



OFFICIAL INVITATION

The International Powerlifting Federation and the Brazil Powerlifting Confederation

invite

the IPF member nations to participate in the

**Arnold Classic Powerlifting Grand Prix,
Equipped Powerlifting, Classic & Equipped Bench Press**

from 14th to 16th April 2023

in São Paulo, BRAZIL

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director: Julio Conrado
Phone: +55-11-95402-3128
E-Mail: powerbrazil@uol.com.br with a copy to office@powerlifting.sport and Emanuel.Scheiber@powerlifting.sport

Host City: São Paulo, BRAZIL

Date: 14th to 16th April 2023

Venue: Expo Center Norte, Rua José Bernardo Pinto, 333 - Vila Guilherme, São Paulo – SP, Zip Code 02055-000

Hotel: The organization does not partner with any hotel for the competition. However, due to the proximity to the venue, we recommend the following:

IBIS STYLES SÃO PAULO ANHEMBI - Economic alternative
Address: Av. Cruzeiro do Sul, 1709 - Santana, São Paulo - SP, 02031-000
Phone +55-11-3336-5400

Website for reservation:
https://all.accor.com/hotel/9596/index.pt-br.shtml?utm_campaign=seo+maps&utm_medium=seo+maps&utm_source=google+Maps

NOVOTEL SÃO PAULO CENTER NORTE - Four Stars
Address: Av. Zaki Narchi, 500 - Vila Guilherme, São Paulo - SP, 02029-000
Phone +55-11-2224-4000

Website for reservation:
https://all.accor.com/hotel/2992/index.pt-br.shtml?utm_campaign=seo+maps&utm_medium=seo+maps&utm_source=google+Maps

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Arrivals/Transportation Information

International Airport for arrival:

International Airport of Guarulhos – Governador André Franco Montoro

Transport from and to the airport will be provided by Organizers.

You must send a transport reservation to the Organizer with arrival day, arrival time, flight number and carrier, as well as the number of persons.

Up to three persons: R\$ 120,00 per person one way;
More than three persons: R\$ 100,00 per person one way.

Training:

Training will be available for accredited persons.

Participation Fee:

60 € for each lifter declared must be wired to the Brazilian Federation bank account
Invoices will be sent directly after final nomination and must be on the mentioned bank account latest 7 days prior the start of the event.

Anti-Doping Fee:

60 € for each lifter declared must be wired to the Brazilian bank account
Invoices will be sent directly after final nomination and must be on the mentioned bank account latest 7 days prior the start of the event.

Health and Travel Insurance: All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.

COVID19 Regulations:

The Championship will be organised under strict COVID19 rules and regulations.
IPF COVID Precautions are published on the webpage under the following link:
<https://www.powerlifting.sport/fileadmin/ipf/data/championships/informations/2021/IPF.Covid.Precautions.pdf>

Additionally, the IPF will follow to 100% the COVID Rules and Regulations of the Government from the host country (Brazil). ALL participants must follow the rules of the IPF COVID Precautions and the Rules and Regulations of the Brazilian Government. Failure to do so, will cause a disqualification and exclusion from the championship.

Nominations:

Team nomination forms must be in the hands of the Meet Director not later than:
1st March 2023.

Preliminary:

1st March 2023 complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).

Final:

25th March 2023 (later entries will not be accepted).



21 Days Before the start of the competition: 25th March is the latest date for any removal of nominated lifters. If not any withdrawal is made 21 days prior to the Technical Meeting of a World Championship or Cup, federations are bound to pay the participation and doping fees for all lifters specified at the final nomination form (IPF By-Laws)

Correspondence: E-Mails regarding the championship must be sent to:

Meet Director Julio Conrado – powerbrazil@uol.com.br copy to office@powerlifting.sport and Emanuel.Scheiber@powerlifitng.sport

Scoring: All scorings are based on IPF GL Points (no weight categories!)

Awards/Prize Money: All participants will receive a medal. The top 3 in each Session will Receive an award and the prize money according the list below.

Classic Powerlifting Grand Prix

	Women	Men
1. Place	EUR 1.000,--	EUR 1.000,--
2. Place	EUR 500,--	EUR 500,--
3. Place	EUR 350,--	EUR 350,--

Bench Press Equipped

	Women	Men
1. Place	EUR 500,--	EUR 500,--
2. Place	EUR 350,--	EUR 350,--
3. Place	EUR 200,--	EUR 200,--

Bench Press Classic

	Women	Men
1. Place	EUR 500,--	EUR 500,--
2. Place	EUR 350,--	EUR 350,--
3. Place	EUR 200,--	EUR 200,--

Powerlifting Equipped

	Women	Men
1. Place	EUR 500,--	EUR 500,--
2. Place	EUR 350,--	EUR 350,--
3. Place	EUR 200,--	EUR 200,--

Total Prize Money: EUR 10.000,--

The payouts for each Session requires a minimum number of 8 competitors.



Provisional time Table

Timetable subject to schedule changes

Day	Session	Weigh In	Competition	Victory Ceremony
Friday, 14.04.23	1. Equipped Bench Press Male & Female	09:00 – 10:30	11:00 – 13:00	13:15
	2. Classic Powerlifting Male	11:30 – 13:00	13:30 – 19:30	19:45
Saturday, 15.04.23	1. Classic Bench Press Male & Female	09:00 – 10:30	11:00 – 13:00	13:15
	2. Classic Powerlifting Female	11:30 – 13:00	13:30 – 18:30	18:45
Saturday, 01.05.22	1. Equipped Powerlifting Male & Female	09:00 – 10:30	11:00 – 14:00	14:15

Victory Ceremonies: Will be held immediately after each lifting session. It is mandatory that each athlete wears their National Team Warm-up/Track Suit for the award presentation.

IMPORTANT INFORMATION FOR BRAZILIAN ATHLETES TO BE NOMINATED:

ONLY BRAZILIAN LIFTERS must send, **TOGETHER WITH THE PRELIMINARY NOMINATION**, an **ADEL certificate/diploma**, referring to the anti-doping education program and a **photo in 3x4 format WITH GOOD RESOLUTION** (note that the said photo must only be of the face!).

So we need to get the Brazilians participating in the Arnold to submit nominations at least 3 days in advance.

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said Championship (Arnold Sport Festival).

Eumenes Leite Souza Junior
Brazilian Powerlifting Federation

Julio Cesar Conrado
Meet Director

Gaston Parage
IPF President