**OFFICIAL INVITATION**

The International Powerlifting Federation

and

the Swedish Powerlifting Federation

invite

the IPF member nations to participate in the

**Men’s and Women’s combined Open, Sub-Junior, Junior & Masters Classic/Raw**

**Powerlifting World Championships**

**from 3rd June – 15th June 2019**

**in Helsingborg, Sweden**

**Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.**

**Meet Director:** Robert Ericsson, Östra Långgatan 5 73132 Köping Sweden-SE

E-mail: [robert.ericsson@styrkelyft.se](mailto:robert.ericsson@styrkelyft.se) , Phone: +46 104507171

**Correspondence, visa:** Anett Langva e-mail: anett.langva@styrkelyft.se tel: +46 104507172

**Accommodation and transport:** Anette Snögren, [powerlifting@grandtravel.se](mailto:powerlifting@grandtravel.se)

**Transport**: Link for accommodation, transport and banquet: [www.trippus.net/Helsingborg2019\_WorldPowerliftingChampionship](http://www.trippus.net/Helsingborg2019_WorldPowerliftingChampionship)

**Technical Secretary:** Anett Langva, [anett.langva@styrkelyft.se](mailto:anett.langva@styrkelyft.se)

**IPF Championship Secretary**: Gaston Parage, 3, route D’Arlon, L-8009 Strassen, Luxembourg

Mobile Phone: +352-621165214, Fax: +352-582696, E-Mail: Gaston.Parage@powerlifting.sport

**Host City:** Helsingborg, Sweden

**Date:** 3rd -15th June 2019

**Venue:** Helsingborg Arena, Mellersta Stenbocksgatan 14 25437 Helsingborg

**Hotel Information**: Link for registration: [www.trippus.net/Helsingborg2019\_WorldPowerliftingChampionship](http://www.trippus.net/Helsingborg2019_WorldPowerliftingChampionship)

For more information: [www.powerlifting@grandtravel.se](http://www.powerlifting@grandtravel.se)

**Technical Meeting**: Monday June 3, 19:00. at the Clarion Grand Hotel (official hotel)

**Extraordinary General Assembly:** Monday 10 June, 19:00 Clarion Grand Hotel

Note 1:

All athletes, coaches, referees or officials from each federation must stay in the official hotel during the entire time in attendance at the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the entire time in attendance at the championship, they will be obliged to pay an administration fee of 100 EUR per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (By-Laws 105.4.4).

Note 2:

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible. All rooms must be booked and paid for at the latest with the deadline of the final nomination – 13th May 2018. After the deadline the organizer cannot guarantee the accommodation.

**Payable by:**

1. credit card
2. cash (SEK (Swedish Krones) **ONLY** according to the current exchange rate)
3. Bank transfer according the invoice in EUR. Payment must be received at the bank account according to the invoice at the latest **14 days** prior to the beginning of the Championship.

Note 3:

In the event of a Powerlifting Championships being combined e.g. with a Sub-Junior, Junior Open & Master's Championships, a lifter has the option of competing in either the Sub Junior & Junior, Junior & Open, Open & Master's Championships, and receive the award for both that in which he/she competed. The athlete to pay entry fee for both and need to compete twice.

**Arrivals/Transportation:**

Transport from Ängelholm airport to hotel: (250 **SEK**) each way/per person), 30 minutes travel. Transport fee is payable in advance, or on arrival in cash (**SEK!**) only.

Shuttle: Will be provided from notified hotels.

Scales: Scales will be available at the hotels, 24 hours.

  Scales will also be available at the venue when not in use.

Training**:** Training will be available at the venue in specified area for accreditated persons

Flag and anthem:Will be provided by the Organizer.

**Closing Banquets:**

**Masters:** June 7at 19:00, Price 35 € or **385 SEK if payed in cash/creditcard** **at venue**

**Junior/Sub-Junior:** June 10at 19:00, Price 35 € or **385 SEK if payed in cash/creditcard at venue**

**Open:** June 15at 19:00, Price 35 € or **385 SEK if payed in cash/creditcard at venue**

Payment in advance for banquet tickets is recommended, but tickets will be available up to 48 hours prior to each.

**Participation Fee:** 50 € for each lifter declared must be wired to the IPF bank account

**Anti-Doping Fee:** 60 € for each lifter declared must be wired to the IPF bank account

**Health and Travel Insurance**: All delegate members must have a valid health insurance. The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, theft, delayed planes etc.

**Nominations:** Team nomination forms must be in the hands of the Meet Director [robert.ericsson@styrkelyft.se](mailto:robert.ericsson@styrkelyft.se) , and the IPF Championship Secretary not later than: 4 April 2019

**Preliminary:** 4 April 2019 **complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).**

**Final:** 13 May 2019 **(later entries will not be accepted).**

All nominated lifters and officials must cover all Hotel costs if we have received no information about a cancellation 14 days prior to the championships, and the same applies for the participation and anti-doping fees (IPF-By-Laws105.5.2).

**21 Days Before Technical Meeting: 13th of May is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.** If not any withdrawal is made 21 days prior to the Technical Meeting of an World championships or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form.

