transportation from and to DXB airport  
**(When ordering the rooms after May)**

**Payment:** Wire Transfers

Bank:	NBD
Branch:	Ground Floor, Bldg. 2, Bay Square, Al Asayel Road, Business Bay - Dubai - United Arab Emirates
Account Name:	APLYFT ONLINE PORTAL LLC
Account Number / IBAN :	1015446283001 (AED) AE680260001015446283001
Swift Code:	EBILAEAD

- Note:
- Sender must pay any applicable fees for transfers.
  - All lifter's name must be informed.
  - All bookings must be done through APLYFT

**Note 3:**  
26th October 2019 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or change in the number of ordered banquet tickets.

If not cancelled in time, association has to pay the reserved hotel rooms (if the hotel requires such payment), the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form.

For referees the 26th October 2019 is last day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

**Arrival /** Please send your detailed travel itinerary to [OpenWorlds@aplyft.com](mailto:OpenWorlds@aplyft.com)

<b>Transportation:</b>	that the transfer can be provided. Hotel shuttle is included and free of charge.
<b>Flight tickets:</b>	10% discount on Saver, Flex and Flex Plus in Economy Class for all flights on Fly Emirates excluding special fares for tickets booked between 12 November 2019 and 29 November 2019.
<b>Scales:</b>	Scales available in each official hotel and venue
<b>Training:</b>	To be announced
<b>Flag and anthem:</b>	Will be provided by the Organizer
<b>Closing Banquet:</b>	23 <sup>rd</sup> November 2019 19:00 Festival Arena, Dubai Festival City, P.O. Box 45777 Dubai, UAE Price per ticket €35. Tickets should be ordered with the nomination of lifters and officials. Tickets available at the venue until Thursday, 21 <sup>st</sup> November.
<b>Participation Fee:</b>	€50 for each competition must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be send by the IPF treasurer.
<b>Anti-Doping Fee:</b>	€60 for each competition must be paid by bank transfer to the IPF bank account before the Technical Meeting. IPF invoice will be send by the IPF treasurer.
<b>Opening Ceremony:</b>	18 <sup>th</sup> November at the Venue at 17:00 All representatives from each participating country shall take part at the Ceremony.
<b>Health and Travel Insurance:</b>	All delegate members must have a valid health insurance. The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, theft, delayed planes etc.
<b>Nominations:</b>	Team nomination form must be in the hands of the Meet Director ( <a href="mailto:ebbfamani@yahoo.com">ebbfamani@yahoo.com</a> ) and the IPF Championship Secretary ( <a href="mailto:Gaston.Parage@powerlifting.sport">Gaston.Parage@powerlifting.sport</a> ) not later than 18 <sup>th</sup> September 2019.
<b>Preliminary:</b>	<b>18<sup>th</sup> September (complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was note sent)</b>
<b>Final :</b>	<b>27<sup>th</sup> October (later entries will not be accepted)</b>
<b>Victory Ceremonies:</b>	Will be held immediately after each lifting session. It is mandatory that each athlete wears their National Team Warm-up/Track Suit for the award presentation.



## Travel on Emirates to Dubai, for the IPF World Open Powerlifting Championships 2019

We're pleased to inform you that Emirates Airline has proudly been selected as the partner airline for the IPF world open powerlifting championships. Emirates has excellent connections to all of the six continents via Dubai with more than 161 current destinations worldwide – and we are expanding our route network all the time.

Use your Promotion Code to get special fares on Emirates.

**Promotion code: EVE6WPL**

**Travel Validity: 12 – 29 November 2019**

Book your travel today at [www.emirates.com](http://www.emirates.com) and enter the above promotion code when you book.

### **Terms and conditions**

- Outbound and inbound travel must be within the validity period
- Destinations: Offer valid ONLY from and to gateway cities in which Emirates operates direct flights. (Including interline flights to gateway cities).
- Discount applicable: 10% off on the prevailing lowest online fare on Economy Class return fares (excluding Special Fares). First Class and Business no discount is applicable.
- Offer valid ONLY for return travel to Emirates gateway cities to Dubai and not from Dubai.
- Offer extends to companions travelling with attendees.
- The offer may not be used in conjunction with any other promotion, discount or special offer.
- Regular charges applies for any modification and changes as per the fare rule and conditions.
- The promotion code should be displayed on a secured website which is accessed by the delegates

**Provisional Timetable:**

Day	Weigh-in time	Classes		Start
Sunday, 17.11.2019		Accreditation		09:00
		General Assembly		14:00
		Technical Meeting		20:00
Monday, 18.11.2019	10:00 – 11:30	Men	59kg / 66kg	12:00
		Opening Ceremony		17:00
	16:00 – 17:30	Women	47kg / 52kg	18:00
Tuesday, 19.11.2019	10:00 – 11:30	Women	57kg	12:00
	15:00 – 16:30	Men	74kg	17:00
Wednesday, 20.11.2019	08:00 – 09:30	Men	83kg	10:00
	12:00 – 13:30	Women	63kg	14:00
	15:00 – 16:30	Men	93kg	17:00
Thursday, 21.11.2019	12:00 – 13:30	Women	72kg	14:00
	16:00 – 17:30	Men	105kg	18:00
Friday, 22.11.2019	10:00 – 11:30	Women	84kg	12:00
	13:00 – 14:30	Special Olympics + Paralympics		15:00
	16:00 – 17:30	Men	120kg	18:00
Saturday, 23.11.2019	09:00 – 10:30	Women	+84kg	11:00
	12:00 – 13:30	Men	120+kg	14:00
		Closing Banquet	19:00	

## Important Items to remember

- Preliminary nomination forms must be sent not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e., only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).
- According technical Rules [Page 4, item 7] at the final nomination you must definite list the athletes, who will take part in the championship. **At the technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.**
- Changes may occur to the time table of events. All changes will take place at the technical meeting that will be held on Sunday 17<sup>th</sup> November at 20:00 at Intercontinental Festival city.
- Victory Ceremonies will be held at the end of each lifting session. It is mandatory that each athlete wears their National Team Warm-up/Trach Suit for the award presentation.
- If the organizer does not receive a confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws 105.5.2)
- All athletes, coaches, referees and officials from each federation have to book their rooms by the organizer and have to stay in the official hotel during the entire time in attendance of the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the entire time in attendance of the championship, they will be obliged to pay an administration fee of € 100 per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (IPF By-laws 105.4.4).
- **Indemnity & Insurance:** All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Gaston Parage  
IPF President

Faisal Ahmed Alzaabi  
EFFB President

Amani Hanafi  
Meet Director