**Retirement Notification Form**

**IMPORTANT NOTE FOR ATHLETES:**

Please complete the ”Athlete Information” section of this form and forward to the IPF. Your retirement date will be the date that the IPF receives this form with the Athlete Information section fully completed. IPF will thereafter provide you written confirmation of your retirement date. If you do not receive this written confirmation of retirement, please contact the IPF via Anti-Doping Commission Assistant Secretary: *Sabine Zangerle,* E-mail: [Sabine.Zangerle@powerlifting-ipf.com](mailto:Sabine.Zangerle@powerlifting-ipf.com), Phone: +43-660-525 6207, confidential Telefax: +43-512-937 331, Haus des Sports – Stadionstrasse 1, 6020 Innsbruck - Austria

***Athlete Information (for completion by Athlete):***

National Powerlifting Federation: ……………………………………………………………………………………………………………………………………

First Name/ Last Name: ……………………………………………………………………………………………………………………………………

Postal Address: ……………………………………………………………………………………………………………………………………

E-mail Address: ……………………………………………………………………………………………………………………………………

Mobile Phone Number: ……………………………………………………………………………………………………………………………………

ADAMS-ID:

……………………………………………………………………………………………………………………………………

**Please send this form to your National Anti-Doping Organization as well!**

**ATHLETE DECLARATION**

**I hereby declare that I decided to retire from sport and do not intend to compete at any international powerlifting events in the future.**

**I acknowledge that Article 5.6 / 5.7 of the IPF Anti-Doping Rules applies to me and I understand the consequences of my retirement from sport.**

RETIREMENT FROM IRTP

An Athlete in IPF’s Registered Testing Pool who has given notice of retirement to IPF may not resume competing in IPF Calendar Events or National Events until he/she has given IPF written notice of his/her intent to resume competing and has made him/herself available for Testing for a period of six months before returning to Competition, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations.

RETIREMENT OF NON-IRTP ATHLETES

An Athlete who wishes to return from retirement to compete in an IPF Event and is not included in IPF’s Registered Testing Pool at the time of his/her retirement shall give notice to IPF of his/her request for reinstatement at least two months before the IPF Event in question. Such Athletes shall also submit whereabouts information to IPF as per Article 5.6. of the IPF ADR.

RETIREMENT DURING INELIGIBILITY

If an Athlete retires from sport while subject to a period of Ineligibility, the Athlete shall not resume competing in IPF Calendar Events or National Events until the Athlete has given six months prior written notice (or notice equivalent to the period of Ineligibility remaining as of the date the Athlete retired, if that period was longer than six months) to IPF and to his/her National Anti-Doping Organization of his/her intent to resume competing and has made him/herself available for Testing for that notice period, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations.

RETIREMENT BEFORE THE CONCLUSION OF THE RESULTS MANAGEMENT PROCESS

If an Athlete or other Person retires while IPF is conducting the results management process, IPF retains jurisdiction to complete its results management process. If an Athlete or other Person retires before any results management process has begun, and IPF would have had results management authority over the Athlete or other Person at the time the Athlete or other Person committed an anti-doping rule violation, IPF has authority to conduct results management in respect of that anti-doping rule violation.

**I confirm that I have read and understood the relevant articles of the IPF Anti-Doping** Rules. **I voluntarily declare that I have decided to retire from sport and not to compete.**

**Date and Location: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Athlete’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ AND**

**President’s /General Secretary’s signature\*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

*\*Please note that both the Athlete and the Federation’s representative shall sign the form!*

WHEREABOUTS SUBMISSION

(IPF ADR 5.6.1) IPF shall identify a Registered Testing Pool of those Athletes who are required to comply with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations, and shall make available through ADAMS, a list which identifies those Athletes included in its Registered Testing Pool either by name or by clearly defined, specific criteria.

(IPF ADR 5.6.3) An Athlete in IPF’s Registered Testing Pool shall continue to be subject to the obligation to comply with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations unless and until a) the Athlete gives written notice to IPF that he/she has retired or b) IPF has informed him or her that he/she no longer satisfies the criteria for inclusion in IPF’s Registered Testing Pool. The Member Federations are obliged to inform the IPF that the Athlete no longer satisfies the criteria for inclusion in the IPF’s Registered Testing Pool.

The criteria for the inclusion can be changed by the IPF Anti-Doping Commission.

(IPF ADR 5.6.4) Whereabouts information relating to an Athlete shall be shared (through ADAMS) with WADA and other Anti-Doping Organizations having authority to test that Athlete, shall be maintained in strict confidence at all times, shall be used exclusively for the purposes set out in Article 5.6 of the Code, and shall be destroyed in accordance with the International Standard for the Protection of Privacy and Personal Information once it is no longer relevant for these purposes.]

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***IPF USE ONLY - Confirmation of Athlete´s Status (for completion by IPF):***

Date fully completed *IPF Retirement Notification Form* received: ………………………………

Written confirmation of retirement sent to Athlete: ………………………………

Written confirmation of retirement sent to National Federation: ………………………………

Signature IPF officer:

………………………………………………………………………………………………………………