Correspondence: E-Mails regarding the championship must be sent to:

Robert Ericsson, [robert.ericsson@styrkelyft.se](mailto:robert.ericsson@styrkelyft.se) and a copy to the IPF Championship Secretary Gaston Parage. [Gaston.Parage@powerlifting-ipf.com](mailto:Gaston.Parage@powerlifting-ipf.com)

VISA information: Anett Langva, [anett.langva@styrkelyft.se](mailto:anett.langva@styrkelyft.se) +46 104507172

**Timetable World Classic Championship 2019 – Helsingborg, Sweden**

**Technical Meeting:** Monday 3 June 2019 at 19:00

**Opening Ceremony**: Tuesday 4 June, 2019 at 12:00

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Day** | **Weigh-in time** | **Classes** | | **Start** |
| Tuesday 04/06 | 07:00-08:30  Session 1 | Women M2-M4 Men M4  Platform 1 Platform 2  47- 52 kg 59 – +120 kg  **OPENING CEREMONY 12:00** | | 09:00 |
|  | 11:00 – 12:30  Session 2 | Women M2-M4 Women M2-M4  Platform 1 Platform 2  57 kg 63 kg | | 13:00 |
|  | 15:00-16:30  Session 3 | Women M2-M4 Women M2-M4  Platform 1 Platform 2  72 kg 84 - +84 kg | | 17:00 |
| Wednesday 05/06 | 07:00-08:30  Session 1 | Men M3 M 3  **Platform** 1 **Platform 2**  83-120+ kg 59 -74 kg | | 09:00 |
|  | 13:00-14:30  Session 2 | Men M2 M2  Platform 1 Platform 2  59 - 66 kg 74 - 83 kg | | 15:00 |
| Thursday 06/06 | 07:00-08:30  Session 1 | Men M2 M2  Platform 1 Platform 2  120 -+120kg 93 – 105 kg | | 09:00 |
|  | 11:00-12:30  Session 2 | Men M1  **Platform 1**  74 - 83 kg | Men M 1  **Platform 2**  59 - 66 kg | 13:00 |
|  | 15:00 – 16:30  Session 3 | Women M1  Platform 1  47 - 52 kg | Women M1  Platform 2  57 - 63 kg | 17:00 |
| Friday 07/06 | 07:00 – 08:30 | Women M1  Platform 2  72 kg | Women M1  Platform 1  84 - +84 kg | 09:00 |
|  | 12:00 – 13:30  Session 2 | Men M1  93 - 105 kg  Platform 1 | Men M1  120 - +120 kg  Platform 2 | 14:00 |
| **Master Banquet** | **19:00** | | | |
| Saturday 08/06 | 07:00-08:30  Session 1 | Men Junior  53 – 59 kg  Platform 1 | Men Sub-Junior  53 – 59 kg  Platform 2 | 09:00 |
|  | 12:00 – 13:30  Session 2 | Women Junior  43 - 52 kg  Platform 1 | Women Sub Junior  43 – 52 kg  Platform 2 | 13:00 |
|  | 15:00 – 16:30  Session 3 | Men Junior.  66 – 74 kg  Platform 1 | Men Sub Junior  66 – 74 kg  Platform 2 | 17:00 |
| Sunday , 09/06 | 07:00 – 08:30  Session 1 | Women Junior  57 -63 kg  Platform 1 | Women Sub Junior  57 – 63 kg  Platform 2 | 09:00 |
|  | 11:00 – 12:30  Session 2 | Men Junior  83 kg.  Platform 1 | Men Sub Junior  83 - 93 kg  Platform 2 | 13:00 |
|  | 15:00-16:30  Session 3 | Men Junior  93 kg  Platform 1 | Men Sub Junior & Junior  105 kg  Platform 2 | 17:00 |
|  |  |  |  |  |
| Monday 10/06 | 07:00-08:30  Session 1 | Women Junior  72 - +84 kg  Platform 1 | Women Sub Junior  72 - +84 kg  Platform 2 | 09:00 |
|  | 12:00 – 13:30 | Men Sub Junior & Junior  120 kg  Platform 1 | Men Sub Junior & Junior  +120 kg  Platform 2 | 14:00 |
| **Extraordinary General Assembly** | **19:00** | | | |
| **Junior Banquet** | **20:00** | | | |
| Tuesday 11/06 | 07:00 – 08:30  Session 1 | Women Open  47 kg |  | 09:00 |
|  | 11:00 – 12:30  Session 2 | Women Open  52 kg |  | 13:00 |
|  | 15:00-16:30  Session 3 | Men Open  59 kg |  | 17:00 |
| Wednesday 12/06 | 07:00-08:30  Session 1 | Women Open  57 kg |  | 09:00 |
|  | 11:00-12:30  Session 2 | Men Open  66 kg |  | 13:00 |
|  | 15:00-16:30  Session 3 | Women Open  63 kg |  | 17:00 |
| Thursday , 13/06 | 06:00-07:30  Session 1 | Men Open  74 kg |  | 08:00 |
|  | 10:00-11:30  Session 2 | Women Open  72 kg |  | 12:00 |
|  | 16:00-17:30  Session 3 | Men Open  83 kg |  | 18:00 |
| Friday 14/06 | 07:00 – 08:30  Session1 | Men Open  93 kg |  | 09:00 |
|  | 11:00 – 12:30  Session 2 | Women Open  84 & 84+ kg |  | 13;00 |
|  | 15:00 – 16:30  Session 3 | Men Open  105 kg |  | 17:00 |
| Saturday 15/06 | 07:00 – 08:30  Session 1 | Men Open  120 kg |  | 09:00 |
|  | 11:00 – 12:30  Session 2 | Men Open  +120 kg |  | 13:00 |
| **Open Banquet** |  |  |  | **19:00** |

**Important Items to Remember**

Preliminary nomination forms must be sent not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

According Technical Rules [Page 4, item 7] at the final nomination you must definite list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Monday, June 3, 2019 at 19:00 hrs. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws 105.5.2).

All athletes, coaches, referees or officials from each federation must stay in the official hotel during the entire time in attendance at the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100,-- per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (IPF By-laws 105.4.4).

**Indemnity & Insurance:** All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

### Gaston Parage Johnny Wiklund Robert Ericsson

### President IPF SSF President Meet Director

### 