



# International Powerlifting Federation, European Powerlifting Federation, and the Spanish Powerlifting Association invite IPF/EPF member nations to participate in the 2021 Arnold Classic Europe, in Sevilla, Spain

17 – 19 September 2021

<b>ROGUE</b> Open Classic Powerlifting Grand Prix- Men and Women			
Prize Money	y - Men	Women	
1. Place	€3.500	€3.500	
2. Place	€2.200	€2.200	
3. Place	€1.300	€1.300	
4. Place	€700	€700	
5. Place	€400	€400	

<b>ROGUE</b> Open Classic Bench Press - Men and Women				
Prize Money	- Men	Women		
1. Place	€2.000	€2.000		
2. Place	€1.200	€1.200		
3. Place	€800	€800		
4. Place	€500	€500		
5. Place	€300	€300		





Onen Classie Deedlift Men and Wemen				
<b>Open Classic Deadlift - Men and Women</b>				
Prize Mone	ey - Men	Women		
1. Place	€2.000	€2.000		
2. Place	€1.200	€1.200		
3. Place	€800	€800		

Please note: all information is posted only for information purposes. All team selections, all official entries for the event must be done by IPF/EPF Member nations, NOT by individuals.

**IPF/EPF** reserves the right to limit the number of participants following the preliminary nomination.

For the Rogue Classic PL Grand Prix it is 32 lifters per gender!

Rogue Open Classic Powerlifting Grand Prix Men – 32 lifters

Rogue Open Classic Powerlifting Grand Prix Women 32 lifters

## For Rogue Classic BP it is 20 lifters per gender!

Rogue Open Classic Bench Press Men – 20 lifters

Rogue Open Classic Bench Press Women – 20 lifters

# For Open Classic DL it is 20 lifters per gender!

A7 Open Classic Deadlift Men – 20 lifters

A7 Open Classic Deadlift Women – 20 lifters

No restrictions on referees.











**Free pass:** all lifters, referees, coaches, and officials will receive passes to access the Arnold Classic Europe 2021 for all three days

<u>Please note</u>, if an athlete, coach, referee or official gives his/her accreditation to a third person, they will be expelled from the event and he/she would be asked to pay the entrance fee.

The organization reserves the right of admission against any athlete, coach, referee or official, as well as, his/her expulsion of the venue if there is violent or illicit attitude during the event.

#### **Meet Director:** Francisco Gutierrez

Address: Guadalhorce Street, 2, 2 - C Alhaurin De La Torre Malaga, Spain Email: fgpersonaltrainermlg@gmail.com Phone: 34 650644069

#### **Technical Secretary: Ralph Farquharson**

Address: Galena 5, Casa 44, Villapiedra, 03189 Orihuela Costa, Alicante, Spain Phone: +34 966 733 367, Mobile: +34 650 041 559, e-mail: ralph@europowerlifting.org

#### THE NOMINATION FORM MUST BE SENT TO:

**Meet director: Francisco Gutierrez, address**: Guadalhorce Street, 2, 2 - C Alhaurin De La Torre, Malaga, Spain Email: <u>fgpersonaltrainermlg@gmail.com</u> Phone: 0034 650644069

<u>Copy:</u> Technical secretary: Ralph Farquharson, Galena 5, Casa 44, Villapiedra, 03189 Orihuela Costa, Alicante, Spain

Phone: +34 966 733 367, Mobile: +34 650 041 559, e-mail: ralph@europowerlifting.org

Host City: Sevilla, Spain

Date: 17 – 19 September 2021

VENUE: FIBES SEVILLA Palacio de Congresos y Exposiciones Location: Avda. Alcalde Luis Uruñuela, 1 41020 Sevilla. Google Maps link: <u>https://goo.gl/maps/tj4rMhxWd5fDWs178</u>

TechnicalHotel IBIS Sevilla, 16. September 20:00; Location: Aviación, 12, MacarenaMeeting:Norte, 41007 Sevilla, España

