

World Open, Sub-Junior, Junior & Master's Classic Bench Press Championships			
in Vantaa, Finland, May 13-19, 2018			
Final timetable			
Day	Weigh in time	Classes	Start
Sunday 13th May		Technical Meeting	20:00
Monday 14th May	7:00 - 8:30	Women M1 - M4 47 & 52 kg	9:00
		Opening Ceremony	11:00
	10:00 - 11:30	Men M1 - M4 59 & 66 kg	12:00
	13:00 - 14:30	Men M1 & M2 74 kg	15:00
	15:00 - 16:30	Men M3 & M4 74 & 83 kg	17:00
Tuesday 15th May	7:00 - 8:30	Men M1 & M2 83 kg	9:00
	9:00 - 10:30	Women M2 - M4 57, 63 & 72 kg	11:00
	11:30 - 13:00	Women M1 57, 63 & 72 kg	13:30
	14:00 - 15:30	Men M1 - M4 93 kg	16:00
Wednesday 16th May	7:00 - 8:30	Women M1 - M4 84 & +84 kg	9:00
	9:30 - 11:00	Men M3 & M4 105, 120 & +120 kg	11:30
	12:00 - 13:30	Men M2 120 & +120 kg	14:00
	14:00 - 15:30	Men M1 & M2 105 kg	16:00
	16:00 - 17:30	Men M1 120 kg & +120 kg	18:00
		Master Banquet	20:00
Thursday 17th May	7:00 - 8:30	Sub-Junior Men 53 - 74 kg	9:00
	9:00 - 10:30	Sub-Junior Women 43 - +84 kg	11:00
	11:30 - 13:00	Sub-Junior Men 83 - +120 kg	13:30
Friday 18th May	7:00 - 8:30	Junior Women 43 - 57 kg	9:00
	9:00 - 10:30	Junior Men 53 - 83 kg	11:00
	11:30 - 13:00	Junior Women 63 - +84 kg	13:30
	14:00 - 15:30	Junior Men 93 - +120 kg	16:00
	16:30 - 18:00	Open Women 47 - 63 kg	18:30
Saturday 19th May	6:00 - 7:30	Open Men 59 - 66 kg	8:00
	7:30 - 9:00	Open Women 72 - +84 kg	9:30
	9:30 - 11:00	Open Men 74 - 83 kg	11:30
	12:00 - 13:30	Open Men 93 - 105 kg	14:00
	13:30 - 15:00	Open Men 120 - +120 kg	15:30
		BANQUET	20:00