

---

## **IPF TUE APPLICATION PROCESS**

### **What is a TUE?**

IPF Athletes may have illnesses or conditions that require them to take particular medications or to use particular methods of treatment. If the medication an Athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a **Therapeutic Use Exemption (TUE)** gives that Athlete the authorization to take the needed medicine so long as the Athlete fulfills all the mandatory criteria to do so.

### **What are the criteria you must fulfill in order to obtain a TUE?**

The purpose of the International Standard for Therapeutic Use Exemptions (ISTUE) is to ensure that the process of granting TUEs is harmonized across sports and countries. According to article 4.1 of the ISTUE, an Athlete may be granted a TUE if (and only if) he/she can show, by a balance of probability, that each of the following conditions is met:

- a. The Prohibited Substance or Prohibited Method in question is needed to treat an acute or chronic medical condition, such that the Athlete would experience a significant impairment to health if the Prohibited Substance or Prohibited Method were to be withheld.*
- b. The Therapeutic Use of the Prohibited Substance or Prohibited Method is highly unlikely to produce any additional enhancement of performance beyond what might be anticipated by a return to the Athlete's normal state of health following the treatment of the acute or chronic medical condition.*
- c. There is no reasonable Therapeutic alternative to the Use of the Prohibited Substance or Prohibited Method.*
- d. The necessity for the Use of the Prohibited Substance or Prohibited Method is not a consequence, wholly or in part, of the prior Use (without a TUE) of a substance or method which was prohibited at the time of such Use.*

### **When should you apply for a TUE?**

In general, unless exceptional circumstances apply, an IPF Athlete who needs to Use a Prohibited Substance or Prohibited Method for Therapeutic reasons must obtain a TUE from IPF prior to using or possessing the substance or method in question and must apply for a TUE 30-days prior to competing at the international-level.

---

## Is my national-level TUE valid at the international-level?

Not unless IPF recognizes it . If you hold a national level TUE, please send it to the IPF TUEC so that it may decide to recognize it – or not. National-level TUEs shall be valid for international-level competition if

Ø IPF is informed of the granted TUE in a timely manner (ideally 30 days before the international IPF event),

Ø The TUE meets the criteria set out in the ISTUE. If it does not, IPF has a right to request a WADA review. (In

accordance with article 4.4.2.1 of the IPF Anti-Doping Rules.)

*NOTE: Some Major Event Organization may require that you apply for a TUE directly with them. IPF shall post a notice to this effect on the IPF website should this ever be the case.*

## What if you compete in the Junior or Masters Categories?

If IPF decides to test them, IPF shall recognize TUEs granted by NADOs for Athletes who compete in Junior or Masters Categories or who do not fall within the definition of international-level Athletes (as defined in the Scope section of the IPF AD Rules). TUE's for those athletes who need to use a Prohibited Substance or a Prohibited Method for therapeutic reasons when it has been by granted their NADO shall be recognized.

Because Junior and Masters athletes are not defined as «international level athletes» in the Scope section of the IPF Anti-Doping Rules, they will be allowed to apply for a retroactive TUE should they test positive after an IPF doping test.

Ideally, and to avoid any complications in the event the TUE is ultimately denied, all Junior and Masters level athletes are strongly encouraged to apply for a TUE prior to competing in any IPF event.

---

## Receipt and processing of TUEs

The IPF Anti-Doping Commission Secretary shall receive, whether directly or via ADAMS, all request for recognition of TUEs granted Athletes by their NADO.

The IPF TUE Chairman or Anti-Doping Commission Secretary shall also receive, whether directly or via ADAMS, all TUE applications for international-level Athletes. *IPF TUE Application Form 2019 – to be sent to Dr. Josephine Wing-Yuk Ip & Sabine Zangerle*

Upon receipt of the TUE, the IPF Anti-Doping Commission Secretary shall process the application (s).

Should the application form not be properly filled out, or should mandatory medical documentation be missing, the Athlete shall be so informed and the TUE application will not be accepted until adequately submitted.

Once a TUE application has been duly received in proper form, the TUE application will be formally directed to the Chairman of the Medical Committee and two other Medical Committee members who will process the application and decide within 21 days whether or not to grant the TUE.

As soon as the decision is made, the Athlete will be informed if his TUE has been granted or denied.

In accordance with article 4.4.6 of the IPF Anti-Doping Rules, if the TUE is denied or not recognized the Athlete will be given the opportunity to appeal for a review of that decision before the WADA TUE Committee.

*IPF Medical Committee &  
IPF Anti-Doping Commission*

Contacts for TUE applications:

Medical Committee Chairperson

Dr. Josephine Wing-Yuk Ip

[wyiphkucc@yahoo.com.hk](mailto:wyiphkucc@yahoo.com.hk)

Anti-Doping Commission Aisstan Secretary

Sabine Zangerle

[Sabine.Zangerle@powerlifting-IPF.com](mailto:Sabine.Zangerle@powerlifting-IPF.com)