Arrivals/Transport: Will not be provided











#### Hotels:

#### HOTEL IBIS BUDGET SEVILLA AEROPUERTO\*

Location: Plaza Gota de Leche, 1, Macarena Norte, 41007 Sevilla, España Average price per night: 45-55€ per double room (breakfast 5,30€) Google maps link: <u>https://goo.gl/maps/gqkYjUcVbiKrorAg9</u>

#### HOTEL IBIS SEVILLA\*

Location: Aviación, 12, Macarena Norte, 41007 Sevilla, España Average price per night: 65-75€ per double room (breakfast 8,50) Google maps link: <u>https://goo.gl/maps/rqDvJSujP9wcjbUB6</u> Please note The Hotel is only a recommendation all athletes, coaches, referees, and

officials are free to find their own accommodation

IPF/EPF will not be responsible for any hotel bills of the participating nations.

Scale: Scale available at the venue

Participation fee: 90 EUR for each lifter must be paid by bank transfer to the IPF account.

Anti-Doping fee: 50 € for each lifter must be paid by bank transfer to the IPF account.

**The IPF** treasurer will send invoice for both Participation and Anti-doping fees to all entered Federation.

Payment must be received by the IPF account: Bank transfer to the following bank

account:

Name of the account:	International Powerlifting Federation
Name of the Bank:	Caisse d'Epargne de l'Etat du Luxembourg
Account number:	(IBAN) LU57 0019 1300 4802 3000
Bic Code:	BCEELULL
Address:	Place de Metz L-2954, Luxembourg

Payment must be received at the above-mentioned bank account at the latest 14 days prior to the start of the event

**Nominations:** Team nomination forms must be in the hands of the Meet director and the Technical secretary not later than:

Preliminary: 01 August 2021 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

Final: 26 August 2021 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!! Final nomination must be sent not later than 21 days before the date of the event and must be made only from lifters nominated in







Preliminary nomination of the Event. This is inclusive of reserve or alternate lifters. Nominations must be done via the electronical nomination system of the IPF and also a copy of the nomination must be sent to the Meet Director and the Technical Secretary.

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination, no changes in the weight category in which the lifter is nominated will be allowed.

**Confirmation of the referee's participation:** It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the event.

**Identification:** all lifters are expected to present passports and other required documents at the weigh-in.

**Health insurance:** All delegate members must have a valid health insurance. The Organizer and the IPF/EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

## Preliminary timetable:

Friday, 17. Septe	mber 2021	
Morning Session – 16	ifters – Group 1 and 2	
Classic Powerlifting C	Grand Prix Women	
Weigh-in	10.00 to 11.30	
Start of event	12.00	
Afternoon Session – 16 Lifters - Group 1 and 2 Weigh-in 13.30 to 15.00		
Start of event	15.30	











Saturday, 18. September 2021
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Morning	Session -	– 16 Lifters –	Group 1 and 2
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**Classic Powerlifting Grand Prix Men** 

Weigh-In 10.00 to 11.30

Start of Event 12.00

Afternoon Session – 16 Lifters - Group 1 and 2Weigh-in13.30 to 15.00

Start of event 15.30

## Sunday, 19. September

Morning Session – 40 lifters Group 1 and 2 Classic Bench Press Women and Men

Weigh-in	10.00 to 11.30
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Start of event 12.00

### Afternoon Session Classic Deadlift Women and Men – 40 lifters Group 1 and 2

Weigh-In 1	2.30 to 14.00
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Start 14.30

**Important Note:** Changes may be made to the schedule of events after the Final nomination depending on the number of lifters finally entered at this Final nomination. Changes of the timetable are possible by the amount of nominations after the Final nomination

The Victory Ceremony of the Classic PL Grand Prix the award winners (1-5) male **AND** female will be awarded on Saturday 18th September Evening (19:00) at the main Gala and will receive their prize money from **Arnold Schwarzenegger**.

It will be MANDATORY for ALL award winners (male and female) to attend this victory ceremony otherwise he/she will lose his/her prize money.

It is mandatory that each athlete wears his/her National Team Track Suit for the award presentation.

Gaston Parage	Arnulf Wahlstrøm	Francisco Gutierrez	Ralph Farquharson
IPF President	EPF President	Meet director	EPF Sec. General